

Dec. 15, 2022 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit focused on supporting people in living their best lives

Cents of the Season

With December sale, Meadowlark Market hits 2022 revenue goal





[above left] Market customer Tracey Seales, certified Home Health aide and Home Health assistant, was the lucky winner of a gift basket, offered as a prize at December's sale. Her name was drawn from among 121 entries. [above right] A tree laden with ornaments, a jumbo nutcracker, and festive florals add to living room decor offered earlier this month at Meadowlark Market, 120 N. Scenic Dr.

by Becky Fitzgerald, Development Director

On Dec. 2, a 4-foot nutcracker king stood proudly in the living room at Meadowlark Market as a long line of shoppers entered the door at 10 a.m. By about 10:20, the nutcracker had been claimed and moved near the cash register with his soon-to-be new owner excitedly exclaiming "I can't believe he is still here! Can I set him back while I shop some more?"

And so it went at 120 N. Scenic Dr. for the next 10 hours over two days. Meadowlark Foundation's not-so-secret Market revenue goal for 2022 was \$100,000. After achieving slightly more than \$71,400 in sales in 2021 – about \$25,000 higher than 2019's year-end number – hitting six figures seemed possible. However, that number wouldn't be reached

without a sale in December. The catch? The Market previously had not been open in December.

Would the Market's behind-the-scenes team be able to clean, stage, and price new inventory in the two short weeks after the November sale dates? (Thanksgiving lessened the number of available volunteer hours.) Would there be enough volunteers to work at a December sale? Would people attend the sale? Would they buy anything? Would customer traffic screech to a halt on Dec. 3 while the K-State Wildcats and TCU Horned Frogs slugged it out in the Big 12 Championship game? The answers are four yes's and one ho-ho-no!

In addition to the Market's usual mix of quality pre-

See MARKET, page 4

EVENTS & OPPORTUNITIES

Sing-A-Long, break until Jan. 4

The weekly Sing-A-Long group with Jim Reed is taking a break for the holidays. The group will resume at 3 p.m. Wednesday, Jan. 4, in the Event Center.

God Talk, break until Jan. 9

The weekly God Talk group with Jim Reed is taking a break for the holidays. The group will resume at 1:30 p.m. Monday, Jan. 9, in the KSU Classroom.

Holiday Schedule Changes

Please see below for schedule changes because of the Christmas holiday.

- ~ The Hospitality Desk will close at 2:30 p.m. Saturday, Dec. 24. The desk will remain closed through Sunday, Dec. 25, and will open at 8 a.m. Monday, Dec. 26.
- ~ Prairie Star Restaurant will close at 2 p.m. Saturday, Dec. 24. The restaurant will offer a mid -day meal between 11 a.m. and 2 p.m. Sunday, Dec. 25. Reservations are required.
- ~ Prairie Star Restaurant will offer a boxed meal option for dinner on Christmas Day. The meal will include a ham and cheese sandwich, chips, fruit, and a cookie for \$10 each. Please sign up in the Blue Book at the Hospitality Desk. Meals will be delivered at no additional charge between 2 and 3 p.m. Sunday, Dec. 25.
- ~ Verna Belle's Café will be closed Saturday, Dec. 24; Sunday, Dec. 25; and Monday, Dec. 26. The café will open at 7 a.m. Tuesday, Dec. 27.
- ~ How the Grinch Stole Christmas will play in Grosh Cinema at 12 p.m. and 3 p.m. Saturday, Dec. 24. A Charlie Brown Christmas will play in Grosh Cinema at 2 p.m. and 3 p.m. Sunday, Dec. 25. Regular movie showing times will resume Monday, Dec. 26.
- ~ Chair Yoga and Mat Yoga classes are canceled for Tuesday, Dec. 27, and Thursday, Dec. 29.
- ~ Seated Strength, Weights 101, Sit & Be Fit, and Pd Exercise are canceled for Monday, Dec. 26. Please see page 9 for the listing of televised exercise classes, which can be found on channel 1960.

Books for Sale

The Meadowlark Swag Shop located in Verna Belle's Café will feature two titles by author Nathan Bolls, a current Meadowlark resident. Both books are priced at \$8.

Outdoor Encounters features a series of essays which reflect the beauty of the Kansas Flint Hills region. Many of these essays have been featured over the years in the Meadowlark Messenger.

River Spirits: A Boy, His River, and Time is a collection of essays where we join Nathan in pondering the discoveries of 90 years as he observes the interactions of humans and creatures sharing this planet. He reminds us that Mother Nature demands our attention.

Nathan J. Bolls, Ph.D., Professor Emeritus of Biology at Wittenberg University, Springfield, Ohio, grew up exploring the streams around his small rural hometown of Onaga in the northeastern corner of neighboring Pottawatomie County, Kan. But he has pretty much kept his feet dry since moving to Meadowlark with his late wife, Imogene, in May 2010.

Dementia Friendly Manhattan meeting Friday, Dec. 16, at 10 a.m.

There will be a Dementia Friendly Manhattan meeting at 10 a.m. Friday, Dec. 16, in the KSU Classroom. Anyone interested in learning more about Dementia Friendly Manhattan is invited to attend.

At this meeting we will develop our DFM work plan for 2023 and identify a chair or co-chairs for the DFM community advisory team. Please feel free to invite others who might be interested.

Art Committee meeting

Friday, Dec. 16, at 10 a.m.

The Art Committee will meet at 10 a.m. Friday, Dec. 16, in the Flint Hills Room.

Shopping at Hobby Lobby & Dollar Tree Saturday, Dec. 17, at 10:30 a.m.

The next scheduled trip is Saturday, Dec. 17, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

EVENTS & OPPORTUNITIES

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, Jan. 21. Please sign up in the Blue Book to participate in these opportunities.

Memorial Service for John Dale Apel Sunday, Dec. 18, at 2 p.m.

John Dale Apel (Dale) passed away on Nov. 15 in Lindsborg, Kan. A memorial service and time of fellowship will be held in the Community Room at 2 p.m. Sunday, Dec. 18. A short graveside ceremony will be held the preceding day at 11 a.m. Saturday, Dec. 17, at the Grace Lawn Cemetery in Howard, Kan.

Advent Book Study

Tuesday, Dec. 20, at 10 a.m.

The final class for the Advent Book Study will meet at 10 a.m. Tuesday, Dec. 20, in the Flint Hills Room.

Prairie Star Writers Group

Tuesday, Dec. 20, at 2 p.m.

Interested in joining the writing group at Meadowlark? Prairie Star Writers invites you to attend the next meeting at 2 p.m. Tuesday, Dec. 20, in the Patriot Room.

Family holiday traditions are a story in themselves. Sometimes they have lasted for generations! Feeling inspired? Join us to expand on the writing prompt, *It's not the a holiday if we don't ...*

Prairie Star Writers is led by Cathy Hedge. The group meets on the first and third Tuesdays.

FUMC Communion

Christ into his or her heart.

Wednesday, Dec. 21, at 9:30 a.m.
Join Pastor Barry Dundas from First
United Methodist Church at 9:30 a.m.
Wednesday, Dec. 21, in the Bison Room
to receive communion. The opportunity
is open to anyone wanting to invite

Artist Discussion with the Beach

Wednesday, Dec. 21, at 4 p.m.

Join Kim Richards from the Beach Museum of Art for "A Collection of Christmas Cards" at 4 p.m. Wednesday, Dec. 21, in the Bison Room. The group will look at a brief history of the Christmas card and then explore some cards from the Beach Museum's permanent collection.

Holiday Music

Friday, Dec. 23, at 5:30 p.m.

Meadowlark residents and guests are invited to enjoy delightful holiday music during the evening meal at Prairie Star Restaurant beginning at 5:30 p.m. Friday, Dec. 23. The dining experience will be accompanied with live background music from the Crossbows.

See EVENTS, page 4

Christmas Dinner

Sunday, December 25 11 a.m. to 1:30 p.m.

Reserve your spot at Prairie Star Restaurant.

Choice of Starter

Winter Green Salad with Apple Cider Vinaigrette Seafood Bisque

Choice of Entree

Raspberry-Grilled Chicken ... **\$19**Maple-Glazed Salmon ... **\$21**Prime Rib with Au Jus and Horseradish Sauce ... **\$23**

Sides

Roasted Garlic Red Skin Mashed Potatoes
Asparagus
Croissant with Butter

Choice of Dessert

Egg Nog Snickerdoodle Cheesecake Peppermint Fudge Cake

EVENTS, from page 3

Christmas Eve Worship Services

Saturday, Dec. 24, at 1 p.m. or 7 p.m.

Join us this Christmas Eve for a very special observance of the Birth of Christ. We'll gather together in the Community Room Saturday, Dec. 24, at 1 p.m. or 7 p.m. to sing beloved hymns, hear the Gospel Message, and pray together. Communion will be served at the evening service for those who desire to partake; you do not have to receive.

Family and friends are welcome. Christmas Eve worship will be led by Rev. Melanie Nord from First United Methodist Church.

Christmas Eve Social & Snacks

Saturday, Dec. 24, at 5 p.m.

Residents are invited to attend a Christmas Eve Social and Snacks event at 5 p.m. Saturday, Dec. 24, in Prairie Star Restaurant's Event Center. Prairie Star Restaurant and Pub will close for full meal service at 2 p.m. on Christmas Eve. There is no cost to attend.

Sugar Bowl Watch Party

Saturday, Dec. 31, at 11 a.m.

Your Big 12 Champions are Sugar Bowl bound! Cheer on the K-State Wildcats as they take on the Alabama Crimson Tide at 11 a.m. Saturday, Dec. 31, in the Game Room and Prairie Star Pub. Light refreshments will be served.

MARKET, from page 1

loved furniture, household items, and collectibles, seasonal décor and potential gift items could be found in all the rooms, as well as on the front and back porches. All items are donated and then offered for sale to the public at less-than-retail prices. Proceeds benefit the Good Samaritan Fund.

After a successful November, boasting more than \$8000 in revenue, we would hit \$100,000 if we sold about \$7500 in merchandise in December. The Foundation is pleased to announce that the December sale exceed expectations, and 2022's revenue, to date, has surpassed \$102,000! That number will grow if recent inquiries from four potential buyers result in sales. Merry Christmas, indeed!

In an effort to make a sale in December even more enticing, price reductions, prizes, and a coupon with a purchase were part of the fast-paced fun on Dec. 2 and 3. These features were announced to customers who attended the November sale, and also were part of marketing efforts prior to Dec. 2.

Shoppers could register to win a gift basket filled with many new items and one collectible: a piece of signed pottery created by the late Angelo Garzio. In addition, customers had a chance to win at least one item in each room and on the back porch. Instead of price tags, a few items were

marked with a "Merry Christmas" label. Customers who inquired about one of those items, asking its price, were told "Merry Christmas! This is our gift to you. Thank you for shopping with us."

The success of the Market would not be possible without the many donors, an ever-growing number of shoppers, the volunteers, and several Meadowlark employees. The Market's 33 volunteers are a mixture of Meadowlark residents, Passport members, and community members. Eleven complete various tasks in the weeks between sales, with five of those volunteers also joining the others who greet and assist customers on Market days.

Meadowlark Market is slated to be closed in January, allowing staff and volunteers ample time to pack and store unsold holiday items, sort and organize several boxes of donations, which are currently in storage, and prepare new inventory for display. The first 2023 sale dates are set for Friday and Saturday, Feb. 24 and 25.

Thank you for your tremendous interest in and support of this fundraising effort, and please help us spread the word about our shopping and saving opportunities.

If you would like to become a Market volunteer, please contact our Engagement Specialist, Jana Armfield, at (785) 323-3890. If you have a donation item, large or small, please contact Becky Fitzgerald at (785) 323-3843.

Services for Dorothy M. Slimmer submitted by the family of Dorothy Slimmer

Dorothy Maxine Slimmer, 96, of Manhattan, Kan., formerly of Holton, Kan., passed away Thursday, Dec. 8, at Meadowlark Hills. She was born July 18, 1926, north of Soldier, Kan., the daughter of Earl William and Pearl (McDevitt) Watkins.

Dorothy graduated from Wetmore High School in 1945. She lived over 50 years in Holton and previously in Topeka and Council Grove. Dorothy worked for over 10 years at Slimaker Dress Factory in Holton, earning Supervisor, and as a Sales Clerk for Knouft's Dime Store and Gambles Department Store. She especially enjoyed being a homemaker, mother, grandmother, and great-grandmother.

She was a member of the First United Methodist Church, the HDU Extension, and Holton V.F.W.

Auxiliary Post 1367. She was a Den Mother for Cub Scouts and a Brownie Scout Leader. Dorothy made most of Sylvia's clothing, all of her granddaughters a quilt and crocheted Christmas Santa boots for friends and family for gifting homemade cookies.

Dorothy married Gordon Russell Slimmer on May 23, 1946, in Atchison, Kan. He preceded her in death on May 9, 1994 after 48 years of marriage.

Funeral Service will be 11 a.m. Saturday, Dec. 17, at the First United Methodist Church in Holton. Burial will follow at the Holton Cemetery. Family will greet friends one hour prior to the funeral service at the church. Memorials may be given to the First United Methodist Church or Meadowlark Hills Foundation c/o Mercer Funeral Home, P.O. Box 270, Holton, KS 66436. To leave a special message for the family or read the full obituary, please visit *mercerfuneralhomes.com*.

Art Engagement from the Beach Museum of Art

Seeing Double ... This artist, Luigi Lucioni, created the colored print shown here as a Christmas Card for Associated American Artists in 1942. The second print was created in 1944. They appear to be a print from the same block. Sometimes artists will use the same block making subtle changes or printing one with color and one in black and white. However, as you look closely, you will notice variances that could not be from the same printing surface but, more likely he was working from the same sketch. One major difference is the method of printmaking; one is a lithograph, the other is an etching. What other details do you notice that are the same or different within this scene?



Luigi Lucioni (United States, born Italy, 1900 - 1988), Winter's Mantle, 1940 - 1942 Series, A Christmas Card Collection Associated American Artists (United States, 1934 - 2000), Photomechanical halftone lithograph on paper, KSU, Marianna Kistler Beach Museum of Art, gift of the Windisch Family, CM26f.2012



Luigi Lucioni (American, born Italy, 1900 - 1988) Late Shadows, 1944 Etching on paper Private Collection

RESTAURANTSPECIALS

Sunday, Dec. 18	\$14 Lunch Homemade Chicken Tenders Herb-Roasted Potatoes Honey-Garlic Carrots	\$11 Dinner Sloppy Joes Tater Tots Coleslaw
Monday, Dec. 19	\$10 Lunch White Chicken Lasagna Soup Garlic Bread Green Beans	\$13 Dinner Carnitas Tacos Cilantro-Lime Rice Black Beans
Tuesday, Dec. 20	\$11 Lunch Ham Salad on a Croissant Cheesy Potatoes Fried Okra	\$15 Dinner Chicken Marsala Angel Hair Pasta Caesar Side Salad
Wednesday, Dec. 21	\$11 Lunch Supreme Stromboli Zucchini Fries	\$19 Dinner Mahi Mahi Pineapple Rice Asparagus
Thursday, Dec. 22	\$10 Lunch Chicken Parmesan Sandwich Roasted Broccoli	\$13 Dinner Fried Catfish Cornbread Pudding Coleslaw
Friday, Dec. 23	\$10 Lunch Taco Bar	\$14 Lunch BBQ Brisket Twice-Baked Potato Corn
Saturday, Dec. 24	\$9 Lunch Bierocks Warm Potato Salad	Prairie Star Restaurant closes at 2 p.m. Residents are invited to attend Christmas Eve Snacks & Social. See details on page 4.



MONDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50 **Lunch:** Baked Potato or Sweet Potato, \$7

Your choice of potato topped with any items from the salad bar

TUESDAY

Breakfast: French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

Lunch: Taco Tuesday, \$5 / \$7

Choose any of the salad bar items to top your ground beef tacos or create a taco

salad

WEDNESDAY

Breakfast: Breakfast Burritos with Fruit, \$4.50 / \$6.50

Lunch: Mac & Cheese, \$5 / \$7

Homemade mac & cheese custom-made with any items from the salad bar

THURSDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50 Lunch: Chili & Cinnamon Roll, \$5 / \$7

Traditional homemade chili served with a cinnamon roll

FRIDAY

Breakfast: Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

Lunch: Quesadilla, \$5 / \$7

Custom-made quesadillas with any items from the salad bar

SATURDAY

Verna Belle's Café will be closed Saturday, Dec. 24.

MON.-FRI, 7 AM. - 2 PM / SAT, 7 AM. - II AM.

Weekly Opportunities Calendar Dec. 18 to Dec. 24

Sunday ● Dec. 18

Put your trash at the curb!

10:30 a.m. ~ Worship Service, CR

10:30 a.m. ~ Transportation to FUMC, VE

2:00 p.m. ~ Celebration of Life for John Dale

Apel, CR

Monday ● Dec. 19

Trash & recycling pick-up

9:00 a.m. ~ Red Cross Blood Drive, EC (all day)

9:30 a.m. ~ Seated Strength, CR

10:30 a.m. ~ Weights 101, CR

11:30 a.m. ~ Sit & Be Fit, CR

1:00 p.m. ~ Parkinson's Exercise Class, CR

2:00 p.m. ~ Change & Loss Support Group, FHR

5:00 p.m. ~ 5th Floor Supper, BR

7:00 p.m. ~ Community Bingo, CR

Tuesday ● Dec. 20

7:00 a.m. ~ Rock Steady Boxing, BF

10:00 a.m. ~ Memory Activities Class, KSU CL

10:00 a.m. ~ Advent Book Study, FHR

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

12:05 p.m. ~ Mat Yoga, CR

2:00 p.m. ~ 10-Point Pitch, GR

2:00 p.m. ~ Prairie Star Writers, PR

Wednesday ● Dec. 21

9:30 a.m. ~ FUMC Communion, BR

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Memory Care Partner Group, FHR

10:00 a.m. ~ Memory Café, KSU CL

10:30 a.m. ~ Weights 101, CR

11:30 a.m. ~ Sit & Be Fit, CR

3:00 p.m. ~ Rock Steady Boxing, CR

4:00 p.m. ~ Artist Discussion with the Beach, BR

Thursday • Dec. 22

9:00 a.m. ~ Messenger Team, KSU CL

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

12:00 p.m. ~ Caring Conversations for People

with Pd, FHR

12:05 p.m. ~ Mat Yoga, CR

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:00 p.m. ~ Parkinson's Care Partners Support

Group, FHR

Friday • Dec. 23

9:30 a.m. ~ Seated Strength, CR

10:30 a.m. ~ Weights 101, CR

11:30 a.m. ~ Sit & Be Fit, CR

1:00 p.m. ~ Rock Steady Boxing, BF

5:30 p.m. ~ Live Holiday Music, PS

Saturday ● Dec. 24

1:00 p.m. ~ Christmas Eve Worship Service, CR

5:00 p.m. ~ Christmas Eve Social & Snacks, EC

7:00 p.m. ~ Christmas Eve Worship Service, CR

Room Abbreviations

BF, Body First

BR, Bison Room CR, Community Room

CY, Courtyard

EC, Event Center FHR, Flint Hills Room GC, Grosh Cinema GR, Game Room

KSU CL, KSU Classroom MR, Manhattan Room

PR, Patriot Room

PS, Prairie Star Restaurant VBC, Verna Belle's Cafe

VE, Village Entrance

Solution from 12/8.





CHANNEL 1960 Entertainment Guide

Monday, Dec. 19

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Tuesday, Dec. 20

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Wednesday, Dec. 21

	9:30 a.m.	Seated Strength Exercise
	10:30 a.m.	Weights 101 Exercise Class
	11:30 p.m.	Sit & Be Fit Exercise Class

Thursday, Dec. 22

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10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Friday, Dec. 23

• •	
9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Saturday, Dec. 24

9:30 a.m. Band Bust Exercise Class



November Gifts to Meadowlark Foundation

Gifts benefiting the Good Samaritan Fund, Helping Hands Fund, Meadowlark campus enhancement, a live music series, and Meadowlark Parkinson's Program were received by Meadowlark Foundation during the month of November.

Memory of

Folkvard "Martin" Braaten
Dorothy Buller*
Martha Miller
Ellie Morton
Verlyn Richards

*Remembered as apart of the annual Dollar-a-Day campaign.

Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M. SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: Dec. 18

RESIDENT REQUEST

LOVE ACTUALLY (2003) R for sexuality, nudity, & language, 2 hr. 15 min. Comedy, Romantic

Cast: Hugh Grant, Emma Thompson, & Colin Firth

Love Actually follows the lives of eight very different couples in dealing with their love lives in various loosely interrelated tales all set during a frantic month before Christmas in London, England.

MUSICAL MONDAY: Dec. 19

THE MUPPET CHRISTMAS CAROL (1992) G, 1 hr. 27 min. Musical, Fantasy, Family

Cast: Steve Whitmire, Frank Oz, & Dave Goelz

The Muppets' rendition of Charles Dickens' classic tale puts a unique twist on that fateful Christmas Eve when Scrooge is visited by the Ghosts of Christmas Past, Present, and Future.

TRUE TUESDAY: Dec. 20

WON'T YOU BE MY NEIGHBOR (2018) PG-13, 1 hr. 34 min. Heartfelt, Documentary

Cast: Fred Rogers

When Fred Rogers found his calling in television, his unassuming children's show was beloved by generations for his kindness, empathy, and understanding.

WINTER WEDNESDAY: Dec. 21

THE NUTCRACKER AND THE FOUR REALMS (2018) PG, 1 hr. 42 min. Fantasy, Action-Adventure

Cast: Keira Knightley, Mackenzie Foy, & Eugenio Derbez

In Disney' reimagining of The Nutcracker, a mysterious gift from her mother launches Clara on a journey to four secret realms, where she discovers her greatest strength could change the world.

TINSEL THURSDAY: Dec. 22

THE NOEL DIARY (2022) TV-PG, 1 hr. 40 min. Charming, Heartfelt, Feel-Good

Cast: Justin Hartley, Barrett Doss, & Essence Atkins

Cleaning out his childhood home at Christmas, a novelist meets a woman searching for her birth mother. Will an old diary unlock their pasts—and their hearts?

FUNNY FRIDAY: Dec. 23

HOLIDAY (1938) NR, 1 hr. 33 min. Comedy, Classic, Romance

Cast: Katharine Hepburn, Cary Grant, & Doris Nolan

Engaged to wealthy Julia Seton, freethinker Johnny Case discovers that her family wants to remake him into their idea of the perfect son-in-law, and he's beginning to consider compromising his values. As he gets to know Julia's headstrong sister, he realizes he has more in common with her.

SWEET SATURDAY: Dec. 24

SHOWTIMES @ 12 P.M. & 3 P.M.

HOW THE GRINCH STOLE CHRISTMAS (2000) PG, 1 hr. 45 min. Christmas, Family, Comedy

Cast: Jim Carrey, Taylor Momsen, & Jeffrey Tambor

The Grinch has been an outcast all his life, but a dash of kindness from little Cindy Lou Who and her family may be enough to melt his heart.