

Holiday Schedule Changes

The Hospitality Desk will be closed at 5 p.m. NYE and closed New Year's Day. Verna Belle's Café will be closed at noon on NYE and closed all day Jan. 1. Next week's Messenger distribution will take place on Tuesday, Dec. 31.

Please be aware that Transportation, Maintenance, and Housekeeping will have limited staff on site for non-emergency needs. For urgent needs, please call (785) 537-4610 for an after hours phone line.

Vespers Service

Sunday, Dec. 29, at 7 p.m.

The Vespers service will be led by Rev. Ben Hitzfeld from First Christian Church at 7 p.m. Sunday, Dec. 29, in the Community Room. All are welcome.

Change & Loss Support Group

Monday, Dec. 30, at 2 p.m.

Join Bridget Larkin, LMSW, Kathleen Spearman, LMWS, and Chaplain Patty Brown-Barnett as they lead the Change and Loss Support Group at 2 p.m. Monday, Dec. 30, in the Flint Hills Room. This opportunity is open to all who wish to work through life changes and loss in a supportive environment.

K-State Bowl Game Watch Party

Tuesday, Dec. 31, at 2:30 p.m.

The K-State Wildcats take on the Midshipmen of the U.S. Naval Academy in the Liberty Bowl Tuesday, Dec. 31. Kick-off is at 2:45 p.m. Join us in the Community Room for a watch party. Coffee Corner will be hosted at this time with a K-State themed dessert and refreshments. The game will also be shown in the Game Room. Come ring in the new year by cheering on the Cats to victory!

Heartstrings Band

Friday, Jan. 3, at 7 p.m.

Bring in the new year with the Heart String Band at 7 p.m. Friday, Jan. 3, in the Community Room. Meadowlark welcomes back Joe and Kathy Hopeck, a husband and wife duo who have been performing in the Topeka, Kansas City, Manhattan, and Wichita

areas for over 10 years. They will provide an entertaining listening experience as they perform songs from the 50s, 60s, and 70s. If you love to dance, Heartstrings is for you! Don't miss out on this good time!

celebrate
**NEW YEAR'S
EVE**

at Prairie Star Restaurant
5 to 8 p.m.

HORS D'ŒUVRE
BBQ Shrimp & Gruyere Grits

STARTER
Soup, Salad, or Fruit

ENTREE
Roast Beef Tenderloin
with Béarnaise Sauce
Roasted Fingerling Potatoes
Sautéed Matchstick Vegetables

DESSERT
Raspberry Crème Brûlée
or Chocolate Mousse
*served with Champagne or
Sparkling Grape Juice*

reserve your spot **\$19**
at host stand

PRAIRIE★STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Dec. 29 ~ Lunch \$12	Dinner \$11
	Chicken Fairmont with Hunter's Sauce Wild Rice Vegetable du Jour	Lasagna Garlic Toast Vegetable du Jour
MONDAY	Dec. 30 ~ Lunch \$10	Dinner \$12
	Bacon & Green Onion Quiche Rice Pilaf Choice of Vegetable	Roast Pork Loin Au Gratin Potatoes Vegetable du Jour
TUESDAY	Dec. 31 ~ Lunch \$7	Dinner \$19
	Taco Bar <i>(does not include drink, starter, or dessert)</i>	New Year's Eve Celebration <i>See front page for menu.</i>
WED.	Jan. 1 ~ Lunch \$10	Dinner ~ \$13
	Black Eyed Peas & Ham Cornbread Vegetable du Jour	Beef Stroganoff Noodles Vegetable
THURS.	Jan. 2 ~ Lunch \$8	Dinner \$12
	Baked Potato Bar <i>(does not include drink, starter, or dessert)</i>	Meatloaf Mashed Potatoes & Gravy Vegetable du Jour
FRIDAY	Jan. 3 ~ Lunch \$10	Dinner \$12
	Tamale Pie Black Beans & Rice	Fried Catfish with Tartar Sauce Red Beans & Rice Vegetable du Jour
SAT.	Jan. 4 ~ Lunch \$10	Dinner \$15
	Philly Sandwich French Fries Coleslaw	Prime Rib au jus Twice Baked Potato Vegetable du Jour

DRINK SPECIAL | **Winter Bourbon Smash**
 1 oz. Bourbon, 1 oz. Orange Juice, Triple Sec, & Club Soda
\$3.75

Grosh Cinema Movies

Sunday, Dec. 29, to Saturday, Jan. 4, 2019

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, Dec. 29 — Daddy Day Care (2003)

■ Two men get laid off and have to become stay-at-home dads when they can't find jobs. This inspires them to open their own day-care center.

■ Co-Starring: Eddie Murphy, Jeff Garlin, & Anjelica Huston

■ Rated: PG; 1 hr. 32 min.

Monday, Dec. 30— The Marriage Story (2019) *Resident Request

■ Noah Baumbach's incisive and compassionate look at a marriage breaking up and a family staying together.

■ Co-Starring: Adam Driver, Scarlett Johansson, & Julia Greer

■ Rated R (for language throughout and sexual references); 2 hr. 17 min.

Tuesday, Dec. 31— Ocean's 11 (1960)

■ Danny Ocean gathers a group of his World War II compatriots to pull off the ultimate Las Vegas heist.

■ Together the eleven friends plan to rob five Las Vegas casinos in one night.

■ Co-Starring: Frank Sinatra, Dean Martin, & Sammy Davis Jr.

■ Rated Approved; 2 hr. 7 min.

Wednesday, Jan. 1— True Grit (2010)

■ A stubborn teenager enlists the help of a tough U.S. Marshal to track down her father's murderer.

■ Co-Starring: Jeff Bridges, Matt Damon, & Hailee Steinfeld

■ Rated PG; 1 hr. 50 min.

Thursday, Jan. 2 — The Art of Racing in the Rain (2019) *Resident Request

■ Through his bond with his owner, aspiring Formula One race car driver Denny, golden retriever Enzo learns that the techniques needed on the racetrack can also be used to successfully navigate the journey of life.

■ Co-Starring: Kevin Costner, Milo Ventimiglia, & Jackie Minns

■ Rated PG; 1 hr. 49 min.

Friday, Jan. 3—Popeye (1980)

■ The adventures of the famous sailor man and his friends in the seaside town of Sweethaven.

■ Co-Starring: Robin Williams, Shelley Duvall, & Ray Walston

■ Rated PG; 1 hr. 54 min.

Saturday, Jan. 4 — Lean on Pete (2017)

■ A teenager gets a summer job working for a horse trainer and befriends the fading racehorse, Lean on Pete.

■ Co-Starring: Charlie Plummer, Amy Seimetz, & Travis Fimmel

■ Rated R (for language and brief violence); 2 hr. 1 min.

To request a movie, visit the Reception Desk or complete a survey card in the Grosh Cinema.

Weekly Opportunities Calendar Dec. 29 to Jan. 4

Sunday • Dec. 29

Manhattan Room—open seating at lunch & dinner
9:30 a.m. ~ Miller Worship Service, MFR
10:30 a.m. ~ Worship Service, CR
2:00 p.m. ~ Wroten Worship Service, WL
7:00 p.m. ~ Vespers by Rev. Ben Hitzfeld, CR

Monday • Dec. 30

Manhattan Room—open seating at lunch & dinner
9:30 a.m. ~ Seated Strength, CR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
12:00 p.m. ~ Yoga, CR
1:00 p.m. ~ Parkinson's Exercise Class, CR
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
2:00 p.m. ~ Change & Loss Support Group, FHR
7:00 p.m. ~ Community Bingo, CR

Tuesday • Dec. 31 *Trash & recycling pick-up*

Manhattan Room—no open seating available
2:30 p.m. ~ K-State Game Watch Party, CR/GR
5:00 to 8:00 p.m. ~ New Year's Eve Dinner, PS/MR
**prior reservation required*
7:00 p.m. ~ Dominoes, GR

Wednesday • Jan. 1 ~ *New Year's Day*

Thursday • Jan. 2

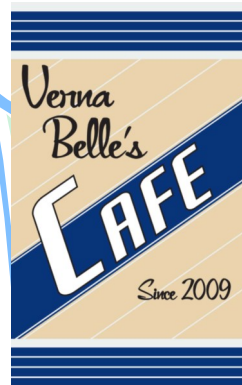
Manhattan Room—no open seating available
10:30 a.m. ~ Steady Yourself, CR
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
5:30 p.m. ~ Meadowlark Circle Dinner, MR

Friday • Jan. 3

Manhattan Room—open seating at lunch & dinner
9:30 a.m. ~ Seated Strength, CR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ Hand & Foot Card Games, GR
1:00 p.m. ~ Parkinson's Exercise Class, CR
3:30 p.m. ~ Catholic Mass, CR
7:00 p.m. ~ Heartstrings Band, CR

Saturday • Jan. 4

Manhattan Room—open seating at lunch & dinner
9:30 a.m. ~ Painting for Fun, MCR



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, Dec. 29

Breakfast: Omelets with Fruit

Monday, Dec. 30

Breakfast: Biscuits & Gravy
Lunch: Turkey Reuben & Side
turkey, sauerkraut, Swiss cheese, & thousand island dressing on butter-toasted rye bread
~\$4.50/6.50

Tuesday, Dec. 31 ~closed at noon

Breakfast: Breakfast Sandwich with Fruit

Wednesday, Jan. 1 ~ closed all day

Thursday, Jan. 2

Breakfast: Biscuits & Gravy
Lunch: Shepard's Pie
ground beef, onions, carrots, green beans, & corn baked in a brown gravy topped with cheesy mashed potatoes ~\$4.50/\$6.50

Friday, Jan. 3

Breakfast: Waffle or Pancake
Lunch: Chicken Burrito Bowl
cilantro lime rice topped with chicken, black beans, & your choice of toppings from the salad bar ~\$6.50

Saturday, Jan. 4

Breakfast: A la carte menu options

Room Abbreviations

WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	HD, Hospitality Desk
KR, Kansas Room (Pub)	KSU CL, KSU Classroom
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
VB, Verna Belle's	CY, Courtyard