

FUN, FUN, FUNds!

Trail campaign goal achieved with Paving the Way Carnival



Residents, staff, and families enjoyed a wide variety of games including Spin a Prize and Fortune Telling.

by Becky Fitzgerald, Development Director

The fortune-teller who sat in a quiet corner of the Manhattan Room couldn't have said it better. Inviting attendees to trade a ticket for words of wisdom and a gaze into her crystal ball, resident Sue Hunt channeled her inner prognosticator during last Friday's Paving the Way Carnival. What did she predict? Happy trails for everyone!

With the carnival revenue counted, the "Sue Sayer's" forecasts of the Meadowlark community enjoying a paved walking path have proved to be on the money. The FUNds raised at the carnival plus a 100-percent match promised from the Meadowlark Foundation Board of Directors has pushed the Paving the Way total past the campaign goal of \$92,000! In addition, a sponsorship fee from Meritrust Credit Union and a gift certificate from Target, which was used to purchase prizes, offset event expenses.

The carnival was prompted by a suggestion from the Meadowlark Ambassadors and their desire to support the campaign. A small team of staff members worked

with the Ambassadors to plan and execute the event. Many are to be thanked and congratulated for their efforts before, during, and after the carnival. This number includes those who donated prizes, prepared the games, and prepared or served carnival food, as well as those who volunteered at the event, attended the event, and/or donated toward the project.

Here's a closer look at the Carnival numbers:

~ 1615 food and game tickets purchased at \$1 each

~ 390 dollars donated

~ 42 volunteers

According to Engagement Specialist Jana Armfield, the volunteers were a mix of student-athletes from K-State Track & Field; students from the K-State Physician's Assistant Club and Leadership Studies; a Target employee and her daughter; Meadowlark community volunteers, Meadowlark Ambassadors, and a few staff members.

~ 11 games, including Bowling, Cornhole, a Cupcake Walk, Lollipop Pull, Meritrust Piggies in a Pen, and a

See CARNIVAL, page 11

EVENTS & OPPORTUNITIES

Missing: Grocery Carts!

Yikes! All of our wonderful grocery carts are missing from the Hospitality Desk area. If you have one of these lost carts in your apartment or service area, or if you notice a misplaced cart, please return it as soon as possible to the Hospitality Desk.

Chocolate & Wine Pairing

Thursday, April 21, at 3 p.m.

Join Brayden Cox, Prairie Star Lead Server and Bartender, for the weekly Chocolate and Wine Pairing event at 3 p.m. Thursday, April 21, in Prairie Star's pub. Attendees will sample Brix chocolates with various wines. Thank you to Pat Vogt, who generously donated the Brix chocolates and created the inspiration for the pairing event.

DIY Terrariums

Friday, April 22, at 3 p.m.

In celebration of Earth Day, Brook Marcotte will be creating terrariums by upcycling any unused glass bottles, bowls, and vases. Participants are encouraged to bring their own containers in which to create their mini ecosystem. All other supplies and a variety of plants will be provided. The cost is \$10 per person, a container can be provided for an additional \$5. Those who would like to attend should have signed up in the Blue Book by yesterday, April 20.

Biggs & Gustin Live!

Friday, April 22, at 7 p.m.

Meadowlark welcomes back Biggs & Gustin Live! Join the duo at 7 p.m. Friday, April 22, in the Event Center. Chris Biggs and Ken Gustin bring together decades of combined musical experience and performing acoustic music. With the combination of traditional and original music, they feature folk, bluegrass, country blues, swing and country influences, with strong vocal work and sensitive harmonies in heartfelt and energetic song arrangements.

Coffee Corner: Courtyard Kick-Off Party

Tuesday, April 26, at 3 p.m.

Join us for a special edition of Coffee Corner in the Courtyard! Meadowlark's Courtyard will officially open for the season at 3 p.m. Tuesday, April 26,

with a Kick-Off Party complete with refreshments. All are invited to join the fun!

One American's Story

Wednesday, April 27, at 1:30 p.m.

All are welcome to come and listen to Kathleen Depperschmidt and Jim Fawcett at 1:30 p.m. Wednesday, April 27, in the Event Center as they discuss their book "One American's Story."

Jim Fawcett's life began unremarkably until he was 19. He flunked out of college twice, realized he had a duty to fulfill and enlisted in the United States Army. As a platoon leader in Vietnam, he found strength, courage, and fortitude he didn't know he had until he found himself responsible for his life, and the lives of more than 130 young men like himself. His trajectory of service was changed by an injury. Upon his return to the United States, he completed dual degrees in college, and married and began his family. He became successful in banking, but couldn't keep the ghosts of PTSD at bay. He was diagnosed with Parkinson's disease in 2008, but he went forward with his plans to run as a Kansas state legislator, and was elected. After a life-threatening illness in 2013, he again rebounded, and continues to be a successful businessman to this day.

This book details his struggles to live the life he wanted, while serving first his country, then his family, as well as his business and government endeavors. He shares his unique insight from these experiences, and relates the events in our current national and world stage to the ongoing nature of conflict, political and social upheaval and addresses the pandemic that raged while this book was being written.

ARTful Making: Raindrop Suncatcher

Wednesday, April 27, at 2:30 p.m.

Let's become rainmakers! Using wax shavings, we will create and assemble a raindrop suncatcher hanging during ARTful Making at 2:30 p.m. Wednesday, April 27, in the KSU Classroom. All materials will be supplied. Join Kim Richards from the Beach Museum of Art for some inspired fun!

Pig Out for Parkinson's

Thursday, April 28

Join us to celebrate National Parkinson's Awareness Month at Pig Out for Parkinson's

EVENTS & OPPORTUNITIES

between 11 a.m. and 10 p.m. Thursday, April 28, at Rockin K's, located at 1880 Kimball Ave (in the K-State Foundation Building). The restaurant will donate 10% of the sales from this day to the Program, and all sales qualify (dine-in, carry-out, buffet). The legendary Bill Snyder will be present at lunch. You can order off the menu or go through the buffet featuring pork and chicken sliders. The lunch buffet will be served from 11 a.m. to 2 p.m. Be sure to come back for dinner and meet K-State Football Coach Chris Klieman around 6 p.m. The evening will also include a pig roast buffet with Bud Cox's famous bread pudding from 5 to 8 p.m. and live music from PettyCash will begin at 6 p.m.

Free transportation will be available for Meadowlark residents to visit Pig Out for Parkinson's for lunch. The bus will depart from the Village Entrance at 11:15 a.m. Thursday, April 28. Please sign-up in the Blue Book.

If you would like to order a meal for delivery, please completed the included form and return to the Hospitality Desk by noon on Tuesday, April 26. The total will be added to the resident's monthly statement.

Card Making with Michelle

Thursday, April 28, at 2:30 p.m.

The next Card Making with Michelle class will occur on Thursday, April 28, from 2:30 p.m. to 4:30 p.m. in the Flint Hills Room.

Dennis Graham Memorial Service

Friday, April 29, at 10 a.m.

Please join the Graham family for a memorial service to celebrate the life of Dennis Graham. The service will begin at 10 a.m. Friday, April 29, at St. Luke's Lutheran Church located at 4801 Anderson Ave. Graveside honors and lunch will follow.

May Day Baskets

Friday, April 29, at 1 p.m.

Let's celebrate May Day by making baskets for your special friend (or two)! Students from the Staley School of Leadership Studies at K-State will be

here to provide a friendly face, helpful instructions, and materials to help the baskets come to life! Registration is not required, but are encouraged in the Blue Book. This special activity will take place in the Bison Room, from 1 to 3 p.m. on Friday, April 29.

Graduation Celebration

Saturday, April 30, at 5 p.m.

Prairie Star Restaurant is excited to celebrate our graduating seniors from 5 to 7 p.m. Saturday, April 30. The celebration will be held in the Courtyard, weather permitting. Participating graduates include: Sydney Chyba, Maddie Cramer, Kenzie Cramer, Rachel Edie, Sophia Hillard, and Kendal Proctor. Residents are encouraged to attend and socialize with our graduating servers and their family members. A BBQ Buffet will be available as the Saturday Dinner Special for \$12. Those who do not wish to attend the celebration may still enjoy the buffet or dine in at Prairie Star. In lieu of gifts, the graduates request words of wisdom.



Cybersecurity: The Deposit Scam

by Tim Sobering

The Bad Guys can be quite creative, but the basics of the deposit scam are not really very new as you will learn below. One version of the scam goes something like this ... You receive an email or see an ad touting that you can “Make extra money working from home!” The “job” will entail you being a “payment processor” for a company, where “customer” checks are mailed to you. Your job is to enter them into some software, deposit the checks in your bank account, and send the company the money less your 10% or 20% “processing fee.”

This should already sound shady. After all, what legitimate company needs a private party to “process” their payments? But this works often enough that it is profitable. What the scammer wants is for you to send the money to them using a wire transfer or one of the many third-party payment services, such as Paypal or Venmo. It sounds really easy, right? What can go wrong?

Well, first off the checks are all fakes (you already knew that, right?). The scammer is exploiting the “float,” the time between depositing a check and when the check is cleared. This

was one of the techniques used by Frank Abagnale and was immortalized in the Steven Spielberg film “Catch Me If You Can” starring Leonardo DiCaprio and Tom Hanks. (If you have not seen the movie, check it out at Grosh Cinema on May 5! It’s very entertaining!) Fifty years ago, it could take several weeks or more for a check to fully clear, so banks operated on a high level of customer trust. But this was also why funds from a new account or a large deposit weren’t available for you to withdraw right away. Over time, and as your bank balance grew and your transactions became more predictable, your bank became more willing to trust you and “float” you the money while a check was processing and until it finally cleared. Banking would be incredibly slow without the float.

Modern banking has improved the process; checks can clear in as little as five days, but sometimes it can take a few weeks, especially with international accounts. So, the scammer gets you to deposit these bad checks into your well-established account where the bank knows you and trusts you. The amounts will be fairly small, hundreds or maybe thousands of dollars, so as to not draw

attention. Then you use a payment service or wire transfer to send the money to the scammer. It won’t be too long before the checks start to bounce and come back home to roost, but by then the money you transferred is gone and cannot be recalled. You are on the hook for hundreds if not thousands of dollars.

There is a variation of this scam that uses payment services like Venmo where you get an alert saying that someone you don’t know deposited money into your account. You then get a message saying that it was a mistake and would you please send the money back. This sounds so reasonable. Everybody makes mistakes, right? The problem is that the money was probably sent using a stolen credit card which means ultimately it will be denied. But that won’t happen until the credit card company finds out about the fraud which could be weeks or months. If you send the “money” back from your account, the payment service sees that as a real transaction per their terms of service, and when the fraud is discovered they will not recall the funds. You are out the money when the scam comes to light. If this happens to you, don’t send

the money back. Contact the service technical support department and tell them what you know. Let the company reverse the transaction if necessary, although most likely they will tell you it is fraudulent). That way you are not on the hook for the money because you didn't send it.

This is a key point about fraud. The scammer is relying on you not knowing about the scam and that you will not tell anyone what you are doing. Even if you just told the bank teller "I have a new job processing checks" the whole fraud would break. Remember when we were kids and we were told not to keep secrets? Well, that might be good advice for passwords, but it's not always the best policy. Talk to your family, friends, lawyer, or banker. You are not alone.

Fortunately, commercial banks are trying to look out for you, but unfortunately, I have heard that online payment services are less customer-friendly. I have direct knowledge of these banking scams being stopped or reduced because bank employees (or bank fraud departments) felt the transaction was unusual and started asking questions before the transfer was completed. The downside is that banks are not perfect, and, as they process such a large number of transactions every day, they might not catch on until it is too late. This is why the **KNOWLEDGE** you have been gaining is so important. It helps you to have the presence of mind to **THINK**, be **SKEPTICAL**, and to **TAKE CONTROL**. You can be better than the scammers and beat them at their own game!

From the Editor: Tim Sobering is the son of resident Esther Sobering. If you have a Cybersecurity concern, please reach out to a Meadowlark team member.

On Public Speaking

by Helen Roser

I know no one who had taken the class called Public Speaking. I had not heard a word about the teacher. But, because it addressed a specific use of our language, I enrolled.

On the first day, several tearful girls fled the classroom. In an attitude of "good riddance," the grumpy teacher barked her explanation of this class called Public Speaking.

"This is a class in which, if you have something of value to say to others, you can learn to do so with fewest possible words."

She sat in the back of the classroom to listen as students took their turn to give a sample of our speaking. As the speaker said: "I think" or "in my opinion," she would yell: "We don't care what you think or you feel! Tell us what is!"

The delicate ones had already fled. We few tougher ones gulped, stayed, and began to learn how to convey ideas of value to others in fewest words.

What I learned served me well in writing for others' communications. One for a governor's letter that saved a 19 year old from being hanged. Another that inspired California legislators to create Star Cola, a cast of living supplemental allowance for their pensions that got thousands of 30 year retirees off welfare.

I am glad the grumpy teacher taught us that "less is more."

More Garage Door

by Ron Williams

Helen Roser's article about the garage door brought back to Vera and I an amusing incident. We lived in the little town of Longford, Kan. Vera's mother, Ruby, lived across the street from us. We decided that when we were on vacation, rather than give our next door neighbor the key to check our house, we would just give them the garage door remote. We told the lady next door about the arrangement, and she forgot to tell her husband.

Francis Hammond came home dirty and tired from his job at the Elevator. He came in by the front door after he had picked up the paper, and he also brought in the strange object attached to the front storm door. He played with it, pressing it with his fingers several times.

It was then that the phone rang, and Ruby called from across the street, saying, "Francis, I don't know what is going on over at Ron and Vera's, but their garage door has been running up and down for several minutes now."

After that when we left for vacation, and we gave the remote to Joyce Hammond, we always said, "Be sure and tell Francis."

Work That Brain!

1	2	3	4		5	6	7	8	9		10	11	12	13
14					15						16			
17				18							19			
20				21						22				
23			24					25	26					
			27				28						29	30
31	32	33				34						35		
36					37						38			
39				40						41				
42			43						44					
		45						46				47	48	49
50	51					52	53					54		
55					56						57			
58					59						60			
61					62						63			

ACROSS

1. Not barefoot
5. Specter
10. Catholic head
14. Guile
15. Sound
16. Tranquil scene
17. Act of showing affection
19. Standard
20. How old you are
21. Explosion
22. Diversions
23. Lay of the land
25. Overact
27. And more
28. Peed
31. Plenty
34. What something costs
35. Estimated time of arrival
36. Slim and muscular
37. Saltwater
38. Pack to capacity
39. East northeast
40. Proceeding
41. Adhesive
42. Refute
44. Not thin
45. Excuse
46. A communication
50. Engaged
52. Minimal
54. On behalf of
55. Diva's solo
56. Enticement
58. Cravings
59. Nimble
60. Rear end
61. Wise
62. Discourage
63. P P P

DOWN

- | | | |
|------------------------------|-------------------------|------------------------------------|
| 1. Perspiration | 18. Diminish | 40. Electrical distribution system |
| 2. Door pivot | 22. Departed | 41. Noodles |
| 3. Not younger | 24. Depend upon | 43. Satisfy |
| 4. D | 26. Rodents | 44. Suppurate |
| 5. Tasty clove | 28. Liquid bodily waste | 46. A tree, leaf or syrup |
| 6. Not animal | 29. French for "State" | 47. Ardent |
| 7. Lyric poems | 30. Woman of rank | 48. Long-necked migratory bird |
| 8. Melding of powdery metals | 31. Blown away | 49. Sea eagles |
| 9. Youngster | 32. Short skirt | 50. Methods |
| 10. Mexican party item | 33. Foreshadowing | 51. District |
| 11. Mileage counters | 34. Prerogative | 53. Broadcast |
| 12. Combustible pile | 37. Doofus | 56. Small amount |
| 13. Shade trees | 38. Felines | 57. Faucet |

Art Engagement *from the* **Beach Museum of Art**

Compare and Contrast ... The potential for storm activity increases in the spring and remains through summer and fall. Often a storm includes the excitement of thunder and lightning.

Lightning occurs when positive and negative electrical charges become grouped together with some pockets attaining a positive charge and other pockets attaining a negative charge. The electrical discharge can occur within a cloud, between clouds, between a cloud and the air, or between the cloud and the ground.

Lightning can be startling and beautiful! Take a few moments to looking closely at the two artworks shown here. What do you observe that is similar in these two artworks? How do the artworks differ?



Charles Leroy Marshall Sr. (United States, 1905 - 1992)
Black Lightning, 1960
Watercolor on paper
KSU, Marianna Kistler Beach Museum of Art, gift of Charles L. Marshall, Sr., presented by Maybelle M. Scheetz, 2005.272



Lisa Grossman (United States, born 1967)
Lightning - Airport, 2009
Watercolor on paper
KSU, Marianna Kistler Beach Museum of Art, gift of Richard Olson, 2011.214

RESTAURANT SPECIALS

<p>Sunday, April 24</p>	<p>\$13 Lunch Open-Faced Roast Beef Sandwich Mashed Potatoes & Gravy Fresh Green Beans</p>	<p>\$13 Dinner Open-Faced Roast Beef Sandwich Mashed Potatoes & Gravy Fresh Green Beans</p>
<p>Monday, April 25</p>	<p>\$10 Lunch Beef & Broccoli Steamed Rice</p>	<p>\$15 Dinner Coconut Shrimp <i>with Pina Colada Dipping Sauce</i> Coconut Mango Rice Sugar Snap Peas</p>
<p>Tuesday, April 26</p>	<p>\$10 Lunch Pesto Chicken Salad <i>mixed greens, pesto chicken, red onion, cherry tomatoes, cucumber, avocado, feta cheese, & lemon dressing</i></p>	<p>\$14 Dinner Chicken Fried Steak Mashed Potatoes & Gravy Green Beans</p>
<p>Wednesday, April 27</p>	<p>\$10 Lunch Chicken Cordon Bleu Sandwich Carrot-Apple Slaw</p>	<p>\$14 Dinner Grilled Chicken <i>with Creamy Spinach Parmesan Sauce</i> Cheese Ravioli Satutéed Zucchini</p>
<p>Thursday, April 28</p>	<p>\$10 Lunch Prime Rib Sandwich Steak Fries</p>	<p>\$14 Dinner Fish Tacos Grilled Stuffed Avocado</p>
<p>Friday, April 29</p>	<p>\$10 Lunch Taco Bar</p>	<p>\$13 Dinner Loaded Seafood Baked Potato Asparagus</p>
<p>Saturday, April 30</p>	<p>\$9 Lunch Bacon, Spinach, & Swiss Quiche Fruit Salad</p>	<p>\$12 Dinner BBQ Buffet <i>pulled pork, BBQ chicken, baked beans, fruit salad, veggies, brownies, & cookies</i></p>



Breakfast & Lunch Specials

Mon. to Fri., 7 a.m. to 2 p.m. / Sat & Sun., 7 to 11 a.m.

Monday, April 25

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Lunch: Farmer's Market Penne, \$6.50 *a variety of vegetables over a bed of cream penne pasta served with French bread*

Tuesday, April 26

Breakfast: French Toast, Bacon or Sausage, & Fruit, \$4.50 / \$6.50

Lunch: Southwest Pork Flautas, \$4.50 / \$6.50 *seasoned pork & onions rolled in lightly fried flour tortillas covered with zesty crema & pico de gallo*

Wednesday, April 27

Breakfast: Breakfast Burritos with Fruit, \$4.50 / \$6.50

Lunch: Smothered & Stuffed Meatloaf, \$6.50 *mini meatloaf stuffed with shredded pepper jack cheese & covered with sautéed peppers & onions served with potato wedges*

Thursday, April 28

Breakfast: Biscuits & Gravy, \$2.50 / \$4.50

Breakfast or Lunch: Italian Chicken, Sausage, & Orzo Soup, \$4.50 / \$6.50 *chicken, sausage, vegetables, & orzo pasta in a tasty broth served with Ciabatta garlic toast*

Friday, April 29

Breakfast: Blackberry French Toast Casserole & Fruit, \$4.50 / \$6.50

Lunch: Walking Taco, \$6.50 *seasoned ground beef in a bag with Nacho Doritos filled with your choice of toppings from the taco bar*

Saturday, April 30, & Sunday, May 1

Breakfast: Ala Carte Menu *Egg (cooked to order), omelet, bacon, sausage, toast, & fruit*

**I tried to sue
the airport for
misplacing my
luggage.**

I lost my case.



Weekly Opportunities Calendar April 24 to April 30

Sunday • April 24

10:30 a.m. ~ Worship Service, CR
10:30 a.m. ~ Transportation to FUMC, VE

Monday • April 25

9:30 a.m. ~ Seated Strength, CR
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ Parkinson's Exercise Class, CR
1:30 p.m. ~ God Talk, KSU CL
1:45 a.m. ~ Parkinson's Voice Class, CR
2:00 p.m. ~ Change & Loss Support Group, FHR
3:00 p.m. ~ UFM Class: Jazz History, EC
7:00 p.m. ~ Bingo Night, CR

Tuesday • April 26 *Trash & recycling pick-up*

7:00 a.m. ~ Rock Steady Boxing, BF
9:30 a.m. ~ Book Club: My Football Life, FHR
10:00 a.m. ~ Memory Activities Class, KSU CL
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
2:00 p.m. ~ 10-Point Pitch, GR
2:00 p.m. ~ Prairie Star Writers Group, PR
3:00 p.m. ~ Coffee Corner: Courtyard Kickoff Party, CY
4:00 p.m. ~ Meadowlark Singers Practice, CR
5:30 p.m. ~ 3rd Floor Supper, BR
5:30 p.m. ~ Social Dining, MR

Wednesday • April 27

9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Memory Care Partner Group, FHR
10:00 a.m. ~ Memory Café, KSU CL
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ ARTful Memories, KSU CL
1:30 p.m. ~ Diabetic Wellness Group, GHR
1:30 p.m. ~ One American's Story, EC
2:30 p.m. ~ ARTful Making, KSU CL
3:00 p.m. ~ Sing-A-Long, EC
3:00 p.m. ~ Rock Steady Boxing, CR
5:30 p.m. ~ 1st Floor Supper, MR

Thursday • April 28

9:00 a.m. ~ Messenger Team, KSU CL
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Depart for Pig Out for Pd, VE
11:15 a.m. ~ Chair Yoga, CR

Thursday • April 28

1:00 p.m. ~ Parkinson's Exercise Class, CR
2:00 p.m. ~ Fiber Arts Club, BR
3:00 p.m. ~ Card Making with Michelle, FHR
3:00 p.m. ~ Chocolate & Wine Pairing, PS Pub

Friday • April 29

9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ ML Market Opens, 120 Scenic Dr.
10:30 a.m. ~ Weights 101, CR
11:30 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ May Day Baskets, BR
1:00 p.m. ~ Rock Steady Boxing, BF

Saturday • April 30

10:00 a.m. ~ ML Market Opens, 120 Scenic Dr.
5:00 p.m. ~ Graduation Celebration, CY

Room Abbreviations

BF, Body First	GR, Game Room
BR, Bison Room	KSU CL, KSU Classroom
CR, Community Room	MR, Manhattan Room
CY, Courtyard	PR, Patriot Room
EC, Event Center	PS, Prairie Star Restaurant
FHR, Flint Hills Room	VBC, Verna Belle's Cafe
GC, Grosh Cinema	VE, Village Entrance

Zoom Opportunities

E-mail Michelle at michelle.haub@meadowlark.org for log-in information unless otherwise noted below.

Monday, April 25

1 p.m.	Parkinson's Exercise Class
1:45 p.m.	Parkinson's Voice Class
2 p.m.	Change & Loss Support Group

Tuesday, April 26

10 a.m.	Memory Activities Class
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Wednesday, April 27

10 a.m.	Memory Care Partner Support Grp
10 a.m.	Memory Café
1 p.m.	ARTful Memories

Thursday, April 28

1 p.m.	Parkinson's Exercise Class
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CHANNEL 1960 Entertainment Guide

Sunday, April 24

9:00 a.m.	Sweat It Out Exercise Class
3:30 p.m.	Chair Yoga

Monday, April 25

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:15 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class

Tuesday, April 26

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Exercise Class
2:00 p.m.	Steady Yourself Exercise Class

Wednesday, April 27

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
1:00 p.m.	Sit & Be Fit Exercise Class
2:00 p.m.	Weights 101 Exercise Class

Thursday, April 28

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Exercise Class
2:00 p.m.	Steady Yourself Exercise Class

Friday, April 29

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:15 a.m.	Sit & Be Fit Exercise Class
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class

Saturday, April 30

9:30 a.m.	Band Bust Exercise Class
2:00 p.m.	Band Bust Exercise Class



Eilish Duggan bowls for tickets to win a variety of prizes.

CARNIVAL, from page 1

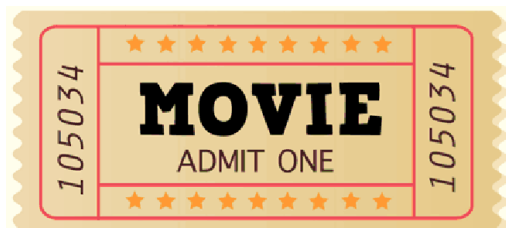
Prize Wheel.

~ 6 food /drink stations offering seven carnival-inspired treats

~ 2 fortune-tellers (Resident Carole Fager also gazed into the future.)

~ 1 elusive floating duck worth 10 prize tickets

The Paving the Way Campaign was prompted by a matching challenge of \$40,000 from Jeff Call, Jan Fink Call, and Daniel Fink in memory of the Rev. Wayne Fink. Their gifts also were inspired by resident Jo Call and her late husband, Ed. Campaign donations will be used to enhance Meadowlark's loop trail by paving a section that stretches from Stillman Cemetery to the east end of Meadowlark Valley. In addition to a ribbon of concrete, Paving the Way funds also will cover the cost of a bridge and drainage improvements installed last fall near the CenterPointe Physicians office.



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: April 24

HEAVEN IS FOR REAL (2014) PG, 1 hr. 39 min. *Drama, Inspiring, Tearjerker*

Cast: Greg Kinnear, Kelly Reilly, & Connor Corum

Heaven Is for Real is the true story of the 4-year-old son of a small-town Nebraska pastor who, during emergency surgery, slips from consciousness and enters heaven. When he awakes, he recounts his experiences on the other side.

MUSICAL MONDAY: April 25

MR. HOLLAND'S OPUS (1996) PG, 2 hr. 23 min. *Drama, Music*

Cast: Richard Dreyfuss, Glenna Headly, & Jay Thomas

A musician who dreams of composing one truly memorable piece of music finds his true passion after he reluctantly accepts a “day job” as a high school music teacher to support his family.

TRUE TUESDAY: April 26

PARIS TO PITTSBURGH (2018) TV-PG, 1 hr. 17 min. *Documentary*

Cast: Rachel Brosnahan

Paris to Pittsburgh brings to life the impassioned efforts of individuals who are battling the most severe threats of climate change in their own backyards. Set against the national debate over the United States energy future—and the decision to exit the Paris Climate Agreement—the film captures what’s at stake for communities around the country and the inspiring ways Americans are responding.

WESTERN WEDNESDAY: April 27

FORTY GUNS (1957) NR, 1 hr. 19 min. *Western, Classic*

Cast: Barbara Stanwyck, Barry Sullivan, & Dean Jagger

Showdown in Arizona between the Bonnell brothers, U.S. Marshalls, and Jessica Drummond, the iron-fist rancher who controls the territory.

THEATER THURSDAY: April 28

CRUELLA (2021) PG-13, 2 hr. 17 min. *Drama, Crime*

Cast: Emma Stone, Emma Thompson, & Joel Fry

Set in 1970s London amidst the punk rock revolution, the movie follows a young grifter named Estella and reveals the series of events that cause her to embrace her wicked side and become the revenge-bent Cruella.

FUNNY FRIDAY: April 29

FREAKY FRIDAY (1977) G, 1 hr. 38 min. *Family, Comedy, Fantasy*

Cast: Barbara Harris, Jodie Foster, & John Astin

On Friday the 13th, a girl switches bodies with her straitlaced mother and finds herself responsible for running the entire household. In turn, Mom now faces the daunting challenges of school, field hockey, and much more!

SWEET SATURDAY: April 30

MIDNIGHT IN PARIS (2011) PG-13, 1 hr. 34 min. *Charming, Witty, Romantic*

Cast: Owen Wilson, Rachel McAdams, & Marion Cotillard

Every night, a frustrated writer travels back in time to Paris in the 1920s, where he finds romance and inspiration by mingling with his artistic idols.