

High on the HOG

Annual event boosts Good Samaritan Fund



Resident Pam Oehme reacts as HOG & Kisses contest winner Heidi HOG. Nelson, a financial advisor with Edward Jones of Wamego, is a member of the Meadowlark Foundation board.

Kevin Lull, a member of Meadowlark's Board of Trustees, won \$3000 in the 50/50 Raffle, and promptly donated his entire prize to the Good Samaritan Fund.

by *Becky Fitzgerald, Development Director*
Our 5th annual FOOD, FRIENDS and FUNdraising event to benefit the Good Samaritan Fund generated **\$24,765.64** in revenue! This number is a few thousand less than 2017's total, but more sponsors, higher Cox Bros. BBQ sales, a generous 50/50 Raffle winner and fewer expenses equal a larger net profit (\$21,897.53) than 2017's tally (\$20,985.23).

Five financial advisors competed in the HOG & Kisses Contest, collectively raising a HOG-tastic \$12,231.46. Board member Dave Nelson received "votes" totaling \$6,625, with Matt Paquette and Melissa Gamino proving to be his closest competition. Nelson and Paquette are with Edward Jones; Gamino works at KS StateBank. Other contestants were Dillon Mack of Thrivent Financial and Lucy Williams of The Trust Company. These five are to be commended for raising money and awareness for the Fund.

Nelson earns the title of BEST KISSER, as his total squeaked past that of previous winner Cindy Sloan by \$45.

- Here are some other numbers from the day:
- 50/50 Raffle:** \$6,000 (1200 tickets sold at \$5/ea.)
 - Corporate sponsorships:** \$4,300
 - Cox Bros. BBQ donation:** \$869.18 (10% of the day's sales)
 - Gift-in-kind sponsors:** about \$3,700
 - Additional donations:** \$3,175

The 50/50 Raffle prize drawing took place on Friday, Oct. 26, at Verna Belle's Café. Resident Pat Neirnberger reached into the tumbler, and pulled out a ticket purchased by Kevin Lull, Commercial Relationship Manager at Intrust Bank and a member of Meadowlark's Board of Trustees. Splitting the \$6000 raffle "pot" 50/50, Lull's prize is \$3000. After posing for a photo and depositing his winnings at Intrust Bank, of course, he immediately donated all of

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Peter & Jerry Yan Performance

Friday, Nov. 2, at 7 p.m.

Join us in the Community Room at 7 p.m. Friday, Nov. 2, for a sensational performance by Manhattan High sophomore, Peter Yan. He is a student of KSU's Slawomir Dobrzanski and will be playing virtuoso piano works by Liszt, Chopin and Mozart. He will be accompanied by his twin brother, Jerry, to perform the first movement of Bruch's violin concerto. Don't miss out on the unusual, breathtaking talent of these promising young artists!

K-State Watch Parties

Saturday, Nov. 3, at 2 p.m. & Nov. 10 at 10:30 a.m.

Come to the Game Room for the KSU Watch Parties listed below to cheer on the KSU Wildcats. GO CATS!

- KSU Wildcats vs. TCU Horned Frogs. Kickoff is 2:30 p.m. Light refreshments will be served at 2 p.m.
- KSU Wildcats vs. Kansas Jayhawks. Kickoff is 11 a.m. Light refreshments will be served at 10:30 a.m.

Open Communion Service

Sunday, Nov. 4, at 4 p.m.

Meadowlark Hills Open Communion Service will be celebrated at 4 p.m. Sunday, Nov. 4, in the Flint Hills Room. All Christians are invited. The bread is gluten free. For more information, contact Ronald Williams at (785) 587-4122.

Vespers Services

Sunday, Nov. 4, at 7 p.m.

The Vespers service will be led by Rev. Michael Schmidt from St. Luke's Lutheran Church. Vespers service will begin at 7 p.m. Sunday, Nov. 4, in the Community Room. All are welcome.

Town Meeting

Monday, Nov. 5, at 9:30 a.m.

All are invited to attend November's Town Meeting and hear the Meadowlark news at 9:30 a.m. Monday, Nov. 5, in the Community Room.

Courtyard Celebration

Monday, Nov. 5, at 10 a.m.

Come for a sneak peek at the courtyard renovations Monday, Nov. 5, around 10 a.m.

immediately following Town Meeting. We'll gather in the Game Room, Grosh Cinema and the Manhattan Room.

Pete Reid from Blueville Nursery created the courtyard plan with feedback from residents and staff and will attend to answer your questions and show an updated version of the video that was played August's Town Meeting. He's also putting together a display of some of the building materials: pavers, landscape block and the new bar/grill countertop. There will be food and drink served during the celebration, including grilled French toast bites with toppings and mimosas (alcoholic and non-alcoholic).

Guided Meditation

Tuesday, Nov. 6, at 10:30 a.m.

You're invited to attend Guided Meditation from 10:30 to 11 a.m. Tuesday, Nov. 6, in the Grosh Cinema. No prior experience or understanding of meditation is necessary. Please sign up in the Blue Book at the Hospitality Desk as seating is limited.

Coffee Corner—Feature Dessert!

Tuesday, Nov. 6, at 3 p.m.

Join us in the Community Room at 3 p.m. Tuesday, Nov. 6, for a social hour with coffee and a delicious dessert. Verne Belle's Café featured dessert will be Coffee Cake. All are welcome!

Memory Makers Luncheon

Wednesday, Nov. 7, at 11 a.m.

Join Meadowlark Memory Program for a relaxing lunch from 11 a.m. to noon Wednesday, Nov. 7, in the Manhattan Room. This is an opportunity to visit with others who may be experiencing some changes in their memory. The lunch will begin immediately after the Memory Activities Class, Memory Café and Memory Care Partners Support Group. Please sign up in the Blue Book by Monday, Nov. 5. Cost is approximately \$9 per person.

Meadowlark Ladies Luncheon

Thursday, Nov. 8, at 12 p.m.

Please join us for lunch Thursday, Nov. 8, at noon in the Manhattan Room. All ladies who live at Meadowlark and Passport Members are welcome!

The program for the lunch will be Bob Crawford reflecting on his 40-year career as a reporter for CBS. During his career he interviewed many

nationally known politicians and covered many historical events. He welcomes any questions you may have about his experience.

The menu for the luncheon will be a lunch portion lasagna, garlic bread, small garden salad and dessert. Your hostesses, Yvonne Crawford and Karen Trail, ask you to please sign up in the Blue Book at the Hospitality Desk located at Meadowlark's main entrance.

Change and Loss Series

Thursday, Nov. 8, at 2 p.m.

An informal group will be continuing Thursday, Nov. 8, from 2 to 3 p.m. in the South Conference Room. Social Services Leader Bridget Larkin, Chaplain Patty Brown-Barnett, D.Min., Social Worker Kathleen Spearman, and Social Work Intern Tiffany Bohl lead this group. This week's topic is *Understand the Six Needs of Mourning*.

Feel free to drop in even if you have not been to any previous meetings. This opportunity is open to all in the Meadowlark Community who wish to work through life changes and loss in a supportive environment.

Veteran's Day Display

Friday, Nov. 9, until Sunday, Nov. 11

There will be a variety of items in honor of Veteran's Day displayed in the Game Room starting Friday, Nov. 9, through Sunday, Nov. 11. If you have any items that you would like to be included in the display, please stop by Jayme Minton's office or contact Monte Spiller at 323-3801.

K-State Tap Ensemble

Friday, Nov. 9, at 7 p.m.

Meadowlark welcomes the Kansas State Tap Dance Ensemble Friday, Nov. 9, at 7 p.m. in the Community Room. The group is committed to sharing tap dance with the local and regional community. They do this by offering live performances and lecture demonstrations. In addition to their performances, this unique ensemble is committed to the International Tap Dance Association. The ITA supports and promotes Tap Dance worldwide.

Trip to Hobby Lobby & Dollar Tree

Saturday, Nov. 10, departs at 10:30 a.m.

Transportation will be provided for a trip to

Hobby Lobby & Dollar Tree Saturday, Nov. 10. The bus will depart from the Village Entrance at 10:30 a.m. and return around 11:45 a.m. The cost for transportation is \$3 per person. Please sign up in the Blue Book at the Hospitality Desk.

Birthday Celebration

Sunday, Nov. 11, at 1:30 p.m.

Betty Brodersen and her family invite you to join in the celebration of her 95th birthday! A reception will be Sunday, Nov. 11, at 1:30 p.m. in the Community Room.

Thanksgiving Dinner

Thursday, Nov. 22, at 5 p.m.

Celebrate Thanksgiving with family and friends at Meadowlark with a lunch from 11 a.m. to 2 p.m. Thursday, Nov. 22, at Prairie Star Restaurant. The cost for dinner is \$16 for adult and \$8 for child plates. Please sign up at the host stand in Prairie Star Restaurant. The menu is listed below

Choice of

Starter / Butternut Squash Soup, Green Salad or Ambrosia

Entrée / Roast Turkey or Baked Ham

Vegetable / Green Bean Casserole or Vegetable Medley

Dessert / Pumpkin or Pecan Pie

All entrees served with

Sausage Sage Dressing, Mashed Potatoes, Cranberry Relish, Rolls & Giblets Gravy

Holiday Shopping Trip

Wednesday, Dec. 5, at 9 a.m.

With Christmas around the corner, there is shopping to be done! Let Meadowlark make the shopping easier. We have chartered a 56-passenger bus going to the Oak Park Mall in Overland Park, Kan.

We will depart from the Village Entrance and load near the Prairie Star Patio on Wednesday, Dec. 5, at 9 a.m. and will return to Manhattan by 5:30 pm. The cost for transportation is \$23 per person and lunch will be on your own. There are over 140 stores and 33 eating establishments located inside the mall. There is a sign-up sheet in the Blue Book. Contact Monte Spiller at 323-3801 or Abby Cavender at 323-2247 for any questions.

Outdoor Encounters

submitted by Nathan Bolls

Lots of people like the smorgasbord fashion of dining, at least occasionally. But another smorgasbord exists, and it's all around us 24/7/365 & 1/4th. The menu varies with the season, but it occurs throughout our campus as well as our rural hills and valleys. Wild animals dine, without reservations, both night and day, and on an endless variety of goodies, depending upon the species—and time of year.

With help from Mark Morton, our quite able Groundskeeper, I have assembled a list of CAMPUS trees and shrubs to suggest both the variety of the menu and that some of our trees and shrubs are UNSUNG HEROES in this unlicensed food service industry.

How about the black walnut, numerous on campus—eagerly sought by tree squirrels and certain other larger rodents; the various oak trees—acorns eaten by squirrels, deer, and other mammals; Osage orange (hedge apple)—eaten by squirrels and rabbits; wild gooseberry—eaten by many species; serviceberry (shadblow) (found near Bramlage)—red berries eaten by many bird species; eastern red cedar—berries especially liked by cedar waxwings; red mulberry—berries eaten by squirrels and over 50 species of birds; common hackberry tree—berry-like fruit eaten by many songbirds; coral berry (many along Donner Trail)—shrub with red berries that are good winter food for some small mammals and many bird species; smooth sumac—eaten by many birds, and by skunks; or the many grasses and forbs—grazed by deer, rabbits, and certain small rodents.

And now, some vignettes to further suggest the variety both in the wild menu and in the ways it is used. How about warblers and other small birds hopping over leaf surfaces in search of various insects; parent birds diving into the grass to catch insects for hatchlings back in the nest; robins waiting to sense soil vibrations made by a moving earthworm; squirrels, in late winter and spring, eating tree buds or the soft tissues just under the tree bark; packrats chewing away the wood of a fungus-killed limb to get at the fungal filaments within the wood; hawks and owls catching small mammals, maybe even a rabbit, and some other bird species; bigger fish in our pond catching

smaller fish, usually of a different species; the great blue heron standing in our pond waiting for a small fish to swim within striking distance of its sharp beak; small birds and mammals searching out the small seeds of grasses and forbs; the short-tailed shrew stalking and killing wild mice with its paralyzing saliva injected with the shrew's bite; or the omnivorous opossum (as described by one field guide to mammals) that will eat a wide range of plant and animal foods, and often forages along streams for frogs, crayfish, or whatever, that will raid henhouses, eat human garbage and carrion—"almost anything remotely edible." It seems that there's always someone coming to dinner around Meadowlark Hills!

Jewelry Trunk Show

Legacy Realty of Kansas is hosting a jewelry trunk show, and the Good Samaritan Fund is benefiting! The show features jewelry created by Sierra Winter, who grew up on a ranch in the Flint Hills. Her parents are friends of Legacy Realty broker/owner Jodi Thierer, who participated in 2017's HOG & Kisses Contest. Jodi said that when the designer's parents offered to donate a portion of the proceeds to a charity of the agency's choosing, Jodi and her staff selected the Fund!

"Sierra is my daughter Morgan's best friend," Jodi explained. "Her parents, Gayle and TJ, are good friends of ours, and they operate Sierra Vista Vineyard just northeast of town. Sierra's pretty modest, but she's been featured in some big-time magazines in KC and on TV as well. She has her line in several upscale boutiques across the country. She used to have her line at Winged Lion, but she likes to meet people and has found good success with "pop up" events like this."

Each piece is intricately designed by Sierra and handcrafted from high-quality sterling silver, 14k gold, turquoise, diamonds, and other natural stones. From an early age, she loved to draw and collect stones on the prairie. She received a BFA in Metalsmithing and Jewelry Design from the University of Kansas and worked as a jewelry designer for Silpada Designs before launching her eponymous line in 2015. Sierra now lives with her husband and their daughter, Opal, in Kansas City.

To see photos of Winter's collections, visit <http://www.sierrawinterjewelry.com>.

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the prize money to Meadowlark Foundation for the Good Samaritan Fund.

"I have no regrets handing over the check," Lull said. "The Good Samaritan Fund is a great cause, and I'm happy to support it. I know this money will be in good hands."

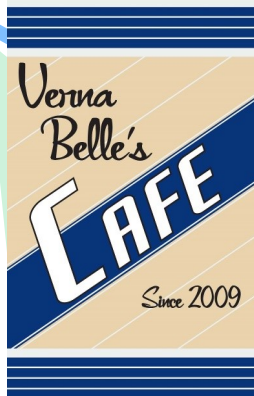
The day of event was cloudy and rainy, but despite the day-long drizzle, Cox Bros. BBQ experienced the best HOGTOBERFEST sales yet, surpassing the previous year's total by about \$1000. The restaurant's donation to the Good Samaritan Fund is \$869.18. Thank you to everyone who purchased delicious food and drink!

Meadowlark Foundation also appreciates our event sponsors: Blueville Nursery, Briggs Auto, Manhattan Broadcasting, Meritrust Credit Union, McCullough Development, Burnett Automotive, Flint Hills Beverage, GoPowercat.com, NZone, and ArtCraft Printers. Thank you, too, to several staff and resident volunteers. Your assistance helped ensure our time at Cox Bros. BBQ was rewarding in many ways.

Practically perfect in every way



Halloween 2018 was observed by many Meadowlark residents and staff! Pictured above are Michele Riter as Mary Poppins and Tom Barcellina as Mr. Bert. A sweep is as lucky as lucky can be!



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.
Saturday & Sunday, 7 to 11 a.m.
(785) 323-3818

Sunday, Nov. 4

Breakfast: Omelets with Fruit

Monday, Nov. 5

Breakfast: Biscuits & Gravy

Lunch: Steak Fajita Quesadilla with Choice of Side strips of steak, peppers & onions in a crispy flour tortilla with shredded cheddar cheese ~ \$5.99

Tuesday, Nov. 6

Breakfast: Breakfast Sandwich & Fruit

Lunch: Chicken Teriyaki Rice Bowl shredded chicken, stir-fry vegetables & teriyaki sauce on a bed of wild rice ~ \$5.99

Wednesday, Nov. 7

Breakfast: Breakfast Burrito & Fruit

Lunch: Fried Bologna Slider with Choice of Side bologna, provolone cheese, pickles & a roasted garlic aioli on a slider bun ~ \$3.99 / \$5.99

Thursday, Nov. 8

Breakfast: Biscuits & Gravy

Lunch: Chicken & Dumplings with Choice of Side chicken and dumplings in a creamy stew with onions, celery & carrots ~ \$5.99

Friday, Nov. 9

Breakfast: Waffle or Pancake

Lunch: Chili with Cinnamon Rolls
Ground beef, chili beans, onions & tomatoes in a stew served with a cinnamon roll ~ \$3.99 / \$5.99

Saturday, Nov. 10

Breakfast: Omelets with Fruit

PRAIRIE★STAR RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m. to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
 An extra vegetable can be substituted for the starch at no additional charge.
 The restaurant can accept up to four reservation per time, depending on party size.
 Reservations can be made in person or by calling 323-3820.

SUNDAY	Nov. 4 ~ Lunch \$11	Dinner \$11
	Beef Stew Vegetable du Jour	Spaghetti & Meat Sauce Garlic Toast Vegetable du Jour
MONDAY	Nov. 5 ~ Lunch \$10	Dinner \$12
	Ham Loaf Au Gratin Potatoes Choice of Vegetables	Braised Cajun Chicken Red Beans & Rice Vegetable du Jour
TUESDAY	Nov. 6 ~ Lunch \$7	Dinner \$13
	Taco Bar <i>(does not include drink, starter, or dessert)</i>	Beef Stroganoff Noodles Vegetable du Jour
WED.	Nov. 7 ~ Lunch \$10	Dinner \$13
	Sweet & Sour Chicken Rice Choice of Vegetable	Roast Pork Tenderloin <i>with Cranberry Port Wine Sauce</i> Butternut Squash Risotto Vegetable du Jour
THURS.	Nov. 8 ~ Lunch \$9	Dinner \$13
	Mac & Cheese Bar <i>(does not include drink, starter, or dessert)</i>	Chicken Cordon Bleu <i>with Supreme Sauce</i> Rice Pilaf Vegetable du Jour
FRIDAY	Nov. 9 ~ Lunch \$10	Dinner \$12
	Beef Enchiladas Black Beans Spanish Rice	Fried Catfish <i>with Tartar Sauce</i> Baked Potato Vegetable du Jour
SAT.	Nov. 10 ~ Lunch \$10	Dinner \$14
	BBQ Wings Celery & Carrot Sticks French Fries	Crab Cakes <i>with Remoulade Sauce</i> Roasted Red Potatoes Vegetable du Jour

**DRINK
SPECIAL**

Vodka Tonic
 1 1/2 oz. & 4 oz. Tonic Water
 \$3.75

Grosh Cinema Movies

Sunday, Nov. 4, to Saturday, Nov. 10, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, Nov. 4 — August Rush (2007)

■ A drama with fairy tale elements, where an orphaned musical prodigy uses his gift as a clue to finding his birth parents.

■ Co-Starring: Freddie Highmore, Keri Russell & Jonathan Rhys Meyers

■ Rated PG; 1 hr. 54 min.

Monday, Nov. 5 — Pay It Forward (2000)

■ A young boy attempts to make the world a better place after his teacher gives him that chance.

■ Co-Starring: Kevin Spacey, Haley Osment & Helen Hunt

■ Rated PG-13; 2 hrs. 3 min.

Tuesday, Nov. 6 — Invasion of the Body Snatchers

■ A small-town doctor learns that the population of his community is being replaced by emotionless alien clones.

■ Co-Starring: Kevin McCarthy, Dana Wynter & Larry Gates

■ Rated NR; 1 hr. 20 min.

Wednesday, Nov. 7 — Young Guns (1988)

■ A group of young gunmen, led by Billy the Kid, become deputies to avenge the murder of the rancher who became their benefactor. But when Billy takes their authority too far, they become the hunted. Co-

■ Starring: Emilio Estevez, Kiefer Sutherland & Lou Diamond Phillips

■ Rated R for crude language; 1 hr. 47 min.

Thursday, Nov. 8 — Hello, My Name is Doris (2015)

■ A self-help seminar inspires a sixty-something woman to romantically pursue her younger co-worker. Co-

■ Starring: Sally Field, Max Greenfield & Tyne Daly

■ Rated R for language; 1 hr. 30 min.

Friday, Nov. 9 — The Breakfast Club (1985)

■ Five high school students meet in Saturday detention and discover how they have a lot more in common than they thought.

■ Co-Starring: Emilio Estevez, Judd Nelson & Molly Ringwald

■ Rated R for language; 1 hr. 37 min.

Saturday, Nov. 10 — Holes (2013)

■ A wrongfully convicted boy is sent to a brutal desert detention camp where he joins the job of digging holes for some mysterious reason.

■ Co-Starring: Shia LaBeouf, Sigourney Weaver & Jon Voight

■ Rated PG; 1 hr. 57 min.

Weekly Opportunities Calendar Nov. 4 to Nov. 10

Sunday • Nov. 4

Manhattan Room open seating at lunch & dinner

- 9:30 a.m. ~ Miller Worship Service, MFR
- 10:30 a.m. ~ Worship Service, CR
- 2:00 p.m. ~ Wroten Worship Service, WL
- 4:00 p.m. ~ Open Communion Service, FHR
- 7:00 p.m. ~ Vespers with Rev. Michael Schmidt, CR

Monday • Nov. 5

Manhattan Room- no open seating available

- 7:30 a.m. ~ 1st Pres. Men's Bible Study, FHR
- 8:30 a.m. ~ IL Resident Council, KSU CL
- 9:30 a.m. ~ Town Meeting, CR
- 10:00 a.m. ~ Courtyard Celebration, GC/GR/MR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 11:00 a.m. ~ St. Luke's Communion, SCR
- 12:00 p.m. ~ Weights 101, CR
- 12:00 p.m. ~ Yoga, KSU CL
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:45 p.m. ~ Parkinson's Voice Class, CR
- 1:45 p.m. ~ PD Partner Support Group, FHR
- 3:30 p.m. ~ Meadowlark Singers Practice, CR
- 5:30 p.m. ~ Tuttle Creek Supper, MR
- 7:00 p.m. ~ Community Bingo, CR

Tuesday • Nov. 6 *Trash pick-up day*

Manhattan Room open seating at dinner

- 10:30 a.m. ~ Steady Yourself, CR
- 10:30 a.m. ~ Guided Meditation, GC
- 11:15 a.m. ~ Chair Yoga, CR
- 12:00 p.m. ~ Seven Dolors Book Discussion, FHR
- 12:00 p.m. ~ Kimball Luncheon, MR
- 2:00 p.m. ~ LifeStory Writing Group, FHR
- 3:00 p.m. ~ Coffee Corner—FEATURE DESSERT, CR
- 3:30 p.m. ~ Ambassador Committee Meeting, WCR
- 4:00 p.m. ~ Newspaper & Bible, FHR
- 6:30 p.m. ~ Osher Class: Life is a Safari, UC
- 7:00 p.m. ~ Dominoes, GR

Wednesday • Nov. 7

Manhattan Room—open seating at dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
- 10:00 a.m. ~ Memory Activities Class, KSU CL
- 10:00 a.m. Memory Café, WCR
- 10:00 a.m. ~ Memory Care Partner's Support, SCR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 11:00 a.m. ~ Memory Makers Luncheon, MR
- 11:30 a.m. ~ 1st Men's Club Luncheon, FHR

- 12:00 p.m. ~ Yoga, CR
- 1:00 p.m. ~ Pitch, GR
- 1:00 p.m. ~ Library Committee Meeting, FHR
- 1:15 p.m. ~ Dr. Tran's Foot Clinic, CR
- 3:00 p.m. ~ Rock Steady Boxing, KSU CL
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 3:00 p.m. ~ Call Hall Ice Cream, KR
- 4:00 p.m. ~ Christian Video Worship Service, FHR
- 5:30 p.m. ~ Gerontology Class, CR

Thursday • Nov. 8

Manhattan Room open seating at dinner only

- 8:30 a.m. ~ Messenger Team, SCR
- 9:30 a.m. ~ Living with Diabetes Series, KSU CL
- 10:00 a.m. ~ Meadowlark Bible Study, FHR
- 12:00 p.m. ~ Meadowlark Ladies Luncheon, MR
- 1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
- 2:00 p.m. ~ Stepping On, KSU CL
- 2:00 p.m. ~ Change and Loss Series, SCR
- 4:00 p.m. ~ Great Decisions, FHR
- 6:30 p.m. ~ Osher Class: Killers of Kansas, CR

Friday • Nov. 9

Manhattan Room open seating for lunch & dinner

- 9:30 a.m. ~ Seated Strength, CR
- 10:20 a.m. ~ Weights 101, CR
- 11:00 a.m. ~ Sit & Be Fit, CR
- 1:00 p.m. ~ Parkinson's Exercise Class, CR
- 1:00 p.m. ~ Parkinson's Care Support Grp, FHR
- 1:00 p.m. ~ Hand & Foot Card Games, GR
- 3:00 p.m. ~ Rock Steady Boxing, CSC
- 7:00 p.m. ~ K-State Tap Ensemble, CR

Saturday • Nov. 10

Manhattan Room open seating at lunch & dinner

- 9:30 a.m. ~ Painting for Fun, SCR
- 10:30 a.m. ~ Trip to Hobby Lobby & Dollar Tree, VE
- 10:30 a.m. ~ K-State Football Watch Party, GR

Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	WL, Wroten Library
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
MS, Miller Spa	PS, Prairie Star Restaurant
SCR, South Conference Room	VE, Village Entrance
UC, Unger Complex	