

Outdoor Encounters

View from My Porch



by Nathan Bolls

Sitting at my desk on my new and neat glassed-in porch, I've watched numerous bird species—robins, cardinals, wrens, bluebirds, orioles, brown thrashers, house finches, chickadees, doves, American goldfinches, blue jays, hummers, northern flickers, and crows flying, and turkey vultures soaring overhead, all going about their business of surviving this day.

My inventory of sightings is enriched because of my neighbor's well-attended array of bird feeders. Also, squirrels and various bird species again made good use of the mulberry tree that almost touches the iron fence at the back edge of my yard. A Cooper's hawk has her nest high in a tree near the easterly end of the strip of forest behind my cottage. I've seen her a

couple of times perched near the feeders, hoping (I assume) to catch a handy meal.

But I'm not foolish enough to think that I'm really "out in Nature" when sitting behind those double-glass windows on my porch. I can neither hear bird or squirrel sounds nor sense the smells of the woods and beasties. Yes, there was a time when I could smell squirrels, wasp nests and wild honey bee hives if I happened to be near, and downwind, to them. That sensory ability surely has saved me at least once from walking into the possibility of multiple stings.

It is fun to watch the antics of wild critters, but we usually see only a part of the big picture of any critter's life. Much goes unseen, unnoticed, or unappreciated because of our lack of knowledge of critter natural history. Also, the expectations of our

See **OUTDOOR**, page 4

EVENTS & OPPORTUNITIES

Cottage Painting

A painting crew will be working on the Meadowlark cottages starting today, Sept. 7. They will be working on the trim around the garages, doors, and the gables. The crew completed several last fall and are coming back to work on the remaining cottages. This work may take several weeks, weather-dependent. Painters will be on some roofs and on ladders so please steer clear.

Music with Taylor Kline & Mandy Kary

Friday, Sept. 8, at 7 p.m.

You're invited to listen to the music of Taylor Kline and Mandy Kary at 7 p.m. Friday, Sept. 8, in the Event Center. They have been a couple for almost 10 years and have been playing music together consistently for two years. They play a variety of popular music, as well as original material, accompanied by guitar, harmonica, and mandolin.

KSU Football Watch Party

Saturday, Sept. 9, at 11 a.m.

You're invited to cheer on K-State football as they take on Troy at home Saturday, Sept. 9. Light refreshments will be served at 10:30 a.m., and the game begins at 11 a.m. Watch Party festivities will occur in the Game Room and Verna Belle's Lounge. All are invited, and go 'Cats! The game will be broadcast on Fox Sports 1.

Worship Service

Sunday, Sept. 10, at 10:30 a.m.

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, Sept. 10, in the Community Room/Chapel. This Sunday, she will continue the sermon series called *Back to the Basics*. This week's sermon is titled, "Moses vs. Pharaoh." All are welcome to attend.

Memorial Reception: Chuck Thompson

Saturday, Sept. 9, at 3 p.m.

Charles "Chuck" Thompson passed away Sunday, Sept. 3. Family will host a memorial reception for Chuck at 3 p.m. Saturday, Sept. 9, in the Event Center. Refreshments will be served and all are invited to attend.

A memorial service for Chuck will be held at 3 p.m. Friday, Sept. 8, at First Congregational Church at 700 Poyntz Ave.

Town Meeting

Monday, Sept. 11, at 9:30 a.m.

You're invited to attend the monthly Town Meeting at 9:30 a.m. Monday, Sept. 11, in the Event Center. Hear updates from Meadowlark leaders about the upcoming events and news for our campus. If you are unable to attend Town Meeting, printed agendas will be available at the Hospitality Desk after the meeting concludes.

UFM Class: Introduction to Tai Chi

Thursday, Sept. 12, at 1:30 p.m.

UFM Lifetime Learning presents *Introduction to Tai Chi* taught by Mary Reed, a registered nurse certified to teach Tai Chi. This two-session course will begin Thursday, Sept. 12, from 1:30 to 2 p.m. in the Community Room. The second session will meet Sept. 19.

Once considered a marital art, Tai Chi is now used worldwide as an effective form of exercise for health and relaxation. These two 30-minute classes will provide participants an opportunity to learn the benefits of Tai Chi and to experience the Tai Chi warm-up exercises and movements.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

Meadowlark Ladies Luncheon

Thursday, Sept. 14, at 11:30 a.m.

Women living at Meadowlark, as well as Passport members, are invited to attend the Ladies Luncheon at 11:30 a.m. Thursday, Sept. 14, in Prairie Star's Event Center.

"Out of the Darkness: A Story of Hope and Recovery from Severe Mental Illness," will be presented by Dantia MacDonald. Hostesses are Janice Parsons and Beth Pannbacker. The menu will include a Kentucky hot brown tart, fresh fruit, and ice cream for \$13. Please register to attend in the Blue Book at the Hospitality Desk.

Music by Emma Iacovella

Friday, Sept. 15, at 7 p.m.

You're invited to listen to the vibrant vocals of Emma Iacovella at 7 p.m. Friday, Sept. 15, in the Event Center. Emma is one of Meadowlark's

EVENTS & OPPORTUNITIES

faithful bartenders. But, on Sept. 15, she will be serving up sweet sounds! All are welcome.

Shopping at Hobby Lobby & Dollar Tree *Saturday, Sept. 16, at 10:30 a.m.*

The next scheduled trip is Saturday, Sept. 16, with transportation going to Hobby Lobby and Dollar Tree East. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Target and Dollar Tree West on Saturday, Oct. 21. Please sign up in the Blue Book to participate in these opportunities.

KSU Football Watch Party

Saturday, Sept. 16, at 11 a.m.

You're invited to cheer on K-State football as they travel to take on the Missouri Tigers Saturday, Sept. 16. Light refreshments will be served at 10:30 a.m., and the game begins at 11 a.m. Watch Party festivities will occur in the Game Room and Verna Belle's Lounge. All are invited, and go 'Cats! The game will be broadcast on SEC Network.

Visit to Discovery Center

Tuesday, Sept. 19, at 10 a.m.

You're invited to visit the Discovery Center Tuesday, Sept. 19. The cost for admission is \$8 per person and transportation will be provided at no charge. The bus will depart from the Village Entrance at 10 a.m. Please sign up in the Blue Book if you plan to attend. Contact Warren Prawl with questions.

Walk to End Alzheimer's

Saturday, Sept. 30, at 9 a.m.

The Alzheimer's Association Walk to End Alzheimer's for Manhattan, Kan., will be at Manhattan City Park on Saturday, Sept. 30.

The Alzheimer's Association Walk to End Alzheimer's is the world's largest fundraiser for Alzheimer's care, support, and research. There is no fee to register for the Walk. However, all participants are encouraged to raise funds that allow the Alzheimer's Association advance research toward methods of prevention, treatment, and ultimately, a cure.

To participate, visit www.act.alz.org and click "Find a Walk Near You." Meadowlark has a team

already started, and all residents, family members, Passport members, staff, and volunteers are invited to join the team. Once registered, you can start fundraising and spread the word, then on Sept. 30, you're invited to join the Walk Day event.

Registration on Walk Day will begin at 9 a.m. The Opening and Promise Garden Ceremony will start at 10 a.m. and the Walk will begin around 10:15 a.m. The Walk route is one mile long.

WTC Service Expert Hour

Tuesday, Sept. 19, at 10 a.m.

Join WTC for a Service Expert Hour every other Tuesday from 10 to 11 a.m. in the Game Room. During this timeframe, a WTC representative will be on site at Meadowlark to provide personalized assistance and support.

WTC experts are here to provide answers and help you understand all the features and functionalities available to you. Team members are also available to troubleshoot and resolve issues.



Clothing Drive

**October 6, 2023
10 a.m. to 12:30 p.m.**

Donations will be accepted
in the
Flint Hills Room

Hosted by the Meadowlark Ambassadors

Clothing must be clean, and in either new or gently used condition.

Questions?
Call (785) 323-3890

OUTDOOR, from page 1

“watching brain” may not be tuned to the level of memory and intelligence that some of the critters possess. Thus, we may miss the significance of some of their actions.

My late wife, Imogene, and I liked to go to a particular “great view” pull-off high in the mountains just 10 miles southeast of our retirement home in Taos, NM. A low wall had been built along the edge of the pull-off to keep visitors from going over the edge and down the steep wooded canyon below. We would put food on the wall for both gray and Stellar’s jays. The grays and most Stellar’s would come, put three-four nuts in their beaks, and fly off down into the deep wooded valley to deposit their new loot in their personal food cache.

One particular Stellar’s jay usually picked up six or seven nuts, arranging them along its throat and bill in orderly fashion before sailing off down into the forest to stash his loot. But during one visit to the wall, this critter took up seven nuts. And, at about the moment of taking off, he seemed to have spied another highly desirable treat, too good to pass up. The jay then proceeded to unload, in a straight line, the seven nuts in reverse order from which they had been picked up. He picked up the goody nut in question, then proceeded to again pick up the seven original nuts, in precisely the same order as picked up before! The jay then flew off down into the forest in its usual direction.

Jays are members of the bird family *Covidae* that also includes crows, ravens, magpies, rooks, jackdaws, and others—all known for their intelligence. I want to mention some recent experiments that tested crow intelligence and memory, some examples of avian “thoughts” and actions we rarely see, or even know to exist—and probably would never sense while watching from my front porch.

Dr. John Marzluff, University of Washington, has studied crow intelligence for more than 20 years.

He learned early that crows can recognize faces. His team had captured crows, tagged them, and released them back into their environment. Members of the team wore different masks, and crows would dive-bomb and scold those (but only those) wearing masks that had been worn by those who had messed with the crows before.

If you think two crows watching you and cawing to each other are talking about you, you’re probably right. Crows, in some way, talk to other

crows about what has happened to them.

Even crows that never were captured attacked the “scientist” masks. And they pass on their grudge to their offspring—and that message is carried even to subsequent generations, who also harassed those wearing the same masks! Crow communication is poorly understood, but

the intensity, rhythm, and duration of caws seem to form the basis of a possible language.

Crows have been observed placing nuts on a road, waiting for a vehicle to crush them, then flying out to pick up the nut meats. A pair was once seen mastering a water fountain. One would push down the water flow button while the other waited to drink. They took turns.

And they **make** tools; some primates and a few other birds do this. And at least one bird species (the name escapes me) has been observed altering a twig slightly to improve its function. But crows have been observed bending a piece of wire to make a hook for fishing grubs out of a cavity in a tree. When given a twig for this job, they won’t even try to bend it!

Space limitations prevent me from citing other studies on *Covidae* intelligence and memory. It is an active field of study, and we can expect many more exciting discoveries concerning what this group of birds can do. Researchers in that field generally accord to the *Covidae* a level of intelligence comparable to monkeys, and some say the level of the great apes. The label “bird brain” may soon become more of a compliment than a cerebral slur.



Art Engagement *from the* Beach Museum of Art

Compare/Contrast Take a moment to observe what is the same or different in the artworks shown here. How did they use color, texture, line, contrast, and emphasis? What details about both pieces do you notice during this activity that might have been overlooked before this exercise?



Orval F. Hempler (United States, 1915 - 1994)
Title unknown, 20th century
 Glazed earthware
 KSU, Marianna Kistler Beach Museum of Art, be-
 quest of Orval F. Hempler Estate, 1994.12



Rini Dhumal (India, born 1948)
Coal Miner, 1983
 Aquatint and etching, printed with viscosity
 (simultaneous color) on paper
 KSU, Marianna Kistler Beach Museum of Art, 1985.27

Level: Easy

2	3		4		1		5	
	8				7			
7				5		3		8
1			6			4		
5				2				7
	5	2						6
	1		3			5		
6		7					4	

Level: Medium

				7	6	4		9
		4	3		9	6	2	
					4		8	
5			6			8		4
				9	7		6	
	9					3		
				8	3	9		6
	6							2
	5		2					

RESTAURANT **SPECIALS**

<p>Sunday, Sept. 10</p>	<p>Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.</p>	<p>Dinner \$15 Beef Tips Mashed Potatoes & Gravy Broccoli</p>
<p>Monday, Sept. 11</p>	<p>\$11 Lunch Cheeseburger Sliders French Fries</p>	<p>\$17 Dinner Coconut Shrimp Coconut Rice Grilled Pineapple</p>
<p>Tuesday, Sept. 12</p>	<p>\$10 Lunch Bacon-Cheddar Egg Salad <i>served on a Croissant</i> Watermelon Salad</p>	<p>\$17 Dinner BBQ Ribs Cheesy Potatoes Baked Beans</p>
<p>Wednesday, Sept. 13</p>	<p>\$12 Lunch Balsamic Chicken Skewers Side Salad</p>	<p>\$14 Dinner Fried Pork Cutlet Mashed Potatoes & Gravy Green Beans</p>
<p>Thursday, Sept. 14</p>	<p>\$11 Lunch Italian Beef Sandwich Pasta Salad</p>	<p>\$16 Dinner Meatloaf Roasted Garlic Red Skin Potatoes Buttered Carrots</p>
<p>Friday, Sept. 15</p>	<p>\$11 Lunch Pizza Bar</p>	<p>\$15 Dinner Brown-Sugar Ham Mashed Sweet Potatoes Brussel Sprouts</p>
<p>Saturday, Sept. 16</p>	<p>\$11 Lunch BBQ Chicken Sandwich Broccoli Salad</p>	<p>\$15 Dinner Fried Chicken Mashed Potatoes & Gravy Corn</p>

Weekly Opportunities Calendar Sept. 10 to Sept. 16

Sunday • Sept. 10 *Put your trash at the curb!*
 9:30 a.m. to 5 p.m. ~ Grandparents' Day at the Zoo sponsored by Meadowlark, [Sunset Zoo](#)
 10:30 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE

Monday • Sept. 11 *Trash pick-up*
 9:30 a.m. ~ Town Meeting, EC
 9:30 a.m. ~ Seated Strength, CR *or 1960*
 10:30 a.m. ~ Weights 101, CR *or 1960*
 10:30 a.m. ~ Mindful Memories, [MSC](#)
 11:30 a.m. ~ Sit & Be Fit, CR *or 1960*
 11:30 a.m. ~ Meadowlark Valley Luncheon, BR
 1:00 p.m. ~ Parkinson's Exercise Class, CR *or 1960*
 1:30 p.m. ~ God Talk, KSU CL
 1:45 p.m. ~ Parkinson's Voice Class, CR
 2:00 p.m. ~ Change & Loss Support Group, FHR
 4:00 p.m. ~ Hable Espanol, FHR
 5:30 p.m. ~ Tuttle Creek Dinner, BR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Sept. 12
 10:00 a.m. ~ Memory Activities Class, EC
 10:30 a.m. ~ Steady Yourself, CR *or 1960*
 11:15 a.m. ~ Chair Yoga, CR *or 1960*
 12:00 p.m. ~ 4th Floor Luncheon, MR
 12:05 p.m. ~ Mat Yoga, CR
 1:00 p.m. ~ Fit 2 Fight Pd, [MSC](#)
 1:30 p.m. ~ UFM Class: Intro to Tai Chi, CR
 2:00 p.m. ~ 10-Point Pitch, GR
 3:00 p.m. ~ Coffee Corner, EC

Wednesday • Sept. 13
 9:30 a.m. ~ Seated Strength, CR *or 1960*
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR *or 1960*
 11:30 a.m. ~ Sit & Be Fit, CR *or 1960*
 12:00 p.m. ~ Rock Steady Boxing, [BF](#)
 3:00 p.m. ~ Sing-a-Long, FHR
 3:00 p.m. ~ Rock Steady Boxing, CR

Thursday • Sept. 14
 9:00 a.m. ~ Messenger Team, KSU CL
 10:30 a.m. ~ Steady Yourself, CR *or 1960*
 11:15 a.m. ~ Chair Yoga, CR *or 1960*
 11:30 a.m. ~ Ladies Luncheon, EC

Thursday • Sept. 14
 11:30 a.m. ~ Caring Conversations for People with Pd, FHR
 12:05 p.m. ~ Mat Yoga, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:00 p.m. ~ Parkinson's Care Partner Support Group, FHR
 4:30 p.m. ~ Wamego Dementia Care Partner Support Group, [Wamego First United Methodist](#)
 5:30 p.m. ~ Eastside Supper, BR

Friday • Sept. 15
 7:00 a.m. ~ Rock Steady Boxing, [BF](#)
 9:30 a.m. ~ Seated Strength, CR *or 1960*
 10:30 a.m. ~ Weights 101, CR *or 1960*
 11:30 a.m. ~ Sit & Be Fit, CR *or 1960*
 3:00 p.m. ~ Catholic Rosary, CR
 7:00 p.m. ~ Music by Emma Iacovella, EC

Saturday • Sept. 16
 9:30 a.m. ~ Band Bust Exercise Class, *1960 only*
 10:30 a.m. ~ Saturday Shopping Trip, VE
 11:00 a.m. ~ KSU Football Watch Party, GR & VBL

Room Abbreviations

1960 , TV Channel 1960	GR, Game Room
BF , Body First	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC , Manhattan Sr. Center
FHR, Flint Hills Room	VBL, Verna Belle's Lounge
GC, Grosh Cinema	VE, Village Entrance



**Grandparents receive free admission with another paid admission; regular admission rates apply. Single-use coupons, passes, and FOSZ guest passes are not valid during this event.*



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: Sept. 10

FRIDAY NIGHT LIGHTS (2004) PG-13, 1 hr. 58 min. *Sports, Drama, Gritty*

Cast: Billy Bob Thornton, Lucas Black, & Garrett Hedlund

Based on H.G. Bissinger's book, which profiled the economically depressed town of Odessa, Texas, and their heroic high school football team, The Permian High Panthers.

MONDAY: Sept. 11

WORTH (2021) PG-13, 1 hr. 58 min. *Bittersweet, Emotional, Drama*

Cast: Michael Keaton, Stanley Tucci, & Amy Ryan

In the wake of the Sept. 11 attacks, a lawyer faces an emotional reckoning as he attempts to put a dollar value on the lives lost. Based on real events.

TRUE TUESDAY: Sept. 12

BIG GEORGE FOREMAN (2023) PG-13, 2 hr. 9 min. *Inspiring, Sports, Drama*

Cast: Khris Davis, Jasmine Mathews, & Sullivan Jones

From making his mark to cementing his legend, this biopic of George Foreman highlights his turn toward faith and an improbable return to the ring.

WESTERN WEDNESDAY: Sept. 13

THE ELECTRIC HORSEMAN (1979) PG, 2 hr. *Romantic, Western, Comedy*

Cast: Robert Redford, Jane Fonda, & Valerie Perrine

A former rodeo champion rides off with a mistreated but valuable horse during a publicity stunt in Las Vegas, trailed by a reporter who wants his story.

THURSDAY: Sept. 14

RACE TO WITCH MOUNTAIN (2009) PG, 1 hr. 41 min. *Sci-Fi, Thriller, Family*

Cast: Dwayne Johnson, AnnaSophia Robb, & Carla Gugino

Two aliens disguised as teenagers appear in the taxi of a struggling Las Vegas cabbie in this out-of-this-world adventure. The race is on for the cabbie to help the kids recover their lost spaceship, so they can save their home planet and Earth, too.

FUNNY FRIDAY: Sept. 15

THE MONEY PIT (1986) PG, 1 hr. 30 min. *Comedy, Goofy*

Cast: Tom Hanks, Shelley Long, & Alexander Gudunov

A couple's relationship is tested when the beautiful old mansion they buy for a suspiciously low price requires extensive renovations.

SATURDAY: Sept. 16

RAGTIME (1981) PG, 2 hr. 35 min. *Drama, Political*

Cast: James Cagney, Elizabeth McGovern, & Howard E. Rollins Jr.

A young black pianist becomes embroiled in the lives of an upper-class white family set among the racial tensions, infidelity, violence, and other nostalgic events in early 1900s New York City.

RESIDENT REQUEST