



Stillman Cemetery

by Sarah Duggan, Community Relations Director

In the early 2000s, Meadowlark was in phase two of a three-phase growth and evolution as a community. As a part of this expansion, Meadowlark planned to add a neighborhood of cottages known as Meadowlark Circle. However, there was a hurdle: a small family cemetery dating from the mid-1800s to 1900. The original cemetery had at least four formal headstones, all of which had been removed by early in the 20th century. Thus, by the early 21st century, almost nothing was known about this cemetery other than its location.

In preparation for construction, and with exhumation authority from Riley County District Court, the original cemetery was excavated in the summer of 2004 by professional archeologists under

the direction of Donna C. Roper, Ph.D., of Manhattan.

The cemetery lies near the northwest corner of a parcel of land patented in 1860 to Dr. William Henry Stillman in 1860. Born in Rhode Island, he first came to the Manhattan area in 1855 and took up land in Blue Township in western Pottawatomie County. He soon returned to Rhode Island, but then returned to Manhattan a few years later, only to find someone else had taken over his Blue Township land. At this time, he obtained the land in eastern Riley County that he held until his death. He lived in a house, since demolished, on a small terrace low on the bluff slope, about 120 yards southeast of the original cemetery, which is where Meadowlark Circle duplexes now stand.

See STILLMAN, page 2



Stillman was a farmer and physician. During the 40 years he lived here, he provided indigent care and, in the period from at least 1880 to 1893, ran an unofficial poor farm. The possibility that he also operated an unofficial orphanage has not been confirmed. Stillman actively sold or leased portions of his property throughout his life, but he retained this portion of the property until his death in 1900.

Meadowlark hosted a Dedication and Re-Internment Ceremony for the Stillman Cemetery on Friday, Sept. 14, 2007, complete with period dress and a horse-drawn merchant wagon procession. Seventeen graves were re-interred. The video of the ceremony will be shown once a day starting Monday, Oct. 27, through Friday, Oct. 31, in Grosh Cinema. The showing each day will be at 10 a.m.

To visit the cemetery in its current location, enter Meadowlark's loop trail on the south side of Meadowlark Road at the northeast corner of campus, near the Tuttle Creek entrance.

From Samhain to Sweet Treats

The History of Halloween



Every October, pumpkins appear on porches, costumes fill store shelves, and children eagerly anticipate trick-or-treating. Halloween has become a beloved American tradition, filled with candy, creativity, and just the right amount of fright. But behind the jack-o'-lanterns and spooky decorations lies a fascinating history stretching back more than 2,000 years.

Halloween's roots are often traced to Samhain (pronounced "SAH-win"), an ancient Celtic festival celebrated in Ireland, Great Britain, and other parts of Europe. Samhain marked the end of the harvest season and the beginning of winter, a time associated with darkness and changing seasons.

The Celts believed the boundary between the living and the dead grew thin during this time. Communities gathered around bonfires, and traditions developed around honoring the dead and protecting against wandering spirits. Some historians connect these customs to Halloween's costumes and supernatural themes.

As Christianity spread throughout Europe, Nov. 1 became known as All Saints' Day, or All Hallows' Day, a time to honor saints and martyrs. The evening before was called All Hallows' Eve, a name that eventually evolved into "Halloween."

Over the centuries, older folk traditions blended with Christian observances. In parts of Europe, people went door to door offering prayers for the dead in exchange for food, a custom known as "souling." Other traditions included dressing in disguises, playing games, and sharing seasonal treats.

European immigrants brought Halloween customs to North America, but the holiday became especially popular during the 19th century with the arrival of Irish and Scottish immigrants.

Early American celebrations included harvest gatherings, storytelling, fortune-telling games, and harmless mischief. Bobbing

for apples became a favorite party activity, while young people enjoyed playing tricks on neighbors.

By the early 20th century, communities encouraged organized Halloween parties and neighborhood celebrations. Trick-or-treating became widespread after World War II, when suburban neighborhoods grew and candy became a convenient treat to distribute.

One of Halloween's most recognizable traditions has an interesting origin. In Ireland, people carved frightening faces into turnips and other root vegetables, sometimes placing lights inside to ward off unwanted spirits.

The practice was connected to the folktale of Stingy Jack, a wandering figure whose story inspired the name "jack-o'-lantern."

When Irish immigrants arrived in America, they discovered pumpkins were plentiful, larger, and easier

to carve than turnips. The glowing pumpkin quickly became a Halloween favorite.

Today, Halloween is celebrated with haunted houses, costume parties, pumpkin patches, and neighborhood gatherings. While its traditions have changed over the centuries, the holiday continues to bring people together through imagination, storytelling, and playful mischief.

For many, Halloween brings back fond memories of homemade costumes, pillowcases filled with candy, popcorn balls, and the excitement of walking through the neighborhood after dark.

As Oct. 31 approaches, perhaps the most enjoyable Halloween tradition is sharing those memories. What's your favorite Halloween memory? Was

it a clever homemade costume, a neighborhood prank, or a treat you couldn't wait to collect? Share your stories—after all, a little Halloween nostalgia is sweeter than candy!



★ ★ ★ ★ ★

Meadowlark's

HALLOWEEN

Trick-or-Treat

5 to 6:30 p.m.

A cartoon illustration of a white ghost with a friendly face, wearing blue pants and black shoes, standing next to two carved jack-o'-lanterns. Three small black bats are flying around the ghost.

OCT 30

Parking Located:

Employee/ Visitor Parking Lots
2121 Meadowlark Road
Manhattan, KS 66502

A menu for Halloween Theatre. The background is orange with black silhouettes of an owl on a branch, flying birds, and bare trees.

HALLOWEEN THEATRE

THURSDAY, OCT. 29, AT 6 P.M.

Reserve your spot at the Prairie Star Host
Stand or by calling (785) 323-3821

STARTER
Acorn Squash Soup

CHOICE OF ENTREE
Rack of Lamb with Pumpkin Puree
or
Parmesan & Pistachio Crusted Beef Tenderloin
with Peppercorn Sauce

SIDES
Bleu Cheese Mashed Potatoes
Green Bean Almondine

DESSERT
Maple Sweet Potato
Cheesecake

EVENTS & OPPORTUNITIES

From Our Hearts to Theirs

submitted by the Staff Appreciation Fund

The Staff Appreciation Fund drive is winding down. If you have already contributed, the Committee sends our deep gratitude. We hope that if you have not sent your donation, you will send it soon. Don't delay any longer. If you can afford a second check, it will help our cause. Keep in mind that Meadowlark is a large-scale facility with a staff of 528 employees serving our 384 residents. Don't wait! Help us exceed last year's giving. **DO YOUR BEST TO KEEP THE BEST!!**

Your gifts to show Appreciation for staff must be received by Friday, Oct. 30. Finding good employees is difficult in our society today. More important is keeping good employees, including those who now work at Meadowlark. Send your check today to help keep them on the job. Deliver your gift to the lockbox at the Hospitality Desk or mail it to the Meadowlark Main Office at 2121 Meadowlark Road, Manhattan KS 66502. Make your checks payable to the Staff Appreciation Fund. Thank you for your support.

Medicare Open Enrollment: Oct. 15–Dec. 7

It's almost time for Medicare Open Enrollment, which runs from Oct. 15 through Dec. 7, 2026. This annual enrollment period is an important opportunity to review your Medicare coverage and make changes for 2027. Changes made during Open Enrollment generally take effect Jan. 1, 2027.

Even if you are happy with your current coverage, it's a good idea to review your plan each year. Medicare Advantage and prescription drug plans can change their costs, benefits, provider networks, drug coverage, or availability from one year to the next. Pay close attention to notices you receive from your current insurance plan this fall.

If your Medicare Advantage plan will no longer be offered in 2027, you will have options. You may select another Medicare Advantage plan or return to Original Medicare. If you return to Original Medicare, you may need to select a separate Part D prescription drug plan and may want to consider Medicare Supplement Insurance (Medigap). Special enrollment periods and certain Medigap protections may apply when a Medicare Advantage plan is discontinued, so it is important to review your individual situation before making changes.

The Meadowlark Finance Team is here to help residents navigate Medicare Open Enrollment. We are fortunate to have James Beck, Meadowlark resident and trained SHICK (Senior Health Insurance Counseling for Kansas) volunteer, available to work

individually with residents utilizing Medicare. Jim's availability is listed in the Blue Book at the Hospitality Desk; please sign up for a date and time that works for you.

Residents attending a Medicare Clinic appointment should come prepared. Please bring your Medicare card, a current list of medications, your Medicare.gov log-in information, a smartphone, and a valid photo ID.

The Finance Team also will be available to assist residents during the Open Enrollment process. Making sure you understand your options and have the coverage that meets your needs is important, so please don't hesitate to ask for assistance.

Take a Chance on \$50,000!

There's still time to take a chance on \$50,000! Tickets are on sale for Meadowlark Foundation's \$50,000 Raffle, benefiting Meadowlark Cancer Program and Meadowlark Memory Program. For just \$50 per ticket, you'll have a chance to win big while helping keep both community programs free and accessible to adults throughout the region.

The Grand Prize drawing is Dec. 1, so don't wait to get your ticket! Tickets are available at the Hospitality Desk, from Becky Fitzgerald, Sarah Gido, or Karen Matthews, during Meadowlark Market sales, or online at meadowlark.org. Payment may be made by cash, check, or credit card.

\$50 could win you \$50,000—and help two worthy causes along the way!

Volunteer Tech Help

Deborah's schedule will be changing this semester. She plans to still visit throughout the month, but will primarily be coming on select Wednesdays and Thursdays, from 4 to 5:30 p.m.

Wednesdays will be primarily dedicated to in-home volunteer tech help visits, whereas Thursdays will be for tech help visits in the Flint Hills Room. In November, she plans to host in-home visits on Nov. 4 and Nov. 11. In-home visits must be scheduled in advance in the Blue Book at the Hospitality Desk. You can also plan to visit her in the Flint Hills Room on the Nov. 5 and Nov. 12.

Meadowlark Ambassador's Clothing Drive Friday, Oct. 23, at 10 a.m.

Clean out your closets for a good cause! The Meadowlark Ambassadors are hosting a Clothing Drive on Friday, Oct. 23, from 10 a.m. to noon in the Event Center. Donations will benefit local organizations, including Be Able, The Budget Shop, Encore Shop,

EVENTS & OPPORTUNITIES

Ogden Friendship House, and United Methodist Thrift Shop.

Most-needed items include jeans, athletic pants, sweatpants, long-sleeve shirts, sweatshirts, shoes, socks, underwear, children's clothing, coats, jackets, and winter accessories. Blankets, bags, and belts are also welcome.

All donated clothing must be clean and new or gently used. Items with holes or stains cannot be accepted. Thank you for helping support our neighbors in need!

The Great Art Festival & Sale

Saturday, Oct. 24, at 11 a.m.

Calling all art lovers! You're invited to celebrate creativity, discover local talent, and shop one-of-a-kind treasures at Meadowlark's Great Art Festival & Sale!

This special event will showcase the artistic talents of Meadowlark residents, Passport members, and employees, with a variety of original artwork and handcrafted creations available for purchase.

Explore an inspiring collection of art, including woodworking, fiber arts, ceramics, jewelry, paintings, photography, and more! Whether you're searching for the perfect gift, a statement piece for your home, or simply enjoy admiring beautiful artwork, there's something for everyone.

Best of all, you'll have the opportunity to meet the artists, hear the stories behind their creations, and support talented individuals who are part of the Meadowlark community. The Great Art Festival & Sale is open to the public, so invite your friends and family and join us for a celebration of art and creativity.

KSU Football Watch Party!

Saturday, Oct. 24, at 2:45 p.m.

All are invited on Saturday, Oct. 24, to the Kansas Room and Prairie Star to watch our K-State Wildcats take on the Arizona State Sun Devils. The time of the game is 2:45 p.m. The game will be shown on ESPN.

Worship Services

Sunday, Oct. 25, at 10 & 11 a.m.

Join Rev. Melanie Nord, at 10 a.m. or 11 a.m. on Sunday, Oct. 25, in the Community Room/Chapel for Worship Service, "Community Appreciation Sunday." Coffee and fellowship will be available in the lobby between 9:30 a.m. and noon. All are welcome.

Reflection Connections

Monday, Oct. 26, at 9:30 a.m.

In conjunction with the Memory Caregiver Support Group, Reflection Connections provides a welcoming

and engaging space for individuals living with memory loss, cognitive changes, or dementia to enjoy meaningful activities and social connection. The next gathering is Monday, Oct. 26, at 9:30 a.m. at St. Thomas More Catholic Church, 2900 Kimball Ave.

If you are new to Reflection Connections and would like to participate, please contact Michelle Haub with the Meadowlark Memory Program at (785) 323-3899 prior to attending.

Adapting to Life Changes Education Program

Tuesday, Oct. 20, at 1 p.m.

Life brings many changes, and you don't have to navigate them alone. Adapting to Life Changes is an educational and supportive series focused on understanding changes related to aging, health, and loss while building resilience and emotional well-being.

Sessions will explore topics such as grief, changes in identity and health, managing emotions, coping skill relationships, and finding meaning. Each gathering includes education, simple activities, discussion, and connection with others experiencing life changes.

The group meets Tuesdays, now through Dec. 1, from 1 to 2 p.m. in the Flint Hills Room. To learn more or sign up, contact Linda Montgomery at (785) 320-7299 or lmontgomery@meadowlark.org.

Social Circles

Tuesday, Oct. 27, at 2 p.m.

All residents are invited to attend Social Circles each Tuesday at 2 p.m. in Prairie Star Restaurant. This is an informal opportunity to gather with others who call Meadowlark home and get to know one another.

Vesper Devotion Series

Tuesday, Oct. 27, at 6:30 p.m.

Join us this Tuesday, at 6:30 p.m., in the Event Center, for evening Vesper Services led by Rev. Melanie Nord. This week's message is titled, "Ghosts, Ghouls, Goblins, & God." All are welcome.

ARTful Making

Wednesday, Oct. 28, at 1:30 p.m.

Get creative with ARTful Making! Meadowlark partners with K-State's Marianna Kistler Beach Museum of Art for this monthly opportunity to explore art, connect with others, and exercise your creativity. Kim Richards, Education Specialist, will lead the next session on Wednesday, Oct. 28, from 1:30 to 2:30 p.m. in the KSU Classroom. Participants can try new art

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techniques or enjoy watercolor painting. All materials are provided, and no registration is required. Just come ready to create!

Parkinson's Lunch & Learn

Thursday, Oct. 29, at 11:30 a.m.

Join the Parkinson's Program on Thursday, Oct. 29, from 11:30 a.m. to 12:50 p.m., in the KSU Classroom for an opportunity to learn and connect with others. We will view an "Expert Briefing" webinar from the Parkinson's Foundation titled "More Than PD: Managing Multiple Chronic Conditions" and then have a discussion. Bring your own lunch and spend some time with friends learning about coordination of care, medication management and what to know to achieve the best long-term outcomes.

Halloween Theatre

Thursday, Oct. 29, at 6 p.m.

Join us in the Event Center on Thursday, Oct. 29, at 6 p.m., for dinner and a spooky Irish tale, reenact readers-theater-style, of "The Weir."

Step into a cozy, isolated Irish pub on a dark and stormy night where the wind howls and the drinks flow freely. In *The Weir*, Conor McPherson's haunting masterpiece, a group of locals swap eerie tales of ghosts, fairies, and unsettling local folklore to welcome a new neighbor. But as the boundaries between the real and supernatural begin to blur, the stories shift from spine-tingling legends to deeply moving, ghostly confessions of love and loss. It is a deeply atmospheric, spine-chilling evening of theater that celebrates the timeless power of storytelling and human connection.

Dinner will feature a choice of rack of lamb or parmesan and pistachio-crusted beef tenderloin, as well as acorn squash soup and maple sweet potato cheesecake for \$30 per person. Reservations for this 3-course meal and show are required and can be done at the host stand or by calling (785) 323-3821.

UFM Class: Really, Really, Really Bad Military Leaders

Thursday, Oct. 29, at 6:30 p.m.

Join instructor Robert Smith in the Community Room on Thursday, Oct. 29, at 6:30 p.m. for a three-part UFM series titled, "Really, Really, Really Bad Military Leaders."

History is full of studies examining the careers of great military leaders such as Alexander the Great, Caesar, Napoleon, Grant, and Eisenhower. What about those military leaders who were poor leaders, but

had a lasting impact on history? The class will examine many military leaders who were incapable of commanding armies and win battles, and also will look at those leaders throughout history that exercised poor judgement, exhibited incredible arrogance, or who were just plain unlucky.

Instructor Robert Smith has a master of arts and Ph.D. in Military History. Bob recently retired as Director of the Fort Riley Museum Complex at Fort Riley, Kan., after a distinguished career preserving and interpreting military history.

Enrollment is open and can be completed by calling (785) 539-8763. The class is free for Meadowlark residents, and Passport members receive a 20% discount.

KSU Football Watch Party!

Saturday, Oct. 31, at 1 p.m.

All are invited to watch our K-State Wildcats take on the Colorado Buffaloes! Join us for the game at 1 p.m. Saturday, Oct. 31, in the Kansas Room and Prairie Star.

Meadowlark Storyteller Series

Tuesday, Nov. 3, at 6:30 p.m.

As the colder months approach, Meadowlark Hills invites you to celebrate the stories that connect, inspire, and shape our lives. Join us Tuesdays in November and December, from 6:30 to 7 p.m. in the Community Room, for a new Storyteller Series featuring local authors, journalists, media personalities, and familiar community voices.

The series kicks off Nov. 3 with Linda Puntney, followed by Mike Matson (Nov. 10), a special Blue Christmas gathering (Nov. 17), and Tyler Jackson (Nov. 24). December guests include Ned Seaton (Dec. 1), Dr. Katie Olsen (Dec. 8), Tim "Fitz" Fitzgerald (Dec. 15), Meadowlark residents sharing Christmas memories (Dec. 22), and Ted Cable (Dec. 29).

Come enjoy the warmth of a good story and the connections that bring our community together!

Grieving at Family Events in November

Tuesday, Nov. 4, at 5 p.m., or Sunday, Nov. 15, at 2 p.m.

As you prepare for the holiday season, it can be difficult to live in your new reality while honoring our loved one who has passed. Not every family member grieves the same. Join Melanie Nord for a grief group focused on facing the holiday season as a family after a death. Whether your loved one has died recently or years ago, this group is for you. There are two date options: Wednesday, Nov. 4, at 5 p.m., or Sunday, Nov. 15, at 2 p.m., at Yorgensen-Meloan-Londeen Funeral Home, 1616 Poyntz Ave. Transportation is available by signing up in the Blue Book.

**HAVE YOU BOUGHT
YOUR TICKETS YET?**



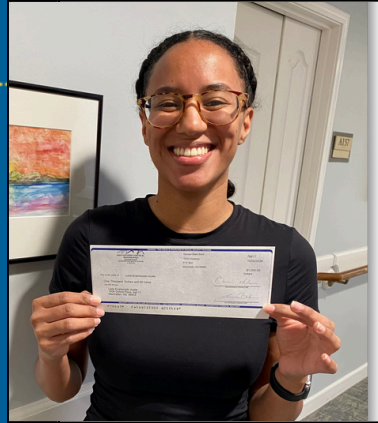
MEADOWLARK
Foundation

\$50,000 RAFFLE

Supporting Meadowlark's Cancer & Memory Programs

\$50K GOES A LONG WAY...

Winner, Winner!



The winner of the raffle's Early Bird prize of \$1,000 is Leila Enamorado, a CMA on Meadowlark's shared team. She serves in our assisted living or healthcare

households in order to cover shifts that are vacant because of illness or time off. Leila purchased her tickets at our Hospitality Desk, and said she likely will use a portion of the prize to purchase airfare in order to visit out-of-state family in November. Congratulations Leila!



GAME DAY

Beef Nachos

Fried tortilla chips topped with creamy queso, seasoned ground beef, red onions, tomatoes & shredded lettuce, \$9

Bacon Cheeseburger Sliders

Two 3-oz. burgers with bacon & cheddar cheese on mini buns served with a side of fries, \$11.50

Mac & Cheese Bites

Eight fried mac & cheese bites filled with smoked gouda, macaroni, & bacon in a crunchy coating. Served with ranch dipping sauce, \$9

Boneless Wings

Six boneless wings tossed in your choice of buffalo or BBQ sauce with celery sticks, \$7

Chili Cheese Fries

French fries topped with housemade chili, shredded velveeta cheese, and diced green onions, \$7

Willie's Ranch Water

Jose Cuervo tequila, soda water, lime juice, and a splash of blue curacao, \$5

Grape Ice Cream Float

Two scoops of vanilla ice cream and grape soda served in a pint glass topped with whipped cream, \$5



Oct. 24, at 2:45 p.m.

KSU vs. Arizona St., **AWAY**
Channel: ESPN 2

Oct. 31, at 1 p.m.

KSU vs. Colorado., **AWAY**
Channel: TNT

Nov. 7, TBD

KSU vs. OSU, **HOME**
Channel: TBD

Nov. 14, TBD

KSU vs. TCU, **AWAY**
Channel: TBD

Nov. 21, TBD

KSU vs. Arizona, **HOME**
Channel: TBD

RESTAURANT **SPECIALS**

Sunday, Oct. 25	Sunday Brunch Brunch Menu available from 9 a.m. to 2 pm.	\$13 Dinner BBQ Meatballs Scalloped Potatoes Broccoli
Monday, Oct. 26	\$11 Lunch Turkey Avocado Melt Red Potato Salad	\$15 Dinner Smothered Pork Chops <i>served with Mushroom Onion Gravy</i> Mashed Potatoes Green Beans
Tuesday, Oct. 27	\$11 Lunch Cowboy Burger French Fries	\$16 Dinner Lasagna Garlic Bread Caesar Salad
Wednesday, Oct. 28	\$11 Lunch Meatloaf Sandwich Pub Chips	\$17 Dinner BBQ Burnt Ends Ranch-Style Corn on the Cobb Baked Bean Corn Bread Casserole
Thursday, Oct. 29	\$9 Lunch Grilled Ham & Cheese Tomato Soup	\$30 Halloween Dinner Theatre Registration is required. Sign up at the Host Stand in Prairie Star Restaurant. Full menu listed on page 3.
Friday, Oct. 30	\$11 Lunch Taco Bar	\$16 Dinner Baked Catfish <i>with tartar sauce</i> Cornbread Pudding Coleslaw
Saturday, Oct. 31	KSU Game Day Menu See page 7.	KSU Game Day Menu See page 7.

Weekly Opportunities Calendar Oct. 25 to Oct. 31

Sunday • Oct. 25

Put your trash at the curb!

8:45 a.m. ~ Transport to College Ave UMC, ME
 9:30 a.m. ~ Sunday Morning Fellowship, ME
 10:00 a.m. ~ Transport to College Ave UMC, ME
 10:00 a.m. ~ Worship Service, CR/**1960**
 10:30 a.m. ~ Transportation to FUMC, ME
 11:00 a.m. ~ Worship Service, CR/**1960**

Monday • Oct. 26

Trash pick-up.

9:30 a.m. ~ Seated Strength, CR/**1960**
 9:30 a.m. ~ Memory Care Partner Group, **STM**
 9:30 a.m. ~ Reflections Connections, **STM**
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:00 a.m. ~ Rock Steady Boxing, **PF**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 1:00 p.m. ~ Parkinson's Exercise Class, CR/**1960**
 1:45 p.m. ~ Parkinson's Voice Class, CR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Oct. 27

10:00 a.m. ~ Memory Activities Class, EC
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/**1960**
 11:15 a.m. ~ Chair Yoga, CR/**1960**
 1:00 p.m. ~ Adapting to Life Changes, FHR
 2:00 p.m. ~ 10-Point Pitch Group, KR
 2:00 p.m. ~ Social Circles, PS
 2:00 p.m. ~ Water Media Painting KSU CL
 2:30 p.m. ~ Coffee Corner, EC
 6:30 p.m. ~ Vespers, CR

Wednesday • Oct. 28

8 a.m. to 5 p.m. ~ Medicare Open Enrollment, PR
 9:30 a.m. ~ Seated Strength, CR/**1960**
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, ME
 10:00 a.m. ~ Memory Care Partners Group, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 11:30 a.m. ~ West Monarch Luncheon, BR
 1:30 p.m. ~ ARTful Making, KSU CL
 3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-a-Long, FHR
 5:30 p.m. ~ 1st Floor Supper, MR

Thursday • Oct. 29

9:00 a.m. ~ Messenger Team, KSU CL
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/**1960**
 11:15 a.m. ~ Chair Yoga, CR/**1960**
 11:30 a.m. ~ Parkinson's Lunch & Learn, KSU CL
 1:00 p.m. ~ Parkinson's Exercise Class, EC/**1960**
 3:00 p.m. ~ Fanny & Furby, KR
 4:00 p.m. ~ Meadowlark Singers Practice, CR
 6:00 p.m. ~ Halloween Dinner Theatre, EC
 6:30 p.m. ~ UFM: Really Bad Military Leaders, CR

Friday • Oct. 30

7:30 a.m. ~ Rock Steady Boxing, **PF**
 9:30 a.m. ~ Seated Strength, CR/**1960**
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 5:00 p.m. ~ Trick or Treating, *Various Locations*

Saturday • Oct. 31

9:00 a.m. ~ Tai Chi, **1960 only**
 9:30 a.m. ~ Band Bust Exercise Class, **1960 only**
 1:00 p.m. ~ KSU Football Watch Party, KR/PS

Room Abbreviations

1960, TV Channel 1960	ME, Main Entrance
BR, Bison Room	MM, 120 N. Scenic Drive
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PF, Peakform Wellness
EC, Event Center	PR, Patriot Room
FHR, Flint Hills Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	STM, St. Thomas More
KR, Kansas Room	VBL, Verna Belle's Lounge
KSU CL, KSU Classroom	WPL, Wamego Library

Visit to Sugar Creek Country Store

Friday, Nov. 6, at 10:30 a.m.

Join us for a fun outing to Sugar Creek Country Store in St. Marys, Kan., on Friday, Nov. 6! We'll depart Meadowlark by bus at 10:30 a.m. for a 30-minute ride to this charming country store. Enjoy lunch at the deli, then browse a wonderful selection of candies, jams, specialty foods, and unique goodies.

Transportation is \$8 per person, with lunch and shopping purchases at your own expense. Abby Cavender will accompany the group. Sign up in the Blue Book to reserve your spot!



GROSH CINEMA SHOWTIMES

Monday to Saturday ... 1:00 p.m. / 4:00 p.m. / 7:00 p.m.
Sunday ... 2:00 p.m. / 6:00 p.m.

SUNDAY: Oct. 25

SLEEPY HOLLOW (1999) R for *graphic violence and gore*, 1 hr. 45 min. *Horror, Fantasy*

Cast: Johnny Depp, Christina Ricci, & Miranda Richardson

Ichabod Crane is sent to Sleepy Hollow to investigate the decapitations of three people; the culprit is legendary apparition The Headless Horseman.

MONDAY: Oct. 26

BEACHES (1988) PG-13, 2 hr. 3 min. *Buddy Comedy, Coming-of-Age*

Cast: Bette Midler, Barbara Hershey, & John Heard

Wealthy privileged San Francisco debutante Hillary Whitney Essex and cynical struggling entertainer C. C. Bloom share a turbulent, but strong, friendship over the years.

TUESDAY: Oct. 27

RESIDENT REQUEST

MADAME X (1966) Approved, 1 hr. 40min. *Adventure, Drama, Mystery*

Cast: Lana Turner, John Forsythe, & Richardo Montalban

After her lover is killed, the wife of a wealthy man is convinced to fake her own death, which leads her into greater depths of depravity until fate reunites her with her long-lost son, who is unaware of her real identity.

WEDNESDAY: Oct. 28

SIGNS (2002) PG-13, 1 hr. 46 min. *Sci-Fi, Thriller*

Cast: Mel Gibson, Joaquin Phoenix, & Rory Culkin

A widowed former reverend living with his children and brother on a Pennsylvania farm finds mysterious crop circles in their fields, which suggests something more frightening to come.

THURSDAY: Oct. 29

SEND HELP (2026) R for *strong bloody violence, language*, 1 hr. 53 min. *Horror, Comedy*

Cast: Rachel McAdams, Dylan O'Brien, & Edyll

An overworked analyst and her arrogant nepo-baby boss survive a plane crash near Thailand and must cooperate to survive on a remote jungle island while their workplace power dynamic collapses around them.

FRIDAY: Oct. 30

NAPOLEON DYNAMITE (2004) PG, 1 hr. 36 min. *Quirky, Comedy, Satire*

Cast: Jon Heder, Efren Ramirez, & Jon Gries

A listless and alienated teenager helps his new friend win the class presidency in their small western high school, while dealing with his bizarre family life back home.

SATURDAY: Oct. 31

YOUNG FRANKENSTEIN (1974) PG, 1 hr. 46 min. *Farce, Horror*

Cast: Gene Wilder, Madeline Kahn, & Marty Feldman

An American grandson of the infamous scientist, struggling to prove that his grandfather was not as insane as people believe, is invited to Transylvania, where he discovers the process that reanimates a dead body.