

# Not-So-Newlywed Game

## Meet the contestants

Have you heard of the Newlywed Game? It was a popular game show that first aired in the 1960s. Newly married couples played against each other in a series of revealing rounds of questions to determine how well the spouses knew each other. As part of a special event, Meadowlark will re-create this game by boasting a higher degree of difficulty using

### John & Patsy (Pat) Henderson

**Status:** Married

**Years together:**  
Going steady for 55 years; married in 1968

**How they met:** Pat was invited to John's 16<sup>th</sup> birthday party by her best friend, who was his current girlfriend. When she saw John for the first time, she said to herself, "That's the man I'm going to marry."

That summer, John and Pat got to know one another while swimming at the Elk Lodge in El Paso, Texas. John kept "dunking Pat in the water," which was his way of showing affection, but Pat was



Meadowlark's own married and dating couples, including residents and staff!

Be sure to attend the Not-So-Newlywed Game at 4:30 p.m. Friday, Feb. 24, in the Event Center! This entertaining and fun event is free to attend. Learn more about our first two couples in today's edition of the Meadowlark Messenger.

not amused. It was not until later, in their junior year of high school, that fate brought them together for good! John's current girlfriend, who was a year older, moved away. John was pretty down in the dumps. Pat said she tried to cheer him up, and after some flirting, he finally asked her out!

John said Pat was the nicest girl in the whole school, and "the absolute best!" The rest is history!

### Emmett Spaw & Allie Cloyd

**Status:** Dating

**Years together:** 1 year

**How they met:**  
"Trust us, it's a long story."

**Position at Meadowlark:** Both Emmett and Allie are a part of Meadowlark's Food Services team. Emmett might have whipped you up a breakfast burrito in Verna Belle's Café, and Allie may have served you a delicious meal in Prairie Star!



## EVENTS & OPPORTUNITIES

### **Meadowlark Page Turners Book Club**

Meadowlark Special Programs is working with Resident Services Leader, Monte Spiller, to facilitate a book club. We are encouraging all to participate in this bi-monthly gathering to socialize, engage, and discuss a popular book that became a movie. We will be reading *Where the Crawdads Sing* by Delia Owens. The description below is from *BookClubs.com*

*"A #1 New York Times Best Seller and Reese Witherspoon Book Club pick, Where the Crawdads Sing is at once an exquisite ode to the natural world, a heartbreaking coming-of-age story, and a surprising tale of possible murder. Owens reminds us that we are forever shaped by the children we once were, and that we are all subject to the beautiful and violent secrets that nature keeps."*

We will meet in the Patriot Room from 11:30 a.m. to 12 p.m. every other Wednesday, beginning Feb. 22. Please sign-up in the Blue Book at the Hospitality Desk. For questions contact Michelle, Bridget, or Monte. If you need assistance obtaining a book, please contact Monte.

### **Sprinkler Replacement**

Crews began replacing dry pendant sprinkler heads over balconies last week. This work will only be in the East tower apartments and will continue for two weeks. Any resident who wants to be home while we work needs to coordinate a time with Mike Davis by calling (785) 323-3851. Following the sprinkler replacement, a contractor will be brought in as soon as possible to start patching ceilings.

### **UFM Lifetime Learning: Lunch & Learn**

**Friday, Feb. 10, at 11:30 a.m.**

The next UFM Lunch and Learn begins at 11:30 a.m. Friday, Feb. 10, in the Event Center and is titled "Behind the Book." Debut novelist Carmen Schober will discuss the creative writing process, identifying a target audience, and the path to publication. This class is ideal for those who are interested in learning more about writing and storytelling techniques, or who are simply curious about what goes on behind the scenes in the publishing world.

For all Lunch and Learn classes, please bring your own lunch, or arrive early and purchase from the menu at Meadowlark's Prairie Star restaurant.

Classes are now open for enrollment. For learning opportunities at Meadowlark, call UFM at (785) 539-8763 and request to register. Meadowlark residents may attend all Meadowlark-sponsored UFM courses at no cost. Passport members may attend at a 20% discount.

### **Music Concert with MAMTA**

**Friday, Feb. 10, at 7 p.m.**

You're invited to enjoy a concert by the Manhattan Area Music Teachers Association (MAMTA) at 7 p.m. Friday, Feb. 10, in the Event Center. MAMTA is a group of professional music educators from Manhattan, Kan., and the surrounding area who strives to advance the value of music study and music-making for our diverse community, while supporting the professionalism of music teachers and the promotion of a high standard of music among its members. All are invited to attend this musical event!

### **Spiritual/Faith Needs Listening Session**

**Sunday, Feb. 12, at 10:30 a.m.**

All are invited to join Rev. Melanie Nord at 10:30 a.m. Sunday, Feb. 12, in the Community Room for a listening and feedback session regarding the spiritual and faith-based needs of our community. Topics of discussion will include: Sunday morning services, Sunday evening Vespers, Christian and other religious needs, intergenerational church partnerships, etc.

All residents are encouraged to complete a Spiritual Questionnaire, available at the Hospitality Desk, by Tuesday, Feb. 28. Healthcare households will have listening sessions with Melanie later this spring.

### **Hablé Español**

**Monday, Feb. 13, at 4 p.m.**

Hablé Español clase se reunirá Lunes 13 de Febrero en la tarde a las 4.

La Team para su presentacion: Es su pasa tiempo (hobbies). Traiga ejemplos o fotos para compartir con todos.

## EVENTS & OPPORTUNITIES

### UFM Class: My Little Valentine

Tuesday, Feb. 14, at 6:30 p.m.

*My Little Valentine* is the true story of lost and found love between a mother and daughter. In 1924, a rural Kansas teenage girl found herself in the “family way” and unmarried. She was sent to The Willows Maternity Sanitarium, a home for unwed mothers, and delivered a beautiful, healthy baby girl on Valentine’s Day. She was devastated that she had to give up her baby to be raised by strangers and had to promise to never look for her baby.

Despite this promise and very closely guarded secret, she never forgot and always prayed her baby girl was happy. Adopted and raised by a wonderful Kansas farm family, the daughter always wondered “who” and “why” about her birth mother. After 66 years, they are reunited, and this is their story.

KelLee Parr, the author of *My Little Valentine*, will lead this presentation from 6:30 to 8 p.m. Tuesday, Feb. 14, in the Community Room. *My Little Valentine* is KelLee’s first book that tells the story of KelLee’s search for his biological grandmother and the reunion of his mother and grandmother.

Enrollment is now open and can be completed by calling (785) 539-8763. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount. Reminder: Meadowlark does not have a partnership agreement with Osher Lifetime Learning; therefore, Osher classes are not available at a discount to Meadowlark affiliates.

### FUMC Communion

Wednesday, Feb. 15, at 9:30 a.m.

Join Pastor Barry Dundas from First United Methodist Church at 9:30 a.m. Wednesday, Feb. 15, in the Bison Room to receive communion. The opportunity is open to anyone wanting to invite Christ into his or her heart.

### Artist Discussion with the Beach

Wednesday, Feb. 15, at 4 p.m.

Join Kim Richards from Beach Museum of Art at 4 p.m. Wednesday, Feb. 15, in the Bison Room for “J.C. Hall: The man behind Hallmark Cards, Inc.” We will hear the story of the beginnings of

See EVENTS, page 4

**Super Bowl Menu**

**\$10 Each**

**Boneless Wings**  
With your choice of Buffalo, BBQ or Garlic Parmesan Sauce. Served with fries.

**Hamburger Sliders**  
Two angus beef chuck patties topped cheddar cheese, lettuce, tomato, pickle, and onion. Served with fries.

**Pulled Pork Nachos**  
Corn tortilla chips loaded with beer cheese, shredded pork, pico de gallo, street corn, and guacamole

# Work That Brain!

*Skill Level: Easy*

	2	5		6				
7		1	4		5			
	4		3	7	2			
		8						
1	3				7			4
						6	2	8
8					6	5		
				5		4		7
2		6		1				

*Skill Level: Medium*

			8	6	1		3	
							9	
	6	5			9		2	4
		1					2	9
6	2			8				
7							8	
			2				8	7
			7					
5	1						4	

## EVENTS, from page 3

Hallmark and view a sampling of cards through the years.

### Technology Help Drop-In

*Thursday, Feb. 16, at 9 a.m.*

Are you new to technology or need answers to existing computer questions? Wandeen Rivers from the Manhattan Public Library will offer one-on-one help with tablets, laptops, and mobile phones every third Thursday from 9 to 11 a.m. in the Flint Hills Room. Registration is not required to attend.

### Card Making with Michelle Lehmer

*Thursday, Feb. 16, at 2:30 p.m.*

The next Card Making with Michelle Lehmer class will occur on Thursday, Feb. 16, at 2:30 p.m. in the Flint Hills Room.

### Transportation to Memorial Service

*Saturday, Feb. 18, at 10 a.m.*

Transportation is available at no cost to Angie Fryer's Memorial Service. The bus will depart from the Village Entrance at 10 a.m. Saturday, Feb. 18. The service will begin at 10:30 a.m. at First United Methodist Church. To utilize transportation to the service, please sign up in the Blue Book at the Hospitality Desk.

### Shopping at Hobby Lobby & Dollar Tree

*Saturday, Feb. 18, at 10:30 a.m.*

The next scheduled trip is Saturday, Feb. 18, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

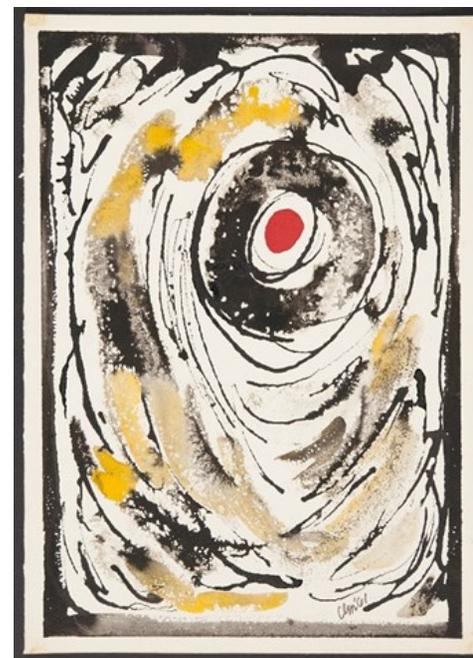
Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, March 18. Please sign up in the Blue Book to participate in these opportunities.

## Art Engagement *from the Beach Museum of Art*

**Compare and Contrast ...** The two artworks shown here could be described as abstract art. The artists are experimenting with form, color, line, texture, and tone to create a piece that is well balanced and expressive. Sometimes the composition might represent recognizable objects and sometimes it may not. As you spend more time looking at these two paintings, do you see any ideas that are recognizable? Let's compare the two pieces. What do you see that is the same? What do you see that is different?



John Paul Jones (United States, 1924 - 1999)  
*River Lights Grey*, 1950  
Casein on hardboard  
KSU, Marianna Kistler Beach Museum of Art, Second Biennial  
Exhibition of Regional Art (1952) Purchase Award, acquired for the  
Friends of Art with K-State Works of Art Purchase Fund, 1952.8



Charles Leroy Marshall Sr. (United States, 1905 - 1992)  
*A Touch of Red*, 1961  
Watercolor on paper  
KSU, Marianna Kistler Beach  
Museum of Art, gift of Charles L.  
Marshall, Sr., presented by  
Maybelle M. Scheetz  
2005.276



## LEADER OF THE PACK

Meadowlark's Leader of the Pack for February is Alaina Ray, a Home Health Aide for Meadowlark Home Health. Alaina provides companionship/care to several home health clients, and she is always so kind, patient, and understanding. She listens to their stories, asks questions, and is so interactive. If you pass her in the hallway, Alaina always lights up with a smile and says "Hello!" or "Good morning!" We are grateful to have Alaina as part of our team at Meadowlark!

# RESTAURANT **SPECIALS**

<p><b>Sunday, Feb. 12</b></p>	<p>Lunch \$14 Beef Tips Mashed Potatoes &amp; Gravy Broccoli</p>	<p>Dinner \$10 The Big Game Tailgate Menu <i>See page 3.</i></p>
<p><b>Monday, Feb. 13</b></p>	<p>\$10 Lunch Ham &amp; Scalloped Potato Quiche Garden Side Salad</p>	<p>\$16 Dinner Coconut Shrimp Coconut Rice Grilled Pineapple</p>
<p><b>Tuesday, Feb. 14</b></p>	<p>\$10 Lunch Chicken &amp; Waffle Sandwich Winter Fruit Salad</p>	<p>\$21 Dinner 4-oz. Filet Garlic-Butter Shrimp Baked Potato Asparagus</p>
<p><b>Wednesday, Feb. 15</b></p>	<p>\$11 Lunch Grilled Salmon Sandwich Sweet Potato Fries</p>	<p>\$13 Dinner Fried Pork Cutlet Mashed Potatoes &amp; Gravy Green Beans</p>
<p><b>Thursday, Feb. 16</b></p>	<p>\$10 Lunch Italian Beef Sandwich Pasta Salad</p>	<p>\$14 Dinner Meatloaf Roasted Garlic Red Skin Potatoes Buttered Carrots</p>
<p><b>Friday, Feb. 17</b></p>	<p>\$10 Lunch Taco Bar</p>	<p>\$14 Dinner Cajun-Braised Chicken Thigh Red Beans &amp; Rice Cornbread</p>
<p><b>Saturday, Feb. 18</b></p>	<p>\$9 Lunch Sausage Tortellini Soup Breadstick</p>	<p>\$11 Dinner Beef &amp; Noodles Mashed Potatoes Green Beans</p>

# Verna Belle's Cafe

## **MONDAY**

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Baked Potato or Sweet Potato, \$7

Your choice of potato topped with any items from the salad bar

## **TUESDAY**

**Breakfast:** Breakfast Pizza, \$3.50

**Lunch:** Taco Tuesday, \$5 / \$7

Choose any of the salad bar items to top your ground beef tacos or create a taco salad

## **WEDNESDAY**

**Breakfast:** French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

**Lunch:** Mac & Cheese, \$5 / \$7

Homemade mac & cheese custom-made with any items from the salad bar

## **THURSDAY**

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Chili & Cinnamon Roll, \$5 / \$7

Traditional homemade chili served with a cinnamon roll

## **FRIDAY**

**Breakfast:** Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

**Lunch:** Quesadilla, \$5 / \$7

Custom-made quesadillas with any items from the salad bar

## **SATURDAY**

**Breakfast:** Ala Carte Menu      Eggs, omelet, bacon, sausage, toast, & fruit

**MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.**

*Daily Specials*

# Weekly Opportunities Calendar Feb. 12 to Feb. 18

**Sunday • Feb. 12** *Put your trash at the curb!*  
 10:30 a.m. ~ Worship Service, CR  
 10:30 a.m. ~ Transportation to FUMC, VE  
 5:00 pm. ~ Super Bowl Watch Party, EC

**Monday • Feb. 13** *Trash pick-up*  
 9:30 a.m. ~ Seated Strength, CR  
 9:30 a.m. ~ Mindful Memories, **MSC**  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Meadowlark Valley Luncheon, MR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 1:30 p.m. ~ God Talk, KSU CL  
 1:45 p.m. ~ Parkinson's Voice Class, CR  
 2:00 p.m. ~ Change & Loss Support Group, FHR  
 4:00 p.m. ~ Hablé Español, FHR  
 7:00 p.m. ~ Community Bingo, CR

**Tuesday • Feb. 14**  
 7:00 a.m. ~ Rock Steady Boxing, **BF**  
 10:00 a.m. ~ Memory Activities Class, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 12:00 p.m. ~ 4th Floor Luncheon, BR  
 12:05 p.m. ~ Mat Yoga, CR  
 1:00 p.m. ~ Fit 2 Fight Pd, **MSC**  
 2:00 p.m. ~ 10-Point Pitch, GR  
 2:30 p.m. ~ Valentine's Day Celebration, EC  
 4:00 p.m. ~ Meadowlark Singers, CR  
 6:30 pm. ~ UFM Class: My Little Valentine, CR

**Wednesday • Feb. 15**  
 9:00 a.m. ~ FUMC Communion, BR  
 9:30 a.m. ~ Seated Strength, CR  
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
 10:00 a.m. ~ Memory Care Partners Support Group, FHR  
 10:00 a.m. ~ Memory Café, KSU CL  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 3:00 p.m. ~ Rock Steady Boxing, CR  
 3:00 p.m. ~ Sing-A-Long, EC

**Thursday • Feb. 16**  
 9:00 a.m. ~ Technology Help Drop In, FHR  
 9:00 a.m. ~ Messenger Team, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR

**Thursday • Feb. 16**  
 12:05 p.m. ~ Mat Yoga, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 2:30 p.m. ~ Card Making with Michelle Lehmer, FHR  
 5:30 p.m. ~ Meadowlark Circle Dinner, MR  
 6:00 p.m. ~ Murder Mystery Dinner Theater, EC

**Friday • Feb. 17**  
 9:30 a.m. ~ Seated Strength, CR  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 pm. ~ Rock Steady Boxing, **BF**  
 3:00 p.m. ~ Catholic Rosary, CR  
 7:00 p.m. ~

**Saturday • Feb. 18**  
 10:30 a.m. ~ Saturday Shopping Trip, VE

## Room Abbreviations

<b>BF, Body First</b>	KSU CL, KSU Classroom
BR, Bison Room	MR, Manhattan Room
CR, Community Room	PR, Patriot Room
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	<b>MSC, Manhattan Sr. Center</b>
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance
GR, Game Room	





# CHANNEL 1960 Entertainment Guide

## Monday, Feb. 13

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Tuesday, Feb. 14

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Wednesday, Feb. 15

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

## Thursday, Feb. 16

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Friday, Feb. 17

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Saturday, Feb. 18

9:30 a.m.	Band Bust Exercise Class
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# DINNER WITH THE MAFIA

A Saint Valentine's Day Murder Mystery ~ Presented by Levity Players Group

February 16th at 6:00

Prairie Star Event Center

\$70 per Ticket

Don Vincenzo Maranzano, an Italian-American "businessman", invites you to his engagement party. He is marrying Francesca DeLorossa, a lady Don who leads another family. This show prompts laughter you can't refuse.

Advance Reservations Required  
Reserve your spot at the Host Stand  
or by calling (785) 323-3820

Amuse Bouche

**Seared Scallop**

with Capers and Herb Butter On Carrot Rissoto

Salad

**Blood Orange Salad**

Tossed Baby Greens with Gorgonzola, Toasted Pecans, and Blood Orange Vinaigrette

Entree

**Stuffed Roast Tenderloin**

Beef Tenderloin Stuffed with Shrimp and Crab  
with Bearnaise sauce

**Parmesan Brussel Sprouts**

Dessert

**Chocolate-Covered Strawberry  
Cheesecake**



## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SEASONAL SUNDAY: Feb. 12

**REMEMBER THE TITANS** (2000) PG, 1 hr. 54 min. *Sports, Drama, Historical*

Cast: Denzel Washington, Will Patton, & Donald Faison

The story of a newly appointed African-American football coach and his high school team in their first season as a racially integrated unit in 1970s Virginia.

### MUSICAL MONDAY: Feb. 13

**13 THE MUSICAL** (2022) PG, 1 hr. 34 min. *Musical, Inspiring, Feel-Good*

Cast: Eli Golden, Gabriella Uhl, & Debra Messing

After moving from New York to Indiana in the wake of his parents' divorce, a clever middle-schooler is determined to throw the best bar mitzvah ever.

### TRUE LOVE TUESDAY: Feb. 14

**VALENTINE'S DAY** (2010) PG-13, 2 hr. 5 min. *Romantic, Comedy*

Cast: Jessica Alba, Kathy Bates, & Jessica Biel

In this Los Angeles-set comedy, the tripwires of modern love are exposed in a carousel involving relationships and the single life on the most romantic day of the year: February 14.

### WESTERN WEDNESDAY: Feb. 15

**CODE OF THE RED MAN** (1942) NR, 1 hr. 3 min. *Western, Classic, Adventure*

Cast: Chief Thundercloud, Dave O'Brien, & Edward Finney

While a ferocious wild stallion terrorizes a frontier community, an evil horse rustler threatens an Indian village already besieged by settlers. It's up to two tribesmen and a benevolent cowboy to tame the horse and save the village.

### THEATER THURSDAY: Feb. 16

RESIDENT REQUEST

**TOP GUN: MAVERICK** (2022) PG-13, 2 hr. 11 min. *Action, Adventure, Exciting*

Cast: Tom Cruise, Miles Teller & Jennifer Connelly

After 30 years, Maverick is still pushing the envelope as a top naval aviator, but must confront ghosts of his past when he leads Top Gun's elite graduates on a mission that demands the ultimate sacrifice from those chosen to fly it.

### FUNNY FRIDAY: Feb. 17

**FLETCH** (1985) PG, 1 hr. 38 min. *Witty, Goofy, Comedy*

Cast: Chevy Chase, Jo Don Baker, & Dana Wheeler-Nicholson

Undercover investigation reporter Fletch lands a major scoop when he's offered big bucks to murder a millionaire—by the rich guy himself.

### SWEET SATURDAY: Feb. 18

**THE LAND OF STEADY HABBITS** (2018) TV-MA, 1 hr. 38 min. *Witty, Intimate, Emotional*

Cast: Ben Mendelsohn, Edie Falco, & Connie Britton

After leaving his wife and his job to find happiness, Anders begins a clumsy, heartbreaking quest to reassemble the pieces of his fractured life.