

Outbreak Identified at Meadowlark

An outbreak has been identified within Meadowlark, a not-for-profit continuing care retirement community in Manhattan. As of July 17, 2020, a total of eight staff and residents have tested positive in one of the dementia care houses. Approximately 80 tests connected to this outbreak have been administered. All staff are screened daily; however, an asymptomatic employee has tested positive.

Meadowlark's main campus, located at the corner of Kimball Avenue and Tuttle Creek Boulevard, is home to over 330 residents and employs nearly 500 people. The organization continues to follow recommendations from the Kansas Department of Health and Environment (KDHE), the Centers for Disease Control and Prevention (CDC), the Centers for Medicare and Medicaid Services (CMS), and local health officials to ensure best practices.

"While the majority of cases in Riley County have fallen into the 18-24 age range, COVID-19 adversely impacts all ages," said Andrew Adams, Public Health Emergency Preparedness Coordinator for Riley County Health Department. "A young person who does not feel sick or is not exhibiting symptoms may still be infected and can unknowingly spread COVID-19 to those at high risk. Meadowlark Hills has been, and continues to, take every precaution and measure to protect their staff and residents, and have acted quickly to investigate, test, trace and isolate individuals impacted by COVID-19. The health department has been in contact with Meadowlark Hills staff and are working together to respond to this outbreak."

Meadowlark is dedicated to health and wellbeing of its healthcare professionals and older adults. "Our teams ask the public to support this important effort by taking care of themselves and following precautions," said Lonnie Baker, CEO. "Meadowlark's greatest challenge has been and will continue to be asymptomatic spreaders of the novel coronavirus, which is a product of community spread."

Note from the Editor: The information above was released to the public shortly after noon on Friday, July 17, 2020. The press release was written in collaboration with the Riley County Health Department.

MASKED MYSTERY REVEALED!

The masked staff is Mariah Klusener, Miller Household Coordinator. Did you guess correctly?



COVID-19 & Campus Update



A new video update from Lonnie Baker, CEO, aired at 12:30 p.m. Friday, July 17. Lonnie shared that at the time of filming, which was the afternoon of Thursday, July 16, Meadowlark had two new positive cases for COVID-19. The two cases

were one staff member and one resident. Anyone at risk, meaning had been exposed/around the individuals that tested positive would be contacted by a Meadowlark staff member. **No resident in independent living (IL) or assisted living (AL) was at risk.** This means the staff member and resident who received positive test results were not in contact with any resident in IL or AL.

Since the taping of the video, Meadowlark received additional test results. These positive results breached the threshold (five positive cases) to label the current "cluster" as an *outbreak*. **Even with this additional development, IL and AL residents have not been in contact with any of the positive cases.** Additionally, most cases remain asymptomatic.

Lonnie also shared that the vegetable table would be in use again. Those who have an abundance of veggies from their garden plots that they would like to share can place them on the table in the Game Room.

recipe

The Crazy Cooks!

MURPHY DUGGAN & PAYTON BAKER

INGREDIENTS

4 Rice Krispies Treat bars

2/3 cup large pineapple chunks

8 strawberries, cut in quarters

8 large marshmallows

2 tablespoons hot fudge sauce,

chocolate or caramel sauce

DIRECTIONS SWEET FRUIT KABOBS

Cut each Rice Krispies Treats bar into 4 pieces.

On eight skewers, alternately thread cereal bar pieces, pineapple, strawberries, and marshmallows.

Place on serving plate.

Drizzle with fudge sauce. Enjoy!

Pig Out T-shirt Sales



We have been Piggin' Out for Parkinson's for 10 years! To show your support of Meadowlark Parkinson's Program, order an anniversary shirt today!

Short-sleeve shirts are available in adult small to 3X-large, as well as youth sizes. Long-sleeve shirts are available in adult sizes only, small to 2X-large. Short-sleeve shirts are \$18 for adult and \$13 for youth sizes. Long-sleeve shirts are \$22. To order a shirt, please contact Michele Riter at (785) 323-3832 or email mr iter@meadowlark.org.

Full Menu is BACK!

Prairie Star's full menu offerings will return tomorrow, July 21. The kitchen shutdown to install the new dish line was completed last week. Food production will resume in Prairie Star Restaurant's kitchen tomorrow.

Call (785) 323-3820 to place your delivery order for breakfast, lunch, and/or dinner. You can also use this number to submit grocery orders.

New Programming: Channel 1960

Osher Class: STEM Projects for Adults

Session two of the Osher Institute class *STEM Projects for Adults* will air on Channel 1960 at 6 p.m. Saturday, July 25. This is a three-part class that will run consecutive Saturdays and started on July 18. Re-runs of each episode will play at 9 a.m. the following Tuesday.

13TH: Netflix Documentary

Combining archival footage with testimony from activist and scholars, director Ava DuVernay's examination of the U.S. prison system looks at how the country's history of racial inequality drive the high rate of incarceration in America.

This piercing, Oscar-nominated film won Best Documentary at the Emmys, the BAFTAs, and the NAACP Image Awards. This feature film is rated TV-MA, for mature audiences.

The Celts, Ep. 4: From Camelot to Christ

In episode four of *The Celts* at 10:05 a.m. Saturday, July 25, the program looks at the slow collapse of the Roman Empire and saw the arrival of new cultures, which threatened the Celts. History claims that the British King, Vortigern, invited the Anglo Saxons into Britain to help fight the Picts, but they betrayed his trust and gradually took over the island.

Abstract: The Art of Design—Footwear

Step inside the minds of the most innovative designers in a variety of disciplines and learn how design impacts every aspect of life. On Tuesday, July 21, see the second installment of the series featuring Tinker Hatfield and Footwear Design. His background in architecture and athletics sparked his game-changing shoe design for Nike, including the iconic Air Jordan series.

Work That Brain!

Sudoku is played on a grid of 9x9 spaces. Each row, column, and square needs to be filled out with the numbers 1-9 without repeating any numbers within the row, column, or square.

			7					
3			5			6	9	1
		2				4		8
	2			1	5			
4						8		
		1						6
9	6	7						
	5			2				
				6	1			

Solution from 7/13

5	9	8	2	7	3	6	1	4
6	3	4	5	8	1	9	2	7
1	7	2	4	6	9	3	5	8
8	4	9	6	5	7	2	3	1
7	1	3	9	2	8	4	6	5
2	5	6	3	1	4	7	8	9
9	8	1	7	3	6	5	4	2
3	2	7	8	4	5	1	9	6
4	6	5	1	9	2	8	7	3

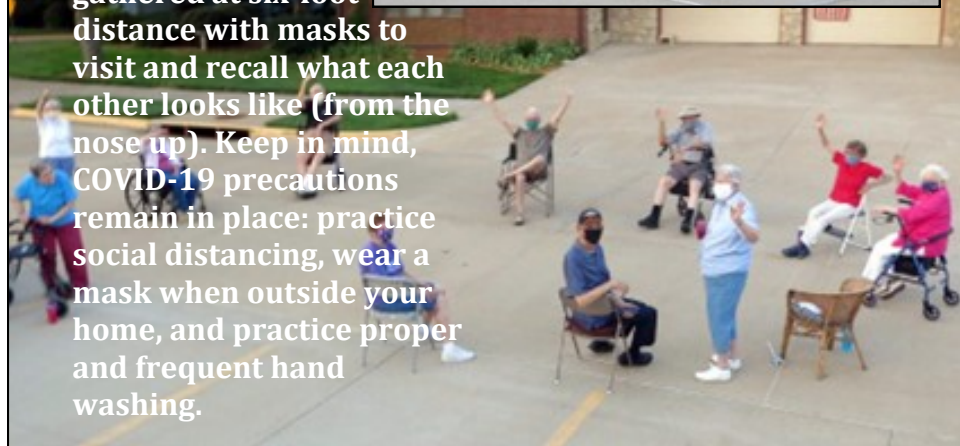


trash anthony
@awkwardrobot

Dad: I've got a license to grill
Child: No, not again--
Dad: They call me 1, A1
Child: Please, no
Dad: I'll take it steakin', not stirred



Kimball Neighborhood residents celebrated the Fourth of July in accordance with COVID-19 precautions. Residents gathered at six-foot distance with masks to visit and recall what each other looks like (from the nose up). Keep in mind, COVID-19 precautions remain in place: practice social distancing, wear a mask when outside your home, and practice proper and frequent hand washing.





Meadowlark Entertainment Guide

Tuesday, July 21

9:00 a.m.	Osher Class: STEM Projects <i>Re-run episode from 7/18</i>
10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
2:45 p.m.	Crazy Cooks: <i>Sweet Fruit Kabobs</i> <i>Re-run episode from 7/20</i>
3:00 p.m.	MEOW (Memory Program)
7:00 p.m.	Abstract: The Art of Design <i>Tinker Hatfield—Footwear Design</i>

Wednesday, July 22

9:00 a.m.	Comedy Club: Wake Up Funny
9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:30 a.m.	Sunday Church Service <i>Re-run episode from 7/19</i>
2:00 p.m.	Weights 101 Exercise Class
3:00 p.m.	Comedy Club: Afternoon Funny

Thursday, July 23

9:00 a.m.	MEOW (Memory Program) <i>Re-run episode from 7/21</i>
10:30 a.m.	Steady Yourself Exercise Class
11:30 a.m.	Chair Yoga Exercise Class
1:00 p.m.	Sweat It Out Aerobics Exercise
2:00 p.m.	Steady Yourself Exercise Class
2:45 p.m.	Crazy Cooks: <i>Sweet Fruit Kabobs</i> <i>Re-run episode from 7/20</i>
4:30 p.m.	Happy Hour with J-Mix: <i>Classic Daiquiri</i>

Friday, July 24

9:30 a.m.	Seated Strength Exercise
10:30 a.m.	Weights 101 Exercise Class
11:45 a.m.	Crazy Cooks: <i>Sweet Fruit Kabobs</i> <i>Re-run episode from 7/20</i>
12:00 p.m.	Channel 1960 News
12:30 p.m.	Update from Lonnie Baker, CEO
1:00 p.m.	Parkinson's Exercise Class
2:00 p.m.	Weights 101 Exercise Class
5:00 p.m.	Channel 1960 News <i>Re-run episode from Noon, 7/24</i>
5:30 p.m.	Update from Lonnie Baker, CEO <i>Re-run from 12:30 p.m., 7/24</i>
7:00 p.m.	Friday Night Program: 13TH <i>Netflix Documentary, full feature</i>

Saturday, July 25

9:00 a.m.	Comedy Club: Wake Up Funny <i>Re-run from 7/22</i>
9:15 a.m.	Update from Lonnie Baker, CEO <i>Re-run episode from 7/24</i>
9:30 a.m.	Band Bust Exercise Class
10:05 a.m.	The Celts, Episode Four: <i>From Camelot to Christ</i>
2:00 p.m.	Band Bust Exercise Class
3:00 p.m.	Comedy Club: Afternoon Funny <i>Re-run episode from 7/22</i>
3:15 p.m.	Update from Lonnie Baker, CEO <i>Re-run episode from 7/24</i>
4:30 p.m.	Happy Hour with J-Mix <i>Re-run episode from 7/23</i>
6:00 p.m.	Osher Class: STEM Projects <i>Session Two</i>

Featured Ice Cream Treat

Substitute the weekly ice cream treat for your dessert when you order a special or order it at anytime for just \$2! This week enjoy a

Chocolate Éclair Ice Cream Bar.