

June 6, 2019 Manhattan, Kansas Messenger Editor: Sarah Duggan

pastries.

A local not-for-profit organization enhancing senior lifestyles

Messenger

The Last Airborne

A recount of remembrance and solitude at Omaha Beach

submitted by Nathan Bolls Today is the 75th anniversary of D-Day: the huge, costly, and ultimately successful allied land assault on Hitler's Fortress Europe. Although mere words never can even remotely capture what happened that fateful day on Omaha Beach, I want to share a powerful experience that Imogene and I once had there.

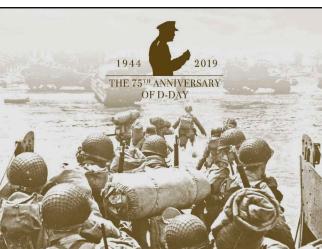
One morning in July 1990,

my dear late wife, Imogene, and I stood on the 100foot-high cliff overlooking Omaha Beach. Even with a week in Paris (our favorite city) and ten days in our beloved Ireland ahead of us, we assumed this moment would be the emotional highpoint of this trip.

In the spring we had felt the urge for another trip to Europe in general, and Paris in particular. We had toyed with visiting the newly reunited Berlin, but that came in second to touring Brittany and Normandy.

After renting a car at Charles de Gaulle Airport we headed west. We would return for a week in Paris (our third-and next to last-visit) before flying to Dublin. Another rental car would take us west to rendezvous with long-time dear friends, Sharon and Kent Smith. After touring the West of Ireland, Imogene and I would return home, and Sharon and Kent would continue on to England's Lake District. Peaceful all.

Both Imogene and I had left home with bad sinus bouts, but we holed up in a Brittany ocean side hotel to heal while watching French families on holiday along the beach below our hotel window. Right off we always found a good patisserie. We swear by the medicinal power of good spice-free European



Feeling better, we toured the Brittany and Normandy countrysides, beaches and villages, and the Bayeux tapestry. Some beaches were crowded with people, some still held the reinforced concrete bunkers with their large caliber, rapid-fire guns

aimed to strafe the beach. Several times we ended our day by watching the sun set

behind Mont St. Michelle. We

saved Omaha Beach until last.

We looked out over the huge and immaculately maintained U. S. Cemetery above Omaha Beach. Finally, we turned to study the beach and the narrow sand spit that ran parallel to the beach for some 150 yards, creating a lagoon some fifty feet wide between spit and beach. We wished to descend the long concrete stairs and walk the sand spit, but it was occupied. In a place such as this, deference to personal space and solitude is understood.

We watched a tall thin woman, dressed in black. Being 100 feet higher and some 75 yards distant, and seeing only her back, we guessed her to be 50ish in age, maybe older. She walked slowly, stopping every few steps to look down at something held with both hands. Letter? Photograph? Telegram from the government? Father? Uncle? Brother? We so wanted to know, maybe to console. But, she surely was deep within herself, where she needed to be. She had not come all this way to visit, but to try and sense something of what this beach had seen that June day 46 years ago, to sense something of the Hell her loved one had met and, probably, not survived.

We too were burdened with wanting to recapture a sense of the destruction, the desperation, the fear,

Continued on Page 4

Vespers Service

Sunday, June 9, at 7 p.m.

The Vespers service will be led by Rev. Sarah Marsh from First United Methodist Church at 7 p.m. Sunday, June 9, in the Community Room. All are welcome.

ARTFul Making

Monday, June 10, at 11 a.m.

Join Meadowlark Memory Program and Marianna Kistler Beach Museum of Art for ARTFul Making class from 11 a.m. to 12:30 p.m. Monday, June 10, in the KSU Classroom. Together we will develop new skills and revisit old ones while engaging in various art making activities. No registration is required, please come and go as needed.

Parkinson's Webinar

Tuesday, June 11, at 12 p.m.

Join Meadowlark Parkinson's Program to view the webinar "Expert Briefing: When Care Comes to You: Tips for Using Home Health Aides, PTs and OTs" from noon to 1 p.m. Tuesday, June 11, in the West Conference Room.

In this webinar, participants will learn practical aspects of harnessing the power of a health care team including home health aides, physical therapists and occupational therapists. Participants will understand the different roles of each professional as well as questions to ask to ensure a good fit when finding a health care team.

360 Dental Clinic

Wednesday, June 12, at 8:30 a.m.

The 360 Dental Clinic will begin at 8:30 a.m. Wednesday, June 12, in the Miller Craft Room. Prior appointments are required. For questions, contact Taylor Wheelock, Health Services Assistant, at (785) 323-3800.

Resident Focus Group

Thursday, June 13, at 10 a.m.

June's Resident Focus Group will spotlight Mitch Brock. Mitch is a Prairie Star Service Manager and Bartender. Join us at 10 a.m. Thursday, June 13, in the KSU Classroom to get to know Mitch.

"Going to the Grove" Ladies Luncheon Thursday, June 13, at 10:30 a.m.

If you have signed up for the Meadowlark Ladies

Luncheon Thursday, June 13, the group will depart from the Village Entrance at 10:30 a.m.

After lunch and exploring, we will drive home and arrive back about 2:30 p.m. The total cost for the meal, tip, and transportation is \$26.47 and will be charged to your Meadowlark account. For questions, contact one of the hostesses—Lois Deyoe and Polly Ferrell.

Wine & Dine

Thursday, June 13, at 5:30 p.m.

Prairie Star Restaurant is still taking reservations for Wine & Dine at 5:30 p.m. Thursday, June 13. Don't miss your chance for an awesome array of wine and food pairings!

The cost is \$39 plus tax per person. Please make reservations by visiting the Prairie Star host stand or by calling (785) 323-3820.

Prairie Star Restaurant will close at 2 p.m. and Verna Belle's Café will be open until 6 p.m. to serve dinner that will include Meatloaf, Mashed Potatoes and Green Beans for \$7. The menu for Wine & Dine is listed below.

Appetizer: Lobster & Spinach Risotto *Salad:* Roma Tomato Stuffed with Spring Mix Lettuce with Chardonnay & Raspberry Vinaigrette

Sorbet: Champagne Sorbet *Entrée:* Filet Wrapped in Phyllo Dough with Wild Mushroom Duxelle & Demi Glaze Matchstick

Vegetable in Herb Butter

Dessert: House Made Cherry Ice Cream in Chocolate Cups with Spun Sugar

Heart to Honduras Presentation

Friday, June 14, at 7 p.m.

Meadowlark is excited to host Elizabeth Wourms, daughter of Meadowlark resident Stephanie Upson, to share about an amazing organization that she has been involved with at 7 p.m. Friday, June 14, in the Community Room.

Heart to Honduras has served in primarily rural Honduran villages, walking alongside the local pastors and community leaders in their efforts to transform their communities. They work holistically toward sustainability through the principles and practices of Asset-based Community Development (ABCD). Through ABCD, leaders are empowered to be the "heroes of their own stories." Their initiatives include leadership development, children and youth programs,

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family enrichments, healthcare, education and so much more!

Parkinson's Voice Class

Monday, June 17, at 1:45 p.m.

Do people ask you to repeat yourself more often? It is challenging to be understood on the telephone? Come join Meadowlark Parkinson's Program's fun and interactive group in voice and speech exercises to improve your communication with family and friends.

Summer 2019 classes will be held from 1:45 to 2:30 p.m. following Parkinson's Exercise Class on Mondays in the Community Room. Join our next Voice Class on Monday, June 17.

Exercises are geared toward individuals with Parkinson's disease BUT anyone who is having difficulties communicating is welcome to attend. Classes are led by Michelle Haub, MS, CCC-SLP.

Trip to Wichita Art Museum

Wednesday, June 19, at 8 a.m.

Meadowlark will travel to the Wichita Art Museum Wednesday, June 19, to experience the exhibit, *Georgia O'Keeffe: Art, Image and Style.*

This is the first exhibition to export the art, image and personal style of one of America's most iconic artists. O'Keeffe was at the forefront of the American avant-garde nearly from the moment she appeared on the scene in New York in the early 20th century. *Georgie O'Keeffe* offers an intimate glimpse at the artist alongside her art with her painting, photo portraits and original clothing.

Our group trip will depart from the Village Entrance at 8 a.m. Wednesday, June 19, expecting to arrive at the museum by 10:15 a.m. Cost for the trip is \$45, which includes transportation and museum admissions. Lunch will be available for purchase at Muse Café located at the museum.

Please sign up in the Blue Book at the Hospitality Desk; space is limited. For questions, contact Monte Spiller at (785) 323-3801.

Fellowship Hour

Saturday, June 22, at 10:30 a.m.

Come join our newest volunteers, Jerry and Naketa Lawrence, for a Fellowship Hour from 10:30 to 11:30 a.m. on the fourth Saturday of every month in the KSU Classroom.

This will be a time of fellowship, singing and the reading of the Psalms. You will have an

opportunity to share your favorite Psalms and have it read aloud to everyone in attendance. Jerry and Naketa have decided to relocate to Kansas for ministry and love to give back by serving others. They look forward to meeting everyone very soon!

The first Fellowship Hour will meet Saturday, June 22, at 10:30 a.m. in the KSU Classroom. Refreshments will be served.

Voting Registration

submitted by Kay Shanks

If you have moved into or to a new address within Meadowlark since you last voted, you must reregister to be ready to vote.

Necessary paperwork and assistance is available from resident Kay Shanks by calling (785) 539-2066. If there is no answer, please leave a voicemail that includes your name and contact information. You can also call the Riley County Courthouse at (785) 537-6300 for instructions.

Violin/Viola Players

If you currently play violin or viola and are interested in performing, please contact Peg Ziser, Meadowlark resident, at (316) 217-5604. Peg is a member of the Community Chamber Orchestra. The string orchestra is looking for violin or viola players to join concertos. For more information about the orchestra, visit *www.kansasmusic.net*.

Project Update

The completion date on the Courtyard Project has been updated to reflect the end of June 2019, weather permitting. Furniture for the courtyard has been ordered and we're excited for the opportunity to use this space soon!

Some may have noticed that the green bench which usually sits at the corner of Meadowlark Valley and Meadowlark Road has gone missing! The feet of the bench were worn and rusted, but the new bench should arrive in two to three weeks.

The Kitchen Renovation and Dining Expansion Project is expected to start construction in Aug. 2019. Parking in the front of the building will be affected through at least the first phase (Feb. 2020). Three handicap spaces will remain available and all street parking in front of the building will be designated for visitors.

Please contact Sarah Duggan at (785) 323-3878 if you have questions. Happy Construction Season! Page 3

In Flanders Field

by Lieutenant-Colonel John McCrae written during the First World War

In Flanders fields the poppies blow Between the crosses, row on row That mark our place; and in the sky The larks, still bravely signing, fly Scarce heard amid the guns below.

We are the Dead. Short days ago We lived, felt dawn, saw sunset glow, Loved and were loved, and now we lie In Flanders fields.

Take up our quarrel with the foe: To you from failing hands, we throw The torch; be yours to hold it high. If ye break faith with us who die We shall not sleep, though poppies grow In Flanders fields.

Airborne, continued from Page 1

the carnage, the courage that occurred that day along a beach now being disturbed only by a gently lapping surf. We, of course, never really considered how we might have handled the situation had a hint of that horrible time slammed into our brain waves. But, viewing the long rows of graves holding the loyal and brave who had fallen on the sands only a few yards away, I shuddered at the thought that on D-Day I was a mere five years shy of draft age. History's caprice could have fashioned a different destiny for those of my age.

Finally, with the spit empty, we descended and walked the sand. Ahead of us a large flock of gulls was scurrying to keep a distance. Ultimately, we were too close, and the gulls ran to take off. The last gull airborne had been hopping, had been having difficulty clearing the sand. That's when a flash from an earlier, violent time broke through. That gull's right leg was but a stub.

On the Secret of the Butterfly Valve submitted by Helen Roser

I knew that sound. Time for a little wicked fun. The car was parked at the curb or in a parking lot. Behind the wheel was a frustrated man, wasting gas and flooding the engine. The engine wouldn't turn over and start.

I was a passer-by, dressed in my East coast fashion. Nice suit. Hose and heels. Hat, with strong hat pin, and gloves. I tapped on his window with gloved hand and said: "Sir, I can help you."

The response was either a grouchy: "Oh go away!" or a plaintive: "It won't start!" To the receptive one, I said: "Please pop the hood and come out." I was taking off my gloves and putting them and my purse on the fender. I told him: "Raise the hood, please."

By now, there usually was an audience of curious men. The man is standing, frustrated. She is bending over the engine. What is going on?

I unscrewed the little part that held the big air filter in place. It was light weight and I lifted it off and set it and the little part on the engine. Exposed was the culprit, the butterfly valve in the top of the exposed important carburetor.

Taking out my strong hat pin, I said quietly to the man: "Please get in your car and start the engine." The man always howled: "But it won't start!" Holding my hat pin, I said quietly: "It will now." So he got in, started the engine, I gave the butterfly valve a little tap with my hat pin and the engine roared to life.

Speaking to him in his window, I said: "please leave it running and come out, sir." He did as the male audience said things like: "Well, I'll be damned!"

I reassembled his running engine and put my gloves back on, saying: "Please close the hood." He slammed it down. Smiling, I said softly: "You're good to go, sir", and walked away.

I loved that Mercury, though it drove some owners crazy. I had my little experience several times.

The last time I bought a car, I asked the salesman: "Does this car have a twin or four barrel carburetor?" Suppressing a smile, he said: "Ma'am, this car doesn't have a carburetor."

How can that be? A carburetor is its life, its personality!

After 79 years of driving on the East and West coasts, I hadn't killed anyone yet. So I decided to quit while I was ahead.

But now those boring little cars that even drive themselves. Ugh. Not like my Mercury. Now there was a car with personality!



LEADER OF THE PACK

Congrats to June's Leader of the Pack, Jerrie Rieck! Jerrie is a CMA in Honstead House and she had not one, but TWO nominations for Leader of the Pack! Jerrie is a pleasure to work with due to her caring demeanor and compassion for staff and residents. Honstead residents have also commented on Jerrie's dedication. "She is very caring and hardworking to make sure we feel so special each day. We love Jerrie!"

Thank you for being a valuable part of the Meadowlark team!

Emergency Management Protocol

Procedure for Tornado Warning

General Instructions:

- If you are outdoors, go into any building
 - immediately. Do not try to make it to the main building.

Main Building:

- Go to hallway of the first floor of the West Tower (near Prairie Star Restaurant). Do not use elevators.
- If you cannot get to the hallway near the Prairie Star Restaurant, go to the West Tower on the 2nd or 3rd floor hallways-do not use elevators.
- If you cannot get to either of these locations: Stay in your apartment and close the door to the
- hallway. Stay away from windows.
- Grab a pillow and blanket (weather radio if possible.)
- Proceed to a bathroom and sit on the floor. Cover your face with pillow and blanket.
- Remain calm, listen to the weather radio, and wait for the all clear or someone to come and give you're the all clear

Classic Cottages or Garden Apartments: Stay in your home and close exit doors. Stay away from all windows.

- Grab a blanket and pillow (weather radio if possible) to take with you to your shelter or safe room. Proceed to a room that does not have an exterior wall (closet, hallway, bathroom, etc.)
- Sit on the floor. Use pillow and blanket to cover your head.
- Remain calm, listen to the weather radio, and wait for the all clear.

Procedure for Fire

General Instructions:

- Remain calm. Do not panic. Do not yell FIRE!
- Do not use elevators.
- If you see a fire and/or smoke, pull the nearest manual fire pull station.
- Confine the fire to a single area by closing doors and windows, if possible.
- Do not stay in a smoke-filled area.

Evacuate the area immediately. Stay low to avoid most smoke and heat of the fire.

Follow instructions of staff or firefighters.

Main Building:

- Remain in your apartment (if the fire is not in your apartment.) The firefighters will come to your apartment and assist you.
- The fire alarm will shut off once the fire department has determined that the danger has passed.
- Do not leave your apartment until the fire alarm has shut off or a firefighter has come to you.

Classic Cottages or Garden Apartments:

- Exit your home immediately and call 911 from a neighbor's phone or your cell phone.
- If you cannot exit your home without assistance then call 911 immediately and pull your pull cord or use your responder.
- Notify the Hospitality Desk that there is a fire in your home. The Concierge will notify the Administrator.

For any questions about Emergency Protocols, please reach out to any staff member for assistance.

IL Resident Council Minutes, May 6, 2019

Members present: Pat Vogt, Bob Crawford, Jean Beatty, Nyle Larson, Ron Williams, Jo Call, Elaine Manges, Marilyn Ray, Steve Owens, Carol Balding, Leo Lake, Jan Vanderbilt, Nancy Kopp and Jo Lyle.

Staff present: Lonnie Baker, Jayme Minton and Monte Spiller

Updates

General Update: Lonnie shared that the team is hopeful the courtyard renovation will be completed within three weeks, except for bar furnishings as the exact counter heights of the bar has yet to be finalized.

The parking lot behind the maintenance shop is completed and awaiting lines to be painted. In the near future, maintenance and some transportation vehicles will be moved to the new lot. In addition to more parking, this will allow us to change several of the spaces in front of Lyle Patio currently designated for staff to ultimately become visitor parking.

Recently we narrowed our choices down to three proposals from architects for the wellness building and hybrid apartments. We also have consultants that will assist with the financial aspect of the projects, as the wellness center will rely heavily on capital campaign funds and the hybrid apartments on pre-sales.

Two options have been recommended by a designer for new lobby furniture. The design boards will be displayed outside of Jayme Minton's office from Friday, May 10, to Friday, May 17. There will forms and a ballot box available to vote on your favorite choice of the two.

Support Services Update: Jayme explained we recently sold three cottages. The Stanton's are moving to 1223 Meadowlark Valley, Snell's are moving to 2231 Meadowlark Rd and Vicki Auman is moving to 1116 Meadowlark Circle. These moves will take place during the July to August timeframe and Abby has other leads that could turn into sales soon.

Home Health has tripled in size with the amount of clients they are able to serve. With the growth in staff, they are going to move offices to accommodate the increase. The team will be moving from their current location near the Park Den to what is currently the South Conference Room, hopefully on a temporary basis until the Wellness building is completed. Jayme stated she will also be moving offices to Annie Peace's old office to help free up space with construction happening.

Approval of April Minutes: Motion to approve minutes was moved and passed.

New Business

It was announced that Pam Oehme was voted as the new member of the Board of Trustees.

An updated copy of the IL Resident Council Terms by members was handed to all individuals in attendance. There are currently four council spots nearing election or re-election including the Chair position.

Old Business

It was expressed there has been occasions when the soup in Prairie Star has not been warm enough and having to be reheated. Also, there was a request to possibly have sherbet as an option along with ice-cream as a dessert choice. Jayme said she will follow up with those two items.

Additional Discussion Topics

There was a question about paintings missing on the second and third floor. Jayme explained some of the paintings have yet to be returned from Art Mingle, but ultimately will be. Also she stated there will be some changing of paintings on different floors stemming from the Art Committee meeting.

There was a complaint of the deodorizer being used on the first floor of being overwhelmingly strong.

Jayme expressed that she and Mike Davis recently met discussing the odor issue and are currently looking at an alternative option that will be installed on Wednesday, May 8.

A request to possibly not have the carpets shampooed on Mother's Day was made. With the large amount of people visiting, they would like to avoid any trip hazards in the hallways.

The menu for Mother's Day in Prairie Star will be printed in this week's Messenger.

Meeting adjourned

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Town Meeting Notes, June 3

Notes from Town Meeting conducted by Monte Spiller, Resident Services Leader, on June 3.

Welcome Monte welcomed the meeting attendees and introduced the following new residents: Marilyn Martin and Jackie Frintrup.

Campus Update The Courtyard is expected to be completed by the end of June, weather permitting. The Kitchen Renovation and Dining Expansion project should break ground in August 2019. Parking in front of the building will be limited during the first phase of the project.

Support Service Update Lobby furniture options have been updated and are located outside of Jayme Minton's office for residents to test drive. Please contact Jayme if you have question regarding the lobby furniture. If we like what is displayed, the remainder of the furniture will be delivered Wednesday, June 12.

Olympiad Update The 2019 winning team was presented their trophy. Becky Fitzgerald, Linda Hall, and Tom Barcellina were the winning team and they called themselves *BLT To Go.*

Speedy Pd Update The 11th annual Speedy Pd is scheduled for Saturday, Aug. 24, at Tuttle Creek State Park. Empowered LIVE! will be at the Holiday Inn at the Campus the evening of Aug. 23.

Osher Summer Classes Registration is open for Osher Summer Classes. Osher programming is free for Meadowlark residents and Passport members.

Upcoming Events Monte reviewed the events coming up in the month of June.

Meadowlark Memory Services: A Step Ahead Sarah Duggan introduced and shared Meadowlark's newest video project, which features Meadowlark's Memory Services.





Monday to Friday, 7 a.m. to 4 p.m. Saturday & Sunday, 7 to 11 a.m. (785) 323-3818

Sunday, June 9 Breakfast: Omelets with Fruit

<u>Monday, June 10</u> Breakfast: Biscuits & Gravy Lunch: Reuben Bratwurst & Side grilled bratwurst topped with sauerkraut, Swiss cheese & thousand island dressing on a hotdog bun ~ \$6.50

Tuesday, June 11

Breakfast: Breakfast Sandwich with Fruit **Lunch:** Triple Meat Pizza with Choice of Side bacon, sausage, pepperoni, marinara sauce & mozzarella cheese on a flatbread crust~**\$4.50/\$6.50**

Wednesday, June 12

Breakfast: Breakfast Burrito & Fruit **Lunch:** Turkey & Cranberry Croissant & Side turkey, cranberry sauce & Swiss cheese on a buttery croissant ~ \$4.50/\$6.50

Thursday, June 13 ~open until 6 p.m. Breakfast: Biscuits & Gravy Lunch: Mexican Street Chicken Tacos & Side grilled cilantro lime chicken, corn, avocados, green onions & chipotle sauce ~ \$4.50/\$6.50 Dinner: Meatloaf served with mashed potatoes & green beans ~\$7

Friday, June 14 Breakfast: Waffle or Pancake Lunch: The Kansan & Side roast beef, cheddar cheese, sautéed mushrooms & onions on butter-toasted Italian bread with a side of jalapeno ranch ~\$4.50/\$6.50

<u>Saturday, June 15</u> Breakfast: A la carte menu options

PRAIRIE*STAR

<u>Restaurant Hours</u> Monday to Saturday, 10:30 a.m.to 8 p.m. Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert. An extra vegetable can be substituted for the starch at no additional charge. The restaurant can accept up to four reservation per time, depending on party size. Reservations can be made in person or by calling 323-3820.

Υ	June 9 ~ Lunch \$13	Dinner \$11
SUNDAY	Roast Brisket with Bordelaise Sauce	Ham & Beans
$\overline{\mathbf{D}}$	Hashbrown Casserole	Cornbread
S	Vegetable du Jour	Vegetable du Jour
TUESDAY MONDAY	June 10 ~ Lunch \$10	Dinner \$12
Â	Catfish Po'Boy	Grilled Herb-Marinated Chicken Breast
6	French Fries	Roasted Red Potatoes
\leq	Coleslaw	Vegetable du Jour
<		
Ą۲	June 11 ~ Lunch \$8	Dinner \$13
SD,	Fajita Bar	Smothered Pork Chop
ЪЦ	(does not include drink, starter, or dessert)	Mashed Potatoes
l		Vegetable du Jour
D.	June 12 ~ Lunch \$10	Dinner \$12
	Baked Honey Lime Chicken Wings	Pot Roast
WED	Cilantro Lime Rice	with Carrots, Onions & Celery
>	Choice of Vegetable	Roasted Fingerling Potatoes
-		Vegetable du Jour
in the second se	June 13 ~ Lunch \$8	Dinner
THURS.		
Η	Pasta Bar	Restaurant closed at 2 p.m.
Η	(does not include drink, starter, or dessert)	
\prec	June 14 ~ Lunch \$10	Dinner \$14
DAY	Meatball Sub	Coconut Shrimp
	French Fries	Rice Pilaf
FR	Choice of Vegetable	Vegetable du Jour
	June 15 ~ Lunch \$10	Dinner \$15
SAT.	Chili Dog	Steak
S	Potato Salad	Baked Potato
	Choice of Vegetable	Vegetable du Jour

Orange Cream-sicle Cocktail

DRINK 1 1/2 oz. Orange Juice, 1 1/2 oz. Cream, 1 oz. Vodka & 1 oz. Cointreau SPECIAL \$3.75

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Creak Circare Marias
Grosh Cinema Movies Sunday, June 9, to Saturday, June 15, 2019 Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday
 Sunday, June 9 — <u>Unicorn Store</u> (2019) Moving back in with her parents after flunking out of art school, young Kit needs a restart and a mysterious salesman soon offers her one. If she can follow his instructions and perform his chores, she'll get her heart's desire: a unicorn. Co-Starring: Brie Larson, Sam Jackson & Joan Cusack Rated PG; 1 hr. 31 min.
Monday, June 10 — <u>Strangers on a Train</u> (1951) When Bruno meets tennis star Guy aboard a train, he confesses he wants his rich father dead, prompting Guy to reveal that he wants to divorce his shrewish wife so Bruno suggests that they "trade" murders in this Alfred Hitchcock classic. Co-Starring: Farley Granger, Ruth Roman & Robert Walker Rated PG; 1 hr. 41 min.
Tuesday, June 11 — <u>Robin Hood: The Rebellion (</u>2018) With his true love captured by the villainous Sheriff of Nottingham, the legendary Robin Hood and his crew of outlaws execute a daring rescue to save her. Co-Starring: Ben Freeman, James Wheatley & Marie Everett Rated PG-13; 1 hr. 32 min.
Wednesday, June 12 — <u>Bye Bye Birdie</u> (1963) When teen heartthrob Conrad Birdie gets drafted, his songwriter organizes a nationwide contest in which one lucky girl will give Birdie a farewell smooch. Co-Starring: Jesse Pearson, Dick Van Dyke & Ann-Margret Rated G; 1 hr. 52 min.
Thursday, June 13 — Employee of the Month (2006) Warehouse workers Vince and Zack compete in a full-on war to be named Employee of the Month and win a date with their dream girl, Amy. When Amy announces she likes ambitious men, the slackers go head-to-head in a brutal competition to impress her. Co-Starring: Dane Cook, Jessica Simpson & Dax Shepard Rated PG-13; 1 hr. 43 min.
Friday, June 14 — On the Basis of Sex (2018) Inspired by the powerful true story of a young Ruth Bader Ginsburg, a then-struggling attorney and new mother facing adversity in her fight for equal rights. When Ruth takes on a ground-breaking case, she knows the outcome could alter the courts' view of gender discrimination. Co-Staring: Felicity Jones, Armie Hammer & Justin Theroux Rated PG-13; 2 hr
 Saturday, June 15 — (500) Days of Summer When his girlfriend unceremoniously dumps him, greeting-card copywriter and hopeless romantic begins sifting through the year-plus worth of good and bad times they spent together, looking for clues to what went awry. Co-Starring: Zooey Deschanel, Joseph Gordon-Levitt & Clark Gregg Rated PG-13; 1 hr. 35 min

Weekly Opportunities Calendar June 9 to June 15

Sunday • June 9 Manhattan Room—open seating at lunch & dinner 9:30 a.m. ~ Miller Worship Service, MFR 10:30 a.m. ~ Worship Service, CR 2:00 p.m. ~ Wroten Worship Service, WL 7:00 p.m. ~ Vespers with Rev. Sarah Marsh, CR

Monday • June 10

Manhattan Room—open seating at dinner only 9:30 a.m. ~ Seated Strength, CR 10:20 a.m. ~ Weights 101, CR 11:00 a.m. ~ Sit & Be Fit, CR 11:00 a.m. ~ ARTFul Making, KSU CL 11:30 a.m. ~ Meadowlark Valley Luncheon, MR 12:00 p.m. ~ Yoga, CR 12:00 p.m. ~ 1st Pres. Men's Luncheon, WCR 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR 1:00 p.m. ~ Parkinson's Exercise Class, CR 1:30 p.m. ~ Contemporary God Talk, KSU CL 7:00 p.m. ~ Community Bingo, CR

Tuesday • June 11 Trash & recycling pick-up Manhattan Room—open seating at lunch only 10:30 a.m. ~ Steady Yourself, CR 11:15 a.m. ~ Chair Yoga, CR 12:00 p.m. ~ Seven Dolors Book Discussion, FHR 12:00 p.m. ~ Parkinson's Webinar, WCR 3:00 p.m. ~ Coffee Corner: Feature dessert–Peanut **Butter Brownies!**, CR 4:00 p.m. ~ Newspaper & Bible, FHR 5:30 p.m. ~ 4th Floor Supper, MR 7:00 p.m. ~ Dominoes, GR

Wednesday • June 12

Manhattan Room—open seating at lunch only 8:30 a.m. ~ 360 Dental Clinic, MCR 9:30 a.m. ~ Seated Strength, CR 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE 10:00 a.m. ~ Memory Activities Class, KSU CL 10:00 a.m. ~ Memory Café, WCR 10:20 a.m. ~ Weights 101, CR 11:00 a.m. ~ Sit & Be Fit, CR 12:00 p.m. ~ Yoga, CR 1:00 p.m. ~ Pitch, GR 3:00 p.m. ~ Rock Steady Boxing, CSC 3:00 p.m. ~ Rock Steady Boxing, CR 3:00 p.m. ~ Call Hall Ice Cream Social, KR 5:30 p.m. ~ Eastside Supper, MR 6:30 p.m. ~ Osher Class: World War II

Thursday • June 13

Manhattan Room—no open seating available 8:00 a.m. ~ Apple Technology Help Lab, KR 8:30 a.m. ~ Messenger Team, WCR 10:00 a.m. ~ Resident Focus Group, KSU CL 10:00 a.m. ~ Meadowlark Bible Study, FHR 10:30 a.m. ~ Depart for Ladies Luncheon, VE 10:30 a.m. ~ Steady Yourself, CR 11:15 a.m. ~ Chair Yoga, CR 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR 2:00 p.m. ~ Osher Class: Political Climate, CR 4:00 p.m. ~ Great Decisions, FHR 5:30 p.m. ~ Wine & Dine, PS *prior reservation required

Friday • June 14

Manhattan Room—open seating at lunch & dinner 9:30 a.m. ~ Seated Strength, CR 10:20 a.m. ~ Weights 101, CR 11:00 a.m. ~ Sit & Be Fit. CR 1:00 p.m. ~ Parkinson's Exercise Class, CR 1:00 p.m. ~ Pd Care Partner Support Group, FHR 1:00 p.m. ~ Hand & Foot Card Games, GR 3:00 p.m. ~ Rock Steady Boxing, CSC 7:00 p.m. ~ Heart to Honduras, CR

Saturday • June 15

Manhattan Room—open seating at lunch & dinner 9:30 a.m. ~ Painting for Fun, MCR 2:00 p.m. ~ Depart for Symphony in the Flint Hills, VE

Room Abbreviations

BP. Billiards Parlor WCR, West Conference Room CR, Community Room CSC, Combative Sports Center GR, Game Room FHR, Flint Hills Room GC, Grosh Cinema HD. Hospitality Desk KSU CL, KSU Classroom MFR, Miller Friendship Rm PS, Prairie Star Restaurant SCR, South Conference Room VB, Verna Belle's

CH, Collins House MCR. Miller Craft Room **PSP**, Prairie Star Patio KR. Kansas Room (Pub) LB, Library MR, Manhattan Room VE, Village Entrance

Depart for Symphony in the Flint Hills

Saturday, June 15, at 2 p.m. Transportation will depart from the Village Entrance at 2 p.m. Saturday, June 15, for the Symphony in the Flint Hills. For any questions concerning the trip, please contact Monte Spiller at (785) 323-3801.