

The 2019 Symphony in the Flint Hills is set for Saturday, June 15, in Chase County, Kansas. See page 4 for information on attending this great event!



We are Growing... & Moving!

by Jayme Minton, Support Services Dir.

Meadowlark Home Health has served the Manhattan community since 1995. As a dual licensed agency, the Home Health team is able to work with various insurance providers and provide a robust variety of private pay services. Within the past year, Meadowlark Home Health has seen a considerable growth in private pay and Medicare services. Often times, the team covers more than 125 hours of home health aide and companion hours per day!

In November 2018, we were able to collaborate with a like-minded continuing care retirement community (CCRC) in Topeka and form a branch of our agency known as Meadowlark Home Health at Brewster. Since that time, we have seen the number of clients receiving Medicare services from Meadowlark Home Health (in Manhattan and Topeka) more than triple.

So what does that mean for all of us? We now have the opportunity to positively impact lives outside of those already choosing to live at

Meadowlark. It means we get to bestow the Meadowlark-quality service on others in the community. It means more people will choose to come to Meadowlark in the future and we will continue to be a leader in regional healthcare services. It also means we need more room!

The Home Health team currently occupies two small offices located near Honstead and Sloan House – not a lot of space for five full-time employees and over 60 part-time team members. In the next week, Home Health will complete their move to the (former) South Conference Room. This space will enable the team to collaborate when needed while still providing individual work spaces. In addition to the team's move, Jayme Minton, Support Services Director and Home Health Administrator, will move her office to share a space with Annie Peace, Health Services Director, located next to Verna Belle's Café.

If you are interested in learning more about what Meadowlark Home Health can do for you, please call (785) 537-9497.

Wellness Olympiad

by Jeff Heidbreder

The last week of the Olympiad is near, but there are still several opportunities remaining for teams to score points! Team scores are posted in the Game Room and are updated each Wednesday.

Participants should continue tracking their physical activity and be sure to turn in your week-five sheet to the Hospitality Desk or the Caul Fitness Center by Tuesday, May 14, at 5 p.m. and use your week-six sheet next week.

The last Group Walks will be held next Tuesday and Thursday, leaving from the Village Entrance at 12-noon. A Bean Bag Toss Challenge will be held at 2:30 p.m. Tuesday May 14, in the KSU Classroom. The Bigger or Better Challenge will be at 2:30 p.m. Friday, May 17, and we will meet at the Village Entrance.

The Olympiad Post Party will be at 4 p.m. Wednesday, May 22, in the Community Room. Start looking for recipes because our Healthy Recipe Challenge will feature "healthy" tailgate foods containing avocado.

Contact Jeff Heidbreder at (785) 341-2995 or in the Caul Fitness Center with any Olympiad questions.

Volunteers needed

Thanks to Bob Crawford, with the help of Bob Pulford, for his generous planting of flowers on Prairie Star Patio! The lantana and petunias that have been planted do not require a lot of maintenance because they are resistant to heat and drought, however, watering every two days is recommended. Anyone interested in helping water these beautiful plants this season can contact Bob Crawford at (785) 320-2141.

Lobby furniture—cast your vote!

Friday, May 10, to Friday, May 17

Two options have been recommended by a designer for new lobby furniture. The design boards will be displayed outside of Jayme Minton's office from tomorrow, May 10, to Friday, May 17. Please cast your vote for your favorite option!

Veteran's Group Events

Friday, May 10, & Monday, May 13

On Friday, May 10, the Veteran's Group will take a bus trip to Fort Riley to visit with the Warrior Transition Battalion, go on a museum tour, and have lunch. The bus will depart from the Main Entrance at 9:45 a.m. Please sign up in the Blue Book at the Hospitality Desk.

K-State Baseball players will be coming to Meadowlark to visit with the Veteran's Group Monday, May 13, at 6 p.m. in the KSU Classroom. Light refreshments will be served.

There is no cost for the events and all Meadowlark Veterans are welcome to attend.

At this time, the opportunities will be open to Veterans only. If there are available spots the day before, we will open them to all residents interested. For questions about the Veteran's Group or to be added to the current contact list of Meadowlark Veterans, please contact Sara Snell at (785) 323-3862 or Monte Spiller at (785) 323-3801.

Music by Emily Stillwell

Friday, May 10, at 7 p.m.

Meadowlark welcomes back Emily Stillwell at 7 p.m. Friday, May 10, in the Community Room! Emily is a jazz and folk singer-songwriter from Atlanta, Georgia. Her repertoire ranges from classical piano to jazz standards and down-home blues greats of the 20's and 30's. Please join us!

Trip to Hobby Lobby & Dollar Tree

Saturday, May 11, at 10:30 a.m.

Transportation will be provided to Hobby Lobby and Dollar Tree Saturday, April 13. The bus will depart from the Village Entrance at 10:30 a.m. and return around 11:45 a.m. The cost for transportation is \$3 per person. Please sign up in the Blue Book at the Hospitality Desk

Piano Recital

Saturday, May 11, at 2 p.m.

At 2 p.m. Saturday, May 11, in the Community Room students of Jan Barkey will present a piano recital. All are invited to attend.

Mother's Day Meal

Sunday, May 12, between 11 a.m. & 2 p.m.

You're invited to make reservations for the Mother's Day Meal at Prairie Star Restaurant. Mother's Day is Sunday, May 12, and seating times will vary between 11 a.m. and 2 p.m. Make your reservations by visiting the host stand at Prairie Star Restaurant or calling (785) 323-3820. Menu and cost are listed below.

Starter: (*choice of*) Grilled Herbed Chicken and Roasted Vegetable Soup; Cucumbers, Red Onions in Italian Vinaigrette; or Tossed Green Salad with your choice of dressing

Entrée: (*choice of*) Roast Beef Tenderloin with Red Wine Sauce (\$18), Sautéed Orange Roughy with Orange Butter Sauce (\$16); or Grilled Herbed Chicken Breast (\$14)

Side: (*choice of*) Oven Roasted Yukon Gold Potatoes or Confetti Rice

Vegetable: Asparagus Medley

Dessert: (*choice of*) Black Forest Cake or Mixed Berry Shortcake

Vespers Service

Sunday, May 12, at 7 p.m.

The Vespers service will be led by Rev. Glenn Fogo from First United Methodist Church at 7 p.m. Sunday, May 12, in the Community Room. All are welcome.

ARTful Making

Monday, May 13, at 11 a.m.

Join Meadowlark Memory Program and Marianna Kistler Beach Museum of Art for ARTful Making class Monday, May 13, from 11 a.m. to 12:30 p.m. in the KSU Classroom. Together we will develop new skills and revisit old ones while engaging in

various art making activities. No registration is required, please come and go as needed.

Contemporary God Talk

Monday, May 13, at 1:30 p.m.

Join Meadowlark resident Jim Reed from 1:30 to 2:30 p.m. Monday, May 13, in the West Conference Room for an open dialogue on faith. Only thing needed is an open mind and the discipline of sharing and listening. For questions, call Jim at (785) 341-7231.

Have you heard of Falun Dafa?

Monday, May 13, at 2:30 p.m.

Falun Dafa, also called Falun Gong, is an advanced practice of self-cultivation- a way to improve health and attain spiritual wisdom. The practice is from the Buddha School and is based on easy-to-learn exercises, meditation, and the universal values of Truthfulness, Compassion, and Tolerance. Falun Dafa teaches that these are the most fundamental qualities of the universe, and takes them to be a guide for daily life and practice.

A special guest will be at Meadowlark from 2:30 to 3:30 p.m. Monday, May 13, in the KSU Classroom to give an interactive presentation that will share more about this ancient practice. While seated, participants will be able to practice what they are learning throughout the presentation.

If you are interested in attending, please sign up in the Blue Book. Seating is limited.

Tour of Vanier Football Complex

Tuesday, May 14, depart at 9:50 a.m.

Meadowlark residents will have the opportunity to tour Vanier Football Complex at 10 a.m. Tuesday, May 14! The Vanier Football Complex is home of the Kansas State Wildcats and it provides K-State Football with offices, locker rooms, a lounge, and a renovated weight room and athletic training facility. Join us for a sneak peek into some of the things that go on behind the scenes. There is a sign-up sheet in the Blue Book and we will depart from the Village Entrance at 9:50 am.

Coffee Corner

Tuesday, May 14, at 3 p.m.

Join us in the Community Room at 3 p.m. Tuesday, May 14, for a social hour. Verna Belle's Café featured dessert will be Lemon Bars. All are welcome!



MEADOWLARK

Home Health

**Local, not-for-profit, Medicare-certified agency
providing high-quality client-focused care in
Manhattan, Topeka and the surrounding communities**

Administrator: Jayme Minton

Clinical Leader: Alex Horak, RN

Office Manager: Angela Gerena

Office Assistant: Arlene Lundberg

Manhattan Nurses:

Jeanette Wagner, RN

Deirdre Greeley, RN

Jennifer Roudybush, RN

Brandy Graham, LPN

Topeka Nurse: Aubrey Edds, RN

Phone: (785) 537-9497

Memory Activities Class, room change

Wednesday, May 15, at 10 a.m.

Memory Activities Class will meet in the Manhattan Room at 10 a.m. Wednesday, May 15. The group will return to their usual meeting room on Wednesday, May 22.

Card Making with Michelle

Wednesday, May 15, at 1:30 p.m.

Join Michelle Lehmer at 1:30 p.m. Wednesday, May 15, in the Flint Hills Room to make cards for all occasions. Supplies are provided and all are welcome to attend.

Parkinson's Webinar

Thursday, May 16, at 11 a.m.

A Parkinson's webinar will be offered at 11 a.m. Thursday, April 18, in the KSU Classroom. The topic will be "Looking Deep into Cells for the Answers to Parkinson's." The panelists will discuss efforts to better understand what goes wrong in Parkinson's on the deepest level—in the genes and proteins that are the instructions and ingredients for life. Researchers will discuss how defining these differences can point to better ways to measure and treat Parkinson's disease.

Low Vision Support Group

Thursday, May 16, at 2 p.m.

The Low Vision Support Group will meet at 2 p.m.

Thursday, May 16, in the Flint Hills Room. Jeanette Graue, Program Director for K-Loans, will provide information about various resources for assistive technology and programs that are available in the state of Kansas. Applications for the Talking Books Service through the Kansas State Library will be available.

The group will also discuss an opportunity for residents to attend a Visually Impaired Persons (VIP) Book Club. The VIP Book Club will be Tuesday, May 21, at the Riley County Senior Services Center. Anyone is welcome to join or just attend for the book discussion. The book for May is *The Curious Charms of Arthur Pepper* by Phaedra Patrick, which is available as an audio Talking Book.

Meadowlark Singers: Sing a Joyful Noise! *Friday, May 17, at 7 p.m.*

Sing a joyful noise! The Meadowlark Singers will be performing at 7 p.m. Friday, May 17, in the Community Room. The group has been working hard and look forward to entertaining friends and family. Come join the Singers as they harmonize at the hills!

Little Apple Chorus Spring Show *Sunday, June 2, at 3 p.m.*

The Little Apple Chorus will be performing their Spring Show, *Turn Your Radio On* Sunday, June 2, at 3 p.m. in Forum Hall at the KSU Student Union. Joining the chorus is local radio host, Dave Lewis, and the International Champion Quartet, *Crossroads*. The show starts at 3 p.m. Doors open at 2:30 p.m.

Ticket prices are \$15 each or a \$50 family pack (two adults and all children in the house). Tickets can be purchased from any chorus member, online at www.littleapplechorus.org or by calling (785) 409-6141.

Meadowlark has a limited number of complimentary tickets reserved for residents, Passport members or staff. The tickets are available to pick up at the Hospitality Desk and will be given on a first-come-first-served basis.

Summerfest

Friday, June 7, at 5 p.m.

The music, the food and the fantastic celebration of summer is just around the corner! Join your friends and family at 5 p.m. Friday, June 7, for Summerfest, Meadowlark's annual block party.

Our Summerfest celebration will take place on the south side of the building along Meadowlark Road and on Prairie Star patio. The road will be blocked from the fork off the south drive to the village entrance. The cookout will begin at 5 p.m. and will include hamburgers, hot dogs, beans, pasta salad, chips, watermelon and cookies.

The evening will also feature live music starting at 6 p.m. in addition to a sno-kone stand, beer garden and inflatable activities for the kids. Live musical entertainment will be provided by M31, a rock and blues band.

Meadowlark Road, between the Valley and the main entrance to the building, will be blocked off all day Friday, June 7. If you have guests visiting, please make sure they are not parked in the visitor parking at 7 a.m. on Friday. The rented items for the party will be delivered and set up during the morning hours.

All rental items will be retrieved by the company in the morning on Saturday, June 8.

The Pub will not be open the day of Summerfest and Prairie Star Restaurant will close at 2 p.m.

If you have questions regarding Summerfest, please contact Jayme Minton at (785) 313-0454.

Symphony in the Flint Hills

Saturday, June 15, departing at 2 p.m.

This year's Symphony in the Flint Hills is Saturday, June 15! The theme is *Ad Astra*, celebrating the land, the people, and the future of the Kansas Flint Hills through a celebration of the changing of our North Star and the constellations. This great event will feature presentations and performances designed to entertain and enlighten you in a private ranch setting located in Chase County, Kansas. You will experience activities throughout the day, including food and beverages, prairie walks, covered wagon rides, storytelling, and more, which will culminate with a spectacular sunset concert by the Kansas City Symphony.

Meadowlark is taking a trip to this year's concert. The cost of the trip is \$140 per person, which includes an event ticket and transportation from Meadowlark. The group will leave from the Village Entrance on Saturday, June 15, at 2 p.m.

If you choose to purchase a ticket only, the cost is \$107. There is a sign-up sheet in the Blue Book. No refunds can be given for tickets purchased. If you are interested, please sign up or contact Monte Spiller at (785) 323-3801.

On Acceptance

submitted by Helen Roser

The Sisters of Social Service in California had been bequeathed a beautiful mountain property. They had no money, but had decided to build a retreat center there.

It was on a Sunday, at 4 p.m. when their friends and a few supporters were there to officially begin their work to build their retreat center. Holding the shovel, the priest said: "They have no money. But they have faith that God will send them what they need, when they need it. So we are here to symbolically accept their needs that will come to them when they are needed." With that, the priest turned over a shovel full of earth.

Sister Georgiana became good friends and we discussed that special Sunday many times.

While they were on their mountain top, I was in the flatlands of Los Angeles. I was saying goodbye and thanking the artists who had come from Mexico to show and offer for sale their art pieces.

In my work for Mayor Yorty, I had visited all their stalls many times. But that Sunday, as I was saying goodbye, I noticed a gorgeous black crucifix with the Christ painted with gold. I thought: "I cannot let that beautiful piece go through customs, unbought in this country of so much wealth! I must have it!"

It cost all that I had in the bank, but I bought it. Two men took it to my home and set it in a bedroom, which I kept dark, with a little night light at its feet. I had it for a magical year in which many that I barely knew called me, sounding distressed, and asked if they could come visit me. Later, they told me my home "feels like a cathedral."

One day I was sitting at my typewriter when I felt a sudden energy that told me: "Go to the phone." It was on the wall and I did. Then I was told to "Call Information." I did and heard myself ask for the number of the Guadalupe Center. (What was that?) I called and asked what time they closed. In a few minutes. They were getting ready to close. I told them my name and said I'd be right there.

No time to put my shoes on. I'd go in my pink bunny slippers. I sped over and roared into their parking lot. For the first time, I wondered why I was there. The thought came: "When you go through the door, you will know."

A nun (Sister Georgiana) sat at her desk. I told her my name and said: Sister, I have something very beautiful I want to give. I don't know where it belongs, but you do." I described it as the other nun gasped: "So soon, too!"

Sister Georgiana smiled and said "Indeed I do know where it belongs. Last night we prayed and accepted our crucifix for our retreat center that we have just finished."

I had bought what they would need and kept it a year until they needed it. We don't have to know "why."

Eastbound (& up!)

by Sarah Duggan

It's been nearly two and half years since our last family trip across the country to visit my in-laws in Brooklyn, New York. In fact, the last time we went it was December 2016. We traveled for two days



through snow and ice with Edward at the wheel and four and a half passengers, which included: Murphy, two-years-old; me, five months pregnant with Eilish; and two anxious and excited miniature dachshunds (Gemma and Addison). We stayed for nearly two weeks, including the Christmas holiday.

This time around we expect better weather—please do a special sunshine summoning dance in our honor—but our load will be even more, shall I say, excited?

Two-year-old Eilish Wynnette is making her first pilgrimage back to New York. My stubborn, hilarious, and active child will be contained for at least 20 hours in a car with her parents, bossy Murphy, and nervous fur-sisters. During your dance for sunshine and good weather, you might lift up a few words for our sanity and patience.

We will only be gone a week this time and I plan to send a note and pictures for the Messenger as an update on our adventures. It seems like it was just yesterday when we were headed out for our 2016 trip! Life is always changing.



LEADER OF THE PACK

Congrats to May's Leader of the Pack, Mikala Horn. Mikala is a CMA in Bramlage House. She has built great relationships with staff, residents, and families. She offers support and encouragement to our guests in Bramlage House –which is a very unique household and very fast paced. Mikala always keeps the guest's best interests in mind, and strives to help them function at their highest practical level. She is eager to learn, and is willing to lend a hand. Mikala has been a great addition to the Meadowlark team and we look forward to her continued growth with the organization!

IL Resident Council Minutes, April 1, 2019

Members present: Pat Vogt, Bob Crawford, Jean Beatty, Nyle Larson, Jo Call, Elaine Manges, Steve Owens, Charlotte Kelly, Carol Balding, Nancy Kopp, Pam Oehme, Jan Vanderbilt and Leo Lake

Staff present: Jayme Minton and Monte Spiller

Updates

General Update: Jayme explained there have been more reports of illness from residents and employees. As a general reminder, we recommend all to limit social activities and interactions in group settings if possible. There will not be a buffet on Tuesday or Thursday of this week in Prairie Star and residents are encouraged to consider getting to-go meals delivery. The delivery fee will be waived for the week.

Weather permitting, the courtyard renovation will resume with the hope of pavers being installed. Half of the parking lot behind the maintenance shop has been poured with plans to continue this month also.

We have requested proposals from architects for the wellness building and hybrid apartments that were mentioned in last month's meeting. Once an architect is chosen, we will see what they present and make a decision to move forward or not. This preliminary phase should take about six months.

The renovation of the kitchen is still moving forward as we are in the process of hiring a construction company. We are looking to have the kitchen renovation and the event center addition to the patio both completed by the end of 2019, in time for the holidays. The other phases of the

event center are scheduled to be completed at the beginning of 2020. The phases are designed with intent of having the kitchen open during most of the renovation process.

Approval of March Minutes: Motion to approve minutes was moved and passed.

New Business

Nancy Kopp was welcomed as the new Meadowlark Circle Neighborhood Representative.

Monte Spiller announced that Board of Trustees Nominees, Pam Oehme, Leo Lake and Larry Parsons would each speak at Town Meeting.

Old Business

Pam Oehme wanted to thank our Maintenance team, specifically with the recent snow removal around campus. She also wanted to express that residents of the Eastside Neighborhood remain optimistic of Meadowlark possibly one day having a daycare on campus.

Additional Discussion Topics

Jan Vanderbilt explained she noticed there were a few items in the Resident Handbook that needed updated, including the newer cottages in the valley not being on the map provided.

There was a request to give additional reminders to new residents about services provided such as the postal services at the hospitality desk and how the restaurant works with daily specials etc.

Several members of the council expressed how much they enjoyed Art Mingle and the Fine Art Fair. It was considered a success.

Meeting adjourned

Town Meeting Notes, May 6

Notes from Town Meeting conducted by Monte Spiller, Resident Services Leader, on May 6.

Welcome Monte welcomed the meeting attendees and introduced new resident, Jean Reynard.

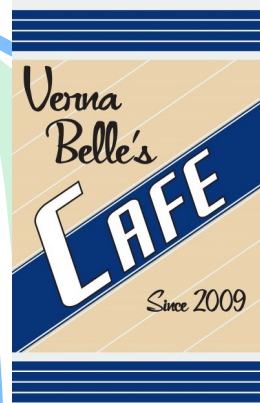
Campus Update Great progress has been made on the Courtyard Renovation [see picture below] and Fleet Parking Lot. Rain may extend, yet again, our deadline for completion. Once the parking lot is striped, the Meadowlark campus will gain 25 spots. Once completed, the Courtyard will feature a bocce ball court, covered seating, putting green, firepit, and an outdoor bar and grill. Architect interviews for the potential independent living and wellness building project will happen this month. We hope to select a final candidate soon. We do not have a start date on the kitchen/ restaurant renovation, however, we believe we are getting close to a final design.

Legacy Society Banquet Becky thanked everyone who supported Pig Out for Parkinson's on April 25. The annual Legacy Society Banquet is Monday, May 13. Four people will be honored at the event and the focus of the evening's program will be Meadowlark's Memory Services.

Upcoming Events Monte reviewed the events coming up in the month of May.



Courtyard renovation progress as of late morning Wednesday, May 8.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, May 12

Breakfast: Omelets with Fruit

Monday, May 13

Breakfast: Biscuits & Gravy

Lunch: Mississippi Ham Slider with Choice of Side ham, bacon, & cream cheese mixture on a slider bun
~\$4.50/\$6.50

Tuesday, May 14

Breakfast: Breakfast Sandwich with Fruit

Lunch: Grilled Chicken Sandwich with Side grilled chicken & swiss cheese on a butter-toasted hamburger bun with roasted garlic aioli & all the fixins
~\$4.50/\$6.50

Wednesday, May 15

Breakfast: Breakfast Burrito & Fruit

Lunch: Southwest Cream Cheese & Chicken Wrap shredded and seasoned chicken, black beans, corn, tomatoes, & cream cheese wrapped in a flavored flour tortilla ~\$4.50/\$6.50

Thursday, May 16

Breakfast: Biscuits & Gravy

Lunch: Turkey Bruschetta Sandwich with Side sliced turkey, mozzarella cheese, & tomato bruschetta on butter-toasted Italian bread ~\$4.50/\$6.50

Friday, May 17

Breakfast: Waffle or Pancake

Lunch: Avocado BLT with Choice of Side bacon, lettuce, tomato, & avocado on toasted wheatberry bread ~ \$4.50/\$6.50

Saturday, May 18

Breakfast: A la carte menu options

PRAIRIE★STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	May 12 ~ Mother's Day	Dinner \$11
	Mother's Day Meal <i>See page 2 for full menu.</i>	Sautéed Chicken ala Orange Wild Rice Vegetable du Jour
MONDAY	May 13 ~ Lunch \$10	Dinner \$12
	Turkey Reuben Potato Salad Choice of Vegetable	Baked Ham <i>with Balsamic Cherry Sauce</i> Scalloped Potatoes Vegetable du Jour
TUESDAY	May 14 ~ Lunch \$8	Dinner \$12
	Fajita Bar <i>(does not include drink, starter, or dessert)</i>	Beef Stroganoff & Noodles Vegetable du Jour
WED.	May 15 ~ Lunch \$10	Dinner \$12
	Steamed Polish Sausage Sweet Potato Fries Choice of Vegetable	Chicken Fettuccine Alfredo Garlic Toast Vegetable du Jour
THURS.	May 16 ~ Lunch \$9	Dinner \$12
	Mac & Cheese Bar <i>(does not include drink, starter, or dessert)</i>	Smothered Pork Chops <i>with Mushroom Gravy</i> Roasted Yukon Gold Potatoes Vegetable du Jour
FRIDAY	May 17 ~ Lunch \$10	Dinner \$14
	Tamale Pie Black Beans Spanish Rice	Shrimp & Grits Vegetable du Jour
SAT.	May 18 ~ Lunch \$10	Dinner \$14
	Pork Tenderloin Sandwich French Fries Coleslaw	Trout Almondine Baked Potato Vegetable du Jour

**DRINK
SPECIAL**

Blue Polka Dot Bikini
 1 oz. Malibu Rum, 1/2 oz. Blue Curacao, & 3 oz. Pineapple Orange Juice
 \$3.75

Grosh Cinema Movies

Sunday, May 12, to Saturday, May 18, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, May 12—Dr. Seuss' The Cat in the Hat (2003)

- A bored little boy and girl are visited on a rainy day, while their mother is away, by the Cat in the Hat.
- Along with Thing 1 and Thing 2, the mischievous cat proceeds to turn the house into the "mother of all messes."
- **Co-Starring: Mike Myers, Alec Baldwin, & Dakota Fanning**
- **Rated PG; 1 hr. 22 min.**

Monday, May 13—Carter High (2015)

- In this fact-based drama set in 1988 Dallas, Carter High School's football team will let nothing stand in the way of a state title. But the following summer, several of the players are exposed as the culprits behind a series of robberies.
- **Co-Starring: David Banner, Vivica Fox, & Lynn Andrews III**
- **Rated PG-13; 1 hr. 50 min.**

Tuesday, May 14—My Fair Lady (1964) **Resident Request*

- In this classic cinematic version of the Broadway smash, a pompous phonetics professor is so sure of his abilities that he takes it upon himself to transform a Cockney working-class girl into someone who can pass for a cultured member of high society.
- **Co-Starring: Audrey Hepburn, Rex Harrison, & Stanley Holloway**
- **Rated G; 2 hr. 52 min.**

Wednesday, May 15—Sioux City Sue (1946)

- Gene travels to Hollywood to earn enough money to get his ranch out of financial difficulty. On his return, however, his enemies try to ruin him when they discover he's been masquerading as the singing voice for an animated donkey.
- **Co-Starring: Gene Autry, Lynne Roberts, & Sterling Holloway**
- **Rated NR; 1 hr. 9 min.**

Thursday, May 16—Agatha and the Truth of Murder (2018)

- In 1926, with her personal life in tatters and her writing in crisis, a young Agatha Christie decides to solve a real-life murder.
- **Co-Starring: Dean Andrews, Ruth Bradley, & Bebe Cave**
- **Rated PG; 1 hr. 32 min.**

Friday, May 17—Instant Family (2018)

- Adopting three foster children at once thinking that it's a perfect way to start a family. After some chaos, laughter, mistakes and awkwardness, the family begins to become a whole unit.
- **Co-Starring: Mark Wahlberg, Rose Byrne, & Octavia Spencer**
- **Rated PG-13; 1 hr. 58 min.**

Saturday, May 18—The Best Exotic Marigold Hotel (2011) **Resident Request*

- To make the most of their meager retirement savings, a group of British seniors moves to India to live out their golden years at the Marigold Hotel. But upon arrival, they discover the once-lavish resort has wilted considerably.
- **Co-Starring: Judi Dench, Maggie Smith, & Bill Nighy**
- **Rated PG-13; 2 hr. 4 min**

Weekly Opportunities Calendar May 12 to May 18

Sunday • May 12

Manhattan Room—no open seating available

- 9:30 a.m. ~ Miller Worship Service, MFR
- 10:30 a.m. ~ Worship Service, CR
- 11:00 a.m. to 2 p.m. ~ Mother's Day Meal, PS
Prior reservations required for Mother's Day Meal.
- 2:00 p.m. ~ Wroten Worship Service, WL
- 7:00 p.m. ~ Vespers with Rev. Glenn Fogo, CR

Monday • May 13

Manhattan Room—open seating at dinner only

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 p.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 11:00 a.m. ~ ARTful Making, KSU CL
- 11:30 a.m. ~ Meadowlark Valley Luncheon, MR
- 12:00 p.m. ~ Yoga, CR
- 12:00 p.m. ~ 1st Pres. Men's Luncheon, WCR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:30 p.m. ~ Contemporary God Talk, WCR
- 2:30 p.m. ~ Falun Dafa Presentation, KSU CL
- 6:00 p.m. ~ Veteran's Group: KSU Baseball, KSU CL
- 7:00 p.m. ~ Community Bingo, *moved to KSU CL

Tuesday • May 14 *Trash & recycling pick-up*

Manhattan Room—open seating at lunch only

- 9:50 a.m. ~ Depart for Vanier Complex Tour, VE
- 10:30 a.m. ~ Steady Yourself, CR
- 10:45 a.m. ~ Technology Assistance, FHR
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Seven Dolors Book Discussion, FHR
- 12:00 p.m. ~ Olympiad: Group Walk, VE
- 2:00 p.m. ~ Veteran's Group: KSU Baseball Trip
- 2:30 p.m. ~ Olympiad: Bean Bag Challenge, KSU CL
- 3:00 p.m. ~ Coffee Corner, CR
- 4:00 p.m. ~ Newspaper & Bible, FHR
- 5:30 p.m. ~ 4th Floor Supper, MR
- 7:00 p.m. ~ Dominoes, GR

Wednesday • May 15

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ Memory Activities Class, *moved to MR
- 10:00 a.m. ~ Memory Care Partners Supp. Grp, WCR
- 10:00 a.m. ~ Memory Café, KR

- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:00 p.m. ~ Yoga, CR
- 1:00 p.m. ~ Pitch, GR
- 1:30 p.m. ~ Card Making with Michelle, FHR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:00 p.m. ~ Rock Steady Boxing, CR
- 3:00 p.m. ~ Call Hall Ice Cream Social, KR

Thursday • May 16

Manhattan Room—no open seating available

- 8:00 a.m. ~ Apple Technology Help Lab, KR
- 8:30 a.m. ~ Messenger Team, WCR
- 10:00 a.m. ~ Meadowlark Bible Study, FHR
- 11:00 a.m. ~ Parkinson's Webinar, KSU CL
- 12:00 p.m. ~ Olympiad: Group Walk, VE
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:00 p.m. ~ Stepping On, KSU CL
- 2:00 p.m. ~ Low Vision Support Group, FHR
- 5:30 p.m. ~ Meadowlark Circle Dinner, MR

Friday • May 17

Manhattan Room—open seating at lunch only

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Veteran's Group, GC
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 12:30 a.m. ~ Mending Angel, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 2:30 p.m. ~ Olympiad Challenge, VE
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:30 p.m. ~ Catholic Rosary, CR
- 7:00 p.m. ~ Meadowlark Singers Performance, CR

Saturday • May 18

Manhattan Room—open seating at lunch & dinner

- 9:30 a.m. ~ Painting for Fun, MCR

Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	MCR, Miller Craft Room
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
PS, Prairie Star Restaurant	VE, Village Entrance
SCR, South Conference Room	VB, Verna Belle's