



# Thank You, Meadowlark Ambassadors!

Many thanks to the Meadowlark Ambassadors for your kitchenwares collection for Kitchen Restore. Eight boxes of kitchen items will be put to good use to make more "kitchen starter kits" for local households in need.

## EVENTS & OPPORTUNITIES

### **Meadowlark Singers: Join Us!**

*submitted by Payton Engel, ML Singers Director*

The Meadowlark Singers are a group of residents who come together weekly in song. There are no auditions to become a member, and interested singers need only to have a love for music and a desire to improve their physical, mental, and emotional health through singing.

Any musical experience level is welcome! Singers are seated for all rehearsals and performances. Singers love the music, love to sing, and thrive on the camaraderie that comes with making music together. We are currently rehearsing music for our spring concert with selections popularized by musicals and movies. Please join us in the Community Room at 4 p.m. each Thursday for rehearsal!

### **2024 Presidential Preference Primary**

This year, 2024 has three elections! The Presidential Preference Primary is on March 19, the Primary Election on Aug. 6, and the General Election on Nov. 5. The country has not had a Presidential Preference Primary since 1992.

If a Meadowlark resident is not sure if he or she is registered or if he or she has registered with the correct address, visit <https://www.rileycountyks.gov/134/Review-Your-Voter-Information>. This link also allows individuals to review their ballot style before voting.

If a voter has moved, even if it's just to a new apartment or room number, his or her voter registration must be updated.

Many meadowlark residents receive a ballot by mail. The United States Postal Service should not forward a ballot if the address is incorrect, so it is very important to update information as soon as possible. The team at the Riley County Clerk's Office is available to help with questions by calling (785) 537-6300.

Important upcoming dates for being prepared to vote in the 2024 Presidential Preference Primary are listed below:

- ~ Tuesday, Feb. 20: Last day to register to vote in the Presidential Preference Primary and deadline to request advance ballots by mail
- ~ Wednesday, Feb. 28: Advance Ballots mailed
- ~ Wednesday, Feb. 28: Advance Voting begins at

Riley County Clerk's building, 2nd floor (8 a.m. to 5 p.m., Monday through Friday)

~ Monday, March 18: Advance Voting closes at 12 p.m.

~ Thursday, March 19: Presidential Preference Primary at your polling location (7 a.m. to 7 p.m.) & LAST DAY to receive Advance Ballots

### **Manhattan Arts Center: Poetry Class**

Join the Manhattan Arts Center (MAC) for a unique poetry opportunity and try something new! You're invited to register for two joyful poetry events.

*Gleeful Ghazals*, a poetry workshop, will be offered Saturday, Feb. 10, from 1:30 to 3:30 p.m. in the MAC Arts Annex 2D Studio. Originally from seventh century CE Arabic culture, the ghazal came to contemporary American English poetry through Persia and India, Goethe and Lorca. Among notable U.S. poets who have written ghazals are W.S. Merwin and Adrienne Rich. The form has inherent lightness and charm that is apt for love and nature poetry, and yet it has been employed to address meta physical questions and such somber subjects as species devastation and political corruption. The cost to attend is \$40 per person.

A free poetry reading will be offered at the MAC's Grosh Performance Hall Saturday, Feb. 10, from 5 to 6 p.m. Donald Levering will share poetry for all ages. Light snacks will be served.

### **MHK Area Music Teachers Recital**

**Friday, Feb. 9, at 7 p.m.**

Meadowlark welcomes the Manhattan Area Music Teachers Association (MAMTA) at 7 p.m. Friday, Feb. 9, in the Community Room. MAMTA will be performing their annual members recital at Meadowlark!

MAMTA, comprised of music teachers of all ages and experiences, has been serving the community of Manhattan, Kan., for more than 40 years. At this year's recital, some of the teachers' students will perform as well!

### **Super Bowl Watch Party**

**Sunday, Feb. 11, at 5:30 p.m.**

You're invited to cheer for the AFC Champion Kansas City Chiefs as they take on NFC Champion

## EVENTS & OPPORTUNITIES

San Francisco 49ers in Super Bowl 58. Join the Super Bowl Watch Party in the Event Center, Game Room, and Pub on Sunday, Feb. 11. The game will kick off at 5:30 p.m. Prairie Star Restaurant will have a special Super Bowl menu, including boneless wings, hamburger sliders, and beef nachos.

### Worship Service

**Sunday, Feb. 11, at 10:30 a.m.**

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, Feb. 11, in the Community Room/Chapel. This week, Pastor Melanie will continue her sermon series on the trinity. By examining the Holy Spirit, Christ, and God separately, we can learn more about the ancient controversy of the three-in-one God and how each aspect of the trinity enriches our life. All are welcome to attend.

### Hable Espanol

**Monday, Feb. 12, at 4 p.m.**

La clase de Hable Español se reunirá el lunes 12 de febrero a las 4 de la tarde en el espacio del Flint Hills. La presentación tenemos un Juego para practicar El Sopa de Letras.

Nos vemos tambien el Lunes 26 de febrero a las 4 p.m.

### UFM Class: Kansas Trails & Cowboy Poetry

**Tuesday, Feb. 13, at 1 p.m.**

UFM Lifetime Learning presents *Kansas Trails and Cowboy Poetry* taught by Ron Wilson. This two-session course will begin Tuesday, Feb. 13, from 1 to 2:30 p.m. in the Community Room. The second session will meet Tuesday, Feb. 20.

Some sources say that Kansas likely has more frontier trails than any other state. Those trails played a fundamental role in the history of the nation and certainly of the Old West, providing a setting where the American cowboy first came to life. This class will use a cowboy perspective, including cowboy poetry, to share the creation and the legacy of the historic trails of Kansas.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

### Valentine's Day Sweetheart Soiree

**Wednesday, Feb. 14, at 2 p.m.**

You're invited to a Sweetheart Soiree hosted by Wareham Hall at 2 p.m. Wednesday, Feb. 14, in the Event Center. Enjoy live music from Wayne Goins and his ensemble, and indulge in a Valentine's Day themed dessert buffet. You'll be delighted with a little silver screen trivia and more, from the historic Wareham Hall theater. Please sign up at the Prairie Star host stand to reserve your seats.

### Page Turners Book Club

**Wednesday, Feb. 14, at 11:30 a.m.**

The Page Turners Book Club will wrap up our discussion of *Fried Green Tomatoes* by Fannie Flagg at 11:30 a.m. Wednesday, Feb. 14, in the Patriot Room. This week, we will be discussing the differences between the book and the movie and enjoying a themed snack. You can watch the movie in the Grosh Cinema on Tuesday, Feb. 13, at 1, 4, or 7 p.m. You do not have to attend Page Turners each week to participate. Come when you are able, whether you have finished the book or only saw the movie!

Contact Katie if you have any questions at [ksigman@meadowlark.org](mailto:ksigman@meadowlark.org) or (785) 323-3899. Thank you to Meadowlark Special Programs and to Resident Services Leader, Monte Spiller for continuing to support the Page Turners! The next book we are reading is *True Grit* by Charles Portis.

### Ash Wednesday Worship

**Wednesday, Feb. 14, at 7 p.m.**

Pastor Melanie Nord will offer an Ash Wednesday Worship service at 7 p.m. Wednesday, Feb. 14, in the Community Room/Chapel. All are welcome to attend.

### Technology Help Drop In

**Thursday, Feb. 15, at 9 a.m.**

Are you new to technology or need help with existing computer questions? Take advantage of a one-on-one help with tablets, laptops, and phones. This opportunity is offered by Wandean

See EVENTS, page 4



**Sweetheart Soirée**

**FEB 14**

**2:00 - 4:00 PM**

**PRAIRIE STAR RESTAURANT & EVENT CENTER**  
Dessert buffet, refreshments, and live music from Wayne Goins!

HOSTED BY  
**WAREHAM**  
SINCE HALL 1880

**RSVP REQUIRED**  
Sign up at the Prairie Star host stand to reserve your seats.

### EVENTS from page 3

Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Game Room.

### NEW! 10-Point Pitch Group

*Thursday, Feb. 15, at 2 p.m.*

An additional 10-Point Pitch Group has been added to the weekly opportunities calendar! The group will meet at 2 p.m. each Thursday in Verna Belle's Lounge. No registration required.

### Card Making with Michelle Lehmer

*Thursday, Feb. 15, at 2:30 p.m.*

The next Card Making with Michelle Lehmer class will occur on Thursday, Feb. 15, at 2:30 p.m. in the Flint Hills Room.

### Celebrating K-STATE!

*Friday, Feb. 16, at 2 p.m.*

You're invited to celebrate K-State's 161st birthday with Call Hall ice cream from 2 to 4 p.m. Friday, Feb. 16, in Verna Belle's Lounge. Scoops will be \$3 each.

### Biggs & Gustin Live!

*Friday, Feb. 16, at 7 p.m.*

Meadowlark welcomes back Biggs & Gustin Live! at 7 p.m. Friday, Feb. 16, in the Event Center. Chris Biggs and Ken Gustin are coming back to share their blend of original and traditional songs with their Meadowlark family of friends. They incorporate bluegrass, folk, country blues, Texas swing, and classic country music in their repertoire and always provide a great evening of entertainment. All are invited to attend!

### Shopping at Target & Dollar Tree

*Saturday, Feb. 17, at 10:30 a.m.*

The next scheduled trip is Saturday, Feb. 17, with transportation going to Target and Dollar Tree West.



**Super Bowl Menu**

**\$11 Each Boneless Wings**  
with your choice of Buffalo, BBQ, or garlic-parmesan sauce and served with fries

**Hamburger Sliders**  
Two angus beef chuck patties topped cheddar cheese, lettuce, tomato, pickle, & onion and served with fries

**Beef Nachos**  
Corn tortilla chips loaded with queso cheese, seasoned beef, pico de gallo, street corn, & guacamole

The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, March 16. Please sign up in the Blue Book to participate.

### Erne Hamel Funeral Service

*Saturday, Feb. 17, at 3 p.m.*

Funeral services for former resident Erne Hamel will be at 3 p.m. Saturday, Feb. 17, at First Baptist Church, 2121 Blue Hills Road. Transportation is provided from Meadowlark. Please sign up for this service in the Blue Book at the Hospitality Desk.



## Art Engagement *from the* Beach Museum of Art

Lines can communicate information with their direction. Horizontal lines can separate layers in a landscape and suggest expansiveness, while vertical lines communicate height. Curved lines give a sense of energy. Diagonal lines express movement and are often used to create depth through perspective by drawing the viewer's eye to a converging point. As you observe the use of lines in the print shown here, do you notice an area where the artist is creating one point perspective? Do the horizontal and vertical lines affect the perception of depth and size of this landscape? Do you find the lines move your eye around the image, or do they rest in one place?



John Frederick Helm, Jr.

*Saplings in Winter*, 1928

Drypoint on paper

KSU, Marianna Kistler Beach Museum of Art, gift of Mary Brownell Helm, 1985.82

# RESTAURANT **SPECIALS**

<b>Sunday, Feb. 11</b>	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	<b>\$14</b> Dinner Super Bowl Menu <i>See page 4.</i>
<b>Monday, Feb. 12</b>	<b>\$11</b> Lunch Roasted Pork Sandwich Sweet Potato Fries	<b>\$17</b> Dinner Balsamic Steak Kabob Side House Salad Roasted Vegetables
<b>Tuesday, Feb. 13</b>	<b>\$12</b> Lunch BBQ Meatballs Cheesy Potatoes Cucumber Salad	<b>\$14</b> Dinner Baked Chicken Leg Roasted Red Potatoes Fresh Green Beans
<b>Wednesday, Feb. 14</b>	<b>\$11</b> Lunch Cowboy Burger French Fries	<b>\$24</b> Dinner 4-oz. Filet & Pesto Grilled Shrimp Roasted Garlic Mashed Potatoes Asparagus
<b>Thursday, Feb. 15</b>	<b>\$11</b> Lunch Fried Chicken Sandwich French Fries	<b>\$16</b> Dinner Fried Catfish Cornbread Pudding Coleslaw
<b>Friday, Feb. 16</b>	<b>\$11</b> Lunch Taco Bar	<b>\$16</b> Dinner Lemon Linguine <i>with Sautéed Shrimp</i> House Side Salad
<b>Saturday, Feb. 17</b>	<b>\$11</b> Lunch Clam Chowder Bread Bowl Strawberry Feta Side Salad	<b>\$15</b> Dinner Chicken Fried Steak Mashed Potatoes & Gravy Corn

# Weekly Opportunities Calendar Feb. 11 to Feb. 17

**Sunday • Feb. 11** Put your trash at the curb!

10:30 a.m. ~ Worship Service, CR  
10:30 a.m. ~ Transportation to FUMC, VE  
5:30 p.m. ~ Super Bowl Watch Party, PS & GR

**Monday • Feb. 12** Trash pick-up

9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:30 a.m. ~ Weights 101, CR *or 1960*  
10:30 a.m. ~ Mindful Memories, *MSC*  
11:00 a.m. ~ Rock Steady Boxing, *BF*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
1:00 p.m. ~ Parkinson's Exercise Class, CR *or 1960*  
1:30 p.m. ~ God Talk, KSU CL  
1:45 p.m. ~ Parkinson's Voice Class, CR  
2:00 p.m. ~ Change & Loss Support Group, FHR  
4:00 p.m. ~ Hable Espanol, FHR  
7:00 p.m. ~ Community Bingo, CR

**Tuesday • Feb. 13**

9:45 a.m. ~ Target & Great Clips Trip, VE  
10:00 a.m. ~ Memory Activities Class, EC  
10:15 a.m. ~ Mat Yoga, FHR  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
12:00 p.m. ~ 4th Floor Luncheon, MR  
1:30 p.m. ~ UFM Class: Kansas Trails & Cowboy Poetry, CR  
2:00 p.m. ~ 10-Point Pitch Group, GR

**Wednesday • Feb. 14**

9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR  
10:00 a.m. ~ Memory Café, KSU CL  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
11:30 a.m. ~ Lutheran Luncheon, BR  
11:30 a.m. ~ Page Turners Book Club, PR  
2:00 p.m. ~ Sweetheart Soiree, EC  
3:00 p.m. ~ Sing-Along, FHR  
3:00 p.m. ~ Rock Steady Boxing, CR  
7:00 p.m. ~ Ash Wednesday Worship, CR

**Thursday • Feb. 15**

9:00 a.m. ~ Messenger Team, KSU CL  
9:00 a.m. ~ Technology Help Drop-In, GR  
10:15 a.m. ~ Mat Yoga, FHR  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
11:30 a.m. ~ Caring Conversations Lunch, PS

**Thursday • Feb. 15**

11:30 a.m. ~ Pd Care Partner Lunch, PS  
1:00 p.m. ~ Parkinson's Exercise Class, CR  
2:30 p.m. ~ Card Making w/ Michelle Lehmer, FHR  
2:00 p.m. ~ NEW! 10-Point Pitch Group, VBL  
4:00 p.m. ~ Meadowlark Singers Practice, CR  
5:30 p.m. ~ Meadowlark Circle Dinner, MR

**Friday • Feb. 16**

7:30 a.m. ~ Rock Steady Boxing, *BF*  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
2:00 p.m. ~ Call Hall Ice Cream Social, VBL  
3:00 p.m. ~ Catholic Rosary, CR  
7:00 p.m. ~ Biggs & Gustin Live!, EC

**Saturday • Feb. 17**

9:30 a.m. ~ Band Bust Exercise Class, *1960 only*  
10:30 a.m. ~ Saturday Shopping Trip, VE  
2:30 p.m. ~ Transportation to Erne Hamel's Funeral Service, VE

**Room Abbreviations**

<i>1960</i> , TV Channel 1960	KSU CL, KSU Classroom
<i>BF</i> , Body First	<i>MM</i> , 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	<i>MSC</i> , Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	

**Gifts to Meadowlark Foundation**

*Gifts benefiting Bramlage House, Good Samaritan Fund, Helping Hands Fund, Meadowlark employee training, and Wroten House were received by Meadowlark Foundation during the month of January.*

**Memory of**

Dorothy Buller\* Frederick "Lee" O'Neill  
Robert "Bob" Cranmer Jill Orr  
Velma Skidmore

*\*Remembered as part of the annual Dollar-a-Day campaign. Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.*



## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SUNDAY: Feb. 11

***THE HAPPIEST MILLIONAIRE*** (1967) G, 2 hr. 49 min. *Romance, Comedy, Musical*

Cast: Fred MacMurray, Tommy Steele, & Greer Garson

A young immigrant from Ireland finds a position as a butler in the home of an eccentric, but lovable, Philadelphia millionaire.

### MONDAY: Feb. 12

***GRAVITY*** (2013) PG-13, 1 hr. 30 min. *Sci-Fi, Drama, Thriller*

Cast: Sandra Bullock, George Clooney, & Ed Harris

When debris destroys their shuttle, a medical engineer and a seasoned astronaut find themselves floating through space with no connection to Earth.

### TUESDAY: Feb. 13

PAGE TURNER REQUEST

***FRIED GREEN TOMATOES*** (1991) PG-13, 2 hr. 10 min. *Nostalgic, Heartfelt, Emotional*

Cast: Kathy Bates, Mary Stuart Masterson, & Mary-Louise Parker

Flashbacks reveal the remarkable story of soulmates Idgie and Ruth, whose antics cause an uproar in their rural Southern town in the 1920s.

### WEDNESDAY: Feb. 14

***THE VOW*** (2012) PG-13, 1 hr. 44 min. *Drama, Tearjerker, Romantic*

Cast: Rachel McAdams, Channing Tatum, & Jessica Lange

When a recently married young woman awakens with amnesia following a car accident, her devoted husband must help her recover and win back her love.

### THURSDAY: Feb. 15

***MINARI*** (2020) PG-13, 1 hr. 55 min. *Nostalgic, Heartfelt, Intimate*

Cast: Steven Yeun, Han Ye-ri, & Alan Kim

In search of the American dream, a Korean family tests the resilience of their bonds after planting their roots on an unstable Arkansas farm.

### FRIDAY: Feb. 16

***SISTER ACT*** (1992) PG, 1 hr. 40 min. *Family, Comedy, Crime*

Cast: Whoopi Goldberg, Maggie Smith, & Harvey Keitel

A sassy lounge singer is forced to hide from the mob in the last place anyone would ever look for her—a convent. When her revamped choir group earns rave reviews, her sudden celebrity jeopardizes her hidden identity.

### SATURDAY: Feb. 17

***SHAZAM*** (2019) PG-13, 2 hr. 11 min. *Exciting, Comedy, Family*

Cast: Zachary Levi, Mark Strong, & Asher Angel

When a foster teen shows his true heart, he gains the ability to transform into an adult superhero that must defend his city from sinful villains.