

Feb. 15, 2024 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit focused on supporting people in living their best lives

Gifts from the HeART

Meadowlark's art collection began, continues with donations





[above, left] "On the Sidelines," donated by residents Nelson & Marilyn Galle, is by Cheri Graham, Manhattan. [above, right] An oil landscape titled "Riverlight" (bottom of lobby stairs), by Lisa Grossman of Lawrence, is documented as part of the Pelton Collection.

by Becky Fitzgerald, Development Director

On Feb. 14 about 25 years ago, Meadowlark resident Marion Pelton, a retired professor of music at Kansas State University and longtime supporter of the arts, walked into the chief executive officer's office with a rose and an envelope. According to then CEO Steve Shields, his first thought was that Pelton, a friend and mentor, was bringing him a Valentine's Day remembrance, but when he opened the envelope, he found a signed check.

"What is this for?" Shields asked.

"To buy art," Pelton replied. "We need beauty around us at every age." In addition to the monetary contribution, Pelton also donated her personal art collection to Meadowlark, including paintings by several K-State artists, as well as two baby grand pianos.

Pelton's donations and a decision several years later to renovate Meadowlark's first floor community spaces prompted the formation of Meadowlark's Art Committee in 2005. Original members Jay Nelson, the former owner of Manhattan's downtown art gallery, and resident Jo Lindly wrote that the committee's purpose was to use a portion of the project budget to purchase art for the renovated spaces and to document and place the existing art collection.

As the committee's time together continued, they created a Mission Statement—to acquire and exhibit tangible fine art objects in all media that will enrich residents' lives—and an acquisitions policy. Nineteen years later, the Art Committee continues to meet regularly and evaluate donated works of art, choosing items for permanent display in most of Meadowlark's first floor community spaces and the Independent Living hallways, excluding the Monarch. The criteria developed in 2005 generally still is followed. Works of art accepted into the collection must:

- 1) have esthetic merit
- 2) be painted or shaped by a Kansas/Kansas area artist, have a Kansas/Kansas area subject, and/or be of historical interest

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EVENTS & OPPORTUNITIES

Biggs & Gustin program, canceled

Unfortunately, the Biggs & Gustin music program scheduled for tomorrow, Feb. 16, has been canceled because of illness. The group will reschedule for a later date.

Manhattan Arts Center Classes

Manhattan Arts Center (MAC) has opportunities for art classes, workshops, and theater! Upcoming classes and workshops include Mixed Level Wheel Throwing Class, Mixed Level Metalsmithing and Enamels Class, Fused Glass Workshop (Suncatchers), Raku Clay Firing Workshop, Prin'n'Sip Happy Hour (Printing with Stencils); and Clay Soda Firing Class.

Theater tickets are on sale now for *An Evening of Culture: Faith Country II, the Saga Continues* running March 1 through 3, and March 8 through 10. More information is available at *www.manhattanarts.org* or call (785) 537-4420.



Celebrating K-STATE!

Friday, Feb. 16, at 2 p.m.

You're invited to celebrate K-State's 161st birthday with Call Hall ice cream from 2 to 4 p.m. Friday, Feb. 16, in Verna Belle's Lounge. Scoops will be \$3 each.

Shopping at Target & Dollar Tree

Saturday, Feb. 17, at 10:30 a.m.

The next scheduled trip is Saturday, Feb. 17, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, March 16. Please sign up in the Blue Book to participate.

Erne Hamel Funeral Service

Saturday, Feb. 17, at 3 p.m.

Funeral services for former resident Erne Hamel will be at 3 p.m. Saturday, Feb. 17, at First Baptist Church, 2121 Blue Hills Road. Transportation is provided from Meadowlark. Please sign up for this service in the Blue Book at the Hospitality Desk.

Worship Service

Sunday, Feb. 18, at 10:30 a.m.

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, Feb. 18, in the Community Room/Chapel. Pastor Melanie will begin a new worship series in observance of the Lenten season title, "Give Up Something Bad for Lent." All are welcome to attend.

Catbackers

Monday, Feb. 19, at 6:30 p.m.

Residents are invited to attend the Catbackers program at 6:30 p.m. Monday, Feb. 19, in the Event Center. The three speakers include Jason Mansfield, KSU Head Volleyball Coach, and Conor Riley and Matt Wells, new KSU Football Offensive Coordinators. No registration required.

UFM Class: Kansas Trails & Cowboy Poetry

Tuesday, Feb. 20, at 2:30 p.m.

UFM Lifetime Learning presents *Kansas Trails and Cowboy Poetry* taught by Ron Wilson. The final

EVENTS & OPPORTUNITIES

session is Tuesday, Feb. 20, from 2:30 to 4 p.m. in the Community Room. (Note the updated time!)

Some sources say that Kansas likely has more frontier trails than any other state. Those trails played a fundamental role in the history of the nation and certainly of the Old West, providing a setting where the American cowboy first came to life. This class will use a cowboy perspective, including cowboy poetry, to share the creation and the legacy of the historic trails of Kansas.

Prairie Star Writers Group

Tuesday, Feb. 20, at 2 p.m.

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, Feb. 20, in the Patriot Room.

The Feb. 20 session is titled, "The Biggest Crushes of My Childhood." When you were young, who were your idols? It will be fun to remember the stars who lit up your eyes! Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

FUMC Communion

Wednesday, Feb. 21, and 9 a.m.

Join Pastor Donna and Pastor Courtney from First United Methodist Church at 9 a.m. Wednesday, Feb. 21, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

Sing-Along, Drink-Along

Wednesday, Feb. 21, at 3 p.m.

Let's celebrate Valentine's Day all month long with an exciting addition to our weekly Sing-Along! You're invited to Sing-Along, Drink-Along at 3 p.m. Wednesday, Feb. 21, in the Event Center! Guests are invited to sing or listen to a special repertoire of songs that will be included to fit the theme, lead by the special stylings of Jim Reed on the guitar and Vera Williams on the piano.

For those who are thirsty, there will be festive drinks prepared, both alcoholic and non-alcoholic, for a small fee. There also will be some tasty popcorn to munch on!

Meadowlark Ambassadors will be on hand to help out as bartenders and popcorn attendants, so you do not want to miss out! All are welcome to attend.

Artist Discussion with the Beach Wednesday, Feb. 21, at 4 p.m.

Join Kim Richards from Beach Museum of Art for *The Other Henry Varnum Poor: A Kansas Realist,* at 4 p.m. Wednesday, Feb. 21, in the Bison Room. Poor starts life in a rural Kansas community and develops into a man of many talents: ceramicist, painter, builder, illustrator, muralist, and teacher. Come and enjoy a review of his many creations.

Meadowlark Minute

Thursday, Feb. 22, at 10 a.m.

Get ready for a new opportunity to engage, learn, and connect! You're invited to attend a individual session with Jayme Minton, Sales, Home Health, and Support Services Director; Monte Spiller, Resident Services Leader; and Michaela Hummel, Dining Services Leader.

Please come prepared to offer suggestions, ask questions, and/or give valuable feedback about life here at Meadowlark. Pre-registration is required to participate. There is a sign-up sheet in the Blue Book and we will limit each meeting to 5 minutes, so please keep this in mind. The meetings will occur between 10 and 11 a.m. Thursday Feb. 22, in the Bison Room.

Knitting & Crocheting Group

Thursday, Feb. 22, at 2:30 p.m.

Are you interested in learning how to knit or crochet? Or maybe you have ongoing projects you'd like to work on? Whether you are just beginning or have years of experience, join other yarn creatives in the Bison Room at 2:30 p.m. Thursday, Feb. 22, for a fun, social, creative opportunity. All skill levels are welcome!

K-State Play Reading: Give and Take Friday, Feb. 23, at 6:45 p.m.

On Friday, Feb. 23, the KSU Purple Masque Theatre will be hosting the premiere of the play *Give and Take*. Written by Drama Therapy graduate student, Autumn Holt, *Give and Take* explores the issues we face when roles in families change as we age. The play is based on interviews with people who have been

GIFT, from page 1



[above] A landscape (title unknown) by James Borger; donated by resident Donna Alexander.

3) be created by a significant member of the art community

Art committee members have relaxed this policy in recent years, accepting pieces that do not fit guidelines two and three, but do have esthetic merit. The committee agreed that such items may be displayed and catalogued as "non-collection" additions.

Many other residents and friends of Meadowlark have followed Pelton's example, donating funds with which to purchase art, and/or donating pieces from their collections. For example, an anonymous monetary donation allowed for the purchase of numerous square ceramic plates created by K-State graduate Bo Bedilion; these were hung to create a dark-to-light design on the north wall of Prairie Star Restaurant.

Two paintings recently donated by Meadowlark residents and accepted into Meadowlark's collection by the committee include a vertical

landscape donated by Donna Alexander and a still-life donated by Nelson and Marilyn Galle. Both of these paintings fit the 2005 criteria. The landscape was painted by Kansan James Borger, who is represented by four galleries. The committee agreed to place his piece just west of Alexander's 3rd floor West Tower apartment, where she may continue to admire it often.

"On the Sidelines," a pastel depicting a trunk full of vintage sports equipment, was painted in 2003 by local award-winning artist Cheri Graham, the daughter of former residents Bill and Wy Johnson. The committee recently voted to hang it on the east tower's 1st floor near the breezeway door.

Sometimes, the Art Committee evaluates framed items and does not vote to display them. Instead, the works may be sold at auction, with the funds benefiting a program or project, or the pieces are sold at Meadowlark Market, where proceeds benefit the Good Samaritan Fund. An example of a piece that usually wouldn't be accepted for exhibit is a mass-produced "art" print or poster.

Jayme Minton, Support Services Director, and Becky Fitzgerald, Development Director, are employee liaisons to the Art Committee, which meets quarterly. If you'd like to serve, please watch the Messenger for a meeting announcement or contact Jayme Minton or Monte Spiller, Resident Services Leader.

If you would like to make a contribution to purchase art for the benefit of Meadowlark or have a fine art object you'd like to donate, please contact Becky Fitzgerald. A receipt or donation form is available to donors.

SAVE THE DATE

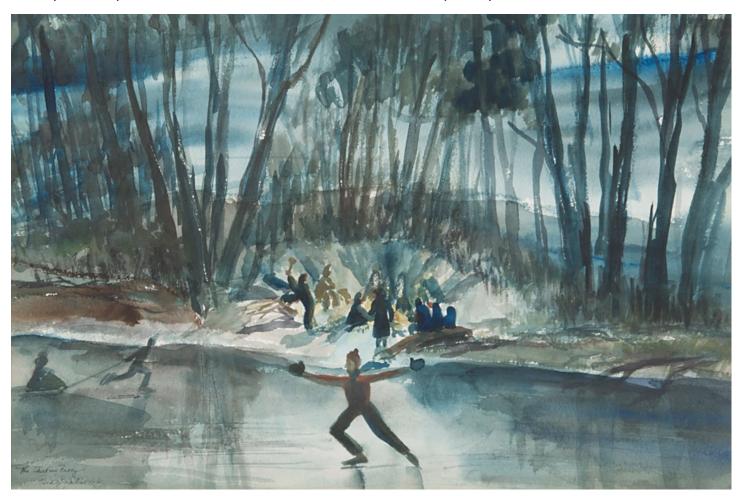


Friday, May 31, 2024 6:30 p.m. SNW Gallery & Union Hall

328 Poyntz Avenue • Manhattan, Kansas
Tickets on sale April 17.
Event proceeds benefit Meadowlark Memory Program.

Art Engagement from the Beach Museum of Art

Take a moment to look at this painting; what does your eye notice first? An artist often creates an area in the artwork to grab your attention known as the focal point. The artist might give the key area contrasting color, value, or texture. He or she might treat the area of interest in an unusual manner or place it in a location of importance. Take another look at this watercolor. Do you feel there is a clear focal point? If yes, how did the artist treat the area to attract your eye?



Arvid David Jacobson (United States, 1908 - 1989), *Skating Party, ca.* 1947, Watercolor on paper KSU, Marianna Kistler Beach Museum of Art, 1947.2

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caregivers for members of their families. There will be discussion with the playwright after the play so she can get feedback to improve the play. This event is FREE and open to the public; no registration is required to attend.

If you would like transportation from Meadowlark to this event, please sign up in the Blue Book. The bus will depart from the Village Entrance at 6:45 p.m. on Friday, Feb. 23. The cost for transportation is \$3 each.

Intergenerational Pickleball Tourney Monday, Feb. 26, at 3:30 p.m.

Kansas State University Gerontology extends an invitation to participate in the Intergenerational Pickleball Tournament located on the KSU campus. This event will begin promptly at 3:30 p.m. Monday, Feb. 26, at Chester E. Peter's Recreation Complex (K-State Rec Center). The tournament will end at or around 5:30 p.m. If you are interested, please contact Monte Spiller, Resident Services Leader, at (785) 323-3801.

RESTAURANT **SPECIALS**

Sunday, Feb. 18	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	\$16 Dinner Pot Roast
Monday, Feb. 19	\$9 Lunch Ham & Beans Cornbread	\$15 Dinner Maple-Roasted Pork Tenderloin Sweet Potato Mash Roasted Broccoli
Tuesday, Feb. 20	\$11 Lunch Cuban Sliders Macaroni Salad	\$13 Dinner Beef Enchiladas Mexican Rice Black Beans
Wednesday, Feb. 21	\$11 Lunch Vegetable Lasagna Garlic Bread	\$15 Dinner Creamy Garlic Chicken served over Ravioli Caesar Slad
Thursday, Feb. 22	\$13 Lunch Fish & Chips Coleslaw	\$14 Dinner Salisbury Steak Mashed Potatoes Green Beans
Friday, Feb. 23	\$11 Lunch Pasta Bar	\$17 Dinner Grilled Salmon with Sundried Tomato Sauce Roasted Fingerling Potatoes Asparagus
Saturday, Feb. 24	\$10 Lunch Chili Dog Pub Chips Fried Pickle Spear	\$23 Dinner 4-oz. Filet & Garlic Shrimp Baked Potato Fresh Green Beans

Weekly Opportunities Calendar Feb. 18 to Feb. 24

Sunday • Feb. 18 Put your trash at the curb! Thursday ● Feb. 15 10:30 a.m. ~ Worship Service, CR

10:30 a.m. ~ Transportation to FUMC, VE

Monday • Feb. 19 Trash & recycling pick-up

9:30 a.m. ~ Seated Strength, CR or 1960

10:00 a.m. ~ Tuttle Creek Ladies Group, BR

10:00 p.m. ~ Tuttle Creek Men's Group, MR

10:30 a.m. ~ Weights 101, CR or 1960

11:00 a.m. ~ Rock Steady Boxing, BF

11:30 a.m. ~ Sit & Be Fit, CR or 1960

1:00 p.m. ~ Parkinson's Exercise Class, CR or 1960

1:30 p.m. ~ God Talk, KSU CL

1:45 p.m. ~ Parkinson's Voice Class, CR

2:00 p.m. ~ Change & Loss Support Group, FHR

5:30 p.m. ~ 5th Floor Supper, MR

6:30 p.m. ~ Catbackers, EC

7:00 p.m. ~ Community Bingo, CR

Tuesday • Feb. 20

9:45 a.m. ~ Target & Great Clips Trip, VE

10:00 a.m. ~ Memory Activities Class, EC

10:15 a.m. ~ Mat Yoga, FHR

10:30 a.m. ~ Steady Yourself, CR or 1960

11:15 a.m. ~ Chair Yoga, CR or 1960

2:00 p.m. ~ 10-Point Pitch Group, GR

2:00 p.m. ~ Prairie Star Writers Group, PR

2:30 p.m. ~ UFM Class: Kansas Trails & Cowboy

Poetry, CR

5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday ● Feb. 21

9:00 a.m. ~ FUMC Communion, BR

9:30 a.m. ~ Seated Strength, CR or 1960

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR

10:00 a.m. ~ Memory Café, KSU CL

10:30 a.m. ~ Weights 101, CR or 1960

11:30 a.m. ~ Sit & Be Fit, CR or 1960

11:30 a.m. ~ North Monarch Luncheon, BR

3:00 p.m. ~ Sing-Along Drink-Along, FHR

3:00 p.m. ~ Rock Steady Boxing, CR

4:00 p.m. ~ Artist Discussion with the Beach, BR

Thursday • Feb. 22

9:00 a.m. ~ Messenger Team, KSU CL

10:00 a.m. ~ Meadowlark Minute, BR

10:15 a.m. ~ Mat Yoga, FHR

10:30 a.m. ~ Steady Yourself, CR or 1960

11:15 a.m. ~ Chair Yoga, CR or 1960

11:30 a.m. ~ Caring Conversations for People with Pd, FHR

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:00 p.m. ~ PD Care Partner Support Group, FHR

2:00 p.m. ~ 10-Point Pitch Group, VBL

2:30 p.m. ~ Knitting & Crocheting, BR

4:00 p.m. ~ Meadowlark Singers Practice, CR

Friday • Feb. 23

7:30 a.m. ~ Rock Steady Boxing, BF

9:30 a.m. ~ Seated Strength, CR or 1960

10:30 a.m. ~ Weights 101, CR or 1960

11:30 a.m. ~ Sit & Be Fit, CR or 1960

6:45 p.m. ~ Depart for KSU Play Reading, VE

Saturday ● Feb. 24

9:30 a.m. ~ Band Bust Exercise Class, 1960 only

Room Abbreviations

1960, TV Channel 1960

BF, Body First

BR, Bison Room

CR, Community Room

CY. Courtvard

EC. Event Center

GC. Grosh Cinema GR, Game Room

FHR, Flint Hills Room

KSU CL, KSU Classroom MM, 120 Scenic Drive

MR, Manhattan Room

PR, Patriot Room

PS. Prairie Star Restaurant

MSC. Manhattan Sr. Center VBL, Verna Belle's Lounge

VE, Village Entrance





GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M. SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: Feb. 18

THE LEGEND OF TARZAN (2016) PG-13, 1 hr. 49 min. Drama, Exciting

Cast: Alexander Skargard, Samuel L. Jackson, & Margot Robbie

After some time living in civilized 19th-century London, the ape-raised Tarzan returns to the wild Congo and faces off against abominable colonialists.

MONDAY: Feb. 19

FALLING FOR FIGARO (2021) TV-MA, 1 hr. 44 min. Heartfelt, Feel-Good, Romantic

Cast: Danielle Macdonald, Hugh Skinner, & Joanna Lumley

A fund manager trades her cushy life in London for a tiny Scottish village, where she chases her singing dreams coached by a crotchety former opera star.

TUESDAY: Feb. 20

FRYBREAD FACE AND ME (2023) TV-MA, 1 hr. 22 min. Drama, Understated

Cast: Keir Tallman, Charley Hogan, & Martin Sensmeier

A Navajo boy from San Diego experiences a cultural awakening when he spends summer vacation with his precocious cousin and their relatives on the rez.

WEDNESDAY: Feb. 21

EMIL AND THE DETECTIVES (1964) TV-PG, 1 hr. 38 min. Family, Crime, Action-Adventure

Cast: Walter Slezak, Roger Mobley, & Heinz Schubert

While traveling to visit his grandmother, a boy's money is stolen. In order to get the money back, he follows the thief. Along the way, he meets new friends and finds trouble when he learns the pick pocket is mixed up with notorious bank robbers.

THURSDAY: Feb. 22

DUNE (2021) PG-13, 2 hr. 35 min. *Mind-Bending, Ominous, Dark*

Cast: Timothee Chalamet, Rebecca Ferguson, & Oscar Isaac

To secure his people's future, a young man travels to a dangerous, resource-rich planet, where malevolent forces push him towards a foreboding destiny.

FRIDAY: Feb. 23

IT COULD HAPPEN TO YOU (1994) PG, 1 hr. 40 min. Sentimental, Comedy, Romantic

Cast: Nicolas Cage, Bridget Fonda, & Rosie Perez

A waitress gets a life-changing tip when a cop comes up short on pocket change and promises her half of his potential winnings from a lottery ticket.

SATURDAY: Feb. 24

TOM & JERRY (2021) PG, 1 hr. 41 min. Goofy, Comedy, Family

Cast: Chloe Grace Moretz, Michael Pena, & Colin Jost

The classic cat-and-mouse duo creates chaos at a swanky NYC hotel when alley cat Tom is hired to get rid of scheming mouse Jerry before a VIP wedding.