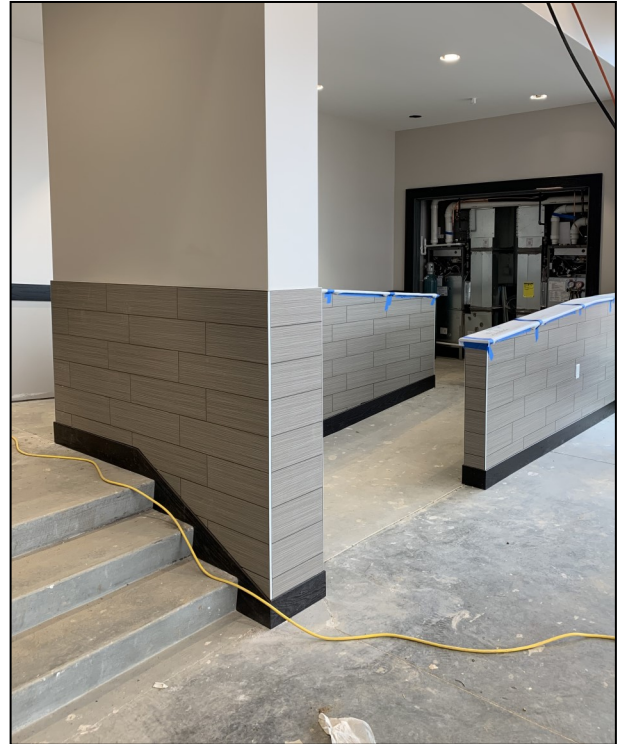


## Stone by Stone. Tile by Tile. One Day Closer!



*[above] East stairs and ramp for access to lower ballroom area.  
[left] New U-shaped bar, featuring a yellow accent wall, is taking shape!  
[below] Bar siding featuring restored whiskey barrel staves.*

In the next few weeks, final touches for Phase One of the Restaurant Expansion and Kitchen Renovation Project will be completed. During the week of Feb. 24, the new exterior door and flooring are both scheduled to be installed. Prairie Star Restaurant will be closed March 2, as the team transitions service operations in to the new bar, landing, and event space. This will be the completion of Phase One!

Beginning March 3, Prairie Star Restaurant will offer lunch and dinner in the new space throughout Phase Two of this project. This will likely last into the month of May.



*continued on page 4*

## **Prairie Star Restaurant Announcement**

Due to various upcoming events, Prairie Star Restaurant will have adjusted hours.

- Tuesday, Feb. 25: Closed for full service at dinner. Verna Belle's Café will be open until 6 p.m. to serve dinner.
- Friday, Feb. 28: Dinner will be served as a to-go only Chef's Special Buffet from 4:30 to 6 p.m. The restaurant will be closed for full service at dinner.
- Thursday, March 2: Closed for lunch and dinner. Verna Belle's will be open until 6 p.m. to serve dinner.

## **Fellowship Hour**

**Saturday, Feb. 22**

Fellowship Hour on Saturday, Feb. 22, has been canceled. The next time the group will meet is Saturday, March 28.

## **Birthday Party for Wanda Fateley**

**Saturday, Feb. 22, at 2 p.m.**

Party! Party! Join Wanda Fateley and her family to celebrate her 90th birthday! All are welcome for a reception from 2 to 4 p.m. Saturday, Feb. 22, in the Community Room. No presents, please, but cards are welcome!

## **Welsh Day & Heritage Project**

**Sunday, Feb. 23, at 2 p.m.**

Riley County Genealogy Society welcomes you to attend "Welsh Day and the Great Plains Welsh Heritage Project" by Gwen Colgrove from 2 to 3 p.m. Sunday, Feb. 23, in the Community Room. This program is free and open to the public.

Projects and programs at The Great Plains Welsh Heritage Project in Wymore, Nebraska are centered on Welsh settlement in the Great Plains region. At this presentation you will have the opportunity to learn about Wales and the Welsh legacy here in the Midwest, as well as the fantastic resource we have at the Great Plains Welsh Heritage Centre in Wymore.

## **Vespers Service**

**Sunday, Feb. 23, at 7 p.m.**

The Vespers service will be at 7 p.m. Sunday, Feb. 23, in the Community Room. This week's service will be led by Mark Queen from First United Methodist Church. All are welcome.

## **All Campus Mardi Gras Party**

**Tuesday, Feb. 25, at 1:30 p.m.**

Sloan House is hosting an all-campus party with food and friends! All are welcome to celebrate Mardi Gras with them at 1:30 p.m. Tuesday, Feb. 25, in the Community Room.

## **Coffee Corner**

**Tuesday, Feb. 25, at 3 p.m.**

Join us for a weekly social hour at 3 p.m. Tuesday, Feb. 25, in the Community Room. Enjoy a featured dessert from Verna Belle's Café. All are welcome!

## **Mardi Gras Dinner & Party**

**Tuesday, Feb. 25, at 5:30 p.m.**

Prairie Star Restaurant is hosting a Mardi Gras Party at 5:30 p.m. Tuesday, Feb. 25. Please call (785) 323-3818 or visit the host stand to make your reservation.

Prairie Star will be closed for full service at dinner. Verna Belle's Café will be open until 6 p.m. for dinner. They will serve meatloaf, mashed potatoes, and green beans for \$7.

## **ARTful Memories**

**Wednesday, Feb. 26, at 10 a.m.**

The Marianna Kistler Beach Museum of Art is hosting ARTful Memories Class from 10 to 11 a.m. Wednesday, Feb. 26, in the KSU Classroom. During this monthly session, the museum's Education Assistant, Kim Richards, will lead the group in a discussion to explore different art pieces. This class is sponsored by Meadowlark Memory Program. No sign up is necessary. Please come and go as you are able.

## **Ash Wednesday Services**

**Wednesday, Feb. 26, at 10:30 a.m. & 4:30 p.m.**

Two Ash Wednesday services will be held, Wednesday, Feb. 26. A morning service will take place at 10:30 a.m. in the Flint Hills Room, and a 4:30 p.m. service will take place in the Community Room.

Ash Wednesday marks the beginning of the Season of Lent, which prepares us for celebrating Easter on Sunday, April 12.

Receiving ashes (on the forehead or on the back of a hand) is optional. All are welcome!

## Diabetic Support Group

*Wednesday, Feb. 26, at 1:30 p.m.*

The Diabetic Support Group will meet at 1:30 p.m. Wednesday, Feb. 26, in the KSU Classroom. All are welcome. For questions, contact Lisa at (785) 323-3830.

## Lunch at Red Lobster

*Wednesday, Feb. 26, depart at 10:45 a.m.*

Since we had to cancel last month's trip due to weather, the trip to Red Lobster in Topeka has been rescheduled!

Join us for a tasty lunch at Red Lobster Wednesday, Feb. 26. Transportation will depart from the Village Entrance at 10:45 a.m. The cost for transportation is \$6 per person and lunch will be the responsibility of each individual. Please sign up in the Blue Book at the Hospitality Desk if you would like to go.

## Parkinson's Partner Luncheon

*Friday, Feb. 28, at 12 p.m.*

Join Meadowlark Parkinson's Program for a relaxing lunch at noon Friday, Feb. 28, in the Manhattan Room. Please sign up in the Blue Book at the Hospitality Desk by Monday, Feb. 24.

## Biggs & Gustin Live!

*Friday, Feb. 28, at 7 p.m.*

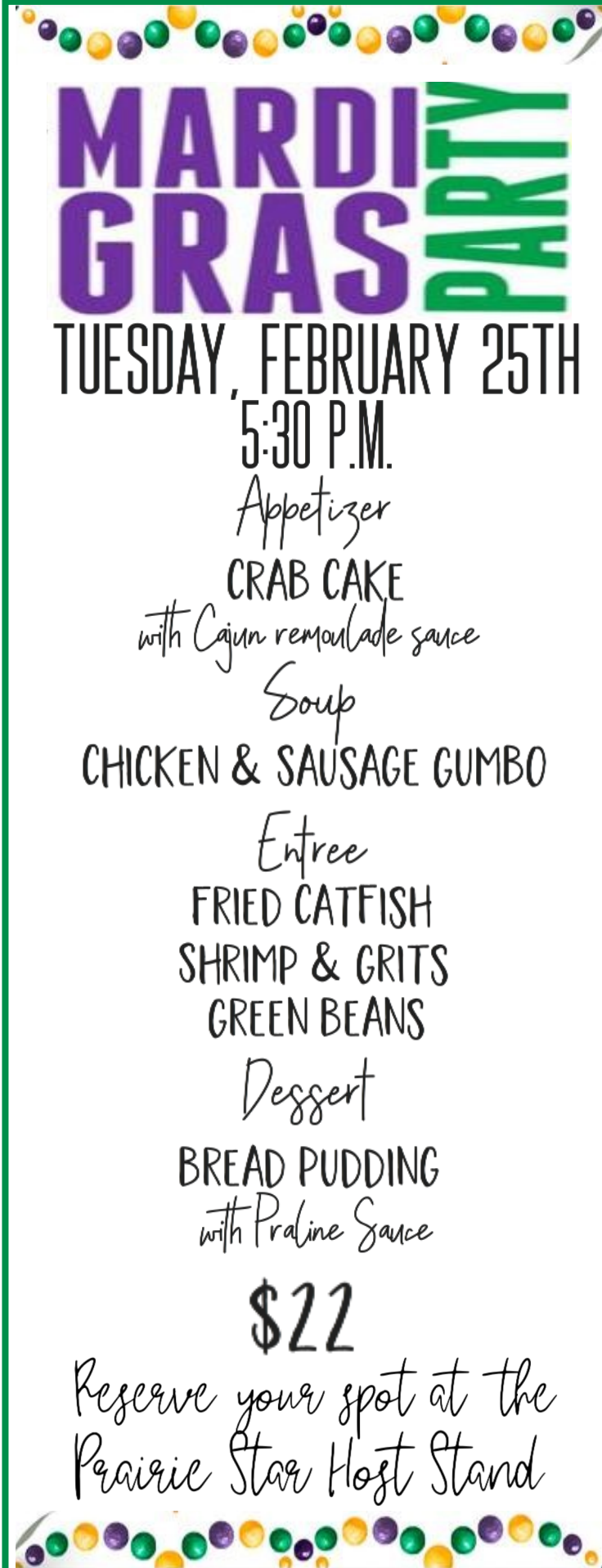
Meadowlark is happy to present Biggs & Gustin Live! at 7 p.m. Friday, Feb. 28, in the Community Room. Chris Biggs and Ken Gustin bring together decades of combined musical experience and performing acoustic music.

With the combination of traditional and original music, they feature folk, bluegrass, country blues, swing, and country influences. Guitars, banjos, mandolins...they use them all to share fiddle tunes, flatpicking classics, and contemporary songs.

## Birthday Party for Dr. Mowry

*Saturday, Feb. 29, at 5 p.m.*

Dr. Gerald Mowry and his family invite you to join them as he celebrates a special day. Stop by the KSU Classroom from 5 to 7 p.m. Saturday, Feb. 29, to wish him a happy birthday!



**MARDI GRAS PARTY**  
TUESDAY, FEBRUARY 25TH  
5:30 P.M.

*Appetizer*  
CRAB CAKE  
*with Cajun remoulade sauce*

*Soup*  
CHICKEN & SAUSAGE GUMBO

*Entree*  
FRIED CATFISH  
SHRIMP & GRITS  
GREEN BEANS

*Dessert*  
BREAD PUDDING  
*with Praline Sauce*

**\$22**

*Reserve your spot at the  
Prairie Star Host Stand*

from page 1

Phase Two includes constructing the new restaurant kitchen. Phase Three will include updates to the current back of house kitchen area in Prairie Star.

The Grand Opening will be scheduled following the completion of Phase Two and as we fully transition to Phase Three. This will include the debut of new furniture, menu items—food and drinks!, uniforms, and décor. Stay tuned for more information!



Hallway to new restroom facilities accessible from main landing



New double-sided fireplace in restaurant and landing featuring floor to ceiling stone.



View from Meadowlark Road after windows were installed. Stone façade will be placed on the front.

### An Extra Day

submitted by Michele Riter, Community Relations Assistant

“Thirty days hath September, April, June, and November.

All the rest have thirty-one, excepting February alone,

And that has twenty-eight days clear

And twenty-nine in each leap year.”

-Poem from *Mother Goose*

If you open your 2020 calendar to the month of February, a unique number appears—twenty-nine. No, there wasn’t a misprint. This year is a leap year!

Previous calendars have been determined by mathematics, celestial bodies in orbit, cultural rituals, and/or simple observations of nature. The Roman Julian Calendar was based on a total of 355 days. Astronomers discovered that this did not match the timing of the Earth’s orbit around the sun, which is 365 days, 5 hours, 48 minutes, and 46 seconds.

A popular belief is that a leap year happens exactly every four years, but in reality, it is more precise. The year must be divisible by four. For a centennial year, such as 2000, to be leap year, it has to be a multiple of 400. This means that out of every 400 years, there are only 97 leap years!

According to British tradition, a leap day is the only day of the year a woman can propose marriage to a man. Later in the United States, a similar concept was introduced as Sadie Hawkin’s Day. My high school had a semi-formal Sadie Hawkin’s Dance in February. This was a chance for the girls to finally make their move on the cute boy in class or maybe a relief for all those nervous teenage boys!

Saturday, Feb. 29, you have an extra day to spend doing something you enjoy. For me, I will be using those extra moments to relax with friends. You can never have too many of those days.

## On the Heart of Manhattan

*submitted by Helen Roser*

I had not lived in Manhattan long, but I learned about its heart quickly. The Manhattan Mercury's front page had a little late report. A young, newly-wed couple had just moved all their belongings into their new little house. It had caught fire and burned. Nothing could be saved.

That night, the voice on KMAN said collection for items to help the young couple would be at Long's Park tomorrow.

I had bought a set of dishes but hadn't opened the box yet. I'd take it to the park. I'd go early, to avoid a crowd. But, at 6:30 a.m., traffic was heavy around the park. When I could reach it to unload my box, there was furniture and stacks of boxes. On a card table, a big glass jar was stuffed with folding money.

The sun was only rising, but the heart of Manhattan was speaking.

So, I was not too surprised when, a few years later, a flood hit some Manhattan homes. The voice on KMAN said volunteers had been working for hours, placing sand bags, trying to save some houses. He said the volunteers had been working a long time and needed to eat. So food was being collected for sack lunches.

They needed bananas. Buying bananas. Even on my limited budget, I could do that. As I headed in the store, a man asked if I was coming to buy food for the flood helpers. I said I was. He handed me a ten dollar bill and said: "Buy some for me, too."

In the store, I said I wanted to buy \$15 worth of bananas. The store man asked: "For the flood?" I said yes. He yelled to someone: "Bring me that big box!" He filled it and a big sack with bananas and carried it out to my car while I carried the big sack.

At the school, where lunch sacks were being assembled, a man took my big box inside. I carried in the sack.

Inside, a voice yelled happily: "Just in time, Helen! You can put a sandwich into each sack as it comes by!" So, though I had only planned to drop off the bananas, I was on the assembly line for sack lunches until it closed at 9 p.m. The word came that the volunteers really appreciated the lunches.

I had heard the heart of Manhattan speaking again, and it was good.



## LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.  
Saturday & Sunday, 7 to 11 a.m.  
(785) 323-3818

### Sunday, Feb. 23

**Breakfast:** Omelets with Fruit

### Monday, Feb. 24

**Breakfast:** Biscuits & Gravy

**Lunch:** Maple Bacon Chicken Sandwich & Side  
*breaded chicken topped with maple syrup, bacon, & Swiss cheese on a buttery croissant ~\$6.50*

### Tuesday, Feb. 25 ~open until 6 p.m.

**Breakfast:** Breakfast Sandwich with Fruit

**Lunch:** Lasagna & Garlic Toast  
*layered pasta with ground beef, marinara sauce, & mozzarella cheese served garlic toast ~\$6.50*

**Dinner:** Meatloaf, Mashed Potatoes, & Green Beans ~\$7

### Wednesday, Feb. 26

**Breakfast:** Breakfast Burrito & Fruit

**Lunch:** Bierocks & Side  
*ground beef, onions, & cabbage stuffed inside a flaky biscuit ~\$6.50*

### Thursday, Feb. 27

**Breakfast:** Biscuits & Gravy

**Lunch:** White Chicken Chili & Cornbread Muffin  
*shredded chicken, great northern beans, & onions in a creamy stew served with a sweet cornbread muffin ~\$6.50*

### Friday, Feb. 28

**Brunch:** Waffle or Pancake

**Lunch:** Steak Fajita Quesadilla & Side  
*marinated steak, cheddar cheese, sautéed peppers & onions in a crispy flour tortilla ~\$6.50*

### Saturday, Feb. 29

**Breakfast:** A la carte

# PRAIRIE STAR

## RESTAURANT

Restaurant Hours  
 Monday to Saturday, 10:30 a.m. to 8 p.m.  
 Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.  
 An extra vegetable can be substituted for the starch at no additional charge.  
 The restaurant can accept up to four reservation per time, depending on party size.  
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Feb. 23 ~ Lunch \$13	Dinner \$12
	Pot Roast with Carrots, Onions, Celery Mashed Potatoes & Gravy Vegetable du Jour	Spaghetti with Meat Sauce Garlic Toast Vegetable du Jour
MONDAY	Feb. 24 ~ Lunch \$10	Dinner \$12
	Steamed Polish Sausage on a Bun with Sauerkraut French Fries Choice of Vegetable	Braised Chicken Leg & Thigh with Lemon Butter Sauce Wild Rice Vegetable du Jour
TUESDAY	Feb. 25 ~ Lunch \$7	Dinner \$22
	Taco Bar (does not include drink, starter, or dessert)	Mardi Gras Party See page 3 for menu. Restaurant closed for full service.
WED.	Feb. 26 ~ Lunch \$10	Dinner \$12
	Pulled Pork Sandwich French Fries Coleslaw	Baked Ham with Cherry Balsamic Sauce Mashed Sweet Potatoes Vegetable du Jour
THURS.	Feb. 27 ~ Lunch \$7	Dinner \$12
	Breakfast Bar (does not include drink, starter, or dessert)	Stuffed Meatloaf with Fresh Mozzarella Roasted Fingerling Potatoes Vegetable du Jour
FRIDAY	Feb. 28 ~ Lunch \$10	Dinner \$12
	Fried Catfish Po' Boy Sweet Potato Fries Coleslaw	Chef's Special Buffet To-go only Served from 4:30 to 6 p.m.
SAT.	Feb. 29 ~ Lunch \$10	Dinner \$12
	Beef & Bean Burrito Rice	Roast Turkey Mashed Potatoes & Gravy Dressing Vegetable du Jour

**DRINK  
SPECIAL**

**Hot Toddy**  
 1 oz. Whiskey, Honey, & Lemon Juice served in Hot Water  
**\$3.75**

# Grosh Cinema Movies

Sunday, Feb. 23, to Saturday, Feb. 29, 2019  
Show Times: 1, 4 and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

## **Sunday, Feb. 23 — Faith, Hope, & Love (2019)**

Recent divorcee Faith enters a dance contest to save her dance studio, where she meets Jimmy Hope and rediscovers her faith and dreams.

Co-Starring: Peta Murgatroyd, Robert Krantz, & Michael Richards

Rated: PG; 1 hr. 46 min. ~Comedy, Romance

## **Monday, Feb. 24 — Waitress (2007)**

Jenna is a pregnant, unhappily married waitress in the deep south. She meets a newcomer to her town and falls into an unlikely relationship as a last attempt at happiness.

Co-Starring: Keri Russell, Nathan Fillion, & Jeremy Sisto

Rated PG-13; 1 hr. 48 min. ~Comedy

## **Tuesday, Feb. 25 — Ali (2001)**

A biography of sports legend Muhammad Ali, focusing on his triumphs and controversies between 1964 and 1974.

Co-Starring: Will Smith, Jamie Foxx, & Jon Voight

Rated R for language & brief violence; 2 hr. 37 min. ~Biography, Sport

## **Wednesday, Feb. 26 — Driving Miss Daisy (1989)**

After strong-willed widow, Miss Daisy crashes her car, she reluctantly hires a chauffeur. The two strike up an unexpected friendship.

Co-Starring: Morgan Freeman, Jessica Tandy, & Dan Aykroyd

Rated PG; 1hr. 38 min. ~Drama

## **Thursday, Feb. 27 — Invincible (2006) *\*Resident Request***

Based on the story of Vince Papale, a 30-year-old bartender from South Philadelphia who overcame long odds to play for the NFL's Philadelphia Eagles in 1976.

Co-Starring: Mark Wahlberg, Greg Kinnear, & Elizabeth Banks

Rated PG; 1 hr. 45 min. ~Biography, Sport

## **Friday, Feb. 28 — Elizabeth (1998)**

The early years of the reign of Elizabeth I of England and her difficult task of learning what is necessary to be a monarch.

Co-Starring: Cate Blanchett, Liz Giles, & Rod Culbertson

Rated R for sexuality & violence; 2 hr. 4 min. ~Drama

## **Saturday, Feb. 29 — Leap Year (2010)**

Anna Brady plans to travel to Dublin, Ireland to propose marriage to her boyfriend Jeremy on Leap Day, because according to Irish tradition, a man who receives a marriage proposal on a leap day must accept it.

Co-Starring: Amy Adams, Matthew Goode, & Adam Scott

Rated PG; 1 hr. 40 min. ~Comedy, Romance

# Weekly Opportunities Calendar *Feb. 23 to Feb. 29*

## Sunday • Feb. 23

*Manhattan Room—open seating at lunch & dinner*

- 9:30 a.m. ~ Miller Worship Service, MFR
- 10:30 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 2:00 p.m. ~ Welsh Day & Heritage Project, CR
- 7:00 p.m. ~ Vespers with Mark Queen, CR

## Monday • Feb. 24

*Manhattan Room—open seating at dinner only*

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:45 p.m. ~ Parkinson's Voice Class, CR
- 3:45 p.m. ~ Meadowlark Singers Practice, CR
- 7:00 p.m. ~ Community Bingo, CR

## Tuesday • Feb. 25 *Trash & recycling pick-up*

*Manhattan Room—open seating at dinner only*

- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 1:30 p.m. ~ All Campus Mardi Gras Party, CR
- 3:00 p.m. ~ Coffee Corner, CR
- 4:00 p.m. ~ Newspaper & Bible, FHR
- 5:30 p.m. ~ Mardi Gras Dinner & Party, PS/MR  
*\*prior reservation required*
- 7:00 p.m. ~ Dominoes, GR

## Wednesday • Feb. 26

*Manhattan Room—open seating at lunch & dinner*

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ ARTful Memories, KSU CL
- 10:20 a.m. ~ Weights 101, CR
- 10:30 a.m. ~ Ash Wednesday Service, FHR
- 10:45 a.m. ~ Depart for Lunch at Red Lobster, VE
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 1:00 p.m. ~ Pitch, GR
- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR

- 1:30 p.m. ~ Diabetic Support Group, KSU CL
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL
- 3:00 p.m. ~ Ice Cream Social, VB
- 3:00 p.m. ~ Unitarian Universalists Fellowship, FHR
- 4:30 p.m. ~ Ash Wednesday Service, CR
- 5:30 p.m. ~ 1st Floor Supper, FHR

## Thursday • Feb. 27

*Manhattan Room—open seating at lunch & dinner*

- 8:30 a.m. ~ Messenger Team, WCR
- 10:00 a.m. ~ Meadowlark Bible Study, FHR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 6:30 p.m. ~ Osher Class: Unlocking the Future, CR

## Friday • Feb. 28

*Manhattan Room—open seating at dinner only*

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Parkinson's Partner Luncheon, MR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Parkinson's Care Partner Supp. Grp, FHR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 7:00 p.m. ~ Biggs & Gustin Live!, CR

## Saturday • Feb. 29 ~LEAP DAY!

*Manhattan Room—open seating at lunch & dinner*

- 9:30 a.m. ~ Painting for Fun, MCR
- 5:00 p.m. ~ Birthday Party for Dr. Mowry, KSU CL

## Room Abbreviations

WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	HD, Hospitality Desk
KR, Kansas Room (Pub)	KSU CL, KSU Classroom
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
VB, Verna Belle's	CY, Courtyard

*Meadowlark News and Announcements  
can be viewed on Channel 1960*