

## Can You Dig It?!

*Meadowlark transformed into a 1978 themed party for residents, Passport members and employees to boogie & chillax for the night*



It was groovy, man! The 2018 Christmas Carousel event was attended by over 175 IL residents & Passport members. Meadowlark recruited many A-List Celebrities to host the party, including Loni Anderson, Donny & Marie Osmond, Lynda Carter, Edgar Bergen, Cher, Marlo Thomas, Burt Reynolds, Sammy Davis Jr. & more!

### **Blue Christmas Service**

*Friday, Dec. 21, at 6:30 p.m.*

During the Christmas season, it is a time of celebration and remembrance. But it is also a time of sadness or loneliness as there may be grief over a loss or inability to be with family.

In light of this, First Presbyterian will hold a Blue Light Christmas Service: A Service of Hope and Healing Friday, Dec. 21, at 6:30 p.m. in the sanctuary. It will be a time of meditative carols, prayers and a brief message. Special music will include violin by Dr. Segen Case and vocal and guitar music by Joan Nelson. All are welcome to share in the service of hope. Refreshments will follow the service.

### **Crossbows Quartet**

*Friday, Dec. 21, at 7 p.m.*

The Crossbows string quartet consisting of Steve Easterday—violin, Leland Reitz—violin, Mike Kanost—cello, and Christine Durrett—viola will be performing a Christmas medley prior to a “Christmas Cantata” directed by Steve Easterday and performed by the College Avenue United Methodist Church Sanctuary Choir Friday, Dec. 21, at 7 p.m. in the Community Room. All are welcome to enjoy a combination of secular and sacred music.

### **Vespers Services**

*Sunday, Dec. 23, at 7 p.m.*

The Vespers service will be Rev. Liz Kocher from First Lutheran Church. Vespers service will begin at 7 p.m. Sunday, Dec. 23, in the Community Room. All are welcome.

### **Christmas Lunch**

*Tuesday, Dec. 25, staggered times*

A Christmas Lunch will be served Tuesday, Dec. 25, at the Prairie Star Restaurant. The lunch will cost \$17 for adults and \$9 for children. Please sign up at the host stand in Prairie Star.

### **Parkinson’s Partners Luncheon**

*Friday, Dec. 28, at 12 p.m.*

Join Meadowlark Parkinson’s Program for a relaxing lunch Friday, Dec. 28, from noon to 1 p.m. in the Community Room. Please sign up in the Blue Book by Monday, Dec. 23. Cost is approximately \$9 per person.

### **Verna Belle’s Birthday Party**

*Friday, Dec. 28, at 2 p.m.*

Join in the celebration every Friday at 2 p.m. with a Birthday Party for Verna Belle’s! This will feature a special birthday treat and staff will unwrap one present from Meadowlark for the Café at every party. No gifts necessary, please.

From now to Feb. 1, every time you spend \$10 at Verna Belle’s, you will be entered into a drawing! Drawings will take place at each of the ten birthday parties.

### **Heather Augustine Performance**

*Friday, Dec. 28, at 7:00 p.m.*

Although Christmas may have past, Heather still loves Christmas music. Join Heather on Friday, Dec. 28, at 7 p.m. in the Community Room. There will be sing-a-long, piano solos and much more! If you missed Heather the first time, here’s another chance, so come out and enjoy the evening.

### **Birthday Celebration for Dorthea**

*Sunday, Dec. 30, at 3 p.m.*

Join Dorthea Boutz and her family Sunday, Dec. 30, at 3 p.m. in the Community to celebrate Dorthea’s 90th birthday! All are welcome to attend and celebrate this milestone birthday.

### **The Church Ladies**

*Friday, Jan. 4, at 7 p.m.*

Start the New Year off right with The Church Ladies! They are a harmony-based acoustic trio from the Manhattan area. They have been performing together for four years and have entertained the Meadowlark community several times over the past few years.

Members of the group include Mary Louise Stahl on upright bass and mandolin, Joan Nelson on 12-string guitar, and new member Cindy Carlyon on melodica, upright bass and kazoo! Their musical selections include secular and non-secular music, bluegrass, gospel, country and folk. All are invited to attend Friday, Jan. 4, at 7 p.m. in the Community Room.

### **Flint Hill Discovery Trip**

*Wednesday, Jan. 9, at 10:15 a.m.*

A trip to the Flint Hills Discovery Center is scheduled for Wednesday, Jan. 9 to experience the exhibit: Bison and Wolves and Wild Lands, featuring the Konza Prairie Quilters Guild. The bus will depart from the Village Entrance at 10:15 a.m.



A sign-up sheet is available in the Blue Book at the Hospitality Desk for anyone interested in attending. Cost of the trip is \$10 per person which includes cost of transportation and admittance. For questions, contact Monte Spiller at 323-3801.

### **Veterans Luncheon**

**Monday, Jan. 14, at 11:30 a.m.**

Please join us for lunch with current K-State University President, U.S. Air Force Retired Gen. Richard Myers Monday, Jan. 14, at 11:30 a.m. in the Prairie Star Restaurant. Gen. Myers will be speaking on his time serving as Chief of Staff at the United States Pentagon.

The cost of lunch will be \$10 per person. Please sign up in the Blue Book at the Hospitality Desk by Jan. 15. Seating is limited and priority will be given to veterans and their guests that would like to attend. The restaurant will be closed for regular service lunch.

### **Sweet Stocking Stuffers**

Verna Belle's Café will be selling mini honey bears harvested from Meadowlark's beehives. This delicious, golden treat would be a great addition to Christmas stockings! The bears hold 2 oz. of honey and cost \$2 each.

### **Meadowlark Singers Practice**

Meadowlark Singers will not practice Monday, Dec. 24, or Monday, Dec. 31.

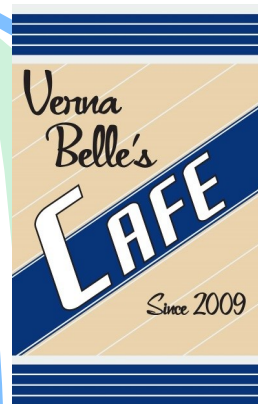
### **Diabetes Support Group**

The Diabetes Support Group for December is canceled. For any questions, contact Lisa Schwarz.

### **Holiday Trash Schedule**

For the week of Christmas and New Year's, trash and recycling will be picked up on Wednesday morning. Please plan accordingly and set your trash bins out Tuesday evening.

As a reminder for apartment trash chutes, please make sure trash is in a sealed bag before sending it down the chutes. The Housekeeping team thanks you for helping keep Meadowlark clean!



## **LUNCH & BREAKFAST SPECIALS**

Monday to Friday, 7 a.m. to 4 p.m.

Saturday & Sunday, 7 to 11 a.m.

(785) 323-3818

### **Sunday, Dec. 23**

**Breakfast:** Omelets with Fruit

**Monday, Dec. 24** – closes at 1 p.m. for holiday

**Breakfast:** Biscuits & Gravy

**Lunch:** Apple Pie Stuffed French Toast Casserole  
*casserole filled with apples, cubed bread, oats & cinnamon*  
~ \$3.50

### **Tuesday, Dec. 25**

*Closed for Christmas Day*

### **Wednesday, Dec. 26**

**Breakfast:** Breakfast Burrito & Fruit

**Lunch:** Mini Mississippi Ham Sandwich with Side  
*sliced ham, topped with a mixture of cream cheese,  
bacon & green onions on a slider bun* ~ \$4.50/\$6.50

### **Thursday, Dec. 27**

**Breakfast:** Biscuits & Gravy

**Lunch:** Beef & Bean Burrito with Choice of Side  
*seasoned ground beef, refried beans & shredded cheddar  
cheese wrapped in a flour tortilla* ~ \$6.50

### **Friday, Dec. 28**

**Breakfast:** Waffle or Pancake

**Lunch:** White Chicken Chili with Cornbread Muffin  
*shredded chicken, great northern beans & onions in a  
creamy stew* ~ \$4.50/\$6.50

### **Saturday, Dec. 29**

**Breakfast:** Omelets with Fruit

### **Holiday Schedule Changes**

Verna Belle's Café will close at 1 p.m. on Christmas Eve and remain closed on Christmas Day. Prairie Star Restaurant will be open on Christmas Day for lunch. Please sign up for the lunch at the restaurant host stand. Pizazz Salon will be closed Christmas Eve and Christmas Day.

### **Wanted: Weekly Elementary School Readers!**

Marcia Schreiner, a Title 1 Reading Teacher at Ogden Elementary, is looking for resident volunteers who would be interested in spending time with the children she works with, by reading with them, working on sight words, and practicing math with flash cards, etc. Many of these students would benefit from a grandparent-like influence and a positive role model.

This would be a 15-week program on Fridays, starting in January and ending in May, with two different time sessions. The first reading session is from 11:45a.m. to 1:30 p.m. and will include kindergarten and 2nd grade students. The second session is from 1:45 p.m. to 3:40 p.m. and will include 1st through 3rd graders. Each volunteer will have a student partner or a group of five or less students. Transportation will be provided. Please sign up in the Blue Book if you are interested in helping. If you have any questions please call Jana Armfield, Volunteer Coordinator, at (785) 323-3890.

### **Arkansas Trip Deposit Due Soon**

A spring 2019 Meadowlark Travelers adventure is scheduled for April 11-15, and registration is closing Monday, Jan. 7. Participants will experience amazing views, architecture, art and action during A is for Arkansas, the 20th tour of the Meadowlark Travelers program. The five-day, four-night tour features Scenic Byway 7, the Arkansas Derby and other attractions in Hot Springs, and Crystal Bridges Museum of American Art in Bentonville. Prior to arriving in Arkansas, we'll spend an afternoon and night at Big Cedar Lodge, voted the Midwest's best resort in 2018.

Cost is \$1040 per person for double occupancy, and \$1434 for a single. To date, 29 have registered, with a minimum of 25 paid travelers required for the aforementioned pricing. The fee per person decreases with a 35 or more paid travelers.

A deposit of \$250 per person and a completed registration form is due by 5 p.m. Monday, Jan. 7. Deposits may be paid by cash, check or credit card. In addition, residents may request the deposit be added to their January statement. Deposits are not refundable after this date. Registration forms are located in the trip notebook at the Hospitality Desk, or see Monte Spiller.

The trip fee includes four breakfasts, three lunches and three dinners; attractions along Highway 7, in Hot Springs, in Bentonville and on Day 5; four nights lodging, motor coach transportation and luggage service. For more information, please contact Monte Spiller or Becky Fitzgerald.

### **Project Update**

There has been a lot of activity in Meadowlark's Courtyard in recent weeks! Residents and guests have likely noticed the progress, but in case you missed it, here's what they've been up to! The pavilion is in place and covered, the bar/grill and the bocce court now have stone walls. Next step is to start on the electricity components.

The crew is moving dirt in the Fleet Parking Lot located directly south of Meadowlark's Maintenance Shop. The dirt work is anticipated to be completed this week, then they will move to the electrical installation.

For your safety and the safety of others, please remember not to enter the Courtyard or Parking Lot work areas during the construction phases. Completion of both projects is slated for the first of the year, but are weather dependent.





# Memories of a Humorous Moment at a Holiday Dinner

*by Kay Shanks*

Traditions – when growing up our family always had holiday meals at our house in Lenora. It may have been because dad was always on call as the undertaker and had to be ready at the drop of a call to pick up someone who had just died. Or maybe it was because our mother was a wonderful hostess and an even greater cook.

The tradition was that my family of four stayed home with both my mother’s parents and my father’s parents and anyone else who didn’t have any place to go for the holiday, traveled to our house for the festivities. Grandma Pearl, my mother’s mother, always brought two pumpkin pies – yummy- just the thought of them still makes my mouth water. The topping was whipped, real cow, cream from my grandparents’ farm not cool whip.

This humorous and fun memory happened one Holiday meal at the festive table with Grandma Cutting, my dad’s mother, who we called Mama Minnie, sitting to my dad’s left so he could help her when she needed it. Mama Minnie was nearly blind so sometimes she needed assistance. My mother had a set of crystal that included stemmed water glasses. This meant the glass had a long stem with the part holding a good bit of water at the top. This crystal was used only at holiday dinners, it made a beautiful table and was among my mother’s pride and joys. All was going well at this dinner until Mama Minnie reached for something in front of her plate and nearly tipped

the water glass over. Tipping these glasses over was very easy to do. Dad was quick to respond and caught the teetering glass. The dinner continued with the passing of food and holiday chatter until Mama Minnie again touched her stemmed crystal water glass. As dad grabbed for her glass he managed to knock his glass over and didn’t catch Mama Minnie’s glass either.

Dad yelled, “Get these GD glasses off the table”, as water ran here and there. Mom jumped to get a towel to sop up the water, took the glasses off the table and we all tried unsuccessfully not to laugh. Dinner continued in a spirit of thankfulness and good cheer.



The stemmed water glasses were later willed to me and have since been passed on to daughter, Michelle. The crystal glasses are rarely if ever used now. But they will go down in history with our frequent retelling of this memory.



[above] I retained one of each type of glass from this set before passing the set on and never fail to smile when I spot them in the china cabinet.

[left] This is a typical gathering for a holiday minus the crystal glasses and brother Dave. The fellow on Kay’s right was her male friend at the time, Jess Bangle. Left to right is Mama Minnie, Dad, Grandma Pearl, Grandpa Dave, my mom (Leita), Kay’s beau, and Kay, unfocused as usual.

# PRAIRIE★STAR RESTAURANT

**Restaurant Hours**  
**Monday to Saturday, 10:30 a.m. to 8 p.m.**  
**Sunday, 10:30 a.m. to 7 p.m.**

All specials include beverage, starter and dessert.  
 An extra vegetable can be substituted for the starch at no additional charge.  
 The restaurant can accept up to four reservation per time, depending on party size.  
 Reservations can be made in person or by calling 323-3820.

<b>SUNDAY</b>	Dec. 23 ~ Lunch \$13	Dinner \$11
	Pot Roast with Carrots, Onions & Celery Mashed Potatoes Vegetable du Jour	Ham & Beans Cornbread Vegetable du Jour
<b>MONDAY</b>	Dec. 24 ~ Lunch \$10	Dinner \$12
	Cuban Sandwich French Fries Choice of Vegetable	Grilled Lemon Chicken Wild Rice Vegetable du Jour
<b>TUESDAY</b>	Dec. 25 ~ Lunch	Dinner
	Christmas Lunch <i>Please sign up at the Restaurant</i>	<i>Restaurant closed for Christmas</i>
<b>WED.</b>	Dec. 26 ~ Lunch \$10	Dinner \$12
	Salisbury Steak Mashed Potatoes & Gravy Choice of Vegetables	Baked Ham with Pineapple Sauce Au gratin Potatoes Vegetable du Jour
<b>THURS.</b>	Dec. 27 ~ Lunch \$8	Dinner \$13
	Baked Potato Bar <i>(does not include drink, starter, or dessert)</i>	Braised Short Ribs Garlic Mashed Potatoes Vegetable du Jour
<b>FRIDAY</b>	Dec. 28 ~ Lunch \$10	Dinner \$14
	Fried Catfish with Tartar Sauce Roasted Red Potatoes Choice of Vegetables	Baked Orange Roughy & Crab Twice Baked Potatoes Vegetable du Jour
<b>SAT.</b>	Dec. 29 ~ Lunch \$10	Dinner \$14
	Meatball Sub French Fries Choice of Vegetables	Roasted Duck Breasts With Blackberry Coulis Wild Rice Vegetable du Jour

**DRINK  
SPECIAL**

Spike Eggnog  
 4 oz. Eggnog, 1 1/2 oz. Spiced Rum & a dash of Cinnamon  
 \$3.75

## Grosh Cinema Movies

Sunday, Dec. 23, to Saturday, Dec. 29, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

### **Sunday, Dec. 23 — How the Grinch Stole Christmas (2000)**

On the outskirts of Whoville, there lives a green, revenge-seeking Grinch who plans on ruining the Christmas holiday for all of the citizens of the town.

Co-Starring: Jim Carrey, Taylor Momsen & Christine Baranski

Rated PG; 1 hr. 44 mins.

### **Monday, Dec. 24 — Home Alone (1990)**

An eight-year-old troublemaker must protect his house from a pair of burglars when he is accidentally left home alone by his family during Christmas vacation.

Co-Starring: Macaulay Culkin, Joe Pesci & Daniel Stern

Rated PG; 1 hr. 43 mins.

### **Tuesday, Dec. 25 — A Christmas Carol (1984)**

On Christmas Eve, an old miser named Ebenezer Scrooge is visited by the spirit of his former partner, Jacob Marley. The deceased partner was in his lifetime as mean and miserly as Scrooge.

Co-Starring: George C. Scott, Frank Finlay & Angela Pleasence

Rated PG; 1 hr. 40 mins.

### **Wednesday, Dec. 26 — McLintock!**

Wealthy rancher G.W. McLintock uses his power and influence in the territory to keep the peace between farmers, ranchers, land-grabbers, Indians and corrupt government officials.

Co-Starring: John Wayne, Maureen O'Hara & Patrick Wayne

Rated NR; 2 hrs. 7 mins.

### **Thursday, Dec. 27 — Message in a Bottle**

A woman discovers a tragic love letter in a bottle on a beach, and is determined to track down its author.

Co-Starring: Kevin Costner, Robin Wright & Paul Newman

Rated PG-13; 2 hrs. 6 mins.

### **Friday, Dec. 28 — Hector & the Search for Happiness (2014)**

Disillusioned with the tedium of his existence, psychiatrist Hector considers breaking out of his lackluster routine. Summoning up some courage, Hector gives his starved curiosity free rein and embarks on an international quest to find the right formula to bring him joy and vitality.

Co-Starring: Simon Pegg, Rosamund Pike & Tracy Ann Oberman

Rated R for language; 1 hr. 54 mins.

### **Saturday, Dec. 29 — Easy Virtue (2008)**

A young Englishman marries a glamorous American. When he brings her home to meet the parents, she arrives like a blast from the future - blowing their entrenched British stuffiness out the window.

Co-Starring: Jessica Biel, Ben Barnes & Kristin Scott Thomas

Rated PG-13; 1 hr. 37 mins.

# Weekly Opportunities Calendar *Dec. 23 to Dec. 29*

## Sunday • Dec. 23

*Manhattan Room—open seating at lunch & dinner*  
 9:30 a.m. ~ Miller Worship Service, MFR  
 10:30 a.m. ~ Worship Service, CR  
 2:00 p.m. ~ Wroten Worship Service, WL  
 7:00 p.m. ~ Vespers with Rev. Liz Kocher, CR

## Monday • Dec. 24

*Manhattan Room—open seating for lunch & dinner*  
*No activities due to Christmas Eve*

## Tuesday • Dec. 25

*Manhattan Room—no open seating available*  
 11:00 a.m. to 2:30 p.m.; staggered times  
 ~ Christmas Lunch, PS

## Wednesday • Dec. 26 *Trash pick-up day*

*Manhattan Room—open seating at lunch & dinner*  
 9:30 a.m. ~ Seated Strength, CR  
 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE  
 10:00 a.m. ~ Memory Activities Class, KSU CL  
 10:00 a.m. ~ Memory Café, KSU CL  
 10:20 a.m. ~ Weights 101, CR  
 11:00 a.m. ~ Sit & Be Fit, CR  
 12:00 p.m. ~ Yoga, CR  
 1:00 p.m. ~ Pitch, GR  
 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR  
 3:00 p.m. ~ Rock Steady Boxing, CSC  
 3:00 p.m. ~ Rock Steady Boxing, KSU CL  
 3:00 p.m. ~ Call Hall Ice Cream Social, KR  
 4:00 p.m. ~ Christian Video Worship Service, FHR

## Thursday • Dec. 27

*Manhattan Room—open seating at lunch & dinner*  
 8:30 a.m. ~ Messenger Team, WCR  
 10:00 a.m. ~ Meadowlark Bible Study, FHR  
 10:30 a.m. ~ Steady Yourself, CR  
 11:15 a.m. ~ Chair Yoga, CR  
 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

## Friday • Dec. 28

*Manhattan Room—open seating for lunch & dinner*  
 9:30 a.m. ~ Seated Strength, CR  
 10:20 a.m. ~ Weights 101, CR  
 11:00 a.m. ~ Sit & Be Fit, CR  
 12:00 p.m. ~ Parkinson's Partners Luncheon, CR  
 1:00 p.m. ~ Parkinson's Exercise Class, CR  
 1:00 p.m. ~ Parkinson's Care Support Group, FHR  
 1:00 p.m. ~ Hand & Foot Card Games, GR  
 2:00 p.m. ~ Verna Belle's Birthday Party, VB  
 3:00 p.m. ~ Rock Steady Boxing, CSC  
 7:00 p.m. ~ Heather Augustine Performance, CR

## Saturday • Dec. 29

*Manhattan Room—open seating at lunch & dinner*  
 9:30 a.m. ~ Painting for Fun, SCR

### Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	WL, Wroten Library
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
MS, Miller Spa	PS, Prairie Star Restaurant
SCR, South Conference Room	VE, Village Entrance

\*Meadowlark News Channel can be viewed on Channel 1960

