June 22, 2020 Manhattan, Kansas Messenger Editor: Sarah Duggan

Mini Monday Messenger

Warriors Wear Masks

Video campaign promotes wearing face masks during threat of COVID-19



Think MHK



Dave Brandenburg, a physical the rapist at Maximum Performance, and Richard Myers, Kansas State University president, don face coverings, on and off the job.

By Becky Fitzgerald, Development Director

A new video featuring Kansas State University President Richard Myers reminds us to wear masks when in public places to help stop the spread of COVID-19. Myers appears as part of a campaign called "Warriors Wear Masks," asking us to defend our community.

"In combat in Vietnam, I wore a mask and a helmet for my own safety," Myers said. "Today, I wear a mask for the safety of our

university, our community, and you. Defend your community and our small businesses by wearing a mask."

This video, and others currently in the works, was produced by a grass-roots, collaborative effort between several Manhattan businesses and non-profit organizations, said Steve Lee of S&N Design. The videos will feature persons who

wear a face covering daily in their line of work and who also are committed to wearing one outside their "office," wherever or whatever that might be. For example, in addition to doctors and nurses, one of the video subjects is expected to be a

welder.

Lee, whose mother previously was a Wroten House resident, said he was inspired by

Meadowlark staff members to spread the common sense message of wearing a mask.

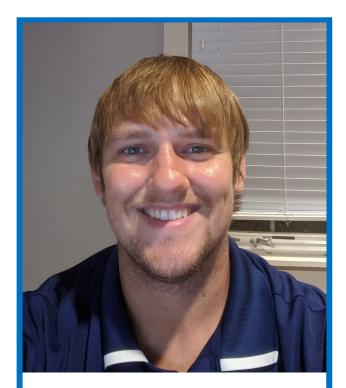
"They are doing everything that they can to take care of people," Lee said. "I really respect them."

He is not alone in his faith in simple virus precautions, such as mask wearing and frequent hand washing, as evidenced by the others who have collaborated on this effort. New Boston Creative Group, another Manhattan design firm, are tackling administrative duties and have garnered financial support from Meadowlark and the following: BHS Construction; City of Manhattan; Julie Johnson, biosafety officer at Biosecurity Research Institute; Manhattan Area Chamber of Commerce, and Mercy Community Health Foundation.

The videos are co-branded Thinkmhk and Meadowlark, explained Lisa Sisley, New Boston principal and the current Meadowlark Foundation board president. "The videos, along with the sponsor list, will live on the ThinkMHK shop local campaign website, part of the Manhattan Chamber site."

The video has been posted on ThinkMHK's Facebook page, and is expected to soon to be shared on Meadowlark's page.





MYSTERY REVEALED!

The masked staff member is Thatcher Damman, LPN in Honstead House. Try again next time in the June 25 Messenger.

Sewing Machine Repairs

If you are in need of sewing machine repairs or cleaning, you may contact Harriette Janke at (785) 410-2150 and she will help arrange a pick up. Chuck from Wallace's Stitching Post in Emporia has been cleaning and/or repairing sewing machines for many years. He does Husquvarna Viking sewing machines and Berninas. He will pick up my sewing machine at our Meadowlark checkpoint in a few days. There is also a place in Topeka for machine repairs and those are the only ones I know of in the area.

All we need to do is to put some of our sticky address labels or tags on all our items: cord, footfeed, carrying case, and machine and bring it to the front desk when we find out Chuck's arrival date.

On Mingling

submitted by Helen Roser

As I approach my 98th birthday, my memory has brought another failed attempt of Mama as she tried to make a Virginia-bred lady out of me.

I was the only kid at the big picnic. Ladies were proudly putting their cakes and pies on the big table as men stood around watching.

Mama had told me I should mingle. That meant saying a few words about something nice. Ladies didn't mingle with me except to tell me I had beautiful big sisters. Men told me I had pretty blue eyes and dimples. They liked me.

With everyone around the picnic table, now was a good time to mingle. So I spoke loud so everyone could hear.

"My favorite food is pork and beans!" I said. "They come in a can! Imagine that! You just take a can opener and open up the can, and there they are: pork and beans!"

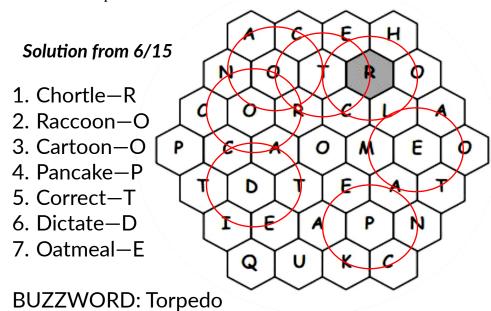
None of the ladies said anything or smiled at me. They just looked at each other. The men all smiled. Probably because they liked pork and beans, too.

Later, I told Mama: "I mingled, like you said!" She sounded tired as she said softly: "Yes, I know."

Come to think of it, that was the last time Mama told me to mingle.

Prairie Star Restaurant WEEKLY Ice Cream Treats

Prairie Star Restaurant is now offering a weekly ice cream treat! You can substitute it for your dessert at lunch or dinner when you order a special or order it at anytime for just \$2! This week's flavor is a Chocolate Chip Cookie Ice Cream Sandwich.



New Programming: Channel 1960

Artist Discussion at The National Gallery: Caravaggio

Channel 1960, June 23, at 7 p.m.

An Artist Discussion and showcase will play at 7 p.m. June 23 on Channel 1960. The National Gallery's Curator of Later Italian, Spanish, and French 17th-century Paintings, Letizia Treves, guides you through the tumultuous life of Caravaggio. She looks at how his innovative style developed from a focus on nature and expression in his early works to the sophistication of his mature works.

At Home Special by Cirque du Soleil

Channel 1960, June 26, at 7 p.m.
Tune in to Channel 1960 at 7 p.m. Friday June 26,

as Cirque du Soleil is brought right to your screen!

Enjoy a front-row seat to awe-inspiring moments of the larger-than-life shows of Alegria, KOOZA and KÀ! with never-before seen angles that can only be experienced up close.

The World of Stonehenge: Episode 4

Channel 1960, June 20, @ 10:05 a.m.

Tune into Channel 1960 at 10:05 a.m. Saturday, June 20, and watch episode three of the 2018 BBC Documentary series, The World of Stonehenge.

Neil Oliver reaches the end of his epic tour of our most distant past with the arrival of metals and the social revolution that ushered in a new age of social mobility, international trade, and village life.

Work That Brain

Seasons

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HOT CHOCOLATE
SPRING
LEAVES
SNOWMAN
FLOWERS
FLIP FLOPS
SEASONAL
SUNSHINE
SUMMER
SWIMMING
WINTER
RAKE
ICICLES
RAIN
FALL



Meadowlark Entertainment G U I D E

Tuesday, June 23

10:30 a.m.	Steady Yourself Exercise Class			
11:30 a.m.	Chair Yoga Exercise Class			
1:00 p.m.	Change & Loss Group with Bridget Larkin, LMSW & Kathleen Spearman, LMSW			
2:00 p.m.	Steady Yourself Exercise Class			
3:00 p.m.	MEOW (Memory Program)			
7:00 p.m.	Artist Discussion at The National Gallery: Caravaggio			

Wednesday, June 24

9:30 a.m.	Seated Strength Exercise			
10:30 a.m.	Weights 101 Exercise Class			
11:30 a.m.	Sunday Church Service Re-run episode from 6/21			
2:00 p.m.	Weights 101 Exercise Class			

Thursday, June 25

Tharsaay, same 25				
9:00 a.m.	MEOW (Memory Program) Re-run episode from 6/23			
10:30 a.m.	Steady Yourself Exercise Class			
11:30 a.m.	Chair Yoga Exercise Class			
2:00 p.m.	Steady Yourself Exercise Class			

Why do we tell actors to "break a leg?"

Because every play has a cast.

Friday, June 26

9:30 a.m.	Seated Strength Exercise		
10:30 a.m.	Weights 101 Exercise Class		
12:00 p.m.	Channel 1960 News		
12:30 p.m.	Update from Lonnie Baker, CEO		
1:00 p.m.	Parkinson's Exercise Class		
2:00 p.m.	Weights 101 Exercise Class		
5:00 p.m.	Channel 1960 News Re-run episode from Noon - 6/26		
5:30 p.m.	Update from Lonnie Baker, CEO Re-run from 12:30 p.m. on 6/26		
7:00 p.m.	At Home Special by Cirque du Soleil: Alegría, KOOZA, KÀ		

Saturday, June 27

9:15 a.m.	Update from Lonnie Baker, CEO Re-run episode from 6/26			
9:30 a.m.	Band Bust Exercise Class			
10:05 a.m.	The World of Stonehenge, Episode 4: Age of Bronze			
2:00 p.m.	Band Bust Exercise Class			
3:15 p.m.	Update from Lonnie Baker, CEO Re-run episode from 6/26			

There are some cancelations of Channel 1960 programming this week. Comedy Club, Cooking with Lisa, and Happy Hour with J-Mix will not be showing. Regular programming will resume next week.