



## Symphony in the Flint Hills

**Saturday, June 11**

Meadowlark is headed to the prairie for Symphony in the Flint Hills! The Signature Event is an annual gathering on the prairie celebrating art, music, and the ecology of the Flint Hills. The 2022 Event will take place on Irma's Pasture in Chase County Kansas on Saturday, June 11, featuring a sunset concert by the 80-piece Kansas City Symphony. The cost of the trip is \$135, which includes the ticket to the event, reserved seating in the chair-sitting area, and transportation from Meadowlark.

The event site is near Bazaar, approximately eight miles south of Cottonwood Falls on Flint Hills Scenic Byway K-177. The remote location of the site requires a substantial amount of walking on rocky, uneven dirt pathways.

If you would like to attend with Meadowlark, there is a sign-up sheet in the Blue Book at the Hospitality Desk. There is a no-refund policy for the ticket purchased if the event takes place. In the event of weather postponement on June 11, the Signature Event will take place on the rain date of June 12. If weather cancels the weekend events completely, GA ticket-holders will be eligible for a refund. If you are interested, please sign up or contact Monte Spiller at 323-3801.

# Sharing Smiles

**Meadowlark celebrates National Smile Day on May 31**

On Tuesday, May 31, Meadowlark residents and team members celebrated National Smile Day, an entire day dedicated to encouraging everyone to wear their best smile because smiles are powerful! They not only create engagement between people, but the more a person smiles, the healthier the brain can be. Smiling has a direct link to reducing stress.

The day started with smiley-face pancakes in Verna Belle's Café.

Later, Jana Armfield, Engagement Specialist, hosted a free Sunshine and Smiles Social in Prairie Star Restaurant's Event Center. Attendees enjoyed strawberry shortcake, chances to win prizes, and a photo opportunity at the Smile Station.

The day concluded with a creative painting class where participants created a beautiful sunset image. Best of all, the day was full of smiles!

## EVENTS & OPPORTUNITIES

### **New trash pick-up day—starts June 6!**

Because of continued growth and ongoing efforts to improve efficiencies, Howie's Trash Service has informed Meadowlark that our trash pick-up day will be moving to Monday. This change will become effective Monday, June 6. If you are a recycling customer, those items will now be picked up on the first and third Mondays of the month, effective June 6.

### **Volunteer needed**

The plants are thirsty! Meadowlark is in search of a volunteer to help with watering our many beautiful plants in common areas (lobby, Verna Belle's Café, etc.). If this is something you could help with, please contact Jayme Minton at (785) 313-0454.

### **Important Dates for Upcoming Election**

This information is for the upcoming Primary election. The dates of registration may change, but here's what we know now.

~ July 12: Voter registration deadline. If there is an address change, you must update your voter registration. Forms are available at the Hospitality Desk.

~ July 13: Advance voting begins. You may advance vote in the Riley County Clerk's office or you can complete an advance application and have the ballot mailed to your residence. If you already have completed an advance application, it will be mailed starting July 13. Advance voting applications are available at the Hospitality Desk.

~ July 26: Last day to request a mail-in ballot for the Primary Election.

~ Aug. 1: Advance voting at the County building closes at 12 p.m. (noon)

~ Aug. 2: Primary Election polls open from 7 a.m. to 7 p.m.

### **No Sing Along**

The weekly Sing Along will not meet on Wednesday, June 8. The group will resume Wednesday, June 15.

### **Decade Days**

*Every Friday in June*

Let's blast into the past and celebrate Decade

Days! Each Friday in June, staff and residents are invited to dress up and participate in activities that fit the decade or era that have been selected for that week! The first set of decades Meadowlark will celebrate is the 1920s and 1930s tomorrow, June 3!

To begin the big day of festivities and recognize National Donut Day, there will be delicious old-fashioned donuts available in the Meadowlark Courtyard starting at 8 a.m.

In the afternoon, throw on your fancy flapper headbands, dresses, or zoot suits and head to the Prohibition Party at Prairie Star Pub.

At the Prohibition Party, enjoy a mocktail or cocktail tasting (whatever tickles your fancy), sipping popular drinks of that era, such as a Sidecar or a Bee's Knees! Then, shortly thereafter, meet in the Manhattan Room, where a trivia contest awaits you! But unless you have the special code to get in, you might be out of luck; be sure to stop by the bar and make friends with the man in blue.

Finish out the day watching *The Great Gatsby* at 7 p.m. in Grosh Cinema, or enjoy the two other available showings during the day, at 1 and 4 p.m.

As a part of Decade Days in June, a winner for "Best Dressed" will be selected. Send your entry photo to [jarmfield@meadowlark.org](mailto:jarmfield@meadowlark.org) by 2 p.m. each Friday to be entered to win!

On June 10 we will celebrate the 1940s/50s! Did you know Pizza Hut originated in 1958 in Wichita, Kan.? You're invited to a Pizza Party at noon Friday, June 10, in Prairie Star Restaurant. The menu will feature Pizza Hut cheese pizza, garden salad, and cookies for \$9. Later, venture over to the Courtyard for the Soda Float Social from 2 to 4 p.m. Grosh Cinema will play *The Seven Year Itch* from 1955 starring Marilyn Monroe at 1, 4, and 7 p.m.

Mark your calendars for the remaining Fridays in June for more Decade Days! Friday, June 15 we'll have a far out time with the 1960s/70s and Friday, June 24, let's rock out to the 1980s/90s. Check out the Messenger each week for more Decade Day details!

### **Town Meeting**

*Monday, June 6, at 9:30 a.m.*

You're invited to Meadowlark's monthly Town Meeting at 9:30 a.m. Monday, June 6, in the Event

## EVENTS & OPPORTUNITIES

Center. Come hear about the campus news and upcoming events!

### **The Three Kings of Abilene: UFM Class** *Tuesday, June 7, at 6:30 p.m.*

UFM Lifetime Learning and Meadowlark present The Three Kings of Abilene: the Cattle King, the Wheat King, and the Amusement King with Michael Hook, President of the Seelye Mansion Foundation, Development Coordinator of Old Abilene Town, and Educator with the Eisenhower Foundation. This three-session course will begin Tuesday, June 7, from 6:30 to 8 p.m. in the Community Room. The second and third sessions will meet Tuesday, June 14, and Tuesday, June 21.

What was once a gridlock of bison herds, traveling native tribes, and the desolate “Great American Desert,” was quickly converted into a major stop along the Butterfield/Overland Dispatch. Throughout this course, attendees will learn about the three major entrepreneurs that helped create Abilene into what it is today. This includes Joseph McCoy, the Cattle King; T.C. Henry, the Wheat King; and C.W. Parker, the Amusement King.

Enrollment is now open and can be completed by calling (785) 539-8763. If the office is not open, leave a message and staff will call you back. This class is offered through UFM at no charge to Meadowlark residents, and Passport members may attend with a 20-percent discount.

Reminder: Meadowlark does not have a partnership agreement with Osher Lifetime Learning; therefore, Osher classes are not available for a discount to Meadowlark affiliates.

### **Let's Go Royals!**

*Wednesday, June 8, depart at 9:30 a.m.*

Residents, staff, and family members are invited to Kansas City's Kaufman Stadium to watch the 2022 Royals.

The bus will depart for Kaufman Stadium from the visitor parking area in front of the Event Center at 9:30 a.m. Wednesday, June 8. Please arrive by 9 a.m. The game will start at 1:10 p.m. against the Toronto Blue Jays. The cost of the trip is \$75, which includes a game ticket, transportation, snacks for on the way to the game, and a boxed meal for the return trip. Travelers are

responsible for their own food and beverages during the game.

Register in the Blue Book located at the Hospitality Desk. The cost can be paid by card, cash, payroll deducted for employees, or applied to your statement for residents.

### **Memory Café**

*Wednesday, June 8, at 10 a.m.*

Memory Café meets every Wednesday from 10 to 11 a.m. in the KSU Classroom at Meadowlark and virtually via Zoom. Memory Café is led by Linda Montgomery, Licensed Social Worker, and features story sharing, reminiscing and social engagement.

### **ARTful Memories**

*Wednesday, June 8, at 1 p.m.*

ARTful Memories is a Meadowlark Memory Program collaboration with the Marianna Kistler Beach Museum of Art using Visual Thinking Strategies (VTS). Kim Richards, Education Assistant, will conduct a facilitated discussion of three different art images with joint participation by memory care receivers and caregivers. All are invited to attend.

### **Ladies Luncheon is back!**

*Thursday, June 9, at 11:30 a.m.*

Prairie Star Restaurant is bringing back the monthly Ladies Luncheon! The luncheon will occur the second Thursday of every month at 11:30 a.m. All ladies at Meadowlark are invited to attend. We kindly request that all attending gather in the Game Room and wait for a Restaurant team member to seat you. Lunch can be purchased from the Prairie Star menu or daily special. The first luncheon on Thursday, June 9, will not feature a program, but will serve as a social opportunity for those attending.

### **Pd Education Group**

*Thursday, June 9, at 2 p.m.*

You're invited to the monthly meeting of the Pd Education Group at 2 p.m. Thursday, June 9, in the Community Room. This month features “Just Between Us,” a time for small group discussion focused on support and education for individuals living with Pd and their care partners.

# Outdoor Encounters

by **Nathan Bolls**

Somewhere over the rainbow, bluebirds fly. Somewhere beside the rainbow, critters glide. Why then, oh why, can't you and I? Yeah!

Time to get out of the stuffy house, time to raise the quality of the air you breathe. Allergists claim that many homes—often because of what we do to them—present an unhealthy living environment. Allergists claim that if we measured the air at home, we would be shocked and surprised.

Time to hit a Meadowlark trail or two, or at least one of the benches scattered about campus—especially along our trails; time to let the sights, sounds, and smells of Nature work their relaxing magic on you; time to get out of yourself a bit.

Spending time outdoors, especially quiet time in the woods or along some stream or body of water, is one of the best medicines we can take. Health professionals argue, and recent data strongly suggest, that time spent this way can have strikingly positive effects upon one's vital signs. Physical movement always is healthful.

Gerald Manley Hopkins, English poet (1844-1889) wrote "The world is charged with the grandeur of God." This grandeur, most vibrant during spring, summer, and fall, is there for all to enjoy. To make such experiences easier and safer, numerous trails have been constructed around the MLH Campus, and they are open all year. These include trails to and

around our Bayer Pond and into Leon's Birding Glen. One such trail begins on the left just past the last cottage on the north side of Meadowlark Road just before the road meets Tuttle Creek Blvd. Another trailhead to the pond begins just off the west end of Bramlage House. In good weather, scheduled golf cart rides can take you to Bayer Pond. The pond area is graced with two gazebos (with table and chairs) and two fishing piers. Pause by the pond and listen to the bullfrog concert.

For hiking any trail, a sturdy cane or walking stick (or two) is highly recommended. Even seasoned hikers use walking sticks to help with trail terrain and to take some weight off of their joints as they go. Using a walking stick increases your stability to where you can raise your eyes more to really enjoy the views.

Another trailhead is at the beginning of the sidewalk to Stillman Cemetery. This trail continues past the cemetery over and down a slope leading to just west of the new clinic. Funds are being donated to finish covering the Stillman trail with concrete. This trail continues to the eastern end of Meadowlark Valley road, and, after a turn to the left behind the cottages, soon enters the eastern end of the Donner Trail. The Donner Trail continues westward through the woods behind the Meadowlark Valley cottages and ends where Donner Trail meets Meadowlark Road just a few feet north of Kimball Avenue. Donner Trail has an

ambience that swallows you up, a sense that belies its proximity to Kimball Avenue, a major east-west city throughway.

From the west end of Donner Trail, you can hike Meadowlark Road to the Main Building, then turn left to go behind the Main Building, continuing through the parking area and down the slope to the west end of Bramlage House. Here you can enter the trail leading to the west end of Bayer Pond. And around you can go!

Sitting quietly about anywhere along these trails (and benches are plentiful) will allow you to notice much bird and wildflower activity. It is worth noting that our prairie peninsula, Leon's Birding Glen—due to the work of Sue Hunt and her crew--has many species of prairie wildflowers that bloom in their time throughout the summer and fall. Sue has remarked that wildflowers are like grandchildren: each is uniquely different, they never obey when you want them to (never bloom on your schedule), and don't stay long. So, go to the Glen often.

Also noteworthy is that the MLH Campus, due to the work of numerous volunteers, has earned the designation as a Monarch Butterfly Way Station, a rest stop for them during their arduous migration. Have a free moment; plant some milkweeds!

John Muir, famous western American naturalist and explorer, understood, and once wrote "The world needs the woods." We do need the seemingly random activities of the Natural World to

remind us that we are just one expression—albeit a beautiful one—of the countless expressions of life sustained by Mother Nature, to remind us of the fragile nature of that life, and to remind us that we can (if not careful) destroy the very thing that makes this Earth habitable.

We need to continue to develop a sensitivity toward life. But that sensitivity will not be delivered via the vicarious life the television offers. We must not depend upon just the landscape view approach to nature. To gain a true feeling for the natural order, we must see and examine it in detail, up close. Whatever, we will do both ourselves and Nature a big

## On Special Dog

by *Helen Roser*

Lynn was a beautiful shapely singer with her beloved husband Carl's band. Suddenly, Carl died. Lynn wanted to keep the band going.

Her little dog, Skippy, seemed to understand Carl was gone and now it was up to him to take care of Lynn.

Lynn had called for the band's rehearsal in her living room, where Skippy sat protectively at her feet. The trumpet player had called to say he was sick, but was sending a substitute.

The substitute arrived and the band struck up the opening tune. The sub, sitting on the front row, hit an off-key note.

Skippy's fur seemed to stand on end as he leaped to his feet and rushed to stand before the offensive player. There he loudly gave the trumpet player a piece of his mind.

Who would have thought it? Skippy had an incredibly good ear. He intimidated the player.

So Lynn asked me to come "take care of Skippy" during rehearsals. Skippy obediently went to "Sit on Helen's lap." He whimpered when a less than perfect note was hit. I stroked his fur and whispered: "But they are keeping a perfect beat. That's what the dancers love."

Gorgeous shapely Lynn with her sultry voice, made Carl's band very popular. They even played on the Love Boat. It was known that Lynn's dog had a good ear.



*Mr. Manhattan*

You are Invited

Join us in the Community Celebration for

# Dr. C. Clyde Jones' 100<sup>th</sup> Birthday Bash

Friday, June 17, 2022

K-State College of Business Building  
Manhattan, KS

4 p.m. to 6 p.m.

In honor of Dr. Jones, please consider making a donation to his established K-State Scholarships. Checks may be made payable to the KSU Foundation with the fund name or number in the memo line.

The Margaret "Midge" Memorial Cancer Research Fund (F73319)

The Karen Eileen Jones Prevette Memorial Scholarship Fund (F84344)

The Dr. C. Clyde Jones Graduate Scholarship in Business (R73285)

**KANSAS STATE**  
UNIVERSITY

# Work That Brain!

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			8	7				
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## Music in the Roaring 20s

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A	R	E	N	S	D	H	O	E	A	R	T	U	H
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S	A	Y	S	G	J	C	H	P	A	T	R	A	H
T	Y	R	A	H	P	A	R	G	O	N	O	H	P
R	E	G	N	S	R	A	D	I	O	Y	O	E	U
L	R	G	C	E	A	O	I	G	R	T	R	O	E
A	Z	H	E	O	S	A	B	G	O	Z	H	M	M

BLUES  
 MARCONI  
 HUGHES  
 SWING  
 JAZZ  
 PIANO  
 TEMPO  
 RAGTIME  
 PHONOGRAPH  
 RADIO  
 RENAISSANCE  
 BROADCAST  
 HARLEM  
 RHYTHM  
 RECORD PLAYER

## Art Engagement *from the* Beach Museum of Art

What is going on?

Take a long moment to look closely at this image.

Then ask yourself, what is going on in this picture?

Any thoughts you have about this image are worth mentioning.

What do you see that gives you these ideas?



See page 11 for artist information.

# RESTAURANT **SPECIALS**

<p><b>Sunday, June 5</b></p>	<p><b>\$14</b> Lunch Fried Chicken Mashed Potatoes Green Beans Biscuit</p>	<p><b>\$14</b> Dinner Fried Chicken Mashed Potatoes Green Beans Biscuit</p>
<p><b>Monday, June 6</b></p>	<p><b>\$9</b> Lunch French Dip with Au Jus Potato Salad</p>	<p><b>\$12</b> Dinner Pecan-Crusted Chicken Smashed Red Potatoes Roasted Brussel Sprouts</p>
<p><b>Tuesday, June 7</b></p>	<p><b>\$11</b> Lunch Grilled Peach Salad <i>grilled chicken, grilled peaches, spinach, red onions, blueberries, feta cheese, pecans, &amp; honey mustard</i></p>	<p><b>\$14</b> Dinner Swiss Steak Mashed Potatoes Buttered Carrots</p>
<p><b>Wednesday, June 8</b></p>	<p><b>\$10</b> Lunch Hawaiian BBQ Chicken Sandwich Sweet Potato Fries</p>	<p><b>\$13</b> Dinner Orange Salmon Jasmine Rice Carrot Raisin Slaw Sautéed Snow Peas</p>
<p><b>Thursday, June 9</b></p>	<p><b>\$11</b> Lunch Grilled Salmon Sandwich Avocado Salsa Gazpacho</p>	<p><b>\$12</b> Dinner Carnitas Tacos Mexican Rice Refried Beans</p>
<p><b>Friday, June 10</b></p>	<p><b>\$9 ~ 1950/60s Decade Day</b> Lunch Pizza Bar <i>Pizza Hut cheese pizza, garden salad, &amp; cookies</i></p>	<p><b>\$14</b> Dinner Chicken Roulade Ravioli White Wine Sauce Broccoli</p>
<p><b>Saturday, June 11</b></p>	<p><b>\$10</b> Lunch Fried Pork Cutlet Sandwich Pub Chips</p>	<p><b>\$14</b> Dinner Loaded Seafood Baked Potato Asparagus Medley</p>



# Verna Belle's Cafe

## MONDAY

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Triple Meat Pizza, \$5.00/\$7.00

(Bacon, sausage, and pepperoni on a flat bread crust with marinara sauce and mozzarella cheese)

## TUESDAY

**Breakfast:** French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

**Lunch:** French Onion Burger, \$7.00

(Ground beef with beefy onion seasoning and topped with Swiss cheese and sauteed onion on a butter-toasted bun served with broccoli salad)

## WEDNESDAY

**Breakfast:** Breakfast Burritos with Fruit, \$4.50 / \$6.50

**Lunch:** Street Tacos, \$5.00/\$7.00

(Shredded pulled pork topped with cheddar cheese, cilantro lime slaw, and creamy avocado sauce in a mini flour tortilla served with your choice of side)

## THURSDAY

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Southwest Chicken Wrap, \$5.00 / \$7.00

(Seasoned chicken, southwest sauce, corn chips, lettuce, cheddar cheese, and tomato wrapped in a flour tortilla served with your choice of side)

## FRIDAY

**Breakfast:** Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

**Lunch:** Chicken Teriyaki Bowl, \$5.00/\$7.00

(Shredded chicken and stir fry vegetables covered in teriyaki sauce over rice)

## SATURDAY

**Breakfast:** Ala Carte Menu      Eggs, omelet, bacon, sausage, toast, & fruit

MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.

Daily Specials

# Weekly Opportunities Calendar June 5 to June 10

**Sunday • June 5** *Put your trash at the curb!*  
 10:30 a.m. ~ Worship Service, CR  
 10:30 a.m. ~ Transportation to FUMC, VE

**Monday • June 6** *Trash & recycling pick-up*  
 8:30 a.m. ~ IL Resident Council, BR  
 9:30 a.m. ~ Town Meeting, EC  
 9:30 a.m. ~ Seated Strength, CR  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 1:30 p.m. ~ God Talk, KSU CL  
 2:00 p.m. ~ Change & Loss Support Group, FHR  
 5:30 p.m. ~ Tuttle Creek Dinner, BR  
 7:00 p.m. ~ Bingo Night, CR

**Tuesday • June 7**  
 7:00 a.m. ~ Rock Steady Boxing, BF  
 9:30 a.m. ~ Book Club: My Football Life, FHR  
 10:00 a.m. ~ Memory Activities Class, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 11:30 a.m. ~ Kimball Neighborhood Lunch, BR  
 2:00 p.m. ~ 10-Point Pitch, GR  
 2:00 p.m. ~ Prairie Star Writers Group, PR  
 3:00 p.m. ~ Ambassadors Meeting, BR  
 5:30 p.m. ~ Social Dining, MR  
 6:30 p.m. ~ UFM Class: 3 Kings of Abilene, CR

**Wednesday • June 8**  
 9:30 a.m. ~ Depart for Royals Game, EC Parking  
 9:30 a.m. ~ Seated Strength, CR  
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
 10:00 a.m. ~ Memory Care Partner Group, FHR  
 10:00 a.m. ~ Memory Café, KSU CL  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ ARTful Memories, KSU CL  
 3:00 p.m. ~ Rock Steady Boxing, CR  
 5:30 p.m. ~ Eastside Dinner, BR

**Thursday • June 9**  
 9:00 a.m. ~ Messenger Team, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 11:30 a.m. ~ Ladies Luncheon, PS/MR  
 12:00 p.m. ~ Caring Conversations for People with Pd, CR

**Thursday • June 9**  
 1:00 p.m. ~ Pd Care Partners Support Group, FHR  
 1:00 p.m. ~ Parkinson's Education Group, CR  
 2:00 p.m. ~ Pd Education Group, CR  
 2:00 p.m. ~ Fiber Arts Club, BR  
 2:30 p.m. ~ Blood Pressure Clinic, PR  
 4:00 p.m. ~ Market Volunteer Appreciation, CY  
 5:30 p.m. ~ Meadowlark Circle Dinner, BR

**Friday • June 10** *Decade Day: 1940s & 1950s*  
 9:30 a.m. ~ Outdoor Committee, FHR  
 9:30 a.m. ~ Seated Strength, CR  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 12:00 p.m. ~ Pizza Party, PS  
 1:00 p.m. ~ Rock Steady Boxing, BF  
 2:00 p.m. ~ Soda Float Social, CY

## Room Abbreviations

BF, Body First	GR, Game Room
BR, Bison Room	KSU CL, KSU Classroom
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PR, Patriot Room
EC, Event Center	PS, Prairie Star Restaurant
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

## Solutions from 5/26.

L	E	W	D		G	U	L	F		R	O	O	S	T
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	L	A	T	E	R	A	L	S		C	H	E	C	K
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# CHANNEL 1960 Entertainment Guide

## Monday, June 6

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Tuesday, June 7

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Wednesday, June 8

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

## Thursday, June 9

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Friday, June 10

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Saturday, June 11

9:30 a.m.	Band Bust Exercise Class
2:00 p.m.	Band Bust Exercise Class

## Zoom Opportunities

E-mail Michelle at [michelle.haub@meadowlark.org](mailto:michelle.haub@meadowlark.org) for log-in information unless otherwise noted below.

### Monday, June 6

1 p.m.	Parkinson's Exercise Class
2 p.m.	Change & Loss Support Group

### Tuesday, June 7

10 a.m.	Memory Activities Class
11:15 a.m.	Chair Yoga

### Wednesday, June 8

10 a.m.	Memory Care Partner Support Grp
10 a.m.	Memory Café
1 p.m.	ARTful Memories

### Thursday, June 9

11:15 a.m.	Chair Yoga
12 p.m.	Caring Conversations for People with Pd
1 p.m.	Parkinson's Exercise Class
1 p.m.	Pd Care Partner Support Group

### Artist info from page 7

James (Jim) Charles Munce  
 #VIII Up in the Belfry, 1995  
 Series, St. Francis Restores the Neglected Church  
 Color etching with aquatint on paper  
 KSU, Marianna Kistler Beach Museum of Art,  
 Friends of the Beach Museum of Art purchase,  
 1998.185

When a lemon  
is sick, what  
do you do?

Give it  
lemon-aid.





## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### **SAMURAI SUNDAY: June 5**

**RESIDENT REQUEST**

***SEVEN SAMURAI*** (1954) NR, 3 hr. 27 min. *Action, Drama*

Cast: Toshiro Mifune, Takashi Shimura, & Keiko Tsushima

A poor village under attack by bandits recruits seven unemployed samurai to help them defend themselves.

### **MUSICAL MONDAY: June 6**

***ELLA FITZGERALD: JUST ONE OF THOSE THINGS*** (2019) TV-14, 1 hr. 29 min. *Documentary*

Cast: Ella Fitzgerald

This documentary explores the exquisite artistry of the first lady of scat as she embraced civil rights issues and influenced US music and culture.

### **TRUE TUESDAY: June 7**

***THE OTHER BOLEYN GIRL*** (2008) PG-13, 1 hr. 55 min. *Movie Based on Real Life, Romantic*

Cast: Natalie Portman, Scarlett Johansson, & Eric Bana

Ambitious Boleyn sisters Anne and Mary compete for the heart of powerful but intemperate King Henry VIII.

### **WESTERN WEDNESDAY: June 8**

***THE SEARCHERS*** (1956) NR, 1 hr. 59 min. *Classic, Western, Gritty*

Cast: John Wayne, Jeffrey Hunter, & Vera Miles

After his family is viciously wiped out, hardened war veteran Ethan Edwards embarks on a long journey to find his only surviving niece, Debbie, who has been captured by hostile Comanche Indians.

### **THEATER THURSDAY: June 9**

***JUNGLE CRUISE*** (2021) PG-13, 2 hr. 9 min. *Fantasy, Action-Adventure, Comedy*

Cast: Dwayne Johnson, Emily Blunt, & Jack Whitehall

Seeking an ancient tree with healing abilities, Dr. Lily Houghton and wisecracking skipper Frank Wolff team up for the adventure-of-a-lifetime. Amidst danger and supernatural forces lurking in the jungle, secrets of the lost tree unfold as their fate—and mankind's—hangs in the balance.

### **DECADE FRIDAY ~ 1940/1950: June 10**

***THE SEVEN YEAR ITCH*** (1955) NR, 1 hr. 45 min. *Classic, Witty, Romantic*

Cast: Marilyn Monroe, Tom Ewell, & Evelyn Keyes

After his family leaves for the summer, a middle-aged publisher lets his imagination run wild as he fantasizes about his curvaceous new neighbor. He resolves to avoid temptation, but the young woman is hard to resist.

### **SWEET SATURDAY: June 11**

**RESIDENT REQUEST**

***ORDINARY LOVE*** (2017) R *for brief sexuality & nudity*, 1 hr. 32 min. *Drama, Romance*

Cast: Lesley Manville, Liam Neeson, & Esh Alladi

Joan and Tom have been married for many years. An everyday couple with a remarkable love, there is an ease to their relationship which only comes from spending a lifetime together. When Joan is diagnosed with breast cancer, the course of her treatment shines a light on their enduring devotion, as they must find the humor and grace triumph over a year of adversity.