



Meet Your Neighbor Dixie Roberts, Apt. 421

by **Becky Fitzgerald**
Foxtrot, jitterbug, rumba, waltz. Dixie Roberts and her late husband,

Tom, were teen-agers during the Big Band Era of the 1940s, and the pair never grew tired of hearing the tunes that prompted their generation to leave their seats and kick up their heels.

Dixie said she and Tom took ballroom dancing lessons and then shared their passion for fancy footwork during classes they taught in Manhattan for three decades. Sitting in her Meadowlark living room near a stack of LPs and a portable stereo the couple took to those classes, Dixie recalled giving their students and others a chance to practice their box steps and heel turns when she and Tom organized and managed Club Manhattan LTD, a dance club for 20 years.

“Our club members paid a fee, and we used that money to hold five or six dances a year, bringing in bands,” Dixie said. “Bobby Layne Orchestra out of Nebraska and The Vaughn Bolton Orchestra (of Manhattan) played for us a few times a year. Tom and I loved to waltz and jitterbug.”

Dixie, a Newton, Kan., native, met Tom when she was a senior in high school and he was attending Kansas

State University. They married on New Year’s Day of 1947 and lived in an apartment building on campus as Tom worked toward a degree and Dixie took courses in political science and public administration.

Tom’s teaching positions in vocational agriculture took the couple to the small Kansas communities of Buhler, Lebanon, and Lyndon, before they returned to Manhattan in the mid-1950s when Tom was appointed Assistant Secretary for the Kansas Crop Improvement Association. In 1961, the family, which now included two sons, moved to Scott City. An appointment for Tom as Executive Director of the Wheat Quality Council prompted a third move to Manhattan in 1966.

Dixie worked at Farm Bureau and for several years with the Manhattan Recreation Commission. In 1985, she started a successful business as a Mary Kay Cosmetics representative. “I still use the products, but I’m no longer selling,” she said.

In 2017, Dixie was named the C. Clyde Jones Volunteer of the Year at the Manhattan Area Chamber of Commerce’s annual meeting. According to an announcement of the award, Roberts has volunteered abundantly in the community, which includes serving on the board of directors for Marianna Kistler Beach Museum of Art and as regent for the Daughters of the American Revolution’s Polly Ogden Chapter. More volunteer efforts include Lions

Meadowlark Invests in Community Health & Wellness

[Press Release below was distributed to local media outlets on Wed., March 3.]
Meadowlark is taking steps to invest in the health and wellness of the Manhattan community and its members, specifically those ages 55 years and older, which includes a significant percentage of the local population.

When Meadowlark opened in 1980, the organization was meeting a community need. Since then and into the future, Meadowlark will continue to be a resource for the region. A future project to construct a new building will feature opportunities to support adults age 55 and older with a gym, fitness classes, expanded wellness programming, outpatient therapy, and a fitness-focused indoor pool area. This building will sit adjacent to Bramlage House, Meadowlark’s post-acute care. Bramlage House provides recovery support and rehabilitation for people as they transition from a stay in the hospital to a safe return home. Meadowlark’s Bramlage House is, and has been, open to all eligible individuals in the region who

EVENTS & OPPORTUNITIES

Neighborhood and floor meals are back!

Floor and Neighborhood meals have returned! If you plan to attend your floor or neighborhood supper or luncheon, please sign up in the Blue Book located at the Hospitality Desk. All meals will be served in the Bison Room.

- ~ 5th Floor Supper, March 15, at 5:30 p.m.
- ~ 2nd Floor Supper, March 16, at 5:30 p.m.
- ~ 3rd Floor Supper, March 23, at 5:30 p.m.
- ~ 1st Floor Supper, March 24, at 5:30 p.m.

Diana: The Royal Truth

Friday, March 12 at 10 a.m.

Diana: The Royal Truth will play in Grosh Cinema for one more special showing. This film was originally planned to air on Channel 1960, however, due to unforeseen technical issues, it did not play. See this hour-long documentary film in Grosh Cinema Friday, March 12, at 10 a.m.

The film is a captivating first-hand account of the life of one of the most iconic figures of the 20th Century, Diana Princess of Wales, by the man who lived through it all.

This full feature film is rated TV-PG and was released in 2017. The movie will contain commercial breaks.

Friday Night Entertainment:

Live Music with Nate Hernandez

Friday, March 12, at 7 p.m.

Invite your neighbors and come on down to Prairie Star Restaurant's Event Center to enjoy a fun evening of live music by the talented Nate Hernandez! Nate will perform at 7 p.m. Friday, March 12. No prior registration is required.

Party for Lost Time:

A Post Pandemic Celebration

Saturday, March 13, at 2 p.m.

Nearly one year ago at 2 p.m. Friday, March 13, Meadowlark began the process of implementing COVID-19 precautions and procedures, including canceling all campus activities and ceasing to allow visitors into the main building.

The global pandemic took a lot from us in 2020, including our annual celebrations of some of our favorite holidays. Mark your calendar for Saturday, March 13, at 2 p.m.—exactly one year later to the hour—for the **Party for Lost Time: A**

Post Pandemic Celebration.

During this joyous event, attendees will have the opportunity to celebrate many 2020 holidays that we missed, including St. Patrick's Day, Easter, the 4th of July, Halloween, Christmas, and New Year's Eve. The Party for Lost Time will be in Prairie Star Restaurant and Event Center and will feature live entertainment, themed food and beverages, and social time with friends and neighbors.

This event is limited to independent living residents and there is no cost to attend.

Registration is not required to attend the party.

Chair Yoga, canceled March 18

Chair Yoga exercise class is canceled for Thursday, March 18. In-person Chair Yoga will resume Tuesday, March 23. The Chair Yoga class is available to watch on Channel 1960 every Tuesday and Thursday at 11:30 a.m.

Saturday Shopping Trip: Hobby Lobby & Dollar Tree

Saturday, March 20, at 10:30 a.m.

Starting Saturday, March 20, transportation will be provided to Hobby Lobby & Dollar Tree for resident shopping. The bus will depart from the Village Entrance at 10:30 a.m. and the return time set for 11:45 a.m.. This shopping trip will occur every third Saturday of the month and the cost is \$3 per resident. A sign-up sheet is located in the Blue Book at the Hospitality desk.

Commerce on the Kaw: Exploring the

History of Manhattan's Main Street

The next UFM class offering available to

Meadowlark resident's at no cost will meet at 1

p.m. Thursday, March 25, in Prairie Star's Event

Center. To sign up for this opportunity, please call

UFM at (785) 539-8763. If no one answers, please

leave a message and they will return your call.

Passport members may attend Meadowlark-

sponsored UFM Lifetime Learning courses via

Zoom with a 20-percent discount.

Friday Night Live Entertainment:

Manhattan Area Music Teachers Assoc.

Friday, March 26, at 7 p.m.

Meadowlark welcomes the Manhattan Area Music Teachers Association (MAMTA) at 7 p.m. Friday,

March 26, in the Event Center.

MAMTA is a group of professional music educators from Manhattan Kansas and the surrounding area that strives to advance the value of music study and music-making for our diverse community while supporting the professionalism of music teachers and the promotion of a high standard of music among its members. Teachers and students are excited to perform for us!

Solutions from 3/4.

7	8	9	4	5	6	3	2	1
6	5	3	7	2	1	4	8	9
1	2	4	8	9	3	5	6	7
8	9	2	5	1	4	6	7	3
3	7	1	9	6	8	2	5	4
4	6	5	3	7	2	9	1	8
5	1	8	6	3	9	7	4	2
9	4	6	2	8	7	1	3	5
2	3	7	1	4	5	8	9	6

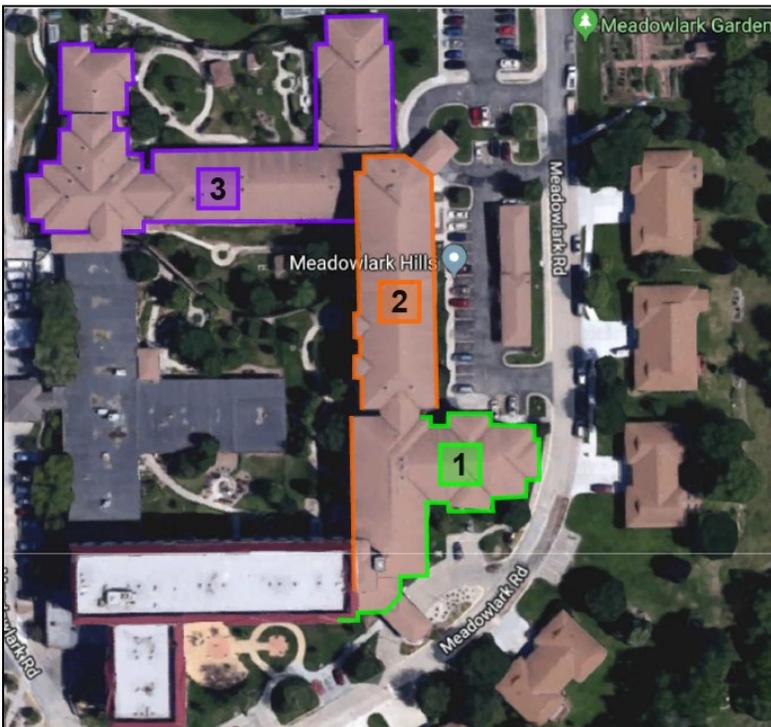
WHO AM I?

Throwback Thursday!

Do you know the Meadowlark resident who is featured in these images? If you have a guess, send it to Sarah at sguge@meadowlark.org or submit your guess to the Hospitality Desk. Check out next week's Messenger to learn more!



Environmental Services Updates



Beginning Monday, March 15, afternoon there will be a crew of three coming to do some carpet repairs in the hallways in front of Honstead House, Sloan House, and the main community center hallway from Verna Belle's Café to the Village Entrance. This will also include the Community Room, first floor independent living apartment hallway, and second floor near the east elevator. The carpet work will take up to five days to complete. There will be some noise like a vacuum sweeper or hair clippers.

Additionally, phase two of the building caulking project will begin later this month. The exact start date has not yet been scheduled. Crews will be working on the area labeled "2" in the image to the left.

On Celebrating the Cows

by Helen Roser

The little ice cream parlor was to celebrate the products of champion cows. Their owner was so proud of them he developed wonderful ice cream made from their milk. Then he opened a classy little ice cream parlor.

It had a counter with eight stools and six tables, each with four chairs. Also, we had carry-out orders.

Augie and I ran the place. He brought in the big cans from the freezer. If a can had not been out long, the ice cream was hard as a rock. When it got to the bottom, I almost fell in, reaching for the last scoops. I developed a pretty strong right arm.

The owner was not in it for profit, but only to show what could be done with champion cows' milk. So, we had every kind of syrup and topping. Everything had a crown of whipped cream. Augie and I had fun creating what we called "our masterpieces."

We were popular with ladies whose husbands brought them and their two guests for a treat. After they had eaten, the ladies settled down for a nice, long visit. The husband sat waiting, sipping from his glass of water now and then.

On our page of Rules, one was: "Every guest shall have his water glass re-filled once it reaches half-full or less." The owner often came in "to observe." He sat, watching the tables. When he saw a "low glass," he cleared his throat loudly. Hearing him, I looked at him. He nodded his head toward a partly full glass.

With my big glass pitcher of water, I rushed over to refill a husband's glass. (We didn't have a public restroom.) The husband looked miserable and put his hand over his glass saying, "Don't fill it!" I explained, "A full glass is one of our services, sir." He said: "All right. Fill it. I will try not to drink it." The visiting ladies didn't notice.

One time, a man at the counter, for whom I made a masterpiece, told me he enjoyed it. After he left, I noticed a nickel on the counter. I grabbed it and rushed after him. As I caught up with him, I said breathlessly: "You forgot your change!" He smiled and said: "That was your tip."

Someone had to explain to me what a tip was. I couldn't understand it. I was being paid to make my masterpieces to celebrate champion cows. And here I was, getting free money besides.

I spent my tip for a double dip cone that I ate on my two mile walk home. Life is good!

Page 4

Wine & Dine

MARCH 20

5:30

Appetizer

Chili Lime Shrimp Cup

Salad

Dirty Martini Salad

Entree

Veal Chop

stuffed with Ricotta Cheese,

Spinach and Tomato

Potato Latkes

Matchstick Vegetables

Dessert

Cherries Jubilee
over Cherry Ice Cream

Prairie Star Event Center
Reserve Your Spot Now!

\$27



MEADOWLARK

Memory Program

MEMORY MATTERS

Monday, March 29, 2021
6 to 8 p.m. via Zoom

IL Residents can attend in-person in the Community Room.

<https://us02web.zoom.us/j/88032108331>

or by Phone: 1 (312)626-6799

Meeting ID: 880 3210 8331

6:00 p.m. ~ Presentation & Discussion with Dr. Ryan Townley

*“Dementia Diagnosis Matters: Improving our Prevention, Diagnosis, and Care”
Dr. Townley is an assistant professor in the Department of Neurology at the University of Kansas Medical Center and Alzheimer's Clinical Trials Consortium Associate Director and Primary Investigator at the University of Kansas Alzheimer's Disease Center.*

6:50 p.m. ~ Exercise Break

7:00 p.m. ~ Local Resources in Times of COVID-19: Heather Sloan, APRN

Heather is a certified Advance Practice Registered Nurse for the Meadowlark Medical Professionals. She will provide information about resources available for those with cognitive changes and their care partners.

7:30 p.m. ~ Closing: Question & Answer Session

Our goal is to provide outreach and education about dementia and Alzheimer's, while also helping to encourage engagement and understanding; ultimately helping to de-stigmatize cognitive decline/changes.

No reservations are required to attend this free event.

For more information, please contact Michelle Haub at (785) 323-3899.

COMMUNITY, from page 1

need recovery assistance.

With this new health-centered building, Meadowlark’s Special Programs will be able to expand beyond the constraints of the current spaces on campus. It is never too early to focus on enhancing and cultivating high-quality brain health and through Meadowlark’s special outreach programs, more individuals in the region will have the opportunity to connect with resources such as trained medical professionals, health-specific programming, and collaborations with other community entities like the Marianna Kistler Beach Museum of Art, UFM, and the Flint Hills Discovery Center.

Meadowlark is dedicated to its residents, team members, and the greater community. “Meadowlark has long been focused on supporting the local community both on and off its campus,” said Lonnie Baker, Meadowlark CEO. “Focusing on the organizational priorities of health, wellness, and living life in way that is fulfilling is exciting and motivating for our team.”

What people are looking for in retirement has and will continue to evolve. In a recent Community Needs Assessment, it was

determined that Manhattan needed and could support more age and income appropriate housing. People who are considering a move to Meadowlark have indicated they enjoy the lifestyle living on the campus has to offer and would like to see a modern living option with high ceilings, lots of natural light, underbuilding parking, and is pet friendly. This knowledge prompted the plan to build The Monarch, a 24-unit independent living apartment building centrally located on the campus. The building will be divided into two towers connected by a common space at the main level.

A medical office building will be constructed on Meadowlark’s land located off of Tuttle Creek Boulevard next to the Blue Hills Shopping Center. CenterPointe Physicians, PA will lease the 7,000 square foot clinic continuing their community focus of primary care for all ages. CenterPointe was founded in 2018 by Dr. Segen Chase and Dr. Matthew Floersch who have been practicing in the area for nearly 15 years. Meadowlark’s longtime partnership with CenterPointe lead to this opportunity to further enhance primary care for the residents of Meadowlark and the

greater Manhattan community.

For nearly a decade, Meadowlark has been on a campus expansion journey focused on wellness, in addition to enhancing lifestyle options and amenities. On Meadowlark’s campus there is a nature area at Bayer Pond and a trail system spanning the organization’s 55 acres. Within the outdoor nature area, residents and families can enjoy a fishing pond, two pond-side gazebos, a birding glen, wildflowers, and a variety of terrains throughout the trail system, which also features two beautiful bridges.

In July 2019, the courtyard, which is centrally located in the main building, was renovated and is now home to a fire pit, putting green, walking path, covered seating, outdoor dining options, a bar and grill, and a bocce court.

In August 2020, Meadowlark’s restaurant and pub expansion and kitchen renovation was completed. This project began before the COVID-19 pandemic broke and because of its completion date falling in the middle of heightened precautions, the restaurant opened for in-person dining for the first time on Feb. 8, 2021.

Currently, in-person dining is limited to Meadowlark independent living residents, only. Prairie Star Restaurant has expanded pub and dining space and added event space that can accommodate up to 250 people. The grand re-opening date for the new and renovated restaurant has not been determined; however, at that time the Prairie Star Restaurant will be open to the public.

Solutions from 3/4.

C	C	O	N	E	W	Y	O	R	K	Y	R	U	U
H	I	J	A	M	E	S	T	O	W	N	Z	O	F
B	E	L	L	U	B	M	U	R	T	S	R	M	R
A	M	Y	A	Z	E	R	U	I	F	R	E	D	I
L	E	L	E	A	R	D	I	L	T	R	K	H	E
L	R	B	D	N	Y	P	Y	R	U	E	A	K	N
A	T	O	D	R	A	C	I	R	S	B	M	O	D
M	Z	T	R	A	R	U	I	O	E	Z	U	E	S
R	N	D	M	Y	I	S	E	D	D	M	L	B	H
U	E	R	T	Y	K	C	I	R	M	U	R	D	I
R	E	D	H	E	A	D	W	A	U	A	E	N	P
N	D	D	R	A	S	E	T	H	E	L	M	Y	A
E	M	A	G	I	L	L	A	C	U	T	T	Y	E
Y	R	T	I	M	Y	D	E	M	O	C	N	T	N

S	P	A	R	A	F	O	U	L	T	R	I	M		
T	I	L	E	P	E	N	N	Y	R	E	D	O		
E	X	A	C	T	I	T	U	D	E	A	G	E	D	
A	I	M	R	A	I	S	E	G	U	I	S	E		
L	E	O	P	A	R	D	S	T	E	M	S			
			I	C	Y	M	I	S	M	A	T	C	H	
C	R	A	N	E	C	O	R	K	S	R	O	E		
L	A	B	S	S	H	O	E	S	H	A	L	L		
A	G	O	E	L	A	N	D	C	O	R	A	L		
P	A	R	A	S	O	L	S	B	O	A				
			I	M	P	E	L	D	O	O	R	M	A	T
B	O	G	E	Y	E	N	U	R	E	A	L	I		
A	K	I	N	S	N	A	P	D	R	A	G	O	N	
L	A	N	D	A	G	I	L	E	S	M	O	G		
D	Y	E	S	D	E	F	E	R	S	A	F	E		

Art Engagement *from the* Beach Museum of Art

Pick Three. When choosing artworks to group together, it might be helpful to have a common thread between them. Perhaps it is color, subject matter, similar shapes, lines or composition. If you were planning to curate a group of three artworks and you only had the four shown here to choose from, which three would you put together and why? How many groupings of three can you make using different commonalities?



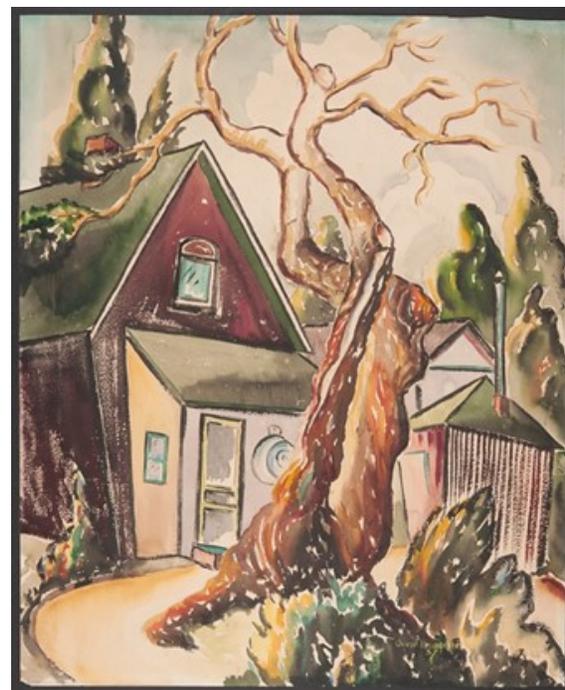
Michael Noland, *Shattered Dream*, 1985, Lithograph on paper, KSU, Marianna Kistler Beach Museum of Art, Friends of the Beach Museum of Art purchase, 1997.137



Robert Blunk, *Greenhouse Near Waldo*, 20th Century Gouache on paper KSU, Marianna Kistler Beach Museum of Art, gift of the family of Katherine and Robert Blunk, 2011.223



Janet Turner
Construction: Powerhouse, 1949
Screenprint on paper
KSU, Marianna Kistler Beach Museum of Art, gift of Jim and Virginia Moffett, 2000.258



Orval F. Hempler, *Title unknown (house with tree)*, 1937, Watercolor on paper
KSU, Marianna Kistler Beach Museum of Art, gift of Stephen D. and Beth Horney, in memory of Mildred Dean Wiruth (Dean Wiruth Horney), 2011.25



PRAIRIE STAR

Dine • Drink • Gather

(785) 323-3820

Dine In, Delivery, & Carry Out
Reservations optional

Restaurant Hours

Delivery-only Breakfast

Daily from 7 to 10 a.m.

Lunch & Dinner

Daily from 10:30 a.m. to 7 p.m.

Espresso Drinks

7 a.m. to 4 p.m.

All specials include a starter and dessert.

SUNDAY	March 14 ~ Lunch \$13	Dinner \$11
	Grilled Cilantro Lime Chicken Breast with Mango Salsa Cilantro Rice Vegetable du Jour	Ham & Beans Cornbread Vegetable du Jour
MONDAY	March 15 ~ Lunch \$10	Dinner \$13
	Steamed Bratwurst Fried Potatoes Choice of Vegetable	Chicken Pecan with Dijon Sauce Wild Rice Vegetable du Jour
TUESDAY	March 16 ~ Lunch \$10	Dinner \$13
	Baked Ziti Garlic Toast Choice of Vegetable	Grilled Pork Chop with Apple Sauce Hashbrown Casserole Vegetable du Jour
WED.	March 17 ~ Lunch \$10	Dinner \$10
	St. Patrick's Day Special! Corned Beef & Cabbage Parsley Boiled Potatoes	St. Patrick's Day Special! Corned Beef & Cabbage Parsley Boiled Potatoes
THURS.	March 18 ~ Lunch \$10	Dinner \$14
	Chicken Enchiladas Rice & Beans	Pesto Shrimp Spaghetti Marinara Garlic Toast Vegetable du Jour
FRIDAY	March 19 ~ Lunch \$10	Dinner \$14
	Catfish Po'Boy French Fries Coleslaw	Trout Almandine With Tartar Sauce Roasted Red Potatoes Vegetable du Jour
SAT.	March 20 ~ Lunch \$10	Dinner \$14
	Fried Chicken Wings Macaroni & Cheese Choice of Vegetable	Braised Short Ribs Garlic Mashed Red Potatoes Vegetable du Jour

Weekly Opportunities Calendar *March 14 to March 20*



SPRING FORWARD!
Daylight Savings Time begins at 2 a.m. Sunday, March 14.
Remember, move your clocks ahead by ONE HOUR on Saturday night.

Sunday • March 14

10:30 a.m. ~ Worship Service, EC

Monday • March 15

9:30 a.m. ~ Seated Strength, CR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 1:30 p.m. ~ Contemporary God Talk, BR
 1:45 p.m. ~ Parkinson's Voice Class, CR
 5:30 p.m. ~ 5th Floor Supper, BR
 7:00 p.m. ~ BINGO Night, EC

Tuesday • March 16 *Trash & recycling pick-up*

10:30 a.m. ~ Steady Yourself, CR
 11:15 a.m. ~ Chair Yoga, CR
 2:00 p.m. ~ Memory Activities Class, CR
 5:30 p.m. ~ 2nd Floor Supper, BR

Wednesday • March 17

9:30 a.m. ~ Seated Strength, CR
 10:00 a.m. ~ Walmart/Dillon's Shopping Trip, VE
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 3:00 p.m. ~ Rock Steady Boxing, CR
 3:00 p.m. ~ Sing-Along Social, EC

Thursday • March 18

9:00 a.m. ~ Messenger Team, KSU CL
 10:30 a.m. ~ Steady Yourself, CR
 1:00 p.m. ~ Parkinson's Exercise Class, CR
 3:00 p.m. ~ Rock Steady Boxing, BF

Friday • March 19

9:30 a.m. ~ Seated Strength, CR
 10:30 a.m. ~ Weights 101, CR
 11:30 a.m. ~ Sit & Be Fit, CR
 1:00 p.m. ~ Parkinson's Exercise Class, BF
 1:00 p.m. ~ PD Care Partner Support Group, BF

Saturday • March 20

10:30 a.m. ~ Shopping Trip: Hobby Lobby & Dollar General, VE
 5:30 p.m. ~ Wine & Dine, EC (*reservations required*)

Room Abbreviations

BF, Body First	GR, Game Room
BR, Bison Room	HD, Hospitality Desk
CR, Community Room	KSU CL, KSU Classroom
CY, Courtyard	PS, Prairie Star Restaurant
EC, Event Center	VE, Village Entrance
GC, Grosh Cinema	



Zoom Opportunities Calendar *March 15 to March 19*

E-mail Michelle at michelle.haub@meadowlark.org for log-in information unless otherwise noted below.

Monday, March 15

10:30 a.m.	Mindful Memoirs Group
1:45 p.m.	Parkinson's Voice Class
2 p.m.	Change & Loss Support Group Email kspearman@meadowlark.org for log-in info.

Tuesday, March 16

1 p.m.	Parkinson's Exercise Class
2 p.m.	Memory Activities Class

Wednesday, March 17

10 a.m.	Memory Care Partner Support Group Contact Bridget for the log-in info by calling (785) 323-3837.
1 p.m.	Memory Café

Friday, March 18

10:30a.m.	Mindful Memoirs Group
1 p.m.	Parkinson's Exercise Class



CHANNEL 1960

Entertainment Guide

Sunday, March 14

9:00 a.m.	Sweat It Out Exercise Class
10:30 a.m.	NEW Worship Service with Chaplain Patty Brown-Barnett
12:00 p.m.	(Re-run) Meadowlark Update with Lonnie Baker, CEO
2:00 p.m.	(Re-run) Worship Service with Chaplain Patty Brown-Barnett
3:00 p.m.	Progressive Muscle Relaxation with Bridget Larkin, LMSW
3:30 p.m.	Chair Yoga

Monday, March 15

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class

Tuesday, March 16

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Exercise Class
2:00 p.m.	Steady Yourself Exercise Class

Wednesday, March 17

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	(Re-run) Worship Service with Chaplain Patty Brown-Barnett
2:00 p.m.	Weights 101 Exercise Class

Thursday, March 18

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Exercise Class
2:00 p.m.	Steady Yourself Exercise Class

Friday, March 19

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
12:00 p.m.	NEW! Channel 1960 News NEW! Meadowlark Update with Lonnie Baker, CEO
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
5:00 p.m.	(Re-run) Channel 1960 News (Re-run) Meadowlark Update with Lonnie Baker, CEO

Saturday, March 20

9:15 a.m.	(Re-run) Meadowlark Update with Lonnie Baker, CEO
9:30 a.m.	Band Bust Exercise Class
2:00 p.m.	Band Bust Exercise Class
3:15 p.m.	(Re-run) Meadowlark Update with Lonnie Baker, CEO

NEIGHBOR, from page 1

Club member and with First United Methodist Church. Roberts spent 16 years as a member of the Manhattan Chamber's Legislative Affairs committee.

In 2010, Roberts was the first recipient of the Nancy Landon Kassebaum Kansas Federation of Republican Women Award. She served as a delegate to the Republican National Convention in 1984, and was chosen as an alternate for two other national conventions. She was a presidential elector to the Electoral College in 1980 and 1984, and was named local Republican of the Year in 1986.

Dixie and her beloved Tom were married nearly 73 years before his death in late 2019. Their sons Tom and Brad and their wives live in Manhattan. She has four grandsons and four great-grandchildren. In addition to being an active grandparent, Dixie has enjoyed traveling, sewing, photography, and attending K-State sporting events.

She looks forward to spending time with current Meadowlark friends and making new ones.



GROSH CINEMA SHOWTIMES

MONDAY TO SATURDAY 1:00 P.M. / 4:00 P.M. / 7:00 P.M.
SUNDAY 2:00 P.M. / 6:00 P.M.

SEASONAL SUNDAY: March 14

WILD MOUNTAIN THYME (2020) PG-13, 1 hr. 42 min. *Drama, Romantic*

Cast: Emily Blunt, Jamie Dornan, & Jon Hamm

Headstrong farmer Rosemary Muldoon has a crush on oblivious Anthony Reilly, the scion of a neighboring family farm. But a relationship starts to bloom when his hotheaded dad threatens to sell the place.

MUSICAL MONDAY: March 15

RESIDENT REQUEST

THE GREATEST SHOWMAN (2017) PG, 1 hr. 45 min. *Biography, Drama, Musical*

Cast: Hugh Jackman, Michelle Williams, & Zac Efron

Celebrates the birth of show business and tells of a visionary who rose from nothing to create a spectacle that became a worldwide sensation.

TRUE TUESDAY: March 16

DREAM BIG (2017) TV-PG, 42 min. *Documentary, Science, Inspiring*

Cast: Jeff Bridges

Narrated by Jeff Bridges, this compelling documentary examines some incredible achievements of engineering from across the globe.

WESTERN WEDNESDAY: March 17

FAR AND AWAY (1992) PG-13, 2 hr. 20 min. *Adventure, Drama, Romance*

Cast: Tom Cruise, Nicole Kidman, & Thomas Gibson

Two 19th-century Irish immigrants journey to America together: Joseph is a poor farmer who's lost everything, while Shannon is chafing against her privileged but stifling upbringing. They find love together as they endure a series of hardships.

THRILLER THURSDAY: March 18

ANGELS & DEMONS (2009) PG-13, 2 hr. 18 min. *Thriller, Mystery, Suspenseful*

Cast: Tom Hanks, Ewan McGregor, & Ayelet Zurer

A Harvard symbologist races to uncover clues that will help stop an attack on the Vatican by a secret society looking to retaliate for old persecutions.

FEATURE FRIDAY: March 19

THE CALL OF THE WILD (2020) PG, 1 hr. 40 min. *Adventure, Drama, Family*

Cast: Harrison Ford, Omar Sy, & Cara Gee

Jack London's classic story from 1903 about Buck, a dog kidnapped from his home in California and taken to the Yukon where he is mistreated until a prospector discovers him. Although the two are bonded, Buck yearns to run free with the wild dogs in the wilderness.

SWEET SATURDAY: March 20

PETER RABBIT (2018) PG, 1 hr. 33 min. *Feel-good, Goofy, Family*

Cast: James Corden, Rose Byrne, & Domhnall Gleeson

Peter Rabbit's feud with Mr. McGregor escalates to greater heights than ever before as they rival for the affections of the warm-hearted animal lover who lives next door.