

The 2024 Travelers trip features a two-night stay at Gaylord Texan Resort, standing on the shores of Lake Grapevine.

Happy Holiday Getaway

December adventure features attractions in Oklahoma City and Grapevine, Texas

**by Becky Fitzgerald,
Development Director**
Holiday LIGHTS! Bring your CAMERAS! A variety of ACTION awaits when the Meadowlark Travelers ride south on I-35 to visit Oklahoma City and the Christmas Capital of Texas – Grapevine -- in early December. A four-day/three-night tour planned for Thursday, Dec. 5, through Sunday, Dec. 8, has been designed to add to our holiday spirit by enticing our five senses. There will be twinkling lights and holiday exhibits to see, live performances to hear, food and wine to smell and taste, and artisan-made items to touch ... and buy!



ICE!, featuring Rudolph the Red-Nosed Reindeer™, is an immersive, story-driven showplace at Gaylord Texan, boasting larger-than-life ice sculptures, thrilling frozen slides, and awe-inspiring tunnels.

The Meadowlark Travelers program has a history of offering a jolly good time packaged with variety at a leisurely pace, and this winter wander was designed

similarly. Meadowlark residents, Passport members, and their friends and family are invited to register!

In addition to comfortable transportation aboard an Arrow Stage Lines coach, this joy ride includes:

~ 1 night at Embassy Suites, Norman, Okla.
~ 2 nights at Gaylord Texan Resort

Offers 4.5 acres of indoor gardens, multiple restaurants, indoor lap pool, and an on-site spa.

~ Red Earth TreeFest and National Cowboy & Western Heritage Museum, Oklahoma City

See HOLIDAY, page 5

EVENTS & OPPORTUNITIES

Kimball Avenue to Reopen, Aug. 26

Starting Monday, Aug. 26, Kimball Ave. will reopen to east-west traffic at its intersection with Denison Ave. There should be no further closures on Kimball.

Denison Avenue will remain closed south of Kimball Avenue through the summer of 2025. It is currently closed from Kimball to the NBAF entrance, but this closure will begin to move south along Denison as work proceeds away from the intersection.

Traffic south of this closure will need to continue to use the detour from Claflin Road to College Avenue to access Kimball Avenue to the west of the Denison intersection. Please drive safely in this area, follow signage, and look out for construction workers!

Meadowlark's Kimball Ave. exit will remain a right-out only turn.

Mat Yoga, canceled

Mat Yoga is canceled for Wednesday, Aug. 29.

Manhattan Arts Center Opportunities

Come to Manhattan Arts Center!

"Outta Pocket" is a juried ceramic exhibit, open until Aug. 23, at the gallery in the MAC. You've never seen anything like this before! Vote for your favorite exhibit. Winners will be announced at the Artist Exhibit on Aug. 23, 5 to 7 p.m. Join us!

Join us for Arthur Miller's "All My Sons," a stage reading directed by Dwight Tolar. This powerful post-war drama explores themes of family, morality, and social responsibility. Tickets are on sale now at www.manhattanarts.org or call (785) 537-4420.

Take a class or workshop! Fall art classes and workshops are available in clay, paint, drawing, improv theatre, African Dance, glass fusing, metal crafting, and printmaking. Try something new, or continue to develop a skill. All levels of interest and ability are welcome! Visit the online brochure at www.manhattanarts.org, stop by the MAC for a paper copy, or call us at (785) 537-4420.

Manhattan Arts Center office is open to the public Tuesdays through Fridays, 12 to 5:30 p.m. Our motto is "Arts For All!"

Ice Cream Social

Friday, Aug. 23, at 3 p.m.

I scream, you scream, we all scream for ICE CREAM! The monthly ice cream social is set for 3 p.m. Friday, Aug. 23, in Verna Belle's Lounge. Enjoy a scoop (or two!) and fellowship with friends. This opportunity is offered every fourth Friday.

Empowered LIVE!

Friday, Aug. 23, at 5 p.m.

Empowered LIVE!, takes place Friday, Aug. 23, at Holiday Inn at the Campus. Attendees can view a variety of art and craftsmanship created by people with Parkinson's from 5 to 6:30 p.m. During this time, guests may engage in conversation, visit with the VIPD artists, and a couple of pharmacy vendors. A sweet and savory dinner buffet is also available during this time with tickets for adults costing \$20 and children costing \$10. Angela Halpern, a speech-language pathologist, will then share her presentation titled *"Unleashing Potential: Empowerment through Communication and Movement for Parkinson's"* from 6:30 to 7:30 p.m.

Guests do not need to purchase a ticket for the buffet if they simply want to tour the artist and vendor booths and/or listen to Angela's presentation.

To purchase your ticket, contact Michelle or Katie at (785) 323-3899 or visit www.meadowlark.org. If space is not sold out prior to the event, tickets may be purchased at the door. If you would like to have transportation to and from Meadowlark, please sign up in the Blue Book at the Hospitality Desk.

Music with Dr. Sławomir Dobrzański

Friday, Aug. 23, at 7 p.m.

The Andy Bell Family Foundation Music Series presents Dr. Sławomir Dobrzański at 7 p.m. Friday, Aug. 23, in the Community Room. Praised by the Buenos Aires Herald as "one of the best Polish pianists," Sławomir Dobrzański currently serves as Professor of Piano at the School of Music, Theatre, and Dance at K-State.

Originally from Wrocław, Poland, he is a graduate of the Fryderyk Chopin University of Music in Warsaw, Poland, and the University of

EVENTS & OPPORTUNITIES

Connecticut. Dobrzański released several world-premiere recordings of piano music. He is also an author of the first biography of Maria Szymanowska in the English language. As a soloist and chamber musician, Dr. Dobrzański performed in more than 20 countries in Asia, Europe, North and South America. This is an event you don't want to miss!

Speedy PD Race for Parkinson's Disease

Saturday, Aug. 24, at 8 a.m.

Speedy PD Race for Parkinson's Disease is Saturday, Aug. 24, at Tuttle Creek State Park! The race offers a Half-Mile Memorial Walk/Run, 5K and 10K courses. The Half-Mile Memorial Walk/Run starts at 8 a.m., and the 5K/10K races start at 8:30 a.m. At 7:45 a.m. the VIPDs (Very Important People with Parkinson's Disease) sing the national anthem.

Register today for Speedy PD by visiting www.runspeedypd.org. If you are unable to participate in the race and party, but would still like to support Meadowlark Parkinson's Program, you can donate! Checks should be written to "Meadowlark Foundation" with "Speedy PD Donation" in the memo line. Leave the check with the Hospitality staff for Becky Fitzgerald, Development Director.

All donations received help Meadowlark Parkinson's Program continue to provide free support to those affected by Parkinson's (whether diagnosed or a care partner) at Meadowlark, in the greater Manhattan community, and neighboring counties.

If you have questions about Speedy PD or Meadowlark Parkinson's Program, please contact Michelle or Katie at (785) 323-3899 or email parkinson@meadowlark.org.

Quilt of Valor Ceremony

Saturday, Aug. 24, at 12:30 p.m.

Victor Straub, United States Air Force Veteran, will receive a Quilt of Valor on Saturday, August 24 at 12:30 p.m. in the Community Room. The ceremony is open to anyone who would like to attend. Fruit and cookies will be provided.

The Quilts of Valor Foundation began in 2003 when the founder, Catherine Roberts' son

Nat, was deployed in Iraq. According to Catherine: "The dream was as vivid as real life. I saw a young man sitting on the side of his bed in the middle of the night, hunched over. The permeating feeling was one of utter despair. I could see his war demons clustered around, dragging him down into an emotional gutter. Then, as if viewing a movie, I saw him in the next scene wrapped in a quilt. His whole demeanor changed from one of despair to one of hope and well-being. The quilt had made this dramatic change. The message of my dream was: Quilts = Healing."

Vic's sister-in-law, Linda Straub, of Wisconsin, volunteered for the Foundation to piece the top of the quilt. Then another volunteer did the quilting. Linda said that although she didn't know Vic when he was in the Air Force, she has known him for 45 years. She feels honored to have made a quilt for him to thank him for his service to our country. Linda noted that the idea to create the quilt was first thought of as she was reading through one of her favorite quilting magazines, "Love of Quilting". A quilt pattern jumped out to her as a one she wanted to make. She realized that with a few modifications, she needed to make a Quilt Of Valor



UPCOMING VISITS

2:30 TO 3:30 P.M.

★ **Fridays** ★

in the Flint Hills Room

FRIDAYS WITH FURBY

Furby is a loveable cockapoo who recently became a Meadowlark volunteer and is training to be a therapy dog. Come and spend time with her and her fur mama, Fanny, on Fridays, from 2:30 to 3:30 p.m.

You will be able to enjoy some fun conversation and doggie snuggles!



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for her brother-in-law, Vic, because she "wanted him to have the healing power of a quilt."

Worship Service

Sunday, Aug. 25, at 10:30 a.m.

Join Resident Services Leader Monte Spiller for worship at 10:30 a.m. Sunday, Aug. 25, in the Community Room/Chapel. Monte will be preaching from Philippians 3:1-11 with a sermon titled "Knowing Christ." All are welcome to attend.

ARTFul Memories

Tuesday, Aug. 27, at 10 a.m.

ARTFul Memories is a Meadowlark Memory Program collaboration with the Marianna Kistler Beach Museum of Art using Visual Thinking Strategies (VTS). Kim Richards, Education Assistant, will conduct a facilitated discussion of three different art images with joint participation by memory care receivers and caregivers. All are invited to attend.

Page Turners Book Club

Wednesday, Aug. 28, at 11:30 a.m.

The Page Turners Book Club will meet on Wednesday, Aug. 28, at 11:30 a.m. in the Patriot Room to continue our discussion of *The Joy Luck Club* by Amy Tan. Published in 1989, this fictional story follows four Chinese immigrant families living in San Francisco who start The Joy Luck Club, playing the Chinese game of mahjong for money while feasting on a variety of foods.

You do not need to attend every week to participate; come when you are able - whether you have finished the book, are just beginning, or are interested in trying something new! If you have any questions or need help obtaining a copy of the book, please contact Katie with Meadowlark Special Programs at ksigman@meadowlark.org or (785) 323-3899.

ARTFul Making

Wednesday, Aug. 28, at 1:30 p.m.

Did you know that participating in creative activities increases your brain's level of dopamine and creates new neural pathways? If you would like to feel better and flex your brain power at the same time, check out ARTFul Making! Meadowlark Special Programs partners with K-

State Marianna Kistler Beach Museum of Art for this experience-filled informal class. The fourth Wednesday of every month, Kim Richards, Education Specialist for the Beach Museum, facilitates unique art making opportunities in Meadowlark's KSU Classroom from 1:30 to 2:30 p.m. Participants can explore the new art making techniques each month or work with the watercolor materials that are always available. All materials are provided for you, simply come and engage in art and conversation. This month's ARTFul Making is scheduled for Wednesday, August 28, from 1:30 to 2:30 p.m. in the KSU Classroom. No registration required.

Diabetic Wellness Group

Wednesday, Aug. 28, at 1:30 p.m.

The Diabetic Wellness Group will meet at 1:30 p.m. Wednesday, Aug. 28, in the Flint Hills Room. All who are interested are invited to attend.

UFM Class: Appreciating Art

Wednesday, Aug. 28, at 7 p.m.

UFM Lifetime Learning presents *Appreciating Art: Form and Content*. This two-session course will begin Wednesday, Aug. 28, from 7 to 8 p.m. in the Community Room. The second session will meet Wednesday, Sept. 4.

This course will introduce the tools for understanding how great works of art are composed, including the formal elements of line, shape, and color. The class also will examine various kinds of content that great works can convey, like historical, biographical, expressive, and analytical. Glen R. Brown is a Professor of Art History. Elected to membership in the International Academy of Ceramics, Geneva, Switzerland, he has written extensively about contemporary and historical ceramics.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

College Avenue UMC Luncheon

Thursday, Aug. 29, at 12 p.m.

College Avenue United Methodist Church friends will join in fellowship and lunch with Rev. John

EVENTS & OPPORTUNITIES

Collins at 12 p.m. Thursday, Aug. 29, in the Bison Room. All are welcome.

KSU Football Watch Party

Saturday, Aug. 31, at 6 p.m.

Join us on Saturday, Aug. 31, in the Kansas Room (formerly known as the Game Room), and Prairie Star Restaurant Bar at 6 p.m. as our K-State Wildcats open the new season against UT Martin. Light refreshments will be served during the game. Go State!

Prairie Star Writer's Group

Tuesday, Sept 3, at 1 p.m.

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 1 p.m. Tuesday, Sept. 3, in the Patriot Room.

The Sept. 3 session is titled, "Truth and Dare. This really happened..." There is a kids' game wherein you tell two truths and a lie. The challenge to others is to identify which of the three statements is a lie. Some storytellers can

talk you into just about anything! But in reality, strange or wonderful things happen to us which few would believe are real. What is an amazing/frightening/outrageous/world-changing moment or experience you'd like to share? We "dare" you to share! Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

Pink Diva & The Jazz Masters

Friday, Sept. 6, at 7 p.m.

Get ready to hear singing with style at 7 p.m. Friday, Sept. 6, in the Event Center! Pink Diva and the Jazz Masters bring you a dazzling blend of classic jazz and modern flair. With our powerhouse lineup of keys, drums, bass, sax, and a captivating singer, we breathe new life into timeless tunes. From the soulful strains of "All of Me" to contemporary hits reimagined in a jazzy groove, our performances are a celebration of jazz oldies and modern marvels. Let us take you on a musical journey where every note is a masterful tribute to the genre's rich heritage.

HOLIDAY, from page 1

~ ICE! Exhibit at Gaylord Texan

Over 40 world-renowned master artisans spend more than six weeks hand-carving approximately 6,000 blocks of ice to create this one-of-a-kind Christmas attraction!

~ "Dismay in a Manger" at Texas Star Dinner Theater

~ Guided driving tour of downtown Grapevine

~ Guided tour at Grapevine Observation Tower

~ Tasting at Cross Timbers Winery

~ Free time to explore Grapevine shops, galleries, and/or museums

~ Nine meals and one evening reception with drinks and appetizers

With a minimum of 25 paid travelers, cost is \$1,215 per person for double occupancy and \$1,705 if desiring a single room. The trip fee has the potential to decrease if more than 25 register, so please share news of this merry opportunity with other fun-loving folks. A deposit of \$250 per

person is due with your registration, which can be paid by cash, check, credit card, or by adding to your monthly Meadowlark statement. Registration forms are available in the Blue Book at the Hospitality Desk or by email upon request.

Note: K-State fans may look at the trip dates and realize the Big 12 Championship game will be played about 25 minutes south of Grapevine on Saturday, Dec. 7. Thinking purple-positively that K-State will be one of the teams taking the field at AT&T Stadium in Arlington, the itinerary has been designed with the game in mind. Not a K-State fan? Enjoy resort amenities or take a free shuttle to nearby Grapevine Mills shopping mall. More details will be shared as the Wildcats' season progresses.

The trip fee includes the items previously listed as well as baggage handling and guides' gratuity. The bus driver's gratuity is not included.

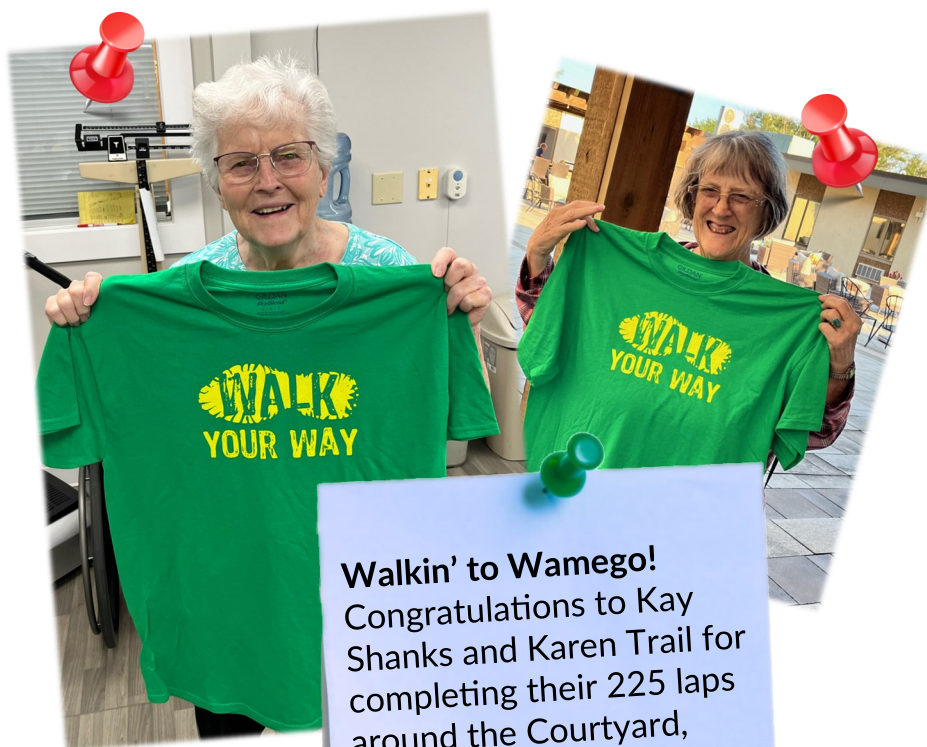
Questions? Contact Monte Spiller, Resident Services Leader, at (785) 323-3801 or Becky Fitzgerald at (785) 323-3843.

Community Bulletin



Share Your Stories!

It's your turn!
Your community wants to hear your news, read your short writings, or learn something about your unique life. Submissions for the Community Bulletin can be sent to sguge@meadowlark.org. E-mail isn't your thing? No problem! Drop your news off at the Hospitality Desk or directly to Sarah's office located across from the Fitness Center.



Walkin' to Wamego!
Congratulations to Kay Shanks and Karen Trail for completing their 225 laps around the Courtyard, which equals the distance it would take to walk to Wamego! Way to go!



Circle Driveway Party!
What a fantastic evening we had at the Meadowlark Circle driveway party last Saturday! A huge thank you to John and Janet Walters *[right, bottom]* for hosting the ice cream party—it's become such a beloved tradition in the Circle neighborhood. Pat Freeman *[bottom left, far left]* outdid herself again with those unbelievably fresh peaches, and John's homemade ice cream was the perfect pairing (seriously, so delicious!). The weather couldn't have been better, and the conversation was as warm and inviting as the company. Here's to more great times with wonderful neighbors. *submitted by Beth Pannbacker*





by Les Harms

As we say goodbye to the golden, waving wheat fields across the plains, my mind wanders back to the scene of my youth at harvest time. As I think back to my boyhood, growing up on a farm in South Central Nebraska during the 1940s, WWII is raging on two fronts. My parents are confronted with rationing, and 35-mph speed limits are necessary to save on fuel and tires. I am 10 to 12 years old and like most farm families, we have a dog. Rex was a sable and white colored collie, and I adored that dog as a very close companion. He was, as usual with good dogs, non-judgmental, loving and accepts you as you are, faults and all.

I recall a very warm July day when the wheat was ripening to a golden hue indicating that harvest was at hand. We did not own a combine, so we used a binder to harvest the grain. For those of you unfamiliar with an agricultural background, a binder was an implement pulled with by a team of horses or a tractor. This implement would cut the grain with a fast-moving sickle, tie the wheat into bundles, drop them onto a carrier holding several bundles, and the binder operator would dump the carrier in lines across the field. Following the cutting, family members would then collect the bundles into shocks so the bundles would stand upright. Later, neighbors would come together to help thresh the grain.

At 10-years-old you were expected to help on the farm. My job that summer was to operate the binder, and my father drove the tractor that was pulling it. As we began moving across the field, Rex was in his element! Bounding up and down as searched for any wildlife. Suddenly my beautiful collie spots a jack rabbit in the tall wheat. Instantly the chase is on! In its quest for safety, the rabbit speeds toward the binder with Rex in hot pursuit. These many years later, I can vividly see it unfold before my eyes. The dog does not hesitate and continues the chase toward the binder. The rabbit moves under the binder, I yell for my father to stop the forward motion, but obviously bringing the two machines to a halt is still far too late. The dog makes contact with the machine, and the deadly sickle showing no mercy instantly robs Rex of his energetic bounding legs. I am stunned by the swiftness of the events, watching my beloved collie yelping and limping on stubs with tears streaming down my cheeks. What a traumatic and heartbreaking event for a 10-year-old boy unfolding before his eyes.

However, reality soon takes over. It's about 3:00 p.m. on a bright, warm, sunlit day. Our family is partially dependent on that wheat harvest and time is of the essence. The threat of storms always weighs heavily on the mind of a harvester. Dad

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Art Engagement *from the* Beach Museum of Art

An artist uses perspective to create depth in a two-dimensional artwork or they employ perspective to share a point of view. This may mean sharing a view from a physical position or an opinion from a philosophical position. As you observe the artworks shown here, they present three different physical views of Anderson Hall on the Kansas State University campus. How does each directional difference change how you experience the structure? Do you perceive artistic differences in how the building is portrayed? Which viewpoint appeals to you?



[above right] E. T. M.
Unknown, mid 20th century
Ink on paper
KSU, Marianna Kistler Beach Museum of Art,
U3.2022



[above left] Emil C. Fischer (United States,
1907 - 2008)
Anderson Hall, ca. 1973
Ink on paper
KSU, Marianna Kistler Beach Museum of Art,
U5.2005

[left] Ernest B. (Davis Gray) Walden (United
States, 1929 - 1995)
Unknown, ca. 1975
Watercolor on paper
KSU, Marianna Kistler Beach Museum of Art,
U1.2021

RESTAURANT **SPECIALS**

Sunday, Aug. 25	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	\$14 Dinner Swedish Meatballs <i>served over Egg Noodles</i> Buttered Carrots
Monday, Aug. 26	\$11 Lunch Maple-Bacon Chicken Sandwich <i>served on Croissant</i> Watergate Salad	\$14 Dinner Ham Loaf Roasted Red Potatoes Creamed Peas
Tuesday, Aug. 27	\$12 Lunch Caesar Steak Wrap French Fries	\$16 Dinner Chicken Alfredo Garlic Bread Side Caesar Salad
Wednesday, Aug. 28	\$10 Lunch Everything Bagel Sandwich <i>(Ham, Turkey, & Swiss Cheese)</i> Potato Salad	\$13 Dinner Smothered Beef & Bean Burrito Mexican Rice Refried Beans
Thursday, Aug. 29	\$12 Lunch Greek Pizza Side Caesar Salad	\$16 Dinner Pot Roast <i>with Carrots, Onions, and Celery</i> Mashed Potatoes and Gravy Green Beans
Friday, Aug. 30	\$11 Lunch Mac & Cheese Bar	\$16 Dinner Pesto Grilled Shrimp Roasted-Garlic Mashed Potatoes Asparagus
Saturday, Aug. 31	\$13 Lunch Fish & Chips Coleslaw	\$17 Dinner Short Ribs Loaded Mashed Potatoes Green Beans

Weekly Opportunities Calendar Aug 25 to Aug. 31

Sunday • Aug. 25 Put your trash at the curb!
10:30 a.m. ~ Worship Service, CR
10:30 a.m. ~ Transportation to FUMC, VE

Monday • Aug. 26 Trash pick-up
9:30 a.m. ~ Seated Strength, CR/**1960**
10:30 a.m. ~ Weights 101, CR/**1960**
11:00 a.m. ~ Rock Steady Boxing, **BF**
11:30 a.m. ~ Sit & Be Fit, CR/**1960**
1:00 p.m. ~ Parkinson's Exercise Class, CR/**1960**
1:30 p.m. ~ God Talk, KSU CL
1:45 p.m. ~ Parkinsons's Voice Class, CR
2:00 p.m. ~ Change & Loss Support Group, FHR
4:15 p.m. ~ Hable Espanol, FHR
7:00 p.m. ~ Community Bingo, CR

Tuesday • Aug. 27
10:00 a.m. ~ ARTful Memories, KSU CL
10:15 a.m. ~ Mat Yoga, KSU CL
10:30 a.m. ~ Steady Yourself, CR/**1960**
11:15 a.m. ~ Seated Stretch & Stability, **1960 only**
2:00 p.m. ~ 10-Point Pitch Group, KR
2:00 p.m. ~ Social Circles, PS
3:00 p.m. ~ Coffee Corner, EC
5:30 p.m. ~ 3rd Floor Supper, BR

Wednesday • Aug. 28
9:30 a.m. ~ Seated Strength, CR/**1960**
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR
10:00 a.m. ~ Memory Café, KSU CL
10:30 a.m. ~ Weights 101, CR/**1960**
11:30 a.m. ~ Sit & Be Fit, CR/**1960**
11:30 a.m. ~ Page Turners Book Club, PR
1:30 p.m. ~ ARTful Making, KSU CL
1:30 p.m. ~ Diabetic Wellness Group, FHR
3:00 p.m. ~ Rock Steady Boxing, CR
3:00 p.m. ~ Sing-Along, FHR
4:00 p.m. ~ UFM: Appreciating Art, CR

Thursday • Aug. 29
9:00 a.m. ~ Messenger Team, KSU CL
10:30 a.m.. ~ Steady Yourself, CR/**1960**
11:15 a.m. ~ Seated Stretch & Stability, CR/**1960**
12:00 p.m. ~ College Avenue Luncheon, BR
1:00 p.m. ~ Parkinson's Exercise Class, CR/**1960**
4:30 p.m. ~ Meadowlark Singers Practice, CR

Friday • Aug. 30
7:30 a.m. ~ Rock Steady Boxing, **BF**
9:30 a.m. ~ Seated Strength, CR/**1960**
10 a.m. to 3 p.m. ~ Meadowlark Market, **MM**
10:30 a.m. ~ Weights 101, CR/**1960**
11:30 a.m. ~ Sit & Be Fit, CR/**1960**
2:30 p.m. ~ Fridays with Furby, FHR

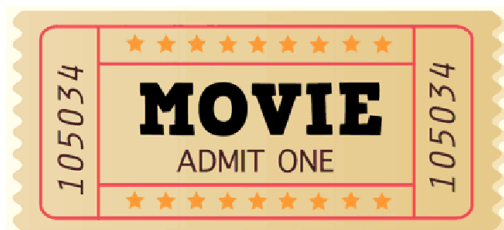
Saturday • Aug. 31
9:30 a.m. ~ Band Bust Exercise Class, **1960 only**
10 a.m. to 3 p.m. ~ Meadowlark Market, **MM**
6:00 p.m. ~ KSU Football Watch Party, PS

Room Abbreviations	
1960 , TV Channel 1960	KSU CL, KSU Classroom
BF , Body First	MM , 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC , Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
KR, Kansas Room	WUMC , Wamego UM Church

SORROW, from page 8

shuts down the machine, takes me by the hand, and we walk to the house. He tells me to stay there for a half hour as he leaves with his shotgun, and I understand that Rex will no longer suffer. An hour later, Dad and I continue with the harvesting, but my heart is heavy. Today, 80 years later, that tragic sorrowful scene is still etched in my mind. However, just as that day, life continues, and we learn that when a companion is gone, their memory lives on.

Les Harms has been a Meadowlark resident in Miller Place since 2019. He grew up in Hastings, Neb. Most of his life was spent in south central Nebraska, where he was an educator and later, a counselor, for thousands of students. Les believes and often shared with his students that they will spend approximately 40 years working in their adult life and is important to spend that time getting paid to do something you love. Then, you'll never work a day in your life.



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: Aug. 25

BECAUSE I SAID SO (2007) PG-13, 1 hr. 42 min. *Comedy, Drama*

Cast: Diane Keaton, Mandy Moore, & Lauren Graham

A worried mother meddles in her daughter's love life, doing all the wrong things for all the right reasons.

MONDAY: Aug. 26

CINDERELLA (2015) PG, 1 hr. 51 min. *Romantic, Fantasy*

Cast: Cate Blanchett, Lily James, Richard Madden

Ella resolves to take charge of her fate despite her wicked stepmother.

TUESDAY: Aug. 27

SULLY (2016) PG-13, 1 hr. 36 min. *Drama, Biography*

Cast: Tom Hanks, Aaron Eckhart, & Laura Linney

When pilot Chesley "Sully" Sullenberger lands his damaged plane on the Hudson River in order to save the flight's passengers and crew, some consider him a hero while others think he was reckless.

WEDNESDAY: Aug. 28

BRINGING DOWN THE HOUSE (2003) PG-13, 1 hr. 46 min. *Comedy*

Cast: Steve Martin, Queen Latifah, & Eugene Levy

When a lonely guy meets a woman on the internet who happens to be in prison, she breaks out to get him to prove her innocence, and proceeds to wreak havoc on his middle-class life.

THURSDAY: Aug. 29

THE GUARDIAN (2006) PG-13, 2 hr. 20 min. *Drama, Action*

Cast: Kevin Costner, Ashton Kutcher, & Sela Ward

After the death of his teammates during a mission off the coast of Alaska, veteran Coast Guard search and rescue specialist Ben Randall is given the task of training the next generation of Coast Guard swimmers.

FRIDAY: Aug. 30

THEATER CAMP (2023) PG-13, 1 hr. 33 min. *Comedy*

Cast: Noah Galvin, Molly Gordon, Ben Platt

Eccentric staff members of an upstate New York theater camp must band together when their beloved founder falls into a coma.

SATURDAY: Aug. 31

THE BLIND SIDE (2009) PG-13, 2 hr. 8 min. *Feel-Good, Inspiring*

Cast: Sandra Bullock, Tim McGraw, & Quinton Aaron

A teen without a home finds success on and off the football field after he's taken in by a determined mom and her affluent family. Based on a true story.