

A Famous Shadow



submitted by Michele Riter

Not quite a reflection, may seem a bit shady, and follows you around - what is a shadow? Light shining around an object creates a dark shape on the surface. This time of year, one specific shadow has the attention of the whole country. Each February, we eagerly await the arrival of a special rodent, Punxsutawney Phil, the main entertainment for Groundhog Day.

Groundhog Day, Feb. 2, is the midway point between the winter solstice and the spring equinox. Various groups and cultures have their own way of celebrating a traditional beginning of spring, including festivals, feasts, and elaborate colorful displays.

A legend began in Germany that a day was considered sunny only if badgers' and other small animals' shadows appeared. The legend followed to the new world and in 1887, the first official Groundhog Day was celebrated in Punxsutawney, PA.

On Sunday, if Phil sees his shadow then he will retreat back into his hole for six more weeks of winter. If no shadow appears, then cheers for an early spring!

Who knew a shadow could mean so much? As a younger sister of two very successful siblings, I grew up "living in their shadow" which inspired me to work hard. Peter Pan's shadow became part of his adventures. Do you trust this groundhog's shadow as the much as the weatherman?


JOIN US FOR A
SUPER BOWL
Party!
 **CHIEFS VS 49ERS** 
SUNDAY, FEBRUARY 2ND | 5 PM

COMMUNITY ROOM

free to attend

TAILGATE BUFFET

- Chips with Queso & Salsa**
- Hot Wings**
- BBQ Pulled Pork Sandwich**
- Hoagie Sandwich**
- Coleslaw**
- Pasta Salad**
- Brownies**

\$13.00

**Prairie Star Restaurant will be closed for
dinner service.**

Prairie Star Restaurant announcements

Due to Winter Ball, the restaurant will be closed all day Friday, Jan. 31. A Chef's Special buffet will be served in the Game Room for lunch.

On Sunday, Feb. 2, the restaurant will be closed for dinner service. A tailgate buffet will be served in the Community Room for the Super Bowl Watch Party. Cost for the buffet is \$13.

Vespers Service canceled

The Vespers service for Sunday, Feb. 2, has been canceled.

Open Communion Service

Sunday, Feb. 2, at 4 p.m.

Meadowlark Hills Open Communion Service will be celebrated at 4 p.m. Sunday, Feb. 2, in the Flint Hills Room. All Christians are invited. The bread is gluten free. For more information, contact Ronald Williams at (785) 587-4122.

February Town Meeting

Monday, Feb. 3, at 9:30 a.m.

You are invited to February's Town Meeting at 9:30 a.m. Monday, Feb. 3, in the Community Room. Staff will give updates and announcements on current events and upcoming activities. All are welcome.

Change & Loss Support Group

Monday, Feb. 3, at 2 p.m.

Join Bridget Larkin, LMSW, Kathleen Spearman, LMWS, and Chaplain Patty Brown-Barnett as they lead the Change and Loss Support Group at 2 p.m. Monday, Feb. 3, in the Flint Hills Room. This opportunity is open to all who wish to work through life changes and loss in a supportive environment.

Guided Meditation

Tuesday, Feb. 4, at 10:30 a.m.

Spend your morning doing something good for your mind, body, and spirit! You're invited to attend Guided Meditation from 10:30 to 11 a.m. Tuesday, Feb. 4, in the Grosh Cinema.

Meditation, in general, can be beneficial in reducing stress, anxiety, depression, and even pain and tremors. The meditation classes help elicit support for blocking out external forces and one's negative thoughts to focus on relaxed breathing and calmed senses. It can be a tool you use to help you live well. No prior experience or understanding of meditation is necessary.

Tap to Togetherness

Tuesday, Feb. 4, at 11 a.m.

Join Meadowlark Special Programs for Tap to Togetherness from 11 to 11:30 a.m. Tuesday, Feb. 4, in the Community Room.

Professor Julie L. Pentz from the K-State School of Music, Theatre, and Dance, and Janice Schroeder with Parents as Teachers formed this original dance program for families and young children. At Meadowlark, Tap To Togetherness Across Populations adds a new generation for connection and engagement through fun movement to foster healthy minds, bodies, and relationships.

No specific shoes or dance experience is required to attend. The program is open to anyone interested and prior sign-up is not required. The Tap To Togetherness sessions are no longer than 25 minutes. This activity does not require you to stand, you may sit in a chair if you choose. All are welcome.

Coffee Corner

Tuesday, Feb. 4, at 3 p.m.

Join us for a weekly social hour at 3 p.m. Tuesday, Jan. 28, in the Community Room. Enjoy a featured dessert from Verna Belle's Café. All are welcome!

Walmart/Dillons Shopping Trip

Wednesday, Feb. 5, at 10 a.m.

Meadowlark Transportation takes a bus to Walmart and Dillons (eastside location) each Wednesday departing from the Village Entrance at 10 a.m. and will return about 11:30 a.m. There is no cost for this trip. The next trip is Wednesday, Feb. 5. Please sign up in the Blue Book at the Hospitality Desk if you would like to join.

Memory Makers Luncheon

Wednesday, Feb. 5, at 11 a.m.

Join Meadowlark Memory Program for a relaxing lunch at 11 a.m. Wednesday, Feb. 5, in the Flint Hills Room. Those with memory changes and their caregivers are welcome to attend this monthly informal luncheon immediately after the MAC, café, and Memory Care Partner Support Group. The cost is approximately \$10 per person. To RSVP, please sign up in the Blue Book at the Hospitality Desk or call (785) 323-3899.

Parkinson's Education Group

Thursday, Feb. 6, at 2 p.m.

Meadowlark Parkinson's Program is hosting their monthly Education Group from 2 to 3:30 p.m. Thursday, Feb. 6, in the Community Room. This month's group will be "Just Between Us", a small group discussion to improve every day matters when living with Parkinson's Disease.

This opportunity is for people with Parkinson's Disease, care partners, or anyone interested in education about the disease or building a connection with the program. All are welcome and no prior reservation is required.

Performance by In Flow Music Group

Friday, Feb. 7, at 7 p.m.

Joining Meadowlark for a Friday night of live music is the In Flow Music Group! In Flow will entertain us with a range of smooth jazz, R&B, and some funk at 7 p.m. Friday, Feb. 7, in the Community Room. Don't miss out!

Hobby Lobby/Dollar Tree Shopping

Saturday, Feb. 8, at 10:30 a.m.

On the second Saturday of each month, Meadowlark Transportation takes a bus to Hobby Lobby and Dollar Tree. It departs from the Village Entrance at 10:30 a.m. and returns about 11:45 a.m. Cost for this trip is \$3. The next trip is Saturday, Feb. 8. Please sign up in the Blue Book at the Hospitality Desk to join.

Meadowlark Ladies Luncheon

Thursday, Feb. 13, at noon

"Happy to Meet You" will be the theme for February's Meadowlark Ladies Luncheon. Join the group for lunch at noon Thursday, Feb. 13, in the KSU Classroom. All Meadowlark ladies are invited by hostess Marilyn Martin and Janet Anders.

Celebrate Valentine's Day and make a new friend! Menu will be spinach and bacon quiche, asparagus, butter-toasted baguettes, and a cherry crisp for dessert. Please sign up in the Blue Book at the Hospitality Desk if you would like to attend.

Welsh Day & Heritage Project

Sunday, Feb. 23, at 2 p.m.

Riley County Genealogy Society welcomes you to attend "Welsh Day and the Great Plains Welsh Heritage Project" by Gwen Colgrove from 2 to 3 p.m. Sunday, Feb. 23, in the Community Room.

This program is free and open to the public.

Projects and programs at The Great Plains Welsh Heritage Project in Wymore, Nebraska are centered on Welsh settlement in the Great Plains region. At this presentation you will have the opportunity to learn about Wales and the Welsh legacy here in the Midwest, as well as the fantastic resource we have at the Great Plains Welsh Heritage Centre in Wymore.

Become a Pen Pal with MHS!

Are you interested in making a connection with students in the community? If so, consider being a Pen Pal!

Last semester, interested residents and passport members were paired with students at Manhattan High School. It was a wonderful opportunity, for students and residents alike, where meaningful relationships and connections were formed! Students taking part in this project are in a reading comprehension class.

The Pen Pal program provides an opportunity for them to grow in their reading and writing skills, while making a connection with others in their community. Residents and/or passport members are paired with a student. Each month, the student and their pen pal will write to one another, until the semester wraps up in May.

If you are interested in becoming a pen pal please contact Jana Armfield, Volunteer Engagement Specialist, at (785) 323-3890, by Monday, Feb. 10.

Resource Library Available

Meadowlark Special Programs is happy to offer a resource library that includes books, DVDs, and more. It is open to all that are interested in learning more about memory, including memory changes, dementia, and Alzheimer's disease and also Parkinson's disease related topics. You can find information on a wide range of subjects from personal stories to informational texts.

There are separate carts for both Meadowlark Memory Program and Meadowlark Parkinson's Program. They are both located in the KSU Classroom. To borrow a resource, you may take the check-out card from inside the resource and write your name as well as the date it is being checked out. Then, drop the check-out card in the container on either cart. Once finished with your

continued on page 4

February Birthdays

Healthcare	2/4	Amon Maxwell
2/1 Paul Fleener	2/4	Susan Meeker
2/4 Edna Peterson	2/4	Maizie Weathers
2/9 Bob Hammaker	2/7	Kayla Anderson
2/10 Marcia Wikoff	2/7	Kaitlyn Jackson
2/13 Hilda Schmidt	2/7	Hannah Miller
2/18 James Nixon	2/7	Charles Smith
2/28 Jane Runyan	2/9	Leini Coslett
	2/9	Kathryn Fiser
Assisted Living	2/9	Raymond Padel
2/5 Beverly Dodds	2/10	Jenn Edlund
2/12 Marvel Boston	2/10	BrieAnna Grimmatt
2/28 Gerald Mowry	2/10	Makenzie Heffernon
	2/14	Sheyenne Bassler
Independent Living	2/15	Shauneil Hill
2/1 Glenna Fogo	2/16	Michael Causey
2/1 Vee Mechsner	2/16	Laura Friesen
2/2 Linda Graham	2/16	Elissa Heller
2/4 Marilyn Ray	2/17	Sydney Chyba
2/7 Nancy Goulden	2/17	Darin Pelfrey
2/9 Marilyn Martin	2/19	Alexis Letterman
2/11 Lois Deyoe	2/20	Ashley O'Haver
2/11 Carol Dodderidge	2/20	Ashlyn Onstad
2/12 Colleen Robinson	2/20	Bill Tompkins
2/12 Faralane Chase	2/20	Dustin Wedekind
2/16 Bob Crawford	2/21	Madison Rockers
2/18 Wanda Fateley	2/22	Sherry Smith
2/25 Betty Grubb	2/22	Kailee Wallace
2/27 Harriette Janke	2/23	Berenice Flores
	2/23	Carissa Staley
Employees	2/24	Grace Euler
2/1 LeNorris Full	2/26	Kamdyn Johnson
2/2 Joseph Sserwadda	2/27	Jana Armfield
2/3 Danelle Cowing	2/27	Junghyun Park
2/3 Ashlyn Robinson		



**Bold denotes a milestone birthday
of 80, 90, 100 or 100+**

from Page 3

item, please return it to the cart with its corresponding check-out card.

We are continuing to add new and helpful resources to both carts, so please take a look! If you have any request for a specific item to add to the resource library, please contact the Special Programs office at (785) 323-3899.

Postcards from Kansas

submitted by Polly Ferrell

KANSAS postcards are in the mail! Our meadowlark and sunflower greetings are on their way to Idaho, Alaska, Minnesota, Hawaii and beyond. Have you written yours? There is still time for you to send a little Kansas sunshine to a friend in another state. If you have a hankering (an old Kansas term for “chomping at the bit”) please write a second card, too.

The process is as simple as 1-2-3-4. 1: Stop at the Hospitality Desk for a postcard. 2: Write your message and address the card. 3: Place the card in the return box. 4: Mark the destination list. Meadowlark will then stamp and mail all 159 postcards!

Kansas population tops out at 2,904,021 in 105 counties, totaling 82,278 square miles. That’s one-third square mile for each person to roam in our home on the range. Now that gives each of us enough space for a breath of fresh air!

Jan. 29, 2021 will mark 160 years of Kansas statehood. Our celebration will be a special one! Mark your calendar and please contact Polly Ferrell if you would like to be on the planning committee. Three cheers for Kansas — the heartland of our country.

Little Orphan Annie

submitted by Ron Williams

I was just watching the movie *Annie* on television. It is such a joyous story of a little girl who comes from imaginations worst orphanage, who connected up with an extremely wealthy Republican, who was a friend of President Roosevelt and had a male magic genie, who could get her out of scrape and scrape.

Of course I don't remember when the comic strip began with a poem about the little orphan Annie by James Whitcombe Riley in 1924. But, I did hear my parents talk about the 30s, western Kansas dust bowl (when six inches of dust gathered in our attics, and mother hung wet white sheets on the windows and they turned black), the depression, and when there was no money anywhere.

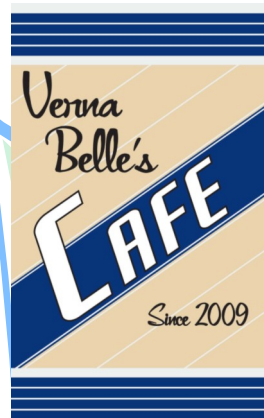
Then came the second ocean war numbered "II." We won, but in the early 1940s there was real doubt; Japan controlled the south seas with five or six aircraft carriers, and the mighty German army was just across the channel from England. Fearsome times.

Then stepping out of the funny papers, then the musical, then lately the movie, came this little girl to which so many bad things had happened, loss of parents, evil orphanage, and even more evil the orphanage matron pushing her and other girls to slave labor.

Forgive me please, if I confuse the characters as the story has grown. Into this sad and seemingly desperate world came this little girl who seemed to bring light to all of our dark places. I was just a child and I remember having a nightmare about being in a culvert with a German soldier coming in one end and a Japanese soldier coming in the other. I woke up with the nightmare hanging over me. My grandparents had wrapped something for us in that newspaper and there was Annie talking to the president into helping in some terrible situation. She was absolutely a ray of light in a dark world. Over and over she brought a message of hope.

I realize that Annie did not win the war or finish the depression, but she did make life more pleasant in that time. Then the war was over, then was Korea and prosperity. Personally, at sad and difficult times I got a message of hope and maybe happiness from Annie.

Now, I just saw the movie, refreshing as ever. Thank you Annie.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, Feb. 2

Breakfast: Omelets with Fruit

Monday, Feb. 3

Breakfast: Biscuits & Gravy

Lunch: Turkey Reuben & Side

turkey, sauerkraut, Swiss cheese, & thousand island dressing on butter-toasted rye bread ~\$6.50

Tuesday, Feb. 4

Breakfast: Breakfast Sandwich with Fruit

Lunch: Tater Tot Casserole & Side

ground beef, onion, cream of mushroom soup, & cheddar cheese mixed together in a creamy casserole topped with crispy tater tots ~\$6.50

Wednesday, Feb. 5

Breakfast: Breakfast Burrito & Fruit

Lunch: Grilled Chicken Mac & Cheese Bowl

grilled chicken pieces served on creamy mac & cheese with your choice of toppings ~\$6.50

Thursday, Feb. 6

Breakfast: Biscuits & Gravy

Lunch: Shephard's Pie

ground beef, onions, carrots, green beans, & corn in gravy topped with cheesy mashed potatoes ~\$6.50

Friday, Feb. 7

Brunch: Waffle or Pancake

Lunch: Chicken Burrito Bowl

cilantro-lime rice topped with chicken, black beans, & your choice of toppings from the salad bar ~\$6.50

Saturday, Feb. 8

Breakfast: A la carte

PRAIRIE★STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Feb. 2 ~ Lunch \$13	Dinner \$13
	Braised Beef Brisket with Wild Mushroom Sauce Gruyere Scalloped Potatoes Vegetable du Jour	Restaurant closed for full service. Super Bowl Party—Tailgate Buffet served in Community Room
MONDAY	Feb. 3 ~ Lunch \$10	Dinner \$12
	BBQ Chicken Sandwich Coleslaw Sweet Potato Fries	Breaded Pork Cutlet Mashed Potatoes & Gravy Vegetable du Jour
TUESDAY	Feb. 4 ~ Lunch \$8	Dinner \$12
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Braised Chicken Leg & Thigh <i>ala Orange</i> Wild Rice Vegetable du Jour
WED.	Feb. 5 ~ Lunch \$10	Dinner \$13
	Short Rib Sliders Pasta Salad Choice of Vegetable	Pot Roast <i>with Carrots, Onions, & Celery</i> Mashed Potatoes & Gravy Vegetable du Jour
THURS.	Feb. 6 ~ Lunch \$7	Dinner \$12
	Pasta Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Parmesan Spaghetti Vegetable du Jour
FRIDAY	Feb. 7 ~ Lunch \$10	Dinner \$14
	Pork Tenderloin Sandwich Potato Salad Choice of Vegetables	Trout Almondine Twice Baked Potato Vegetable du Jour
SAT.	Feb. 8 ~ Lunch \$10	Dinner \$15
	Tuna Melt Sandwich Coleslaw	Steak Baked Potato Vegetable du Jour

DRINK SPECIAL | **Tropical Sunshine**
 2 oz. Malibu Coconut Rum & 4 oz. Pineapple Juice
\$3.75

Grosh Cinema Movies

Sunday, Feb. 2, to Saturday, Feb. 8, 2019

Show Times: 1, 4 and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

Sunday, Feb. 2 — Groundhog Day (1993)

- A weatherman finds himself inexplicably living the same day over and over again.
- **Co-Starring:** Bill Murray, Andie MacDowell, & Chris Elliott
- **Rated:** PG; 1 hr. 41 min. ~Comedy

Monday, Feb. 3 — Legend (2015) **Resident Request*

- Identical twin gangsters Ronald and Reginald Kray terrorize London during the 1960s.
- **Co-Starring:** Tom Hardy, Emily Browning, & Taron Egerton
- **Rated R** for violence, language, & sexual content; 2 hr. 12 min. ~Crime Biography

Tuesday, Feb. 4 — Yesterday (2019)

- A struggling musician realizes he's the only person on Earth who can remember The Beatles after waking up in an alternate timeline where they never existed.
- **Co-Starring:** Himesh Patel, Lily James, & Sophia Di Martino
- **Rated PG-13;** 1 hr. 56 min. ~Comedy

Wednesday, Feb. 5 — The Mask of Zorro (1998)

- A young thief, seeking revenge for the death of his brother, is trained by the once great, but aged Zorro, who also pursues vengeance of his own.
- **Co-Starring:** Antonio Banderas, Anthony Hopkins, & Catherine Zeta-Jones
- **Rated PG-13;** 2 hr. 16 min. ~Action

Thursday, Feb. 6 — Troop Zero (2019)

- In rural 1977 Georgia, a misfit girl dreams of life in outer space. When a competition offers her a chance to be recorded on NASA's Golden Record, she recruits a makeshift troop of Birdie Scouts, forging friendships that last a lifetime.
- **Co-Starring:** McKenna Grace, Viola Davis, & Jim Gaffigan
- **Rated PG;** 1 hr. 34 min. ~Family Drama

Friday, Feb. 7 — Steve Jobs (2015)

- Steve Jobs takes us behind the scenes of the digital revolution, to paint a portrait of the man at its epicenter. The story unfolds backstage at three iconic product launches, ending in 1998 with the unveiling of the iMac.
- **Co-Starring:** Michael Fassbender, Kate Winslet, & Seth Rogan
- **Rated R** for language and violence; 2 hr. 2 min. ~Biographical Drama

Saturday, Feb. 8 — The Court Jester (2015) **Resident Request*

- A hapless carnival performer masquerades as the court jester as part of a plot against an evil ruler who has overthrown the rightful King.
- **Co-Starring:** Danny Kaye, Glynis Johns, & Basil Rathbone
- **Rated Approved;** 1 hr. 41 min. ~Comedy

Weekly Opportunities Calendar *Feb. 2 to Feb. 8*

Sunday • Feb. 2

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Miller Worship Service, MFR
- 10:30 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 4:00 p.m. ~ Open Communion Service, FHR
- 5:00 p.m. ~ Super Bowl Party, CR

Monday • Feb. 3

Manhattan Room—open seating at lunch only

- 7:30 a.m. ~ 1st Pres. Men's Bible Study, FHR
- 8:30 a.m. ~ IL Resident Council, KSU CL
- 9:30 a.m. ~ Town Meeting, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, KSU CL
- 12:00 p.m. ~ Weights 101, CR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:45 p.m. ~ Parkinson's Voice Class, CR
- 2:00 p.m. ~ Change & Loss Support Group, FHR
- 3:45 p.m. ~ Meadowlark Singers Practice, CR
- 5:30 p.m. ~ Tuttle Creek Supper, MR
- 7:00 p.m. ~ Community Bingo, CR

Tuesday • Feb. 4 *Trash & recycling pick-up*

Manhattan Room—open seating at dinner only

- 10:30 a.m. ~ Steady Yourself, CR
- 10:30 a.m. ~ Guided Meditation, GC
- 11:00 a.m. ~ Tap to Togetherness, CR
- 12:00 p.m. ~ Kimball Luncheon, MR
- 2:00 p.m. ~ LifeStory Writing Group, FHR
- 3:00 p.m. ~ Coffee Corner, CR
- 3:30 p.m. ~ MLH Ambassadors Meeting, WCR
- 7:00 p.m. ~ Dominoes, GR

Wednesday • Feb. 5

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ Memory Activities Class, KSU CL
- 10:00 a.m. ~ Memory Café, FHR
- 10:00 a.m. ~ Memory Care Partners Supp. Grp., GC
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Memory Makers Luncheon, FHR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 11:30 a.m. ~ 1st Men's Club Luncheon, WCR
- 12:00 p.m. ~ Yoga, CR

1:00 p.m. ~ Pitch, GR

- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
- 1:30 p.m. ~ Hearing Aid Doctor, FHR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL
- 3:00 p.m. ~ Ice Cream Social, VB
- 6:30 p.m. ~ Osher Class: Bleeding Kansas, CR

Thursday • Feb. 6

Manhattan Room—open seating at lunch only

- 8:30 a.m. ~ Messenger Team, WCR
- 10:00 a.m. ~ Meadowlark Bible Study, FHR
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:00 p.m. ~ Parkinson's Education Group, CR
- 5:30 p.m. ~ Meadowlark Circle Dinner, MR

Friday • Feb. 7

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:30 p.m. ~ Mending Angel, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:30 p.m. ~ Catholic Mass, CR
- 7:00 p.m. ~ Performance by In Flow Music Group, CR

Saturday • Feb. 8

Manhattan Room—no open seating available

- 9:30 a.m. ~ Painting for Fun, MCR
- 10:30 a.m. ~ Hobby Lobby/Dollar Tree Shopping, VE

Room Abbreviations

WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	HD, Hospitality Desk
KR, Kansas Room (Pub)	KSU CL, KSU Classroom
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
VB, Verna Belle's	CY, Courtyard

*Meadowlark News and Announcements
can be viewed on Channel 1960*