



Dublin the Fun with the Luck of the Irish

17th Annual Speedy PD Race for Parkinson's Disease

submitted by Sarah Duggan, Comm. Relations Dir.

The 17th Annual Speedy PD Race for Parkinson's Disease is almost here, and this year, we're *Dublin the Fun*! Drawing inspiration from the upcoming Aer Lingus College Football Classic in Dublin, Ireland—where K-State will face Iowa State—we're celebrating with an Irish twist, complete with community cheer, friendly competition, and plenty of *craic* (pronounced "crack"), the Irish word for a fun, good time.

Set for Saturday, Aug. 23, at Tuttle Creek State Park, this beloved event continues to grow in size, spirit, and impact. Last year, 936 participants laced up their sneakers to support individuals and families affected by Parkinson's disease. This year, the goal is to hit 1,000 registrants. With your help, we know we can get there.

This year's Speedy PD features three race options: the Half-Mile Memorial Walk/Run, the Don Rasmussen 5K, and the 10K. All courses are

flat, paved, and lined with encouragement from our wonderful volunteers. Whether you're a seasoned runner, a weekend walker, or just showing up to cheer on your team, Speedy PD is a party with purpose. And for those traveling to Ireland for the big game? You can still participate from afar through our virtual race option, proving that support for Parkinson's doesn't stop at any border.

A few exciting changes are in store this year, starting with our new partnership with Manhattan Running Company. Their team of former collegiate runners is providing professional race directing, logistics, and timing services, helping ensure a smooth and memorable experience for everyone on race day. Thanks to their expertise and passion, we're confident this year's race will be the most seamless and participant-friendly yet.

Packet pick-up will take place on Friday, Aug. 22, from 4:30 to 7 p.m. at Holiday Inn at the Campus,

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EVENTS & OPPORTUNITIES

Gone Fishing!

Grab those fishing poles and head to Bayer Pond to enjoy the last few weeks of fishing! In late August/early September, Bayer Pond will be drained as our first step of our outdoor improvements and Aster Construction.

More information to follow regarding the specific Bayer Pond draining plan.

Class cancelation

Water Media classes will take a break starting Tuesday, Aug. 12. Class will resume Tuesday, Sept. 9.

Meadowlark Travelers trip

You asked to see a performance at Kauffman Center in Kansas City, and we listened. Planning has begun to see Christmas-themed shows in the Kansas City area with a two-night stay in downtown KC. Dates are Dec. 17-19. If you are interested in learning more as details become available, please sign up in the Blue Book or reach out to Monte Spiller, resident services leader. Total tour price will vary, depending on transportation and group ticket fees. In general, deeper discounts are offered the larger the group.

Pink Diva & The Jazz Masters

Friday, Aug. 8, at 7 p.m.

Come swing with style with Pink Diva and the Jazz Masters at 7 p.m. Friday, Aug. 8, in the Event Center. The group will bring you a dazzling blend of classic jazz and modern flair. With their powerhouse lineup of keys, drums, bass, sax, and a captivating singer, they breathe new life into timeless tunes. From the soulful strains of "All of Me" to contemporary hits reimagined in a jazzy groove, their performances are a celebration of jazz oldies and modern marvels. Let them take you on a musical journey where every note is a masterful tribute to the genre's rich heritage.

Worship Services

Sunday, Aug. 10, at 10 & 11 a.m.

Join Rev. Melanie Nord, Spiritual Life Leader, for worship at 10 a.m. or 11 a.m. on Sunday, Aug. 3, in the Community Room/Chapel. This week, Melanie will explore the book of I John.

Page Turners Book Club

Wednesday, Aug. 13, at 11:30 a.m.

Join the Page Turners Book Club at 11:30 a.m. Wednesday, Aug. 13, in the Patriot Room as for our first discussion of *The Guernsey Literary and Potato Peel Pie Society* by Mary Ann Shaffer and Annie Barrows. This epistolary novel, meaning it's told through a series of letters, is set after World War II in 1946. The story revolves around a writer in London who begins corresponding with residents of Guernsey, a British island occupied by Germany during the war. The novel explores themes of community, resilience, and the power of literature. We have copies of the book available from the Manhattan Public Library. You do not need to attend each group to participate. Please come when you are able! If you have questions or would like to borrow a copy of the book, please contact Katie in Special Programs at ksigman@meadowlark.org or (785) 323-3899.

Mike Roberts' Celebration of Life

Wednesday, Aug. 13, at 4 p.m.

Mike Roberts' Celebration of Life will be Wednesday, Aug. 13, from 4 to 4:30 p.m., in the Community Room. Join for a reception with cookies and memory sharing.

Blood Pressure Check

Thursday, Aug. 14, at 1 p.m.

Meadowlark Home Care hosts a monthly Blood Pressure Clinic on the second Thursday at 1 p.m. in the Kansas Room. The next scheduled clinic is Thursday, August 14, at 1 p.m. No registration required.

Broken Radio Poet

Friday, Aug. 15, at 7:00 p.m.

Meadowlark welcomes Hank Letourneau the "Broken Radio Poet." Hank, who has been farming in North Central Kansas for more than 50 years, utilizing machinery that rarely had a working radio, he found ways to entertain himself by turning his thoughts and observations into poetry. Hank has won 3rd place for his poetry performance at both Concordia's Got Talent and qualified for the Kansas Cowboy Poetry Finals in both the serious and humorous categories and placed 2nd in the finals in the serious category. He

EVENTS & OPPORTUNITIES

also now has a published collection of his poetry, titled *Woodpecker on a Windmill*, which will be available for purchase at the event. Along with these accomplishments, he also is the farther of Katie Sigman, Special Programs Coordinator. If you enjoy country life, you'll enjoy this evening of poetry, both humorous and serious, at 7 p.m. Friday, Aug. 15, in the Event Center.

Shopping at Target & Dollar Tree

Saturday, Aug. 16, at 10:30 a.m.

The next scheduled trip is Saturday, Aug. 16, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, Sept. 20. Please sign up in the Blue Book to participate.

Ladies Luncheon

Thursday, Aug. 14, at 11:30 a.m.

The August Ladies Luncheon hostess Pat Hook will share her extensive collection of postcards and custom stamps, including unique stories of the pieces! The meal will include a half Italian sub, pub chips, and Heath Bar ice cream for \$12.

Meadowlark and Passport ladies are welcome and encouraged to attend. Please sign up in the Blue Book at the Hospitality Desk to join us for the meal.

Prairie Star Writing Group

Tuesday, Aug. 19, at 1 p.m.

submitted by Cathy Hedge

Interested in joining the writing group at Meadowlark? Prairie Star Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays. The next meeting is set for 1 p.m. Tuesday, Aug. 19, in the Patriot Room.

The Aug. 19 session is titled, "Rub-A-Dub-Dub, Bathtub Stories" My fellow told me that his family's old farmhouse was an impromptu community center in the early 20th century. They had a huge corncob furnace that burned so hot it glowed red. Everyone would come to their house to take their Saturday night baths. What a party! I imagine you might have stories to tell, too, especially if you were of the generation with four

cousins at a time in the bathtub! Or remember how lovely babies smelled wrapped in the hoodie towel. Or the bath that saved you from chigger bites. Let's have some fun with watery memories!

Meadowlark Singers

Thursday, Aug. 21, at 4:15 p.m.

The Meadowlark Singers will have their next rehearsal on Thursday, August 21, at 4:15 p.m., in the Community Room.

Empowered LIVE!

Friday, Aug. 22, at 5 p.m.

Join us Friday, Aug. 22, at Holiday Inn at the Campus for an uplifting evening of creativity, connection, and motivation at Empowered LIVE!, a special event celebrating the Meadowlark Parkinson's Program.

From 5 to 6:30 p.m., guests can enjoy conversation, vendor exhibits, and the creative talents of our VIPDs (Very Important People with Parkinson's), showcasing everything from woodworking and writing to lacework and model trains. A selection of sweet and savory foods will be available; meal tickets are \$20 and can be purchased online at www.meadowlark.org/speedy-pd or by calling (785) 323-3899. Attendance is free for those not wishing to eat.

At 6:30 p.m., keynote speaker Troy J. Cook will take the stage. Diagnosed with Parkinson's in 2017, Troy brings humor, heart, and hard-won wisdom in his talk, *"Success, Fulfillment, and Parkinson's."* His newly published book, *Change is Inevitable, Growth is Optional*, will be available for purchase.

Thanks to Vanderbilt's for their generous presenting sponsorship, and to all who make this meaningful evening possible. Transportation from Meadowlark is available. Please sign up in the Blue Book at the Hospitality Desk.

Church Ladies

Friday, Aug. 22, at 7 p.m.

Meadowlark is excited to welcome back the Church Ladies on Friday, Aug. 22, at 7 p.m., in the Event Center. The Church Ladies are a harmony-based acoustic trio from the Manhattan area. They

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What Are the Odds?

Two Meadowlark Connections to Hartwick, NY

by Jim Beck and Noel Stanton

Noel: What are the odds that two unrelated Meadowlark residents would have family ties to the same small town in upstate New York? Two days after my “Hartwick Days” piece appeared in the Messenger (July 24, 2025), I got a call from Monarch resident Jim Beck, whom I had never met. Jim had been doing some genealogical digging into his family history, and six generations back was one of the founders of Hartwick.

Jim: I was surprised that someone else at Meadowlark knew about Hartwick in the Cooperstown region of New York. When Noel’s recollections appeared in our newsletter, I immediately remembered that some of my ancestral lines traced back to that exact village. My GGGG Grandparents, Henry and Ann Phillis (Lippett) Baker, married there around 1795 when that area of the state first opened for settlement.



Marcus Wells historical marker in Hartwick.

Noel: The story gets even more unlikely. Two days after the call from Jim, I accidentally met the Becks in the East Village lobby. I mentioned to Jim that the Wells name in his family line was intriguing, because 100 yards from my grandparents’ home in Hartwick was a historical marker for the home of the 19th century hymnist Marcus Wells (“Holy Spirit, Faithful Guide”). As a kid, I used to walk past it every time I went down to

the creek to fish. I asked Jim if they were related.

Jim: It took me a little bit of time, but I found that a set of my GG Grandparents connected to Hartwick, Russell Joshua and Charlotte (Judd) Wells, also had connections to the hymnist Marcus Wells. They were second cousins. I never knew that we had such musical talent in our family. Maybe we should ask Meadowlark to plan a field trip to Hartwick so that we all could walk past that memorial sign down to the creek to fish, singing the hymn as we go!



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have been performing together for several years and have become a favorite among residents. So, if you like Americana with a twist, the ladies are for you.

KSU Football Watch Party!

Saturday, Aug. 23, at 11 a.m.

Join us on Saturday, Aug. 23, in the Kansas Room, Prairie Star Restaurant Bar and Event Center, at 11 a.m., as our K-State Wildcats open the new season against Iowa State in Ireland. A Game Day at Ireland lunch special will be offered on the lunch menu at Prairie Star. Go Cats!

Prairie Crest Trail Hikers

The Rest of the Story

by John Walters

Many day hikers would take their dogs on hikes. The rule in the management area was to keep them on a leash, but many would not follow that rule. The forest rangers could enforce the leash rule, but we could not. We could advise them, however. We would tell them of the cougar population in the area. They avoid people and stay out of sight very well, but if a dog gets far away enough from their owner, a large cat could have a nice lunch! Many would call to see how the flowers were doing. For a few days, it is quite a show. The maximum bloom varies from year to year sometime in July, depending on the depth of snow in the winter and the lateness of final snow melt. The Lake Winnemucca Trail is well watered, providing for the spectacular scene. We would also get people trying to ski all 12 months of the year. The snow on the north side of Round Top Mountain would often be ski-able in August.

There were many good hikes in the area, some out from Silver Lake, where we stayed overnight. Some were particularly good for flowers:

- ~ Lake Winnemucca from Carson Pass as previously mentioned (4.6 miles round trip).
- ~ Lake Winnemucca from Woods Lake (3.4 miles round trip on this trail).
- ~ Elephants Back from Forrestdale Divide. We hiked on this trail to the north end of Elephants Back, where we were stopped by a steep snowpack that should only be crossed with an ice ax! (6 miles round trip)



~ Meiss Meadows from Carson Pass. There were a great variety of wildflowers on this hike, including a large patch of Blue Flag Irises with some that have mutated to white (2.8 miles round trip).

We also tried the hike from Schneider Cow Camp to Showers Lake, around the north side of Little Round Top and back to Schneider Cow Camp. We did this in late June, and it was a normal hike until we got to the north side of Little Round Top. The snow had not yet completely melted on this third of the hike. It was still 12 to

18 inches deep and covered all signs of the trail. I estimated its location by the gaps between the trees. It was hard going, and we began to get tired, but we did successfully follow the trail back to our car (a Jeep Wrangler X with a 10 ½ inch road clearance!) (6 miles)

We also were privileged to hike to an ancient Sierra juniper (*Juniperus grandis*), estimated by the Forest Service to be 6,000 years old! They do not publish information on the location of this tree to protect its existence, but our resident ENFIA Forrest Ranger member told us how to find it, and we did.

The “tours of duty” at Carson Pass were very popular. We tried to do three days in each of the summer months and usually succeeded. Janet was a docent for a few years before we were married in 2007. We ended our years there in 2019 as we moved back to Kansas in 2020.

Outdoor Encounters: Seeing Beyond



*Looking is common,
Truly seeing not so much.
How wasteful we are.
- NJB*

by Nathan Bolls

One June day a few summers ago, I saw something beautiful, something profound, something too rarely practiced, something whose ramifications are too rarely considered.

I did not see the ultimate trophy home, not an immaculately manicured lawn or golf course, not the latest over-powered muscle car, not a world record set of elk antlers, not the world's tallest tree, not the most symmetrical set of African elephant tusks ever found, not a beauty pageant, nor some masterfully played athletic contest.

I did not see Leonardo's "the Last Supper," Michelangelo's "The David," Rodin's "The Kiss," O'Keeffe's "The White Place," nor a stellar performance of Mozart's 41st (Jupiter) symphony. I have, at one time or another, experienced all five of these—and each moved me to tears.

While visiting husband and wife dear friends, also long-time university faculty colleagues, **I did see** a woman thrilled to silence upon spotting four scaled quail resting on an upper limb of the large and ancient juniper pine tree in her New Mexico front yard. She, without design or chagrin, admired her

wild neighbors, wished them well, stood quietly with tear-filled eyes, and left them undisturbed. I knew something of how she thought, what she believed, and the real gold-cored, platinum-plated gem was that she, without need of ponder, was seeing beyond.

She was seeing beyond the beauty and majesty of these small, exquisite survivors; beyond the pleasure of knowing that they, members of a largely ground-dwelling species, had chosen that high limb in that special tree for a moment of arboreal respite. The scaled quail is a creature of the Southwest, but their range extends into extreme SW Kansas.

The woman was later told by an Indian medicine man that the tree was just over 200 years old and that a hole in the tree's trunk was where Indian medicine folk collected the gummy, resinous sap, which they boiled until the sap was soft, then used it as a poultice for blisters and other wounds.

The woman's thoughts were, no doubt, echoing those of Bertrand Russell (British philosopher and mathematician) when he wrote, "There is no impersonal reason for regarding the interests of

human beings as more important than those of (*sic* other) animals. We can destroy animals more easily than they can destroy us; that is the only solid basis of our claim to superiority. We value art and science and literature because these are things in which **we** excel. But whales may value spouting and donkeys might maintain that a good bray is more exquisite than the music of Bach. We cannot prove them wrong except by the exercise of **arbitrary** power.”

Continuing this chain of thought, consider this by Francis Hodgson Burnett from her work *A Little Princess*: “How it is that animals understand things, I do not know, but it is certain that they do understand. Perhaps there is a language which is not made of words and everything in the world understands it. Perhaps there is a soul hidden in everything and it can always speak, without even making a sound, to another soul.”

The New Mexico woman was seeing beyond, was over-ruling the standard practice of humans who, from the beginning, have constantly put Nature on

the defensive; was seeing beyond to the joy of just-letting-them-be; was reveling in the joy of knowing that these creatures own as much right to do their wild thing as do we — perhaps more if age of ancestral lineage counts for anything.

She was seeing beyond to the sterility of our society — a sterility tied directly to our incessant drive for individuality and for control. She was seeing beyond to our loss of contact with the majesty and mystery of our world; to our rejection of the divinity in all that lives and breathes and moves among us; to the realization that even though such as redwoods, mountains, great rivers, and oceans are not eternal, we need these structures much more than they need us.

She was seeing beyond to how some seasoned and considered souls know these things; to the regrettable fact that most people, both young and old, do not know or just can’t be bothered. She was seeing beyond to the reality that those scaled quail deserve better, that so do our children and grandchildren.

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with final check-in available the morning of the race between 6:30 and 7:30 a.m. The race event begins with the stirring voices of our VIPDs (Very Important People with Parkinson’s Disease) who will sing the national anthem at 7:45 a.m. The Half-Mile Memorial Walk/Run follows at 8 a.m., and the 5K and 10K races begin at 8:30 a.m.

Every registered participant will receive a Speedy PD T-shirt (guaranteed if registered by Aug. 13, though we’ll do our best to accommodate later sign-ups), a finisher’s medal, and access to a lively post-race celebration. Enjoy refreshments, family-friendly activities, face painting, and a special photo op with a “speedy” car, thanks to Little Apple Cars and J&C Imaging. Think of the morning as your ultimate tailgate. You’ll be home in time for the K-State game, already energized and feeling great after supporting a meaningful cause.

The heart of the event remains the Meadowlark Parkinson’s Program, which continues to provide vital services at no cost to individuals and families across the Flint Hills. From exercise and support groups to education and community connections, this program helps people with Parkinson’s, as well

as those who care for them, live well with hope and dignity.

For those who can’t attend but still want to help, donations are gratefully accepted. Checks should be made out to *Meadowlark Foundation* with *Speedy PD Donation* in the memo line and can be left with Meadowlark’s Hospitality Desk staff for Development Director Becky Fitzgerald. You may also call the Meadowlark Foundation office at (785) 323-3843 to learn more. Volunteers are also needed and appreciated, sign up to help at www.meadowlark.org/speedy-pd.

For race questions or details about the Parkinson’s Program, contact Michelle Haub, Special Programs Leader, at michelle.haub@meadowlark.org or (785) 323-3899.

So, gather your running buddies, don your green, and let’s make this year’s Speedy PD one for the record books. Whether you’re running, walking, donating, or volunteering, you’re part of something bigger; a community that comes together to raise awareness, lift each other up, and, of course, have a little fun along the way. Sláinte to 17 years of racing with heart!

RESTAURANT **SPECIALS**

Sunday, Aug. 10	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	\$14 Dinner Pizza Bar <i>including Salad, Breadsticks, & Cookies</i> <i>Starting at 4:30 p.m.</i>
Monday, Aug. 11	\$11 Lunch Roasted Pork Sandwich Sweet Potato Fries	\$15 Dinner Chicken Parmesan <i>served over Linguine</i> Garlic Bread Side Caesar Salad
Tuesday, Aug. 12	\$12 Lunch Beef & Broccoli Steamed Pork Dumpling	\$15 Dinner Bacon-Wrapped Meatloaf <i>stuffed with Cheese</i> Cheesy Potatoes Peas & Onion
Wednesday, Aug. 13	\$11 Lunch Cowboy Burger French Fries	\$14 Dinner Swiss Steak Mashed Potatoes Honey-Glazed Carrots
Thursday, Aug. 14	\$11 Lunch Fried Chicken Sandwich Macaroni Salad	\$17 Dinner Chicken & Sausage Cajun Pasta Garlic Bread House Side Salad
Friday, Aug. 15	\$11 Lunch Soup & Salad Bar	\$16 Dinner Fried Catfish Cornbread Pudding Coleslaw
Saturday, Aug. 16	\$12 Lunch Sloppy Joe Tator Tots Broccoli Salad	\$15 Dinner Chicken-Fried Steak Mashed Potatoes and Gravy Corn

Weekly Opportunities Calendar Aug. 10 to Aug. 16

Sunday • Aug. 10 *Put your trash at the curb!*

8:45 a.m. ~ Transport to College Ave UMC, VE
 10:00 a.m. ~ Transport to College Ave UMC, VE
 10:00 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE
 11:00 a.m. ~ Worship Service, CR

Monday • Aug. 11 *Trash pick-up*

9:30 a.m. ~ Seated Strength, CR/**1960**
 9:30 a.m. ~ Memory Care Partners Group, **STM**
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:00 a.m. ~ Rock Steady Boxing, **BF**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 11:30 a.m. ~ Meadowlark Valley Luncheon, BR
 1:00 p.m. ~ Parkinson's Exercise Class, CR/**1960**
 1:30 p.m. ~ God Talk, KSU CL
 2:00 p.m. ~ Tai Chi, EC/**1960**
 4:15 p.m. ~ Hable Espanol, FHR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Aug. 12

10:00 a.m. ~ Memory Activities Class, EC
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/**1960**
 11:15 a.m. ~ Chair Yoga, CR/**1960**
 12:00 p.m. ~ 4th Floor Luncheon, MR
 2:00 p.m. ~ 10-Point Pitch Group, GR
 2:00 p.m. ~ Social Circles, PS
 3:00 p.m. ~ Coffee Corner, EC
 6:30 p.m. ~ Summer Vespers, CY

Wednesday • Aug. 13

9:30 a.m. ~ Seated Strength, CR/**1960**
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Memory Care Partners Group, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 11:30 a.m. ~ Page Turners Book Club, PR
 2:00 p.m. ~ Tai Chi, EC/**1960**
 3:00 p.m. ~ Rock Steady Boxing, KSU CL
 3:00 p.m. ~ Sing-A-Long, FHR
 4:00 p.m. ~ Michael Roberts' Celebration of Life, CR

Thursday • Aug. 14

9:00 a.m. ~ Messenger Team, KSU CL
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/**1960**
 11:15 a.m. ~ Chair Yoga, CR/**1960**
 11:30 a.m. ~ Caring Conv. For People w/ PD, FHR
 11:30 a.m. ~ Ladies' Luncheon, EC
 11:30 a.m. ~ PD Care Partner Social, PS
 1:00 p.m. ~ Parkinson's Exercise Class, CR/**1960**
 1:00 p.m. ~ Blood Pressure Check, KR
 1:00 p.m. ~ PD Care Partners Group, FHR
 2:30 p.m. ~ Knitting & Crotchet Group, KR
 5:30 p.m. ~ Eastside Supper, BR

Friday • Aug. 15

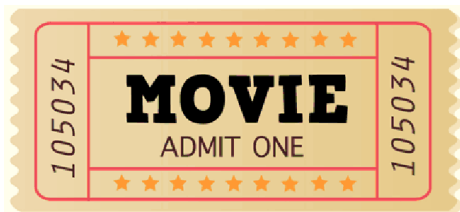
7:30 a.m. ~ Rock Steady Boxing, **BF**
 9:30 a.m. ~ Seated Strength, CR/**1960**
 10:30 a.m. ~ Weights 101, CR/**1960**
 11:30 a.m. ~ Sit & Be Fit, CR/**1960**
 2:30 p.m. ~ Fanny & Furby, KR
 3:00 p.m. ~ Catholic Rosary, CR
 7:00 p.m. ~ Broken Radio Poet, EC

Saturday • Aug. 16

9:00 a.m. ~ Tai Chi, **1960 only**
 9:30 a.m. ~ Band Bust Exercise Class, **1960 only**
 10:30 a.m. ~ Depart for Shopping Trip, VE

Room Abbreviations

1960 , TV Channel 1960	KSU CL, KSU Classroom
BF , Body First	MM , 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	STM , St. Thomas More Church
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
KR, Kansas Room	WPL , Wamego Public Library



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: Aug. 10

JAWS (1975) PG, 2 hr. 4 min. *Ominous, Scary, Suspenseful*

Cast: Roy Scheider, Robert Shaw, & Richard Dreyfuss

A 25-foot-long apex predator turns the calm waters around Amity Island into a bloodbath — until three heroes chart a course to end its reign of terror.

MONDAY: Aug. 11

WE GROWN NOW (2023) PG, 1 hr. 33 min. *Understated, Intimate*

Cast: Blake Cameron James, Gian Knight Ramirez, & S. Epatha Merkerson

Tragedy tests the youthful optimism of two 10-year-old boys at a Chicago housing project and leaves their families seeking hope among turmoil.

TUESDAY: Aug. 12

THE MAURITANIAN (2021) R *for violence and sexual assault*, 2 hr. 9 min. *Drama, Based on Real Life*

Cast: Jodie Foster, Tahar Rahim, & Benedict Cumberbatch

Facing damning accusations and a legal battle with the U.S. government, a prisoner must place his trust in a lawyer fighting for his release.

WEDNESDAY: Aug. 13

RESIDENT REQUEST

SECONDHAND LIONS (2003) PG, 1 hr. 49 min. *Coming-of-Age, Comedy, Drama*

Cast: Haley Joel Osment, Michael Caine, & Robert Duvall

Fourteen-year-old Walter Caldwell's irresponsible mother, Mae, sends him to live with his bachelor uncles, Hub and Garth, so that she can go on yet another husband-hunting trip.

THURSDAY: Aug. 14

CLOUD ATLAS (2012) R *for violence, language, and nudity*, 2 hr. 52 min. *Dystopian Sci-Fi, Mystery*

Cast: Tom Hanks, Halle Berry, & Hugh Grant

As souls are born and reborn, they renew their connections to one another throughout the ages.

FRIDAY: Aug. 15

ADAM (2000) PG-13, 1 hr. 39 min. *Comedy, Drama*

Cast: Hugh Dancy, Rose Byrne, & Frankie Faison

A delightful romantic story about two strangers in search of an extraordinary connection.

SATURDAY: Aug. 16

FLY AWAY HOME (1996) PG, 1 hr. 47 min. *Animal Adventure, Coming-of-Age*

Cast: Jeff Daniels, Anna Paquin, & Dana Delany

Amy moves to Ontario to live with her father after the death of her mother. Her father, an aviation expert, helps Amy lead a flock of orphaned geese south for the winter.