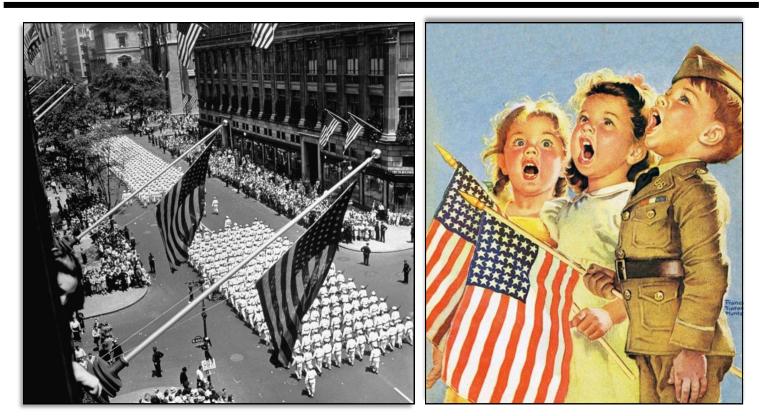


July 3, 2025 Manhattan, Kansas Messenger Editor: Sarah Duggan A local not-for-profit focused on

A local not-for-profit focused on supporting people in living their best lives



# Independence Day in Chicago Long Ago

#### by Nancy Kopp

Come back with me to the1940s era in Chicago. During the first few days of July, my younger brothers and I walked to the neighborhood Woolworth's store to buy a very important item for our Fourth of July celebration. We had to make our purchase no later than July 3, for all businesses closed on Independence Day.

We walked on the creaky wooden floor, smelling the penny candy lined up in glass cases near the front door. Straight to the back of the long aisle, we found rolls and rolls of colored crepe paper-red, white, and blue, of course. We bought several rolls with money we'd saved. Once home, we stashed our purchase for the next day.

The first thing after breakfast on the Fourth of July, we clambered down the three flights of stairs from our top floor apartment to the basement, where our bikes were kept. Bump, bump, bump — up the steps from basement to courtyard we went with our twowheeled bikes. Down went the kickstands, and out came the rolls of crepe paper to decorate. We wove the colored streamers in and out of the wheel spokes, and fastened more on the handlebars, then stepped back to see which looked best. Decorating our bikes for America's holiday left an indelible impression of patriotism in us.

Other kids in our building worked on bikes, too. We rode all over the neighborhood, up and down alleys and sidewalks, showing off our fancy bikes, not caring how high the temperature might be.

We spent the rest of the day like any other hot, sultry summer day. We ate popsicles to cool off, walked to the park where families sat on the lawn with picnic lunches and waited for the sun to go down. Dad had gone out earlier to one of the only businesses open — the fireworks stand. Money was usually scarce in our family, but Dad always found some extra to buy firecrackers and sparklers for us. No doubt, he enjoyed them as much as we did.

See INDEPENDENCE, page 7

## **EVENTS & OPPORTUNITIES**

#### Early closings, July 4

Prairie Star Restaurant will close at 7 p.m. on Friday, July 4. The Hospitality Desk will close at 4 p.m. on Friday, July 4

#### **Worship Services**

#### Sunday, July 6, at 10 & 11 a.m.

Join Rev. Melanie Nord, Spiritual Life Leader, for worship at 10 a.m. or 11 a.m. on Sunday, July 6, in the Community Room/Chapel. This week, Melanie will explore the book of Philemon.

#### Town Meeting

#### Monday, July 7, at 9:30 a.m.

All Meadowlark residents are invited to attend July's Town Meeting at 9:30 a.m. Monday, July 7, in the Event Center. Town Meeting is a great opportunity to hear Meadowlark updates from leadership team members, ask questions, and learn what to expect for activities and entertainment throughout the month!

#### **Social Circles**

#### Tuesday, July 8, at 2 p.m.

All residents (men and women!) are invited to attend Social Circles each Tuesday at 2 p.m. in Prairie Star Restaurant. This is an informal opportunity to gather with others who call Meadowlark home and get to know one another. Join us!

#### Card Making with Michelle Lehmer Thursday, July 8, at 2:30 p.m.

The next Card Making with Michelle Lehmer class will occur on Thursday, July 8, at 2:30 p.m. in the Flint Hills Room.

#### Rhythm, Poetry, & Story

#### Tuesday, July 8, at 3:30 p.m.

Meadowlark Special Programs and KSU Drama Therapy Graduate Program are offering a summer drama therapy group every Tuesday through July 22. Drama games, music, and art activities are all great ways to exercise your brain, learn new art forms, and connect with others. The group meets in the Community Room every Tuesday afternoon from 3:30 to 4:30 p.m. Registration is not required; you can attend as your schedule allows. If you have questions, please contact drama therapy graduate student Eleanor at *ehn@ksu.edu* or Katie and Michelle at (785) 323-3899.

### **Courtyard Vesper Service**

Tuesday, July 8, at 6:30 p.m.

Join us for summer Vesper Services led by Rev. Melanie Nord each Tuesday from 6:30 to 7 p.m. in the Courtyard. A traditional Vesper service usually happens in the evening and revolves around time for devotion and quieting the heart and mind before bed or rest. In the case of inclement or extreme weather, our service will be moved indoors.

#### Speedy PD Art Making

Wednesday, July 9, at 1:30 p.m.

Join Meadowlark Parkinson's Program and our partners from the Beach Museum of Art in making pieces of art that will be used in August for the 17th annual Speedy PD Race for Parkinson's Disease. These pieces of art are given as the age group awards for the 5K and 10K winners.

Speedy PD race helps raise awareness about Parkinson's and is the primary fundraiser for Meadowlark Parkinson's Program. The Beach Museum of Art provides us with the supplies needed and also can assist with some inspiration. No prior art experience is necessary.

The art-making class meets each Wednesday now through July 30, from 1:30 to 2:30 p.m., in the KSU Classroom. You're invited to come and go as your schedule and attention allows.

#### Ladies Luncheon

#### Thursday, July 10, at 11:30 a.m.

The July Ladies Luncheon will be a celebration of our country at 11:30 a.m. Thursday, July 10, in the Event Center. Hostesses are Vera Williams and Carole Fager, with several others. Please sign up in the Blue Book if you plan to attend.

#### **Blood Pressure Check**

#### Thursday, July 10, at 1 p.m.

Meadowlark Home Care hosts a monthly Blood Pressure Clinic on the second Thursday at 1 p.m. in the Kansas Room. The next scheduled clinic is Thursday, July 10, at 1 p.m. No sign-up required.

## **EVENTS & OPPORTUNITIES**

#### Fiesta to Remember

Friday, July 11, 11 a.m. to 10 p.m.

Join Meadowlark Memory Program for the 7<sup>th</sup> annual Fiesta to Remember on Friday, July 11, at Rockin' K's. The purpose of this annual party is to help the community better understand cognitive changes and dementia and to raise awareness about the FREE local support available through Meadowlark Memory Program. This inclusive program provides education, engagement, and exercise opportunities to participants. One participant noted, "it is a great benefit to me, both mentally and physically." So, come enjoy some tasty food with your amigos, all while supporting a great cause.

The festivities take place at Rockin' K's, located at 1880 Kimball Ave., between 11 a.m. to 10 p.m. on Friday, July 11. Delicious food and drink will be available all day, including a lunch taco buffet, from 11 a.m. to 1:30 p.m. It features beef, chicken, and pork carnitas tacos, as well as Spanish rice, refried beans, chips, pico de gallo, and all the toppings you want for your tacos. Rockin K's will feature an all-day special taco menu and "Fiesta-Rita" drink. Also available for purchase on this day ONLY is Rockin K's muy bueno Mexican Bread Pudding with Whiskey Sauce. Don't miss your chance to get a serving, or two! The regular menu also will be available to purchase your Rockin K's favorites. Live music by Cade Cochran begins at 6:30 p.m.

Meadowlark Memory Program will provide transportation for lunch and dinner. The bus will depart the Meadowlark main entrance at 10:50 a.m. for lunch and 5:30 p.m. for dinner. Please sign up in the Blue Book at the Hospitality Desk if you wish to ride the bus. To-go orders are available for residents not able to attend the party in person. Please complete the order form on the back page of this Messenger edition, or pick up at the Hospitality Desk.

We extend a big gracias to Steel and Pipe Supply for providing their support as our Presenting Sponsor this year! The event would not be possible without their generosity. Additional thanks goes to Rockin K's, who is once again generously hosting this event and donating 10% of the day's proceeds to Meadowlark Memory Program.

#### Catholic Mass, rescheduled

*Friday, July* **11**, *at* **3** *p.m.* Catholic Mass is rescheduled due to the July Fourth holiday. Mass will be offered at 3 p.m. Friday, July 11, in the Community Room.

#### Music with Michael Crawford Friday, July 11, at 7 p.m.

Meadowlark welcomes Michael Crawford to the Event Center at 7 p.m. Friday, July 11. Michael has played tuba since 1997 and studied with Phillip Black at Wichita State University and Seth Fletcher at University of Nebraska, Kearney. He is an award -winning soloist with the Kearney Area Symphony, co-winning their Concerto Aria Contest in 2012. Most recently he served as the principal tuba for the Millennial Symphonic Orchestra in Kansas City. He also plays in the local Manhattan Symphony Orchestra. All are encouraged to attend as he will play pieces including: Kick-Ass Sonata -Brian Sadler; Tomes of Hardened Steel - Benjamin McMillian; Tomes of the Wanderer - Benjamin McMillian and Fnugg - Øystein Baadsvick.

#### Prairie Star Writing Group Tuesday, July 15, at 1 p.m.

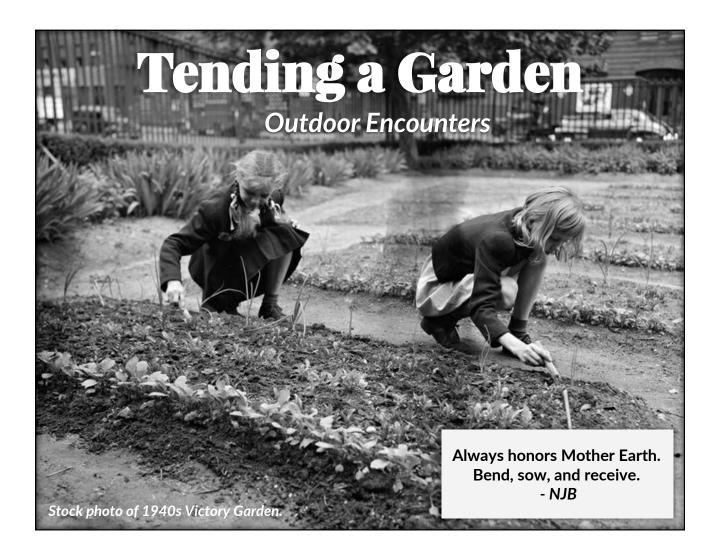
Interested in joining the writing group at Meadowlark? Prairie Star Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays. The next meeting is set for 1 p.m. Tuesday, July 15, in the Patriot Room.

The July 15 session is titled, "Turning Points in My Life." In life we have turning points that can send us in a completely new direction. Sometimes, those are positive. Others ... disastrous. What do you recall as a key turning point or points in your life which seemed to change everything? Join us as you imagine and write what would've happened to you if you had gone the other direction.

#### Volunteer & Tech Helper

#### Tuesday, July 15, at 4 p.m.

Deborah Goins will be available to help residents with technology questions between 4 and 5 p.m. Tuesday, July 15, in the Kansas Room. Deborah looks forward to building connections through this opportunity and meeting others, so be sure to stop by during her visits on the first and third Tuesday of every month!



#### by Nathan Bolls

Webster's definition for the word "garden" just about covers everything: a plot of ground, usually near a house, where flowers, vegetables, or herbs are cultivated. Or, "a piece of ground or other space commonly with ornamental plants, trees, etc., used as a park or other recreational area, e.g., as an arboretum." Or, "any beautiful, pleasing, restful piece of land."

Forests, prairies, and perhaps both orchards and vineyards also would fit under Webster's umbrella. Those individuals with some farm experience, or with dollar-wise upbringings, most likely link "garden" with vegetables. My parents always had a large veggie garden. Dad's potato patch yielded enough to last our potato-loving family until next year's crop came on. My sister, Anna (at age 7), and I (age 8), were given small plots in the corners of the large family garden to plant whatever we wanted. I recall that we paid fairly regular attention to our duties and took considerable pride whenever veggies from our plots were brought to

the table. My late wife, Imogene, and I had a garden most summers of our years together. Daughter Laurel early on had her corner, and she especially like to raise carrots. I can still picture Imogene, even into November, bending in our Ohio gardens to cut still more side heads of broccoli to blanch and freeze.

Just this past weekend, some 40 miles SE of Kansas City, in someone else's garden, I was privileged to pick peaches, plums, blueberries and blackberries and to help water tomato plants and tree saplings. My English sister-in-law spoke often of working in her garden, consisting of the ornamental plants around her Illinois home.

The idea of gardens goes a long way back in human history. Consider the biblical Garden of Eden, a fundamental narrative in Abrahamic religions, that that is placed at the very beginning of the history of the Jewish people. The garden's location, if it really existed, is somewhat in doubt. Two of the four rivers said to nourish this garden are listed as the Tigris and the Euphrates, which

#### GARDEN, continued

would place the garden in Mesopotamia, in the present-day Middle East. Events in this garden played a major role in establishing the sense of sin and guilt perpetuated since that time on the followers of the Jewish God, and later, on the disciples of both Jesus and Mohammed. While talking with a friend about this article, she remarked that, "you, The program also helped offset the know, maybe Adam and Eve just wanted more freedom, were tired of being penned up in the garden, however much it had to offer them." "Or maybe they felt something was being hidden from them and they wanted to know what it was, wanted to know more." Humans are like that.

The Hanging Gardens of Babylon was one of the seven Wonders of the Ancient World. Described as a fabulous feat of engineering, this garden was said to consist of a series of tiered gardens containing a wide variety of trees, shrubs, and vines. It was said to resemble a large green mountain made of mud bricks. Legend places it in the ancient city of Babylon in Irag. The word "hanging" in ancient Greek had the broader meaning of "overhanging," as trees do. This garden, if it existed at all, probably was built between 605-562 BCE. But no ruins have ever been found in or near Babylon. Three to growing time-proven types of food, hypotheses exist: The garden were entirely mythical; that they existed but were totally destroyed at some point; or that they existed but in a different place. For instance, the well-documented garden that the Assyrian King Sennacheri (704-681 BCE) built in his capital city of Ninevah on the River Tigris in Iraq. I have not read deeply into this topic, so don't know if certain religious or philosophical issues are associated with these gardens.

Personal gardens were mainstays for pioneers and have been so for many families, both rural and urban, through the centuries. A special time for family

gardens was the Victory Garden Project that occurred during WWII. The slogan of this program was "grow your own, can your own." This stimulus to make home gardens served to free up a significant portion of agricultural production, packing, and transport resources for the war effort. shortage of agricultural workers caused by the induction of hundreds of thousands of workers into the Armed Forces.

Many Victory gardeners improved their health through increased physical activity, and their families enjoyed better nutrition. Also, many youths who otherwise would not have been exposed to the benefits of home gardens perhaps picked up a healthful activity to carry forward into their own adulthoods. Historians estimate that by 1944, some 20-million victory gardens were planted which produced about eight million tons of food!

The idea of the victory garden is still with us, but often motivated by a slightly different rationale. Some gardeners, in addition to producing wholesome food, strive to achieve a healthy ecosystem. Some, in addition experiment with more droughtresistant plant varieties and/or include plantings to promote wildlife.

The Victory Garden Project surely gave many youth a chance to do something they probably would not have done: dig in the soil and discover an entirely different world that lies just beneath their feet.

Some armchair philosophers remark that fishing and hiking are the poor man's psychiatry. Perhaps gardening deserves to be on that list.



# **Became a Mule Whacker and Drove On**

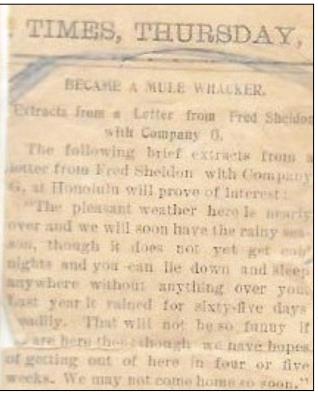
#### Tales from my Grandfather

#### by Noel Stanton

My grandfather Fred Sheldon drove things for a living. At age 17, he was already driving a horse trolley through the streets of Oneonta, a small city in upstate New York. When the U.S. armored cruiser Maine mysteriously sank in Havana harbor

in February 1898, he was 23 years old and working for an Oneonta livery stable, driving every wheeled vehicle they had, including a hearse.

It was a time of great patriotic fervor, and war with Spain was declared two months later. Fred was a man of few words but strong feelings. He abruptly enlisted a few weeks after the Maine sinking, despite being married and father of an infant son (saving only "Grace, I just signed up" according to family legend). Instead of being posted to Cuba to fight the Spaniards, Fred was sent to Hawaii with Company G of the 1st New York Volunteer



Part of the newspaper clipping from 1898.

Infantry to protect U.S. interests in the islands.

A letter he wrote was published in an area newspaper, and a clipping was passed down through the family for half a century. I included it in an eighth-grade genealogy project along with ancestor photos and information from interviews with elderly relatives. My mother zipped this project into a plastic pillowcase, and it sat in various basements for another 70 years before I finally scanned it into a computer file to pass on to my sons. The clipping is still legible after 127 years.

Hawaii was not exactly an island paradise for the troops. Fred wrote:

"Some people back in the states told us that this was such a nice place and so healthful. If they could dispatcher's office. My mother was born there in see the men now they would not know half of them. 1910. There are 115 men in the regiment in the

hospital and as many more sick in quarters. The boys have lost 10 or 20 pounds each since coming here. Take 20 pounds off a man, and he will show it more than you think. There is a man with me who lost seven pounds in a week, while I am as good as

the best."

The army put Fred's civilian driving experience to good use, but its wagons were pulled by mules instead of horses. Fred was in for a learning experience:

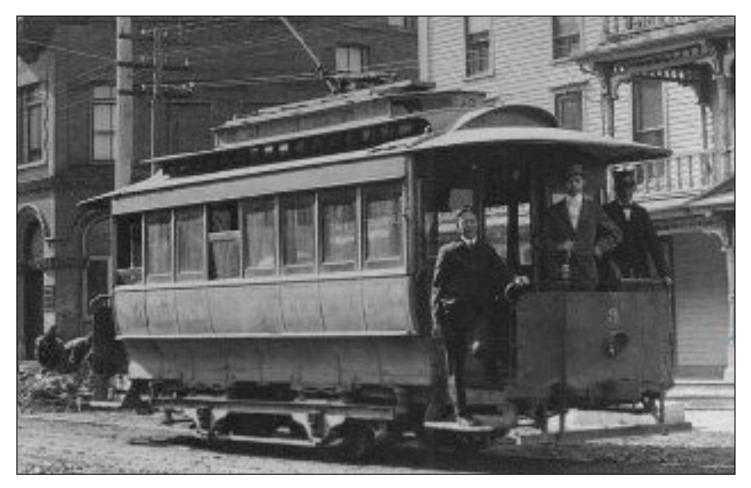
"I am the company teamster and have become quite proficient as a mule whacker. They want me to take a four-in-hand, but two of the contrary animals is all I care to drive. When you want them to go anywhere you must guide them in the opposite direction and then you will reach your destination all right."

By early 1899 the short war with Spain was over. Hawaii had been annexed by the U.S., and the men of Company G returned to

civilian life. Fred moved on from mules to electric trolleys, working for the Oneonta & Otego Valley Railroad, one of dozens of interurban trolley lines that sprang up all over the Northeast and Midwest during the early 20<sup>th</sup> century. The O&OV initially served seven small towns between Oneonta and Cooperstown (of Baseball Museum and James Fenimore Cooper fame) and soon reached 19 stops along a 46-mile route north to Mohawk.

Fred started out laying track, then moved up to motorman and eventually to dispatcher. During this time, he and Grace lived in Hartwick, a small town along the Oneonta-Cooperstown route where the O&OV had a power plant, a car barn, and a

See MULE, next page



#### An O&OV trolley in Cooperstown around 1910.

#### MULE, continued

In 1920, Fred left the trolley line and moved his family to northern New Jersey, where his son was struggling to establish a bus service. But the era of buses had not quite arrived, and the venture failed, done in (as family lore goes) by powerful trolley interests.

Fred found a job driving a Gulf fuel truck and was fortunate to keep it all through the Depression. In 1940, he and Grace retired back to Hartwick, where he raised prize gladioli and delicious red raspberries. His yearly berry crop was two or three bushels, most of which he gave away. He also worked part time for the town funeral director, driving a hearse.

#### **INDEPENDENCE**, from page 1

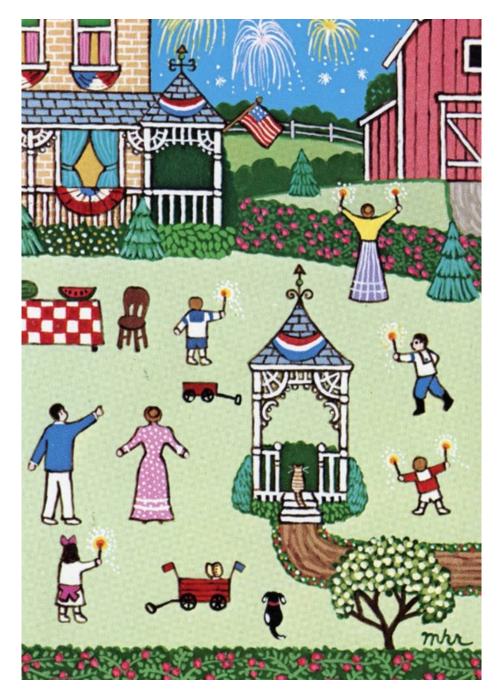
Darkness finally descended over our city, and once again, we hurried down the three flights of stairs. Not just kids this time, but our whole family. We gathered in the alley beyond the apartment courtyard along with several other families. Only Dad lit our firecrackers, although I'm sure my brothers wanted to try it. One I loved was a pinwheel which Dad stuck into Our parents talked to us every a telephone pole. When he lit the fuse, the entire thing whirled round and round, throwing sparks in every direction. Little firecrackers on the ground did nothing but make popping noises, but the Roman candles gave us the real show: big noise and showers of colorful sparks, which delighted us. And finally, Dad lit sparklers

we held. I loved whirling them round and round, watching the designs the sparks made. All too soon, they burned down to the end, and we rushed to get another until the boxes were emptied.

We knew why we decorated our bikes, why people went on picnics, and why we had fireworks on the Fourth of July. year about what it meant to have independence and how a war several years before was fought and won to ensure that we lived with freedoms like few other nations. We grew up knowing there was a serious side to the holiday. Even so, it was a special day we looked forward to every summer.

# Art Engagement from the Beach Museum of Art

The art element of shape is a versatile tool for the artist. At its most basic, shape is used to relay objects, like a triangular tree. Shapes with repetition are used to create pattern and rhythm. Repeating shapes throughout an artwork is a way to move the viewer around the composition because the eye begins to seek out the duplicated shape. The result is the repeating shape produces a cohesive composition. Do you notice this artist using shapes repetitively to unify the design? If yes, what shapes do you observe and where are they repeated? Challenge yourself to find four shapes.



Kansas Artists' Postcard Series IX Melinda Ryberg (United States, born 1939) Publisher Association of Community Arts Councils of Kansas *That Great Celebration*, 1986 Photomechanical reproduction on paper KSU, Marianna Kistler Beach Museum of Art, CM8m.2023 Page 8

# Weekly Opportunities Calendar July 6 to July 12

Sunday • July 6 Put your trash at the curb! 8:45 a.m. ~ Transport to College Ave UMC, VE 10:00 a.m. ~ Transport to College Ave UMC, VE 10:00 a.m. ~ Worship Service, CR 10:30 a.m. ~ Transportation to FUMC, VE 11:00 a.m. ~ Worship Service, CR

#### Monday • July 7 8:30 a.m. ~ IL Resident Council, BR 9:30 a.m. ~ Town Meeting, EC 9:30 a.m. ~ Seated Strength, CR/1960 9:30 a.m. ~ Memory Care Partners Group, STM 10:00 a.m. ~ Art Committee, BR 10:30 a.m. ~ Weights 101, CR/1960 11:00 a.m. ~ Rock Steady Boxing, BF 11:30 a.m. ~ Sit & Be Fit, CR/1960 1:00 p.m. ~ Parkinson's Exercise Class, CR/1960 1:30 p.m. ~ God Talk, KSU CL 2:00 p.m. ~ Tai Chi, EC/1960 5:30 p.m. ~ Tuttle Creek Dinner, MR 7:00 p.m. ~ Community Bingo, CR

#### Tuesday • July 8

10:00 a.m. ~ Memory Activities Class, EC 10:15 a.m. ~ Mat Yoga, KSU CL 10:30 a.m. ~ Steady Yourself, CR/1960 11:15 a.m. ~ Chair Yoga, CR/1960 12:00 p.m. ~ 4th Floor Luncheon, MR 1 to 3 p.m. ~ Associated Audiologists, PR (by appointment only) 2:00 p.m. ~ 10-Point Pitch Group, GR 2:00 p.m. ~ 10-Point Pitch Group, GR 2:00 p.m. ~ Social Circles, PS 2:00 p.m. ~ Water Media Painting, KSU CL 2:30 p.m. ~ Card Making with Michelle, FHR 3:00 p.m. ~ Coffee Corner, EC 3:30 p.m. ~ Rhythm, Poetry, & Story, CR 6:30 p.m. ~ Summer Vespers, CY

#### Wednesday • July 9

9:30 a.m. ~ Seated Strength, CR/1960
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Memory Care Partners Group, FHR
10:00 a.m. ~ Memory Café, KSU CL
10:30 a.m. ~ Weights 101, CR/1960
11:30 a.m. ~ Sit & Be Fit, CR/1960
11:30 a.m. ~ Lutheran Luncheon, BR
11:30 a.m. ~ North Monarch Luncheon, MR
1:30 p.m. ~ Speedy PD ARTFul Making, KSU CL

Wednesday • July 9, continued 2:00 p.m. ~ Tai Chi, EC/1960 3:00 p.m. ~ Rock Steady Boxing, CR 3:00 p.m. ~ Sing-A-Long, FHR

#### Thursday • July 10

9:00 a.m. ~ Messenger Team, KSU CL 10:30 a.m. ~ Steady Yourself, CR/1960 11:15 a.m. ~ Chair Yoga, CR/1960 11:30 a.m. ~ Ladies Luncheon, EC 11:30 a.m. ~ Caring Conv. For People w/ PD, FHR 1:00 p.m. ~ Parkinson's Exercise Class, CR/1960 1:00 p.m. ~ PD Care Partners Group, FHR 2:00 p.m. ~ Water Media Painting, KSU CL 5:30 p.m. ~ Eastside Supper, BR

#### Friday • July 11

7:30 a.m. ~ Rock Steady Boxing, BF
9:30 a.m. ~ Seated Strength, CR/1960
10:30 a.m. ~ Weights 101, CR/1960
10:50 a.m. ~ Depart for Lunch at Fiesta to
Remember, VE
11 a.m. to 10 p.m. ~ Fiesta to Remember, Rockin
K's, 1880 Kimball Ave.
11:30 a.m. ~ Sit & Be Fit, CR/1960
2:30 p.m. ~ Fanny & Furby, KR
3:00 p.m. ~ Catholic Mass, CR
5:30 p.m. ~ Depart for Dinner at Fiesta to
Remember, VE
7:00 p.m. ~ Music with Michael Crawford, EC

#### Saturday • July 12

9:00 a.m. ~ Tai Chi, <mark>1960 only</mark> 9:30 a.m. ~ Band Bust Exercise Class, <mark>1960 only</mark>

#### **Room Abbreviations**

1960, TV Channel 1960 BF, Body First BR, Bison Room CR, Community Room CY, Courtyard EC, Event Center FHR, Flint Hills Room GC, Grosh Cinema KR, Kansas Room KSU CL, KSU Classroom MM, 120 Scenic Drive MR, Manhattan Room PR, Patriot Room PS, Prairie Star Restaurant STM, St. Thomas More Church VBL, Verna Belle's Lounge VE, Village Entrance WPL, Wamego Public Library

# RESTAURANT **SPECIALS**

Sunday, July 6	<b>Sunday Brunch</b> Brunch Menu available from 9 a.m. to 2 p.m.	<b>\$16</b> Dinner Pot Roast
Monday, July 7	<b>\$11</b> Lunch Shrimp Po' Boy Coleslaw	\$15 Dinner Maple-Roasted Pork Tenderloin Sweet Potato Mash Roasted Broccoli
Tuesday, July 8	<b>\$11</b> Lunch Cuban Sliders Macaroni Salad	<b>\$13</b> Dinner Stuffed Bell Pepper Cheesy Potatoes Glazed Carrots
Wednesday, July 9	<b>\$11</b> Lunch Indian Taco Refried Beans	<b>\$16</b> Dinner Chicken Florentine Vodka Pasta Peas & Onions
Thursday, July 10	<b>\$12</b> Lunch Meatball Sub Curly Fries	<b>\$14</b> Dinner Salisbury Steak Mashed Potatoes Green Beans
Friday, July 11	<b>\$11</b> Lunch Pasta Bar	<b>\$16</b> Dinner Baked Catish Cheese Grits Coleslaw
Saturday, July 12	<b>\$10</b> Lunch Chili Dogs Pub Chips Fried Pickle Spear	<b>\$24</b> Dinner 4 oz Filet & Garlic Shrimp Baked Potato Fresh Green Beans



### **GROSH CINEMA** SHOWTIMES MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.

SUNDAY **2:00 P.M. / 6:00 P.M.** 

### SUNDAY: July 6

### SNOW WHITE (2025) PG, 1 hr. 54 min. Drama, Musical, Live-Action Remake

Cast: Rachel Zegler, Andrew Burnap, & Gal Gadot

Disney's "Snow White" is a vibrant live-action musical reimagining on the full-length animated classic. Snow White journeys into magical woods to escape her stepmother, the Evil Queen, and meets the beloved seven dwarves who help her bring kindness to the land.

# MONDAY: July 7

### STOMP THE YARD (2007) PG-13, 1 hr. 55 min. Drama, Music

Cast: Columbus Short, Meagan Good, & Ne-Yo

When his brother is murdered, a street dancer moves to Georgia to work his way through college. He joins a fraternity's step dancing team for a competition. Will he also get an education and the girl?

### TUESDAY: July 8 *QUEEN BEES* (2021) PG-13, 1 hr. 40 min. *Comedy, Feel-Good, Romance*

Cast: Ellen Burstyn, Jane Curtin, & Loretta Devine

After reluctantly agreeing to move into a home for seniors, a woman encounters a clique of mean-spirited women and an amorous widower.

# WEDNESDAY: July 9

### **RESIDENT REQUEST**

**RESIDENT REQUEST** 

# 7 BRIDES FOR 7 BROTHERS (1954) PG, 1 hr. 42 min. Musical, Western, Romance

Cast: Jane Powell, Howard Keel, & Jeff Richards

When a backwoodsman in 1850s Oregon brings a wife home to his farm, his six brothers decide that they want to get married, too.

#### **THURSDAY:** July 10 *BRAVEHEART* (1995) R *for brutal medieval warfare*, 2 hr. 58 min. *Action, Epic, Drama* Cast: Mel Gibson, Sophie Marceau, & Patrick McGoohan

Scottish warrior William Wallace leads his countrymen in a rebellion to free his homeland from the tyranny of King Edward I of England.

# FRIDAY: July 11RESIDENT REQUEST*MY COUSIN VINNY* (1992) R for language, 2 hr. Drama, Comedy, Crime<br/>Cast: Joe Pesci, Marisa Tomei, & Ralph Macchio

Two New Yorkers accused of murder in rural Alabama while on their way back to college call in the help of one of their cousins, a loudmouth lawyer with no trial experience.

### SATURDAY: July 12 *THE DEVIL WEARS PRADA* (2006) PG-13, 1 hr. 51 min. *Drama, Comedy* Cast: Meryl Streep, Anne Hathaway, & Emily Blunt

A young woman becomes the assistant to a tyrannical editor-in-chief.



**Benefiting Meadowlark Memory Program** 

# Order Form for delivery on Friday, JULY 11

Would you like lunch, dinner, or both? Check the box for the corresponding meal(s) and <u>return form to the</u> <u>Hospitality Desk by noon, Wednesday, July 9</u>. Total at bottom will be added to your monthly statement.

LUNCH (Price includes sales tax.)	Quantity
Taco Meal, \$10         Includes two meat tacos topped with lettuce, short served with tortilla chips and side of salsa         Please check only one meat option per meal.         Meal 1 : Chicken Beef         Meal 2 : Chicken Beef	nredded cheese & tomato;
Fiesta-Rita, 12-oz. container, <b>\$6</b> Blanco tequila, house-made margarita mix with fresh lime juice	Lunch Sub-Total \$
DINNER (Price includes dessert a	nd sales tax.) Quantity
Fajita Bowl, \$13         Choice of chicken OR steak on a bed of spring regreen and red peppers, and sour cream. Desset         Please check one meat option per meal         Meal 1 : Chicken Steak         Meal 2 : Chicken Steak	• • •
Fiesta-Rita, 12-oz. container, \$6 Blanco tequila, house-made margarita mix with fresh lime juice	Dinner Sub-Total \$
Meadowlark Memory Program D Since 2016, Meadowlark Memory Program has provide free education, engagement opportunities, and support services for persons in the Flint Hills region affected by cognitive changes.	
Name	Address

Please print.