



MEADOWLARK

Messenger

Oct. 19, 2020

Manhattan, Kansas

Messenger Editor: Sarah Duggan

Mini Monday Messenger

Rock the Vote!

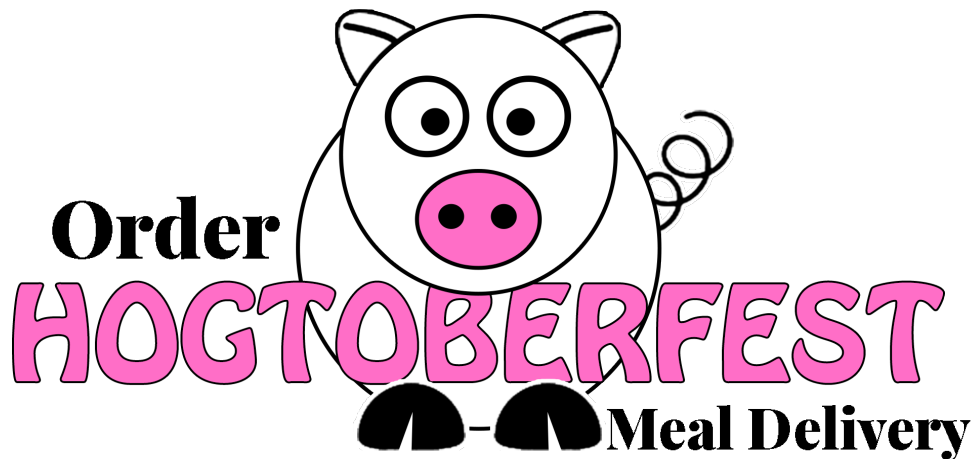
Sample ballots are now available at the Hospitality Desk.

Election Day is Tuesday, Nov. 3, and early voting from now until then is available in the Courthouse annex from 8 a.m. to 5 p.m.

Please call the Clerk's office at (785) 537-6364 with questions about registration or voting ballot status.

If you have requested a mail-in ballot, they should be arriving in your mailbox soon. *Options once you've completed and sealed your ballot:*

1. **Mail:** Drop in a USPS mail slot for regular mail delivery.
2. **Courthouse Drop Box:** There is a ballot drop box labeled "Riley County Drop Box" (**NOT** the PO Box) outside of the Courthouse annex that you can put your ballot in. The ballot drop box is on the north side behind the PO Box.
3. **OR Coordinate a Drop-Off:** If you are unable to drive yourself or do not want to go inside the courthouse, you can arrange a ballot drop-off through the Hospitality Desk. **Ballots cannot be left at the desk. They must be handed to an authorized deliverer, which includes Michele Riter, Jana Armfield, and Monte Spiller.** Please bring your ballot between 6 a.m. and 2 p.m. Thursday, Oct. 22, or Monday, Oct. 26.



by Becky Fitzgerald

Oink! It's time for a few HOGtoberfest announcements. We're 11 days away from our favorite fall FOOD, FRIENDS, and FUNdraising event, so let's start with news about the day's specials. HOGtoberfest is set for 11 a.m. to 9 p.m. Thursday, Oct. 29.

The cooking Cox brothers, Bud and Bobby, have opted not to offer a slider buffet during lunchtime at the restaurant. Instead, persons who dine in, carry out or visit the drive-thru will be able to order from the regular menu, or they may select a German Sausages Platter for \$10.99. In addition to the Cox Bros. smoked sausage that's regularly available, this meal also will include a specialty sausage made in Clay Center, sauerkraut, and warm German potato salad. The sausage platter will be available beginning at 11 a.m. How appropriate for an Oktoberfest-themed event!

A whole hog roast buffet is planned for 5 to 8 p.m., and will include all-you-can eat pork, pulled

chicken, potato salad, pineapple cole slaw, smokehouse beans, and apple cobbler. Cost is \$13.99. Specialty sausage will be added to the buffet if supply allows. Because COVID-19 continues to be a concern, April Garetson, Restaurant Operating Partner, would like event-goers to know that Cox Bros. BBQ is committed to providing a safe environment. Restaurant staff will wear gloves and masks to serve customers in the buffet lines rather than customers serving themselves. Customers will be required to wear masks unless eating, and maintain 6 feet of separation while waiting to order or receive buffet items.

Garetson reminds us that carry out and drive-thru orders also count toward the day's total, so persons who do not feel comfortable dining in are invited to enjoy food and beverages to go. Meadowlark residents have the opportunity to order either lunch and/or dinner in advance, and those meals will be packaged and delivered on Oct. 29. Two small

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Work That Brain!

Sudoku is played on a grid of 9x9 spaces. Each row, column, and square needs to be filled out with the numbers 1-9 without repeating any numbers within the row, column, or square. If you don't know what number to put in a certain space, keep scanning the other areas of the grid until you see an opportunity to place a number.

	1					3		
	7		8	9		5		
		5	7			6	9	2
				2			3	6
			5		6			
3	6			4				
8	9	6			1	4		
		2		7	4		8	
		7					6	

Football Word Scramble

DAOHNFF

TLACKE

UMLFBE

CKSA

ODNNZEE

OPCINNIRTEET

FAIGEODLL

IKKOFCE

ITHTNDGE

SPAS

Paris

Solutions from 10/12

T	A	T	A	T	R	E	L	I	G	H	T	S	R
B	A	G	E	T	T	E	F	U	R	I	U	C	E
E	C	N	A	R	F	V	P	A	C	H	R	H	S
E	H	P	R	A	M	A	F	C	C	L	G	A	O
E	A	M	E	R	M	A	U	S	A	S	H	N	R
V	G	O	T	T	I	G	U	R	P	I	M	E	T
O	S	R	O	I	D	A	E	E	N	A	E	L	N
L	I	T	T	R	C	R	O	I	S	S	A	N	T
P	R	V	T	H	A	M	U	E	S	U	M	C	O
P	A	H	T	A	H	E	S	P	A	S	T	R	Y
N	P	E	R	V	U	O	I	M	O	D	E	R	N
M	E	H	P	M	O	I	R	T	E	D	C	R	A
F	A	S	H	I	O	N	S	D	A	T	C	D	R
E	I	G	N	I	T	N	I	A	P	T	S	T	A

7	6	4	1	2	8	9	3	5
5	8	9	7	3	4	6	1	2
3	1	2	6	9	5	4	7	8
8	3	5	2	4	6	1	9	7
6	9	7	3	8	1	5	2	4
2	4	1	9	5	7	8	6	3
9	5	3	4	1	2	7	8	6
1	7	8	5	6	3	2	4	9
4	2	6	8	7	9	3	5	1



DELIVERY, from page 1

pork and/or chicken sandwiches with side dishes are available for lunch. A larger pulled pork or chicken sandwich with sides and dessert is offered for dinner. Please complete a to-go form included with today's Messenger.

Please return to the Hospitality Desk by noon on Monday, Oct. 26. Your order total will be added to your monthly statement.

If you previously ordered a HOGtoberfest mask, they've arrived! One of our sponsors, Meritrust Credit Union, opted to provide this comfortable, health-conscious item for our 7th annual event. Please see Michele Riter to pick up your mask, or purchase one if you haven't already. The masks feature adjustable straps, a nose wire, and a pocket for an optional filter. Masks are \$5 each, and the supply is limited.

Event T-shirts also have arrived except for short-sleeve shirts in extra-large. Those are expected to arrive this week. If you previously ordered a shirt, see Michele Riter to claim, or it will be delivered to you. A few additional shirts were ordered in a variety of sizes, so please contact Michele if you'd like to order one. Short-sleeve shirts are \$15 each; the long-sleeve version is \$18.

All proceeds from HOGtoberfest benefit the Good Samaritan Fund, which assists residents living in a Meadowlark Hills healthcare household who have exhausted their resources.

Meadowlark Employee Appreciation Gift

submitted by the Employee Gift Committee

It's time to contribute to our annual staff appreciation gift fund that offsets our no-tipping policy. In this year of COVID, though, it's been a difficult, new experience for everyone—for residents, and for staff members and their families.

Giving it totally private, as gifts go directly to the bank. Keep in mind that they are not tax deductible. Send your check, payable to the Employee Gift Fund, to the Meadowlark Hospitality Desk at 2121 Meadowlark Road, Manhattan, KS 66502—or drop it off in the box in Meadowlark's lobby. **The deadline for giving is Oct. 31.**

Courtyard Maintenance, continued

The painter will continue to work in the Courtyard to apply stain this week from tomorrow, Oct. 20 to Thursday, Oct. 22. Residents and staff should remain out of the Courtyard on these days. The scheduled maintenance is weather dependent.

Ice Cream Treat

Substitute a Heath Candy Ice Cream Bar for your dessert this week when you order a special or order it anytime for just \$2!

Board Member Election

Earlier this month, nominations were received for the vacant position on the Meadowlark Board of Trustees reserved for an independent living resident. Nyle Larson is the current candidate for the position.

Ballots were distributed Thursday, Oct. 15, to all residents in independent living. The ballot will have a "Yes" or "No" vote option for candidate Nyle Larson to serve a second term on the Meadowlark Board of Trustees.

There will be a box located at the Hospitality Desk to drop your ballot. The deadline to vote is Thursday, Oct. 22, at 5 p.m. Please contact, Monte Spiller with any questions. (785) 323-3801.

2021 Part D Open Enrollment

submitted by Rita Harsch, Financial Counselor

Each year, you have from Oct. 15, to Dec. 7 to review your current Part D plan to see if this current plan will meet your prescription needs in 2021. Please review any information you may have received in the mail letting you know what your new monthly premium will be in 2021.

If you need assistance with reviewing your drug plan for 2021, please contact the following:

- ~ Make an appointment at Riley County Senior Center to set up a face -to-face meeting . Appointments are available on Tuesdays, Wednesdays, and Thursdays. Call (785) 537-4040 to schedule your visit. Masks are required.
- ~ North Central Area Agency on Aging (Manhattan), (785) 776-9294.
- ~ Riley County Extension Office (Manhattan), 785-537-6350.
- ~ Rita Harsch, Meadowlark Financial Counselor (785) 323-3891.

Weekly *Face-to Face* Opportunities Calendar Oct. 20 to Oct. 24

Tuesday • Oct. 20 *Trash & recycling pick-up*

9:30 a.m. ~ Sit & Be Fit, PS EC
11:00 a.m. ~ Steady Yourself, PS EC
1:00 p.m. ~ Parkinson's Exercise, PS EC
2:00 p.m. ~ Memory Activities Class, PS EC

Wednesday • Oct. 21

9:30 a.m. ~ Seated Strength, PS EC
11:00 a.m. ~ Weights 101, PS EC
1:00 p.m. ~ Memory Cafe, PS EC

Thursday • Oct. 22

9:30 a.m. ~ Sit & Be Fit, PS EC
11:00 a.m. ~ Steady Yourself, PS EC
1:00 p.m. ~ Staff Spotlight: Sara Snell, PS EC
5:30 p.m. ~ Dinner Theater, PS EC

Friday • Oct. 23

9:30 a.m. ~ Seated Strength, PS EC
11:00 a.m. ~ Weights 101, PS EC
1:00 p.m. ~ Parkinson's Exercise, PS EC

Saturday • Oct. 24

11:00 a.m. ~ KSU Football Watch Party, PS EC &

Virtual Programming, 10/20 & 10/21

Tuesday, Oct. 20

1 p.m.	Parkinson's Exercise Class URL: us02web.zoom.us/j/87980256567 Meeting ID: 879 8025 6567
2 p.m.	Memory Activities Class URL: us02web.zoom.us/j/82043111342 Meeting ID: 820 4311 1342

Wednesday, Oct. 21

10 a.m.	Memory Care Partner Support Group Contact Bridget Larkin, LMSW for the log-in info by calling (785) 323-3837.
1 p.m.	Memory Café URL: ksu.zoom.us/j/92215181862 Meeting ID: 922 1518 1862



Meadowlark Entertainment Guide

Tuesday, October 20

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
7:00 p.m.	Explained: (!) <i>Linguists and copy editors look at how the punctuation has adapted across history, literature, and internet-speak. Do we overuse exclamation points!?</i>

Wednesday, October 21

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Worship Service: <i>God's Mysterious Ways</i>
2:00 p.m.	Weights 101 Exercise Class

Thursday, October 22

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class

Friday, October 23

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
12:00 p.m.	Channel 1960 News
12:30 p.m.	Update with Lonnie Baker
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
5:00 p.m.	Channel 1960 News, <i>Re-run</i>
5:30 p.m.	Update with Lonnie Baker <i>Re-run from 12:30, 10/23</i>