

# Holiday Getaway



**[top left]** A stop in Cincinnati, Ohio, included a visit to Krohn Conservatory, decorated with a towering poinsettia "tree." These four friends—Sharon Stegman, June Keys, resident Karen Matthews, and Passport member Wanda Fulks— pause for a photo before searching for dozens of elves hidden among four rooms of foliage. **[top right]** "Lights Under Louisville," an illuminated ride through the passageways of the city's Mega Cavern, features more than 40 themed displays, about 900 illuminated characters, and nearly 6,000,000 points of light.

**by Becky Fitzgerald, Development Director**

The Meadowlark Travelers' holiday-themed getaway last week included one ark, two eye-catching light displays, three entrees at a private, catered dinner, and more decorated trees than we could count. Twenty-six residents and Passport members, as well as friends and family members joined Monte Spiller, Resident Services Leader, and Becky Fitzgerald, Development Director, on a six-day tour with meal, hotel, and/or attraction stops in six states: Kansas, Missouri, Illinois, Indiana, Ohio, and Kentucky.

State-of-the-art exhibits at the Creation Museum and Ark Encounter in Kentucky prompted questions and

conversation. Visiting the Creation Museum in the late afternoon and early evening gave us the opportunity to walk in a dazzling garden of lights.

During our stay in Louisville at the Seelbach Hilton Hotel, we enjoyed an entertaining presentation from the hotel's historian and an unexpected, private tour led by the hotel's security guard, who had a key and a story for every room. Since 1905, the Seelbach has welcomed 11 U.S. presidents, and has attracted a wide array of famous folks, including author F. Scott Fitzgerald, notorious gangster Al Capone, and singers Billy Joel and Elvis Presley.

**See GETAWAY, page 4**

## EVENTS & OPPORTUNITIES

### IL Records Update

This month, our Administrator in Training, Makayla Brooks, will help update independent living resident contact information for our records. Residents should anticipate a call from her in December to arrange a meeting.

Please prepare for these meetings by having updated contact details, copies of Powers of Attorney, Living Wills, DNRs, and insurance cards.

Also, be prepared for Makayla to take an updated photo during the meeting. There are information sheets available at the Hospitality Desk that can be completed in advance of your meeting time.

If you have any questions, call Taylor Wheelock, Assistant Administrator, at (785) 323-3862, or email her at [twheelock@meadowlark.org](mailto:twheelock@meadowlark.org).

### Thank you!

*submitted by Dixie Roberts*

Thank you for all the special birthday greetings! I really appreciate everyone's friendship and thoughtfulness. I feel honored that people would be so kind and generous.

### Holiday Bingo Schedule

Community Bingo will meet Monday, Dec. 18. Bingo is canceled for Monday, Dec. 25, and Monday, Jan. 1.

### Hooray for Thursday!

*Thursday, Dec. 14, at 5:30 p.m.*

BHS is sponsoring Hooray for Thursday for HYPE (Chamber's Young Professionals) members. Meadowlark residents are encouraged to join in and enjoy conversations with attendees. Happy hour will begin at 5:30 p.m. today, Dec. 14, in Prairie Star's Pub.

### Friday Night Live

*Friday, Dec. 15, at 5 p.m.*

You're invited to Meadowlark's most-anticipated event of the year—the annual Christmas Carousel.

As the sun sets on Friday, Dec. 15, residents and Passport members will gather in the Event Center for *Christmas Carousel: Friday Night Live*, their excitement palpable as they anticipate an evening filled with holiday cheer, delectable treats, and

comedic entertainment.

The anticipation begins at 5 p.m. when the doors open, welcoming guests to find their seats and settle in for an evening of festivities. At 5:30 p.m., the lights dim, signaling the commencement of the night's entertainment. A crescendo of excitement builds as the spotlight falls on the stage for the most-awaited act of the night—the performance by The Church Ladies. With their spirited melodies and festive tunes, they add a special touch to the evening, bringing smiles and holiday cheer to all in attendance. Registrations is required and there is no cost to attend the event.

### Shopping at Target & Dollar Tree

*Saturday, Dec. 16, at 10:30 a.m.*

The next scheduled trip is Saturday, Dec. 16, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, Jan. 20. Please sign up in the Blue Book to participate.

### Worship Service

*Sunday, Dec. 17, at 10:30 a.m.*

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, Dec. 17, in the Community Room/Chapel. Pastor Melanie will continue the Advent season worship series, "Advent: Examining the Gospels." This week's sermon will explore the Gospel of Luke. All are welcome to attend.

### Advent Bible Study

*Monday, Dec. 18, at 6 p.m.*

Have you ever wondered why we need four different tellings of Jesus's birth and life in the Bible? Join Pastor Melanie as she continues a four-week Advent study examining the four Gospels Monday, Dec. 18, at 6 p.m. in the Flint Hills Room.

### Target & Great Clips Transportation

*Tuesday, Dec. 19, at 9:45 a.m.*

Transportation will be provided to Target and Great Clips on Tuesday, Dec. 12. Appointments for Great Clips are encouraged. The bus will depart from the Village Entrance at 9:45 a.m. and return

## EVENTS & OPPORTUNITIES

at 12 p.m. Please sign up in the Blue Book to participate in these opportunities.

### Rock Creek Middle School Concert

**Tuesday, Dec. 19, at 1:15 p.m.**

Meadowlark welcomes the Rock Creek Middle School Choir for a performance at 1:15 p.m. Tuesday, Dec. 19, in the Event Center. The students will entertain us with their 2023 Holiday Tour. All are invited to attend.

### Prairie Star Writers Group

**Tuesday, Dec. 19, at 2 p.m.**

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, Dec. 19, in the Patriot Room.

The Dec. 19 session is titled "Completely Absorbed," and we will share about our moments when we are completely absorbed in a particular, job, task, entertainment, art, or project. The cares of everyday life fade the deeper we fall into that wonderful state. Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

### FUMC Communion

**Wednesday, Dec. 20, at 9 a.m.**

Join pastoral leaders from First United Methodist Church at 9 a.m. Wednesday, Dec. 20, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

### Artist Discussion with the Beach

**Wednesday, Dec. 20, at 4 p.m.**

Join Kim Richards from the Beach Museum of Art for "The History of the Christmas Tree with Art," at 4 p.m. Wednesday, Dec. 20, in the Bison Room. We will explore the transition of decorating with green boughs clipped in the 12th century for Winter Solstice to the fully-decorated trees we see in the 21st century.

### Technology Help Drop In

**Thursday, Dec. 21, at 9 a.m.**

Are you new to technology or need help with existing computer questions? Take advantage of a one-on-one help with tablets, laptops, and phones.

This opportunity is offered by Wandean Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Game Room. Registration is not required to attend.

### Christmas Piano Recital

**Thursday, Dec. 21, at 6:30 p.m.**

Glenn's Music instructor Tami Yeager is excited to present a Christmas Piano Recital at 6:30 p.m. Thursday, Dec. 21, in the Community Room.

### Christmas Day Lunch

**Monday, Dec. 25, between 11 a.m. & 1:30 p.m.**

You're invited to reserve seats for lunch on Christmas Day in Prairie Star Restaurant. Seatings are available between 11 a.m. and 1:30 p.m. Reservations can be made by contacting the restaurant at (785) 323-3820 or visiting the host stand. **Reservations will close Thursday, Dec. 21.**

The menu will include an entree choice of prime rib (\$25), maple-glazed salmon (\$23), or raspberry-grilled chicken (\$21). All entrees will be served with sides, a choice of starter, and choice of dessert.

  
**MEADOWLARK**

**Employee of  
the Month**



**Jana Armfield, Engagement Specialist**

**Sponsored by**  **Meritrust**  
CREDIT UNION SM





**[left]** Meadowlark Travelers pose on a grand staircase in the lobby of Louisville's Seelbach Hotel, which opened in 1905.

### GETAWAY, from page 1

In Santa Claus, Ind., where Christmas is celebrated all year, we shopped at the small town's Christmas Store, and toured Santa Claus Museum and Village. At a historic post office there, a few Travelers entered a room where a team of volunteer Santa's Elves were answering letters to St. Nick. One of the elves that day was 92-year-old Pat Koch, who

founded the museum and whose late father, Jim Yellig, was known as the "Real Santa from Santa Claus." He spent 54 years hearing the wishes of children and appearing in Christmas parades across the nation. Many of the museum items are from Koch's personal collection.

The Meadowlark Travelers program was started in 2004 by Fitzgerald, during her time as Resident Services Leader, and by former Meadowlark employee and current Passport member Donna McCallum. December's Holiday Getaway was the 22<sup>nd</sup> adventure led by Meadowlark staff. If you have a destination suggestion, please contact Spiller or Fitzgerald.

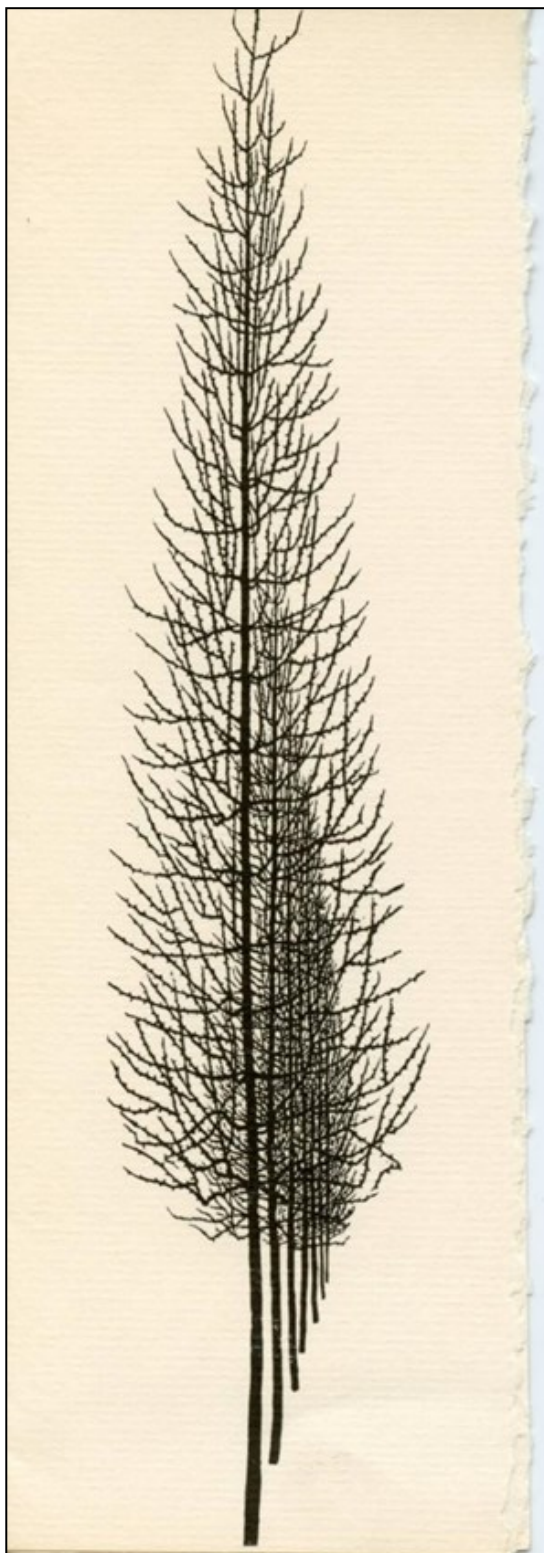


**[above left]** Tour leaders Becky Fitzgerald and Monte Spiller at Ark Encounter in Williamstown, Ky. The ark, 510 feet long, 85 feet wide, and 51 feet high, was built according to dimensions given in the Bible. **[above right]** Resident Mary Rickley writes letters to Santa on behalf of her grandchildren at the original Santa Claus, Ind., post office, built in 1856. Her grandchildren will receive a reply this month from Santa's Elves, who volunteer at Santa Claus Museum & Village.



## Art Engagement *from the* Beach Museum of Art

**Compare and Contrast ...** When two artworks appear to be different, it is often an opportunity to engage in a compare and contrast activity. As you take a moment to observe what is the same or different in the reproductions shown here, you may want to consider how each artist arranged the subjects within the composition. How did they treat space, value, and perspective? Challenge yourself to find at least five similarities. What details about both pieces did you notice during this activity that might have been overlooked before this exercise?



[above]

**Karen Owsley Nease** (United States, born 1960)

*Winter Trees*, 1994

Kansas Artists' Postcard Series XVII

Photomechanical reproduction on paper

KSU, Marianna Kistler Beach Museum of Art, CM15j.2023

[left]

**Jacques Hnizdovsky** (United States, born Ukraine, 1915 - 1985)

*Ailee*, 1934 - 1969

Associated American Artists (United States, 1934 - 2000)

Photomechanical lithograph on paper

KSU, Marianna Kistler Beach Museum of Art, gift of the Windisch Family, CM32.2015

**Notes**

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# RESTAURANT **SPECIALS**

<b>Sunday, Dec. 17</b>	<b>Sunday Brunch</b> Brunch Menu available from 9 a.m. to 2 p.m.	<b>\$14</b> <b>Dinner</b> Swedish Meatballs <i>served over Egg Noodles</i> Buttered Carrots
<b>Monday, Dec. 18</b>	<b>\$11</b> <b>Lunch</b> Maple-Bacon Chicken Sandwich <i>served on a Croissant</i> Watergate Salad	<b>\$14</b> <b>Dinner</b> Ham Loaf Roasted Red Potatoes Creamed Peas
<b>Tuesday, Dec. 19</b>	<b>\$11</b> <b>Lunch</b> Turkey-Cranberry Sandwich <i>served on a Croissant</i> Green Bean Casserole	<b>\$16</b> <b>Dinner</b> Chicken Alfredo Garlic Bread Side Caesar Salad
<b>Wednesday, Dec. 20</b>	<b>\$10</b> <b>Lunch</b> Everything Bagel Sandwich <i>Ham, Turkey, &amp; Swiss</i> Potato Salad	<b>\$13</b> <b>Dinner</b> Smothered Beef & Bean Burrito Mexican Rice Refried Beans
<b>Thursday, Dec. 21</b>	<b>\$11</b> <b>Lunch</b> Broccoli Cheddar Bread Bowl Side Caesar Salad	<b>\$16</b> <b>Dinner</b> Pot Roast <i>with Carrots, Onions, &amp; Celery</i> Mashed Potatoes & Gravy Green Beans
<b>Friday, Dec. 22</b>	<b>\$11</b> <b>Lunch</b> Mac & Cheese Bar	<b>\$14</b> <b>Dinner</b> Swiss Steak Mashed Potatoes Honey-Glazed Carrots
<b>Saturday, Dec. 23</b>	<b>\$13</b> <b>Lunch</b> Fish & Chips Coleslaw	<b>\$15</b> <b>Dinner</b> White Chicken Chili Cornbread Side House Salad

# Weekly Opportunities Calendar *Dec. 17 to Dec. 23*

**Sunday • Dec. 17**      *Put your trash at the curb!*

10:30 a.m. ~ Worship Service, CR  
10:30 a.m. ~ Transportation to FUMC, VE

**Monday • Dec. 18**      *Trash & recycling pick-up*

9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Tuttle Creek Men's Group, MR  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
1:00 p.m. ~ Parkinson's Exercise Class, CR *or 1960*  
1:30 p.m. ~ God Talk, KSU CL  
2:00 p.m. ~ Change & Loss Support Group, FHR  
5:30 p.m. ~ 5th Floor Supper, MR  
6:00 p.m. ~ Advent Bible Study, FHR  
7:00 p.m. ~ Community Bingo, CR

**Tuesday • Dec. 19**

9:45 a.m. ~ Target & Great Clips Trip, VE  
10:00 a.m. ~ ARTful Memories, KSU CL  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
12:05 p.m. ~ Mat Yoga, CR  
1:15 p.m. ~ Rock Creek Middle School Choir, EC  
2:00 p.m. ~ 10-Point Pitch, GR  
2:00 p.m. ~ Prairie Star Writers, PR  
3:00 p.m. ~ 2nd Floor Social, BR

**Wednesday • Dec. 20**

9:00 a.m. ~ FUMC Communion, BR  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR  
10:00 a.m. ~ Memory Café, KSU CL  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
12:00 p.m. ~ Rock Steady Boxing, BF  
3:00 p.m. ~ Sing-Along, FHR  
3:00 p.m. ~ Rock Steady Boxing, CR  
4:00 p.m. ~ Artist Discussion with the Beach, BR

**Thursday • Dec. 21**

9:00 a.m. ~ Messenger Team, KSU CL  
9:00 a.m. ~ Technology Help Drop-In, GR  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
11:30 a.m. ~ People with Pd Convo Lunch, PS  
11:30 a.m. ~ Pd Care Partner Lunch, PS  
12:05 p.m. ~ Mat Yoga, CR

**Thursday • Dec. 21**

1:00 p.m. ~ Parkinson's Exercise Class, CR  
4:00 p.m. ~ Meadowlark Singers Practice, BR  
5:30 p.m. ~ Meadowlark Circle Dinner, MR  
6:30 p.m. ~ Christmas Piano Recital, CR

**Friday • Dec. 22**

7:00 a.m. ~ Rock Steady Boxing, BF  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*

**Saturday • Dec. 23**

9:30 a.m. ~ Band Bust Exercise Class, *1960 only*

**Room Abbreviations**

<b>1960</b> , TV Channel 1960	KSU CL, KSU Classroom
<b>BF</b> , Body First	<b>MM</b> , 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	<b>MSC</b> , Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	

**Gifts to Meadowlark Foundation**

*Gifts benefiting Good Samaritan Fund, Helping Hands Fund, a live music series, Meadowlark Memory Program, Meadowlark Parkinson's Program, and Wroten House were received by Meadowlark Foundation during the month of November.*

**Memory of**

Dorothy Buller  
Earl Dornberger  
Don Emley  
Sandra Emley  
Dorothy Lufburrow  
Pat Miksch  
Frederick L. "Lee" O'Neill  
Jill Orr

*Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.*



## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SUNDAY: Dec. 17

***I CAN ONLY IMAGINE*** (2018) PG, 1 hr. 50 min. *Inspiring, Drama*

Cast: Dennis Quaid, Cloris Leachman, & Trace Adkins

Based on MercyMe's 2001 Christian rock ballad, this faith-based drama follows the emotional life story of the song's composer, Bar Millard.

### MONDAY: Dec. 18

***FATHER CHRISTMAS IS BACK*** (2021) PG-13, 1 hr. 45 min. *Feel-Good, Comedy*

Cast: Elizabeth Hurley, John Cleese, & Kelsey Grammer

Four feuding sisters get a crash course in family togetherness when their long-lost father shows up for Christmas at their posh ancestral manor.

### TUESDAY: Dec. 19

***SNOWBALL EXPRESS*** (1972) TV-G, 1 hr. 33 min. *Family, Comedy*

Cast: Dean Jones, Nancy Olson, & Harry Morgan

When John Baxter inherits a ski resort in the Rocky Mountains, he quits his job in New York and moves west to run it—only to find his “estate” in a state of total dilapidation.

### WEDNESDAY: Dec. 20

***THE NAUGHTY NINE*** (2023) PG, 1 hr. 24 min. *Comedy, Fantasy, Action-Adventure*

Cast: Winslow Fegley, Camila Rodriguez, & Derek Theler

Troublemaker Andy pulls together a crack team of fellow “naughty listers” to pull off an elaborate heist in the North Pole to get the presents they feel they deserve.

### THURSDAY: Dec. 21

***COOL RUNNINGS*** (1993) PG, 1 hr. 38 min. *Sports, Comedy, Family*

Cast: Leon, Doug E. Doug, & Rawle D. Lewis

Based on a true story, four Jamaican athletes go to extremes to compete as bobsled racers at the Winter Olympics. With virtually no clue about winter sports, it's an uphill course for this troupe from the tropics as they go for the gold in Canada. After enlisting some professional help, it's now up to the reluctant ex-champion American slider to bring a team of complete novices up to Olympic speed.

### FRIDAY: Dec. 22

***HOME ALONE*** (1990) PG, 1 hr. 44 min. *Family, Comedy*

Cast: Macaulay Culkin, Joe Pesci, & Daniel Stern

When Kevin McCallister is left behind while his family dashes off on a Christmas trip, he is left to defend his family's home from two bumbling burglars until the relatives return.

### SATURDAY: Dec. 23

***WHITE CHRISTMAS*** (1954) TV-G, 2 hr. *Charming, Romantic, Feel-Good*

Cast: Bing Crosby, Danny Kaye, & Rosemary Clooney

Two war buddies fall for two sisters and follow the girls to a resort owned by their former commanding officer, who is in danger of losing the place.