

Oink! All Aboard!

Transportation available for Meadowlark Market event



by Becky Fitzgerald

HOGTOBERFEST turns 10 this year, so we're planning a HOG-size celebration! Plan now to enjoy a special German-style menu at Prairie Star Restaurant beginning Oct. 18 and/or join us for a day-long party at the restaurant and event venue on Friday, Oct. 27. Since 2014, Meadowlark Foundation has teamed with community members for FOOD, FRIENDS, and FUNdraising to benefit the Good Samaritan Fund.

Another way to enjoy all three event components is to eat and shop at Meadowlark Market on Friday, Oct. 20. Even though HOGTOBERFEST moved away from Aggieville this year, Scott Sieben, owner of Kite's Bar & Grill, Mr. K's, and Rockin K's, happily pledged his support by sharing proceeds from food sales and providing a raffle prize. Enjoy breakfast or lunch from Mr. K's Mobile Kitchen from 9 a.m. to 2 p.m. Oct. 20 at the Market, 120 N. Scenic Dr. In keeping with traditional HOG Heaven foods, hungry customers will see ingredients such as sausage, bacon, and pulled pork among the selections. Mr. K's is joining Prairie Star in donating 10 percent of the mobile kitchen's

sales to the Good Samaritan Fund.

Meadowlark Market is open from 10 a.m. to 3 p.m. that day, so the public has been invited to arrive early and purchase breakfast or shop first, then buy lunch. If you've never been to the Market, or you haven't been to the Scenic Drive location, this is an easy way to see the shop. Complimentary transportation is available for residents who'd like to join the FUN, so plan now to enjoy FOOD with FRIENDS!

To take advantage of this squeal-worthy opportunity, please register in the Blue Book. On Friday, Oct. 20, meet your driver at the Village entrance for an 11:30 a.m. departure. Lunch from Mr. K's food truck is on your own; seating will be available. After lunch, there'll be time to explore the Market. Transportation is scheduled for a 12:45 p.m. departure.

A special HOGTOBERFEST menu, featuring pork as well as German-inspired fare, is available at Prairie Star beginning Wednesday, Oct. 18. See Page 5 for this menu, which will be offered through Oct. 27.

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East Tower Roof Work

A roofing contractor will be working on the East tower of the main building on Friday, Oct. 13. The crew will be working on the roof, and residents can expect to hear some noise. The work will be completed in one day.

Salon updates

We would like to say “thank you and good luck” to Shannon Creagh Anderson, Pizzaz Salon stylist, as she sets out on her next adventure! After nearly eight years at Meadowlark, Shannon will be moving to the Kansas City area and offering her talents to John Knox Village, where she will manage their many campus salons. Please stop by Pizzaz Salon tomorrow, Oct. 13, to grab a sweet treat and send Shannon with good wishes.

Meadowlark is currently pursuing options to continue to meet hair and nail-care needs, and residents should expect there could be a gap before Pizzaz is back to full capacity. Kristi will continue with her current salon schedule. Limited appointments may be available by calling the salon at (785) 537-6189.

Employee Gift Committee

submitted by Leo Lake, Gift Fund Committee Chair

Meadowlark is a successful, welcoming community. Staff members play an important role in achieving and maintaining success. Residents, Passport members, and friends are given the opportunity to thank employees by giving to the Employee Gift Fund.

The value of that help is a determination each person must make. The committee is continually asking everyone connected to Meadowlark to help build the fund, which will be divided among staff based on the hours they have worked in the past year. Examine your ability to give and then send your checks to show your appreciation.

Voting in Riley County

Are you ready to vote? The City/School Election is on Nov. 7, 2023. Remember, if you have moved to Meadowlark or moved within Meadowlark since the last election you **must** update your voter registration.

The deadline to update your voter registration is

Tuesday, Oct. 17, 2023. Forms are available at the Hospitality Desk or by calling (785) 770-5054 (leave a message if no answer). You also can register online by going to www.rileycountyks.gov and click on *Services*, then *Voting & Election Information*, then *Register to Vote*. In-person registration is available by visiting the Clerk's office at 110 Courthouse Plaza.

If you have questions when filling out the form, feel free to call (785) 537-6300 or (785) 770-5054.

Pd Care Partner Training Series

Friday, Oct. 13, at 10 a.m.

The Pd CP Trainings are a seven-week, 10-session, free program offered by the Davis Phinney Foundation. Each session will cover a range of topics related to Parkinson's disease, and the trainings are specifically for care partners. We will be hosting viewings of the sessions as they happen so people can watch together. Registration is not required to attend.

Session Five meets from 2 to 4 p.m. Friday, Oct. 13, in the KSU Classroom and will cover the topics of depression, anxiety, apathy, loneliness, and isolation.

Session Six meets from 2 to 4 p.m. Friday, Oct. 20, in the KSU Classroom and will cover the topics of guilt, anger, and symptom management.

Restaurant closed

Friday, Oct. 13

Prairie Star Restaurant will be closed tomorrow, Oct. 13, for our annual deep cleaning, maintenance, and reorganizing event.

Coffee and donuts will be offered at Verna Belle's Lounge from 7 to 10 a.m. The new vending machine in the Lounge offers hot breakfast options that can be heated in the microwave.

Food trucks will be on campus for lunch. The options will include A Bite Above, offering Mexican-inspired cuisine, and The Traveling Lunch Box featuring smoke meats and delicious sides. These options will be cash or credit card purchases only and will not be able to be applied to resident/employee meal plans or accounts.

Prairie Star Event Center will reopen for the Friday Night Program, "History of Electric Lights

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in Manhattan" and will serve \$2 pizza by the slice. Pizza, water, tea, and soda will be available starting at 6 p.m.

History of Electric Lights in Manhattan

Friday, Oct. 13, at 7 p.m.

Melanie Highsmith with the Riley County Historical Museum will present the "History of Electric Lights in Manhattan: A City in a New Light!" at 7 p.m. Friday, Oct. 13, in the Event Center.

As industrialization increased throughout the 19th century, the ability to light homes, businesses, and streets was imperative to progress. In Manhattan, public interest brought about technological changes, and lamps gave way to incandescent electric lights. Historic photographs and newspaper articles demonstrate how the town modernized from the 1850s to 1950s.

KSU Football Watch Party

Saturday, Oct. 14, at 6 p.m.

You're invited to cheer on the Wildcats during the away game vs. the Texas Tech Red Raiders Saturday, Oct. 14. Light refreshments will be served at 5:30 p.m., and the game begins at 6 p.m. Watch Party festivities will occur in the Game Room, Bison Room, Grosh Cinema, and Verna Belle's Lounge. All are invited, and go 'Cats! The game will be broadcast on Fox Sports 1.

Worship Service

Sunday, Oct. 15, at 10:30 a.m.

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, Oct. 15, in the Community Room/Chapel. This Sunday, she will continue the sermon series called *Being Mortal*. This week's sermon is titled, "What is Hope?" All are welcome to attend.

Manhattan Catbackers

Monday, Oct. 16, at 5:15 p.m.

Meadowlark is excited to welcome back the Manhattan Catbackers on Monday, Oct. 16! Starting at 5:15 p.m. in the Event Center, the Catbacker members will have a buffet meal. Residents are invited to order the same meal in the restaurant as the special that evening. The meal will include a grilled ham and cheese

sandwich, veggie sticks, pub chips, and a chocolate chip cookie for \$12.

The Catbacker meeting will begin at 6 p.m., and the program will start at 6:30 p.m. Residents are invited to listen in on the presentation.

WTC Service Expert Hour

Tuesday, Oct. 17, at 10 a.m.

Join WTC for a Service Expert Hour Tuesday, Oct. 17, from 10 to 11 a.m. in the Game Room. During this timeframe, a WTC representative will be on site at Meadowlark to provide personalized assistance and support.

Do you have any burning questions about your service? WTC experts are here to provide answers and help you understand all the features and functionalities available to you. Discover helpful tips and tricks to optimize your WTC service experience. Team members also are available to troubleshoot and resolve issues.

Visit to the Beach Museum of Art

Tuesday, Oct. 17, at 10:15 a.m.

You're invited to enjoy a private guided tour at the Marianna Kistler Beach Museum of Art on Tuesday, Oct. 17. This tour will focus on the current exhibit titled "To the Stars Through Art: A History of Art Collecting in Kansas Public Schools, 1900-1950."

In 1911, the school superintendent in McPherson, Kan., organized an exhibition to acquire artwork for a new high school. Before the mid-century, schools in dozens of Kansas communities, including boarding schools for Indigenous students and segregated schools, joined McPherson in acquiring original art. To the Stars Through Art will feature 70 paintings and prints from more than a dozen schools and history museums across the state.

The bus will depart from the Village Entrance at 10:15 a.m., and the cost of transportation is \$3. Please sign up in the Blue Book at the Hospitality Desk if you plan to attend.

There will not be an Artist Discussion with the Beach Museum session for the month of October. Please plan to attend the tour to get your monthly art fix!

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UFM Class: Tao & Zen

Tuesday, Oct. 17, at 1:30 p.m.

UFM Lifetime Learning presents *Tao & Zen* taught by Michael Wesch, professor of anthropology at K-State. The second session will meet Tuesday, Oct. 17, from 1:30 to 2:30 p.m. in the Community Room. The final class is scheduled for Tuesday, Oct. 24.

We will look at their historical origins, their philosophies, their practices, and how these ideas and practices have helped people find peace, enjoy life, and find success in a wide range of fields.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

FUMC Communion

Wednesday, Oct. 18, at 9 a.m.

Join pastoral leaders from First United Methodist Church at 9 a.m. Wednesday, Oct. 18, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

Page Turners Book Club

Wednesday, Oct. 18, at 11:30 a.m.

Have you solved the mystery yet? Special Programs, along with Resident Services Leader Monte Spiller, encourage any and all to participate and see if you can solve the mystery before Hercule Poirot! The group will meet at 11:30 a.m. Wednesday, Oct. 18, in the Patriot Room to socialize, engage, and discuss *Death on the Nile: A Hercule Poirot Mystery* by Agatha Christie.

This popular book became a movie, and it will be shown on Halloween, Oct. 31, at Grosh Cinema at 1, 4, and 7 p.m. Participants do not have to attend each week to participate; come when you are able whether you have finished the book or are just beginning!

If you need help obtaining a copy of the book or if you have any questions, contact Katie at ksigman@meadowlark.org or by calling (785) 323-3899

Technology Help Drop In

Thursday, Oct. 19, at 9 a.m.

Are you new to technology or need help with existing computer questions? Take advantage of a one-on-one help with tablets laptops, and phones. This opportunity is offered by Wandeau Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Game Room. Registration is not required to attend.

Card Making with Michelle Lehmer

Thursday, Oct. 19, at 2:30 p.m.

The next Card Making with Michelle Lehmer class will occur on Thursday, Oct. 19, at 2:30 p.m. in the Flint Hills Room.

The History of Camp Wood

Friday, Oct. 20, at 7 p.m.

Meadowlark is excited to have BJ Murray, CEO of Camp Wood, join us at 7 p.m. Friday, Oct. 20, in the Event Center. Murray will share the camp's history and what's happening now at Camp Wood.

Camp Wood YMCA was established 100 years ago by a small visionary group of Kansans. They were farmers, civil servants, businessmen, and teachers who were involved with the YMCA movement in their communities. And in 1915, even amid news of war, they believed in the power of summer camp and in its value to the young people of Kansas. That year, they set out to establish the state's first YMCA residence camp. All are welcome to attend.

Shopping at Target & Dollar Tree

Saturday, Oct. 21, at 10:30 a.m.

The next scheduled trip is Saturday, Sept. 16, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, Nov. 18. Please sign up in the Blue Book to participate.

KSU Football Watch Party

Saturday, Oct. 21, at 6 p.m.

You're invited to cheer on the Wildcats during the home game vs. the TCU Horned Frogs Saturday, Oct. 21. Light refreshments will be served at 5:30

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p.m., and the game begins at 6 p.m. Watch Party festivities will occur in the Game Room, Bison Room, Grosh Cinema, and Verna Belle’s Lounge. All are invited, and go ‘Cats! The game will be broadcast on ESPN2.

UFM Class: Finding Comfort in the Wake of War

Wednesday, Oct. 25, at 6:30 p.m.
UFM Lifetime Learning presents *Finding Comfort in the Wake of War* taught by Katharine Hensler, Director of the Riley County Historical Museum. This presentation will be offered at 6:30 p.m. Wednesday, Oct. 25, in the Community Room. Hensler will discuss the research process historians, researchers, and genealogists face concerning errors made during the chaos of wartime, and how, as classified information is being made available to the public after its established retention schedule expires, is opening up worlds of new information toward the discovery of the truth. She will share the story of a local WWI soldier who was KIA near the Commune of Ploisy (Aisne), France along the road

to Soissons in July 1918 and the researchers in Riley County and across the United States working to tell his story.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

Halloween Trick-or-Treat

Tuesday, Oct. 31, at 5:30 p.m.
Manhattan community members, employee and resident families are invited to trick-or-treat at Meadowlark from 5:30 to 7:30 p.m. Tuesday, Oct. 31. Trick-or-treating families are asked to park in the CenterPointe Physicians’ parking lot off of Tuttle Creek Boulevard or in the west employee/visitor parking lot on Meadowlark’s campus. The trick-or-treat path will run in a loop: west on Meadowlark Valley Road, south on Meadowlark Road, and down Donner’s Way Trail. If you have questions or would like to volunteer to help with the event, please contact Jana Armfield at (785) 323-3890.

HOGTOBERFEST Special Menu

A special HOGTOBERFEST menu, featuring pork as well as German-inspired fare, is available at Prairie Star Restaurant from Wednesday, Oct. 18, through Friday, Oct. 27.

10% of the price of the meal will be donated to Meadowlark Foundation’s Good Samaritan Fund. Residents, please note that the donation amount will not be charged to your meal plan balance and will appear as a separate charge on your statement.

Beer Three Rings Witch Hunt Oktoberfest, \$5	Entrees Brat & Sauerkraut with Fried Potatoes, \$11
Appetizer Pretzel with German Beer Cheese, \$7	Pulled Pork Sandwich on a Pretzel Bun with a Cucumber Salad, \$13
Desserts Apple Strudel, \$5 Black Forest Cake, \$5	Schnitzel & Gravy with Mashed Potatoes & Green Beans, \$15 Warm Sausage Platter Duo with German Potato Salad, \$16 (Dinner only)

RESTAURANT **SPECIALS**

Sunday, Oct. 15	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	Dinner \$13 Open-Faced Turkey Sandwich Broccoli
Monday, Oct. 16	\$9 Lunch Ham & Beans Cornbread	\$12 Dinner Grilled Ham & Cheese Sandwich Veggie Sticks Pub Chips Chocolate Chip Cookie
Tuesday, Oct. 17	\$11 Lunch Cuban Sliders Macaroni Salad	\$13 Dinner Beef Enchiladas Mexican Rice Black Beans
Wednesday, Oct. 18	\$11 Lunch Chicken & Mushroom Crepes Roasted Broccoli	\$15 Dinner Creamy Garlic Chicken <i>over Ravioli</i> Caesar Salad
Thursday, Oct. 19	\$13 Lunch Fish & Chips Coleslaw	\$14 Dinner Salisbury Steak Mashed Potatoes Green Beans
Friday, Oct. 20	\$11 Lunch Pasta Bar	\$14 Dinner Orange Chicken Rice Stir Fry Vegetables
Saturday, Oct. 21	\$10 Lunch Chili Dogs Pub Chips Fried Pickle Spear	\$23 Dinner 4-oz. Filet & Garlic Shrimp Baked Potato Asparagus

Weekly Opportunities Calendar Oct. 15 to Oct. 21

Sunday • Oct. 15 *Put your trash at the curb!*
10:30 a.m. ~ Worship Service, CR
10:30 a.m. ~ Transportation to FUMC, VE

Monday • Oct. 16 *Trash & recycling pick-up*
9:30 a.m. ~ Seated Strength, CR **or 1960**
10:00 a.m. ~ Tuttle Creek Ladies Group, BR
10:00 a.m. ~ Tuttle Creek Men's Group, MR
10:30 a.m. ~ Weights 101, CR **or 1960**
11:30 a.m. ~ Sit & Be Fit, CR **or 1960**
1:00 p.m. ~ Parkinson's Exercise Class, CR **or 1960**
1:30 p.m. ~ God Talk, KSU CL
1:45 p.m. ~ Parkinson's Voice Class, CR
2:00 p.m. ~ Change & Loss Support Group, FHR
5:15 p.m. ~ Catbackers, EC
5:30 p.m. ~ 5th Floor Supper, MR
7:00 p.m. ~ Community Bingo, CR


Tuesday • Oct. 17
10:00 a.m. ~ Memory Activity Class, EC
10:00 a.m. ~ WTC Expert Hour, GR
10:15 a.m. ~ Depart for Beach Museum of Art, VE
10:30 a.m. ~ Steady Yourself, CR **or 1960**
11:15 a.m. ~ Chair Yoga, CR **or 1960**
12:05 p.m. ~ Mat Yoga, CR
1:00 p.m. ~ Fit 2 Fight Pd, **MSC**
1:30 p.m. ~ UFM Class: Tao & Zen, CR
2:00 p.m. ~ 10-Point Pitch, GR
2:00 p.m. ~ Prairie Star Writers Group, PR
5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday • Oct. 18
9:00 a.m. ~ FUMC Communion, BR
9:30 a.m. ~ Seated Strength, CR **or 1960**
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR
10:00 a.m. ~ Memory Café, KSU CL
10:30 a.m. ~ Weights 101, CR **or 1960**
11:30 a.m. ~ Sit & Be Fit, CR **or 1960**
11:30 a.m. ~ Page Turners Book Club, PR
12:00 p.m. ~ Rock Steady Boxing, **BF**
3:00 p.m. ~ Sing-a-Long, FHR
3:00 p.m. ~ Rock Steady Boxing, CR


Thursday • Oct. 19
9:00 a.m. ~ Messenger Team, KSU CL
9:00 a.m. ~ Technology Help Drop-In, GR
10:30 a.m. ~ Steady Yourself, CR **or 1960**
11:15 a.m. ~ Chair Yoga, CR **or 1960**


Thursday • Oct. 19
12:05 p.m. ~ Mat Yoga, CR
1:00 p.m. ~ Parkinson's Exercise Class, CR
2:00 p.m. ~ Card Making w/ Michelle Lehmer, FHR
4:00 p.m. ~ Meadowlark Singers Practice, CR
5:30 p.m. ~ Meadowlark Circle Supper, BR

Friday • Oct. 20
7:00 a.m. ~ Rock Steady Boxing, **BF**
9 a.m. to 2 p.m. ~ Mr. K's Mobile Kitchen, **MM**
9:30 a.m. ~ Seated Strength, CR **or 1960**
10 a.m. to 3 p.m. ~ Meadowlark Market, **MM**
10:30 a.m. ~ Weights 101, CR **or 1960**
11:30 a.m. ~ Sit & Be Fit, CR **or 1960**
2:00 p.m. ~ Pd Care Partner Training, KSU CL
3:00 p.m. ~ Catholic Rosary, CR
7:00 p.m. ~ The History of Camp Wood, EC


Saturday • Oct. 21
9:30 a.m. ~ Band Bust Exercise Class, **1960 only**
10 a.m. to 3 p.m. ~ Meadowlark Market, **MM**
10:30 a.m. ~ Saturday Shopping Trip, VE
6:00 p.m. ~ KSU  Watch Party, GR, BR, GC, & VBL

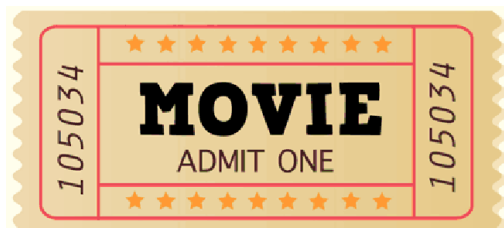
Room Abbreviations	
1960 , TV Channel 1960	KSU CL, KSU Classroom
BF , Body First	MM , 120 Scenic Drive
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC , Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	

**Employee of the Month**



Leila Enmorado, Shared CMA

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GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SUNDAY: Oct. 15

FIELD OF DREAMS (1989) PG, 1 hr. 45 min. *Sentimental, Emotional, Drama*

Cast: Kevin Costner, Amy Madigan, & Gaby Hoffmann

A mysterious voice encourages an Iowa farmer to build a baseball diamond in his cornfield, where a ghostly team of legends comes out to play.

MONDAY: Oct. 16

THE GOD COMMITTEE (2021) TV-MA, 1 hr. 38 min. *Provocative, Cerebral, Drama*

Cast: Kelsey Grammer, Julia Stiles, & Janeane Garofalo

A transplant committee has one hour to determine which of three candidates should receive a lifesaving heart. Years later, their decision haunts them.

TUESDAY: Oct. 17

FLAMIN' HOT (2023) PG-13, 1 hr. 38 min. *Drama, Biographical*

Cast: Jesse Garcia, Annie Gonzalez, & Dennis Haysbert

"Flamin' Hot" is the inspiring story of Richard Montanez, the Frito Lay janitor who channeled his Mexican-American heritage and upbringing to turn the iconic Flamin' Hot Cheetos into a snack that disrupted the food industry and became a global pop culture phenomenon.

WEDNESDAY: Oct. 18

TREASURE OF MATECUMBE (1976) G, 1 hr. 55 min. *Mystery, Family, Action-Adventure*

Cast: Robert Foxworth, Joan Hackett, & Peter Ustinov

Young David Burnie and four friends use a secret map in a dangerous search for pirate gold in this post-Civil War adventure.

THURSDAY: Oct. 19

TRAUMA CENTER (2019) R for violence & language, 1 hr. 27 min. *Violent, Suspenseful, Exciting*

Cast: Nicky Whelan, Bruce Willis, & Tito Ortiz

The eyewitness to two murders, an injured woman gets help from a detective to hide out in a deserted trauma center that's not as safe as it seems.

FRIDAY: Oct. 20

BABY MAMA (2008) PG-13, 1 hr. 38 min. *Feel-Good, Comedy*

Cast: Tina Fey, Amy Poehler, & Greg Kinnear

A successful exec hires her polar opposite as a surrogate and learns the price for bringing a baby into her life is all the chaos that comes with it.

SATURDAY: Oct. 21

RESIDENT REQUEST

JESUS REVOLUTION (2023) PG-13, 1 hr. 59 min. *Inspiring, Heartfelt, Drama*

Cast: Joel Courtney, Jonathan Roumie, & Kelsey Grammer

A hippie street preacher, an unhappy teen, and a straitlaced California pastor wind up creating a new kind of church after crossing paths in the '70s.