

Twinkle, Twinkle



by Jayme Minton, Support Services Director

They're back! Through Meadowlark's partnership with Blueville Nursery, the Christmas lights have returned to campus.

The light display first came to Meadowlark in 2020. In 2021, Meadowlark's leadership team wanted to extend the light show to more areas of campus. This expansion resulted in more than 16,200 feet of LED lights, which is just over three miles in length. Adding this electric cheer is no simple task. The planning process for our light display begins during the summer months and includes tree selection, identifying power supply, ordering lights, and of

course, hanging the strands. This year, the team added two 20-foot tall flag-pole trees—one on top of the Event Center and the other on a Monarch roof. The team had to find a design that would withstand our gusty Kansas winds at that height.

Pete Reid with Blueville Nursery is instrumental in executing the holiday lights. "It has been my pleasure to serve the community at Meadowlark over the years," Pete said. "I wish you all joy and peace through this wonderful season!"

Make sure you get outside during the evening hours during the holiday season to enjoy the display. Happy holidays!

EVENTS & OPPORTUNITIES

Christmas Carousel

Friday, Dec. 9, at 5 p.m.

The holiday season is here, and with it, comes the most-anticipated party of the year—Christmas Carousel! *Christmas Under the Big Top* begins at 5 p.m. Friday, Dec. 9, in the Community Center at Meadowlark. After hearing a bedtime story from Mrs. Claus about the circus, the elves' interest has been piqued. Will Christmas be ruined when they join the show under the big top?

Enjoy food, drinks, and entertainment in the spirit of the holidays. All carousel rooms will begin promptly at 5 p.m., and each group will rotate to a new room approximately every 30 minutes. Each room will feature food, beverages (alcoholic and non-alcoholic), and circus-style entertainment by the Meadowlark team.

Registration is required to participate. Please sign up at the Hospitality Desk or call (785) 323-3847. This free event is open to independent living residents and Meadowlark Passport members.

Little Apple Barbershop Chorus

Sunday, Dec. 11, at 3 p.m.

The Little Apple Barbershop Chorus will present *Back Home for the Holidays: Christmas Program* at 3 p.m. Sunday, Dec. 11, at Forum Hall in the KSU Student Union. Meadowlark has five complimentary tickets available for this concert. These tickets will be distributed on a first-come-first-served basis. Please visit the Hospitality Desk to claim.

Visit with Santa Claus

Sunday, Dec. 11, at 5 p.m.

Santa Claus is coming to Meadowlark! You're invited to a holiday celebration at Meadowlark's Event Center from 5 to 7 p.m. Sunday, Dec. 11. Take pictures with Santa and stick around to enjoy cocoa, cookies, crafts, and a Christmas movie! There is no cost to attend the event.

A special employee-only opportunity to visit Santa Claus will begin at 4 p.m.

Hable Español Conversation

Monday, Dec. 12, at 4 p.m.

Hable Espanol will meet at 4 p.m. Monday, Dec. 12, in the Flint Hills Room. See you there!

Christmas Light Tours

Monday, Dec. 12, or Wednesday, Dec. 14, at 6:30 p.m.

You're invited to take a tour of area Christmas lights at 6:30 p.m. Monday, Dec. 12, or Wednesday, Dec. 14. The buses will depart from the Village Entrance. Please sign up for your date of choice in the Blue Book at the Hospitality Desk.

Advent Book Study

Tuesday, Dec. 13, at 10 a.m.

Bring this year's Advent Season alive by joining Rev. Melanie Nord for a five-week group study. Together, we will travel from Nazareth to Bethlehem in a fascinating look at the birth of Jesus Christ. Using historical information, archaeological data, and a personal look at some of the stories surrounding the birth, the most amazing moment in history will become more real and heart-felt as we imagine what that journey would have felt like.

This study will use the book, *The Journey: Walking the Road to Bethlehem*, by United Methodist Pastor Adam Hamilton. The next class will meet at 10 a.m. Tuesday, Dec. 13, in either the Flint Hills Room or the Bison Room. Room location is dependent on the number of people attending. Please sign up in the Blue Book to participate. A copy of the book is not required to participate.

Technology Drop In

Thursday, Dec. 15, at 9 a.m.

Are you new to technology or need help with existing computer questions? Take advantage of a one-on-one help with tablets, laptops, and phones. This opportunity is offered by Wandean Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Flint Hills Room. Registration is not required to attend.

Card Making with Michelle Lehmer

Thursday, Dec. 15, at 2:30 p.m.

The next Card Making with Michelle Lehmer class will occur on Thursday, Dec. 15, at 2:30 p.m. in the Flint Hills Room.

Hype Hooray Thursday

Thursday, Dec. 15, at 5:30 p.m.

The Manhattan-Area Chamber of Commerce is partnering with BHS Construction, Shepherd's

EVENTS & OPPORTUNITIES

Crossing, and Meadowlark to host a festive Hooray Thursday at 5:30 p.m. Dec. 15, at Prairie Star Restaurant. The event will feature a social time with community business leaders and a hygiene product drive to benefit people in the Manhattan area.

Event attendees will bring a hygiene item to donate. Meadowlark resident volunteers will collect and package the items to return to Shepherd's Crossing. Questions? Please contact Jayme Minton at (785) 313-0454.

Art Committee meeting

Friday, Dec. 16, at 10 a.m.

The Art Committee will meet at 10 a.m. Friday, Dec. 16, in the Flint Hills Room.

Shopping at Hobby Lobby & Dollar Tree

Saturday, Dec. 17, at 10:30 a.m.

The next scheduled trip is Saturday, Dec. 17, with transportation going to Target and Dollar Tree West. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Hobby Lobby and Dollar Tree East on Saturday, Jan. 21. Please sign up in the Blue Book to participate in these opportunities.

Holiday Music

Friday, Dec. 23, at 5:30 p.m.

Meadowlark residents and guests are invited to enjoy delightful holiday music during the evening meal at Prairie Star Restaurant beginning at 5:30 p.m. Friday, Dec. 23. The dining experience will be accompanied with live background music from the Crossbows.

Christmas Eve Social & Snacks

Saturday, Dec. 24, at 5 p.m.

Residents are invited to attend a Christmas Eve Social and Snacks event at 5 p.m. Saturday, Dec. 24, in Prairie Star Restaurant's Event Center. Prairie Star Restaurant and Pub will close for full meal service at 2 p.m. on Christmas Eve. There is no cost to attend.

Christmas Eve Worship Services

Saturday, Dec. 24, at 1 p.m. or 7 p.m.

Join us this Christmas Eve for a very special observance of the Birth of Christ. We'll gather together in the Community Room Saturday, Dec. 24, at 1 p.m. or 7 p.m. to sing beloved hymns, hear the Gospel Message, and pray together.

Communion will be served at the evening service for those who desire to partake; you do not have to receive.

Family and friends are welcome. Christmas Eve worship will be led by Rev. Melanie Nord from First United Methodist Church.

You're Invited to
LIVE MUSIC
By
THE CHURCH LADIES

DEC 16 | 7 PM

**PRAIRIE STAR
EVENT CENTER**
(Meadowlark Hills)

FREE ADMISSION **SNACKS & DRINKS PROVIDED**

Proudly Sponsored By: **WTC FIBER**

The Church Ladies are a harmony based acoustic trio who will entertain you with polished performances of bluegrass, country, folk, rock, and gospel!

Work That Brain!



ACROSS

1. Circle fragments
5. Old Jewish scholars
10. Ready
14. A leguminous plant
15. Josh
16. Biblical garden
17. Approval
19. Pay attention
20. Furrow
21. Kind of beam
22. Rips
23. Cut in thirds
25. Utopian
27. Durable wood
28. Slaughterhouse
31. Mix
34. Portion
35. Sticky stuff
36. Sounded a bell
37. Glean
38. Car
39. Assist
40. Thin person
41. Move stealthily
42. Small caverns
44. Dog command
45. Mob
46. Seek advice from
50. Grain stubble
52. Old Persian coin
54. Grassland
55. Nonclerical
56. Slangily called "cancer sticks"
58. Skin disease
59. Fatuous
60. Old flatboats
61. Leaves
62. Concur
63. Bottom

DOWN

- | | | |
|-----------------------|--------------------------|--------------------------------------|
| 1. Not together | 18. Beg | 40. Put away |
| 2. Happen again | 22. French for "Head" | 41. Subsequently |
| 3. Desert plants | 24. Melody | 43. Remnants |
| 4. South southeast | 26. Minnow-like fish | 44. Evening event |
| 5. Assault | 28. Assumed name | 46. A tall mechanical lifting device |
| 6. Brute | 29. Infinitesimal amount | 47. Extreme |
| 7. Ruination | 30. Hornswoggle | 48. Scallions |
| 8. Imputing | 31. Boast | 49. Thigh armor |
| 9. Observe | 32. Den | 50. Dross |
| 10. Prepare leftovers | 33. Hormone | 51. Mexican sandwich |
| 11. Theorist | 34. Tearing up | 53. Food thickener |
| 12. Jury member | 37. Flat-bottomed boat | 56. US spy agency |
| 13. Terminates | 38. Picnic insects | 57. Bar bill |

Art Engagement *from the Beach Museum of Art*

I wonder...The artist who created this drawing liked to sketch images from his daily surroundings. This scene captures his daughter in the middle of an activity. What activity is she engaged in? As you spend time pondering this question, what do you see that supports your ideas?



Charles Leroy Marshall Sr. (United States, 1905 - 1992), Title unknown, 1948, Marker with watercolor on paper, KSU, Marianna Kistler Beach Museum of Art, gift of Charles L. Marshall, Jr., 2003.182



LEADER OF THE PACK

Meadowlark's Leader of the Pack for December is Raegan McMillen, a CMA in Collins House! Raegan is such a valuable member of the team. She has an amazing work ethic, and is always ready to tackle any task thrown at her. Raegan comes to work ready to get the job done, and takes such great care of the residents. She goes above and beyond, even balances going to nursing school with working in Collins House. Every house needs a Raegan, and we are so glad to have her as a part Meadowlark team! Congrats, Raegan!

RESTAURANT **SPECIALS**

<p>Sunday, Dec. 11</p>	<p>\$14 Lunch Honey-Glazed Ham Au Gratin Potatoes Brussel Sprouts</p>	<p>\$9 Dinner Pancakes Bacon Eggs Your Way</p>
<p>Monday, Dec. 12</p>	<p>\$10 Lunch Bacon, Spinach, & Swiss Quiche Rice Pilaf Fresh Fall Fruit</p>	<p>\$13 Dinner Chicken Noodles Mashed Potatoes Garden Side Salad</p>
<p>Tuesday, Dec. 13</p>	<p>\$11 Lunch Open-Faced Turkey Sandwich Green Beans Cranberry Sauce</p>	<p>\$13 Dinner Spaghetti & Meatballs Garlic Toast Green Beans</p>
<p>Wednesday, Dec. 14</p>	<p>\$9 Lunch Chicken Fajita Quesadilla Corn Salad</p>	<p>\$13 Dinner Chicken Piccata Wild Rice Acorn Squash</p>
<p>Thursday, Dec. 15</p>	<p>\$10 Lunch Pesto Chicken Melt Garden Vegetable Soup</p>	<p>\$13 Dinner Chicken-Fried Steak Mashed Potatoes & Gravy Corn</p>
<p>Friday, Dec. 16</p>	<p>\$10 Lunch Pizza Bar</p>	<p>\$16 Lunch London Broil Loaded Mashed Potatoes Honey Carrots</p>
<p>Saturday, Dec. 17</p>	<p>\$9 Lunch Fried Pork Cutlet Sandwich Roasted Red Potatoes</p>	<p>\$11 Dinner Chicken & Dumplings Asparagus Fries</p>

Verna Belle's Cafe

MONDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Baked Potato or Sweet Potato, \$7

Your choice of potato topped with any items from the salad bar

TUESDAY

Breakfast: French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

Lunch: Taco Tuesday, \$5 / \$7

Choose any of the salad bar items to top your ground beef tacos or create a taco salad

WEDNESDAY

Breakfast: Breakfast Burritos with Fruit, \$4.50 / \$6.50

Lunch: Mac & Cheese, \$5 / \$7

Homemade mac & cheese custom-made with any items from the salad bar

THURSDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Chili & Cinnamon Roll, \$5 / \$7

Traditional homemade chili served with a cinnamon roll

FRIDAY

Breakfast: Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

Lunch: Quesadilla, \$5 / \$7

Custom-made quesadillas with any items from the salad bar

SATURDAY

Breakfast: Ala Carte Menu Eggs, omelet, bacon, sausage, toast, & fruit

MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.

Daily Specials

Weekly Opportunities Calendar Dec. 11 to Dec. 17

Sunday • Dec. 11 *Put your trash at the curb!*

10:30 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE
 5:00 p.m. ~ Santa Photos & Fun, EC/BR

Monday • Dec. 12 *Trash pick-up*

9:30 a.m. ~ Seated Strength, CR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 11:30 a.m. ~ Meadowlark Valley Luncheon, MR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:30 p.m. ~ God Talk, KSU CL
 2:00 p.m. ~ Change & Loss Support Group, FHR
 4:30 p.m. ~ Hable Espanol, FHR
 6:30 p.m. ~ Christmas Light Tour, VE
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Dec. 13

7:00 a.m. ~ Rock Steady Boxing, BF
 10:00 a.m. ~ Memory Activities Class, KSU CL
 10:00 a.m. ~ Advent Book Study, FHR
 10:30 a.m. ~ Steady Yourself, CR
 11:00 a.m. ~ Memory Activities Book Club, KSU CL
 11:15 a.m. ~ Chair Yoga, CR
 12:05 p.m. ~ Mat Yoga, CR
 2:00 p.m. ~ 10-Point Pitch, GR
 3:00 p.m. ~ Coffee Corner, EC

Wednesday • Dec. 14

9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Passport Member Brunch, EC, *Reservations required.*
 10:00 a.m. ~ Memory Care Partner Group, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-A-Long, EC
 5:30 p.m. ~ Eastside Supper, MR
 6:30 p.m. ~ Christmas Light Tour, VE

Thursday • Dec. 15

9:00 a.m. ~ Messenger Team, KSU CL
 9:00 a.m. ~ Technology Help Drop-In, FHR
 10:30 a.m. ~ Steady Yourself, CR

Thursday • Dec. 15

11:15 a.m. ~ Chair Yoga, CR
 12:05 p.m. ~ Mat Yoga, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 2:30 p.m. ~ Card Making with Michelle Lehmer, FHR
 5:30 p.m. ~ Hype Hooray for Thursday, PS Pub
 5:30 p.m. ~ Meadowlark Circle Dinner, MR

Friday • Dec. 16

9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Art Committee Meeting, FHR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Rock Steady Boxing, BF
 3:00 p.m. ~ Catholic Rosary, CR
 7:00 p.m. ~ Church Lades *sponsored by WTC, EC*

Saturday • Dec. 17

10:30 a.m. ~ Saturday Shopping Trip, VE

Room Abbreviations

BF, Body First	GR, Game Room
BR, Bison Room	KSU CL, KSU Classroom
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PR, Patriot Room
EC, Event Center	PS, Prairie Star Restaurant
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

Christmas Trivia

submitted by Dotty Blacker

Question: *How did red and white become two of the primary Christmas colors?*

Answer: *Norman Rockwell was commissioned to "paint something that can represent Santa Claus." Norman had trouble picking the colors so decided to use the colors of his benefactor—Coca Cola!*



CHANNEL 1960 Entertainment Guide

Monday, Dec. 12

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Tuesday, Dec. 13

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Wednesday, Dec. 14

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

Thursday, Dec. 15

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Friday, Dec. 16

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Saturday, Dec. 17

9:30 a.m.	Band Bust Exercise Class
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Solution from 12/1.

Skill Level: Easy

9	8	6	4	3	7	2	1	5
7	1	5	6	2	9	3	4	8
2	3	4	8	5	1	7	6	9
4	7	8	3	9	6	5	2	1
6	9	1	5	4	2	8	7	3
3	5	2	7	1	8	4	9	6
8	6	3	9	7	4	1	5	2
5	2	7	1	6	3	9	8	4
1	4	9	2	8	5	6	3	7

Skill Level: Medium

7	3	4	2	8	6	5	1	9
9	8	5	4	1	7	3	2	6
1	2	6	5	3	9	8	7	4
4	9	7	8	5	1	6	3	2
5	6	2	9	7	3	4	8	1
8	1	3	6	4	2	9	5	7
6	7	1	3	9	5	2	4	8
2	5	8	7	6	4	1	9	3
3	4	9	1	2	8	7	6	5



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: Dec. 11

GODMOTHERED (2020) PG, 1 hr. 55 min. *Family, Comedy, Fantasy*

Cast: Jillian Bell, Isla Fisher, & Jillian Spaeder

An unskilled young fairy godmother ventures out on her own to prove her worth by tracking down a young girl whose request for help was ignored.

MUSICAL MONDAY: Dec. 12

BETTER NATE THAN EVER (2022) G, 1 hr. 35 min. *Coming of Age, Family, Music*

Cast: Aria Brooks, Joshua Bassett, & Michelle Federer

Thirteen-year-old Nate has big Broadway dreams, but when he isn't cast in the school play, he and his best friend, Libby, sneak off to the Big Apple, where he's unexpectedly reunited with his long-lost Aunt Heidi. Together they must prove that life's greatest adventures are only as big as your dreams.

TRUE TUESDAY: Dec. 13

KING OF THIEVES (2018) R *for language*, 1 hr. 48 min. *Drama, Understated*

Cast: Michael Caine, Jim Broadbent, & Tom Courtenay

A widower reunites his old partners in crime for one last job: an old-school jewel heist that's the biggest in London's history. Based on a true story.

WINTER WEDNESDAY: Dec. 14

MR. POPPER'S PENGUINS (2011) PG, 1 hr. 35 min. *Comedy, Family, Fantasy*

Cast: Jim Carrey, Carla Gugino, & Angela Lansbury

The life of a businessman begins to change after he inherits six penguins. As he transforms his apartment into a winter wonderland, his professional side starts to unravel.

TINSEL THURSDAY: Dec. 15

SANTA CLAUSE 2 (2022) G, 1 hr. 46 min. *Family, Comedy, Fantasy*

Cast: Tim Allen, Judge Reinhold, & Wendy Crewson

Scott Calvin has been a humble Santa Claus for eight years, but it might come to an end if he doesn't find a Mrs. Claus.

FUNNY FRIDAY: Dec. 16

THE PINK PANTHER (1963) NR, 1 hr. 55 min. *Goofy, Classic*

Cast: David Niven, Peter Sellers, & Robert Wagner

After arriving at a winter resort with her "Panther," a large priceless diamond with the image of a leaping feline inside, a sexy princess meets a debonair professional thief. Can the ever-inept Inspector Clouseau stop him from pinching the gem?

RESIDENT REQUEST

SWEET SATURDAY: Dec. 17

WHILE YOU WERE SLEEPING (1995) PG, 1 hr. 43 min. *Romance, Comedy, Drama*

Cast: Sandra Bullock, Bill Pullman, & Peter Gallagher

A lonely subway worker becomes smitten with a handsome stranger. When she saves his life after he's been mugged and has fallen into a coma, his offbeat family mistakes her for his fiancée.