

Meadowlark Board of Trustees Candidate

Earlier this month, nominations were received for the vacant position on the Meadowlark Board of Trustees reserved for an independent living resident. Nyle Larson is the current candidate for the position.

On Thursday, Oct. 15, ballots will be distributed to all residents in independent living. The ballot will have a "Yes" or "No" vote option for candidate Nyle Larson to serve a second term on the Meadowlark Board of Trustees.

There will be a box located at the Hospitality Desk to drop your ballot. The deadline to vote is Thursday, Oct. 22, at 5 p.m. Please contact, Monte Spiller with any questions. (785) 323-3801.

Meet Nyle Larson

Nyle and his wife, Norma, have been Meadowlark residents since Oct. 2014. Nyle and Norma were married in March of 1959. Describing himself, Nyle says, "I am not a politician or a public speaker! I am a hard working blue-jean type of guy."

Growing up on a farm in Pottawatomie County, hard work and long hours were a way of life. After a short period of time in the Army, Nyle settled in Manhattan and began working in construction, installing underground utilities for a small company.

In 1980, Nyle and Norma purchased Larson Construction, Inc. which specializes in installing sewer and water, fiber optic, cable, gas and electric. Nyle has been a part of thousands of projects throughout the state of Kansas.

Even after his retirement in 2003, he continues to be active in the company, oversees operation and management of Riley County Rural Water District #1. Their daughter and son-in-law currently operate the business.

Nyle served as the President of Construction Industry Council of Manhattan (CIC) and was a member of the Riley County Zoning and Appeals Board for 12 years. Currently, he is involved with the Kansas Quality Woodworkers Association and Flint Hills Woodturners.

Nyle's statement: "When comes the time in one's life to find a retirement home, it needs to be a special place. For me, that is Meadowlark. The Founders and staff have done an excellent job in making Meadowlark a wonderful place to live. I feel that as a trustee I can share my knowledge of business operations and infrastructure. It would be my goal as a trustee to ensure Meadowlark remains a great place to live. I would appreciate your vote."

Ambassador's Annual Clothing Drive

Thursday, October 15th
10:30 a.m. til 2:30 p.m.
Community Room

Clothing must be clean, and in either new or gently used condition.

Meadowlark Ambassadors will be on hand to help package & sort clothing.

All donations will go to The Budget Shop in Manhattan, a community thrift store.

Annual Clothing Drive

Meadowlark Ambassadors will be hosting their Annual Clothing Drive Thursday, Oct. 15, from 10:30 a.m. to 2:30 p.m. in the Community Room.

IL Residents who live in the Community Center are encouraged to drop off clothing donations in the Community Room on the day of the event.

Cottage/Duplex residents are asked to call the Hospitality Desk at least one day prior to the event to arrange for an employee to pick up their item(s). Donations will be collected outside a cottage/duplex resident's door the day of the event (weather permitting).

Items must be clean and in either new or gently-used condition. For questions, please call Jana at (785) 323-3847.

OINK! HOGtoberfest, Oct. 29

Our annual fundraiser with Cox Bros. BBQ, HOGtoberfest, will be from 11 a.m. to 9 p.m. Thursday, Oct. 29. A portion of the proceeds from the sales will benefit Meadowlark Good Samaritan Fund, so plan now to enjoy lunch or dinner from Cox Bros. later this month.

There are a few ways you can get into the HOGtoberfest spirit prior to the big day.

1. Purchase **Cash & More Raffle** tickets. For \$5 a ticket, buyers will have the opportunity to win the following prizes (sponsored by Manhattan Appliance & Sleep Source, GTB Custom Meats in Riley, Kan., and HCI Hospitality): 1st prize: \$2000 cash; 2nd prize: Traeger “Ranger” Portable Pellet Grill, valued at \$430; 3rd prize: 40-Pound Pork Bundle, valued at \$160; 4th prize: \$50 gift cards to Cox Bros. BBQ, Coco Bolos, and Powercat Grill. Tickets are available now at the Hospitality Desk or online.

2. Reserve a custom **HOGtoberfest face mask** for \$5. Meritrust Credit Union, a longtime sponsor of the event, has ordered the must-have accessory of the season. .

3. A small number of **HOGtoberfest T-shirts** are available in either a short- or long-sleeve option. Reserve a short-sleeve shirt for \$15, and a long-sleeve for \$18. To reserve either a mask or T-shirt, or purchase raffle tickets, visit or call the Hospitality Desk at (785) 323-3847.

Virtual Programming

Virtual Programming Opportunities are available through the online platform Zoom, accessed via smartphone, tablet, or computer. If you are unfamiliar with Zoom, let us know and we can provide a quick tutorial.

Wednesday, Oct. 14

10:00 a.m.	Memory Care Partner Support Group Contact Bridget Larkin, LMSW for the log-in information by calling (785) 323-3837.
1 p.m.	ARTFul Memories URL: https://ksu.zoom.us/j/92215181862 Meeting ID: 922 1518 1862

Friday, Oct. 16

1 p.m.	Parkinson’s Exercise Class Receive the log-in link by calling 323-3899.
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Campus Update with Lonnie Baker, CEO

Meadowlark CEO Lonnie Baker’s most recent video update aired on Channel 1960 at Meadowlark on Friday, Oct. 9. Riley County positivity rates are continuing to

drop. Testing requirements at Meadowlark have decreased to one time per week for staff and residents in our healthcare households. If the positivity rate continues to decline, we could be down to once a month testing in the next few weeks.

Meadowlark is continuing to add new programming as we are able. Michelle Haub and Bridget Larkin are back on campus a re-introducing face-to-face opportunities for Meadowlark’s Special Programs. Becky Fitzgerald, Development Director, has returned to campus, as well.

Our pattern right now is we will be holding where we are at. We won’t be bringing anymore people in from the community than necessary. Staff all over campus are doing an incredible job of taking care of people.

The next video message from Lonnie will air **Friday, Oct. 23**. There will not be an update from Lonnie this week.

Courtyard Maintenance

The Courtyard will be power washed today, Monday, Oct. 12. Following the cleaning, the painter will work in the Courtyard to apply stain on Thursday, Oct. 15, and Friday, Oct. 16. Residents and staff should remain out of the Courtyard on these days. The scheduled maintenance is weather dependent.

Ice Cream Treat

Substitute a Chocolate Chips Galore Cookie Sandwich for your dessert this week when you order a special or order it anytime for just \$2!

Meadowlark News & Announcements
can be viewed on Channel 1960

Voting Information

Sample ballots are now available at the Hospitality Desk.

Election Day, Tuesday, Nov. 3, is approaching quickly. The last day to register to vote is Tuesday, Oct. 13. Early voting will take place in the Courthouse annex from 8 a.m. to 5 p.m. beginning Oct. 14.

If you have requested a mail-in ballot, it will be mailed to you starting on Wednesday, Oct. 14. Due to the influx of mail through postal service during election season, it is important to be ready to complete and return your ballot quickly—do your homework now and know who you're voting for.

Options once you've completed and sealed your ballot:

1. **Mail:** Drop in a USPS mail slot for regular mail delivery.
2. **Courthouse Drop Box:** There is a ballot drop box labeled "Riley County Drop Box" (**NOT** the PO Box) outside of the Courthouse annex that you can put your ballot in. The ballot drop box is on the north side behind the PO Box. You can do this between 8 a.m. and 5 p.m. starting Wednesday, Oct. 14.
3. **OR Coordinate a Drop-Off:** If you are unable to drive yourself or do not want to go inside the courthouse, you can arrange a ballot drop-off through the Hospitality Desk. Once you have your ballot sealed, you will be able to authorize another person to deliver it to the Courthouse annex drop box for you.

If you would like to coordinate an authorized drop-off or a ride to the Courthouse Drop Box, please contact the Hospitality Desk to add your name to the list. Authorized drop-offs dates and times will be announced. Rides to the Courthouse will be scheduled based on the drivers' availability.

2021 Part D Open Enrollment

submitted by Rita Harsch, Financial Counselor

As in years past, Meadowlark has hosted Part D Open Enrollment, but this year is different for sure. Here is some information that I hope helps each of you to make a decision on your Part D plans for the year 2021.

Each year, you have from Oct. 15 to Dec. 7 to review your current Part D plan to see if this current plan will meet your prescription needs in 2021. Please review any information you may have received in the mail letting you know what your new monthly premium will be in 2021.

If you need assistance with reviewing your drug plan for 2021, please contact the following:

~ North Central Area Agency on Aging (Manhattan),
785-776-9294

~ Riley County Extension Office (Manhattan),
785-537-6350.

Additionally, Rita can be reached at (785) 323-3891 with questions about this process.

YOU'RE INVITED TO A
Murder Mystery
DINNER THEATER PARTY!

**HAUNTING OF THE HILL
ESTATE SALE**

**THURSDAY, OCT. 29,
AT 5:30 P.M.
EVENT CENTER**

DINNER THEATRE STYLE

*Space is limited.
Please contact Prairie Star Restaurant
at 323-3820 to make a reservation.*

Work That Brain!

Paris

T	A	T	A	T	R	E	L	I	G	H	T	S	R
B	A	G	E	T	T	E	F	U	R	I	U	C	E
E	C	N	A	R	F	V	P	A	C	H	R	H	S
E	H	P	R	A	M	A	E	C	C	L	G	A	O
E	A	M	E	R	M	A	U	S	A	S	H	N	R
V	G	O	T	T	I	G	U	R	P	I	M	E	T
O	S	R	O	I	D	A	E	E	N	A	E	L	N
L	I	T	T	R	C	R	O	I	S	S	A	N	T
P	R	V	T	H	A	M	U	E	S	U	M	C	O
P	A	H	T	A	H	E	S	P	A	S	T	R	Y
N	P	E	R	V	U	O	L	M	O	D	E	R	N
M	E	H	P	M	O	I	R	T	E	D	C	R	A
F	A	S	H	I	O	N	S	D	A	T	C	D	R
E	I	G	N	I	T	N	I	A	P	T	S	T	A

CROISSANT
 RESORT
 PASTRY
 PARIS
 FASHION
 DIOR
 LOVE
 LIGHTS
 MODERN
 PAINTING
 CHANEL
 CAFE
 LOUVRE
 GUCCI
 VESPA
 FRANCE

ARC DE TRIOMPHE MUESUM BAGETTE ART

Meadowlark Employee Appreciation Gift

submitted by the Employee Gift Committee

It's time to contribute to our annual staff appreciation gift fund that offsets our no-tipping policy. In this year of COVID, though, it's been a difficult, new experience for everyone—for residents, and for staff members and their families.

Giving it totally private, as gifts go directly to the bank. Keep in mind that they are not tax deductible. Send your check, payable to the Employee Gift Fund, to the Meadowlark Hospitality Desk at 2121 Meadowlark Road, Manhattan, KS 66502—or drop it off in the box in Meadowlark's lobby.

In addition to notices in the Messenger, messages will be sent individually to residents and Passport members. **The deadline for giving is Oct. 31.**

COLOR ME!



						9	3	
				3		6		
	1			9				8
		5	2		6			7
		7				5	2	
	4							
9	5			1	2			
		8						
		6					5	

Sudoku is played on a grid of 9x9 spaces. Each row, column, and square needs to filled out with the numbers 1-9 without repeating any numbers within the row, column, or square. If you don't know what number to put in a certain space, keep scanning the other areas of the grid until you see an opportunity to place a number.

Solutions from 10/5

3	8	2	4	6	7	1	9	5
9	7	1	2	5	3	6	8	4
5	6	4	9	8	1	2	7	3
8	5	6	3	7	9	4	2	1
4	2	7	8	1	6	3	5	9
1	9	3	5	4	2	7	6	8
7	4	5	1	2	8	9	3	6
6	1	9	7	3	5	8	4	2
2	3	8	6	9	4	5	1	7



BUZZWORD Answers: 1.male spouse: husband—B / 2. feast: banquet—U / 3. hair on eyelid: eyelash—H / 4. predictable: routine—I / 5. caretaker: steward—R /6. do away with: abolish—S / 7. apparent: obvious—B /
BUZZWORD: RUBBISH

Weekly *Face-to Face* Opportunities
Calendar **Oct. 13 to Oct. 17**

Tuesday • Oct. 13 *Trash & recycling pick-up*
9:30 a.m. ~ Sit & Be Fit, PS EC
11:00 a.m. ~ Steady Yourself, PS EC
1:00 p.m. ~ Parkinson's Exercise, PS EC
2:00 p.m. ~ Memory Activities Class, PS EC

Wednesday • Oct. 14
9:30 a.m. ~ Seated Strength, PS EC
11:00 a.m. ~ Weights 101, PS EC
1:00 p.m. ~ ARTful Memories, PS EC

Thursday • Oct. 15
9:30 a.m. ~ Sit & Be Fit, PS EC
11:00 a.m. ~ Steady Yourself, PS EC
1:00 p.m. ~ Staff Spotlight: Michelle Haub, PS EC
5:30 p.m. ~ Dinner Theater, PS EC


Friday • Oct. 16
9:30 a.m. ~ Seated Strength, PS EC
11:00 a.m. ~ Weights 101, PS EC
1:00 p.m. ~ Parkinson's Exercise, PS EC

Face-to-Face Opportunities are open to independent living residents in the new Prairie Star Restaurant Event Center (PS EC). When entering the main building for events, residents must be screened. Masks are required.

NEW on Channel 1960

Explained: Whose Vote Counts
Channel 1960 continues the Netflix series, *Explained*, at 7 p.m. Tuesday, Oct. 13. In this episode see the roadblocks that stop voices from being heard from voter suppression to disenfranchisement.

Worship Service
New opportunities for televised Worship Service with Chaplain Patty Brown-Barnett, D.Min. will premiere each Wednesday at 11:30 a.m. Re-runs of the service will air each Sunday at 10:30 a.m. and 2 p.m. This week's sermon is titled *"The Wedding Banquet."*



Meadowlark Entertainment Guide

Tuesday, October 13	
10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
7:00 p.m.	Explained: Whose Vote Counts
Wednesday, October 14	
9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Worship Service with <i>Chaplain Patty-Brown Barnett, D.Min.</i>
2:00 p.m.	Weights 101 Exercise Class
Thursday, October 15	
10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
Friday, October 16	
9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
12:00 p.m.	Channel 1960 News
12:30 p.m.	Update with Lonnie Baker
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
5:00 p.m.	Channel 1960 News <i>Re-run from 12:00, 10/16</i>
5:30 p.m.	Update with Lonnie Baker <i>Re-run from 12:30, 10/16</i>