

November 27, 2019 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit focused on supporting people in living their best lives

I'm Thankful For...



by Sarah Duggan, Community Relations Director Edward and I love to host a party. We don't typically get to be the destination for holidays so last year we took matters into our own hands and held our firstever Friendsgiving celebration.

Friendsgiving is just like Thanksgiving only the guests are typically your friends and neighbors. Last year we hosted two sets of neighbors and this year we grew by two more families! Friendsgiving was last Saturday. We shared great food, delicious drinks, and several fun games. But we have even more joy to share this year. My family has agreed to come to Manhattan for Thanksgiving! So this Thursday, we'll be prepping our second turkey of the season, whipping up some fall sangria, and yummy side dishes. The Duggans can't wait to have a full house of the Guge family, which fills me with a genuine thankfulness.

Thanksgiving is exciting for Murphy because she has a full week off from school. Thanksgiving is exciting for Eilish because she loves a good party.

Thanksgiving for me is the wonderful middle of the holiday season, which starts for me on Halloween. I love the gatherings, the food, and the time with people I enjoy Although I feel that I am thankful year round, Thanksgiving is a great opportunity to acknowledge all of our blessings. I am thankful for my family and our health. I'm thankful for a job I love that challenges me to grow and supports my success. I am thankful for the opportunity to build genuine and lasting relationships in the course of my days. I'm thankful for friends. I'm thankful for faith. I'm thankful for the ability in help others.

I wish you the happiest of Thanksgivings. Life is always changing.

Thanksgiving Desserts

Verna Belle's has prepared Thanksgiving desserts! Stop by to purchase your handmade holiday wreath dessert or hand pie for\$4 each.

Closings on Thanksgiving

The Hospitality Desk will be closed Thanksgiving Day. There will be no Friday night program on Friday, Nov. 29, due to the holiday weekend. Verna Belle's Café will be closed all day Thursday for the holiday. All exercise classes will be canceled Thursday and Friday. Pizazz Salon will be closed both Thursday and Friday.

Open Communion Service

Sunday, Dec. 1, at 4 p.m.

An Open Communion Service will be celebrated at 4 p.m. Sunday, Dec. 1, in the Flint Hills Room. All Christians are invited. The bread is gluten free. For more information, contact Ronald Williams at (785) 587-4122.

Vespers Service

Sunday, Dec. 1, at 7 p.m.

The Vespers service will be led by Rev. Ben Hitzfeld from First Christian Church at 7 p.m. Sunday, Dec. 1, in the Community Room. All are welcome.

Town Meeting

Monday, Dec. 2, at 9:30 a.m.

Join us for December's Town Meeting to hear the news and happenings at Meadowlark. The meeting will take place at 9:30 a.m. Monday, Dec. 2, in the Community Room.

Change & Loss Support Group

Monday, Dec. 2, at 2 p.m.

Join Bridget Larkin, MSW and Chaplain Patty Brown-Barnett as they lead the Change and Loss Support Group at 2 p.m. Monday, Dec. 2, in the Flint Hills Room. The group will continue to meet the first, third, and fifth (when applicable) Monday of each month. This opportunity is open to all who wish to work through life changes and loss in a supportive environment.

BINGO! Holiday Edition

*Monday, Dec. 2, at 7 p.m.*Students from K-State's College of Education

would like to invite you to play bingo with them at 7 p.m. Monday, Dec. 2, in the Community Room. Members of the Education Council will be leading Community Bingo for a special holiday edition. Enjoy a festive evening and wear your favorite holiday sweater!

Guided Meditation

Tuesday, Dec. 3, at 10:30 a.m.

You're invited to attend Guided Meditation from 10:30 to 11 a.m. Tuesday, Dec. 3, in the Grosh Cinema. Medication helps elicit support for blocking out external forces and one's negative thoughts to focus on relaxed breathing and calmed senses. No prior experience or understanding of meditation is necessary.

Tap to Togetherness

Tuesday, Dec. 3, at 11 a.m.

The next session of Tap to Togetherness Across Populations will be from 11 to 11:30 a.m. Tuesday, Dec. 3, in the Community Room

The program uses inter-generational components and exercise to foster healthy minds, bodies, and relationships. Dance is excellent for the mind and body, and creates a way for participants to be socially engaged. See the attached flyer for details. No RSVP, dance experience, or specific shoes are required. We hope to see everyone there!

Coffee Corner

Tuesday, Dec. 3, at 3 p.m.

Join us for a weekly social hour, Coffee Corner, at 3 p.m. Tuesday, Dec. 3, in the Game Room. Verna Belle's featured dessert will be cupcakes. All are invited to attend!

Walmart/Dillons Shopping List

Wednesday, Dec. 4, 10 a.m.

Meadowlark Transportation takes a bus to Walmart and Dillons, eastside location, each Wednesday departing from the Village Entrance at 10 a.m. and returns about 11:30 a.m. There is no cost. The next trip is Wednesday, Dec. 4. Please sign up in the Blue Book at the Hospitality Desk to participate.

Memory Makers Luncheon

Wednesday, Dec. 4, 11 a.m.

The Memory Makers Luncheon will be from 11

a.m. to noon Wednesday, Dec. 4, in the Manhattan Room immediately follow Memory Program activities. The menu is Caesar salad, lasagna, garlic bread, broccoli, and apple cranberry crisp. The cost is \$10 per person plus tax. Please RSVP in the Blue Book at the Hospitality Desk or by calling (785) 323-3899.

Trust Company's Holiday Classic Friday, Dec. 6, at 3 p.m.

The Trust Company is hosting their annual Holiday Classic Friday, Dec. 6, in Prairie Star Restaurant and in the Manhattan Room. All are invited to enjoy refreshments beginning at 3 p.m. and holiday entertainment at 4 p.m. Reservations are required. To reserve your seats, please call (785) 323-3820 or sign up at the host stand in Prairie Star Restaurant.

Prairie Star Restaurant will be closed at dinner for regular service. Verna Belle's Café will be open until 6:30 p.m. and serve a dinner special of Chicken Alfredo Tortellini.

Meadowlark Singers Concert

Friday, Dec. 6, at 7 p.m.

All are invited to come and enjoy your very own Meadowlark Singers' Winter Concert at 7 p.m. Friday, Dec. 6, in the Community Room. Led by resident, Peg Ziser, the singers group have been preparing for months to entertain you with a evening of great singing!

Holiday Flute Choir

Saturday, Dec. 7, at 4:30 p.m.

Students of the K-State Flute Ensemble will be performing at 4:30 p.m. Saturday, Dec. 7, in the Community Room. All are welcome to attend and enjoy a holiday performance from flutists led by Dr. Colleen White, a professor at K-State's School of Music, Theatre, Dance.

Olsburg's Swedish Supper

Saturday, Dec. 7, from 4:30 to 6:30 p.m.

The Olsburg Lutheran Church is hosting their 63rd Annual Swedish Supper from 4:30 to 6:30 p.m. Saturday, Dec. 7. Tickets are \$15 per adult and \$7 for children six to 12 years old.

Get your tickets early, as last year they sold out and space is limited. You can purchase tickets from the Hospitality Desk with cash or check only.

K-State's Tatsumaki Yosakoi Dance Club Tuesday, Dec. 10, at 7 p.m.

Meadowlark welcomes K-State's Tatsumaki Yosakoi Dance Club for a special performance at 7 p.m. Tuesday, Dec. 10, in the Community Room. The group will perform a festival dance dedicated to resident, Nao Ohno, for her continued support.

Yosakoi, meaning "come at night," is a contemporary form of Japanese festival dance that started post-war Japan to uplift the spirits of the Japanese people. The energetic dance moves and music are a unique fusion of traditional and modern with regional folk tunes and Japanese instruments.

The K-State group began in 2005 by Seiki Ikeda and has had dancers from the age of nine to over 70 years old. The group invites everyone to dance with them.

Meadowlark Ladies Luncheon

Thursday, Dec. 12, at 12 p.m.

Ladies Luncheon is coming soon! All Meadowlark ladies are invited to sign up for a seat at the table at noon Thursday, Dec. 12, in the Manhattan Room. We will feast on festive chicken pot pie, Christmas applesauce, and a dessert of red raspberry ice cream sundaes.

This colorful luncheon is hosted by Nancy Prawl and Polly Ferrell. Please sign up in the Blue Book at the Hospitality Desk to reserve your spot.

Christmas Carousel

Friday, Dec. 13, various start times

Spots are filling up quickly! Don't miss out on the celebration of Candyland's 70th Anniversary for Christmas Carousel, Friday, Dec. 13. You'll get to see what happens when the board game comes to life and characters have to defend Candy Castle! Each group will begin in the front lobby then continue down the Community Center hallways in 30-minute intervals.

The groups will have staff members along to help guide you through the evening's events. Start times are as follows: Group One, 3:15 p.m.; Group Two, 3:50 p.m.; Group Three, 4:25 p.m.; Group Four, 5:00 p.m.; Group Five, 5:35 p.m. Reservations are required (and limited) for this event. You can make your reservation and selection of group by visiting the Hospitality Desk or calling (785) 323-3847.

Once the reservations close, each attendee will receive a personalized reminder card, which will indicate which time your group will begin the day of the party.

Prairie Star Restaurant will be a destination during Christmas Carousel and as a result will be closed the day of the party, Dec. 13. There will be a Chef's Special Buffet lunch available in the Game Room. Verna Belle's Cafe will have limited hours. Please contact Monte Spiller, Resident Services Leader, at (785) 323-3801 with questions regarding Christmas Carousel.

Little Apple Chorus

Sunday, Dec. 15, at 3 p.m.

The Little Apple Chorus will have their Harmony for the Holidays Christmas Program Sunday, Dec. 15, in Forum Hall at the K-State Union. The show begins at 3 p.m. and doors open at 2:30 p.m.

For this year's show, the chorus will be donating their profit to various vocal music programs.

Tickets can be purchased from any chorus member, online at *littleapplechrous.org*, or at the door. Tickets are \$15 per person.

How do YOU live YOUR way?

How do you live your best life? Meadowlark is creating a list of ways that people live their way every day and we need your help! We are needed know your answers to the following questions: What are your top five favorite things you currently do to live your way? What is one thing you want to do in the future to keep living your way?

If you are interested in sharing, please send an email to Sarah Duggan at <code>sguge@meadowlark.org</code> with your answers. You may also bring a list of your responses to the Hospitality Desk. We appreciate your willingness to participate in this development of this project!

🥻 December Birthdays 🔌

Healthcare	12/4	Dean Spencer		Rita Alouya
12/2 Ann Weston	12/12	Bob Pulford	12/9	Edward Payne
12/7 Bill Sesler	12/14	Sue Hunt	12/9	Amber Theobald
12/9 Barbara Hall	12/21	Verna Turnquist	12/9	Taylor Wheelock
12/11 Mary Smith	12/21	Ella Umphrey	12/10	Frida Strom
12/13 Wayne Engelhardt	12/23	Fred Rohles	12/12	Abby Cavender
12/16 Marjorie Schlegel	12/26	Janice Parsons	12/12	Talia Johnson
12/16 Glennis Couchman	12/27	Brian Spooner	12/13	Nissi Costello
12/17 Ruth Diller	12/27	Bea Rasmussen	12/13	Garrin Williams
12/19 Betty Banks	12/28	Orlan Buller	12/14	Tiffany Miller
12/22 Claudene Emrich	12/28	Bob Robinson	12/15	Devin Moore
12/27 Delores Case	12/29	Noel Stanton	12/15	Jewneika Wright
12/28 Marva Manus	12/29	Angie Fryer	12/16	Irina Rehberg
12/29 Pauline Livingston	12/30	Linda Hood	12/19	Jennie Brown
12/30 John Silva	12/30	Dorothea Boutz	12/19	Bridgett Sutton
	12/31	Don Emley	12/20	Velonika Burnett
Assisted Living			12/21	Latoria Hobbie
12/6 Darla Cadoret	Employ		12/22	Christina Wong
12/8 Mary O'Laughlin	12/1	Doug Fiser	12/23	Christine Borggreen
12/29 Alice Edmunds	12/1	Nicholas Piroutek	12/25	Brenda Emory
	12/1	Destinie Thomas	12/28	Cherlyn Garrett
Independent Living	12/2	Mikala Horn	12/30	Marking Daniels
12/1 Donna Alexander	12/4	Hailey Havenstein	12/31	Michelle Row
12/1 Robert Cranmer	12/5	Kenneth Kelley	12/31	Anna Spencer
12/2 Bill Anders				

Bold denotes a milestone birthday of 80, 90, 100 or 100+

Holiday Giving at Verna Belle's

'Tis the season! We have received several requests for an opportunity to donate items to help those in need this holiday season. Starting Monday, Dec. 2, Verna Belle's Café will be hosting a food drive benefiting the Flint Hills Bread Basket.

If you would like to participate, you may purchase a non-perishable food item from Verna Belle's and leave it in the wrapped boxed under the Café's Christmas Tree. Purchased items may be donated through Thursday, Dec. 12.

Christmas Reservations

Prairie Star Restaurant will begin taking reservations Friday, Nov. 29, for a Christmas meal. Residents and families can reserve seats from 11 a.m. to 2 p.m. on Christmas day. A full menu will be published in a future Messenger.

Happy Feet for Christmas

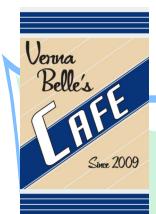
submitted by Polly Ferrell

Winter temperatures are on the way and for families in financial distress this can mean children and adults are left with cold feet. The Meadowlark Ladies Luncheon group is gathering donations for a Happy Feet for Christmas project. Our goal is to give the Manhattan Emergency Shelter at least 50 pairs of colorful festive Slipper Socks with treaded soles to be shared with those in need.

Fifty pairs of socks of all sizes, cost approximately \$150, on average \$3 a pair. We invite all Meadowlark residents to help us achieve our goal. As of Friday, Nov. 22, we have received \$62. You may add your dollars to the Happy Feet for Christmas jar located at the Hospitality Desk. No checks please, cash donations are preferred.

Thanks for the Memories

submitted by Esther Headrick
Thanks for being my neighbor, caregiver, and friend. The decade I've been at
Meadowlark has been full of great times, programs, lessons, worship services and many hors of happiness. I will miss you all.
And I will always wish you the best. It's been a great life.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m. Saturday & Sunday, 7 to 11 a.m. (785) 323-3818

Sunday, Dec. 1

Breakfast: Omelets with Fruit

Monday, Dec. 2

Breakfast: Biscuits & Gravy

Lunch: BBQ Pork Sandwich & Coleslaw tender pork & pickles on a hamburger bun served

with a side of coleslaw ~\$6.50

Tuesday, Dec. 3

Breakfast: Breakfast Sandwich with Fruit

Lunch: Chicken Enchiladas

shredded chicken, cheese, & spices wrapped in a flour tortilla topped with red sauce ~\$4.50/\$6.50

Wednesday, Dec. 4

Breakfast: Breakfast Burrito & Fruit Lunch: Philly Cheesesteak & Fries

roast beef, grilled peppers, & onions topped with cheese served with a side of fries **~\$4.50/\$6.50**

Thursday, Dec. 5

Breakfast: Biscuits & Gravy

Lunch: Hawaiian Pizza

ham, pineapple pieces, & cream cheese sauce on a

flatbread pizza **~\$4.50/\$6.50**

Friday, Dec. 6 ~ open until 6:30 p.m.

Breakfast: Waffle or Pancake **Lunch:** MJ's Trio Wrap & Chips

ham, turkey, bacon, and lettuce wrapped in a flour tortilla served with a side of chips ~\$4.50/\$6.50

Dinner: Chicken Alfredo Tortellini & Garlic Bread

chicken and tortellini in a creamy alfredo sauce

Saturday, Dec. 7

Breakfast: A la carte menu options



Restaurant Hours Monday to Saturday, 10:30 a.m. to 8 p.m. Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert. An extra vegetable can be substituted for the starch at no additional charge. The restaurant can accept up to four reservation per time, depending on party size. Reservations can be made in person or by calling 323-3820.

>	Dec. 1~ Lunch \$12	Dinner \$13		
SUNDAY	Baked Cornflake & Ranch Chicken Roasted Red Potatoes Vegetable du Jour	London Broil Twice Baked Potato Vegetable du Jour		
\	Dec. 2 ~ Lunch \$10	Dinner \$12		
TUESDAY MONDAY	BBQ Pulled Pork Sandwich Coleslaw French Fries	Artichoke & Spinach Chicken Roulades with Carrot Madeira Sauce Wild Rice Vegetable du Jour		
>	Dec. 3 ~ Lunch \$7	Dinner \$13		
TUESDA	Taco Bar (does not include drink, starter, or dessert)	Baked Ham with Honey Glaze Au Gratin Potatoes Vegetable du Jour		
	Dec. 4 ~ Lunch \$10	Dinner \$12		
WED.	Turkey ala King Rice Pilaf Choice of Vegetables	Beef Stroganoff & Noodles Vegetable du Jour		
	Dec. 5 ~ Lunch \$8	Dinner \$12		
THURS.	Baked Potato Bar (does not include drink, starter, or dessert)	Stir Fry Chicken Chinese Noodles Vegetable du Jour		
\	Dec. 6 ~ Lunch \$10	Dinner		
FRIDAY	Salmon Cakes with Cream Pea Sauce Rice Pilaf Choice of Vegetables	Restaurant closed		
	Dec. 7 ~ Lunch \$10	Dinner \$15		
SAT.	Beef Tip Fettuccine Garlic Toast Choice of Vegetable	Steak Baked Potato Vegetable du Jour		

Holiday Rum DRINK 4 oz. Eggnog & 1 1/2 oz. Spiced Rum

Grosh Cinema Movies

Sunday, Dec. 1, to Saturday, Dec. 7, 2019 Show Times: 1, 4 and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

■ Sunday, Dec. 1— <u>Jack and the Cuckoo-Clock Heart</u> (2013)

Jack's heart was replaced with a clock when he was born. The situation dictates that he should avoid feeling strong emotions—love, most of all.

Co-Starring: Mathias Malzieu, Olivia Ruiz, & Jean Rochefort

Rated: PG; 1 hr. 34 min.

■ Monday, Dec. 2— Let There Be Light (2017) *Resident Request

In this Christian-themed drama, one of the world's most famous atheists, Dr. Sol Harkins, has a near-death experience that profoundly transforms his perspectives on life, family and the existence of God.

Co-Starring: Kevin Sorbo, Sam Jenkins, & Dionne Warwick

Rated PG-13; 1 hr. 40 min.

Tuesday, Dec. 3— <u>Rebel Without a Cause</u> (1955)

Arriving in a new town with his troubled past, Jim quickly falls for the girl next door and new friends forming a surrogate family fueled by alienation.

■ Co-Starring: James Dean, Natalie Wood, & Sal Mineo

■ Rated PG-13: 1 hr. 51 min.

■ Wednesday, Dec. 4— <u>Yours, Mine & Ours</u> (2005)

Dennis Quaid and Rene Russo take on the roles made famous by Henry Fonda and Lucille Ball in this remake of the 1968 comedy about two single parents who plan to marry and merge their broods into one "happy" family.

Co-Starring: Dennis Quaid, Rene Russo, & Sean Faris

Rated PG; 1 hr. 30 min.

Thursday, Dec. 5— <u>Who's Eating Gilbert Grape</u> (1993)

■ In a small lowa town, young Gilbert is torn between taking care of his troubled family and a girl who shows him new possibilities for his life.

■ Co-Starring: Johnny Depp, Leonardo DiCaprio, & Juliette Lewis

■ Rated PG-13; 1 hr. 57 min.

Friday, Dec. 6— Going in Style (2017) *Resident Request

Cheated out of their pensions, three elderly friends decide to extract justice from the system by robbing a bank and then heading for Las Vegas. But their grand plan starts to fall apart when a dogged FBI agent picks up their trail.

Co-Starring: Morgan Freeman, Michael Caine, & Alan Arkin

Rated PG-13; 1 hr. 36 min.

■ Saturday, Dec. 7— <u>The Water Diviner</u>

■ Years after the presumed death of his three sons in battle, a grieving farmer journeys to Turkey to find ■ them and return them to their homeland.

Co-Starring: Russell Crowe, Olga Kurylenko, & Yilmaz Erdogan

Rated R for war violence; 1 hr. 51 min.

Weekly Opportunities Calendar Dec. 1 to Dec. 7

Sunday • Dec. 1

Manhattan Room—open seating at lunch & dinner

9:30 a.m. ~ Miller Worship Service, MFR

10:30 a.m. ~ Worship Service, CR

2:00 p.m. ~ Wroten Worship Service, WL

4:00 p.m. ~ Open Communion Service, FHR

7:00 p.m. ~ Vespers by Rev. Ben Hitzfeld, CR

Monday • Dec. 2

Manhattan Room—open seating at lunch & dinner

7:30 a.m. ~ 1st Pres. Men's Bible Study,

9:30 a.m. ~ Town Meeting, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:00 p.m. ~ Weights 101, CR

12:00 p.m. ~ Yoga, KSU CL

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

1:45 p.m. ~ Parkinson's Voice Class, CR

2:00 p.m. ~ Change & Loss Support Group, FHR

3:30 p.m. ~ Meadowlark Singers Practice, KSU CL

7:00 p.m. ~ Holiday Bingo, CR

Tuesday ● **Dec. 3** Trash & recycling pick-up

Manhattan Room—open seating at dinner only

10:30 a.m. ~ Steady Yourself, CR

10:30 a.m. ~ Guided Meditation, GC

11:00 a.m. ~Tap to Togetherness, CR

11:15 a.m. ~ Chair Yoga, KSU CL

12:00 p.m. ~ Seven Dolors Book Discussion, MR

12:00 p.m. ~ Kimball Luncheon, MR

2:00 p.m. ~ LifeStory Writing Group, FHR

3:00 p.m. ~ Coffee Corner, *moved to GR

7:00 p.m. ~ Dominoes, GR

Wednesday ● Dec. 4

Manhattan Room—no open seating available

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Memory Activities Class, KSU CL

10:00 a.m. ~ Memory Café, FHR

10:00 a.m. ~ Memory Care Partners Supp. Grp, GC

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

11:00 a.m. ~ Memory Makers Luncheon, MR

11:30 a.m. ~ Men's Club Luncheon, WCR

12:00 p.m. ~ Yoga, CR

1:00 p.m. ~ Pitch, GR

1:15 p.m. ~ Dr. Tran's Foot Clinic, CR

1:30 p.m. ~ Hearing Aid Doctor, FHR

3:00 p.m. ~ Rock Steady Boxing, CSC

3:00 p.m. ~ Rock Steady Boxing, KSU CL

3:00 p.m. ~ Ice Cream Social, VB

5:30 p.m. ~ 1st Floor Supper, FHR

5:30 p.m. ~ Gerontology Class, CR

Thursday • Dec. 5

Manhattan Room—open seating at lunch only

8:30 a.m. ~ Messenger Team, WCR

10:00 a.m. ~ Meadowlark Bible Study, FHR

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

1:30 p.m. ~ Parkinson's Program Holiday Party, CR

Friday • Dec. 6

Manhattan Room—open seating at lunch only

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:30 p.m. ~ Mending Angel, GR

1:00 p.m. ~ Hand & Foot Card Games, GR

1:00 p.m. ~ Parkinson's Exercise Class, CR

3:00 p.m. ~ Trust Company's Holiday Classic, MR

*prior reservation required

3:30 p.m. ~ Catholic Mass, CR

4:00 p.m. ~ Meadowlark Singers Practice, CR

7:00 p.m. ~ Meadowlark Singers Concert, CR

Saturday • Dec. 7

Manhattan Room—open seating at lunch & dinner

9:30 a.m. ~ Painting for Fun, MCR

4:30 p.m. ~ Holiday Flute Choir, CR

Room Abbreviations

WCR, West Conference Room CR, Community Room

CSC, Combative Sports Center GR, Game Room FHR, Flint Hills Room

GC, Grosh Cinema

KR, Kansas Room (Pub) MFR, Miller Friendship Rm **PS**, Prairie Star Restaurant

VB. Verna Belle's

MCR, Miller Craft Room **HD**, Hospitality Desk

KSU CL, KSU Classroom MR, Manhattan Room

VE, Village Entrance

CY, Courtyard

Meadowlark News and Announcements can be viewed on Channel 1960