

FINISH LINE SPONSOR



PLATINUM SPONSORS



To view our full list of sponsors,
visit www.runspeedypd.org!

RACE SCHEDULE

**FRIDAY, AUG. 28, 2026
3 TO 7 P.M.**

Packet Pick-Up at **Holiday Inn
at the Campus** in Manhattan, Kan.
Packets can be picked up inside the hotel.

*Packets can also be picked up (starting at 6:30 a.m.)
the morning of the race near the Start Line.*

**SATURDAY, AUG. 29, 2026
TUTTLE CREEK STATE PARK
7:45 A.M.**

National Anthem by VIPDs

8 A.M.

Race Headquarters OPEN!
1/2 MILE Memorial Run/Walk

8:30 A.M.

Don Rasmussen 5K Race
10K Race

9:30 A.M.

Awards

Race routes are stroller-friendly, and we encourage the whole family to attend! Participants also are invited to create a race team. Teams of four or more will be eligible to win special prizes, including **Largest Team, Most Donations Raised, Best Costume, and Fastest Team.**

August 29, 2026



SIGN UP TODAY!

Register to participate in the
18th Annual Speedy PD Race
for Parkinson's Disease!

www.runspeedypd.org



SPEEDY PD IS PRESENTED BY

The logo for LittleAppleCars.com features a green apple icon with a leaf above the text 'LittleAppleCars.com' in a red, sans-serif font.

WHY RUN IN THE SPEEDY PD RACE?

Race to support your local and Flint Hills-area communities! Proceeds from the annual Speedy PD Race for Parkinson's Disease benefit Meadowlark Parkinson's Program, which provides **free** education, exercise, and outreach opportunities to people in every stage of Parkinson's disease and their loved ones. In its 19th year, the program's services currently assist persons aged 28 to 98 as they live with PD or another movement disorder. In fact, 75% of Parkinson's Program participants do not live at Meadowlark.

Learn more about the **FREE** Parkinson's Program at www.meadowlark.org.



Speedy PD Race for Parkinson's Disease is set at the **beautiful Tuttle Creek State Park**, and the **paved 5K** and **10K** courses have been USATF-certified since 2013! The **5K course** is **very flat** to the finish. The **10K course** is also flat and **shaded** throughout. Both races offer **scenic views of the lake** and an encouraging atmosphere, with volunteers and supporters stationed along the courses. The 1/2 Mile Memorial Run/Walk is an out and back flat and paved route.

REGISTRATION

10K RACE

\$40 (\$45 AFTER 8/14)

DON RASMUSSEN 5K RACE

\$35 (\$40 AFTER 8/14)

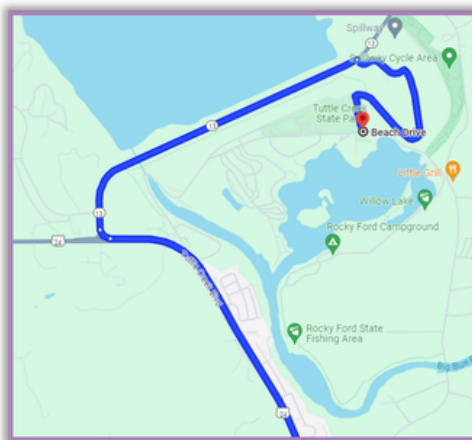
½ MILE MEMORIAL RUN/WALK

\$20

T-SHIRTS NOT GUARANTEED FOR ENTRIES RECEIVED AFTER 8/14.

Registration can be completed online or by completing a paper form. If paying for race fees by check, please make the check payable to **Meadowlark Foundation** with "Speedy PD" in the memo line.

How do I get to Speedy PD?



Participant Information

Name: _____ Gender: M F
Address: _____
City, State, Zip: _____
Phone: _____
E-mail: _____
Date of birth: _____ Age on Race Day: _____

☐ Yes, I have PD, but it doesn't have me!
Specialized t-shirts provided for people with PD.

Race Options

- ☐ 10K ~ \$40 pre-registration, \$45 after 8/14/26
☐ 5K Run/Walk ~ \$35 pre-registration, \$40 after 8/14/26
☐ 1/2 Mile Memorial Run/Walk ~ \$20

T-shirt & Donation Options (circle one)

YS YM S M L XL 2XL

T-shirt not guaranteed if entry received after 8/14/26.

I want to make a contribution to the Parkinson's Program.
\$500 \$250 \$100 \$50 \$20 Other: \$ _____

Total enclosed: \$ _____

Release & Waiver

I know that participation in a road race is a potentially hazardous activity. I will not enter unless I am medically able and properly trained. I assume all risks associated with participation in this event including, but not limited to effects on my health or medical condition, falls, contact with other participants, effects of weather, traffic, and road conditions. I also give medical personnel permission to treat my injuries if I am unable to make the decision for myself. Having read this waiver, I for myself and anyone entitled to act on my behalf, waive, release, and covenant not to sue Meadowlark Hills Parkinson Fund, race officials, sponsors, representatives, successors, or assignees from any and all claims or liabilities of any kind arising out of or in connection with my participation in this event. This release and waiver extends to all claims of any kind or nature including but not limited to negligence claims. I also give my permission for the free use of my name and picture in any broadcast, telecast, or print media account for this event.

Signature: _____
(Parent/Guardian If under 18 years old on 8/29/26)

**Make checks payable to Meadowlark Foundation
and send completed registration form to:**
Meadowlark Foundation
2121 Meadowlark Rd
Manhattan, Kansas 66502