

# FOUNDATION FOCUS

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## Save the date! Annual auction set for Sept. 23

Are you in the RIGHT-sizing process? Please consider donating your treasures to be sold at Meadowlark Foundation's 3rd annual estate-style auction.

The event begins at 9:30 a.m. Saturday, Sept. 23, in the Utopia Room at St. Thomas More Catholic Church, 2900 Kimball Ave. Thank you Meadowlark Hills residents and family members, who have donated a variety of furniture, household goods and décor items. All will be sold to the highest bidder.

Proceeds benefit the Good Samaritan Fund, which assists residents in Meadowlark Hills healthcare households

See **AUCTION, Page 2** ▶



## Super Sponsors

Many businesses ensure success of Parkinson's Program fundraiser

By *Becky Fitzgerald*

For nine years, Speedy PD Race for Parkinson's Disease has attracted attention and financial support for the Meadowlark Parkinson's Program, and numerous businesses have led the way in funding the program's efforts.

UMB Bank in Manhattan again crossed the finish line first in terms of

Speedy PD support; the financial institution has served as the presenting sponsor for seven years.

"We have developed a strong connection to this cause and with the amazing team at Meadowlark and the Speedy PD volunteers. This event continues to grow and so has our involvement," said David Urban, Community Bank President.

Presenting sponsor:

**UMB**

Platinum sponsors:

Body First ~ Cox Bros. BBQ  
Vanderbilt's  
Flint Hills Beverage  
Sunny 102.5  
Central Mechanical Supply  
Holiday Inn  
Candlewood Suites  
Kellstrom Pharmacy  
Civic Plus ~ SPS Companies  
Kansas Rehabilitation Hospital  
J&C Imaging ~ Sir Speedy

Indeed. In addition to providing dollars, UMB also provides doers. Associates assist with event planning, preparing race packets and registering participants.

"If our team at UMB can help raise awareness and funds through Speedy PD, then we have made a positive impact in our community and improved the lives of those affected by

Parkinson's disease," Urban added.

The 2017 race attracted 56 additional sponsors in four categories. They provided cash and/or in-kind gifts totaling about \$44,000.

In addition to increasing awareness of Parkinson's disease, the race helps the program provide free exercise classes and education to those affected by PD in the region.

# New fiscal year prompts ‘opportunity planning’

By Lonnie Baker

A new fiscal year, which began July 1, brings some of the same projects and processes, but can also mean a renewed focus and exciting endeavors.

Prior to starting each new year, the Board of Trustees (BOT), our governing board, reviews the proposed capital expenditures budget and the operating bud-

get. These were both approved for fiscal year 2018, and in July, the financial audit was completed.

The initial fundraising goal has been met for the Verna Belle’s

Café renovation and expansion, which is our largest capital project planned for fiscal year 2018. Our plan is to redesign the entire space and capture an additional 300 square feet for the café. The

total renovation will include new flooring, cabinets, counters and paint, plus a new grill and flat top, hood system and salad bar.

Jayme Minton, Support Services Director, and Becky Fitzgerald, Development Director, plan to host a “shower” for Verna Belle’s, giving donors the

opportunity to purchase items for the café, such as new place settings, flatware, tables and chairs.

I am excited about the update to the space and the enhanced options the changes will bring to resident and staff experiences in the café.

Most of our efforts will be poured into future possibilities, or as I like to call it, opportunity planning, which will include ex-

ploration of new services lines, possible

campus expansion, regional expansion for services, such as home health, managing rate increases, preparing for new regulations, improvements in how care is provided in a post-acute environment, identifying community partners and growing the foundation. The BOT has a long-range planning committee engaged in exploration of both on and off campus models of service.

In a world filled with constant change, I feel blessed to be surrounded by people who support the organization by being flexible, embracing opportunities and are forward-thinking. The next year, like many years before, will be exciting despite the challenges we may face. It is a pleasure to serve the residents and employees of Meadowlark. Here’s to 2018!



I am excited about the update to Verna Belle’s Café and the enhanced options the changes will bring to resident and staff experiences in the café.

## Join us for HOGTOBERFEST on Oct. 26

Don’t miss the fun! The 4th annual HOGTOBERFEST, bene-

fitting the Good Samaritan Fund, takes place from 11 a.m. to 9 p.m. Thursday, Oct. 26,

at Cox Bros. BBQ, 223 McCall Road. The event features a hog roast buffet, live music; a 50/50

Raffle — 50% of the proceeds go to the lucky winner, 50%

goes to Meadowlark Foundation — and a German beer station.

In addition, members of the local real estate community will compete in a HOG & Kisses Contest.



➡ **AUCTION**, from Page 1 who have depleted their financial resources.

Local auctioneer Vern Gannon and Meadowlark’s longtime furniture mover, Pat Callaghan, are contributing their time and expertise.

We welcome new sponsor, Hy-Vee, which is offering supplies for our Auction Café!

Have items to donate? Please contact Becky Fitzgerald.





## Foundation welcomes new board members

Meadowlark Foundation's Board of Directors is growing from 10 to 12 members this fiscal year with the addition of Dirk Daveline, Cindy Sloan and Gary Stith. These new members, who may serve two three-year terms, joined the following members: Lisa Sisley, president; Jackie Hartman, secretary; Eric Higgins, treasurer; John Armbrust, Terry Arthur, Sandra Emley, Nelson Galle, Dave Nelson and Dr. Dan Winter. We salute Neil Horton, past president, whose term ended in June.



A Hutchinson, Kan., native, **Dirk Daveline** joins the Board of Directors after serving several years on Meadowlark's Board of Trustees. Currently Vice President/Chief Accounting Officer and Treasurer at SPS Companies, Inc., (formerly Steel and Pipe Supply), he oversees accounting, audit and compliance functions.

Dirk earned a bachelor's degree in accounting from Kansas State, and worked for First Savings Bank and Kansas Lumber Homestore before joining SPS in 1993.

Dirk is a trustee for the Goldstein Charitable Trust and serves on the Manhattan Community Foundation Angels Grants committee.

Dirk's wife, Sherri, teaches kindergarten. They have one son and one daughter; both attend college.

**Cindy Sloan** graduated from Bird City High School and majored in clothing and retailing at K-State, where she met her husband, Wayne, of Manhattan.

After a short time in Wichita, the couple decided to return to Manhattan, where Wayne joined his father, Bob, in his business. Green Construction built the five-story apartment tower at Meadowlark Hills, and Bob Sloan was a Meadowlark resident for many years.

Cindy has been active in real estate since 1995; she currently is an agent with Rockhill Real Estate Group. She also volunteers with the Fairy Godmothers organization and enjoys walking her dog and playing bridge.

The Sloans have two living children and two grandsons.



**Gary Stith** has more than 38 years in public and private planning practice and currently serves as director of the Flint Hills Regional Council. He also is an Assistant Professor (part-time) in the Department of Landscape Architecture/Regional and Community Planning at K-State.

In the 1980s, Gary led the successful redevelopment of downtown Manhattan, Kan., through a public-private partnership. This development was adjacent to the historic downtown, which was tied to Town Center mall through the creation of the first Business Improvement District in Kansas.

Gary was raised in Tulsa, Okla., and met his wife, Sandra, at Oklahoma State University. The couple served in the Peace Corps in Venezuela in the 1970s. They have two married children and five grandchildren.

Gary carves stone sculptures as a hobby.

## Falls Prevention Seminar planned for Sept. 22

Leaves are supposed to fall. People aren't! In conjunction with the National Council on Aging's 10th annual Falls Prevention Awareness Day, fittingly set for the first day of fall, Meadowlark is offering the first of several free seminars designed to reduce your risk of falling.

Mark your calendars for **2:30 p.m. Friday, Sept. 22, in the Community Room.**

Jason Fox, regional director for Summit Care, and Jeff Heidbreder, Meadowlark's Fitness Services Leader, are pairing up to keep you on your feet. All are welcome, refreshments will be available, and registration is not necessary.

Seminar topics include fall risks, home safety, prevention techniques, fear of falling, reacting after a fall, etc.

In addition, see a balance assessment and learn about a course proven to reduce falls and improve confidence in older people. **Stepping On** will be offered over seven weeks in 2018.

This and future seminars, as well as **Stepping On**, are part of a comprehensive Falls Prevention Program.

The program is funded with a grant from the Greater Manhattan Community Foundation.

GMCF

Questions about Meadowlark Foundation? Contact Becky Fitzgerald, Development Director, at (785) 323-3843 or [rebecca.fitzgerald@meadowlark.org](mailto:rebecca.fitzgerald@meadowlark.org)

Learn about Meadowlark or **donate online** at [www.meadowlark.org](http://www.meadowlark.org)

## Donate without breaking the bank. Here's how!

Our dog days of summer have been scorches, but anyone who has been to Hobby Lobby or JoAnn's Fabrics & Crafts recently knows by the proliferating aisles of festive red and green décor, that the holiday season is quickly approaching! It's also that time of year when you may be receiving a growing number of requests for charitable donations, as many nonprofits are busily working to reach the year's fundraising goals.

It can be difficult to say "no" when every solicitation seems to be for a worthy cause. So, how can you make sure you are able to donate to causes that are near and dear to your heart without breaking the bank, and with as little stress as possible?

First, **set a budget**. If you're interested in donating over the upcoming holiday season, consider having a budget for charitable giving — separate from your gifts to family and friends. Then, decide on an annual budget, so that when the solicitations start rolling in for the new year, you're prepared in advance. It's a good idea to revisit your charitable giving budget at the beginning of each year.

Next, decide which charitable organizations you'd like to support, and **prioritize** them. With a set bud-



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get and established priorities, you can divvy up donation dollars and take care of all your favorite charities just once, or perhaps a few times, a year.

Then you'll be able to ignore many of the solicitations that arrive in the mail throughout the year, and you'll be able to confidently tell phone solicitors that you've taken care of your preferred charities. Who doesn't like to simplify things, especially during the busy holiday season?

If you are interested in keeping your donations local, consider giving to Meadowlark Foundation, or look to the United Way or Greater Manhattan Community Foundation for a variety of organizations whose causes might resonate with you.

Speaking of the holiday season, The Trust Company has begun making plans for the "Holiday Classic", a party sponsored annually by the firm. This seasonal favorite is set for Friday, Dec. 1, at Meadowlark Hills. "We appreciate the longtime partnership we have had with Meadowlark Hills and look forward to another wonderful event," said Lucy Williams, Vice President and Trust Officer.

Be on the lookout for more information as the date approaches!