
Not-So-Newlywed Game

Meet the contestants

Have you heard of the Newlywed Game? It was a popular game show that first aired in the 1960s. Newly married couples played against each other in a series of revealing rounds of questions to determine how well the spouses knew each other. As part of a special event, Meadowlark will re-create this game by boasting a higher degree of difficulty using

Meadowlark's own married and dating couples, including residents and staff!

Be sure to attend the Not-So-Newlywed Game at 4:30 p.m. Friday, Feb. 24, in the Event Center! This entertaining and fun event is free to attend. Learn more about our final two couples in today's edition of the Meadowlark Messenger.

Alex & Ammon Borjas

Status: Married

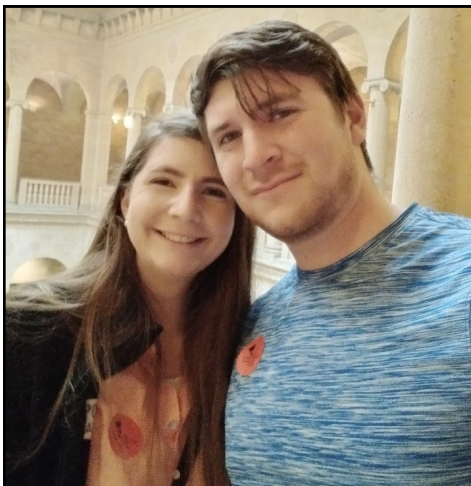
Years together:
Married in 2019

How they met:

Alex and Ammon met on a youth trip. At the time, she was 16-years-old and he was 17. They were sitting in rows next to each other on a long bus ride, when Ammon and his friend decided to make it their mission to make Alex and her friend laugh. By the end of the journey, Alex said, "I wished the ride could have been longer."

They stayed friends throughout high school, even though they attended different schools. It wasn't until after they met up again, a few years after graduation, that they went on a date and fell for one another. Two years after that, they were married!

Position at Meadowlark: You have probably seen Alex's friendly face at the Hospitality Desk or helping Becky with projects for Meadowlark Foundation as our Hospitality Assistant! Alex will be



joined by her husband, Ammon, at the Not-So-Newlywed Game. You might have seen him visiting her from time to time. The couple sometimes enjoys a nice meal together at Prairie Star Restaurant.

Kent & Sharon Smith

Status: Married

Years together: Married in 1960

How they met: Sharon was singing in the summer opera and attending Kansas State University. She was a vocal music major and was practicing one day in the K-State Auditorium. Kent had just come back from his time in the US Air Force, and was invited to see the summer opera rehearsals by one of his friends in



the music department.

Kent and the students were invited back to a friend's home to celebrate the production. The home happened to belong to William "Bill" Fischer.

See **NEWLYWED**, page 3

EVENTS & OPPORTUNITIES

Verna Belle's Café closing

Verna Belle's Café will close permanently at the end of February. The last day of operation for the Café is Saturday, Feb. 25. Starting Sunday, Feb. 26, Prairie Star Restaurant will offer a weekly brunch from 10 a.m. to 2 p.m.

A breakfast menu and daily breakfast specials will be offered Monday through Saturday from 7 to 10 a.m. in Prairie Star Restaurant beginning Monday, Feb. 27. Specialty coffee drinks will be offered during all hours of operation for Prairie Star.

Spiritual Care Survey, due Feb. 28

All residents are encouraged to complete a Spiritual Questionnaire, available at the Hospitality Desk, by Tuesday, Feb. 28. This questionnaire is to gain feedback regarding spiritual and faith-based needs of our community.

Transportation to Memorial Service

Saturday, Feb. 18, at 10 a.m.

Transportation is available at no cost to Angie Fryer's Memorial Service. The bus will depart from the Village Entrance at 10 a.m. Saturday, Feb. 18. The service will begin at 10:30 a.m. at First United Methodist Church. To utilize transportation to the service, please sign up in the Blue Book at the Hospitality Desk.

Shopping at Hobby Lobby & Dollar Tree

Saturday, Feb. 18, at 10:30 a.m.

The next scheduled trip is Saturday, Feb. 18, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, March 18. Please sign up in the Blue Book to participate in these opportunities.

Worship Service

Sunday, Feb. 19, at 10:30 a.m.

Join Monte Spiller, Resident Services Leader, for Worship Service at 10:30 a.m. Sunday, Feb. 19, in the Community Room/Chapel. Sunday's worship topic will be "Finding Strength in Your Struggles."

Prairie Star Writers Group

Tuesday, Feb. 21, at 2 p.m.

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, Feb. 21, in the Patriot Room.

The Feb. 21 session is titled, "Mother Nature Told Me So ..." The one constant in every life is our interaction with our physical world, lovingly known as Mother Nature. She is a great teacher of lessons. We'll spend time writing about a valuable lesson learned from Nature, whether frightening or comforting. Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

Meadowlark Page Turners Book Club

Wednesday, Feb. 22, at 11:30 a.m.

Meadowlark Special Programs is working with Resident Services Leader, Monte Spiller, to facilitate a book club. We are encouraging all to participate in this bi-monthly gathering to socialize, engage, and discuss a popular book that became a movie. We will be reading *Where the Crawdads Sing* by Delia Owens. The description below is from *BookClubs.com*

"A #1 New York Times Best Seller and Reese Witherspoon Book Club pick, Where the Crawdads Sing is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps."

We will meet in the Patriot Room from 11:30 a.m. to 12 p.m. every other Wednesday, beginning Feb. 22. Please sign up in the Blue Book at the Hospitality Desk. For questions contact Michelle, Bridget, or Monte. If you need assistance obtaining a book, please contact Monte.

Diabetic Wellness Group

Wednesday, Feb. 22, at 1:30 p.m.

The Diabetic Wellness Group will meet at 1:30 p.m. Wednesday, Feb. 22, in the Flint Hills Room. All who are interested are invited to attend.

ARTful Making

Wednesday, Feb. 22, at 2:30 p.m.

You're invited to attend ARTful Making at 2:30

EVENTS & OPPORTUNITIES

p.m. Wednesday, Feb. 22, in the KSU Classroom with Kim Richards from the Beach Museum of Art. This will be an open watercolor session. Inspiration and supplies will be provided. You also may have some of your own ideas that you've been wanting to paint—so come and create!

Ash Wednesday Service

Wednesday, Feb. 22, at 7 p.m.

Join Rev. Melanie Nord for Ash Wednesday Service at 7 p.m. Wednesday, Feb. 22, in the Community Room/Chapel. All are invited to attend.

Joshua Lightfoot Band

Thursday, Feb. 23, at 7 p.m.

Meadowlark is happy to welcome back the Joshua Lightfoot Band at 7 p.m. Thursday, Feb. 23, in the Event Center!

Joshua was born in Oklahoma and grew up around music as a part of family gatherings. He was taught to play guitar by his father, and later became multi-instrumental learning the banjo, mandolin, and fiddle. The banjo he uses today once belonged to his grandfather!

Tove Thunell, Joshua's wife, grew up the Swedish seaport town of Gothenburg. She began her interest in American folk music at the young age of 13. Inspired by musicians such as Woody Guthrie and The Carter Family, she took up banjo playing when she was still a teenager.

Join the fun and enjoy some wonderful music from two talented musicians!

NEWLYWED, from page 1

People with a connection with K-State Music know that Bill was instrumental in getting the K-State Singers group started and was the director for many years. While at Bill's, Sharon and Kent got to talking and bonded over their love of nature.

"My first impression of Kent was they he was a very kind, thoughtful, older man, who had been through the service and looked nice in his tie and coat," Sharon said.

Ken said he was impressed with Sharon's choice of drink, which was only vodka, "Sharon was a good looking lady," Kent said.

They soon connected and began dating. Although they spent some time apart, pursuing special musical opportunities, they missed one another immensely and eventually got married. The rest is history!



Angie Fryer

Full obituary printed at the family's request.

Angie Fryer, beloved wife, mother, grandmother, friend and community volunteer, passed away peacefully on Dec. 24, 2022, five days short of her



82nd birthday, at Meadowlark Hills in Manhattan, Kan. She is survived by her husband, Tom Fryer of Manhattan, Kan.; daughter, Trudy Divine (Max) of Liberty, Mo.; son, Wesley Fryer (Shelly) of Charlotte, N.C., as well as seven grandchildren. Angie is also survived by her brother, Ron Henley, of Austin, Tex., and Puerto Rican son, Daniel Olivera, of Aibonito. Grandchildren include Connor, Ethan, Gage, Cole, Alex, Sarah, and Rachel.

Born in Shreveport, La., Angie lived a life dedicated to family, education, and community service. She was a graduate of Trinity College in San Antonio, where she earned a degree in elementary education, as well as Arizona State University, where she earned a Masters degree in Special Education. Angie, or "Nana" as she was known to her family, was an amazing gourmet chef, a tireless community volunteer, and dedicated member of her church family as well as PEO sisterhood.

Angie married her husband, Tom Fryer, in 1968, and together they lived a life of adventure, living in six different states and building a family while Tom served in the US Air Force. In 1981, Angie and Tom moved to Manhattan for Tom's final duty assignment in ROTC at Kansas State University, and decided Manhattan was the perfect community to stay in and put down deep roots.

In the late 1980s, Angie served as "The Military Visitor" at First Presbyterian Church of Manhattan, connecting with the spouses (mostly wives) of soldiers stationed at nearby Fort Riley, and offering both support and networking assistance as they raised kids and worked to support their own families in a multitude of ways.

During the 1990 Gulf War, Angie helped coordinate "Project Manhattan Cares" initiative for Fort Riley families and soldiers, facilitating a diverse array of support and care initiatives in the Manhattan community by both individuals and organizations. Angie was always a faithful and empathetic volunteer at church, in community organizations like AFS, Boy Scouts, Girl Scouts, as well as in schools and PEO.

Angie will be deeply missed by those who knew and loved her, but her legacy of love, kindness, and compassion will live on through her family and the countless lives she touched during her time on earth.

A Celebration of Angie's Life will be held at 10:30 a.m. Saturday, Feb. 18, at the First United Methodist Church, 612 Poyntz Ave., with a luncheon to follow. Inurnment will be at a later date in the Air Force Academy Cemetery in Colorado Springs, Colo.

In lieu of flowers at the memorial service and in memory of Angie, her family requests that donations be made to either "Hand UP Grants" (HUGs) administered by the Fairy Godmothers, PEO Chapter DE, Meadowlark Foundation, or Providence Place of San Antonio, Texas. Contributions may be left in care of the Yorgensen-Meloan-Londeen Funeral Home, 1616 Poyntz Avenue, Manhattan, KS 66502.

Gifts to Meadowlark Foundation

Gifts benefiting the Good Samaritan Fund, Helping Hands Fund, Meadowlark Parkinson's Program, and Wroten House were received by Meadowlark Foundation during the month of January.

Memory of

Dorothy Buller*	Janet Groninga
Guy Coffee	Joe Jones
Olivia Collins	Alice E. Morton*
Angie Fryer	M.S. Ram

Dorothy Slimmer

**Remembered as a part of the 12th annual Dollar-a-Day campaign.*

Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.

Art Engagement *from the* **Beach Museum of Art**

Color ... Often an artist will depict a landscape with realism and show the scene with representational colors and texture. The landscape shown here has been portrayed differently. Two genres where artists use color in an unrealistic way are Impressionism and Expressionism. In Impressionism, the artist is trying to capture objects as they look in different light depending on the time of day or certain environments, often making use of bright hues. Trees may appear blue and the sky brown. This is known as “relative color.” In Expressionism, the artist uses nonrepresentational, bright, and bold color to share feelings over the actual color of the object. As you gaze at this print of a colorful landscape, which genre do you think is being represented? If you think Impressionism, what time of day are you experiencing? If you land on Expressionism, what feelings do these colors reveal to you?



Millard Owen Sheets (United States, 1907 - 1989)
Circle Fine Art Corporation (United States, 1964 - 1996)
Field, ca. 1977
Color screenprint on paper
KSU, Marianna Kistler Beach Museum of Art, gift of Gilbert E. Johnson, 2017.78

RESTAURANT SPECIALS

<p>Sunday, Feb. 19</p>	<p>Lunch \$14 Fried Chicken Mashed Potatoes & Gravy Fresh Green Beans</p>	<p>Dinner \$13 BBQ Meatballs Scalloped Potatoes Roasted Broccoli</p>
<p>Monday, Feb. 20</p>	<p>\$10 Lunch Chicken Gyro Pasta Salad</p>	<p>\$13 Dinner Smothered Pork Chop <i>with Mushroom Gravy</i> Mashed Potatoes Honey Carrots</p>
<p>Tuesday, Feb. 21</p>	<p>\$10 Lunch New Orleans-style Muffaletta Cajun Sausage & Potato Soup</p>	<p>\$19 Dinner See page 8 for Mardis Gras Menu.</p>
<p>Wednesday, Feb. 22</p>	<p>\$10 Lunch Meatloaf Sandwich Pub Chips</p>	<p>\$14 Dinner Chicken Cordon Bleu Rice Pilaf Roasted Broccoli</p>
<p>Thursday, Feb. 23</p>	<p>\$8 Lunch Hot Ham & Cheese Sandwich Tomato Soup</p>	<p>\$16 Dinner Penne with Sherry Garlic Sauce <i>chicken, shrimp, mushrooms, spinach, & sundried tomatoes</i> Garlic Bread</p>
<p>Friday, Feb. 24</p>	<p>\$11 Lunch Taco Bar</p>	<p>\$16 Dinner Braised Short Ribs Loaded Mashed Potatoes Fresh Green Beans</p>
<p>Saturday, Feb. 25</p>	<p>\$11 Lunch BBQ Brisket Sandwich French Fries</p>	<p>\$12 Dinner Bangers & Mash <i>with Stout Onion Gravy</i> Asparagus Medley</p>

Verna Belle's Cafe

MONDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Baked Potato or Sweet Potato, \$7

Your choice of potato topped with any items from the salad bar

TUESDAY

Breakfast: Breakfast Pizza, \$3.50

Lunch: Taco Tuesday, \$5 / \$7

Choose any of the salad bar items to top your ground beef tacos or create a taco salad

WEDNESDAY

Breakfast: French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

Lunch: Mac & Cheese, \$5 / \$7

Homemade mac & cheese custom-made with any items from the salad bar

THURSDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Chili & Cinnamon Roll, \$5 / \$7

Traditional homemade chili served with a cinnamon roll

FRIDAY

Breakfast: Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

Lunch: Quesadilla, \$5 / \$7

Custom-made quesadillas with any items from the salad bar

SATURDAY

Breakfast: Ala Carte Menu Eggs, omelet, bacon, sausage, toast, & fruit

MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.

Daily Specials

Weekly Opportunities Calendar Feb. 19 to Feb. 24

Sunday • Feb. 19 *Put your trash at the curb!*

10:30 a.m. ~ Worship Service, CR
10:30 a.m. ~ Transportation to FUMC, VE

Monday • Feb. 20 *Trash & recycling pick-up*

9:30 a.m. ~ Seated Strength, CR
10:00 p.m. ~ Tuttle Creek Men's Group, MR
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ Parkinson's Exercise Class, CR
1:30 p.m. ~ God Talk, KSU CL
1:45 p.m. ~ Parkinson's Voice Class, CR
2:00 p.m. ~ Change & Loss Support Group, FHR
5:30 p.m. ~ 5th Floor Supper, BR
7:00 p.m. ~ Community Bingo, CR

Tuesday • Feb. 21

7:00 a.m. ~ Rock Steady Boxing, BF
10:00 a.m. ~ Memory Activities Class, KSU CL
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:05 p.m. ~ Mat Yoga, CR
1:00 p.m. ~ Fit 2 Fight Pd, MSC
2:00 p.m. ~ Prairie Star Writers Group, PR
2:00 p.m. ~ 10-Point Pitch, GR
4:00 p.m. ~ Meadowlark Singers, CR
5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday • Feb. 22

9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Memory Care Partners Support Group, FHR
10:00 a.m. ~ Memory Café, KSU CL
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Page Turners Book Club, PR
11:30 a.m. ~ Sit & Be Fit, CR
1:30 p.m. ~ Diabetic Wellness Group, FHR
2:30 p.m. ~ ARTful Making, KSU CL
3:00 p.m. ~ Rock Steady Boxing, CR
3:00 p.m. ~ Sing-A-Long, EC
5:30 p.m. ~ 1st Floor Supper, MR
7:00 p.m. ~ Ash Wednesday Service, CR

Thursday • Feb. 23

9:00 a.m. ~ Messenger Team, KSU CL
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR

Thursday • Feb. 23

12:00 p.m. ~ Caring Conversations for People with Pd, FHR
12:05 p.m. ~ Mat Yoga, CR
1:00 p.m. ~ Parkinson's Exercise Class, CR
1:00 p.m. ~ Parkinson's Care Partners Group, FHR
7:00 p.m. ~ Joshua Lightfoot Band, EC

Friday • Feb. 24

9:30 a.m. ~ Seated Strength, CR
10 a.m. to 3 p.m. ~ Meadowlark Market, 120 Scenic Drive
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Sit & Be Fit, CR
1:00 pm. ~ Rock Steady Boxing, BF
4:30 p.m. ~ Not-So-Newlywed Game, EC

Saturday • Feb. 25

10 a.m. to 3 p.m. ~ Meadowlark Market, 120 Scenic Drive

Room Abbreviations

BF, Body First	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	MSC, Manhattan Sr. Center
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	



JOIN US FOR A
mardi gras
CELEBRATION

Tuesday, February 21 / \$19 per person

Hors d'Oeuvres	Entree
Crawfish Dip on Toasted Baguettes	Cajun Stuffed Chicken Breast with Andouille Sausage Gravy
Dessert	Red Beans & Rice Creole Green Beans
Beignets with Raspberry Glaze	



CHANNEL 1960 Entertainment Guide

Monday, Feb. 20

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Tuesday, Feb. 21

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Wednesday, Feb. 22

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

Thursday, Feb. 23

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Friday, Feb. 24

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Saturday, Feb. 25

9:30 a.m.	Band Bust Exercise Class
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Solution from 2/9 (Easy).

3	2	5	8	6	1	7	4	9
7	8	1	4	9	5	2	3	6
6	4	9	3	7	2	1	8	5
4	6	8	5	2	9	3	7	1
1	3	2	6	8	7	9	5	4
5	9	7	1	4	3	6	2	8
8	7	4	9	3	6	5	1	2
9	1	3	2	5	8	4	6	7
2	5	6	7	1	4	8	9	3

Solution from 2/9 (Medium).

4	9	2	8	6	1	7	3	5
1	7	3	4	2	5	9	6	8
8	6	5	3	7	9	1	2	4
3	8	1	6	4	7	2	5	9
6	2	9	5	8	3	4	1	7
7	5	4	1	9	2	3	8	6
9	3	6	2	5	4	8	7	1
2	4	8	7	1	6	5	9	3
5	1	7	9	3	8	6	4	2



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: Feb. 19

THE COLOR PURPLE (1942) PG-13, 2 hr. 33 min. *Drama, Tearjerker, Emotional*

Cast: Whoopi Goldberg, Danny Glover, & Margaret Avery

Celie is a Southern woman whose correspondence with her sister in Africa helps her escape an abusive husband and a life of bitter circumstance.

MUSICAL MONDAY: Feb. 20

MATILDA (2022) PG, 1 hr. 56 min. *Musical, Quirky, Family*

Cast: Alisha Weir, Emma Thompson, & Lashana Lynch

In this imaginative musical adventure, an intelligent girl with unusual gifts stands up to a cruel school headmistress.

TRUE TUESDAY: Feb. 21

THE AVIATOR (2004) PG-13, 2 hr. 50 min. *Drama*

Cast: Leonardo DiCaprio, Cate Blanchett, & Kate Beckinsale

Eccentric mogul Howard Hughes plunges headlong into fame, aviation, and more as his whirlwind career evolves into a tormented journey in this biopic.

WESTERN WEDNESDAY: Feb. 22

THE COWBOY WAY (1994) PG-13, 1 hr. 47 min. *Western, Adventure, Comedy*

Cast: Kiefer Sutherland, Woody Harrelson, & Dylan McDermott

Two childhood friends who are rodeo cowboys travel from New Mexico to New York City, searching for a friend who disappeared while looking for his daughter, who's just been smuggled into the US from Cuba.

THEATER THURSDAY: Feb. 23

RESIDENT REQUEST

RIGHTEOUS KILL (2008) R for violence, language, & sexuality, 1 hr. 43 min. *Crime, Thriller, Drama*

Cast: Robert De Niro, Al Pacino, & 50 Cent

Two veteran New York City detectives work on a case of serial executions of criminals who escaped justice.

FUNNY FRIDAY: Feb. 24

RESIDENT REQUEST

TICKET TO PARADISE (2022) PG-13, 1 hr. 44 min. *Comedy, Romantic*

Cast: George Clooney, Julia Roberts, & Kaitlyn Dever

Love is in the air on Bali as recent college grad Lily prepares to wed a local guy, and her friend Wren finds herself falling for an island doctor. But Lily's parents—now divorced—are speeding to the island to put a halt to the festivities.

SWEET SATURDAY: Feb. 25

SLUMBERLAND (2022) PG, 2 hr. *Exciting, Family*

Cast: Jason Momoa, Marlow Barkley, & Chris O'Dowd

Joined by a larger-than-life outlaw, a daring young orphan journeys through a land of dreams to find a precious pearl that will grant her greatest wish.