

Grow Green Match Day

Support nursing scholarships during annual 24 hours of giving

*by Becky Fitzgerald,
Development Director*

The 12th annual Grow Green Match Day on Monday, April 22, is a tremendous opportunity for the Manhattan community and Meadowlark Foundation. On that day, donations made through the Greater Manhattan Community Foundation to participating nonprofit agencies will receive a 50% match!

Meadowlark Foundation is joining 89 other local organizations in urging our donors to participate. Gifts to Meadowlark Foundation, which appears as Meadowlark Hills on the Grow Green giving form and on GMCF's website, will support scholarships for current Meadowlark employees who would like to further their education to become licensed practical nurses or registered nurses.

As in the past, donations to GMCF-affiliated nonprofits may occur in person, online, or by mailing a check, but this year, there's a fourth option. Give in person at Meadowlark! Meadowlark Foundation is pleased to announce that a Grow Green Match Day donation station will be operated from 11 a.m. to 2 p.m. Monday, April 22, at Prairie Star Restaurant. Two GMCF employees are expected to be available to accept donations by check, cash, or credit card. Donation forms and a table at which to complete one's form will be provided.

GMCF Trustees who live at Meadowlark – Tom Fryer, Jo Lyle, and Linda Weis – have enthusiastically agreed to welcome donors at our Match Day event, and Prairie Star plans to join the fun by offering several "green" specials, which will be available all



day. Watch a future Messenger for the list of these options.

Because of the generosity of our Foundation's donors on Match Day in 2023, four current Meadowlark employees have been offered scholarships. Amounts given by Meadowlark vary, depending on the amount awarded by the Kansas Board of Regents; however, these financial awards will fully fund, or nearly fully fund, each recipient's nursing education program.

Now in its sixth year, Meadowlark's scholarship program rewards the initiative of talented current employees, while, in the future, providing Meadowlark's

licensed care households with highly trained staff in what appears to be a perpetual nurses shortage. Employees who receive a scholarship agree to work at Meadowlark for at least two years following graduation.

Donations made on April 22 will be made available to organizations for immediate needs, while the 50% match will go into endowed funds. Combined donations up to a total of \$15,000 will be matched at 50%, giving a maximum of \$7,500 in matching funds to any one organization.

Here's how you may help us attract and retain nurses:

1. Give in person from 11 a.m. to 2 p.m. at the donation station at Prairie Star Restaurant. Donations by cash, check, or credit card will be accepted. Anyone affiliated with Meadowlark, such as residents, Passport members, board members, employees, and family members, may donate at Prairie Star.

Donors are invited to enter to win Grow Green-

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EVENTS & OPPORTUNITIES

Meadowlark Minute Report

Five people attended the most recent Meadowlark Minute opportunity with Jayme Minton, Monte Spiller, and Michaela Hummel. Team members followed up directly with each individual regarding their requests.

Requests included the incorporation of more bland foods on the restaurant menu, adding Jell-O as an option, adding benches on the trail, and other items.

Manhattan Arts Center Classes

Manhattan Arts Center (MAC) has opportunities for art classes, workshops, and theater! The gallery is currently hosting the Wamego Columbian Artists Group through tomorrow, April 5. View this beautiful exhibit Tuesday through Friday from 12 to 5:30 p.m.

Two *free* special events will be offered in the month of April! Listen to music from 1937 to 1946 performed by the Thundering Cats Big Band. You're invited to enjoy the show at 7 p.m. Sunday, April 7, at the MAC. **Meadowlark is providing transportation to this event for residents. The cost of transportation is \$3 per person.**

The MAC and Cheese Arts and Music Festival is from 11 a.m. to 4 p.m. Saturday, April 13. This event is free and open to all.

Upcoming classes and workshops include Metalsmithing, Fused Glass Workshop (Suncatchers), Print'n'Sip Happy Hour (Printing with Stencils); Soft Pastels in Landscape; and Mother's Day Getaway with Clay.

Tickets are available for the Roger & Hammerstein classic musical about love and conquering prejudices, "South Pacific," on April 19-21, 26-28, and May 3-5.

For show tickets and class registrations, please visit www.manhattanarts.org or call (785) 537-4420 on weekday afternoons to learn more.

Tandem Moons

Friday, April 5, at 7 p.m.

Meadowlark is excited to welcome Tandem Moons at 7 p.m. Friday, April 5, in the Courtyard (weather permitting)! The smooth sounds of Samantha Williams and Colton Jones are delightful. All are welcome.

Worship Service

Sunday, April 7, at 10:30 a.m.

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, March 17, in the Community Room/Chapel. Pastor Melanie will begin a new worship series titled "Second Mountain." This week, the sermon is titled "Two Mountains." All are welcome to attend.

Solar-bration!

Monday, April 8, 10 a.m. to 5 p.m.

You're invited to the Flint Hills Discovery Center's (FHDC) "Solar-bration" on Monday, April 8.

FHDC will be open to the public from 10 a.m. to 5 p.m. There will be activities throughout the day before and after the Solar Eclipse. Discover Center staff and partners will go to Blue Earth Plaza from 12:30 to 3:30 p.m. to watch the eclipse (weather permitting). There will be a few free glasses from our partners on a first-come, first-served basis. Glasses also will be for sale in the gift store.

Study Group: The Quest for a Moral & Meaningful Life

Monday, April 8, at 6 p.m.

This study group will use the works of writer and commentator David Brooks to discuss what it takes to live a life of character, social connection, and meaning.

Brooks experiences a mid-life "crisis," during which he realizes his life isn't what he thought it would or should be. This sends him on a quest for deeper meaning and understanding. Are you searching for meaning and the opportunity to discuss life deeply with others? Join Melanie Nord and others at 6 p.m. every Monday from April 8 to May 20 in the KSU Classroom!

Social Circles

Tuesday, April 9, at 2 p.m.

Meadowlark is excited to extend an invitation for residents to attend Social Circles on the Landing in Prairie Star Restaurant from 2 to 3 p.m. every Tuesday. This is a great opportunity to meet or get to know other residents through laughter, shared experiences, and meaningful connections. We randomly assign participants to a table, and we will provide get-to-know-you topics to facilitate discussion.

EVENTS & OPPORTUNITIES

Social Circles is a chance to embrace a melting pot of personalities, backgrounds, and interests while taking part in thoughtful conversations. Ultimately, we hope these circles allow you to engage in discussions that inspire and broaden your perspectives that lead to lasting friendships.

Page Turners Book Club

Wednesday, April 10, at 11:30 a.m.

The Page Turners Book Club is beginning their third book of the year, *My Sister's Keeper* by Jodi Picoult. This family-centered novel tackles timely issues such as genetic engineering and medical ethics. These overarching issues are explored through one family's attempt to save their daughter with leukemia. With memorable characters and a gripping plot, this book lives up to the club's name of "page turner" and offers a variety and depth of topics to discuss.

Please join us at 11:30 a.m. Wednesday, April 10, in the Patriot Room for our first discussion. You do not need to attend every to participate. Come when you are able - whether you have finished the book, are just beginning, or are simply interested in learning more! Page Turners is facilitated by Meadowlark Special Programs and supported by Resident Services Leader Monte Spiller. If you have any questions, please contact Katie at ksigman@meadowlark.org or call (785) 323-3899.

PD Melodies in Motion

Wednesday, April 10, at 1:45 p.m.

Join Heather in the Community Room each Wednesday at 1:45 p.m. for PD Melodies in Motion. This class offers a unique opportunity for people with PD *and* care partners to engage in vocal exercises, breathing techniques, and familiar songs.

Participants will work on improving vocal strength, breath control, and overall communication skills, while addressing common challenges associated with Parkinson's, such as voice tremors and reduced vocal volume. These classes will be designed to be fun, interactive, and empowering, providing a sense of community and camaraderie.

Performance by Savanna Chestnut

Wednesday, April 10, at 7 p.m.

Meadowlark welcomes Savanna Chestnut at 7 p.m. Wednesday, April 10, in the Event Center! Savanna is a country music artist who rose to fame during

her appearance on *The Voice* in 2021 on NBC. Savanna is a Kansas native who has won multiple song writing awards and has shared the stage with singers such as Gary Allan and Tanya Tucker. Come enjoy some music and hear about Savanna's time on *The Voice*. This event was rescheduled from March.

Ladies Luncheon

Thursday, April 11, at 11:30 a.m.

Ladies Luncheon will meet at 11:30 a.m. Thursday, April 11, in the Event Center. Your hostess is Harriette Janke and she encourages you to bring your favorite kitchen gadgets. The menu will feature raspberry chicken, broccoli, and a mini lemon cupcake for \$12. Sign up in the Blue Book if you plan to attend.

Blood Pressure Check

Thursday, April 11, at 1 p.m.

Meadowlark Home Care hosts a monthly Blood Pressure Clinic on the second Thursday at 1 p.m. in the Game Room. The next scheduled clinic is Thursday, April 11, at 1 p.m. No registration required.

Knitting & Crocheting Group

Thursday, April 11, at 2:30 p.m.

Are you interested in learning how to knit or crochet? Or maybe you have ongoing projects you'd like to continue? Whether you are just beginning or have years of experience, join other yarn creatives in the Bison Room at 2:30 p.m. Thursday, April 11, for a fun, social, creative opportunity. All skill levels are welcome!

Miracle in Manhattan

Friday, April 12, at 5:30 pm

You're invited to "Miracle in Manhattan!" at 5:30 p.m. Friday, April 12, in the Event Center. Creator Dan Youngman wanted to illustrate where K-State football was once and display exactly how it climbed into the conversation of one of the greatest turnarounds in sports history.

So, Youngman made a documentary, "The Miracle in Manhattan — Part One — The

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File photo. [left to right] Eilish Duggan (4) and Murphy Duggan (7) play in the clear water at Lake George, New York, during a family vacation in July 2021.

by Nathan Bolls

Have you noticed that the season is fast-approaching when the minds of recreation seekers begin to turn toward water? The minds of children probably are already there.

I grew up with my knees in the water—bent over and searching. Considering the natural curiosity of children, and the tens of thousands of small streams that move water across the surface of our world, I was just one in that endless parade of kids through the ages who have played in and wondered about naturally flowing water. According to Sean Fleming’s 2017 book, *Where the River Flows*, only about 0.0006 percent of the world’s fresh water is in a stream at any one time. But ever-flowing, these watery ribbons, much like our own venous and lymphatic systems, daily drain a massive amount of liquid across the surface of our Earth.

A kid busy wading in a riffle, walking bubbly surf, or peering into the mysteries of a tidal pool is the very definition of oblivious. Some perhaps realize emotionally that the water filling their playground is bound for somewhere else. All search with a sense of wonder. All are tireless, with few knowing,

or really caring, what they find. Anything new is interesting, touchable, miraculous, worthwhile, and satisfactory. All feel the cool tickle of water and sense the ripple of brain waves responding.

Perhaps some, as did I, got riffle water under their fingernails. Perhaps some, as did I, developed a linear curiosity, as all rivers have—sometimes thousands of miles long. Perhaps some, as did I, and by fifth grade, had become a map freak and knew a great love of geography and the searching out of places, both local and around the world. Part of my searching was for where streams flowed, for the routes the waters I played in would take on their journeys down-hill toward the sea.

Later, I thrilled to the meaning of what is called “the water cycle,” that describes how water evaporates from the earth’s surface waters, becomes airborne, and is returned to the land or oceans as rain, snow, sleet, hail or dew. Growing up in Kansas meant that I also knew the sting of drought, when dust blew and corn leaves turned brown and curled up. When, stirred by hot, strong southerly winds, those leaves, and others, rattled out a discordant cacophony—a signal of hard times to come.

And, then, there's the matter of too much rain, or of snow melting too rapidly. As a farm boy during my first 12 years in the Missouri River bottomlands of Carroll County, Mo., my family had to retreat to town twice (summers of 1935 & 1942) in the face of flood waters that wiped out all crops, the main source of income. Upon returning home, we saw that floodwater had flowed through the house as high as the top of the baseboards. A layer of mud covered everything. Soon, soap masked the smell of rotting vegetation. Low spots in the muddy fields held pools of flood-water, and some pools held small fish swimming aimlessly about. I did not feel like exploring.

For most of our days, we consider water to be a positive presence, a wonderful substance to have around. After all, it is **essential** for life as we know it! At some point in life, I realized that a stream can be used as metaphor for the linear journey of life: flowing across the land as through time; twisting

and turning through canyons of despair; or out over broad, flat, uneventful, sometimes restful, plains; maybe collecting into deep quiet pools; sometimes ruffling through shallow riffles; maybe stumbling over rough rapids; or plunging into a fall; but ending, always ending, by releasing its essence into a reality larger and more profound.

Who is to say which is more important: the adult lessons we learn about water, the ways we use it to describe or satisfy the human condition, the ways in which water makes life more difficult for us, or the wonder a kid experiences when she or he explores a tickling, bubbling ocean surf or a rushing, gurgling riffle in some stream?

As we approach the outdoor season, I want to ask "Where was your childhood riffle or surf?" That question probably brings up wistful memories from long ago. Is it time to renew your contract with curiosity?

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themed prizes.

2. Give in person from 7 a.m. to 6 p.m. at the atrium at Colony Square, 555 Poyntz Ave. Donations by cash, check, or credit card will be accepted. Each hour, one donor name from this in-person event will be drawn to win \$100 for the participating fund of his or her choice.

3. Visit <https://www.growgreenmanhattan.com/> to give online from 12 a.m. through 11:59 p.m. on Monday, April 22.

4. Write a check to Greater Manhattan Community Foundation.

~ If Meadowlark Foundation is the only beneficiary of your gift, you may write "Grow Green-Meadowlark" on the memo line.

~ Complete the giving form included with the April 11 Messenger to indicate the beneficiary/beneficiaries of your gift. (Meadowlark Hills is listed alphabetically on the form.) Even if giving to more than one organization, write only one check for the total amount. The form you submit will indicate to GMCF how you'd like your gift divided.

~ No matter when a check is written, date it 4/22/2023 and mail it and the giving form on or before 4/22/2023. **Checks must be dated 4/22/2023 and postmarked on or before April 22 to be included in the 2024 Match Day total.**

~ Mail the check and giving form to GMCF, P.O. Box 1127, Manhattan, KS, 66505-1127

5. Meadowlark residents and Passport members may submit donations and donation forms to be delivered by Meadowlark Foundation to GMCF. If you would like to participate but cannot visit the donation station at Prairie Star, please leave your check and donation form with a concierge at the Hospitality Desk by 10 a.m. on Monday, April 22.

6. Donate by donor-advised fund, grain, or by stock. For details, visit growgreenmanhattan.com or contact Marla or Sally at the GMCF office by calling (785) 587-8995. Gifts of grain or stock must be initiated by Monday, April 15.

Although gifts of any amount are welcome, individual contributions ranging from \$25 to \$1,000 per organization will receive a local match at \$.50 per \$1, so a \$1,000 gift can receive a \$500 local match! Gifts may be tax-deductible to the extent allowed under applicable law; donors receive a receipt from GMCF. Married couples may give only one gift, jointly, to organizations.

Thank you for considering this opportunity! If you have questions, please contact Becky Fitzgerald, Development Director, at (785) 323-3843. Read information about this spring's nursing scholarship recipients in an upcoming Messenger.

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Foundation."

The documentary begins in K-State's dark ages of football, highlighted by 30-straight winless efforts in the late 1980s, and walks through the first stages of the program's resurrection under head football coach Bill Snyder, who arrived in 1989.

After a year of putting a few thousand hours of work into it, Youngman is ready to display the finished product. All are invited.

UFM Class: WWII in the Pacific

Wednesday, April 24, at 6:30 p.m.

UFM Lifetime Learning presents *World War II in the Pacific*. This three-session course will begin Wednesday, April 24, from 6:30 to 8 p.m. in the Community Room. The second and third session will meet Wednesday, May 1, and May 8.

This class will examine the military actions that took place in the Pacific Theater during World War II. The first session will focus on the road to war, examining the rise of militarism in Japan, the Japanese incursion into China, the establishment of the Rome-Berlin-Tokyo Axis, and America's response to Japanese aggression through trade embargos and freezing of Japanese assets. The May 1 class examines America's entry into a war with Japan, Japan's victories in 1941 and 1942, the establishment of the Greater East Asian Co-Prosperity Sphere, and the crucial carrier battles of 1942. The last class will examine the turning of the tide in the Pacific and in Asia, concentrating on the China-India-Burma theater, Admiral Nimitz's Central Pacific Island Campaigns, and General Douglas MacArthur's Southwest Pacific Campaign.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

Pig Out for Parkinson's

Thursday, April 25, at 2:30 p.m.

The 14th annual Pig Out for Parkinson's is from 11 a.m. to 10 p.m. Thursday, April 25, at Rockin K's. This is a great time to learn even more about Parkinson's disease, visit with people affected by PD, talk with medical representatives about different treatments, and, of course, eat great food. We are honored to have CenterPointe

Physicians continue as our Prime Sponsor this year. They also will be present for you to learn more about their practice.

Come to Rockin K's at the K-State Foundation Building, 1880 Kimball Ave., during Pig Out for Parkinson's. The restaurant will donate 10% of the sales from this day to the program, and all sales qualify (dine-in, carry-out, and buffet). The lunch buffet is served from 11 a.m. to 2 p.m., and the dinner buffet will be available from 5 to 8 p.m. Special guests K-State football coach Chris Klieman and his wife, Rhonda, will be present around 6 p.m. for autographs, photos, and conversations.

Meadowlark Parkinson's Program strives to help those affected by the disease in our region to live well with PD. We provide free education, exercise, and outreach opportunities to people in every stage of the disease and their care partners. Our services are currently benefiting people from age 27 to 98 as they navigate the journey of living with Parkinson's or another movement disorder. If you or someone you know is affected by PD, please reach out to us so we can support them with education, resources, and community.

Barbershop Chorus—FREE TICKETS!

Saturday May 4, at 3 p.m.

The Little Apple Chorus will present *Wish Upon a Star* at 3 p.m. Saturday, May 4, in Forum Hall located on the first floor of the K-State Student Union. The doors open at 2:30 p.m.

Meadowlark has **26 tickets** available for resident use! These tickets can be picked up at the Hospitality Desk and will be distributed on a first-come-first-serve basis.

SAVE THE DATE

Art Mingle
POYNTZ OF VIEW 2024

**Friday, May 31, 2024
6:30 p.m.**

SNW Gallery & Union Hall

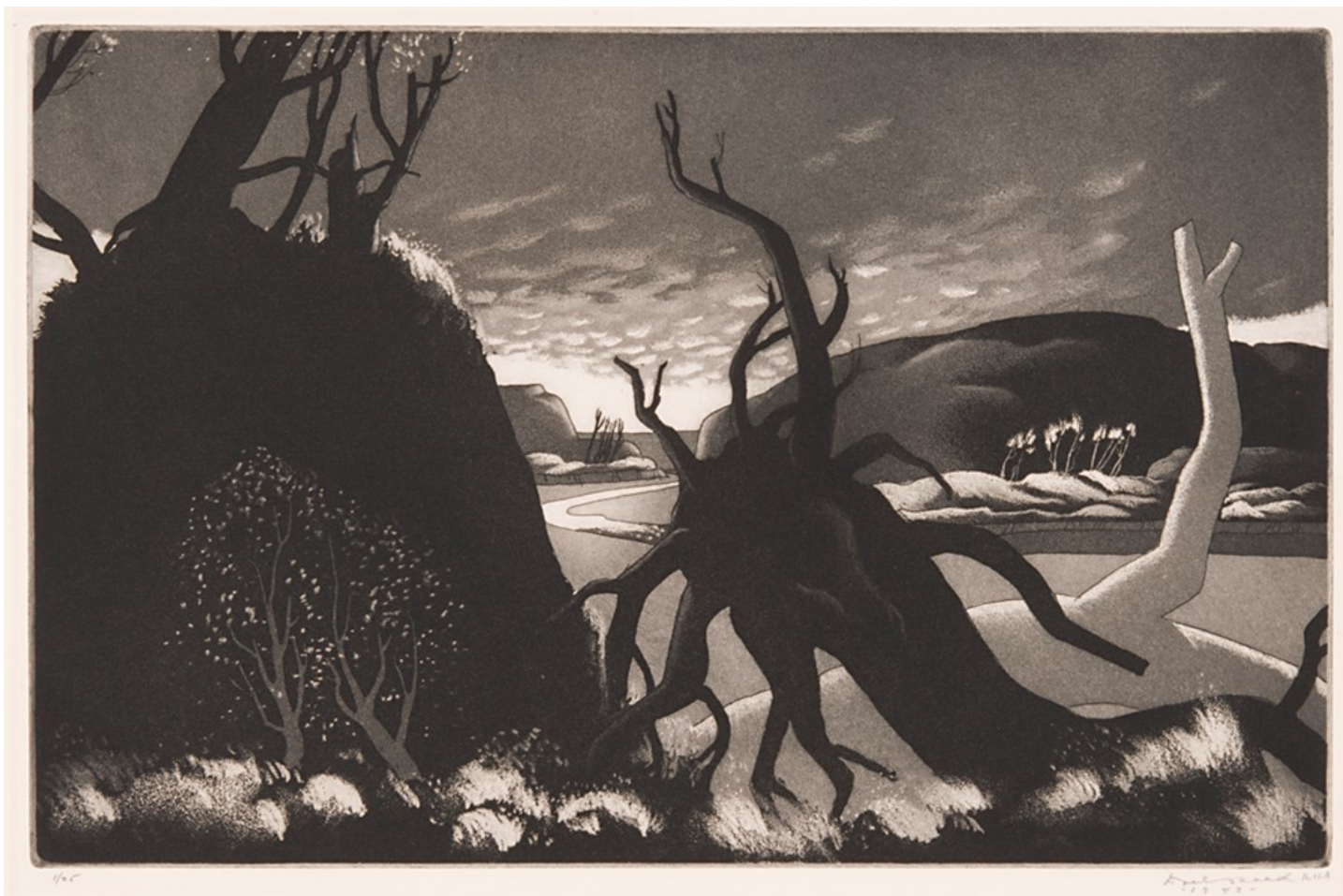
328 Poyntz Avenue • Manhattan, Kansas

Tickets on sale April 17.

Event proceeds benefit Meadowlark Memory Program.

Art Engagement *from the Beach Museum of Art*

The art principle of **contrast** can be used to create balance, depth, emphasis, or meaning. An artist may develop contrast using the art elements of color, shape, texture, or value. Finding the appropriate balance using contrast is key. Too little contrast and the artwork may appear uninteresting, and too much contrast may produce an unbalanced and stark composition. In the etching shown here, do you observe the use of contrast by the artist? If yes, is the artist using color, shape, texture, or value? Does the contrast successfully create any of the following: depth, emphasis, meaning, or balance?



Doel Reed (United States, 1894 - 1985)

Sand and Driftwood, 1943

Aquatint and etching on paper

KSU, Marianna Kistler Beach Museum of Art, bequest of John H. Kohn, 1984.45

RESTAURANT **SPECIALS**

<p>Sunday, April 7</p>	<p>Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.</p>	<p>\$15 Dinner Beef Tips Mashed Potatoes & Gravy Broccoli</p>
<p>Monday, April 8</p>	<p>\$11 Lunch Cheeseburger Sliders French Fries</p>	<p>\$17 Dinner Coconut Shrimp Coconut Rice Grilled Pineapple</p>
<p>Tuesday, April 9</p>	<p>\$10 Lunch Bacon-Cheddar Egg Salad <i>on Croissant</i> Breakfast Potatoes</p>	<p>\$15 Dinner Bacon-Wrapped Cheese Stuffed Meatloaf Cheesy Potatoes Baked Beans</p>
<p>Wednesday, April 10</p>	<p>\$12 Lunch BBQ Riblette <i>served on a Hoagie Bun</i> <i>with Sautéed Onions & Pickles</i> Pub Chips</p>	<p>\$14 Dinner Fried Pork Cutlet Mashed Potatoes & Gravy Green Beans</p>
<p>Thursday, April 11</p>	<p>\$11 Lunch Italian Beef Sandwich Pasta Salad</p>	<p>\$14 Dinner Garlic-Rosemary Chicken Smashed Potatoes Broccoli</p>
<p>Friday, April 12</p>	<p>\$11 Lunch Pizza Bar</p>	<p>\$16 Dinner Steak Fajitas Mexican Corn Salad</p>
<p>Saturday, April 13</p>	<p>\$11 Lunch BBQ Chicken Sandwich Broccoli Salad</p>	<p>\$15 Dinner Fried Chicken Mashed Potatoes & Gravy Corn</p>

Weekly Opportunities Calendar April 7 to April 13

Sunday • April 7 *Put your trash at the curb!*

10:30 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE
 6:15 p.m. ~ Depart for Thundering Cats Concert at Manhattan Arts Center, VE

Monday • April 8 *Trash pick-up*

9:30 a.m. ~ Seated Strength, CR/1960
 10:30 a.m. ~ Weights 101, CR/1960
 10:30 a.m. ~ Mindful Memories, MSC
 11:00 a.m. ~ Rock Steady Boxing, BF
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 11:30 a.m. ~ Meadowlark Valley Luncheon, BR
 1:00 p.m. ~ Parkinson's Exercise Class, CR/1960
 1:30 p.m. ~ God Talk, KSU CL
 1:30 p.m. ~ Solar Eclipse Viewing Party, CY
 1:45 p.m. ~ Parkinson's Voice Class, CR
 2:00 p.m. ~ Change & Loss Support Group, FHR
 4:30 p.m. ~ Hable Espanol, FHR
 6:00 p.m. ~ Lenten Study, KSU CL
 7:00 p.m. ~ Community Bingo, CR

Tuesday • April 9

9:45 a.m. ~ Target & Great Clips Trip, VE
 10:00 a.m. ~ Memory Activities Class, EC
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/1960
 11:15 a.m. ~ Seated Stretch & Stability, CR/1960
 12:00 p.m. ~ 4th Floor Luncheon, MR
 2:00 p.m. ~ 10-Point Pitch Group, GR
 2:00 p.m. ~ Social Circles, PS
 3:00 p.m. ~ Coffee Corner, EC

Wednesday • April 10

9:30 a.m. ~ Seated Strength, CR/1960
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR/1960
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 11:30 a.m. ~ Page Turners Book Club, PR
 1:45 p.m. ~ PD Melodies in Motion, CR
 3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-Along, FHR
 7:00 p.m. ~ Music with Savanna Chestnut, EC

Thursday • April 11

9:00 a.m. ~ Messenger Team, KSU CL
 9:00 a.m. ~ Passport Member & New Resident Welcome Breakfast, EC
 10:00 a.m. ~ Mat Yoga, KSU CL
 10:30 a.m. ~ Steady Yourself, CR/1960
 11:15 a.m. ~ Seated Stretch & Stability, CR/1960
 11:30 a.m. ~ Ladies Luncheon, EC
 11:30 p.m. ~ Caring Conv. for People with PD, FHR
 1:00 p.m. ~ Blood Pressure Check, GR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:00 p.m. ~ Pd Care Partners Support Group, FHR
 2:30 p.m. ~ Knitting & Crochet, BR
 4:00 p.m. ~ Meadowlark Singers Practice, CR
 4:30 p.m. ~ Wamego Memory Care Partner Support Group, WUMC
 5:30 p.m. ~ Eastside Supper, BR

Friday • April 12

7:30 a.m. ~ Rock Steady Boxing, BF
 9:30 a.m. ~ Seated Strength, CR/1960
 10:30 a.m. ~ Weights 101, CR/1960
 11:30 a.m. ~ Sit & Be Fit, CR/1960
 5:30 p.m. ~ Miracle in Manhattan!, EC

Saturday • April 13

9:30 a.m. ~ Band Bust Exercise Class, 1960 only

Room Abbreviations

1960, TV Channel 1960	KSU CL, KSU Classroom
BF, Body First	MM, 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC, Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	WUMC, Wamego UM Church



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: April 7

MILLIONS (2005) PG, 1 hr. 40 min. *Drama, Family, Comedy*

Cast: Alex Etel, Lewis McGibbon, & James Nesbitt

Two siblings find a million pounds and must use it before the Euro makes the cash redundant.

MONDAY: April 8

THE LOVE BUG (1969) G, 1 hr. 48 min. *Sports, Family, Comedy*

Cast: Dean Jones, Michele Lee, & David Tomlinson

A down-on-his-luck race car driver teams up with a little VW Bug that has a mind of its own.

TUESDAY: April 9

THE GOOD SHEPHERD (2006) R *for violence, sexuality, & language*, 2 hr. 47 min. *Drama, Thriller*

Cast: Matt Damon, Angelina Jolie, & Robert De Niro

Upstanding Yale student Edward Wilson is recruited to work for the fledgling CIA during World War II, but the job soon begins to erode his ideals.

WEDNESDAY: April 10

PLACES IN THE HEART (1984) PG, 1 hr. 51 min. *Classic, Nostalgic, Inspiring*

Cast: Sally Field, Lindsay Course, & Ed Harris

After her husband's death, a woman in Depression-era Texas strives to turn her land into a cotton farm with the help of some unlikely new friends.

THURSDAY: April 11

TWISTER (1996) PG-13, 1 hr. 53 min. *Action, Adventure, Thriller*

Cast: Helen Hunt, Bill Paxton, & Cary Elwes

Bill and Jo Harding, advanced storm chasers on the brink of divorce, must join together to create an advanced weather alert system by putting themselves in the cross-hairs of extremely violent tornadoes.

FRIDAY: April 12

THE MIRACLE CLUB (2023) PG-13, 1 hr. 30 min. *Heartfelt, Comedy, Drama*

Cast: Maggie Smith, Laura Linney, & Kathy Bates

In 1967, three generations of spirited friends from Dublin chase miracles on a pilgrimage to Lourdes—and navigate unexpected revelations along the way.

SATURDAY: April 13

FERDINAND (2017) PG, 1 hr. 52 min. *Family, Comedy, Adventure*

Cast: John Cena, Kate McKinnon, & Anthony Anderson

Ferdinand, a peace-loving bull, rallies a misfit team of friends on the ultimate adventure home.