

July 13, 2023 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit focused on supporting people in living their best lives

Summer Daze











Meadowlark staff and residents are enjoying the summer days! Picture top left and top center, residents have soda floats in the Courtyard at the end of June. Top right and bottom left, Bramlage guests enjoy a fishing trip to Bayer Pond. Pictured bottom right, team members enjoy a years-of-service celebration BBQ. Summer is funner!

EVENTS & OPPORTUNITIES

Yoga Classes canceled, July 20

Chair Yoga and Mat Yoga are canceled for Thursday, July 20. Chair Yoga can be accessed Tuesday, July 20, at 11:15 a.m. on Channel 1960.

Paving of Meadowlark Circle

Meadowlark Circle, beginning at the intersection, will be re-paved starting Monday, July 17. Circle residents will still have access in and out of the neighborhood during this time.

Shopping at Hobby Lobby & Dollar Tree Saturday, July 15, at 10:30 a.m.

The next scheduled trip is Saturday, July 15, with transportation going to Hobby Lobby and Dollar Tree East. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Target and Dollar Tree West on Saturday, Aug. 19. Please sign up in the Blue Book to participate in these opportunities.

Worship Service

Sunday, July 16, at 10:30 a.m.

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, July 16, in the Community Room/Chapel. The sermon is titled, "Love and Mercy." All are welcome to attend.

Manhattan Catbackers

Monday, July 17, at 5:30 p.m.

Meadowlark is excited to welcome back the Manhattan Catbackers on Monday, July 17! Starting at 5:30 p.m. in the Courtyard, the Catbackers will have a \$10 hot dog buffet. The event will feature special guest speaker, K-State President Richard Linton. Join us for a fun evening supporting the Cats!

Speedy Pd Training Walks

Tuesday, July 18, & Thursday, July 20, at 9:30 a.m. Everyone is invited to participate in the twice-weekly training walks as we prepare for the Half-Mile or 5k courses at this year's Speedy Pd Race for Parkinson's Disease. This week, Meadowlark Parkinson's Program began a collaboration with Girls on the Run (GOTR). Participants will have a unique opportunity to embrace their differences and find strength in their connectedness during Page 2

the weekly training walks and crossing the finish line at Speedy Pd on Aug. 26.

Training walks will meet Tuesdays and Thursdays at 9:30 a.m. Meet in the lobby for a guided walk outside, weather permitting, otherwise we will walk indoors.

Prairie Star Writers Group

Tuesday, July 18, at 2 p.m.

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, July 18, in the Patriot Room.

The July 18 session is titled "Our Common Song ... Let's Sing with Gusto." In today's culture, we are surrounded by music. When you were young, what songs could everyone sing along with you? Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

Exploring the Old Testament

Tuesday, July 18, at 3:30 p.m.

Pastor Melanie Nord will offer an opportunity each Tuesday through Aug. 8 titled "The Writings: Exploring the Stories of the Old Testament."

Scholars often compare our Old Testament book of Jonah, Esther, and Ruth to children's stories. Each has suspense, heroes, foreshadowing, and other popular literary techniques ... and yet each is found in our Holy Scriptures. Come learn the power and life meaning that can be found in these wonderful stories of our faith at 3:30 p.m. Tuesday, July 18, in the Flint Hills Room.

FUMC Communion

Wednesday, July 19, at 9 a.m.

Join pastoral leaders from First United Methodist Church at 9 a.m. Wednesday, July 19, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

Technology Drop In

Thursday, July 20, at 9 a.m.

Are you new to technology or need help with existing computer questions? Take advantage of a one-on-one help with tablets, laptops, and phones. This opportunity is offered by Wandean Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Flint Hills Room. Registration is not required to attend.

EVENTS & OPPORTUNITIES

Card Making with Michelle Lehmer Thursday, July 20, at 2:30 p.m.

The next Card Making with Michelle Lehmer class will occur on Thursday, July 20, at 2:30 p.m. in the Flint Hills Room.

Olympus Reptiles

Friday, July 21, at 7 p.m.

Meadowlark welcomes Olympus Reptiles at 7 p.m. Friday, July 21, in the Event Center. Curtis, the owner of Olympus Reptiles, and his partner Caleb, will be showing six adult pythons and two baby ball python snakes. They will discuss their origins, where their natural habitat is from in Africa, and what types of food they eat.

Curtis and Caleb will bring different colored snakes, based off genetic breeding, including albino, pied, banana, and clown. They also will discuss the different genetics and how they breed them to change the pattern and colors of the snakes. All are invited to come learn about these interesting creatures!

Manhattan Summer Chorus Concert Tuesday, June 25, at 7 p.m.

Meadowlark welcomes back the Manhattan Summer Chorus at 7 p.m. Tuesday, June 25, in the Community Room! Last year they dazzled with performers starting with the letter "B" such as Bach, Beethoven and Brahms—the "Three B's" of classical music. They also included other greats like William Byrd, Anton Bruckner and Irving Berlin. This group is a fun bunch that loves to entertain. All are welcome!

Artist Discussion with the Beach Wednesday, July 26, at 4 p.m.

Join Kim Richards from Beach Museum of Art for "Charles Burchfield: Sensory Painter," at 4 p.m. Wednesday, July 26, in the Bison Room. Burchfield was a visionary watercolorist from the Twentieth Century, driven by his colorful and sensory filled imagination.

Walk to End Alzheimer's

Saturday, Sept. 30, at 9 a.m.

The Alzheimer's Association Walk to End Alzheimer's for Manhattan, Kan., will be at Manhattan City Park on Saturday, Sept. 30.



EVENTS, from page 3

Held annually in more than 600 communities nationwide, the Alzheimer's Association Walk to End Alzheimer's is the world's largest fundraiser for Alzheimer's care, support, and research. This inspiriting event calls on participants of all ages and abilities to join the fight against the disease.

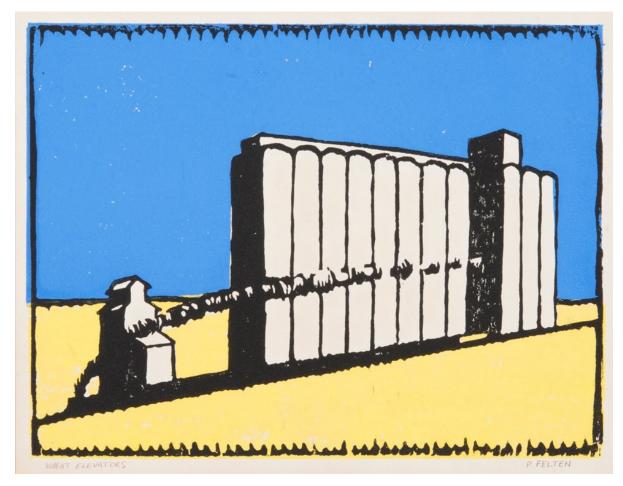
There is no fee to register for the Walk. However, all participants are encouraged to raise funds that allow the Alzheimer's Association advance research toward methods of prevention, treatment, and ultimately, a cure.

To participate, visit www.act.alz.org and click "Find a Walk Near You." Meadowlark has a team already started, and all residents, family members, Passport members, staff, and volunteers are invited to join the team. Once registered, you can start fundraising and spread the word, then on Sept. 30, you're invited to join the Walk Day event.

Registration on Walk Day will begin at 9 a.m. The Opening and Promise Garden Ceremony will start at 10 a.m. and the Walk will begin around 10:15 a.m. The Walk route is one mile long.

Art Engagement from the Beach Museum of Art

One point perspective is a technique used in drawing to create depth and dimension on a flat drawing surface. Often an artist will use lines moving towards a vanishing point near the horizon line. Objects are drawn to appear smaller as they move toward this point. Take a moment to look at this woodcut. Do you notice your eye moving to a vanishing point? If yes, how did the artist use the objects in the composition to create this perspective? Bonus question: Do you notice an element moving away from the vanishing point? The artist uses this technique to create balance.



Peter Fritts Felten, Jr. (United States, born 1933), Wheat elevator, 1970, Color woodcut on paper KSU, Marianna Kistler Beach Museum of Art, gift of Nancy S. Vogel, Ph.D. in memory of John H. and Irene Schaake Vogel and Gerald M. Vogel, S14.2015

Marjorie Mayer Harland

Full obituary printed at the family's request.



Marjorie June Mayer Harland, 98, of Marysville, Kan., died July 2, 2023, at Meadowlark Hills in Manhattan, Kan.

A visitation was held Friday, July 7, from 10 a.m. to 9 p.m. at Kinsley Mortuary. The family

received friends from 5 to 7 p.m. A funeral service was held at 10 a.m., Saturday, July 8, at the Marysville Methodist Church. Rev.

July 8, at the Marysville Methodist Church. Rev. Insung Kim and Rev. Marilyn Sweet officiated. The grandchildren served as pallbearers. The burial was in the Marysville City Cemetery.

Marjorie was born June 5, 1925, near Axtell, Kan., to Chester C. and Ethel (Johnson)
Gaston. She attended West Point Grade School (rural) and in 1942, graduated from Axtell High School. She attended Brown Mackie Business College in Topeka and worked at Capper Foundation until moving to Marysville in 1944 to work for the ASCS office, where she met her future husband. On Feb. 24, 1946, she married Robert R. Mayer. To this union, five children were born. On April 28, 2001, she married Earl Francis (Toad) Harland.

After marriage to Robert, Marjorie left the ASCS office and became a farm wife south of Marysville. They crop farmed and ran a dairy. The family always had a large garden with fruit trees. The Great Depression from her childhood left a great impact on Marjorie, leading her to can and freeze all summer long. Later, crop farming became the primary focus of the farm she managed for many years.

Marjorie was a good athlete, playing girls basketball in high school, and was a very good student. The family was always vested in the Marysville United Methodist Church, and Marjorie was a lifelong member, serving as secretary of UMC Lydia Circle. In 1990-91, Marjorie served as Senior Regent of the Women of the Moose, an organization she enjoyed for many years. In the neighborhood, she participated in the Thursday Afternoon Club. Extension and 4-H also played a large part for the family. Marjorie was recognized

for her Extension service, where she served on the board, lead sewing and cooking projects, and enjoyed watching the livestock. Additional groups Marjorie participated in were Lucky EHU, Marshall County Farm Bureau Board, Kansas Bankers Soil Conservation award winner, and Farm Credit Board of Directors.

Marjorie loved to listen to music, dance, watch birds, attend K-State games, and to play all kinds of games, especially pinochle in many clubs. She taught her children and grandchildren to play pinochle, and it became the family game. She loved being with family the most, and never missed sending them birthday cards. The whole family and community appreciated her delicious meals. Marjorie was known for her abundant pie making, which the family savored at every gathering.

She enjoyed many great times with her family and with her brothers and sisters on trips and at family dinners.

In lieu of flowers, a memorial fund has been established to be designated later. Contributions may be sent in care of Kinsley Mortuary.



RESTAURANT **SPECIALS**

Sunday, July 16	Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.	Dinner \$14 Homemade Chicken Tenders Herb-Roasted Potatoes Honey-Garlic Carrots
Monday, July 17	\$11 Lunch Meatball Sub Sandwich Pub Chips	\$10 Dinner Grilled Hot Dogs Potato Salad Coleslaw Pub Chips
Tuesday, July 18	\$11 Lunch Pesto Chicken Flatbread Pizza Italian Salad	\$15 Dinner Chicken Marsala Angel Hair Pasta Caesar Side Salad
Wednesday, July 19	\$11 Lunch Supreme Stromboli Zucchini Fries	\$16 Dinner Balsamic Grilled Flank Steak with Caprese Roasted Fingerling Potatoes
Thursday, July 20	\$11 Lunch Fried Chicken Sandwich French Fries	\$16 Dinner Fried Catfish Cornbread Pudding Coleslaw
Friday, July 21	\$11 Lunch Taco Bar	\$16 Dinner BBQ Brisket Loaded Mashed Potatoes Fresh Green Beans
Saturday, July 22	\$11 Lunch Ham Salad Sandwich served on a Croissant Fruit Salad	\$15 Dinner Chicken-Fried Steak Mashed Potatoes & Gravy Corn

Weekly Opportunities Calendar July 16 to July 22

Sunday • July 16 Put your trash at the curb!

10:30 a.m. ~ Worship Service, CR

10:30 a.m. ~ Transportation to FUMC, VE

Monday ● July 17

Trash & recycling pick-up

9:30 a.m. ~ Seated Strength, CR or 1960

10:00 a.m. ~ Tuttle Creek Ladies Group, BR

10:00 a.m. ~ Tuttle Creek Mens Group, BR

10:30 a.m. ~ Weights 101, CR or 1960

11:30 a.m. ~ Sit & Be Fit, CR or 1960

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:45 p.m. ~ Parkinson's Voice Class, CR

2:00 p.m. ~ Change & Loss Support Group, FHR

5:30 p.m. ~ Catbackers, CY

5:30 p.m. ~ 5th Floor Supper, MR

7:00 p.m. ~ Community Bingo, CR

Tuesday ● July 18

9:30 a.m. ~ Speedy Pd Training Walk, VE

10:00 a.m. ~ Memory Activities Class, EC

10:30 a.m. ~ Steady Yourself, CR or 1960

11:15 a.m. ~ Chair Yoga, CR or 1960

12:05 p.m. ~ Mat Yoga, CR

1:00 p.m. ~ Fit 2 Fight Pd, MSC

2:00 p.m. ~ Prairie Star Writers, FHR

2:00 p.m. ~ 10-Point Pitch, GR

3:30 p.m. ~ Exploring the Old Testament, FHR

5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday • July 19

9:30 a.m. ~ FUMC Communion, BR

9:30 a.m. ~ Seated Strength, CR or 1960

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR

10:00 a.m. ~ Memory Café, KSU CL

10:30 a.m. ~ Weights 101, CR or 1960

11:30 a.m. ~ Sit & Be Fit, CR or 1960

12:00 p.m. ~ Rock Steady Boxing, BF

3:00 p.m. ~ Sing-a-Long, EC

3:00 p.m. ~ Rock Steady Boxing, CR

Thursday • July 20

9:00 a.m. ~ Technology Help Drop-In, FHR

9:00 a.m. ~ Messenger Team, KSU CL

9:30 a.m. ~ Speedy Pd Training Walk, VE

10:30 a.m. ~ Steady Yourself, CR or 1960

11:15 a.m. ~ Chair Yoga, 1960 only

Thursday ● July 20

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Speedy Pd Art Class, PR

2:30 p.m. ~ Card Making with Michelle Lehmer, FHR

Friday • July 21

7:00 a.m. ~ Rock Steady Boxing, BF

9:30 a.m. ~ Seated Strength, CR or 1960

10:30 a.m. ~ Weights 101, CR or 1960

11:30 a.m. ~ Sit & Be Fit, CR or 1960

3:00 p.m. ~ Catholic Rosary, CR

7:00 p.m. ~ Olympus Reptiles, EC

Saturday ● July 22

9:30 a.m. ~ Band Bust Exercise Class, 1960 only

Room Abbreviations

1960, TV Channel 1960

BF, Body First

BR, Bison Room

CR, Community Room

CY, Courtyard

EC, Event Center

FHR, Flint Hills Room GC, Grosh Cinema

GR, Game Room KSU CL, KSU Classroom

MR, Manhattan Room

PR, Patriot Room

PS, Prairie Star Restaurant

MSC, Manhattan Sr. Center VBC, Verna Belle's Cafe

VE, Village Entrance

Gifts to Meadowlark Foundation

Gifts benefiting Bramlage House, campus improvements, Collins House, the Good Samaritan Fund, Helping Hands Fund, Meadowlark Memory Program, Meadowlark Parkinson's Program, and Wroten House were received by Meadowlark Foundation during the month of June.

Memory of

Betty Marie Banks Jo Anne Call

Tom Holder Mary Pat Johannes June Myers

Verlee Darlene Fronce June Myers
Dreeanna Hood Donna Noble

(705) 222 2042 to

Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M. SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: July 16

CAMP NOWHERE (1994) PG, 1 hr. 36 min. Family, Comedy

Cast: Christopher Lloyd, Jonathan Jackson, & Wendy Makkena

An out-of-work actor is lassoed into service by a group of thrill-seeking teens who are out to create the summer camp of their dreams ... a place with no parents, no counselors, and no rules. But when the parents come to visit, the wild group must hide their creation or else their summer freedom will come to an end.

MUSICAL MONDAY: July 17

WEST SIDE STORY (2021) PG-13, 2 hr. 38 min. Romance, Drama, Musical

Cast: Rachel Zegler, Ansel Elgort, & Ariana DeBose

An adaptation of the 1957 musical, West Side Story explores forbidden love and the rivalry between the Jets and the Sharks, two teenage street gangs of different ethnic backgrounds.

TRUE TUESDAY: July 18

KISS THE GROUND (2020) TV-G, 1 hr. 24 min. Inspiring, Documentary

Cast: Woody Harrelson

Science experts and celebrity activists unpack the ways in which the earth's soil may be the key to combating climate change and preserving the planet.

WESTERN WEDNESDAY: July 19

WALK. RIDE. RODEO. (2019) TV-PG, 1 hr. 39 min. Inspiring, Heartfelt, Feel-Good

Cast: Spencer Locke, Missi Pyle, & Sherri Shepherd

In the wake of an accident that leaves her with paraplegia, a star rodeo rider vows to get back on her horse and compete again. Based on a true story.

THEATER THURSDAY: July 20

THE CURIOUS CASE OF BENJAMIN BUTTON (2008) PG-13, 2 hr. 46 min. Bittersweet, Emotional

Cast: Brad Pitt, Cate Blanchett, & Taraji P. Henson

Born an old man and inexplicably aging backward toward infancy, Benjamin button finds adventure and great love as he travels through the 20th century.

FUNNY FRIDAY: July 21

TOM AND HUCK (1995) PG, 1 hr. 31 min. Comedy, Drama, Action-Adventure

Cast: Jonathan Taylor Thomas, Brad Renfro, & Eric Schweig

In the midst of routine high jinks, mischief –maker Tom Sawyer and rebellious pal Huck Finn come across a shocking scene that ends with a grave result. They swear not to reveal what they saw, but that causes a real problem: if Tom doesn't speak up, an innocent friend may be wrongly convicted ... but if does tell the truth, a killer will keep his vow and come after him.

SWEET SATURDAY: July 22

PURSUIT OF HAPPYNESS (2006) PG-13, 1 hr. 57 min. Inspiring, Heartfelt, Feel-Good

Cast: Will Smith, Jaden Smith, & Thandiwe Newton

A newly single father determined to lift himself and his son out of poverty works his way up from the bottom at a stock brokerage firm.