

New Trail Leads to Dedicated Space

by Michele Riter

Construction of Meadowlark's trail will add a paved path from the Tuttle Creek Boulevard entrance to Stillman Cemetery. After completion in the next few weeks, this will allow for easier access to the Stillman Cemetery. This addition to the trail will be wide enough for a golf cart to pass through.

Stillman Cemetery re-creates a cemetery of unknown name that originally lay about 60 yards to the southeast. Meadowlark Hills' commitment to honor the memory of the deceased led to the cemetery's relocation. The excavation was conducted by professional archeologists under the authority of the District Court. The remains were re-interred in 2007.

The cemetery was actively used circa 1860 to 1900. With the last burial, made in 1900, being that of Dr. William Henry Stillman, who owned the land. Dr. Stillman was a physician who operated an unofficial poor farm and possibly an orphanage.

The cemetery holds 17

Dedication plaque laid in stone at the cemetery with workers on the trail.



The beginning of the improved trail leading to the Stillman Cemetery.

graves, four of which are empty. One of these originally was the grave of Dr. Stillman's daughter, Elsie, who died in 1878 at the age of 18 months. Another was Dr. Stillman's original grave. Dr. Stillman died in September 1900. His and Elsie's remains were moved to sunset cemetery in March, 1901. The other two empty graves are those of Geary Taylor, who died in April 1875 at age 22, and his niece,

Martha Jane Taylor who lived only 3 days. The Taylors were moved to Sunset Cemetery in 1880. There were no headstones or markers of the size of the plots. During the excavations, some coffins were preserved and mostly intact, with others fallen apart in the soil.

Historical investigators worked to find records of who these individuals were that had been buried at Stillman Cemetery. An analytical reporter, studied the remains to determine the person's sex, age, and identifying artifacts. Along with that information, historical society records

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Scam Warning

If you are contacted online about a computer support payment, do not pay online with a gift card from Target, etc. They are smooth conmen.

Vespers Service

Sunday, July 21, at 7 p.m.

The Vespers service will be led by Rev. Diana Chapel from Odgen United Methodist Church at 7 p.m. Sunday, July 21, in the Community Room. All are welcome.

Coffee Connections

Monday, July 22, at 2 p.m.

Enjoy a nice cup of coffee, with great company! Miller Place is hosting Coffee Connections at 2 p.m. Monday, July 22, in the Miller Friendship Room. Join volunteers and residents in interesting conversation as they discuss a fun “topic of the day” and share stories. All residents and friends are welcome to attend!

Speedy Pd Art Workshop

Thursday, July 25, at 10:30 a.m.

Join us at 10:30 a.m. Thursday, July 25, in the KSU Classroom to make the art for the Age Group Awards for the Speedy Pd Race. Anyone affected by Pd is encouraged to attend and create the awards that give the Speedy Pd the most unique Age Group Awards in the region.

Kathrine Schlageck, Beach Museum Education Director, will provide the materials, assistance and inspiration. No art experience required.

Family, Food & Fishing!

Tuesday, July 23, at 8 a.m.

Meadowlark welcomes all residents, staff and family members to join in on a day of fishing down at Bayer Pond Tuesday, July 23. Fishing will start at 8 a.m. and end at 1 p.m. Lunch including hot dogs, hamburgers, and chips will be provided starting at 11 a.m.

This is a great opportunity to relax with some good fishing and even better company. If you have your own fishing equipment, you are encouraged to bring it. There will be some equipment available to borrow. For questions, contact Monte Spiller at (785) 323-3801.

Coffee Corner

Tuesday, July 23, at 3 p.m.

All Meadowlark residents are invited to a social hour starting at 3 p.m. Tuesday, July 23, in the Community Room. Verna Belle’s featured dessert will be Frozen S’mores Bars.

ARTFull Memories at Beach Museum

Wednesday, July 24, at 10 a.m.

Meadowlark Memory Program will be taking a Trip to the Mariana Kistler Beach Museum Wednesday, July 24. Meadowlark transportation will be provided and departs from the Village Entrance at 9:45 a.m. Join the group to enjoy the Beach Museum and take part in discussions there.

The Moving for Memories walk will take place around the K-State Campus following the museum tour for all who are interested in joining.

Diabetic Support Group

Wednesday, July 24, at 1:30 p.m.

The Diabetic Support Group will meet at 1:30 p.m. Wednesday, July 24, in the Flint Hills Room. This opportunity is available for all that are interested. For questions, contact Lisa Schwarz at (785) 323-3820.

Speedy Pd Training/Walking Group

Thursday, July 25, at 9:30 a.m.

The time has come to start preparing for the annual Speedy Pd Race for Parkinson’s Disease, which will take place Saturday, August 24, at Tuttle Creek State Park. Beginning Thursday, July 25, a walking group will meet at 9:30 a.m. in the Village Entrance. We will walk various routes around Meadowlark. All walking speeds are welcome. The walking groups are not exclusively for participants in Speedy Pd; everyone is welcome to join us. The walking group will meet each Thursday morning until Thursday, Aug.22.

Fiesta to Remember

Thursday, July 25, from 11 a.m. to 9 p.m.

Coco Bolos in Aggieville, known to many for Loud Food and Spicy Music, will be true to its motto during an awareness and fundraising event to support Meadowlark Memory Program. Food and drink specials as well as live music are part of the plan during the inaugural Fiesta to Remember. Enjoy “tastes and tunes for a reason” between the hours of 11 a.m. and 9 p.m. on Thursday, July 25. Coco Bolos will donate 10% of the proceeds from the day. This event is sponsored by Central

National Bank

Daily specials include grilled street skewers – select chicken, steak or shrimp – with sides of coconut rice and black beans for \$13.99 and a “brain food” option of red fish with a vegetable medley and scalloped potatoes for \$15.99. Prefer a lighter option or smaller portion? Order off the menu!

Daily drink specials are margarita carafes for \$5 and a Rum Runner cocktail for \$7. The evening’s “spicy music” will be provided by Los Yumas from 7 to 9 p.m. This local Latin jazz band appears as part of Coco Bolos’ summer Landshark Music Series, so Landshark Island-Style Lager is the day’s featured beer at \$3 each.

Because of road construction near Aggieville, and construction in Aggieville that limits parking, those who’d like to join the fun are invited to use complimentary Meadowlark transportation. Two lunchtime rides are available, at 11 a.m. and 12:30 p.m. Please register in the Blue Book.

All-Campus Party

Thursday, July 25, at 2:30 p.m.

Oh the weather outside is sunny, and we thought it would be funny to fire up the grill and invite you to chill at our Christmas in July party! Join Honstead House for a special Christmas in July celebration at 2:30 p.m. Thursday, July 25, in the Community Room.

Favorite Christmas foods with a fun, summer twist will be served. Santa Claus will be making an appearance, so don’t miss out! Dressing in your best Christmas in July attire is encouraged!

Parkinson’s Partner Luncheon

Friday, July 26, at 12 p.m.

Join Meadowlark Parkinson’s Program for a relaxing lunch at 12 p.m. Friday, July 26, in the Manhattan Room. Please sign up in the Blue Book at the Hospitality Desk by Monday, July 22.

Performance by Emily Stillwell

Friday, July 26, at 7 p.m.

Meadowlark is excited to welcome back, Emily Stillwell. Emily is a jazz, folk singer-songwriter from Atlanta. Her repertoire ranges from classical piano, jazz standards, down-home blues and greats of the 20’s and 30’s.

Join us for a special treat at 7 p.m. Friday, July 26, in the Community Room. All are welcome!

Fellowship Hour

Saturday, July 27, at 10:30 a.m.

Come join our newest volunteers, Jerry and Naketa Lawrence, on the fourth Saturday of every month, in the KSU Classroom, from 10:30 to 11:30 a.m. for Fellowship Hour. This will be a time of fellowship, singing, and reading of the Psalms. You will have an opportunity to share your favorite Psalm, and they will read it aloud to everyone in attendance. You can also sing along with them as they sing hymns. Jerry and Naketa have decided to relocate to Kansas for ministry and love to give back by way of serving others. They look forward to meeting everyone very soon! Refreshments will be served.

Memorial Service for Case Bonebrake

Saturday, July 27, at 11:00 a.m.

The family of Case Bonebrake invites all to attend a memorial service at 11 a.m. Saturday, July 27, in the Community Room. This will be a time to remember and celebrate Case’s life.

FUMC Welcomes New Pastor

Monday, July 29, at 3:30 p.m.

A new Senior Pastor, Rev. Barry Dundas, is being welcomed to First United Methodist Church. Meadowlark has 59 residents who are affiliated with FUMC.

Because not all of those residents are able to attend a Sunday morning worship, Pastor Barry is coming to Meadowlark for a visit Monday, July 29, at 3:30 p.m. in the Community Room. As always, all Meadowlark friends of FUMC are invited to join this occasion too.

Refreshments will be served as we share out FUMC connection. Pastor Barry will share his thoughts and prayer with us too.

Personal invitation were issued to each of the 59 FUMC residents and each person was asked to return the last page of the invitation to Polly Ferrell. All of our thoughts are being compiled to present to Pastor Barry at the event. To date, only 25 have been returned, Please help us to complete our 100% response goal.

Mindful Connections

Tuesday, July 30, at 5:30 p.m.

Meadowlark Memory Program invites anyone interested to attend Mindful Connections, an educational opportunity at 5:30 p.m. Tuesday, July

30, in the Community Room.

This session, "Creative Self-Care for Those Affected by Memory Changes," will be an interactive learning experience. Join us for a variety of different activities to help with relaxation and engagement for individuals experiencing memory changes and those providing care.

Refreshments will be served. No prior registration is required. For questions, please call (785) 323-3899.

Great Plains Theatre

Wednesday, August 7, at 12:30 p.m.

Meadowlark will be taking a trip to the Great Plains Theatre located in Abilene, KS on Wednesday, August 7. The show for the day is "Joseph and the Amazing Technicolor Dreamcoat." An audience favorite, this musical with lyrics by Tim Rice and music by Andrew Lloyd Webber is based on the story of Joseph and his "coat of many colors" from the Book of Genesis.

Cost for the trip is \$40, which includes the ticket and transportation. If our group is 10 or more people, the price will decrease to \$33 per person. There is no-refund policy after the ticket is purchased. Please sign up in the Blue Book at the Hospitality Desk. The show begins at 2 p.m. and transportation will leave from the Village Entrance at 12:30 p.m. For questions, please contact Monte Spiller at (785) 323-3801.

Notes from the Library

submitted by Pat Hook

Oh, the car came back

She wouldn't stay away.

She was sitting on the front porch

The very next day.

Remember that old song? Our library cat, Sunflower, was gone for a while, but has returned. She brought with her an old friend, Hank Thealleycat. Hank, a veteran of the great Battle of the Bulg-ing Trashcan is actually an old sweetie and loves hugs, especially from the ladies.

You may have noticed some books on the mantel. This is the set of Amish Sugar Creek Mysteries. Looks interesting!

The "Love Finds You" series is popular. These are by various authors and are shelved under letter "c." No, I don't know why they are there...

We also have the series by Harold G. Ross. Yes,

this is a local guy from Ross and Mitchel Development Company. Westerns with a local touch!

On Moments with Frank

submitted by Helen Roser

I sat, twiddling my drink in Los Angeles, listening to reports of Frank Sinatra. The most wanted performer, who was rude to their high-rollers. He had said to the wife of one: "Get out of my way, you fat broad!" It was in a casino in Las Vegas.

"Just awful!" My friends said. That was when I said in my cheerful voice: "Frank Sinatra thinks I am sweet!"

There were gasps. "What? You spoke to Frank Sinatra?" "Yes," I said, adding: "He thinks I am sweet." They hung on my words: "It was early Saturday morning in Beverly Hills. The store had just opened. The only ones in sight were Frank Sinatra, looking at Christmas decorations, with his man standing protectfully nearby.

I approached Frank Sinatra and said quietly: "Excuse me, Mr. Sinatra," and waited. He looked up. I said: "I don't mean to intrude on your personal time" (he was listening) "but I want to thank you for all the years of enjoyment you have given me."

He straightened up, smiling, with a "tell me more" expression. So I told him I'd been a fan of his singing since he sang with Tommy Dorsey. He smiled. He liked that, so I continued: "Then you began singing on Your Hit Parade every Saturday night. But then I went to Washington, D.C. to work for headquarters, United States Army Air Corps, and I had no radio. They weren't making them for civilians, but there was one out in a little store in Maryland. They'd save it for me if I'd come by Saturday."

"So, on Saturday, I set out to get it. It was pouring rain and windy. My umbrella was immediately wrecked, but I was wearing a rain coat. It took me walking several blocks, then two street cars and a bus and more walking. But I got there in time to get my radio. I wrapped it in my rain coat, made the return trip to home, arriving just in time for the 9 p.m. Your Hit Parade. You were introducing "That Old Black Magic'."

I stood, dripping, soaked to the skin, listening to you sing, feeling: "It was all worth it!" He loved hearing it. Bending toward me, he said "That is very nice," then: "Are you alone?" I lied and said

that someone was waiting for me. Looking disappointed, he said: "Oh", then holding my hand, he said: "You're sweet." Then we parted.

"Are you kidding me?" one of the men yelled. "You turned down a chance to be with Frank Sinatra?"

Yes, he was between marriages, ripe for tabloid trash headlines: "Who is the nobody Frank Sinatra is having a torrid romance with?" Etc. Etc.

Who needed it? He didn't, I didn't. We had had a few minutes of a brief encounter we both enjoyed. But when I heard him being trashed, I spoke up quietly: "Frank Sinatra thinks I am sweet", I offered nothing more as the skeptic looked at me as if to say: "Yeah! You wish! In your dreams!"

OPEN!

MEADOWLARK MARKET

Furniture and Fabulous Finds

July 26, 27, 28

10 a.m. to 3 p.m.

Friday & Saturday

Noon to 4 p.m.—Sunday

1217 Meadowlark Circle

Proceeds benefit Good Samaritan Fund



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, July 21

Breakfast: Omelets with Fruit

Monday, July 22

Breakfast: Biscuits & Gravy

Lunch: Turkey Cream Cheese Bagel & Side
turkey, Swiss cheese, tomato, cucumber, avocado &
cream cheese on an everything bagel ~ \$4.50/\$6.50

Tuesday, July 23

Breakfast: Breakfast Sandwich with Fruit

Lunch: Mini Chicken Bacon Ranch Sandwich
shredded chicken, bacon, cheddar cheese & ranch
dressing on a mini bun ~\$4.50/\$6.50

Wednesday, July 24

Breakfast: Breakfast Burrito & Fruit

Lunch: Bierocks & Side
ground beef, shredded cabbage & onions in a biscuit
~\$6.50

Thursday, July 25

Breakfast: Biscuits & Gravy

Lunch: Avocado BLT & Side
avocado, bacon, lettuce & tomato on toasted
wheatberry bread ~\$4.50/\$6.50

Friday, July 26

Breakfast: Waffle or Pancake

Lunch: Nacho Burger & Side
grilled hamburger topped with nacho cheese, pico de
gallo & lettuce on a butter-toasted bun ~\$6.50

Saturday, July 27

Breakfast: A la carte menu options

Florida Panhandle

submitted by Dotty Blacker

In 1996 I moved from a 2-year residency in downtown Los Angeles to Valparaiso, Florida, primarily because of its proximity to Eglin Air Force Base, the benefits of my military widow status, my age and that I like the Florida panhandle.

The Eglin AFB area is huge; I think about 450,000 acres. Most of the training for WW2 was conducted there. A civilian contracting company, Jackson Guard, is responsible for taking care of all the environmental property which includes the forested area and its inhabitants as well as a good bit of beach area.

Volunteers played a big part and I was proud to be one of them. I helped keep track of wild turkeys, beach mice, and did sea turtle patrol. There were burrowing owls who set up shop on the main bombing range. There was one big target where an owl had dug a nest. An owl kept watch by perching on a corner of the target. So much for the story of wise old owls.

The feral hogs were a nasty problem because they dig up anything, everything. They liked nests with eggs and small, defenseless critters and dug in the roots of forest growth.

My primary job was sea turtle patrol which I did for nine years; once a week at daylight from May through October. Most of the Florida sea turtle activity is in the warmer southern area. Some venture north to the Ft. Walton Beach barrier island, which is owned by the military. The island was very secure because of the classified activity. Not even active duty personnel were allowed without specific orders. So it made for a pleasant trip to the beach without all the distractions of human activity. There were also fenced off areas because of buried leftover debris from the extensive WW2 training.

I looked for turtle tracks out of the water to find a nest. Details of the nest were recorded including a GPS setting, fenced off with a notice that disturbance was prohibited by Federal law. Unfortunately the coyotes couldn't read. I found one nest where a coyote had dug outside the fence, then laterally to invade the fence. Anything of consequence had to be reported to Jackson Guard headquarters and they would send a biologist to determine procedure. One time a

biologist was evaluating a nest and got emphatically chewed out by a passerby. He explained who he was and why/what he was doing but was actually pleased that the person understood the importance of protecting the turtle nests.

One early morning I found babies who were struggling north instead of south. The sand crabs were happy and I salvaged a couple of babies from the jaws of a crab. I had left a container on the ATV so folded up my shirttail to hold them. As small as they are their little claws tickle. I was trying to take my shirt off to carry them and was doing a pretty strange dance to juggle all that. Then I looked up and realized I was about 20 feet from the road, a stopped truck and another going slow. There I was in a very restricted area, doing a weird dance and trying to undress. I was surprised that the air police didn't come visit. Highly unusual was that I found two different turtles who had made a nest then got lost trying to get back to the Gulf. One of them had made a couple of trips across a pond which was across the road from the fire station. Right idea, just the wrong puddle. I called the volunteer on the other run (one east, one west) for help. She came and asked the fire station for help. They brought their ATV and stretcher and delivered her to the right puddle. We even got acknowledgement from the National Wildlife Association.

Courtyard Activities

Now that the Courtyard has opened, enjoy the beautiful space! Play a round of Bocce Ball or relax in the shade under the pavilion.

Test your skills on the putting green for Meadowlark's first golf tournament. Keep your putting score using the sheets that are in the Game Room along with the putters then turn them in at the Hospitality Desk. The winners will be announced at August's Town Meeting.

The Courtyard will be open from 4 to 7 p.m. Thursday, Friday, and Saturday. Drink and specialty snacks will be for purchase at the bar. This food menu includes Parmesan Crusted Tortellini with Marinara Sauce, Stuffed Mushrooms with Crab and Shrimp, Tomato Bruchetta with Toasted Baguettes, Corn Dip with Veggies and Chips, and Pork Tenderloin Medallions with Red Zinfandel Vinaigrette. These items will only be available at the Courtyard Bar.

Drink items will be the same choices as the Pub, except for a special featured Watermelon Mule.

All residents and Passport members are welcome to use the Courtyard. Entrances to the Courtyard will open at 7 a.m. and locked at 8 p.m. daily. If you would like to arrange a special event in the Courtyard, please contact Brook Marcotte at (785) 323-3821.



[above] Residents and staff were excited to have our Courtyard celebration on July 15, with Boccee Ball lessons, appetizers and mingling at the outdoor bar and grill.

Trail, from page 1

were used to identify and find stories about those who had been buried there. Of the individuals interred here, Sarah Jane Jackson was about three years old when she died in November 1878. Her grave was identified from a footstone with the initials SJJ. Eliza Peters died in March 1881 at the age of 36. The identities of the other individuals are unknown.

Research was also completed on the traditional customs for funerals in the mid 1800's, including clothing styles and was implemented in the ceremony.

Although some minor changes occurred in its design, the smaller Stillman Cemetery is faithful to the original layout, orientation, and mode of interment. Each individual was (and is) laid on their back, and buried oriented perpendicular to the river, overlooking the Blue River Valley, with their head toward the west.

During the dedication, a horse-drawn merchant wagon carried wooden caskets in procession through Manhattan leading to Meadowlark Hills. Stories of the individuals were shared at the ceremony.

A 35-minute video about the relocation and dedication of the Stillman Cemetery from Sept. 14, 2007 will be shown in the Grosh Cinema on Wednesday, July 31, at 10 a.m.



Stone markers of the graves after the re-interment of those buried in the cemetery.

PRAIRIE STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	July 21 ~ Lunch \$12	Dinner \$12
	Chicken Pot Pie Vegetable du Jour	Beef Lasagna Garlic Toast Vegetable du Jour
MONDAY	July 22 ~ Lunch \$10	Dinner \$14
	Hot Turkey Sandwich Mashed Potatoes & Gravy Choice of Vegetable	Baked Salmon <i>with Dill Sauce</i> Lemon Risotto Vegetable du Jour
TUESDAY	July 23 ~ Lunch \$8	Dinner \$12
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Florentine <i>with Supreme Sauce</i> Rice Pilaf Vegetable du Jour
WED.	July 24 ~ Lunch \$10	Dinner \$13
	Shepard's Pie Choice of Vegetable	Braised Brisket <i>with Bordelaise Sauce</i> Twice Baked Potatoes Vegetable du Jour
THURS.	July 25 ~ Lunch \$8	Dinner \$14
	Breakfast Bar <i>(does not include drink, starter, or dessert)</i>	Shrimp & Cheesy Grits Vegetable du Jour
FRIDAY	July 26 ~ Lunch \$10	Dinner \$14
	Pan-seared Roughy <i>with Orange Butter Sauce</i> Rice Pilaf Choice of Vegetables	Crab Stuffed Sole Baked Potato Vegetable du Jour
SAT.	July 27 ~ Lunch \$10	Dinner \$14
	Beef & Cheese Quesadilla Spanish Rice Black Beans	Braised Short Rib Green Chili Mashed Potatoes Vegetable du Jour

DRINK SPECIAL | Sour Flower
 2 oz. Beefeater Gin, 1 oz. Lemon Juice, 1 oz. Hibiscus Syrup & Tonic Water
 \$3.75

Grosh Cinema Movies

Sunday, July 21, to Saturday, July 27, 2018

Show Times: 1, 4, and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

Sunday, July 21— Mirror Mirror (2012)

■ An evil queen steals control of a kingdom and an exiled princess enlists the help of seven resourceful rebels to win back her birthright.

■ Co-Starring: Lily Collins, Julia Roberts, & Armie Hammer

■ Rated: PG; 1 hr. 46 min.

Monday, July 22— Solo: Star Wars (2018)

■ During an adventure into the criminal underworld, Han Solo meets his future co-pilot Chewbacca and encounters Lando Calrissian years before joining the rebellion.

■ Co-Starring: Alden Ehrenreich, Woody Harrelson, & Emilia Clarke

■ Rated PG-13; 2 hr. 15 min.

Tuesday, July 23 — Rain Man (1998)

■ Selfish yuppie Charlie Babbitt's father left him a fortune to his savant brother Raymond and a pittance to Charlie; they travel cross-country.

■ Co-Starring: Dustin Hoffman, Tom Cruise, & Valeria Golino

■ Rated R ; 2 hr.13 min.

Wednesday, July 24— National Treasure (2004)

■ A historian races to find the legendary Templar Treasure before a team of mercenaries.

■ Co-Starring: Nicolas Cage, Diane Kruger, & Justin Bartha

■ Rated PG; 2 hr. 11 min.

Thursday, July 25— Always Be My Maybe (2019)

■ A pair of childhood friends end up falling for each other when they grow up.

■ Co-Starring: Ali Wong, Randall Park, & James Saito

■ Rated PG-13; 1 hr. 41 min.

Friday, July 26— Boy Erased (2018)

■ The son of a Baptist preacher is forced to participate in a church-supported gay conversion program after being forcibly outed to his parents.

■ Co-Starring: Lucas Hedges, Nicole Kidman, & Joel Edgerton

■ Rated R; 1 hr. 55 min.

Saturday, July 27— Sister Act (1992)

■ When a worldly singer witnesses a mob crime, the police hide her as a nun in a traditional convent where she has trouble fitting in.

■ Co-Starring: Whoopi Goldberg, Maggie Smith, & Kathy Najimy

■ Rated PG; 1 hr. 40 min.

Weekly Opportunities Calendar July 21 to July 27

Sunday • July 21

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Miller Worship Service, MFR
- 10:30 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 7:00 p.m. ~ Vespers with Diana Chapel, CR

Monday • July 22

Manhattan Room—open seating at dinner only

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 12:00 p.m. ~ 1st. Pres. Men's Luncheon, MR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:30 p.m. ~ Contemporary God Talk, KSU CL
- 1:45 p.m. ~ Parkinson's Voice Class, CR
- 2:00 p.m. ~ Coffee Connections, MFR
- 7:00 p.m. ~ Community Bingo, CR

Tuesday • July 23 *Trash & recycling pick-up*

Manhattan Room—open seating at lunch & dinner

- 8:00 a.m. ~ Family, Food & Fishing, Bayer Pond
- 10:30 a.m. ~ Steady Yourself, CR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Seven Dolors Book Discussion, FHR
- 3:00 p.m. ~ Coffee Corner, CR
- 4:00 p.m. ~ Newspaper & Bible, FHR
- 5:30 p.m. ~ 3rd Floor Supper, CR
- 7:00 p.m. ~ Dominoes, GR

Wednesday • July 24

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ Trip to the Beach Museum, VE
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 1:00 p.m. ~ Pitch, GR
- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
- 1:30 p.m. ~ Diabetic Support Group, FHR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL
- 3:00 p.m. ~ Call Hall Ice Cream Social, KR
- 5:30 p.m. ~ 1st Floor Supper, FHR
- 6:30 p.m. ~ Osher Class: Unwed Mothers, CR

Thursday • July 25

Manhattan Room—open seating at lunch & dinner

- 8:00 a.m. ~ Apple Technology Help Lab, KR
- 8:30 a.m. ~ Messenger Team, FHR
- 9:30 a.m. ~ Speedy Pd Training/Walking, VE
- 10:00 a.m. ~ Meadowlark Bible Study, FHR
- 10:30 a.m. ~ Steady Yourself, CR
- 10:30 a.m. ~ Speedy Pd Art Class, WCR
- 11:00 a.m. ~ Depart for Fiesta to Remember, VE
- 11:15 a.m. ~ Chair Yoga, CR
- 12:30 p.m. ~ Depart for Fiesta to Remember, VE
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:30 p.m. ~ All-Campus Party, CR

Friday • July 26

Manhattan Room—open seating at dinner only

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Parkinson's Partners Luncheon, MR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Parkinson's Care Partner Supp Grp, FHR
- 1:00 p.m. ~ Hand & Foot Card Games, MFR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 7:00 p.m. ~ Performance by Emily Stillwell, CR

Saturday • July 27

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Painting for Fun, MCR
- 10:00 a.m. ~ Fellowship Hour, KSU CL
- 11:00 a.m. ~ Case Bonebrake's Memorial Service, CR

Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
SCR, South Conference Room	VB, Verna Belle's

*Meadowlark News and Announcements
can be viewed on Channel 1960*