

# Work, Work, Work!



Third-floor balcony view to the southwest.



Third-floor balcony view to the north.



Future Monarch residents, Tara and Terry Cupps, don hard hats and tour their apartment during a recent Monarch resident event.

**The Monarch is making progress!** Crews are working hard to install cabinets, doors, trim, plumbing fixtures, light fixtures, flooring, and final paint, so lots of finishes. In the basement/garage area, overhead lighting and fire sprinkler drops are being installed into the ceiling grid. The exterior landscape crew is adding irrigation system and plantings. Patio railings, gutters, and downspouts also are in the works!

## EVENTS & OPPORTUNITIES

### Window Washing

Window washing will begin Friday, June 16. The crew plans to start on the duplexes and then move to the independent living towers. This project will probably take about two weeks to complete. If you have questions, please contact Monte Spiller at (785) 323-3801.

### Little Apple Splash

**June 16, 17, & 18**

Little Apple Splash Wild Card will be at Blue Earth Plaza in Manhattan, Kan. on June 16, 17, and 18! This is a premiere canine aquatics competition event hosted by DockDogs Worldwide. Manhattan community members are invited to enjoy three days of fun, watching three competitions combined into one action-packed, family-oriented show. Visit [www.dockdogs.com](http://www.dockdogs.com) to see the full schedule and learn more!

### Shopping at Target & Dollar Tree

**Saturday, June 17, at 10:30 a.m.**

The next scheduled trip is Saturday, June 17, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set

for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, July 15. Please sign up in the Blue Book to participate in these opportunities.

### Worship Service

**Sunday, June 18, at 10:30 a.m.**

Join Pastor Melanie Nord for worship at 10:30 a.m. Sunday, June 18, in the Community Room/Chapel. The sermon is titled, "God as Father." All are welcome to attend.

### "Why?" Book Discussion Group

**Monday, June 19, at 3:30**

People of faith have struggled with the question "why do bad things happen to good people" for centuries. Join Rev. Melanie Nord as we examine and discuss this topic using the bestseller by Pastor Adam Hamilton. The "Why?" Book Discussion Group meets Mondays in June from 3:30 to 4:30 p.m. in the Bison Room. You do not have to read the book to participate.

### UFM: Songs from the Old West

**Tuesday, June 20, at 1:30 p.m.**

UFM Lifetime Learning presents *Songs from the Old West* led by Roy Bird, from 1:30 to 2:30 p.m. Tuesday, June 20, in the Community Room.

Join us for an hour of period songs and songs inspired by America's West—some cowboy songs, some movie songs, some songs more recent, but all toe-tapping entertainment.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

### Prairie Star Writers Group

**Tuesday, June 20, at 2 p.m.**

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, June 20, in the Patriot Room.

The June 20 session is titled "Our Moral Compass." Life constantly throws difficult choices at us. Where do we turn when the easy way seems to come not so easily? Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

**HAPPY FATHER'S DAY**

**I DONUT KNOW WHAT I'D DO WITHOUT YOU DAD**



**FREE DONUT**  
with every entrée purchase all day  
Father's Day, Sunday, June 18!

## EVENTS & OPPORTUNITIES

### **FUMC Communion**

*Wednesday, June 21, at 9 a.m.*

Join pastoral leaders from First United Methodist Church at 9 a.m. Wednesday, June 21, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

### **Artist Discussion with the Beach**

*Wednesday, June 21, at 4 p.m.*

Join Kim Richards from Beach Museum of Art for "Childe Hassam: Flag Impressionist," at 4 p.m. Wednesday, June 21, in the Bison Room. We will explore the soft impressionist paintings of Childe Hassam with a focus on his U.S. Flag series. Works of art featuring flags by other artists also will be included.

### **Speedy Pd Training Walk**

*Thursday, June 22, at 9:30 a.m.*

Want to prepare for the Half-Mile or 5k courses at this year's Speedy Pd Race for Parkinson's Disease? Training walks will meet Thursdays at 9:30 a.m. Meet in the lobby for a guided walk outside, weather permitting, otherwise we will walk indoors. The race date is set for Saturday, Aug. 26, at Tuttle Creek State Park.

### **College Ave. UMC Communion**

*Thursday, June 22, at 10 a.m.*

You're invited to attend communion with College Avenue United Methodist Church at 10 a.m. Thursday, June 22, in the Bison Room. Communion will be given by Rev. John Collins. All are welcome to attend.

### **Speedy Pd Art Making Opportunities**

*Thursday, June 22, at 1:30 p.m.*

Join Meadowlark Parkinson's Program and our partners from the Beach Museum of Art in making pieces of art that will be used for the 15<sup>th</sup> Annual Speedy Pd Race for Parkinson's Disease in August. These pieces of art are used for the age group awards for the 5k and 10k winners.

The Beach Museum of Art provides us with the supplies needed and can also assist with some inspiration. No prior art experience is necessary. Please help us continue the tradition of being the best 5k and 10k race in the Flint Hills.

The art-making class will meet each Thursday in June from 1:30 to 3 p.m. in the KSU Classroom. You're invited to come and go as your schedule and attention allows.

### **Church Ladies**

*Friday, June 23, at 7 p.m.*

Meadowlark is excited to welcome back the Church Ladies at 7 p.m. Friday, June 23, in the Event Center. The Church Ladies are a harmony-based acoustic trio from the Manhattan area. They have been performing together for several years and have become a favorite among residents.

### **Beer & Hymns is BACK**

*Saturday, July 8, at 7 p.m.*

Join Pastor Melanie Nord and Musician Mary Jane Adams for a special patriotic-themed Beer & Hymns event at 7 p.m. Saturday, July 8, in the Event Center! Whether your drink of choice is juice, soda or wine, you're welcome to partake in this grand tradition of learning more about beloved hymns, joining in song, and raising your glass in a toast with friends!



## LEADER OF THE PACK

Meadowlark's Leader of the Pack for June is Brandi Waddington, CNA in Bramlage House! Brandi is kind and hardworking. Recently, a resident's family stated that they had a really hard day and could not have done it without her. And neither could we! Brandi is truly one of the most selfless women you'll ever meet, and she deserves all of the recognition in the world for the outstanding job she does each day. Meadowlark is lucky to have Brandi as a part of the team!

# Work That Brain!

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21						22				
23			24					25	26					
			27				28						29	30
31	32	33				34						35		
36					37						38			
39				40						41				
42			43						44					
		45						46				47	48	49
50	51					52	53					54		
55					56						57			
58					59						60			
61					62						63			

## ACROSS

1. Whale
5. Playground chute
10. Shove
14. Complain
15. Golden king (mythology)
16. Be aware of
17. Teetotallers
19. Baby buggy
20. Not cold
21. Offering little or no hope
22. Gentry
23. Painter's studio
25. Review
27. Commercials
28. Cement
31. Chocolate treat
34. Put to the test
35. Gesture of assent
36. Freudian topics
37. Foe
38. Grasped
39. Addition
40. Confer happiness on
41. Unclear
42. Course of study
44. Tavern
45. A group of concubines
46. Choral composition
50. Fruit of the oak tree
52. Be indebted to
54. Bog
55. Drink quickly
56. Skin diving
58. Beak
59. Subsequently
60. Rear end
61. Pitcher
62. Ice or steam
63. Elk or caribou

## DOWN

- |                               |                            |                          |
|-------------------------------|----------------------------|--------------------------|
| 1. A city in Nebraska         | 18. Put up with            | 40. Farm building        |
| 2. Android                    | 22. Behold, in old Rome    | 41. Itchy canine ailment |
| 3. Hindu social division      | 24. Falls behind           | 43. Bigger               |
| 4. Picnic insect              | 26. Covet                  | 44. Moneylender          |
| 5. Grins                      | 28. Pungent edible leaves  | 46. Sorceress            |
| 6. Protective covering        | 29. Tattled                | 47. Ardent               |
| 7. Notion                     | 30. Countercurrent         | 48. On edge              |
| 8. Rooms for developing films | 31. Charges                | 49. Ire                  |
| 9. S                          | 32. Not pretty             | 50. Skin disease         |
| 10. Willow relative           | 33. Barbie's place         | 51. Food                 |
| 11. Not fully developed       | 34. Pulmonary problem      | 53. Custom               |
| 12. Immediately               | 37. River to the North Sea | 56. South south-west     |
| 13. Domicile                  | 38. Ache                   | 57. Young boy            |

## Art Engagement *from the Beach Museum of Art*

**Balance ...** This print shows a child being balanced overhead by a man. We know from experience that there is a careful distribution of weight allowing this to happen. What about the visual distribution of weight within the composition? If you divide the artwork in half with a vertical line, do the left and right sides balance? What about dividing the image horizontally? Do the upper and lower halves balance? If you think there is balance, how did the artist create the impression of equality in weight and importance?



Joseph Hirsch (United States, 1910 - 1981), Printer George C. Miller and Son (United States, 1894 - 1965), Publisher Associated American Artists (United States, 1934 - 2000), *Holiday*, published 1950, Lithograph on paper, KSU, Marianna Kistler Beach Museum of Art, bequest of Raymond & Melba Budge, 1992.162

# RESTAURANT **SPECIALS**

<p><b>Father's Day!</b> <b>Sunday,</b> <b>June 18</b></p>	<p><b>Sunday Brunch</b> Brunch Menu available from 9 a.m. to 2 p.m.</p>	<p><b>Dinner</b> <b>\$15</b> Beef Tips Mashed Potatoes &amp; Gravy Broccoli</p>
<p><b>Monday,</b> <b>June 19</b></p>	<p><b>\$11</b> <b>Lunch</b> Cheeseburger Sliders French Fries</p>	<p><b>\$17</b> <b>Dinner</b> Coconut Shrimp Coconut Rice Grilled Pineapple</p>
<p><b>Tuesday,</b> <b>June 20</b></p>	<p><b>\$10</b> <b>Lunch</b> Fried Bologna Slider Watermelon Salad</p>	<p><b>\$17</b> <b>Dinner</b> BBQ Ribs Cheesy Potatoes Baked Beans</p>
<p><b>Wednesday,</b> <b>June 21</b></p>	<p><b>\$12</b> <b>Lunch</b> Balsamic Steak &amp; Gorgonzola Salad <i>balsamic marinated steak, gorgonzola cheese, grilled corn, cherry tomatoes, red onions, mixed greens, &amp; balsamic dressing</i></p>	<p><b>\$20</b> <b>Dinner</b> Fajita Bar</p>
<p><b>Thursday,</b> <b>June 22</b></p>	<p><b>\$11</b> <b>Lunch</b> Italian Beef Sandwich Pasta Salad</p>	<p><b>\$16</b> <b>Dinner</b> Meatloaf Roasted Garlic Red Skin Potatoes Buttered Carrots</p>
<p><b>Friday,</b> <b>June 23</b></p>	<p><b>\$11</b> <b>Lunch</b> Pizza Bar</p>	<p><b>\$15</b> <b>Dinner</b> Brown Sugar Ham Mashed Sweet Potatoes Brussel Sprouts</p>
<p><b>Saturday,</b> <b>June 24</b></p>	<p><b>\$11</b> <b>Lunch</b> Cuban Sandwich Pub Chips</p>	<p><b>\$15</b> <b>Dinner</b> Fried Chicken Mashed Potatoes &amp; Gravy Corn</p>

# Weekly Opportunities Calendar *June 18 to June 24*

## Sunday • June 18 *Put your trash at the curb!*

10:30 a.m. ~ Worship Service, CR  
10:30 a.m. ~ Transportation to FUMC, VE

## Monday • June 19 *Trash & recycling pick-up*

9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Tuttle Creek Ladies Group, CY  
10:00 a.m. ~ Tuttle Creek Mens Group, MR  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
1:00 p.m. ~ Parkinson's Exercise Class, CR  
1:45 p.m. ~ Parkinson's Voice Class, CR  
2:00 p.m. ~ Change & Loss Support Group, FHR  
3:30 p.m. ~ "Why" Book Discussion Group, BR  
5:30 p.m. ~ 5th Floor Supper, MR  
7:00 p.m. ~ Community Bingo, CR

## Tuesday • June 20

7:00 a.m. ~ Rock Steady Boxing, BF  
10:00 a.m. ~ Memory Activities Class, EC  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
12:05 p.m. ~ Mat Yoga, CR  
1:00 p.m. ~ Fit 2 Fight Pd, MSC  
1:30 p.m. ~ UFM: Songs of the Old West, CR  
2:00 p.m. ~ Prairie Star Writers, FHR  
2:00 p.m. ~ 10-Point Pitch, GR  
3:00 p.m. ~ Ambassador Meeting, BR  
5:30 p.m. ~ 2nd Floor Supper, BR

## Wednesday • June 21

9:00 a.m. ~ FUMC Communion, BR  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR  
10:00 a.m. ~ Memory Café, KSU CL  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
12:00 p.m. ~ Rock Steady Boxing, BF  
3:00 p.m. ~ Sing-a-Long, EC  
3:00 p.m. ~ Rock Steady Boxing, CR  
4:00 p.m. ~ Artist Discussion with the Beach, BR  
5:30 p.m. ~ Mid-Month Music Series, PS

## Thursday • June 22

9:00 a.m. ~ Messenger Team, KSU CL  
9:30 a.m. ~ Speedy Pd Training Walk, VE  
10:00 a.m. ~ College Ave. UMC Communion, BR

## Thursday • June 22

10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
12:00 p.m. ~ Caring Conv. for People with Pd, FHR  
12:05 p.m. ~ Mat Yoga, CR  
1:00 p.m. ~ Parkinson's Exercise, CR  
1:00 p.m. ~ Parkinson's Exercise Class, CR  
1:30 p.m. ~ Speedy Pd Art Class, KSU CL

## Friday • June 23

9:30 a.m. ~ Seated Strength, CR *or 1960*  
10 a.m. to 3 p.m. ~ Meadowlark Market,  
120 N. Scenic Drive  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
7:00 p.m. ~ Church Ladies, EC

## Saturday • June 24

9:30 p.m. ~ Band Bust Exercise Class, 1960  
10 a.m. to 3 p.m. ~ Meadowlark Market,  
120 N. Scenic Drive

### Room Abbreviations

1960, TV Channel 1960	GR, Game Room
BF, Body First	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC, Manhattan Sr. Center
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

2023 MID-MONTH MUSIC SERIES

**GREG CARROLL & THE MIDNIGHT JAZZ DUO**

Wednesday, June 21 / 6 to 8 p.m. / Prairie Star  
featuring a FAJITA BUFFET  
**\$20+tax/per person**  
*No reservations required.*



## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SEASONAL SUNDAY: June 18

**FATHER OF THE BRIDE** (1991) PG, 1 hr. 45 min. *Romance, Family, Comedy*

Cast: Steve Martin, Diane Keaton, & Kimberly Williams

George Banks, a befuddled father, has a hard time letting go of his daughter when she unexpectedly announces her plans to wed.

### MUSICAL MONDAY: June 19

**LYLE, LYLE CROCODILE** (2022) PG, 1 hr. 46 min. *Feel-Good, Music, Family*

Cast: Javier Bardem, Constance Wu, & Shawn Mendes

Josh and his parents are shocked to find a singing crocodile in their attic, but quickly learn to love him. If only their grumpy neighbor felt the same!

### TRUE TUESDAY: June 20

**GUATEMALA: HEART OF THE MAYAN WORLD** (2019) TV-G, 1 hr. 6 min. *Inspiring, Emotional*

Cast: Christian Morales

From Sierra de las Minas to Esquipulas, explore Guatemala's cultural and geological wealth, including ancient Mayan cities and other natural wonders.

### WESTERN WEDNESDAY: June 21

**CASTAWAY COWBOY** (1974) G, 1 hr. 31 min. *Western, Family, Action-Adventure*

Cast: James Garner, Vera Miles, & Robert Culp

A shanghaied Texas cowboy jumps ship off the coast of Kauai, and a 12-year-old-boy rescues him from drowning. The cowboy helps the boy's mother's failing potato plantation by turning it into a cattle ranch. He must outwit an unscrupulous businessman and an evil witch doctor, and turn the easygoing islanders into cowpokes.

### THEATER THURSDAY: June 22

**AMERICAN HUSTLE** (2013) R for language, sexuality & violence, 2 hr. 18 min. *Drama, Irreverent*

Cast: Christian Bale, Bradley Cooper, & Amy Adams

In this fictionalization of a true story, a con man and his lover assist an eccentric FBI agent in exposing corruption in Congress in the early 1980s.

### FUNNY FRIDAY: June 23

**ROMANCING THE STONE** (1984) PG, 1 hr. 46 min. *Action, Comedy, Classic*

Cast: Michael Douglas, Kathleen Turner, & Danny DeVito

When a reclusive romance writer, whose humdrum life in no way resembles the exploits of her fiery diction heroines, learns her sister's been kidnapped, she's soon embroiled in a wild adventure involving hidden treasure and a dashing mercenary.

### SWEET SATURDAY: June 24

**STEEL MAGNOLIAS** (1989) PG, 1 hr. 58 min. *Heartfelt, Emotional*

Cast: Sally Field, Dolly Parton, & Shirley MacLaine

Six women in a small Southern town share gossip and solve problems at the local beauty parlor, anchoring each other through life's ups and downs.