

## Long Lost Summer

*Annual Summerfest celebration returns next month*



*by Sarah Duggan*

The music, the food and the fantastic celebration of summer is just around the corner! Join your friends and family at 5 p.m. Friday, June 7, for Summerfest, Meadowlark's annual block party.

Our Summerfest celebration will take place on the south side of the building along Meadowlark Road and on Prairie Star patio. The road will be blocked from the fork off the south drive to the village entrance. The cookout will begin at 5 p.m. and will include hamburgers, hot dogs, beans, pasta salad, chips, watermelon and cookies.

The evening will also feature live music starting at 6 p.m. in addition to a sno-kone stand, beer garden and inflatable activities for the kids. Live musical

entertainment will be provided by M31, a rock and blues band.

Meadowlark Road, between the Valley and the main entrance to the building, will be blocked off all day Friday, June 7. If you have guests visiting, please make sure they are not parked in the visitor parking at 7 a.m. on Friday. The rented items for the party will be delivered and set up during the morning hours.

All rental items will be retrieved by the company in the morning on Saturday, June 8.

The Pub will not be open the day of Summerfest and Prairie Star Restaurant will close at 2 p.m.

If you have questions regarding Summerfest, please contact Jayme Minton at (785) 313-0454.

### **Speed Limit**

While driving through Meadowlark's campus, please follow the speed limit of 15 mph and watch for pedestrians. Please slow down and enjoy the beautiful scenery of Meadowlark Hills!

### **Memorial Service for Dorothy Frazee**

*Saturday, May 25, at 11 a.m.*

A memorial service will be held for Dorothy Frazee at 11 a.m. on Saturday, May 25, in the Community Room. Services will be conducted by the Rev. Dr. Patty Brown-Barnett. Sandwiches and refreshments will be provided following the service in the Community Room. Memorials may be made to Meadowlark Foundation's Good Samaritan Fund.

### **Memorial Day: "The Earl Project"**

*Monday, May 27, from 2 to 4 p.m.*

To celebrate Memorial Day, Meadowlark will be joined by Geraldine Craig, Professor of Art at Kansas State University to bring us "The Earl Project" Monday, May 27, from 2 to 4 p.m. The Project is named for Earl Molzen, a Post Traumatic Stress Disorder (PTSD) survivor of World War II. Earl was an inspiration to his family for his kindness, as well as his unusual but delightful objects, creative interventions and "fixes" that he made over 60 years as part of life on his parents' central Kansas dairy farm.

"The Earl Project" engages veterans and soldiers in creating new, original works of visual art both individually and in a collective war stories scroll sculpture. It is a project based on the premise that making is cathartic, making feels food and making meaning of combat experience through art-telling stories has healing potential.

To participate, please bring any personal item including photographs, documents or cloth that represent your or a loved one's experience of serving in the military. Also bring details from memories you choose to share and military branch if possible. Together, you will photocopy onto fabric, embroider names and stitch to a community cloth started by "The Earl Project" for veterans, soldiers, family members and survivors.

Join us for this drop-in event Monday, May 27, any time between 2 and 4 p.m. in the

Community Room. All are invited to participate or come to observe to experience the event. No previous art-making experience is required.

For more information about the project, visit [www.theearlproject.org](http://www.theearlproject.org). If you have any questions about the event, contact Monte Spiller at (785) 323-3801.

### **Coffee Corner**

*Tuesday, May 28, at 3 p.m.*

Join us in the Community Room at 3 p.m. Tuesday, May 28, for a social hour. Verna Belle's Café featured dessert will be Chocolate Salted Carmel Cupcakes –yum!

### **All-Campus Spring Picnic Party**

*Thursday, May 30, at 2 p.m.*

Join Miller Place at 2 p.m. Thursday, May 30, as they host a Spring Picnic Party. Enjoy snacks and games in the Community Room. All are invited!

### **The Wakim Jazz Quartet**

*Friday, May 31, at 7 p.m.*

Meadowlark welcomes back the Wakim Jazz Quartet (WJQ) at 7 p.m. Friday, May 31, in the Community Room. Alex has been working hard in New York City and is excited to be back in "The Little Apple" for a short time with the opportunity to perform at Meadowlark. WJQ strives to provide high quality jazz in the modern idiom, while still remaining true to jazz tradition.

### **Youth Orchestra Performance**

*Saturday, June 1, at 11:30 a.m.*

Members of the Youth Orchestra from the First United Methodist Church will be visiting Meadowlark Saturday, June 1. They will perform in the Community Room at 11:30 a.m. All are welcome to attend!

### **Little Apple Chorus Spring Show**

*Sunday, June 2, at 3 p.m.*

The Little Apple Chorus will be performing their Spring Show, *Turn Your Radio On* at 3 p.m. Sunday, June 2, in Forum Hall at the KSU Student Union. Joining the chorus is local radio host, Dave Lewis, and the International Champion Quartet, *Crossroads*. The show starts at 3 p.m. Doors open at 2:30 p.m.

Ticket prices are \$15 each or a \$50 family pack (two adults and all children in the house). Tickets

can be purchased from any chorus member, online at [www.littleapplechorus.org](http://www.littleapplechorus.org) or by calling (785) 409-6141.

Meadowlark has a limited number of complimentary tickets reserved for residents, Passport members or staff. The tickets are available to pick up at the Hospitality Desk and will be given on a first-come-first-served basis.

### **Mind, Mood, & Motion: Living with Pd** **Monday, June 3, at 4 p.m.**

Changes in thinking and memory can affect people with Parkinson's disease and their loved ones. The Mind, Mood and Motion program will teach participants about these changes and the steps they can take in their daily lives to manage symptoms.

This opportunity will be offered via Zoom meeting (online) Monday, June 3, from 4 to 6 p.m. in the Community Room at Meadowlark with expert speakers, including: Levi Grimm, APRN from Stormont Vail Health; Kelsey Sewell, PhD and Clinical Assistant Professor with University of Kansas Medical School; and Christian Benedict, DPT, LSVT-BIG, PWR with Kansas Rehabilitation Hospital. Attendance is free, however registration is required. Register by calling (913) 341-8828 or e-mail [knitz@parkinson.org](mailto:knitz@parkinson.org).

### **"Going to the Grove" Ladies Luncheon** **Thursday, June 13, at 10:30 a.m.**

Ladies Lunch is "Going to the Grove!" Come along and enjoy the drive through the Flint Hills, alive with wild flowers! All Meadowlark Ladies are invited to join the fun Thursday, June 13. Two Meadowlark buses will leave from the Village Entrance at 10:30 a.m. One bus is nearly full, so please sign up in the Blue Book at the Hospitality Desk very soon.

We will be dining at the historic Hays House, the oldest continuously operating restaurant west of the Mississippi. Our menu will include Crunchy Chicken Salad, Onion Strings (very thin and very good), Fresh Strawberry Pie Squares (finest of the summer).

The main street of Council Grove follows the actual route of the historic Santa Fe Trail. After lunch, we will "Shop the Trail" - from the quaint downtown venues on west to the Grove Gardens. Bedding plants, hanging pots and floor level planters will surely entice you to spruce up your

own place.

Laden with our purchases—plants and other treasures—we will drive home and arrive back about 2:30 p.m. The total cost for the meal, tip and transportation is \$26.47 and will be charged to your Meadowlark account.

Reservation deadline to sign up in the Blue Book is Friday, June 7. For questions, contact one of the hostesses—Lois Deyoe and Polly Ferrell.

### **Wine & Dine Event**

**Thursday, June 13, at 5:30 p.m.**

Prairie Star Restaurant is now taking reservations for the Wine & Dine Thursday, June 13, at 5:30 p.m. Don't miss your chance for an awesome array of wine and food pairings!

The cost is \$39 plus tax per person. A menu for the evening's event will be published in a future Messenger. Please make reservations by visiting the Prairie Star host stand or by calling (785) 323-3820.

Prairie Star Restaurant will close at 2 p.m. and Verna Belle's Café will be open until 6 p.m. to serve dinner.

### **Symphony in the Flint Hills**

**Saturday, June 15, departing at 2 p.m.**

This year's Symphony in the Flint Hills is Saturday, June 15! The theme is *Ad Astra*, celebrating the land, the people, and the future of the Kansas Flint Hills through a celebration of the changing of our North Star and the constellations. This great event will feature presentations and performances designed to entertain and enlighten you in a private ranch setting located in Chase County, Kansas. You will experience activities throughout the day, including food and beverages, prairie walks, covered wagon rides, storytelling, and more, which will culminate with a spectacular sunset concert by the Kansas City Symphony.

Meadowlark is taking a trip to this year's concert. The cost of the trip is \$140 per person, which includes an event ticket and transportation from Meadowlark. The group will leave from the Village Entrance on Saturday, June 15, at 2 p.m.

If you choose to purchase a ticket only, the cost is \$107. There is a sign-up sheet in the Blue Book. No refunds can be given for tickets purchased. If you are interested, please sign up or contact Monte Spiller at (785) 323-3801.

## **Thank You!**

*submitted by Bob Crawford*

Thank you to Sandy Emley and Dottie Blacker for volunteering to assist with plant watering this summer. You are appreciated!

## **Voting Registration**

*submitted by Kay Shanks*

If you have moved into or to a new address within Meadowlark since you last voted, you must reregister to be ready to vote.

Necessary paperwork and assistance is available from resident Kay Shanks by calling (785) 539-2066. If there is no answer, please leave a voicemail that includes your name and contact information. You can also call the Riley County Courthouse at (785) 537-6300 for instructions.

## **Panama Canal**

*submitted by Dotty Blacker*

My husband, Gerry, did his first three years of orthopedic residency at the Portsmouth, Virginia Naval Hospital beginning in 1965. We laughed at the times when all personnel were in formation in uniform. He frustrated many picture takers who were wanting pictures of the mass sea of white uniforms. One problem, with a name like Blacker, he was in the front row in his blue Air Force uniform.

I worked as a legal secretary in Norfolk and took care of the household as it was at the height of the Vietnam War and my husband worked long hours. The one break I remember was a short trip on a military plane to Panama. Gerry had previously met the military doctor of the AFB in Panama City. That doctor in turn had a neighbor and friend who was a Canal pilot. The pilot said if we would report to a certain dock at 4:00 in the morning, he would take us through the Canal. Done.

The ship was a huge Grace Line freighter with 12 passengers. The ship had been designed for 24 passengers but requirements changed that with more than 12 passengers, a medical type had to be onboard. Walls were removed so the state rooms were very large. Passengers were happy to have new blood on board and asked the cook for a special lunch on the deck.

The Canal pilot is in total control of the ship when it goes in the locks for the entire trip between Panama City and Cologne. His knowledge was incredible. He could fully describe any other vessel we saw, even ones that could barely be

seen on the horizon – its name, country, cargo, destination, on and on. Any worldwide ship building company must turn in all the basic information to the Canal pilots, when a ship is first commissioned to be built.

We departed the ship with the pilot at Cologne as the ship was ready to enter the Caribbean. I have a picture of myself climbing down a flimsy rope ladder the equivalent of four stories to the deck of the tug. My husband and I returned by train through the forest back to Panama City.

David McCullough wrote a terrific book, *Path Between the Seas*, about the history of the Canal. America had been exploring the idea of a crossing through Nicaragua to take advantage of a very large lake, but President Taft decided to take over the Panama project that France was giving up.

## **Notes from the Library**

*submitted by Pat Hook*

Every library needs a cat, and now we have Sunflower. Sunflower insists she is NOT a stuffed toy—but maybe a little laid back. She would like to sit on laps and would especially like to be hugged by a child who is listening to a story. You may find Sunflower nearly anywhere in the Library.

It's a mystery as to how many mystery books we have. I haven't counted, but there are lots of them! They seem to be the most popular items—other than newspapers.

By the way, you do not have to leave a note when you take a book from the Library. It's all by the honor system. Just bring it back when you are finished. Keep reading!

## **Lobby Furniture, voting results**

*submitted by Jayme Minton*

The votes are in on the lobby furniture options and the winner is... neither option. That's right! After calculating the votes and receiving feedback on the two options, there isn't a clear winner.

The Meadowlark team will take the input we received from the boards and collaborate. Overall, we heard that people wanted an option that had more "pops" of color as well as ensuring the furniture remains durable and firm. The current design boards also lacked the finishing touches such as centerpieces and throw pillows, which will be taken in to consideration so that we are provided complete design concepts. Thank you all for taking time to vote and expressing your opinions. We appreciate your input!

## Big plans for the Big Apple

by Sarah Duggan

By the time you read this, the Duggan family *should* be well on our way to the east coast. Please take a moment to send good thoughts and wishes for safe travels. (Any little bit helps!)



I spent most of last weekend reviewing my list as I washed clothes, cleaned the house, and organized our stacks of stuff for our family vacation. We bought tons of snacks and drinks to get us through our two-day trek. The girls are set for entrapment with a plethora of books, coloring supplies, movies, and a pillow for what I hope ends up being lots of extra rest.

When we arrive in Brooklyn, our first order of business is to visit the grocery so we can prepare a home cooked meal for my brother-in-law and his family. They welcomed their second child into the world on April 29 and we are anxious to meet her! Viviana Rose is niece number two for Edward and me—a wonderful addition to their family which includes almost-three-year-old Gia Grace.

Saturday will be a full day as we celebrate the ordination of Edward's Uncle Gerry as a deacon in the Catholic Church. We plan to dance the night away with our girls and NY family at the party following his ceremony. The next few days will be filled with great food, sightseeing, shopping, and valuable time with family and friends.

Its been two and a half years since our last visit to New York and there are a few things that must happen to make it a complete visit for me: cheese fries, Yuengling, and hearing my in-laws Brooklyn accent when they ask for *anything*—especially "cawfe."

I will see you when we return and hope you take it easy on Lonnie in my absence. I'm looking forward to sharing tales of Eilish's first trip to the Big Apple! Life is always changing.



## LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.  
Saturday & Sunday, 7 to 11 a.m.  
(785) 323-3818

### Sunday, May 26

**Breakfast:** Omelets with Fruit

### Monday, May 27

**Breakfast:** Biscuits & Gravy

**Lunch:** Cheeseburger, Baked Beans & Chips  
*grilled hamburger, American cheese, lettuce, tomato & pickle on a butter-toasted bun ~\$6.50*

### Tuesday, May 28

**Breakfast:** Breakfast Sandwich with Fruit

**Lunch:** Pulled Pork Cornbread Slider  
*shredded pork, BBQ sauce & cheddar cheese on a cornbread muffin ~\$4.50/\$6.50*

### Wednesday, May 29

**Breakfast:** Breakfast Burrito & Fruit

**Lunch:** Philly Cheesesteak with Choice of Side  
*sliced roasted beef, Swiss cheese, sautéed peppers & onions on toasted Italian bread ~ \$4.50/\$6.50*

### Thursday, May 30

**Breakfast:** Biscuits & Gravy

**Lunch:** Chicken Bacon ranch Quesadilla & Side  
*shredded chicken, bacon, ranch dressing & cheddar cheese on a crispy flour tortilla ~\$4.50/\$6.50*

### Friday, May 31

**Breakfast:** Waffle or Pancake

**Lunch:** Turkey Reuben with Choice of Side  
*turkey, Swiss cheese, sauerkraut & thousand island dressing on butter-toasted rye bread ~\$4.50/\$6.50*

### Saturday, June 1

**Breakfast:** A la carte menu options

# PRAIRIE STAR RESTAURANT

**Restaurant Hours**  
**Monday to Saturday, 10:30 a.m. to 8 p.m.**  
**Sunday, 10:30 a.m. to 7 p.m.**

All specials include beverage, starter and dessert.  
 An extra vegetable can be substituted for the starch at no additional charge.  
 The restaurant can accept up to four reservation per time, depending on party size.  
 Reservations can be made in person or by calling 323-3820.

<b>SUNDAY</b>	May 26 ~ Lunch \$13	Dinner \$11
	Braised Short Ribs Green Chili Mashed Potatoes Vegetable du Jour	White Lasagna Garlic Toast Vegetable du Jour
<b>MONDAY</b>	May 27 ~ Lunch \$10	Dinner \$12
	Chicken Salad Melt Choice of Vegetable	Parmesan Crusted Pork Chop Scalloped Potatoes Vegetable du Jour
<b>TUESDAY</b>	May 28 ~ Lunch \$8	Dinner \$12
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Piccata Wild Rice Vegetable du Jour
<b>WED.</b>	May 29 ~ Lunch \$10	Dinner \$13
	BBQ Brisket Sandwich French Fries Coleslaw	Swiss Steak Mashed Potatoes Vegetable du Jour
<b>THURS.</b>	May 30 ~ Lunch \$7	Dinner \$12
	Hamburger & Hot Dog Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Stroganoff Noodles Vegetable du Jour
<b>FRIDAY</b>	May 31 ~ Lunch \$10	Dinner \$14
	Sautéed Trout <i>with Lemon Butter</i> Roasted Red Potatoes Choice of Vegetable	Seared Scallops <i>with Lobster Butter Sauce</i> Roasted Baby Red Potatoes Vegetable du Jour
<b>SAT.</b>	June 1 ~ Lunch \$10	Dinner \$15
	Salisbury Steak Mashed Potatoes Choice of Vegetable	Steak Baked Potato Vegetable du Jour

**DRINK SPECIAL** | Blue Russian  
 2 oz. Blue Curacao, 2 oz. Vodka & 1 oz. Light Cream  
 \$3.75

## Grosh Cinema Movies

Sunday, May 26, to Saturday, June 1, 2019

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

### **Sunday, May 26—Mr. Mom (1983)**

- After Jack is informed that his job has been furloughed, his wife goes to work at an advertising agency.
- Their three young kids are left with Jack, who must get accustomed to vacuuming, soap operas, school drop-offs, grocery stores and flirty moms.
- Co-Starring: Michael Keaton, Teri Garr & Fred Koehler
- Rated PG; 1 hr. 31 min.

### **Monday, May 27—Night at the Museum (2006)**

- Chaos reigns at the natural history museum when night watchman Larry Daley accidentally stirs up an ancient curse, awakening Attila the Hun, an army of gladiators, a T-rex and other exhibits.
- Co-Starring: Ben Stiller, Ricky Gervais & Carla Gugino
- Rated PG; 1 hr. 45 min.

### **Tuesday, May 28—Honey, We Shrunk Ourselves (1997)**

- When scientist Wayne Szalinski's troublesome invention shrinks him, his brother and their wives so effectively that their children believe they've disappeared, the kids think they have free rein, unaware that their parents are watching every move.
- Co-Starring: Rick Moranis, Eve Gordon & Bug Hall
- Rated PG; 1 hr. 15 min.

### **Wednesday, May 29—The Return of the Pink Panther (1975)**

- When the priceless Pink Panther diamond is stolen yet again, the inimitable Inspector Clouseau is saved from an unwilling early retirement to investigate and return the jewel to its proper owner.
- Co-Starring: Peter Sellers, Christopher Plummer & Catherine Schell
- Rated G; 1 hr. 53 min.

### **Thursday, May 30—BlacKkKlansman (2018)**

- Based on a true story—In the early 1970s, Ron Stallworth becomes the first African-American detective in the Colorado Springs Police Department. Determined to make a difference, he bravely sets out on a dangerous mission: infiltrate and expose the Ku Klux Klan.
- Co-Starring: John David Washington, Adam Driver & Laura Harrier
- Rated R for language and violent images; 2 hr. 15 min.

### **Friday, May 31—The Red Violin (1998)**

- When the long-lost "red violin," a rare instrument crafted during the Italian Renaissance, shows up at a modern auction, it reveals its mysterious history -- and the lives of its previous owners -- in a series of flashbacks spanning three centuries.
- Co-Starring: Samuel L. Jackson, Irene Grazioli & Don McKellar
- Rated R for some sexual content; 2 hr. 10 min.

### **Saturday, June 1—Limitless (2011)**

- With his writing career dragging and his girlfriend casting him off, Eddie Morra finds his life turning around after he takes a drug that provides astonishing mental focus -- but its deadly side effects threaten his future.
- Co-Starring: Bradley Cooper, Robert De Niro & Abbie Cornish
- Rated PG-13; 1 hr. 45 min

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# Weekly Opportunities Calendar May 26 to June 1

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## Sunday • May 26

*Manhattan Room—open seating at lunch & dinner*  
9:30 a.m. ~ Miller Worship Service, MFR  
10:30 a.m. ~ Worship Service, CR  
2:00 p.m. ~ Wroten Worship Service, WL

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## Monday • May 27

*Manhattan Room—open seating at dinner only*  
12:00 p.m. ~ 1st Pres. Men's Luncheon, MR  
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR  
2:00 to 4:00 p.m. ~ Mem. Day: "The Earl Project", CR

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## Tuesday • May 28 *Trash & recycling pick-up*

*Manhattan Room—open seating at dinner only*  
10:30 a.m. ~ Steady Yourself, CR  
12:00 p.m. ~ Seven Dolors Book Discussion, FHR  
3:00 p.m. ~ Coffee Corner, CR  
4:00 p.m. ~ Newspaper & Bible, FHR  
5:30 p.m. ~ 3rd Floor Supper, CR  
7:00 p.m. ~ Dominoes, GR

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## Wednesday • May 29

*Manhattan Room—open seating at lunch & dinner*  
9:30 a.m. ~ Seated Strength, CR  
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
10:00 a.m. ~ Memory Activities Class, KSU CL  
10:00 a.m. ~ Memory Café, KR  
10:00 a.m. ~ Memory Care Support Group, WCR  
10:20 a.m. ~ Weights 101, CR  
11:00 a.m. ~ Sit & Be Fit, CR  
1:00 p.m. ~ Pitch, GR  
3:00 p.m. ~ Rock Steady Boxing, CSC  
3:00 p.m. ~ Rock Steady Boxing, CR  
3:00 p.m. ~ Call Hall Ice Cream Social, KR

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## Thursday • May 30

*Manhattan Room—open seating at lunch & dinner*  
8:00 a.m. ~ Apple Technology Help Lab, KR  
8:30 a.m. ~ Messenger Team, WCR  
10:30 a.m. ~ Steady Yourself, CR  
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR  
2:00 p.m. ~ All-Campus Spring Picnic Party, CR

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## Friday • May 31

*Manhattan Room—open seating at lunch & dinner*  
9:30 a.m. ~ Seated Strength, CR  
10:20 a.m. ~ Weights 101, CR  
11:00 a.m. ~ Sit & Be Fit, CR  
1:00 p.m. ~ Parkinson's Exercise Class, CR  
1:00 p.m. ~ Hand & Foot Card Games, GR  
3:00 p.m. ~ Rock Steady Boxing, CSC  
7:00 p.m. ~ The Wakim Jazz Quartet, CR

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## Saturday • June 1

*Manhattan Room—open seating at lunch & dinner*  
9:30 a.m. ~ Painting for Fun, MCR  
11:30 a.m. ~ FUMC Youth Orchestra, CR

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### Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
SCR, South Conference Room	VB, Verna Belle's

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### Holiday weekend cancelations

There will be no exercise classes on Monday, May 27, due to Memorial Day. The following exercise classes will be also canceled that week: Chair Yoga on Tuesday, May 28, and Thursday May 30; as well as Yoga on Wednesday, May 29.

Vespers service is canceled for Sunday, May 26. Services will resume Sunday, June 2, at 7 p.m. in the Community Room.

Contemporary God Talk will not meet Monday, May 27. The meeting will resume as usual Monday, June 3. For questions about the group, call Jim Reed at (785) 341-7231.

Community Bingo is canceled for Monday, May 27.

*Meadowlark News and Announcements  
can be viewed on Channel 1960*