

America's Favorite Pastime



Throughout the 20th and 21st centuries, baseball became a national pastime and a cultural symbol, reflecting the social and racial changes. Baseball season kicks off this month, and Meadowlark has plans to celebrate. Read below to find out how you can get involved and brush up on baseball history!

Baseball: A Brief History

18th Century / Baseball evolved from older bat-and-ball games like rounders in the 18th century.

1845 / Alexander Cartwright codified the rules for the New York Knickerbocks, introducing the tag-out and the diamond-shaped field.

1866 / The first women's baseball team is started by a group from Vassar College.

1876 / The National League, the oldest professional league, was founded with eight teams and a standard ball.

1901 / The American League, the rival of the National League, was established in 1901, leading to the first World Series in 1903.

1921 / First radio broadcast on radio for baseball.

1981 / Baseball players strike for seven weeks.

1985 / The Kansas City Royals win the World Series for the first time.

1994 / The year without a World Series: the longest and costliest strike in baseball history begins on Aug. 12, and lasts until the following spring.

2015 / KC Royals win their second-ever World Series.

Resource: www.pbs.org/kenburns/baseball/timeline

Opening Day

Prairie Star Restaurant invites you celebrate baseball's opening day on Thursday, March 30! Enjoy lunch in the Courtyard featuring hot dogs and potato chips for \$5 per person. Let's play ball!

Trip to Royals Game

Residents, staff, and family members are invited to Kansas City's Kaufman Stadium to watch the 2023 Royals. This year's trip is scheduled for Friday, May 5. The game will start at 7:10 p.m. against the Oakland Athletics. The cost of the trip is \$65, which includes a ticket to the game, transportation on a chartered bus, a variety of snacks to enjoy on the way to the game, and a boxed meal. Travelers are responsible for their own food and beverages during the game.

The bus will depart from the visitor parking area in front of the Event Center at 3:30 p.m. Please arrive by 3 p.m. Registration for this event is open, and a sign-up sheet is in the Blue Book located at the Hospitality Desk. The cost can be paid by card, cash, payroll deducted for employees, or applied to residents' statement. **Please sign up to attend by Saturday, April 1.** Go Royals!

EVENTS & OPPORTUNITIES

Spring Flowers

Friday, March 17, at 7 p.m.

Let's let nature nurture us at 7 p.m. Friday, March 17, in the Community Room as we learn about wildflowers native to this area and a few bugs. Are you ready for a breath of spring? This program, sponsored by the Outdoor Committee, is presented by Valarie Wright, past director of the Konza Prairie's docent program.

Shopping at Hobby Lobby & Dollar Tree

Saturday, March 18, at 10:30 a.m.

The next scheduled trip is Saturday, March 18, with transportation going to Hobby Lobby and Dollar Tree East. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Target and Dollar Tree West on Saturday, April 15. Please sign up in the Blue Book to participate in these opportunities.

Worship Service

Sunday, March 19, at 10:30 a.m.

Join Terry Cole, Director at Helping International Students Association (Manhattan), for worship at 10:30 a.m. Sunday, March 19, in the Community Room/Chapel.

Page Turners Book Club

Wednesday, March 22, at 11:30 a.m.

Next week, the Page Turners Book Club continues the discussion about *Where the Crawdads Sing* by Delia Owens. This popular book recently became a movie. See the back page of this Messenger for more information on the film.

The movie, *Where the Crawdads Sing*, will be shown in Grosh Cinema at 1 p.m., 4 p.m., and 7 p.m. Tuesday, March 21. Book club members are encouraged to watch at whichever time is best for you. If you would like to watch with other club members, you're invited to attend the 4 p.m. showing.

After watching the movie in the cinema, we will talk about the differences between the book and the movie during our regularly scheduled meeting at 11:30 a.m. Wednesday, March 22, in the Patriot

Room. Whether you have completed the book or not, please join us for discussion and food that is featured in the book. For questions contact Michelle, Bridget, or Monte.

Riley County Historical Society Meeting **Wednesday, March 22, at 11:30 a.m.**

The quarterly meeting for Riley County Historical Society begins at 11:30 a.m. Wednesday, March 22, at Prairie Star Restaurant. This meeting is a lunch-and-learn event and it is open to the public.

The featured speaker is Derrick Doty, the Flint Hills Fiddler and Pioneer Log Cabin Host. You're invited to learn about the Riley County Historical Society's first museum, its recent restoration, and the exhibits inside.

Check-in will begin at 11:30 a.m. Lunch will be served buffet style at 11:45 a.m. and will feature chicken and mushroom crepes, rice pilaf, and green beans. The cost for lunch is \$15 per person. There is no cost to enjoy the featured speaker, which will start at 12:15 p.m.

Please RSVP by **end of day today, March 16**, if you would like to have lunch. Registration is not required if you attend the program only.

Diabetic Wellness Group

Wednesday, March 22, at 1:30 p.m.

The Diabetic Wellness Group will meet at 1:30 p.m. Wednesday, March 22, in the Flint Hills Room. All who are interested are invited to attend.

Artist Discussion with the Beach

Wednesday, March 22, at 4 p.m.

Join Kim Richards from Beach Museum of Art for "Judith Leyster: A Painter Erased from History," at 4 p.m. Wednesday, March 22, in the Bison Room. The search for women artists in art history uncovered Judith Leyster paintings during the Dutch Golden Age. We will explore her rich oil paintings and come to understand how her work remained unattributed to her.

UFM Class: Decade of the 1940s

Wednesday, March 22, at 6:30 p.m.

UFM Lifetime Learning presents *The Decade of the 1940s: America at War and Winning the Peace*

EVENTS & OPPORTUNITIES

taught by Dr. Robert Smith, Director of the Fort Riley Museums Complex. The next session will meet from 6:30 to 8 p.m. Wednesday, March 22, in the Community Room. The final session will meet March 29.

The first session examines the fighting fronts both in Europe and the Pacific. The class will focus on Washington's wartime strategy and Franklin D. Roosevelt's influence in charting the course of the war.

Enrollment is now open for *Decade of the 1940s* and *History of the History Keepers* and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount. Reminder: Meadowlark does not have a partnership agreement with Osher Lifetime Learning; therefore, Osher classes are not available at a discount to Meadowlark affiliates.

Farewell Reception for Bridget Larkin

Thursday, March 23, at 2 p.m.

Bridget Larkin, Social Services Leader, will be moving to Kansas City with her family at the end of the month. Bridget has been a part of the Meadowlark team since January 2016. We will miss her dearly!

All are invited to attend a farewell reception for Bridget from 2 to 4 p.m. Thursday, March 23, in the Event Center. Light refreshments will be served. No gifts please.

Yellow Brick Rock Band

Friday, March 24, at 7 p.m.

We are excited to welcome Yellow Brick Rock Band for the first time at 7 p.m. Friday, March 24, in Prairie Star's Event Center. The band is a combined youth/instructor band that performs live music for the community and local events, allowing youth music students live performance opportunities.

The Flint Hills Academy started Yellow Brick Rock Band in 2019 with four members. The band has now grown to seven members. The band members include 15-year-old vocalist Abi Shearer of Council Grove and 13-year-old guitarist Keeley

McJunkin from Wamego. The instructors in the band are Ryan Rouke, Brandon Collins, Daryl Mastune, Alan Bell, and Andrew Bell. The group covers songs from all genres, providing an eclectic mix of music for all to enjoy. All are welcome!

K-State Clarinet Concert

Wednesday, March 29, at 7:30 p.m.

Meadowlark is in for a mid-week treat! We are excited to welcome the K-State Clarinet Studio group at 7:30 p.m. Wednesday, March 29, in Prairie Star's Event Center. The philosophy of the clarinet studio is to strike a balance between creating a competitive environment with high standards of performance and maintaining a friendly and supportive atmosphere between all students.

Memory Matters Symposium

Wednesday, March 30, at 5 p.m.

This year's Memory Matters Symposium begins at 5 p.m. Thursday, March 30, in Prairie Star's Event Center at Meadowlark. The annual event will feature two keynote speakers: Dr. Ryan Townley with KU Alzheimer's Disease Center and Aimee Fox, Ph.D. Fox is an assistant professor with the K-State Center on Aging. The evening will start with time to socialize, eat brain-healthy refreshments, and learn about Meadowlark Memory Program. Dr. Townley will present virtually at 5:30 p.m. followed by a short break. Fox will attend in-person and she will speak at 6:45 p.m. The event is free and reservations are not required. Attending by Zoom is an option for those unable to be at Meadowlark.

Meadowlark Memory Program is designed to help those dealing with memory and cognitive changes, as well as their caregivers. This program is open to anyone affected by memory and/or cognitive changes in the Flint Hills Region. All classes and groups are free of charge. Please contact Michelle Haub or Bridget Larkin to learn more: mhaub@meadowlark.org or (785) 323-3899.

In-A-Chord: A Cappella Concert

Friday, March 31, at 7 p.m.

Meadowlark is excited to welcome In-A-Chord, the premiere auditioned a cappella group from K-State.

See **EVENTS**, page 4

EASTER BUFFET

April 9th 11:00-1:30

Meadowlark Event Center \$27⁰⁰+TAX

HOT

Carved Prime Rib
Omelet Bar
Sole in Dill Sauce
Shrimp Etouffee
Beef Stroganoff
Chicken Drumsticks
Chicken Rigatoni with Prosciutto
Scalloped Potatoes
Buttered Noodles
Wild Rice
Buttered Carrots
Green Beans
Assorted Bread Display

COLD

Poached Salmon
Salad Waterfall
Fruit Display
Raspberry Marinated Asparagus
Jell-O Molds
Deviled Eggs
Seafood Salad
Chicken Salad
Cucumbers, Red Onions and Peppers
Cheese & Meat Tray
Ambrosia
Pasta Salad
Waldorf Salad

DESSERT

Chocolate Cheesecake	German Chocolate Cake
Carrot Cake	Strawberry Pie
Mixed Berry Cobbler	Coconut Cream Pies
Tiramisu	Cherry Pie
Lemon Meringue Pie	Brownie Pie
Coca-Cola Cake	Apple Cheddar Pie

RESERVE YOUR SPOT AT PRAIRIE STAR



PRAIRIE STAR
Dine • Drink • Gather

EVENTS, from page 3

The group will perform for us at 7 p.m. Friday, March 31, in the Event Center.

In-A-Chord performs a wide variety of pop and contemporary music. In-A-Chord performs several concerts throughout Kansas and surrounding states. They were selected to perform at the National A Cappella Conference in Memphis. Don't miss this entertaining show, which is part of the Bell Family Foundation Music Series.

Pig Out for Parkinson's

Thursday, April 20, from 11 a.m. to 10 p.m.

Mark your calendar for the 13th annual Pig Out for Parkinson's! Pig Out is set for Thursday, April 20, at Rockin K's restaurant. The event, presented by CenterPointe Physicians, features food specials, music from DJ Dan, and appearances by K-State celebrities, including former K-State Football Coach Bill Snyder. There also will be opportunities to learn about Meadowlark Parkinson's Program resources and treatment for Parkinson's disease (Pd) from team members and vendors.

Pig Out for Parkinson's happens every April in conjunction with Parkinson's Disease Awareness Month. The goal of the event is to educate the community about Pd and opportunities offered by Meadowlark Parkinson's Program. All the activities offered by the program are free of charge thanks to the generosity of program participants, local businesses, and community members. Attending Pig Out for Parkinson's is one opportunity to show support, as 10 percent of Rockin K's sales for the day benefit Meadowlark Parkinson's Program. In addition to eating in person, residents are welcome to place to-go orders by completing forms that will be available with a future edition of the Messenger or at the Hospitality desk.

Please contact Michelle Haub at mhaub@meadowlark.org or (785) 323-3899 to learn more.

Art Engagement *from the Beach Museum of Art*

Compare/Contrast ... As we look around outside, little signs of spring are beginning to appear. Bulb leaves are sprouting, grassy areas have green blades emerging, and trees are beginning to bud. It is time to enjoy the green of spring! The watercolors shown here are two examples of fresh landscapes. Take a moment to compare the two scenes. Perhaps spend time considering how each artist used color. Did they use the same palette? Are the same objects in each painting expressed with the same hues? What more do you observe is the same or different between the two?



Robert Blunk (United States, born 1923)
Title unknown, ca. 1948
 Opaque watercolor on paper
 KSU, Marianna Kistler Beach Museum of Art,
 gift of the family of Katherine and Robert Blunk
 2012.125b



John Steuart Curry (United States, 1897 - 1946)
Trees, 1921
 Watercolor with graphite on paper
 KSU, Marianna Kistler Beach Museum of Art, bequest
 of Kathleen G. Curry
 2002.1177

Skill Level: Easy

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						4	8	
9	2			7	1			
8			6		2		9	1
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	9					6	2	
1								
				4		5	9	

Skill Level: Medium

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			8	7				
					5		2	
3							1	
	2				7	8		
			3	8				
	8	1	5				3	4
		4					9	2
9			7	3			5	1

RESTAURANT **SPECIALS**

<p>Sunday, March 19</p>	<p>Sunday Brunch Brunch Menu available from 9 a.m. to 2 p.m.</p>	<p>Dinner \$13 Open-Faced Turkey Sandwich Broccoli</p>
<p>Monday, March 20</p>	<p>\$10 Lunch Chicken Bacon Ranch Sandwich Broccoli Salad</p>	<p>\$14 Dinner Stuffed Pork Tenderloin <i>with Mushroom Sauce</i> Scalloped Potatoes Asparagus</p>
<p>Tuesday, March 21</p>	<p>\$11 Lunch Shrimp Wrap Zucchini Fries</p>	<p>\$13 Dinner Fish Taco Trio Mexican Rice Refried Beans Margarita Special (\$3)</p>
<p>Wednesday, March 22</p>	<p>\$10 Lunch Chicken & Mushroom Crepes Roasted Broccoli</p>	<p>\$14 Dinner Shrimp & Grits Garden Side Salad</p>
<p>Thursday, March 23</p>	<p>\$10 Lunch Fiesta Chicken Salad <i>mixed greens, grilled chicken, cheddar cheese, corn, cilantro, black beans, red onion, & tomatoes served in a fried taco shell</i></p>	<p>\$13 Dinner Salisbury Steak Mashed Potatoes Green Beans</p>
<p>Friday, March 24</p>	<p>\$10 Lunch Pasta Bar</p>	<p>\$15 Dinner Orange Salmon White Rice Stir Fry Vegetables</p>
<p>Saturday, March 25</p>	<p>\$10 Lunch Chili Cheese Dog French Fries</p>	<p>\$14 Dinner Pecan-Crusted Chicken Roasted Red Potatoes Pear & Feta Salad</p>

BREAKFAST MENU

Breakfast service, featuring specials and a regular menus, available in Prairie Star Restaurant from 7 to 11 a.m.

Daily Specials

Monday

Biscuits & Gravy

\$2.50 / \$4.50

Tuesday

Breakfast Pizza, \$5.50

Wednesday

French Toast, \$4

Thursday

Biscuits & Gravy

\$2.50 / \$4.50

Friday

Pancake Stack, \$4

Friday

Monte Cristo with

Hashbrowns, \$8

Breakfast Burrito, \$7

flour tortilla stuffed with scrambled eggs and your choice of add-ins

Omelet, \$6

three-egg omelet made with your choice of add-ins

Egg Scramble, \$6

three eggs scrambled with your choice of add-ins

Breakfast Sandwich*, \$5

egg your way with bacon, sausage or ham served with cheese on toasted white, wheat, or English muffin

Classic Breakfast*, \$6.50

two eggs served your way with bacon or sausage, and two slices of toast

Belgian Breakfast*, \$8.50

two Belgian waffles, two eggs your way with bacon or sausage

All menu items listed above served with hashbrowns or fresh fruit.

GROCERY STORE

The following items are available for purchase at the Hospitality Desk. Charges for these items can be added to resident accounts and billed through resident meal plans. **Orange juice, bread, milk, and eggs** are available for purchase through Prairie Star Restaurant. The Hospitality team members can assist residents with on-line grocery orders through Hy-Vee, which will be delivered directly to the cottage or apartment. A minimum spend of \$24.95 is required for Hy-Vee grocery delivery, and residents will need to use their personal credit card.

◇ Acetaminophen

◇ Anti-Diarrheal

◇ Aspirin

◇ Cheerios

◇ Chips Ahoy

◇ Cough Drops

◇ Folgers Coffee

◇ Ibuprofen

◇ Puffs Facial Tissue

◇ Listerine

◇ Meadowlark Honey

◇ Napkins

◇ Oreos

◇ Paper Towels

◇ Raisin Bran

◇ Toilet Paper

◇ Toothpaste

◇ Tums

Weekly Opportunities Calendar March 19 to March 24

Sunday • March 19 *Put your trash at the curb!*
 10:30 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE

Monday • March 20 *Trash & recycling pick-up*
 9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Tuttle Creek Men's Group, MR
 10:00 a.m. ~ Tuttle Creek Ladies Group, BR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:30 p.m. ~ God Talk, KSU CL
 1:45 p.m. ~ Parkinson's Voice Class, CR
 2:00 p.m. ~ Change & Loss Support Group, FHR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • March 21
 7:00 a.m. ~ Rock Steady Boxing, BF
 10:00 a.m. ~ Memory Activities Class, KSU CL
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 12:05 p.m. ~ Mat Yoga, CR
 1:00 p.m. ~ Fit 2 Fight Pd, MSC
 2:00 p.m. ~ 10-Point Pitch, GR
 4:00 p.m. ~ Meadowlark Singers, CR
 5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday • March 22
 9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Mem. Care Partners Supp. Grp, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 11:30 a.m. ~ Page Turners Book Club, PR
 12:00 p.m. ~ Riley County Historical Society
 Lunch & Learn, EC
 1:30 p.m. ~ Diabetic Wellness Group, FHR
 3:00 p.m. ~ Sing-A-Long, EC
 3:00 p.m. ~ Rock Steady Boxing, CR
 4:00 p.m. ~ Artist Discussion with the Beach, BR
 5:30 p.m. ~ 1st Floor Supper, MR
 6:30 p.m. ~ UFM Class: Decade of the 1940s, CR

Thursday • March 23
 9:00 a.m. ~ Messenger Team, KSU CL
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR

Thursday • March 23
 12:00 p.m. ~ Caring Conversations for People with
 Pd, FHR
 12:05 p.m. ~ Mat Yoga, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:00 p.m. ~ Parkinson's Care Partner Support
 Group, FHR
 2:00 p.m. ~ Farewell Reception for Bridget, EC

Friday • March 24
 9:30 a.m. ~ Seated Strength, CR
 10 a.m. to 3 p.m. ~ Meadowlark Market, 120 N.
 Scenic Drive
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Rock Steady Boxing, BF
 7:00 p.m. ~ Yellow Brick Rock Band, EC

Saturday • March 25
 10 a.m. to 3 p.m. ~ Meadowlark Market, 120 N.
 Scenic Drive

Room Abbreviations

BF, Body First	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC, Manhattan Sr. Center
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	

Solution from 3/9

	S	A	L	S	E		S	N	E	E	R			
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CHANNEL 1960 Entertainment Guide

Monday, March 20

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Tuesday, March 21

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Wednesday, March 22

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

Thursday, March 23

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Friday, March 24

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Saturday, March 25

9:30 a.m.	Band Bust Exercise Class
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National Nutrition Month: March 2023

FACT OR FICTION?

Try to choose the correct answers! Read next week's Messenger to see how you did!



Most Americans get enough dietary fiber.

FACT or FICTION?

Frozen vegetables and fruits can be as nutritious as fresh produce.

FACT or FICTION?

Wheat bread is considered a whole grain.

FACT or FICTION?

Fish and seafood provide important nutrients.

FACT or FICTION?

Nuts and seeds are sources of plant-based protein.

FACT or FICTION?

Three cups from the Dairy Food Group are recommended daily for older children and adults.

FACT or FICTION?

Only exercise counts toward physical activity goals.

FACT or FICTION?

Snacking between meals is not recommended.

FACT or FICTION?

Fruits and vegetables provide vitamins and minerals that support our immune system.

FACT or FICTION?

Vegetable oils are considered healthier than solid fats.

FACT or FICTION?



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: March 19

BROOKLYN (2015) PG-13, 1 hr. 51 min. *Emotional, Romantic, Heartfelt*

Cast: Saoirse Ronan, Domhall Gleeson, & Emory Cohen

After emigrating from Ireland, Eilis Lacey readily adapts to the vastly different New York City, where she falls for a young Italian. But when tragedy pulls her back to her hometown, she finds her loyalties divided between two nations—and two men.

MUSICAL MONDAY: March 20

LES MISERABLES (2012) PG-13, 2 hr. 37 min. *Dark, Emotional, Musical*

Cast: Hugh Jackman, Russell Crowe, & Anne Hathaway

The musical version of Victor Hugo's epic tale of love and sacrifice, first produced for the stage in 1985, now receives the big-screen treatment.

PAGE TURNER TUESDAY: March 21

BOOK CLUB REQUEST

WHERE THE CRAWDADS SING (2022) PG-13, 2 hr. 5 min. *Emotional, Romantic*

Cast: Daisy Edgar-Jones, Taylor John Smith, & Harris Dickinson

A woman who grew up alone in the wild North Carolina marshes becomes a suspect in the murder of a well-to-do young man from the nearby town.

WILD WEDNESDAY: March 22

RUNNING WILD (2017) PG, 1 hr. 39 min. *Drama, Western, Inspiring*

Cast: Sharon Stone, Tommy Flanagan, & Jason Lewis

Stella Davis, a widow, saves her ranch by working with convicts to rehabilitate a herd of wild horses that wandered on to her property. Stella must fight prejudice, greed, bureaucracy, and vanity to finally understand there is not better remedy to misfortune than helping another living creature.

THEATER THURSDAY: March 23

RESIDENT REQUEST

ALONG CAME A SPIDER (2001) R *for violence & language*, 1 hr. 44 min. *Crime, Thriller, Mystery*

Cast: Morgan Freeman, Monica Potter, & Michael Wincott

When a girl is kidnapped from a prestigious prep school, homicide detective Alex Cross takes the case, teaming up with young security agent Jezzie Flannigan in hopes of finding the girl and stopping the brutal psychopath before it's too late.

FUNNY FRIDAY: March 24

THE FOUR SEASONS (1981) PG, 1 hr. 47 min. *Intimate, Romantic, Comedy*

Cast: Alan Alda, Carol Burnett, & Len Cariou

Three middle-aged couples who vacation together every season find their group dynamics upended when one of the men ditches his wife for a younger woman.

SWEET SATURDAY: March 25

DOG GONE (2023) TV-PG, 1 hr. 35 min. *Inspiring, Heartfelt, Feel-Good*

Cast: Rob Lowe, Johnny Berchtold, & Kimberly Williams-Paisley

When his beloved dog goes missing, a young man embarks on an incredible search with his parents to find him and give him life-saving medication.