



*by Michelle Haub, Special Programs Leader*

Togetherness...this word holds much meaning when referencing the 5th annual Fiesta to Remember. Since the first event, which helps raise awareness about dementia, Alzheimer's, and Meadowlark Memory Program, the sponsors and leaders have held strong in their dedication to reach the greater Manhattan community. Through different venues, including Central National Bank's parking lot during COVID, the purpose and goals of this event also have been held together strongly. Those goals are to help the community better understand dementia and the free local support from Meadowlark Memory Program, as well as enjoy great food, fellowship, and music.

We are honored to have the consistent support from Central National Bank as our presenting sponsor. This is the fifth year they have stepped up to provide not only financial support, but also assistance in planning, advertising, and working at the event. Additionally, 2023 marks the third year that Rockin K's has generously offered to host and donate 10% of the day's proceeds to Meadowlark Memory Program. We

encourage people to come to Rockin' K's, located at 1880 Kimball Ave., any time from 11 a.m. to 10 p.m. Friday, June 9, to enjoy delightful food and drink. Fiesta to Remember will feature a taco buffet from 11 a.m. to 1:30 p.m. and a fajita buffet from 4:30 to 9 p.m.

Back by popular demand, a VIP experience featuring a private room, bartender, and buffet will be offered from 6 to 8 p.m. A limited number of VIP tickets are available for \$50 each. Everyone can purchase favorites from the Rockin' K's menu and the signature "Fiesta-Rita" drink all day long. To-go orders will be available for residents not able to attend in-person. Be on the lookout for additional information and order forms. We are excited to bring back live music from Petty Cash, which describes their music as a "high octane stage shows appropriate for old rockers, baby rockers and everything in-between."

As a community outreach program, Meadowlark Memory Program serves individuals affected by mild cognitive impairment, dementia, and/or Alzheimer's disease in the Flint Hills region. In recent years, the

**See FIESTA, page 7**

## EVENTS & OPPORTUNITIES

### **Mat Yoga, canceled for 5/30**

Mat Yoga will not meet Tuesday, May 30. Class will resume at 12:05 p.m. Thursday, June 1.

### **Worship Service, canceled for 5/28**

There will be no Sunday service this week due to our Monday Memorial Day evening worship. If you'd like to worship Sunday morning, consider joining the bus to the First United Methodist Church 11 a.m. traditional worship service where you'll be blessed by a thoughtful sermon and patriotic hymns.

### **Memorial Day Evening Worship**

*Monday, May 29, at 7 p.m.*

Join us for a holy observance of Memorial Day. This day was first known as "Declaration Day" and originated after the Civil War as a springtime tribute to fallen soldiers. Those first observances revolved around prayer and decorating the graves of fallen soldiers. In recent years, many have taken it as an opportunity to visit family cemeteries and remember those who died serving our nation, as well as lost loved ones.

During this service of worship at 7 p.m. Monday, May 29, in the Community Room/Chapel, we'll sing patriotic songs, join in prayer, and be challenged to think about what it means to serve selflessly.

### **Blue Skies Brass Quartet**

*Friday, May 26, at 7 p.m.*

Meadowlark is excited to welcome back the Blue Skies Brass Quartet at 7 p.m. Friday, May 26, in Prairie Star's Event Center! The quartet includes Fred Burrack on trumpet, Brian Hardeman on trumpet, Carol Sevin on horn, and Brent Maner on trombone. This foursome is a very entertainment colorful group you don't want to miss!

### **Piano Music**

*Tuesday, May 30, at 3 p.m.*

You're invited to enjoy piano music from the 1930s, 40s, and beyond. Join us from 3 to 3:30 p.m. Tuesday, May 30, in the Flint Hills Room.

### **Page Turners Book Club**

*Wednesday, May 31, at 11:30 a.m.*

Special Programs continues to work with Resident Services Leader Monte Spiller to facilitate the

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Page Turners Book Club. We encourage any and all to participate in this bi-monthly gathering to socialize, engage, and discuss a popular book that became a movie. The group is now reading *A Man Called Ove* by Fredrik Backman and will meet at 11:30 a.m. Wednesday, May 31, in the Patriot Room to begin discussion. We have books on loan from the Manhattan Public Library. Please reach out to Michelle or Debi if you would like to borrow one. Participants do not have to attend each week to participate; come when you are able whether you have finished the book or are just beginning!

### **ARTful Making**

*Wednesday, May 31, at 2:30 p.m.*

You're invited to join Kim Richards from the Beach Museum of Art for ARTful Making at 2:30 p.m. Wednesday, May 31, in the KSU Classroom to make patriotic-inspired creations.

Memorial Day, Flag Day, and Fourth of July will be our inspiration for a mixed media layered project. Colored paper, watercolors, markers, and texture plates will be available to create a U.S. Flag-inspired artwork.

### **Pd Education Group**

*Thursday, June 1, at 2 p.m.*

You're invited to the monthly meeting of the Pd Education Group at 2 p.m. Thursday, June 1, in the Community Room.

This month's program is titled, "An Online Adapted Yoga Program for Adults with Parkinson's Disease," presented by Abby Hani, an occupational therapist.

Abby will share about the benefits of yoga and how it can impact your daily life. We will also explore a website created to practice yoga at home for individuals with Parkinson's. This website consists of adapted yoga videos, access to research articles, and definitions of common terms.

No registration is required to attend. If you have questions, please call Michelle at (785) 323-3899.

### **Beer & Hymns**

*Friday, June 2, at 7 p.m.*

There is a grand tradition within the Christian church of bringing together hymn-singing and pub culture. In the nineteenth century, William Booth's Salvation Army put Christian words to

## EVENTS & OPPORTUNITIES

popular music sung in pubs and taverns. Come enjoy a soda or alcoholic beverage... or even water... and join together in song for fellowship, song and merriment at Prairie Star's Pub.

### **"Why?" Book Discussion Group**

**Monday, June 5, at 3:30**

People of faith have struggled with the question "why do bad things happen to good people" for centuries. Join Rev. Melanie Nord as we examine and discuss this topic using the bestseller by Pastor Adam Hamilton. The "Why?" Book Discussion Group will meet Mondays in June from 3:30 to 4:30 p.m. starting Monday, June 5, in the Flint Hills Room. You do not have to read the book to participate. All are welcome!

### **Celebration of Life: Faith Roach**

**Tuesday, June 6, at 4 p.m.**

Please join family and friends for a celebration of Faith Roach's life from 4 to 7 p.m. Tuesday, June 6, at the Flint Hills Discovery Center on the patio. We'll move indoors if the weather is not beautiful.

In accordance with her spirit, there will be food and drink. Come and share stories and tall tales!

### **June Ladies Luncheon**

**Thursday, June 8, at 11:30 a.m.**

You won't want to miss this one! All Meadowlark ladies are invited to the June Ladies Luncheon at 11:30 a.m. Thursday, June 8, in the Event Center. Sign up in the Blue Book at the Hospitality Desk if you plan to attend.

June's luncheon theme is Relish Spring with Friends, Food, and Poetry. Bring your own friends, meet friends there, or come around 11 a.m. to pick your place and meet new friends! The menu will include a spring salad, croissant, and a cherry tort with ice cream. Nathan Bolls will read selected published poems written by his late wife, Imogene Bolls.

### **Symphony in the Flint Hills**

**Saturday, June 10**

Meadowlark is headed to the prairie for Symphony in the Flint Hills! The Signature Event is an annual gathering on the prairie celebrating art, music, and the ecology of the Flint Hills. The 2023 Event will take place at Wade Pasture in Wabaunsee County, near Eskridge, Kan., on

Saturday, June 10, and will feature a sunset concert by the 80-piece Kansas City Symphony. The day and evening also will be full of inspired talks, stargazing, music, storytelling, and dancing.

The cost of the trip is \$135, which includes the ticket to the event, reserved seating in the chair-sitting area, and transportation from Meadowlark.

The event takes place in a remote pasture with rocks, uneven surfaces, and unpaved dirt pathways. Walking is required. Wear comfortable, closed-toed walking shoes. Upon arrival in the parking lot, allow time to access the main event site. In some designated areas, golf cart rides are available; however, the wait time may be long. Access from the ticket gate to the main event site is by a walking trail, wagon rides, or ADA bus. Walking is required at the main event site.

If you would like to attend with Meadowlark, there is a sign-up sheet in the Blue Book at the Hospitality Desk. There is a no-refund policy for the ticket purchased if the event takes place. In the event of weather postponement on June 10, the Signature Event will take place on the rain date of June 11. If weather cancels the weekend events completely, GA ticket-holders will be eligible for a refund. If you are interested, please sign up or contact Monte Spiller at 323-3801.



### **May Flowers!**

Betty Black, IL Resident, is enjoying beautiful blooms in her backyard garden just in time for summer.





## June Birthdays



### Skilled Nursing

6/3 Bob Phillips  
 6/3 June Crumpler  
 6/3 Larry Bowers  
**6/3 Jim Ferguson**  
 6/3 Floyd Choate  
 6/4 Lola Brecheisen  
 6/5 Marjorie Harland  
 6/5 Delores Thomas  
 6/10 Richard Van Nevel  
 6/11 Janet Ervin  
 6/12 Margaret Barnett  
 6/12 Pat Brensing  
 6/15 Betty Mosier  
 6/15 Bob Kruh  
 6/17 Shirley Hines  
 6/18 Jill Orr  
**6/23 Lois Kennedy**  
 6/25 Elsie Fryer  
 6/26 Carlyle Thompson  
 6/27 Wilma Harris

### Assisted Living & Riley House

6/1 Betty Johns  
**6/13 Margaret Lanich**  
 6/18 Harry Manges  
 6/26 Donna Green

### Independent Living

6/2 Bob Goudy  
 6/4 John Trail

6/8 Barbara Rees  
 6/10 Leo Lake  
 6/10 Venita Patzell  
 6/12 Carol Parsons  
 6/14 Pat Miksch  
 6/14 Kay Shanks  
 6/15 Mel Chastain  
 6/17 Evelyn Myers  
 6/23 William Patzell  
 6/23 Ronda Parry  
**6/26 Helen Roser**  
 6/28 Dee Ann Herde  
 6/29 John Henderson  
 6/30 Barbara Johnson  
 6/30 Jo Fey

### Employees

6/1 Madi Cantu Encarnacion  
 6/1 Ecclesia Settanni  
 6/2 Monica Betzen  
 6/2 Sara Hillard  
 6/3 Emily Tucker  
 6/4 Lisinda Bach  
 6/4 Mariah Clark  
 6/4 Lori Huston  
 6/4 Rachel Jaeger  
 6/4 Briana Lipp  
 6/5 Jennifer Bierman  
 6/5 Michelle Haub  
 6/5 Jennifer Haug  
 6/6 Brooke Williams  
 6/7 Jessica Jones

6/8 Chelsea Bramhall  
 6/8 Sarah Valentine  
 6/9 Brayden Cox  
 6/10 Alyssa Chavez  
 6/10 Ashley Freed  
 6/11 Sharlet Hubner  
 6/12 Brandi Cowing  
 6/13 Kirsti Friesen  
 6/13 Jeremy Jansen  
 6/14 Lonnie Baker  
 6/15 Shaquila Bachu  
 6/15 Kathleen Drake  
 6/16 Vivian Dane  
 6/16 Chris Nelson  
 6/18 Laura Nienhaus  
 6/21 Emmett Spaw  
 6/23 Katie Sigman  
 6/24 Le'Keathia Franklin  
 6/24 Kendal Proctor  
 6/25 Alma Cantu-Bazan  
 6/25 Angie Jordan  
 6/25 Alexis Montgomery  
 6/26 Daylone Smith  
 6/27 Sharon Taylor  
 6/30 Laura King  
 6/30 Arlene Lundberg

***Bold denotes milestone birthdays of 70, 80, 90, or 100+ !***



## **Art Engagement** *from the Beach Museum of Art*

Memorial Day is a time when our focus turns to veterans and the sacrifices they made. We decorate gravesites to highlight our gratitude for those we have lost. Artists have many tools to use to focus a viewer's attention within an artwork. They may place an object in an important location or frame it with other objects. An artist might use contrast in value, texture, shape or form to create attention. Perhaps something is portrayed in a color that is not used anywhere else in the artwork. As you gaze on this image, how did this artist turn your attention to the focal point within the composition?



John Steuart Curry (United States, 1897 - 1946)

*Flag Over Grave*, ca. 1920 - 1925

Oil on canvas

KSU, Marianna Kistler Beach Museum of Art, bequest of Kathleen G. Curry

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# RESTAURANT **SPECIALS**

<p><b>Sunday, May 28</b></p>	<p><b>Sunday Brunch</b> Brunch Menu available from 9 a.m. to 2 p.m.</p>	<p><b>Dinner</b> <b>\$12</b> Philly Cheesesteak Sandwich French Fries</p>
<p><b>Monday, May 29</b></p>	<p><b>\$13</b> <b>Memorial Day Lunch</b> Hot Dog &amp; Burger Bar <i>with Baked Beans, Potato Salad, Watermelon, &amp; Dessert</i></p>	<p><b>\$14</b> <b>Dinner</b> Grilled Raspberry Chicken Rice Pilaf Asparagus</p>
<p><b>Tuesday, May 30</b></p>	<p><b>\$12</b> <b>Lunch</b> Caesar Steak Wrap Garlic Parmesan Fries</p>	<p><b>\$13</b> <b>Dinner</b> Spaghetti &amp; Meatballs Garlic Toast Green Beans</p>
<p><b>Wednesday, May 31</b></p>	<p><b>\$10</b> <b>Lunch</b> Chicken Fajita Quesadilla Corn Salad</p>	<p><b>\$14</b> <b>Dinner</b> Chicken Piccata Wild Rice Caprese Skewer</p>
<p><b>Thursday, June 1</b></p>	<p><b>\$11</b> <b>Lunch</b> Pesto Chicken Melt Garden Vegetable Soup</p>	<p><b>\$17</b> <b>Dinner</b> Grilled Salmon <i>with Mango Salsa</i> Coconut Rice Asparagus</p>
<p><b>Friday, June 2</b></p>	<p><b>\$11</b> <b>Lunch</b> Soup &amp; Salad Bar</p>	<p><b>\$17</b> <b>Dinner</b> Blackened Shrimp Cheesy Grits Side Salad</p>
<p><b>Saturday, June 3</b></p>	<p><b>\$11</b> <b>Lunch</b> Fried Pork Cutlet Sandwich Roasted Red Potatoes</p>	<p><b>\$19</b> <b>Dinner</b> 6-oz. Ribeye Baked Potato Asparagus</p>

# Weekly Opportunities Calendar May 28 to June 3

**Sunday • May 28** *Put your trash at the curb!*  
10:30 a.m. ~ Transportation to FUMC, VE

**Monday • May 29** *Trash & recycling pick-up*  
11:00 a.m. ~ Memorial Day Lunch Buffet, CY  
7:00 p.m. ~ Worship Service, CR

**Tuesday • May 30**  
7:00 a.m. ~ Rock Steady Boxing, BF  
10:00 a.m. ~ Memory Activities Class, KSU CL  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*  
1:00 p.m. ~ Fit 2 Fight Pd, MSC  
2:00 p.m. ~ 10-Point Pitch, GR  
3:00 p.m. ~ Piano Music, FHR

**Wednesday • May 31**  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR  
10:00 a.m. ~ Memory Café, KSU CL  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Page Turners Book Club, PR  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
2:30 p.m. ~ ARTful Making, KSU CL  
3:00 p.m. ~ Sing-a-Long, EC  
3:00 p.m. ~ Rock Steady Boxing, CR

**Thursday • June 1**  
9:00 a.m. ~ Messenger Team, KSU CL  
10:30 a.m. ~ Steady Yourself, CR *or 1960*  
11:15 a.m. ~ Chair Yoga, CR *or 1960*

## FIESTA, from page 1

use of technology has allowed the program to serve individuals in other areas of Kansas and other states as well.

A dementia or related diagnosis is devastating and often leaves the individual and family members feeling isolated. Meadowlark Memory Program strives to help people cope with their diagnoses and form connections so they do not have to face the journey alone. All program services are free of charge, including consultations, education events, classes, and support groups. To learn more about the program or to purchase VIP tickets, please contact Michelle Haub at (785) 323-3899.

**Thursday • June 1**  
12:05 p.m. ~ Mat Yoga, CR  
1:00 p.m. ~ Pd Care Partners Support Group, FHR  
1:00 p.m. ~ Parkinson's Exercise Class, CR  
2:00 p.m. ~ Pd Education Group, CR  
5:30 p.m. ~ Meadowlark Circle Dinner, MR

**Friday • June 2**  
9:30 a.m. ~ Seated Strength, CR *or 1960*  
10:30 a.m. ~ Weights 101, CR *or 1960*  
11:30 a.m. ~ Sit & Be Fit, CR *or 1960*  
1:00 p.m. ~ Rock Steady Boxing, BF  
3:00 p.m. ~ Catholic Mass, CR  
7:00 p.m. ~ Beer & Hymns, PS Pub

**Saturday • June 3**  
9:30 p.m. ~ Band Bust Exercise Class, 1960

## Room Abbreviations

1960, TV Channel 1960	GR, Game Room
BF, Body First	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC, Manhattan Sr. Center
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

## Solution from 5/18.

S	W	A	R	M		C	A	B	S		P	E	S	T
P	O	L	I	O		A	V	O	W		R	A	T	E
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I	N	N	S		P	E	R	T		Y	E	S	E	S





## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SEASONAL SUNDAY: May 28

***ALL QUIET ON THE WESTERN FRONT*** (2022) R for blood war violence, 2 hr. 28 min. *Violent, Dark*

Cast: Felix Kammerer, Albrecht Schuch, & Aaron Hilmer

When 17-year-old Paul joins the Western Front in World War I, his initial excitement is soon shattered by the grim reality of life in the trenches.

### MUSICAL MONDAY: May 29

RESIDENT REQUEST

***HARUM SCARUM*** (1965) NR, 1 hr. 25 min. *Musical, Comedy, Classic*

Cast: Elvis Presley, Mary Ann Mobley, & Fran Jeffries

On tour in Pakistan to promote his latest movie, matinee idol Johnny Tyronne winds up stranded in the desert in the musical comedy. Convinced the action hero is the perfect man to carry out their plan, a gang of would-be assassin kidnaps him. After escaping, Johnny sings some songs and wins the heart of the Princess.

### TRUE TUESDAY: May 30

***THE LONGEST THIRD DATE*** (2023) TV-MA, 1 hr. 15 min. *Documentary, Intimate*

When Khani and Matt met on a dating app, they had no idea COVID-19 would turn their spur-of-the-moment trip to Costa Rica into a months-long adventure.

### CLASSIC MOVIE WEDNESDAY: May 31

RESIDENT REQUEST

***SMOKEY AND THE BANDIT*** (1977) PG, 1 hr. 35 min. *Irreverent, Exciting, Comedy*

Cast: Burt Reynolds, Sally Field, & Jackie Gleason

A race car driver tries to transport an illegal beer shipment from Texas to Atlanta in under 28 hours, picking up a reluctant bride-to-be on the way.

### THEATER THURSDAY: June 1

***THE RAINMAKER*** (1997) PG-13, 2 hr. 15 min. *Drama, Emotional, Heartfelt*

Cast: Matt Damon, Danny DeVito, & Jon Voight

When young attorney Rudy Baylor goes to work for a seedy ambulance chaser, he wants to help the parents of a terminally ill boy sue their insurance company. But to take on corporate America, Rudy and a scrappy paralegal must open their own law firm.

### FUNNY FRIDAY: June 2

***THE DILEMMA*** (2011) PG-13, 1 hr. 51 min. *Comedy, Bittersweet*

Cast: Vince Vaughn, Channing Tatum, & Chelcie Ross

Friends and business partners Ronny and Nick are about to land a fantastic deal when Ronny learns Nick's wife may be having an affair.

### SWEET SATURDAY: June 3

***FALLING IN LOVE*** (1984) PG-13, 1 hr. 46 min. *Romance, Drama, Tearjerker*

Cast: Robert DeNiro, Meryl Streep, & Harvey Keitel

A chance meeting brings two married strangers together, and their ensuing friendship leads to a forbidden love affair. Now, Frank and Molly must face the consequences of their trysts and the truth that may shatter two families.