

Early Detection Saves Lives

The Whole Health Check

Key Topics for Your Care Discussions

- ☒ Family history
- ☒ Lifestyle choices
- ☒ Life exposures & experiences
- ☒ Concerning symptoms
- ☒ Screening recommendations
- ☒ Cost & available free services
- ☒ Translation or transportation help

AGE	RECOMMENDED SCREENINGS
20s	Pap test (women), skin check, dental visit
30s	Pap test + HPV test (women), skin check, dental visit
40s	Mammogram (women), colon screening (starting at age 45), skin check, lung check (if smoker)
50s	Mammogram (women), colon screening, prostate (men), lung check, skin check, eye exam

Community Resources for Connection & Understanding

ACS Cares / American Cancer Society
Cancer Companions - Bringing Hope to the Journey
Early Detection Works Program
Imerman Angels
Kansas Cancer Partnership
Kan Quit / Statewide Tobacco Cessation Program
Meadowlark Cancer Program

We've done the research so you don't have to. Visit the curated resource page for Meadowlark Cancer Program.



Local Clinics & Screening Opportunities

- American Cancer Society
- Cancer Center of Kansas
- Central Kansas Cancer Center
- Colorectal Cancer Alliance
- Early Detection Works: Riley County Health Department
- Heartland Dermatology: Concerning Lesion Program
- Kansas Masonic Cancer Alliance Mobile Cancer Screening
- Stormont Vail Mobile Clinic
- Tammy Walker Cancer Center
- University of Kansas Cancer Center

Transportation & Interpreter Services

- ATA Bus
- Pottawatomie County Public Transportation
- Insurance Carrier Transport Services
- Language help available at Manhattan Free Clinic, Riley County Health Department, Konza Community Clinic, Stormont Vail Mobile Clinic

Support for Uninsured and/or Low Income

- Manhattan Free Clinic: Free primary care services
- Riley County Health Department: Vaccine services, Early Detection Works Program
- Konza Community Clinic: Primary care & dental services
- American Cancer Society: Offers resources for social service needs
- Colorectal Cancer Alliance: Offers financial assistance

Community Agencies

- Catholic Charities: Provides compassionate service to all people in need throughout northern Kansas, including financial & housing assistance, and basic needs (food, hygiene, diapers, clothing, counseling services)
- Ogden Friendship House of Hope: Dedicated to helping the at-risk community by providing assistance and guidance to those in need through several services, including a food pantry, thrift store, after-school program, AA, NA, & emergency financial aid
- Shepherd's Crossing: Provides compassionate and caring assistance to those in need of financial support, including help with utilities, rent, & prescription medication
- The Flint Hills Breadbasket: Provides reliable access to healthy food, builds connections with community partners, & empowers neighbors to meet this basic needs

