



## **On Ms. Anonymous**

*by Helen Roser*

“Hey! Wait for me!” she shouted as she tried to push her way across the tall grass, wet with morning dew.

The photo shoot had just finished for the young players in the future Birmingham High School Football Field. As the wife of one of the famous sports stars, who were raising money for the gift field, she had heard pictures for the paper would be taken.

Finally, she would have a chance to get her picture in papers again. It had been so long. So boringly long since she had been a top Broadway showgirl. Getting her picture in all the papers as she was on the arm of some sports star. A glamorous life it had been.

There is probably no less-noticed female than the wife of a famous football player. Once wed, she became only “his wife,” if she was even in the photo at all.

But here, frustrated years later in Los Angeles, she had heard young players would be pictured for the paper. She would show up as a supporter. But she had been given bad directions and now she was trying to push her way through tall wet grass to where the photo taking was going on.

Too late. The cameras were being packed in the van. The only sound was a plaintive: “Hey! Wait for me!”

# **Signature Event**

## ***Symphony in the Flint Hills set for June 11***

*by Monte Spiller, Resident Services Leader*

Meadowlark is headed to the prairie for Symphony in the Flint Hills! The Signature Event is an annual gathering on the prairie celebrating art, music, and the ecology of the Flint Hills. The 2022 Event will take place on Irma’s Pasture in Chase County Kansas on Saturday, June 11, featuring a sunset concert by the 80-piece Kansas City Symphony. The cost of the trip is \$135, which includes the ticket to the event, reserved seating in the chair-sitting area, and transportation from Meadowlark.

The event site is near Bazaar, approximately eight miles south of Cottonwood Falls on Flint Hills Scenic Byway K-177. The remote location of the site requires a substantial amount of walking on rocky, uneven dirt pathways.

If you would like to attend with Meadowlark, there is a sign-up sheet in the Blue Book at the Hospitality Desk. There is a no-refund policy for the ticket purchased if the event takes place. In the event of weather postponement on June 11, the Signature Event will take place on the rain date of June 12. If weather cancels the weekend events completely, GA ticket holders will be eligible for a refund. If you are interested, please sign up or contact Monte Spiller at 323-3801.

## EVENTS & OPPORTUNITIES

### **New Directory of Services, June 1**

A new Directory of Services for ancillary items such as housekeeping will be released around June 1, 2022. There are new prices for services listed in this booklet, and those prices will be effective June 1. Directory of Services booklets will be distributed once they arrive at Meadowlark in late May.

### **Call for nominations for resident member of the Meadowlark's Board of Trustees**

Beginning July 1, there will be a vacant position for an Independent Living resident to join the Meadowlark Board of Trustees. Prior to an election, a nomination process must take place. Nominations are welcome from the independent living population over a two-week period. Those nominating are to first contact the potential nominees to ensure they would be willing to serve.

Nomination forms will be available at the Hospitality Desk starting Thursday, May 19, through Thursday, June 2, at 5 p.m. There will be a box at the Hospitality desk in which to place your nominations.

If you have questions, contact Monte Spiller, at 323-3801.

### **Outdoor Committee**

There is a sign-up sheet in the Blue Book for anyone who may have interest in being part of an Outdoor Committee. The committee would focus on promoting outdoor opportunities around Meadowlark's campus.

At this point, we are in the preliminary stages of getting the group assembled based on the amount of interest we receive. Please feel free to contact Monte Spiller, Resident Services Leader, at (785) 323-3801 if you have any questions.

### **Important Dates for Upcoming Election**

This information is for the upcoming Primary election. The dates of registration may change, but here's what we know now.

- ~ June 1 at 12 p.m. (noon): Primary declaration changes for Democrat and Republicans. Unaffiliated may affiliate at any time.

~ July 12: Voter registration deadline. If there is an address change, you must update your voter registration. Forms are available at the Hospitality Desk.

~ July 13: Advance voting begins. You may advance vote in the Riley County Clerk's office or you can complete an advance application and have the ballot mailed to your residence. If you already have completed an advance application, it will be mailed starting July 13. Advance voting applications are available at the Hospitality Desk.

~ July 26: Last day to request a mail-in ballot for the Primary Election.

~ Aug. 1: Advance voting at the County building closes at 12 p.m. (noon)

~ Aug. 2: Primary Election polls open from 7 a.m. to 7 p.m.

### **Tandem Moons**

*Friday, May 20, at 7 p.m.*

Meadowlark is excited to welcome the Tandem Moons to the Event Center at 7 p.m. Friday, May 20! The smooth sounds of Samantha Williams and Colton Jones are delightful as they present Jazz/folk sounds that won't disappoint. All are welcome to attend!

### **Shopping at Hobby Lobby & Dollar Tree**

*Saturday, May 21, at 10:30 a.m.*

The next scheduled trip is Saturday, May 21, with transportation going to Hobby Lobby and Dollar Tree East. The bus will depart from the Village Entrance at 10:30 a.m., and the return time is set for 11:45 a.m.

Next month's trip will travel to Target and Dollar Tree West on Saturday, June 18. Please sign up in the Blue Book to participate in these opportunities.

### **Little Apple Chorus Concert**

*Saturday, May 21, at 3 p.m.*

You're invited to attend Little Apple Chorus' Spring Show, "I Feel A Song Comin' On!" The program is scheduled for Saturday, May 21, at 3 p.m. in Forum Hall in the KSU Student Union. The doors will open at 2:30 p.m.

Meadowlark has 11 complimentary tickets still

## EVENTS & OPPORTUNITIES

available! These will be distributed on a first-come-first-served basis. Please visit the Hospitality Desk to claim a concert ticket.

### **Social Dining Hour**

**Tuesdays at 5:30 p.m.**

Every Tuesday at 5:30p.m. the Manhattan Room in Prairie Star Restaurant will be reserved for those who wish to dine with others! While social dining is encouraged every day, this is a scheduled opportunity to dine with old and new friends. We do ask that every person check in with the host to be seated. Diners are expected to cover the cost of their own meals.

### **Memory Café**

**Wednesday, May 25, at 10 a.m.**

Memory Café meets every Wednesday from 10 to 11 a.m. in the KSU Classroom at Meadowlark and virtually via Zoom. Memory Café is led by Linda Montgomery, Licensed Social Worker, and features story sharing, reminiscing and social engagement.

### **ARTful Memories**

**Wednesday, May 25, at 1 p.m.**

ARTful Making is a Meadowlark Memory Program collaboration with the Marianna Kistler Beach Museum of Art using Visual Thinking Strategies (VTS). Kim Richards, Education Assistant, will conduct a facilitated discussion of three different art images with joint participation by memory care receivers and caregivers. All are invited to attend.

### **Diabetic Wellness Group**

**Wednesday, May 25, at 1:30 p.m.**

Those who are interested are invited to attend the monthly Diabetic Wellness Group at 1:30 p.m. Wednesday, May 25, in the Flint Hills Room.

### **ARTful Making: Focal Point Flowers**

**Wednesday, May 25, at 2:30 p.m.**

Join Kim Richards from the Beach Museum of Art to create your own bright design of large Georgia O'Keefe inspired flowers at 2:30 p.m. Wednesday, May 25, in the KSU Classroom. The focus will be on contrasting colors and an off-center focal point to add emphasis to your creation. We are using oil

pastels for a vivid and colorful outcome! All materials will be supplied.

### **Movie Night in the Courtyard**

**Thursday, May 26, at 7 p.m.**

It's time for outdoor movie night! Come out to the Meadowlark Courtyard to watch *Something's Gotta Give* at 7 p.m. Thursday, May 26.

Complimentary popcorn and s'mores will be provided from 7 to 7:30 p.m. The movie will begin 7:30 p.m.

*Something's Gotta Give* was released in 2003 and stars Jack Nicholson, Diane Keaton, and Keanu Reeves. Harry Sanborn is an aged music industry executive with a fondness for younger women like Marin, his latest trophy girlfriend. Things get a little awkward when Harry suffers a heart attack at the home of Marin's mother, Erica. Left in the care of Erica and his doctor, a love triangle starts to take shape.

### **Music with Dave Zervas**

**Friday, May 27, at 7 p.m.**

Meadowlark is happy to welcome back Dave Zervas! Come out at 7 p.m. Friday, May 27, to the Event Center and enjoy music with Dave, including rock ballads, acoustic songs, and country music. All are invited to attend.

### **Let's Go Royals!**

**Wednesday, June 8, depart at 9:30 a.m.**

Residents, staff, and family members are invited to Kansas City's Kaufman Stadium to watch the 2022 Royals. This year's trip is scheduled for Wednesday, June 8. The game will start at 1:10 p.m. against the Toronto Blue Jays. The cost of the trip is \$75, which includes a ticket to the game, transportation on a chartered 56-passenger bus, a variety of brunch snacks for on the way to the game, and a boxed meal including a sandwich, chips, fruit, cookie and bottled water for the return trip. Travelers are responsible for their own food and beverages during the game.

The bus will depart from the visitor parking area in front of the Event Center at 9:30 a.m. Please arrive by 9 a.m. Register in the Blue Book located at the Hospitality Desk. The cost can be paid by card, cash, payroll deducted for employees, or applied to your statement for residents.

# Work That Brain!

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## Famous Jazz Musicians

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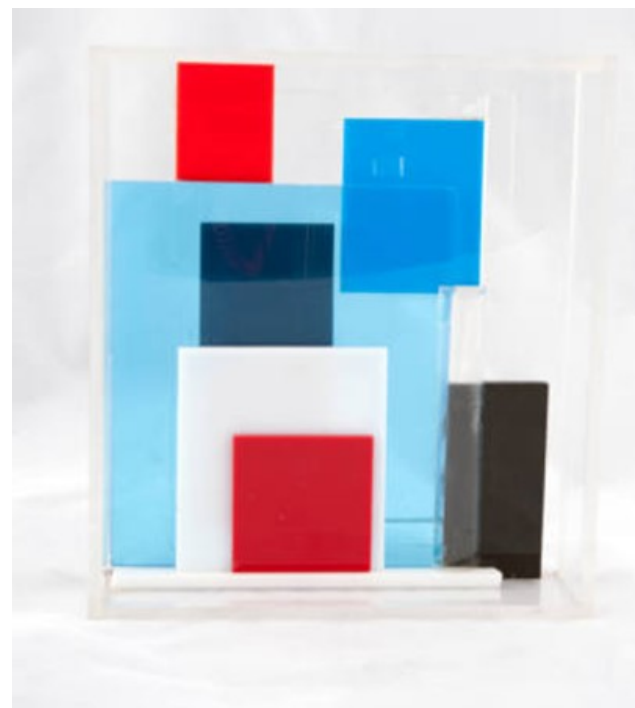
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 BASIE  
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 HERMAN  
 MILLER  
 SANDOVAL  
 BENSON

## Art Engagement *from the Beach Museum of Art*

**Compare & Contrast ...** An interesting way to look slowly and carefully at art is to compare two artworks to each other. Take a moment to compare the two artworks shown here. What similarities do you notice? What differences can you discover? Did you find it easier to observe the similarities or differences? If you began the exercise thinking the two were more alike, do you still think that?



**J. James Penney**  
*Red tiles*, 1950  
Oil on canvas  
KSU, Marianna Kistler Beach Museum of Art, Second Biennial Exhibition of Regional Art (1952) Purchase Award, acquired for the Friends of Art with K-State Works of Art Purchase Fund, 1952.10



**Sue Jean Covacevich**  
*Title unknown (geometric abstraction in blue and red acrylic)*, 1970  
Acrylic  
KSU, Marianna Kistler Beach Museum of Art, gift of Teresa Covacevich Grana, 2015.60

### Notes

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# RESTAURANT **SPECIALS**

<p><b>Sunday, May 22</b></p>	<p><b>\$14</b> Lunch Pot Roast Carrots, Onions, &amp; Celery Mashed Potatoes &amp; Gravy Green Beans</p>	<p><b>\$14</b> Dinner Pot Roast Carrots, Onions, &amp; Celery Mashed Potatoes &amp; Gravy Green Beans</p>
<p><b>Monday, May 23</b></p>	<p><b>\$11</b> Lunch Grilled Shrimp Salad <i>mixed greens, grilled shrimp, candied nuts, tomatoes, bacon, feta, red onion, &amp; creamy balsamic dressing</i></p>	<p><b>\$14</b> Dinner Baked Ham <i>with Cherry Sauce</i> Mashed Sweet Potatoes Asparagus</p>
<p><b>Tuesday, May 24</b></p>	<p><b>\$9</b> Lunch Chicken Salad Melt Sweet Potato Fries</p>	<p><b>\$14</b> Dinner Fried Pork Cutlet Grits Corn</p>
<p><b>Wednesday, May 25</b></p>	<p><b>\$11</b> Lunch Spaghetti &amp; Meat Sauce Garlic Toast Broccoli</p>	<p><b>\$13</b> Dinner Chicken &amp; Shrimp Penne <i>with Sherry Cream Sauce</i> Garlic Toast</p>
<p><b>Thursday, May 26</b></p>	<p><b>\$9</b> Lunch Chicken Fajita Quesadilla Mexican Street Corn Salad</p>	<p><b>\$14</b> Dinner French-Onion Salisbury Steak Mashed Potatoes &amp; Gravy Fresh Green Beans</p>
<p><b>Friday, May 27</b></p>	<p><b>\$10</b> Lunch Breakfast Bar</p>	<p><b>\$15</b> Dinner Coconut Shrimp Mango Coconut Rice Snow Peas</p>
<p><b>Saturday, May 28</b></p>	<p><b>\$9</b> Lunch Loaded Pub Chips <i>house pub chips, mornay sauce, bacon, tomatoes, &amp; green onion</i></p>	<p><b>\$17</b> Dinner Blackened Salmon Roasted Fingerling Potatoes Asparagus</p>

# Verna Belle's Cafe

## MONDAY

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Everything Bagel Sandwich, \$7.00

(Ham, Turkey and Swiss cheese on an everything bagel topped with honey mustard glaze with your choice of side)

## TUESDAY

**Breakfast:** French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

**Lunch:** Super Smash Burger, \$5.00/\$7.00

(Super thin and crispy ground beef patty topped with cheddar cheese and chipotle aioli with pasta salad)

## WEDNESDAY

**Breakfast:** Breakfast Burritos with Fruit, \$4.50 / \$6.50

**Lunch:** BBQ Pork Sandwich, \$7.00

(shredded pork with BBQ sauce on a butter toasted bun served with carrots and celery)

## THURSDAY

**Breakfast:** Biscuits & Gravy, \$2.50 / \$4.50

**Lunch:** Cowboy Dog, \$5.00 / \$7.00

(Grilled hot dog topped with cheddar cheese, sautéed onion, chopped bacon, and BBQ sauce served with your choice of side)

## FRIDAY

**Breakfast:** Waffle or Pancake with Bacon or Sausage, \$4.50 / \$6.50

**Lunch:** Smothered Burrito, \$7.00

(Shredded chicken, tomatoes, corn, black beans, and shredded cheddar cheese topped with creamy white queso served with your choice of side)

## SATURDAY

**Breakfast:** Ala Carte Menu      Eggs, omelet, bacon, sausage, toast, & fruit

MON.-FRI., 7 AM. - 2 PM / SAT., 7 AM. - 11 AM.

Daily Specials

# Weekly Opportunities Calendar *May 22 to May 27*

## Sunday • May 22

10:30 a.m. ~ Worship Service, CR  
 10:30 a.m. ~ Transportation to FUMC, VE

## Monday • May 23

9:30 a.m. ~ Seated Strength, CR  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 1:30 p.m. ~ God Talk, KSU CL  
 2:00 p.m. ~ Change & Loss Support Group, FHR  
 7:00 p.m. ~ Bingo Night, CR

## Tuesday • May 24 *Trash & recycling pick-up*

7:00 a.m. ~ Rock Steady Boxing, **BF**  
 9:30 a.m. ~ Book Club: My Football Life, FHR  
 10:00 a.m. ~ Memory Activities Class, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 2:00 p.m. ~ 10-Point Pitch, GR  
 3:00 p.m. ~ Coffee Corner, EC  
 5:30 p.m. ~ 3rd Floor Supper, BR  
 5:30 p.m. ~ Social Dining, MR  
 7:00 p.m. ~ Movie Night, CY

## Wednesday • May 25

9:30 a.m. ~ Seated Strength, CR  
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
 10:00 a.m. ~ Memory Care Partner Group, FHR  
 10:00 a.m. ~ Memory Café, KSU CL  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ ARTful Memories, KSU CL  
 1:30 p.m. ~ Diabetic Wellness Group, FHR  
 2:30 p.m. ~ ARTful Making, KSU CL  
 3:00 p.m. ~ Sing-A-Long, EC  
 3:00 p.m. ~ Rock Steady Boxing, CR  
 5:30 p.m. ~ 1st Floor Supper, BR

## Thursday • May 26

9:00 a.m. ~ Messenger Team, KSU CL  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 12:00 p.m. ~ Caring Conversations for People with Pd, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 1:00 p.m. ~ Pd Care Partner Support Group, FHR

## Thursday • May 26

2:00 p.m. ~ Fiber Arts Club, BR

## Friday • May 27

9:30 a.m. ~ Seated Strength, CR  
 10:30 a.m. ~ Weights 101, CR  
 11:30 a.m. ~ Sit & Be Fit, CR  
 1:00 p.m. ~ Rock Steady Boxing, **BF**  
 7:00 p.m. ~ Music with Dave Zerfas, EC

### Room Abbreviations

<b>BF, Body First</b>	GR, Game Room
BR, Bison Room	KSU CL, KSU Classroom
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PR, Patriot Room
EC, Event Center	PS, Prairie Star Restaurant
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

## Zoom Opportunities

*E-mail Michelle at [michelle.haub@meadowlark.org](mailto:michelle.haub@meadowlark.org) for log-in information unless otherwise noted below.*

### Monday, May 23

1 p.m.	Parkinson's Exercise Class
2 p.m.	Change & Loss Support Group

### Tuesday, May 24

10 a.m.	Memory Activities Class
11:15 a.m.	Chair Yoga

### Wednesday, May 25

10 a.m.	Memory Care Partner Support Grp
10 a.m.	Memory Café
1 p.m.	ARTful Memories

### Thursday, May 26

11:15 a.m.	Chair Yoga
12 p.m.	Caring Conversations for People with Pd
1 p.m.	Parkinson's Exercise Class
1 p.m.	Pd Care Partner Support Group





# CHANNEL 1960 Entertainment Guide

## Sunday, May 22

3:30 p.m.	Chair Yoga
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## Monday, May 23

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Tuesday, May 24

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Wednesday, May 25

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 p.m.	Sit & Be Fit Exercise Class

## Thursday, May 26

10:30 a.m.	Steady Yourself Exercise Class
11:15 a.m.	Chair Yoga Exercise Class

## Friday, May 27

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class

## Saturday, May 28

9:30 a.m.	Band Bust Exercise Class
2:00 p.m.	Band Bust Exercise Class

### Solution from 5/12.

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## GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.  
SUNDAY 2:00 P.M. / 6:00 P.M.

### SEASONAL SUNDAY: May 22

***13 HOURS: THE SECRET SOLDIERS OF BENGHAZI*** (2016) R *for strong combat violence*

2 hr. 24 min. *Action, Thriller, Exciting*

Cast: John Krzsinski, Pablo Schreiber, & James Badge Dale

In this gripping account of the chaotic and tragic events of Sept. 11, 2012, six members of an elite security team battle to save the lives of trapped U.S. consulate personnel under attack by armed terrorists in Benghazi, Libya.

### MUSICAL MONDAY: May 23

***STAR GIRL***(2020) PG, 1 hr. 47 min. *Musical, Coming of Age, Romance*

Cast: Grace VanderWaal, Graham Verchere, & Giancarlo Esposito

An unassuming high-schooler finds himself inexplicably drawn to the free-spirited new girl, whose unconventional ways change how they see themselves ... and each other.

### TRUE TUESDAY: May 24

RESIDENT REQUEST

***LINCOLN*** (2012) PG-13, 2 hr. 30 min. *Biography, Drama, History*

As the American Civil War continues to rage, America's president struggles with continuing carnage on the battlefield as he fights with many inside his own cabinet on the decision to emancipate the slaves.

### WILD WEDNESDAY: May 25

***THOSE CALLOWAYS*** (1965) PG, 2 hr. 11 min. *Drama, Family, Nature*

Cast: John Wayne, Jeffrey Hunter, & Vera Miles

A strong-willed family in a small New England town struggles against tremendous odds to realize their dream of establishing sanctuary for the flocks of wild geese that migrate overhead.

### TEACHER THURSDAY: May 26

RESIDENT REQUEST

***CHILDREN OF A LESSER GOD*** (1986) R *for*, 1 hr. 58 min. *Emotional, Romantic, Inspiring*

Cast: William Hurt, Marlee Matlin, & Piper Laurie

A speech teacher uses unconventional methods to reach his hearing-impaired students, but can't make headway with the school's deaf custodian, who thinks it's better to stay in the safety of her voiceless milieu than to contend with a callous world.

### FUNNY FRIDAY: May 27

***OVERBOARD*** (1987) PG, 1 hr. 53 min. *Comedy, Romantic, Feel-Good*

Cast: Goldie Hawn, Kurt Russell, & Edward Herrmann

Heiress Joanna Stayton hires carpenter Dean Proffitt to build a closet on her yacht—and refuses to pay him for the project when it's done. But after Joanna accidentally falls overboard and loses her memory, Dean sees an opportunity to get even.

### SKY-HIGH SATURDAY: May 28

***TOP GUN*** (1986) PG, 1 hr. 49 min. *Exciting, Action, Adventure*

Cast: Tom Cruise, Kelly McGillis, & Val Kilmer

A renegade pilot enters an elite combat training school where he finds fierce competition, a heated romance, and danger lurking in the skies.