

Living Life with Endurance



[above] "I finished my first 5k in 88 years"
Carrol Hackbart, Meadowlark resident.
[right] Bea Rasmussen and her family were
ready to sound the horn for the start of the
Don Rasmussen 5k.



by Michelle Haub, Special Programs Leader

The last weekend in August brought opportunities for the Manhattan community to learn more about Parkinson's disease, participate in exercise, and obtain a first-hand look at people living life with endurance.

On Friday evening at *Empowered LIVE!*, Bill Bucklew, a gentleman diagnosed with young-onset Parkinson's disease (Pd), presented to a room of about 90 people about his experiences of walking across the United States and other events he has completed to raise awareness for Pd and funds for the Michael J. Fox Foundation. These feats would be challenging for most, but add the complications from Pd (fatigue, muscle rigidity, slowness of movements, frequent doses of medication, postural instability), and one understands the definition of *endurance* with more clarity.

On Saturday at Tuttle Creek State Park, the 14th annual Speedy Pd Race for Parkinson's Disease, presented by *Community First National Bank*, provided participants and spectators with more examples of endurance as VIPds (Very Important People with Pd) sang the National Anthem and

participated in the Half-Mile Memorial Walk and/or Don Rasmussen 5k. For some of the VIPds, the half-mile walk was a nice warm-up for the 5k race. For others, it took every ounce of endurance and support from others to cross that FINISH line. But isn't that what living life to the fullest is all about? Giving all you have to prove to yourself that you left it all out there with no regrets. And yet, we also must realize as we age and/or as disease tries to control us that we must reach out to others to help us optimize our quality of life.

Meadowlark Parkinson's Program is that resource for people at Meadowlark, in the greater Manhattan community, and neighboring counties. The program helps people **learn and understand** Pd, **exercise** to help combat the physical and emotional symptoms, **engage** with others to ward off the depression and apathy symptoms of the disease, and most of all, to give hope and **encourage** those with Pd and their family/care partners that they **can live well with Pd**. Meadowlark Parkinson's Program is in its 16th year of providing **FREE** education, exercise, outreach and support to help people live their best lives with

See SPEEDY PD, page 4

EVENTS & OPPORTUNITIES

Trail Repairs

Beginning Monday, Sept. 12, the trail to Bayer Pond will be blocked to seal the asphalt. The trail will reopen by Thursday, Sept. 15. Please avoid the area.

Meadowlark Singers practice

Beginning next week, the Meadowlark Singers will practice each week at 4 p.m. on Tuesdays in the Community Room.

Dr. Broyaka Program & Reception

Friday, Sept. 9, at 7 p.m.

Meadowlark welcomes Dr. Antonina Broyaka at 7 p.m. Friday, Sept. 9, in the Event Center. Antonina and her children Max (9) and Sasha (15), left their home in Ukraine shortly after the war began, bringing only what they could carry with them and very little money. They crossed the border to safety in Poland and then came to the U.S. Antonina's husband, Volodymyr, is still in Ukraine, where he voluntarily drives vulnerable people to safety across the border and assists in defending his country.

Antonina has ties to Manhattan, Kan., from her experience in 2004 and 2005 as a Fulbright/JFDP at Kansas State University, where she established meaningful professional connections and friendships. She left a remarkable career, in university education, to protect her children.

Residents are invited to have dinner with the Broyaka family, hosted by Forrest Chumley and Barbara Valent, before the presentation. Gather for dinner in the Manhattan Room at 5:30 p.m.

Reservations are required and can be secured by calling Prairie Star Restaurant at (785) 323-3820 or stopping by the host stand during business hours. Attendees are expected to cover the cost of their own dinner, which can be ordered from the Prairie Star menu or enjoy the daily special.

A reception will follow Antonina's presentation in the Event Center. Cookies, coffee, tea, and water will be provided.

KSU Game Day Watch Party

Saturday, Sept. 10, at 11 a.m.

All are invited to watch the K-State Wildcats take on the Missouri Tigers at 11 a.m. Saturday, Sept. 10, at Prairie Star Pub, Event Center, and Game Room. Complimentary snacks will be provided.

Grandparents' Day at Sunset Zoo

Sunday, Sept. 11, from 9:30 a.m. to 5 p.m.

Sunset Zoo is offering free admission for grandparents with another paid admission all day on Sunday, Sept. 11, to celebrate Grandparents' Day. The zoo will be open from 9:30 a.m. to 5 p.m. This opportunity is sponsored by Meadowlark.

Celebration of Life: Verlyn Richards

Sunday, Sept. 11, at 2 p.m.

All are invited to attend the Celebration of Life for Verlyn Richards at 2 p.m. Sunday, Sept. 11, in the Event Center.

Town Meeting

Monday, Sept. 12, at 9:30 a.m.

You're invited to September's Town Meeting at 9:30 a.m. Monday, Sept. 12, in the Event Center.

Come hear the Meadowlark updates!

Technology Drop In

Thursday, Sept. 15, at 9 a.m.

Are you new to technology or need help with existing computer questions? Take advantage of one-on-one help with tablets, laptops, and phones. This opportunity is offered by Wandean Rivers with Manhattan Public Library every third Thursday from 9 to 11 a.m. in the Flint Hills Room. Registration is not required to attend.

Joanne Barkyoumb

Ice Cream Social

**Saturday, Sept. 10, at 3 p.m.
Event Center**

All are invited to attend an ice cream social to honor the memory of Joanne Barkyoumb.

Call Hall ice cream and cookies will be provided.



EVENTS & OPPORTUNITIES

Flint Hills Discovery Center Visit

Thursday, Sept. 15, at 9:10 a.m.

On Thursday, Sept. 15, we will take a bus to the Flint Hills Discovery Center for the Prairie Garden Walks. Enjoy a private tour lasting an hour with a combination of nature exploration in the Prairie Garden and some hands-on learning.

The tour starts at 9:30 a.m., and the bus will depart from the Village Entrance at 9:10 a.m. All garden paths are ADA and wheelchair-accessible. Registration is required, and there is no cost to attend. Please sign up in the Blue Book at the Hospitality Desk.

Film Viewing: *land and flower*

Thursday, Sept. 15, at 5:30 p.m.

The Marianna Kistler Beach Museum of Art and The Prairie Studies Initiative at K-State invite you to an evening of art, music, poetry, and prairie mysticism at 5:30 p.m. Thursday, Sept. 15, in the UMB Theater at The Beach.

land and flower is a short film by David Wayne Reed about tallgrass prairie remnants and the de-prairie-ization of the Great Plains. The film is adapted from a poem by Megan Kaminski. Following the film, Megan will share the making of her book *Prairie Divination* and the accompanying oracle deck, both illustrated by Lesley Ann Wheeler. This event is free and open to the public. For questions, please contact the museum at (785) 532-7718.

Riley County Historical Society

Thursday, Sept. 15, at 7 p.m.

Katharine Hensler, the new director of the Riley County Historical Museum, will be the featured speaker for the Riley County Historical Society quarterly meeting at 7 p.m. Thursday, Sept. 15. Hensler's presentation, "Behind the Scenes of Your Riley County Historical Museum: The VIP Tour," will be in Prairie Star's Event Center. There is no charge, and the public is invited to attend. Cookies, coffee, tea, and lemonade will be served.

Museums are wonderful places of learning, exploration, conservation, preservation, and research. On Sept. 15, come to a special "behind-the-scenes" experience on the other side of the Riley County Historical Museum with a VIP (Virtual Interactive Program) tour.

Join Hensler as she takes you down the corridors of your local museum to experience that ever-present mystery of what really goes on behind the scenes. You'll meet the talented staff who keep the operations running and hear about their roles. You'll encounter the friendly faces who greet our visitors every day, and you'll learn about some of the exciting projects they have going on, along with the challenges staff members are always striving to solve. Get a peek into the everyday world of a museum professional beyond the doors that are usually marked "staff only."

Shopping at Hobby Lobby & Dollar Tree

Saturday, Sept. 17, at 10:30 a.m.

The next scheduled trip is Saturday, Sept. 17, with transportation going to Hobby Lobby and Dollar Tree East. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Target and Dollar Tree West on Saturday, Oct. 15. Please sign up in the Blue Book to participate in these opportunities.

KSU Game Day Watch Party

Saturday, Sept. 17, at 2 p.m.

Come watch the K-State Wildcats take on the Tulane Green Waves at 2 p.m. Saturday, Sept. 17, at Prairie Star Pub, Event Center, and Game Room. Complimentary snacks will be available.

Falls Prevention Awareness Day

Thursday, Sept. 22, at 3 p.m.

In honor of Falls Prevention Awareness Day, you're invited to join us at 3 p.m. Thursday Sept. 22, in the Community Room to learn about how you can reduce your risk of falling. Jason Fox, Therapy Director of SummitCare Therapy, will offer falls prevention strategies, and attendees may view displays of useful items and information. Falling is not a natural part of aging. Let us show you how exercise, plus modifications to your home and lifestyle can make a big difference! Contact Jeff Heidbreder, Fitness Services Leader, with any questions regarding Falls Prevention Awareness Day.

See EVENTS, page 4

EVENTS, from page 3

The Wizard of Oz: UFM Class

Tuesday, Oct. 4, at 6:30 p.m.

UFM Lifetime Learning and Meadowlark present The Wizard of Oz. This three-session course will begin Tuesday, Oct. 4, from 6:30 to 8 p.m. in the Community Room. The second and third sessions will meet Tuesday, Oct. 11, and Tuesday, Oct. 18.

The Wizard of Oz has been inextricably linked with our culture since 1900. It is the world's favorite fairytale. The Wonderful Wizard of Oz was written by L. Frank Baum, illustrated by W.W. Denslow, and published in 1900. The book gave rise to an official series containing 40 novels. Immediately, after the publication, the story was picked up by the stage and then by the movie industry beginning with silent films. MGM's 1939 film, The Wizard of Oz, is ranked number 10 in the American Film Institute's top 100 films. The popularity of this story has given rise to numerous animated films, graphic novels, spin-off novels, films, and musicals. The class will explore the history of this wonderful franchise with instructor Chris Glasgow.

Enrollment is now open and can be completed by calling (785) 539-8763. If the office is not open, leave a message, and a staff member will call you back. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount. Reminder: Meadowlark does not have a partnership agreement with Osher Lifetime Learning; therefore, Osher classes are not available at a discount to Meadowlark affiliates.

Walk to End Alzheimer's

Saturday, Oct. 15, at 9 a.m.

The Alzheimer's Association Walk to End Alzheimer's for Manhattan, Kan., is set to be an outdoor, in-person event for 2022. The Walk will be at Manhattan City Park on Saturday, Oct. 15. The Opening and Promise Garden Ceremony will start at 9 a.m. and the Walk will begin around 9:15 a.m. The Walk route is one mile long.

The Alzheimer's Association Walk to End Alzheimer's is the world's largest fundraiser for Alzheimer's care, support, and research.

There is no fee to register for the Walk. To participate, visit www.act.alz.org and click "Find a Walk Near You." Meadowlark has a team already started, and all residents, family members, Passport members, staff, and volunteers are invited to join the team. If you have questions about registering for the Walk, please contact Sarah Duggan at (785) 323-3878.

SPEEDY PD, from page 1

endurance and connections. The program continues to be the only one of its kind in the state of Kansas that provides this breadth of services free of charge to those affected by Parkinson's! Speedy Pd Race for Parkinson's Disease is the primary fundraiser that allows this to happen. This year, 596 people registered for events, including virtual participants, and the race has raised over \$60,000 through sponsorships, donations, and registration fees. These numbers grew from 2021 and are moving closer to pre-covid numbers.

The leaders of the Parkinson's Program hope that each of you reading this story, will share with others that we believe and know that we can help those affected by Pd. One does not have to live at Meadowlark to use our services. For more information, please contact Michelle and Bridget at (785) 323-3899 or email parkinson@meadowlark.org. Learn more under the Community Services tab at www.meadowlark.org.



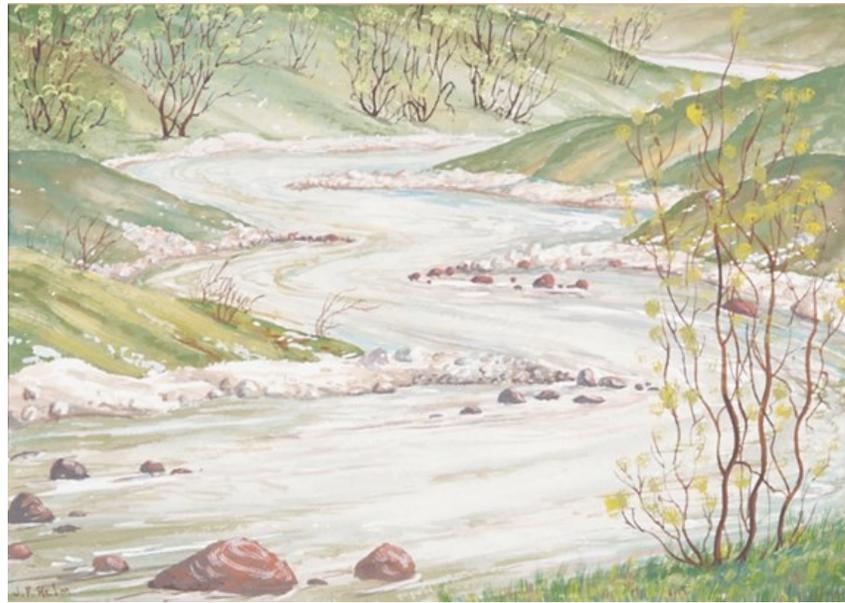
[above] Vanderbilt's is the presenting sponsors for Empowered LIVE! Pictured clockwise from top left: Bridget Larkin, Kim Richards, Bill & Heidi Bucklew, Jan & Dave Vanderbilt, Michelle Haub, and Debi Schmidt.

Art Engagement *from the Beach Museum of Art*

Compare and Contrast ... As you compare these two artworks, what similarities do you notice? What contrasts do you observe? Perhaps you focus on how the two artists created perspective. Do you find their techniques the same or different?



Doug Martin (United States, born 1947)
Walk on the Rock, 1997
 Oil on canvas
 KSU, Marianna Kistler Beach Museum of Art, Friends of the Beach Museum of Art purchase, 1998.40



John Frederick Helm, Jr. (United States, 1900 - 1972)
Mountain Stream, mid 20th century
 Egg-tempera on paper
 KSU, Marianna Kistler Beach Museum of Art, from the collection of Jean Riggs, 2010.111

Solutions from 9/1.

Skill Level: Easy

9	4	3	7	8	2	6	1	5
6	2	7	1	5	3	4	9	8
8	5	1	9	4	6	3	2	7
2	6	4	8	1	7	9	5	3
3	8	5	4	6	9	2	7	1
7	1	9	2	3	5	8	6	4
5	7	8	6	2	4	1	3	9
4	9	6	3	7	1	5	8	2
1	3	2	5	9	8	7	4	6

Skill Level: Medium

6	2	3	5	1	7	9	8	4
5	4	1	8	6	9	2	7	3
7	9	8	2	4	3	6	5	1
3	8	7	9	2	5	4	1	6
2	5	6	1	8	4	3	9	7
9	1	4	7	3	6	5	2	8
1	6	9	3	7	2	8	4	5
8	3	2	4	5	1	7	6	9
4	7	5	6	9	8	1	3	2

Back-to-School Spirit Days

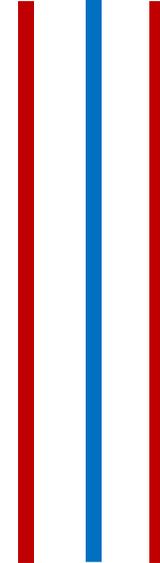
Superhero Day



Best Dressed Individual:
Braden McCune-Streit
Homemaker, Collins House



**Best Dressed Service Area: Special Programs,
Social Work, & Dietetics teams**



Western Day



Best Dressed Couple:
Beth Pannbacker
& Art Chaput
IL Residents



Best Dressed Individual:
Kesiah Winter
Accounts Receivable Clerk,
Finance



Best Dressed Service Area:
Health Information Management team

s Costume Contest Winners

Hawaiian Shirt Day



Best Dressed Individual:
Steve Schriener,
Driver,
Transportation



Best Dressed Service Area:
Assisted Living Leadership team

Sports Team Day



Best Dressed Individual:
Linda Montgomery, Social Worker

Meadowlark Swag Day



Best Dressed Service Area:
Sloan House team

RESTAURANT **SPECIALS**

<p>Sunday, Sept. 11</p>	<p>\$14 Lunch Pot Roast Red Potatoes Carrots, Celery, & Onions</p>	<p>\$14 Dinner Pot Roast Red Potatoes Carrots, Celery, & Onions</p>
<p>Monday, Sept. 12</p>	<p>\$9 Lunch Turkey Cranberry Croissant Green Bean Casserole</p>	<p>\$12 Dinner Ham Loaf Roasted Red Potatoes Creamed Peas</p>
<p>Tuesday, Sept. 13</p>	<p>\$11 Lunch Shrimp Po' Boy French Fries</p>	<p>\$14 Dinner Chicken Alfredo Fettuccini Garden Side Salad</p>
<p>Wednesday, Sept. 14</p>	<p>\$9 Lunch Everything Bagel Sandwich <i>ham, turkey, & Swiss cheese</i> Potato Salad</p>	<p>\$13 Dinner Smothered Beef & Bean Burrito Mexican Rice Refried Beans</p>
<p>Thursday, Sept. 15</p>	<p>\$11 Lunch Chicken Pot Pie Roasted Parmesan Zucchini</p>	<p>\$12 Dinner Kentucky Hot Brown Asparagus Medley</p>
<p>Friday, Sept. 16</p>	<p>\$10 Lunch Mac & Cheese Bar</p>	<p>\$12 Dinner Swiss Steak Mashed Potatoes Carrots</p>
<p>Saturday, Sept. 17</p>	<p>\$9 Lunch Italian Sandwich Pasta Salad</p>	<p>\$10 Dinner White Chicken Chili Cornbread</p>

Verna Belle's Cafe

MONDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Baked Potato or Sweet Potato, \$7.00

(Your choice of potato topped with any items from the salad bar)

TUESDAY

Breakfast: French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

Lunch: Taco Tuesday, \$5.00 / \$7.00

(Choose any of the salad bar items to top your ground beef tacos or create a taco salad)

WEDNESDAY

Breakfast: Breakfast Burritos with Fruit, \$4.50 / \$6.50

Lunch: Mac & Cheese, \$5.00 / \$7.00

(Homemade mac & cheese custom made with any items from the salad bar)

THURSDAY

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Rice Bowls, \$5.00 / \$7.00

(Cilantro lime rice topped with any items from the salad bar including seasoned chicken and black beans)

FRIDAY

Breakfast: Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

Lunch: Quesadilla, \$5.00 / \$7.00

(Custom made quesadillas with any of the items from the salad bar)

SATURDAY

Breakfast: Ala Carte Menu Eggs, omelet, bacon, sausage, toast, & fruit

MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.

Daily Specials

Weekly Opportunities Calendar *Sept. 11 to Sept. 17*

Sunday • Sept. 11 *Put your trash at the curb!*

9:30 a.m. to 5 p.m. ~ Grandparents' Day at Sunset Zoo
 10:30 a.m. ~ Worship Service, CR
 10:30 a.m. ~ Transportation to FUMC, VE
 2:00 p.m. ~ Celebration of Life for Verlyn Richards, EC

Monday • Sept. 12 *Trash & recycling pick-up*

8:30 a.m. ~ IL Resident Council, BR
 9:30 a.m. ~ Town Meeting, EC
 9:30 a.m. ~ Seated Strength, CR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 11:30 a.m. ~ Meadowlark Valley Luncheon, BR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:30 p.m. ~ God Talk, KSU CL
 1:45 p.m. ~ Parkinson's Voice Class, CR
 2:00 p.m. ~ Change & Loss Support Group, FHR
 5:30 p.m. ~ Tuttle Creek Dinner, BR
 7:00 p.m. ~ Community Bingo, CR

Tuesday • Sept. 13

7:00 a.m. ~ Rock Steady Boxing, **BF**
 10:00 a.m. ~ Memory Activities Class, KSU CL
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 12:00 p.m. ~ 4th Floor Luncheon, BR
 12:15 p.m. ~ Mat Yoga, CR
 2:00 p.m. ~ 10-Point Pitch, GR
 3:00 p.m. ~ Coffee Corner, EC
 4:00 p.m. ~ Meadowlark Singers Practice, CR
 5:30 p.m. ~ Social Dining, MR

Wednesday • Sept. 14

9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
 10:00 a.m. ~ Memory Care Partner Group, FHR
 10:00 a.m. ~ Memory Café, KSU CL
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Associated Audiologist, FHR—*By appointment only*
 3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-A-Long, EC
 5:30 p.m. ~ Eastside Supper, BR

Thursday • Sept. 15

9:00 a.m. ~ Technology Drop In, FHR
 9:00 a.m. ~ Messenger Team, KSU CL
 10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 5:30 p.m. ~ Meadowlark Circle Dinner, MR
 7:00 p.m. ~ Riley County Historical Society, EC

Friday • Sept. 16

9:30 a.m. ~ Seated Strength, CR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Rock Steady Boxing, **BF**
 3:00 p.m. ~ Catholic Rosary, CR

Saturday • Sept. 17

10:30 a.m. ~ Saturday Shopping Trip, VE
 2:00 p.m. ~ KSU Football Watch Party, PS Pub/EC/GR

Room Abbreviations

BF, Body First	GR, Game Room
BR, Bison Room	KSU CL, KSU Classroom
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PR, Patriot Room
EC, Event Center	PS, Prairie Star Restaurant
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

LEADER OF THE PACK



Meadowlark's Leader of the Pack for September is Ace Descuatan, Network Engineer in the IT department! Ace consistently goes above and beyond to serve both employees and residents. He works extra hours to make sure our systems stay up and running during emergencies and does it all with a smile on his face and a kind word. Congrats, Ace! We are thankful to have you as a part of the Meadowlark team!



CHANNEL 1960 Entertainment Guide

Monday, Sept. 12

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Tuesday, Sept. 13

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Wednesday, Sept. 14

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

Thursday, Sept. 15

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

Friday, Sept. 16

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

Saturday, Sept. 17

9:30 a.m.	Band Bust Exercise Class
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August Gifts to Meadowlark Foundation

Gifts benefiting the Good Samaritan Fund, Helping Hands Fund, Meadowlark Parkinson's Program, the Paving the Way campaign, and Wroten House were received by Meadowlark Foundation during the month of August.

Memory of

Larry Bammes Emily "Pat" Given
Ruth Diller Esther Sobering

Brighton Trowbridge

Honor of

Wayne Bailie Straub Squad*
Jason & Alexis Banning Team Meadowlark*
Earl Dornberger Team Rasmussen*
Making an Impact* Viking Blood*
Jane Peterson VIPd's*
Thomas Pittenger

**Speedy Pd team*

Contact Becky Fitzgerald at (785) 323-3843 to learn more about Meadowlark Foundation.

Coloring Contest Winners

Congratulations to the winners of last month's coloring contest! All winning entries can be viewed in the Game Room. Winners for each category are listed below. Cash prizes will be awarded to each winner: \$30 for first, \$20 for second, and \$10 for third.



Ages 5 years & under

- 1st Place: Eilish Duggan, age 5
- 2nd Place: Lincoln Marcotte, age 4
- 3rd Place: Leo Marcotte, age 1

Ages 6 to 8 years

- 1st Place: Charlotte White, age 6
- 2nd Place: Elijah Byland, age 7
- 3rd Place: Kylin Fox, age 7

Ages 9 to 11 years

- 1st Place: Trayden Rice, age 10
- 2nd Place: Elliott Heidbreder, age 10
- 3rd Place: Mycan Seales, age 11



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: Sept. 11

12 STRONG (2018) R, 2 hr. 9 min. *Exciting, Military, Based on Real Life*

Cast: Chris Hemsworth, Michael Shannon, & Michael Pena

Following 9/11, a dozen US soldiers mount up on horseback in Afghanistan to help a local warlord take on a mutual enemy. Inspired by true events.

MUSICAL MONDAY: Sept. 12

PINOCCHIO (2022) PG, 1 hr. 45 min. *Family, Fantasy, Musical*

Cast: Tom Hanks, Benjamin Evan Ainsworth, & Joseph Gordon-Levitt

A live action and CGI retelling of the beloved tale of a wooden puppet who embarks on a thrilling adventure to become a real boy.

TRUE TUESDAY: Sept. 13

THE LAST BLOCKBUSTER (2020) TV-14, 1 hr. 26 min. *Social & Cultural Documentary*

This nostalgic documentary reveals the real story of Blockbuster's demise, and how one last location in Oregon keeps the spirit of a bygone era alive.

WESTERN WEDNESDAY: Sept. 14

JUSTIN MORGAN HAD A HORSE (1972) TV-G, 1 hr. 28 min. *Drama, Historical, Family*

Cast: Don Murray, Lana Wood, & R.G. Armstrong

In the years after the Revolutionary War, schoolmaster Justin Morgan takes two colts as payment for an old debt. The younger of the two grows into the small, sturdy riding horse that served as the foundation of the Morgan breed. Inspired by the children's historical novel.

THEATER THURSDAY: Sept. 15

BLUE JASMINE (2013) PG-13, 1 hr. 38 min. *Off-Beat, Irreverent, Drama*

Cast: Cate Blanchett, Sally Hawkins, & Alec Baldwin

When a socialite's expensive New York lifestyle crumbles around her, she moves across the country to live with her sister, but she struggles to adjust.

FUNNY FRIDAY: Sept. 16

WHISKY GALORE (1949) NR, 1 hr. 22 min. *Comedy, Crime*

Cast: Basil Radford, Joan Greenwood, & Catherine Lacey

During World War II, the small Scottish island of Todday is suffering from the most terrible thing they believe could've happened; a wartime shortage of whisky! Fortunately for the islanders, a ship carrying the precious liquid is wrecked on a reef, and it's up to some enterprising locals to rescue the shipment before British revenue officials confiscate the cargo.

RESIDENT REQUEST

SWEET SATURDAY: Sept. 17

THE AGE OF ADALINE (2015) PG-13, 1 hr. 52 min. *Swoonworthy, Emotional, Romantic*

Cast: Blake Lively, Michiel Huisman, & Harrison Ford

Decades after a near-fatal accident caused Adaline to stop aging at 29, she resists falling in love with a smitten tech mogul to keep her secret hidden.