



Pollinatrix (v.2), framed oil on canvas by Aaron Morgan Brown, an SNW featured artist



A Splendid Day of Sky, framed acrylic on canvas by James Borger, an SNW featured artist

Time to Dress Up!

by Becky Fitzgerald, Development Director

Are your home or office walls a bit ... well, naked? Perhaps you'd like to replace a mass-produced piece with an original.

SNW Gallery in the HEART of downtown Manhattan is ready to help turn voids into vivid views that speak to you, and in the process, support the efforts of **Meadowlark Memory Program**. Plan now to attend *Art Mingle: Hidden Gems* on Friday, March 7, at SNW Gallery and Union Hall, 328 Poyntz Ave. A portion of gallery sales that evening benefit the memory program, which offers FREE activities and support for those living with memory challenges and their care partners.

Before you go, follow these tips for a rewarding experience. **Define your style!** Are you drawn to bright colors or muted tones? Do you prefer abstract or realistic art? Stop by SNW for inspiration, or view the entire inventory at SNWGallery.com.

Consider the space. Is the room small or large?

What is the lighting like? Is there a specific color scheme you want to complement or contrast? Take measurements and photos of the space to bring with you to Art Mingle.

Buy with your heart. If you love it, it's likely a good fit.

Doors open for the 2025 Art Mingle event at 6 p.m. Enjoy appetizers served by the Prairie Star Restaurant team, libations, and lively music, while you greet friends amid the colorful and varied artwork at SNW Gallery and the lower (street) level of Union Hall. In a nod to this year's theme, purchase a glass of champagne for a chance to win a gem of a prize: a three-piece amethyst jewelry set. The winner will have sparkling purple accessories to wear while cheering on our K-State men's and women's basketball teams in post-season play. Go Cats!

At 7 p.m., it's biddin' time! Party-goers are invited to take the stairs or the elevator to Union Hall's second floor for more -- more food, more music provided by

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What's Happenin' at the MAC?

Manhattan Arts Center (MAC) has opportunities for art classes, workshops, and theater! Upcoming classes and workshops include art Classes, acting and improv classes, storytelling, and dance.

Enjoy the musical "The 25th Annual Putnam County Spelling Bee." Showings are set for April 25 to 27 and May 2 to 4.

K-State Masters of Fine Arts Student's annual exhibition is featured in the Kirmser Gallery at Manhattan Arts Center. The Gallery is free and open to the public Tuesdays through Fridays from 12 to 5:30 p.m.

For more information about shows or classes, and to purchase tickets, call (785) 537-4420 or visit www.manhattanarts.org.

Prairie Star Restaurant, closing early

Prairie Star Restaurant will close at 7 p.m. on Friday, Feb. 28.

Fanny & Furby, schedule update

Fanny and Furby will be visiting at their regular time on Friday, Feb. 28, from 2:30 to 3 p.m., in the Kansas Room for their doggie visit. They will not visit on Friday, March 7.

Monthly Communion, starting March 21

The overwhelming majority of Sunday Service attendees favor having an ecumenical opportunity to receive communion on a regular basis incorporated into our existing worship. Starting Sunday, March 21, Holy Communion will be offered at the conclusion of each worship service on the fourth Sunday of the month. This is open to all, but individuals who receive elsewhere or prefer not to partake are still encouraged to worship with us. The elements will be bread and grape juice and served via intinction.

Lenten Lecture Series

During the season of Lent, Melanie invites you to the Lenten Lectures at 1:30 p.m. on Wednesdays from March 5 through April 9, in the Event Center. Whether you have a long-standing faith or no faith, this series will inspire and challenge us to think about the hills and valleys of life and how we can journey through them together.

Eash session, except for Ash Wednesday, will be

followed by a question-and-answer opportunity as well as table discussion groups.

March 5: Ash Wednesday, Rev. Melanie Nord, Spiritual Life Leader, will speak on the topic: Finding Faith in the Valley. This will be followed by administering ashes for those who wish to partake. Ashes will also be brought to households on this day.

March 12: Lonnie Baker, Chief Executive Officer, Motivating People Through the Valley.

March 19: Annie Peace, Health Services Director, Caring for Others in the Valley.

March 26: Kendra Kuhlman, Executive Director of the Manhattan Arts Center, Creativity in the Valley.

April 2: Richard Linton, President of Kansas State University, Leading People in the Valley.

April 9: Ned Seaton, Editor-in-Chief of the Manhattan Mercury, Sharing News in the Valley.

College Ave. UMC Luncheon

Thursday, Feb. 27, at 12 p.m.

College Avenue United Methodist Church friends will join in fellowship and lunch with Rev. John Collins at 12 p.m. today, Feb. 27, in the Bison Room. All are welcome.

Ice Cream Social

Friday, Feb. 28, at 3 p.m.

I scream, you scream, we all scream for ICE CREAM! The monthly ice cream social is set for 3 p.m. Friday, Feb. 28, in the Kansas Room. Enjoy a scoop (or two!) and fellowship with friends. This opportunity is offered every fourth Friday.

Shady Nook String Band, postponed

The Shady Nook String Band performance scheduled for Friday, Feb. 28, has been postponed due to illness.

Little Apple Pilot Club: Annual Seminar

Saturday, March 1, at 8:30 a.m.

The Little Apple Pilot Club of Manhattan offers an educational seminar on an annual basis. Proceeds from this seminar will fund local service projects and various educational projects, some of which pertain to brain disorders. The 41st annual seminar is scheduled for 8:30 to 11:30 a.m. Saturday, March 1, at Manhattan Country Club. The cost to attend is \$40 per person and includes

EVENTS & OPPORTUNITIES

coffee, tea, and brunch. Tickets may be purchased from Little Apple Pilot Club members.

The program will focus on memory and aging. Speakers include Michelle Haub, Special Programs Leader at Meadowlark, and Dr. Melissa Rosso.

Worship Services

Sunday, March 2, at 10 a.m. and 11 a.m.

Join Rev. Melanie Nord, Spiritual Life Leader, for worship at 10 a.m. or 11 a.m. on Sunday, March 2, in the Community Room/Chapel. This week, Melanie will explore the Book of Mark.

Prairie Star Writing Group

Tuesday, March 4, at 1 p.m.

Interested in joining the writing group at Meadowlark? The writers group meets on the first and third Tuesdays. The next meeting is set for 1 p.m. Tuesday, March 4, in the Patriot Room.

The March 4 session is titled, "What Brings Us Joy?" Sometimes it is a warbler singing outside our window. Perhaps it is a call from a friend, the fragrance of lilacs, a memory rising from a song. Those magic instances when all the world seems to sparkle, reflecting the happiness inside us. Prairie Star Writers is led by Cathy Hedge.

UFM: A Tour of the World's Religions

Tuesday, March 4, at 1 p.m.

Join on Tuesday, March 4, at 1 p.m., in the Community Room for our final journey exploring the diverse spiritual traditions that shape human culture. In this engaging one-hour class, we'll travel through the beliefs, practices, and stories of the world's major religions.

Meadowlark Men's Social Supper

Wednesday, March 5, at 5:30 p.m.

Prairie Star Restaurant invites Meadowlark's men to attend a social supper at 5:30 p.m. Wednesday, March 5. Dinner can be purchased from the Prairie Star menu, or enjoy to the daily special. Registration is not required, but please check in at the host stand when arriving. This opportunity will not feature a program.

Parkinson's Education Group

Tuesday, March 4, at 1 p.m.

You're invited to the March meeting for the Parkinson's Education Group from 2 to 3:30 p.m. in Meadowlark's Community Room. This month's

program is presented by Daniel Rouland, DNP, APRN, and is titled, "You Have Parkinson's: Now What?"

Maybe you are asking the question, "Do I have PD?" Or you have already been there and heard those dreaded, or maybe confirming words, "You have PD." Then the same question arises, "Now what?" Although that part of your journey may be similar to others, each person's "what's next" is different.

Join Daniel from Stormont Vail Neurology, learn how to move forward after the diagnosis to educate yourself and use resources to Live Your Best Life with PD. Daniel will also conduct a question-and-answer session. Questions? Contact Michelle or Katie at (785) 323-3899.

Dementia Friendly Manhattan Training

Tuesday, March 11, at 1 p.m.

Dementia Friendly Manhattan is an initiative launched by the Flint Hills Wellness Coalition in 2021. The mission of Dementia Friendly Manhattan is to make Manhattan, Kan., a more inclusive, supportive, and engaging community for people with dementia and their care partners. To achieve this mission, a training was developed for Manhattan businesses and organizations. Meadowlark Special Programs will be offering this training at Meadowlark on Tuesday, March 11, from 1 to 2 p.m., in the Bison Room. Meadowlark staff and residents are encouraged to attend to learn more about dementia and how we can all better support our friends and neighbors.

"Spiritual Cinema" Group Discussion

Thursday, March 13, at 10 a.m.

Join Melanie as we discuss the inspiring film, *Encanto!* In this movie, the Madrigal family lives in the mountains of Colombia, in a magical house called an "Encanto." The magic of the Encanto has blessed every child in the family with a unique gift—every child except one, Mirabel. This movie will inspire us to think about spiritual gifts. Some of us know and use our gifts, and others may feel like Mirabel, a soul still searching for our unique gift. You can view this film Wednesday, March 12, in Grosh Cinema at 1, 4, or 7 p.m., or on your own

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via Disney+. Watching the movie is helpful, but not required. The Spiritual Cinema Group meets on the second Thursday of each month.

Ladies Luncheon

Thursday, March 13, at 11:30 a.m.

The next Ladies Luncheon will be Thursday, March 13, at 11:30 a.m. in the Event Center. Our speaker will be school board member Katie Allen, who will update us on Manhattan's public school system, will present the pros and cons of the timely topic of school vouchers, and can allow time for questions.

The lunch menu is spinach quiche, glazed carrots, and ice cream for \$10 per person. Please sign up in the Blue Book at the Hospitality Desk if you plan to attend.

Passport members and men are encouraged to attend. If you have any school memory items (yearbook, baton, class pictures, etc.) that made the move to Meadowlark, please bring them to share. Come with your questions and concerns.

Dinner & Readers Theatre

Friday, March 28, at 5:30 p.m.

Save the date! Members of the Columbia Theatre will proudly present *Tempest* at 5:30 p.m. Friday, March 28, in the Event Center. The entertainment will be performed in readers-theatre style. The cost to attend the three-course meal and show is \$32 per person.

Reservations for the meal are required and can be made at the Prairie Star Host Stand or by calling (785) 323-3821. If you would like to attend the performance only, please arrive at 6 p.m. for theatre-style seating in the back of the room. All are welcome to attend the performance at no charge.

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Bell Family Trio, more fun, and many more seats. We'll discover the winner of the amethyst set, and you're sure to be tempted by several live and silent auctions items, including a five-night, all-inclusive stay in Mexico; a framed, autographed photo of three of your favorite Kansas City Chiefs players and Coach Andy Reid, experiences, hand-crafted pieces, and much more.

Tickets to Mingle are now available at \$75 each. Elevate your experience for an additional \$10 to guarantee a reserved seat beginning at 7 p.m. *Note: A limited number of seats are available.*

Transportation to and from the event will be provided at no cost for Meadowlark residents and their guests. The bus will depart from the Village Entrance at 5:45 p.m. Please sign up in the Blue Book if you plan to utilize this service.

Cocktail or business casual attire is suggested. Purchase tickets by contacting a Hospitality team member at (785) 323-3847, or purchase online at www.meadowlark.org. Residents may add the ticket fee(s) to their monthly statements.

If you aren't able to attend Art Mingle but would like to enhance your living or working space as well as support a local non-profit, call or visit SNW Gallery prior to the event and mention "Art Mingle." The gallery team looks forward to assisting you!



March Birthdays



Skilled Nursing

3/10 Darlene Reeves
3/12 Patricia Storms
3/16 Carolyn Anderson
3/22 Mary Givens
3/24 Andrew Ziegler

Assisted Living

3/17 Sally Lansdowne
3/25 Ruth Friedmann

Independent Living

3/1 Jean Beatty
3/1 Vera Williams
3/4 Janet Walters
3/4 Clay Warren
3/5 Bill Carson
3/6 Vicky Auman
3/10 Beth Pannbacker
3/12 Sherry Reed

3/15 Charles Pauley
3/16 Howard Erickson
3/22 Sue Bayer
3/24 Peter Cloutier
3/26 Eugene Klinger
3/27 Diane Ingels
3/28 Jan Vanderbilt

Bold denotes milestone birthdays!

Art Engagement *from the* Beach Museum of Art

What is going on? Take a long moment to look closely at this image. Then ask yourself, what is going on in this picture? Any thoughts you have about this image are worth mentioning. Ask yourself, what do you see that gives you these ideas? *For artist information, see ARTIST on page 9.*



Notes

RESTAURANT **SPECIALS**

| | | |
|--------------------------------------|--|---|
| <p>Sunday, March 2</p> | <p>Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.</p> | <p>Dinner Mardi Gras Menu <i>Printed copies available in restaurant.</i></p> |
| <p>Monday, March 3</p> | <p>\$9 Lunch Ham & Beans Cornbread</p> | <p>Dinner Mardi Gras Menu <i>Printed copies available in restaurant.</i></p> |
| <p>Tuesday, March 4</p> | <p>\$11 Lunch Cuban Sliders Macaroni Salad</p> | <p>Dinner Mardi Gras Menu <i>Printed copies available in restaurant.</i></p> |
| <p>Wednesday, March 5</p> | <p>\$11 Lunch Indian Taco Refried Beans</p> | <p>\$15 Dinner Creamy Garlic Chicken <i>served over Ravioli</i> Caesar Salad</p> |
| <p>Thursday, March 6</p> | <p>\$12 Lunch Meatball Sub Coleslaw</p> | <p>\$14 Dinner Salisbury Steak Mashed Potatoes Green Beans</p> |
| <p>Friday, March 7</p> | <p>\$11 Lunch Pasta Bar</p> | <p>\$15 Dinner Fish & Chips Coleslaw</p> |
| <p>Saturday, March 8</p> | <p>\$10 Lunch Chili Dogs Pub Chips Fried Pickle Spear</p> | <p>\$24 Dinner 4 oz Filet & Garlic Shrimp Baked Potato Fresh Green Beans</p> |

Weekly Opportunities Calendar March 2 to March 8

Sunday • March 2 *Put your trash at the curb!*

8:45 a.m. ~ Transport to College Ave UMC, VE
 10:00 a.m. ~ Transport to College Ave UMC, VE
 10:00 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE
 11:00 a.m. ~ Worship Service, CR

Monday • March 3 *Trash & Recycle pick-up*

8:30 a.m. ~ IL Resident Council, BR
 9:30 a.m. ~ Town Meeting, EC
 9:30 a.m. ~ Seated Strength, CR/1960
 9:30 a.m. ~ Memory Care Partner Support Group,
[St. Thomas More Catholic Church](#)
 10:30 a.m. ~ Weights 101, CR/1960
 11:00 a.m. ~ Rock Steady Boxing, BF
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 1:00 p.m. ~ Parkinson's Exercise Class, CR/1960
 1:30 p.m. ~ God Talk, KSU CL
 1:45 p.m. ~ Parkinson's Voice Class, CR
 2:00 p.m. ~ Tai Chi, EC/1960
 2:00 p.m. ~ Change and Loss Support Group, FHR
 5:30 p.m. ~ Tuttle Creek Dinner, BR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • March 4

10:00 a.m. ~ Memory Activities Class, EC
 10:15 a.m. ~ Mat Yoga, FHR
 10:30 a.m. ~ Steady Yourself, CR/1960
 11:15 a.m. ~ Seated Stretch & Stability, CR/1960
 12:00 p.m. ~ Kimball Luncheon, BR
 1:00 p.m. ~ UFM: Tour of World's Religions, CR
 1:00 p.m. ~ Prairie Star Writing Group, PR
 2:00 p.m. ~ 10-Point Pitch Group, KR
 2:00 p.m. ~ Social Circles, PS
 3:00 p.m. ~ Coffee Corner, EC
 3:30 p.m. ~ Ambassador's Meeting, BR

Wednesday • March 5

9:30 a.m. ~ Seated Strength, CR/1960
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Mem. Care Partner Supp. Grp, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR/1960
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 11:30 a.m. ~ North Monarch Luncheon, MR
 1:30 p.m. ~ Lenten Lecture Series, EC
 2:00 p.m. ~ Tai Chi, CR/1960

Wednesday • March 5 (continued)

3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-A-Long, FHR
 5:30 p.m. ~ Meadowlark Men's Social Supper, MR

Thursday • March 6

9:00 a.m. ~ Messenger Team, KSU CL
 10:15 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/1960
 11:15 a.m. ~ Seated Stretch & Stability, CR/1960
 1:00 p.m. ~ Parkinson's Exercise Class, CR/1960
 1:00 p.m. ~ Parkinson's Education Group, CR
 4:15 p.m. ~ Meadowlark Singers Practice, CR
 5:30 p.m. ~ Meadowlark Circle Dinner, MR
 6:00 p.m. ~ Dinner with The League, EC

Friday • March 7

7:30 a.m. ~ Rock Steady Boxing, BF
 9:30 a.m. ~ Seated Strength, CR/1960
 10:30 a.m. ~ Weights 101, CR/1960
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 5:45 p.m. ~ Transportation to Art Mingle, VE
 6:00 p.m. ~ Art Mingle, [SNW & Union Hall](#)

Saturday • March 8

9:00 a.m. ~ Tai Chi, 1960 only
 9:30 a.m. ~ Band Bust Exercise Class, 1960 only

Room Abbreviations

| | |
|-----------------------|-----------------------------|
| 1960, TV Channel 1960 | KSU CL, KSU Classroom |
| BF, Body First | MM, 120 Scenic Drive |
| BR, Bison Room | MR, Manhattan Room |
| CR, Community Room | PR, Patriot Room |
| CY, Courtyard | PS, Prairie Star Restaurant |
| EC, Event Center | MSC, Manhattan Sr. Center |
| FHR, Flint Hills Room | VBL, Verna Belle's Lounge |
| GC, Grosh Cinema | VE, Village Entrance |
| KR, Kansas Room | WPL, Wamego Public Library |

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Francis Coates Jones (United States, 1857 - 1932)
The Vase, 1932
 Oil on canvas
 KSU, Marianna Kistler Beach Museum of Art, gift of
 The Henry Ward Ranger Fund, National Academy of
 Design, 1933.1



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: March 2

DOLCE VILLA (2025) TV-PG, 1 hr. 39 min. *Charming, Feel-Good, Heartfelt*

Cast: Scott Foley, Violante Placido, & Maia Reficco

When his daughter decides to buy a crumbling Tuscan villa, Eric rushes to Italy to talk her out of it. He instead finds beauty, romance and new purpose.

MONDAY: March 3

GOD TALK REQUEST

BONHOEFFER: AGENT OF GRACE (2000) NR, 1 hr. 28 min. *History, True Crime*

Cast: Ulrich Tukur, Johanna Klante, & Robert Joy

The story of Dietrich Bonhoeffer, a German clergyman of great distinction, who actively opposed Hitler and the Nazis. His convictions cost him his life.

TUESDAY: March 4

CHOCOLAT (2000) PG-13, 2 hr. 1 min. *Romance, Comedy*

Cast: Juliette Binoche, Johnny Depp, & Judi Dench

Single mother Vianne Rocher and her young daughter arrive in a rural French town in the winter of 1959, and open an unusual chocolate shop that disrupts the moral fiber of the strictly Catholic townsfolk and mayor.

WEDNESDAY: March 5

IRISH WISH (2024) TV-PG, 1 hr. 33 min. *Romantic Comedy, Charming*

Cast: Lindsay Lohan, Ed Speleers, & Alexander Vlahos

Maddie's dream guy is days away from marrying her best friend when a wish for true love made on an ancient stone in Ireland magically alters her fate.

THURSDAY: March 6

THE SUM OF ALL FEARS (2002) PG-13, 2 hr. 3 min. *Suspenseful*

Cast: Ben Affleck, Morgan Freeman, & Bridget Moynahan

CIA analyst Jack Ryan gets pulled into the crosshairs when he uncovers a nefarious scheme to incite nuclear conflict between the U.S. and Russia.

FRIDAY: March 7

THAT THING YOU DO (1996) PG, 1 hr. 48 min. *Drama, Comedy*

Cast: Tom Hanks, Tom Everett Scott, & Liv Tyler

A band scores a hit in 1964 and enjoys stardom for as long as they can.

SATURDAY: March 8

MISS CONGENIALITY (2000) PG-13, 1 hr. 50 min. *Romantic, Comedy*

Cast: Sandra Bullock, Michael Caine, & Benjamin Bratt

Uncouth and unfashionable FBI agent Gracie Hart goes undercover as a contestant in the Miss Unites States beauty pageant to thwart a terrorist threat.