



# Online Opportunity

See auction items on custom website during 2020 Art Mingle

*By Becky Fitzgerald*

A silver lining of COVID-19 is arguably the creativity and can-do spirit the virus has prompted among the nation's fundraising community. Where there's a will, there's a way has been evident in Manhattan this spring and summer as numerous not-for-profit organizations have opted to postpone and/or change their fundraising events rather than cancel them.

This year's primary fundraiser for Meadowlark Memory Program is following suite. Meadowlark Foundation is partnering with a Lakeland, Fla., company called QGiv to present Art Mingle: Online Bid & Give.

QGiv has developed software which enables non-profits to more easily register event participants, manage peer-to-peer fundraising, and host virtual auctions. No, there won't be fabulous food and face-to-face mingling, two favorite features in previous years, but yes, the 3rd annual event has attracted two special guest artists and boasts a variety of silent auction items to tempt bidders.

Paintings, prints, jewelry, and more may be viewed on a custom Art Mingle website beginning Sept. 21, with the auction starting Monday, Sept. 28 and running for several days. Participants

Featured artists Zak Barnes and Louis Copt are providing four paintings for this year's online auction. (Clockwise from top right) *Hill Girl* by Barnes, *Prairie on Fire* by Copt, *Hammerhead* by Barnes, and *Starry Night Barn* by Copt.

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# Face-to-Face Programming

Face-to-Face Programming Opportunities are available for independent living residents in the new Prairie Star Restaurant Event Center. Reservations are required and can be made by calling (785) 323-3847, unless otherwise noted. Cottage/duplex residents must be screened at the Village Entrance before entering the building. **Masks are required.**

**NEW FACE-TO-FACE OPPORTUNITIES!**  
Starting Sept. 14, Bingo will be offered each Monday at 7 p.m. Space is limited to 25 people. In-person Church Service will begin Sunday, Sept. 20. Attendance is limited to 25 people. A replay of the church service will air the following Wednesday and Sunday after the in-person service.

**Bingo & Church Service:** Advance sign-ups available.

**Exercise Classes:** Same-day/next-day sign ups, only.

**Dinner Theater:** Make your reservation by calling Prairie Star Restaurant at (785) 323-3820.



## September Dinner Theater

Every Thursday Evening in Sept. at 5:30 p.m.  
Event Center at Prairie Star Restaurant  
Space is limited. Please contact Prairie Star Restaurant at (785) 323-3820 to select one date. Entertainment will vary from week to week.

### Strawberry Feta Salad

### Seared Petite Filet

with Burgundy Butter Sauce  
served on Potato Pancake  
and topped with Fried Shallots

### Grilled Zucchini

### Peach Crème Brulee with Mini Sugar Cookies

\$22 per person

### Friday, Sept. 11

9:30 a.m.	Seated Strength Exercise
11:00 a.m.	Weights 101 Exercise Class
1:00 p.m.	Staff Spotlight: ML Home Health

### Monday, Sept. 14

9:30 a.m.	Seated Strength Exercise
11:00 a.m.	Weights 101 Exercise Class
1:00 p.m.	Staff Spotlight: Prairie Star Team
7:00 p.m.	Bingo

### Tuesday, Sept. 15

9:30 a.m.	Sit & Be Fit Exercise Class
11:00 a.m.	Steady Yourself Exercise Class
1:00 p.m.	Staff Spotlight: Prairie Star Team

### Wednesday, Sept. 16

9:30 a.m.	Seated Strength Exercise
11:00 a.m.	Weights 101 Exercise Class
1:00 p.m.	Staff Spotlight: Prairie Star Team
2:00 p.m.	Staff Spotlight: Prairie Star Team

### Thursday, Sept. 17

9:30 a.m.	Sit & Be Fit Exercise Class
11:00 a.m.	Steady Yourself Exercise Class
1:00 p.m.	Staff Spotlight: Prairie Star Team
5:30 p.m.	Dinner Theater

### Friday, Sept. 18

9:30 a.m.	Seated Strength Exercise
11:00 a.m.	Weights 101 Exercise Class
1:00 p.m.	Staff Spotlight: Prairie Star Team

### Sunday, Sept. 19

10:30 a.m.	Sunday Church Service with Chaplain Patty Brown-Barnett
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## Community Garden reminder

Please do not pick the produce in plots reserved by others. There have been reports of garden's being picked by those who aren't tending it.

## Virtual Programming

*Virtual Programming Opportunities are available through the online platform Zoom. If you are unfamiliar with Zoom, let us know and we can provide a quick tutorial. Use Zoom via a smartphone; tablet; or a laptop or desktop computer.*

### Parkinson's Voice Class

Michelle Haub, Special Programs Leader, is conducting a voice class each Monday from 1:30 to 2:30 p.m. During class, participants will engage in breathing, resonance, voice and body, and voicing exercises, as well as some reading and conversation. To log into the class, use the following URL:

**URL:** <https://us02web.zoom.us/j/82844488642>

**Meeting ID:** 828 4448 8642

### Memory Café

Join Michelle Haub, Special Programs Leader, for a live Zoom opportunity focused on reminiscing and social interaction. The next Memory Cafe will take place on Wednesday, Sept. 16, at 11 a.m. To join the meeting, use the following URL and Meeting ID.

**URL:** <https://us02web.zoom.us/j/88903923826>

**Meeting ID:** 889 0392 3826

### Change & Loss Support Group

Join Bridget Larkin, LMSW, and Kathleen Spearman, LMSW, for the live and virtual Change and Loss Support Group each Monday from 2 to 3 p.m. To participate, please email Kathleen at [kspearman@meadowlark.org](mailto:kspearman@meadowlark.org) for the log-in information.

### Parkinson's Exercise Class

Michelle Haub, Special Programs Leader, is teaching Parkinson's Exercise class LIVE via the online platform Zoom each week! To participate, sit in a table chair (without chair arms is best) in front of your electronic device with video capability. The class meets each Friday from 1 to 1:45 p.m. To receive the log-in link, call Michelle at (785) 323-3899.

### Memory Care Partner Group

Join the weekly Zoom meeting for the Memory Care Partner Support Group from 10 to 11 a.m. each Wednesday. The group is led by Bridget Larkin, LMSW. Contact Bridget for log-in info at (785) 323-3837.

## Channel 1960 Programs

### Update with Lonnie Baker

A new Meadowlark update with Lonnie Baker, CEO, will air on Channel 1960 at 12:30 p.m. tomorrow, Sept. 11, following the regularly scheduled News.

### Timeline Documentary: *Remembering the Heroes of the 9/11 Aftermath*

It has been 19 years since the 9/11 attacks on the United States of America. Tune in at 7 p.m. Friday, Sept. 11, to Channel 1960 and explore how a city came together to honor those who died protecting it during the attacks on Sept. 11, 2001.

### Babies: *First Steps*

At 10:05 a.m. Saturday, Sept. 12, for the final episode of the Netflix series titled, *Babies*. In episode five, scientists venture into the ways that walking changes a baby's world and unveil findings on neonatal reflexes, skeletal development, and talking.

### Explained: *World's Water Crisis*

Channel 1960 continues the new series, *Explained*, at 7 p.m. Tuesday, Sept. 15. In partnership with Vox Media Studios and Vox, this enlightening series will take viewers deep inside a wide range of culturally relevant topics, questions, and ideas. Each episode will explore current events and social trends pulled from the zeitgeist, touching topics across politics, science, history, and pop culture—featuring interviews with some of the most authoritative experts in their respective fields.

The second episode narrows in on the world's water crisis. The global water crisis is at an inflection point. How do we price our most valuable resource, while also ensuring access to it as a human right?



# Work That Brain!

**It's Fair Time!** Residents across Kansas are preparing their produce, livestock, baked goods and handmade items for display and judging at the Kansas State Fair. Hutchinson became the



**Charles Leroy Marshall Sr. 1947 Midway, Kansas Free Fair Grounds, Topeka, 1947**  
Watercolor with charcoal on paper, KSU, Marianna Kistler Beach Museum of Art, gift of Charles L. Marshall, Sr., presented by Maybelle M. Scheetz, 2005.96

official location of the State Fair in 1913 overcoming Topeka's bid to be the Kansas State Fair. The battle was political, and Topeka continued hosting their renamed Kansas Free Fair through the 1950's.

There will be no visitors attending the Fair this year. Perhaps you will visit with friends sharing your favorite parts of the Fair. Butter sculptures, youth 4-H displays, new product ideas, draft horse competition, the carnival rides, the food...

As you look at the two images of carnivals below what do you see that is the same or different?



**Paul Landacre**  
*Children's Carnival*,  
published 1946  
Wood engraving on paper, KSU, Marianna Kistler Beach Museum of Art, bequest of Raymond & Melba Budge, 1992.179

**Sudoku** is played on a grid of 9x9 spaces. Each row, column, and square needs to be filled out with the numbers 1-9 without repeating any numbers within the row, column, or square.

			2	4		6		
9								3
1					3		4	5
5	6			7		1		
		4	8		5	9		
		1		6			5	2
6	9		5					1
4								9
		8		9	6			

## Scrambled Bartender: Word Scramble Puzzle

TRGARE \_\_\_\_\_

HOTS \_\_\_\_\_

RASMUEE \_\_\_\_\_

ELRQUUI \_\_\_\_\_

TUILAQE \_\_\_\_\_

MELUDRD \_\_\_\_\_

ILOCAKT \_\_\_\_\_

BDRANY \_\_\_\_\_

LLLWBAO \_\_\_\_\_

YKWSIHE \_\_\_\_\_

IGN \_\_\_\_\_

NULNFE \_\_\_\_\_

RISNTRAE \_\_\_\_\_

EWLTO \_\_\_\_\_

LEUTF \_\_\_\_\_

OERCSWKCR \_\_\_\_\_

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will place bids with their smart phones using a Qgiv app called Givi. Participants will register to participate at no cost on the auction website, where they will see instructions for downloading Givi, the free bidding app.

The auction website offers photos, descriptions, and the value of auction items, with items also visible on one's phone with Givi. In addition, at the Art Mingle site, there is a page highlighting Meadowlark Memory Program, and information and photos about our two featured artists: Zak Barnes and Louis Copt, both Kansas natives whose appreciation for the Flint Hills influences their work.

Barnes attended the Columbus (Ohio) School of Art and Design. He lived several years in Chase County, Kan., painting landscapes, en plein air, and in 2004, Barnes moved to Lawrence, Kan., to live and create art full time in his rural home, adding abstract paintings and sculpture to his range of work. His distinct style combines elements of impressionism, surrealism, regionalism, and folk art coupled with a dynamic painting process.

Artist Louis Copt graduated with a degree in art from Emporia State University in 1971 and began his professional career as a full-time artist in 1985, after returning from a summer of study at the Art Students League in New York City. His current art focuses on the prairie in just about every season, but particularly the annual spring burn-off in the Flint Hills.

In addition to original works by Copt and Barnes, the auction features other fine art (paintings, prints, photographs), folk art, jewelry, hand-crafted items, and donations from local businesses.

Community First, National Bank, Goldstein Fund, Kellstrom Pharmacy, and Strecker Nelson West Gallery return as event sponsors. In addition, several other friends of Meadowlark Foundation have donated items to ensure the success of this event. In addition, several other friends of Meadowlark have donated items to ensure the success of this event.

Please watch upcoming Messengers for more details. If you've previously attended Art Mingle, you also will receive information in the coming days via email.

Questions? Please contact Becky Fitzgerald at (785) 323-3843.





**Solutions from 9/3**

1	9	8	7	5	6	4	3	2
3	2	6	1	9	4	8	5	7
5	4	7	3	2	8	1	6	9
2	6	9	5	1	7	3	8	4
7	1	3	4	8	9	5	2	6
4	8	5	6	3	2	7	9	1
9	3	2	8	4	1	6	7	5
6	5	4	9	7	3	2	1	8
8	7	1	2	6	5	9	4	3

**A Note to Meadowlark Staff**

*submitted by Nancy Kopp*

Ken and I have been Meadowlark Circle residents for almost five years. We have always been appreciative of the services given us by our staff members, but since mid-March when the pandemic took hold of our area, the staff has gone out of their way to do little extra things for all residents—the cookies we looked forward to on Tuesdays those first months, the many deliveries right to our door including meals, groceries, and packages; the small slips of paper with a quote sent with some meals; keeping us updated on information; and the always friends smiles (even behind the mask!).

Thank you to our staff for making this unprecedented time as painless as possible. You have worked tirelessly to keep us safe.

**Thank You!**

To all the green thumb gardeners, especially Warren Prawl, John Schlender, Harriette Janke, and Steve Owens. thank you for sharing your beautiful and bountiful harvest with us! From flowers and tomatoes to melons and squash, we appreciate it!

**Policy Regarding Political Campaigns**

As the politics and voting season is upon us, we would like to remind you of Meadowlark’s policies regarding political candidates and their signage.

Campaigning in the public areas (restaurant, game room, café, elevators, etc.) is not permitted. Door-to-door campaigning is not allowed. Yard signage is not allowed, however signs may be placed in the windows of your residence.

A Meadowlark resident may invite a candidate to campaign in a reserved area. This requires approval and advance registration. The candidate is allowed to make a formal presentation and have a Question & Answer session ONLY if sponsored by a resident. Announcements of candidate’s appearance must clearly state that Meadowlark is not the sponsor of the event. Political information, brochures, etc. may only be left at the Hospitality Desk at the Village Entrance.

P	U	K	E		B	L	I	N	K		A	R	S	E		
A	B	E	T		A	E	R	I	E		M	E	T	A		
C	O	N	C	E	R	T	I	N	A		U	F	O	S		
T	A	D		A	M	U	S	E		S	L	E	P	T		
S	T	O	P	G	A	P		T	A	P	E	R				
				H	E	N		C	I	C	A	T	R	I	X	
E	S	T	E	R			T	R	E	N	D		A	R	R	
S	L	O	W		A	R	E	T	E		F	L	E	A		
S	I	P		S	L	A	S	H		B	O	S	S	Y		
E	D	I	T	I	O	N	S		H	E	W					
				C	O	N	E	S		N	E	G	L	E	C	T
W	H	A	N	G		A	P	A	R	A		E	R	A		
A	I	L	S		S	C	R	I	P	T	U	R	E	S		
D	E	L	I		S	T	O	V	E		R	I	S	K		
I	D	Y	L		E	S	S	E	S		L	E	T	S		

**Scrambled Bartender**

1. Peanuts
2. Mixers
3. Coaster
4. Bottle
5. Opener
6. Pour
7. Blender
8. Bartender
9. Vodka
10. Ice Bucket
11. Shaker

# PRAIRIE STAR RESTAURANT

**Restaurant Hours**  
*Breakfast is available from 7 to 10 a.m.*  
**Monday to Saturday, 10:30 a.m. to 7 p.m.**  
**Sunday, 10:30 a.m. to 7 p.m.**

## CALL (785) 323-3820 FOR MEAL & GROCERY ORDERS.

Delivery fee has been waived. All specials include beverage, starter and dessert.  
 Lunch specials without a starter or dessert can be requested and will cost \$7 each.  
 Refreshments will not be offered in the Game Room. Coffee by the cup will be available for delivery.  
 Alcohol also will be available for delivery if purchased by the bottle.

SUNDAY	Sept. 13 ~ Lunch \$10	Dinner \$12
	Chicken & Noodles Mashed Potatoes Vegetable du Jour	Spaghetti & Meat Sauce Garlic Toast Vegetable du Jour
MONDAY	Sept. 14 ~ Lunch \$10	Dinner \$12
	Salmon Cakes <i>with Creamed Pea Sauce</i> Coleslaw Rice	Cajun Seasoned Pork Loin Corn Pudding Red Beans & Rice
TUESDAY	Sept. 15 ~ Lunch \$10	Dinner \$12
	Fried Chicken Sandwich Sweet Potato Fries Choice of Vegetable	Chicken Pecan <i>with Dijon Mustard Sauce</i> Rice Pilaf Vegetable du Jour
WED.	Sept. 16 ~ Lunch \$10	Dinner \$12
	Sweet & Sour Pork Rice Choice of Vegetable	Baked Ham <i>with Balsamic Cherry Sauce</i> Au Gratin Potatoes Vegetable du Jour
THURS.	Sept. 17 ~ Lunch \$10	Dinner \$13
	Turkey Loaf Roasted Red Potatoes Choice of Vegetable	Coconut Shrimp Twice Baked Potato Vegetable du Jour
FRIDAY	Sept. 18 ~ Lunch \$10	Dinner \$14
	Bierock German Potato Salad Choice of Vegetable	Braised Beef Brisket <i>with Horseradish Sauce</i> Hashbrown Casserole Vegetable du Jour
SAT.	Sept. 19 ~ Lunch \$10	Dinner \$15
	BBQ Wings French Fries Carrot & Celery Sticks	Pan Seared Halibut <i>with Lemon Caper Butter</i> Wild Rice Vegetable du Jour



# Meadowlark Entertainment Guide

## Friday, September 11

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:45 a.m.	Crazy Cooks: <i>Rice Krispie Treats</i> , <i>Re-run episode from 9/7</i>
12:00 p.m.	Channel 1960 News
12:30 p.m.	Update with Lonnie Baker, CEO
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
5:00 p.m.	Channel 1960 News <i>Re-run from 12:00, 9/11</i>
5:30 p.m.	Update with Lonnie Baker, CEO <i>Re-run from 12:30, 9/11</i>
7:00 p.m.	Timeline Documentary: <i>Remembering the Heroes of the 9/11 Aftermath</i>

## Saturday, Sept. 12

9:00 a.m.	Comedy Club with Chris Clouds
9:15 a.m.	Update from Lonnie Baker, CEO <i>Re-run episode from 9/11</i>
9:30 a.m.	Band Bust Exercise Class
10:05 a.m.	Babies, Episode 5: <i>First Steps</i>
2:00 p.m.	Band Bust Exercise Class
3:00 p.m.	Comedy Club with Chris Clouds <i>Re-run episode from 9 a.m., 9/12</i>
3:15 p.m.	Update from Lonnie Baker, CEO <i>Re-run episode from 9/11</i>

## Sunday, Sept. 13

9:00 a.m.	Sweat It Out Aerobics Exercise
10:30 a.m.	Sunday Church Service with <i>Chaplain Patty Brown Barnett</i>
11:00 a.m.	Explained: <i>Music</i> <i>Re-run episode from 9/8</i>

## Sunday, Sept. 13

12:00 p.m.	Update from Lonnie Baker, CEO <i>Re-run episode from 9/11</i>
2:00 p.m.	Sunday Church Service <i>Re-run episode from 10:30, 9/13</i>
3:00 p.m.	Guided Meditation

## Monday, Sept. 14

9:30 a.m.	Seated Strength Exercise Class
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Cooking with Lisa: <i>Eggs</i>
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
3:00 p.m.	Babies, Episode 5: <i>First Steps</i> <i>Re-run episode from 9/12</i>

## Tuesday, September 8

10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
2:45 p.m.	Cooking with Lisa: <i>Eggs</i> <i>Re-run episode from 9/14</i>
3:00 p.m.	MEOW (Memory Program)
7:00 p.m.	Explained: <i>World's Water Crisis</i>

## MASKED MYSTERY



*Who am I?*  
Can you  
guess the  
masked staff  
member  
correctly?  
The answer  
will be  
revealed in  
the next issue  
of the  
Messenger!