

Messenger

Oct. 11, 2018 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit organization enhancing senior lifestyles



HOG & Kisses!

Financial advisors compete in 5th annual HOGTOBERFEST contest

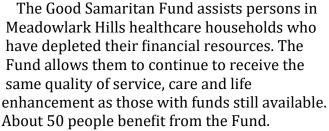
by Becky Fitzgerald, Meadowlark Foundation Director

Talented at helping people save and spend their money wisely, five local and area financial advisors are inviting us to join them in investing in the future of Meadowlark residents. These generous professionals are contestants in a HOG & Kisses Contest and are asking their friends, family, coworkers, colleagues and Meadowlark stakeholders to help them raise money for the Good Samaritan Fund.

The contest is a feature of the 5th annual **HOGTOBERFEST**, set for Thursday, Oct. 25, at Cox Bros. BBQ. The kissing candidate who receives the most votes, in the form of dollars, will kiss a live (young) hog shortly after 6 p.m. at the barbecue restaurant, operated by Bud and Bobby Cox, sons of Meadowlark resident Ellie Cox.

Vote for your favorite candidate by placing cash or checks in his or her donation jar, located across from the Meadowlark Hospitality Desk.

Another option is to vote online with a credit card at www.meadowlark.org. Click the HOG & Kisses Contest button in the upper right-hand corner of the home page. Donations/votes are tax-deductible; gift receipts will be given to anyone providing a name and address with a contribution.



Several "votes" have already been received, and as of Oct. 10, Dave Nelson is in first place, with Melissa Gamino in second. The five candidates or a representative for the candidate introduced themselves at recent Town Hall meetings, sharing biographical information and their hog-kissing qualifications. Please continue reading to learn more about our enthusiastic

ucy Williams

Dave Zerfas Performance

Friday, Oct. 12, at 7 p.m.

Meadowlark's very own Dave Zerfas will be performing Friday, Oct. 12, at 7 p.m in the Community Room. Dave is excited to bring songs and stories of the Wild Western Kansas frontier. All are welcome to join!

K-State Watch Party

Saturday, Oct. 13, at 11 a.m.

Come to the Game Room for the KSU Watch Party listed below. GO STATE!

 Oct. 13—Celebrate Homecoming! Kickoff at 11 a.m. KSU Wildcats vs. Oklahoma State Cowboys & light refreshments will be served at 10:30 a.m.

Vespers Services

Sunday, Oct. 14, at 7 p.m.

The Vespers service will be led by Trinity Presbyterian Deacons from Trinity Presbyterian Church. Vespers service will begin at 7 p.m. on Sunday, Oct. 14, in the Community Room. All are welcome.

Guided Meditation

Tuesday, Oct. 16, at 10:30 a.m.

The next session for Guided Meditation is Tuesday, Oct. 16, from 10:30 to 11 a.m. in Grosh Cinema. Guided Meditation classes are open to all who would like to relax and learn more about meditation. No prior experience or RSVP is required to attend.

Card Making with Michelle

Tuesday, Oct. 16, at 1:30 p.m.

You're invited to make cards for all occasions and Halloween with Michelle Lehmer Tuesday, Oct. 16, at 1:30 p.m. in the West Conference Room. All who are interested are welcome to attend and create!

Coffee Corner—Feature Dessert!

Tuesday, Oct. 16, at 3 p.m.

Join us in the Community Room at 3 p.m. Tuesday, Oct. 16, for a social hour with coffee and a delicious dessert. Verne Belle's Café featured dessert will be a Salted Caramel Apple Sheet Cake. All are welcome!

Living with Diabetes Series

Thursday, Oct. 18, at 9:30 a.m.

Meadowlark Medical Professionals is sponsoring a series titled *Living with Diabetes*. The session will be at 9:30 a.m. Thursday, Oct. 18, in the KSU Classroom. This opportunity is open to all residents and Manhattan community members. Please sign up in the Blue Book if you plan to attend.

Parkinson's Webinar

Thursday, Oct. 18, at 11 a.m.

Join Meadowlark Parkinson's Program for a webinar on *More Symptom Control: Treating Parkinson's "Off" Episodes* at 11 a.m. Thursday, Oct. 18, in the KSU Classroom. In this webinar, expert panelists will discuss what causes "off" episodes, how to manage and treat these fluctuations and therapies in development to smooth out these cycles.

Change and Loss Series

Thursday, Oct. 18, at 2 p.m.

An informal group will be continuing Thursday, Oct. 18, from 2 to 3 p.m. in the South Conference Room. Social Services Leader Bridget Larkin, Chaplain Patty Brown-Barnett, D.Min., Social Worker Kathleen Spearman, and Social Work Intern Tiffany Bohl are collaborating to lead this group. This week's topic is *Embrace the Uniqueness of Your Grief*.

Feel free to drop in even if you have not been to any previous meetings. This opportunity is open to all in the Meadowlark Community who wish to work through life changes and loss in a supportive environment.

Low Vision Support Group

Thursday, Oct. 18, at 2 p.m.

The Low Vision Support Group will meet Thursday, Oct. 18, at 2 p.m. in the Flint Hills Room. Amy Wagner, a representative from NanoPac, will present on resources and products.

Having low vision means that you may find it difficult to perform everyday tasks. The important thing is to know that help is available for you.

NanoPac is a provider of low vision products to assist with maintaining independence and quality of living. Low vision occurs when an individual struggles with common activities including reading, personal grooming, viewing pictures or

recognizing faces.

Patriotic Journeys

Sunday, Oct. 14, at 2 p.m.

All are invited to Richard Middleton's presentation *Patriotic Journeys* in the Community Room at 2 p.m. Sunday, Oct. 14. Richard received his Distinguished Military Graduate officer commission in the United States Army. After receiving his commission, Dick was selected to be an instructor at the United States Military Academy in West Point, NY.

In this presentation, Dick has on display ten rare and unique flags representing 242 years of American flag history, including the Revolutionary War, Civil War and modern day flags. He will discuss intriguing, often little-known details about the evolution of the American flag design, National anthem origin, tribute to Veterans, and much more. This is an opportunity you don't want to miss!

Tommy Lee & Westview Singers

Friday, Oct. 19, at 7 p.m.

Join us in the Community Room at 7 p.m. Friday, Oct. 19, for a night of uplifting music. Be ready to be entertained by Tommy Lee and the Westview Singers as they present "When the Spirit Moves You!" All are invited to attend.

Annual Ambassador's Clothing Drive Tuesday, Oct. 23, at 8 a.m.

Do you have clothes that have been piling up in your closet that you no longer use? Are you looking for a way to give back to the community?

Please consider donating these items to the Ambassador's Annual Clothing Drive Tuesday, Oct. 23. Donations can be brought to the Flint Hills Room from 8 a.m. to noon. Meadowlark Ambassadors will be on hand to greet donors and help sort the clothing items. All donations will go to the Encore Shop in Manhattan, which is affiliated with St. Paul's Episcopal Church.

If you need assistance bringing items to the Flint Hills Room that morning, please contact the Hospitality Desk at (785) 537-4610.

HOGtoberfest

Thursday, Oct. 25

Come support Meadowlark Foundation's Good Samaritan Fund with FOOD, FRIENDS and

FUNdraising at HOGtoberfest! Food specials on Oct. 25 at Cox Bros. BBQ, 223 McCall Road, include a pulled pork and chicken slider buffet, available for \$9.99 from 11 a.m. to 2 p.m., and a hog roast buffet beginning at 5 p.m. for \$12.99. In addition to the buffet, enjoy traditional Oktoberfest polka music and beer selections.

Raffle tickets for a 50/50 drawing are available for \$5 each, and may be purchased at the Hospitality Desk, at the Verna Belle's Cafe or from Meadowlark's board members: Residents on the boards include Jean Beatty, Bob Crawford, Sandra Emley, Harriette Janke, Nyle Larson and Duane Miksch.

Five hog kissing candidates will solicit votes in the form of dollars, with the candidate collecting the most money kissing a (young) hog shortly after 6 p.m. on Oct. 25 at Cox Bros.

USD 383 School Bond Issue

Saturday, Oct. 27, at 10 a.m.

sponsored by Orris & Charlotte Kelly
Mark your calendar for Oct. 27 at 10 a.m. in the
Community Room to hear from the Chair of USD
383, Kurt Herrman, on the need for the Bond
Issue that is on the Nov. 6 ballot. Kurt will discuss
the growth of Manhattan USD 383 and the need
for building expansions. He will be available to
answer your questions and concerns.

Part D Open Enrollment

Tuesday, Oct. 30

The North Central Flint Hills Area Agency on Aging will be coming to Meadowlark Hills Tuesday, Oct. 30, for Open Enrollment and discuss your Part D plans. Sign up in the Blue Book at the Hospitality Desk. Timeslots are available from 9 a.m. to 4 p.m. Last day to register is Oct. 12.

Your current Part D plan will notify you if they are changing anything. Bring your Medicare card, insurance card and the list of all medications you are currently taking (name of drug, dosage, 30-day quantity and monthly cost), your pharmacy can send you a copy of your medications upon request. Contact Rita at (785) 323-3891 with questions.

Halloween Carnival & Dinner Buffet Wednesday, Oct. 31, at 5 p.m.

Are you ready for some Halloween fun? Meadowlark will be hosting a family-friendly Halloween Carnival Wednesday, Oct. 31, from 5 to 7 p.m. throughout the Community Center with a variety of games, prizes, trick-or-treating and a trip through the haunted Spookville Saloon! If you would like to volunteer to help with the activities, please contact Jana Armfield, Volunteer Coordinator, at (785) 323-3890.

Join us in the Community Room from 5 to 8 p.m. for a ghoulishly delicious dinner buffet. The cost of the dinner is \$13 plus tax. No sign up is required. See page six for buffet menu.

Personhood & Dementia

Thursday, Nov. 1, at 9 a.m. & 1 p.m.

The K-State Center on Aging presents Personhood & Dementia Thursday, Nov. 1, from 9 to 11 a.m. and 1 to 3 p.m. This free event will focus on acquiring skills to improve connection and quality of life for people with dementia and their care partners. Karen Stobbe, founder of In the Moment, will guide through an interactive day of improvisation to learn to use improve to increase interaction and encourage joy in dementia care.

A Caregivers Panel will discuss using creativity to maintain personhood in the care partner role. The panel will feature KSU English instructor, Deborah Murray and a scene from her original play about caregiving and dementia, *Numb and Number*.

The event will take place at the Bluemont Hotel, 1212 Bluemont Ave. in the Hartford Room. No prior registration is required. For more information visit www.he.k-state.edu/aging/outreach/personhood-dementia/.

Give Graciously to the Employee Gift Fund

submitted by Charlotte Kelly, IL Rep. Council
Now is the time to thank all the 471 employees of
Meadowlark who make our lives so comfortable.
Since Meadowlark has a no-tip policy during the
year, we can show our deeply felt appreciation at
this time of the year. Please put the envelope with
your contribution in the box at the Hospitality
Desk. The final collection date is Friday, Nov. 2.

2018 General Elections

submitted by Kay Shanks
It's that time again! The 2018 General State
Election is around the corner. If you have moved
your residence to or within Meadowlark since the

last election, law requires you to re-register updating your information with your new address. If you do not update your address, your ballot may be returned to the Clerk's office. Ballots cannot be forwarded. If you are unsure, you can either get a Voter Registration Application at the Hospitality Desk, contact Kay Shanks at 539-2066, or contact the Riley County Clerk's office at 537-6300.

Are you new to Kansas and would like to register to vote? If so, you will need to complete a new voter registration application.

The deadline to register to vote or update your information is Oct. 16. Election Day is on Tuesday, Nov. 6, 2018. If you are not sure about your voter registration, feel free to call the Riley County Clerk's Office at 537-6300. They have access to search the State of Kansas to see if you have registered or not.

Absentee Ballots will be mailed Oct. 17, and must be date stamped for return no later than election day, Nov. 6, 2018 and received at the Clerk's Office by Nov. 9 at noon. If you would like to receive a Permanent Advance Ballot, you may get a form at the Hospitality Desk. If you find that the form is difficult, Kay is very knowledgeable and would be glad to help get you the forms as well as answer any question you may have. If she is unable to answer your question, she will call the clerk's office and get you the information you need.

Meadowlark Residents can vote at the Denison Firehouse at the corner of Kimball and Denison. Advance voting at the Riley County Clerk's Office Building, 2nd floor, begins on Oct. 17 and ends Nov. 5 at noon. A sample ballot can be obtained online by visiting https://myvoteinfo.voteks.org/VoterView/RegistrantSearch.do.

Voting is our privilege. Let's get familiar with the issues and on those running for office. Let your voice be heard—your vote matters. 2018 is a critical election year.

The voters of Kansas deserve and should expect a substantive debate on the future direction of our state. Elections do matter and candidates should strive to present their vision on solving the economic and political challenges facing Kansas. The big issues center around the solvency of the State budget and state services, the future of agriculture in Kansas, the provision of medical

services, the affordability of housing, the crisis with water management, and electoral engagement by many more Kansans.

Resident & Student Artwork on Display

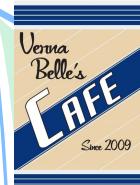
Four paintings by current Meadowlark residents are on display this month on the wall opposite the Game Room. Elaine Manges, Apt. 213, and June Myers, 1220 Meadowlark Circle, answered the Art Committee's call for artwork to be hung in this temporary exhibit space. All four pieces are watercolor paintings.

The Art Committee's plan is to use the temporary exhibit space to display new art, either purchased or donated for Meadowlark's collection. Art pieces may have been loaned by employees, residents, Passport members, etc. that have been created by them or simply part of a personal collection. Temporary exhibits are expected to change monthly.

In Verna Belle's Café, the work of another resident and Manhattan High School students adorn shelves on the café's southwest wall. Eight watercolor paintings by Collins House resident, Hugh Emrich, were completed prior to Hugh's move to Collins with his wife, Kay. High has continued to paint since their move, and Collins Household Coordinator, Elizabeth Thomas, would like to frame some of his work to hang in the household.

"Zentagles" is an exhibit by Drawing & Painting One students at MHS.
According to their teacher, Rachel Fontenot, this project focuses on patterns, value, unity, movement and originality.

If you have artwork you're willing to display in the temporary exhibit space, please contact Harriette Janke, Art Committee chair, at (785) 539-0865.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m. Saturday & Sunday, 7 to 11 a.m. (785) 323-3818

Sunday, Oct. 14

Breakfast: Omelets with Fruit

Monday, Oct. 15

Breakfast: Biscuits & Gravy

Lunch: Mini Kentucky Hot Brown Sandwiches turkey, bacon, tomato & homemade cheese gravy on a

slider bun ~ \$3.99 / \$5.99

Tuesday, Oct. 16

Breakfast: Breakfast Sandwich & Fruit

Lunch: Philly Cheesesteak Sandwich & Choice of Side roast beef, Swiss cheese, sautéed peppers & onions on

toasted Italian bread ~ \$3.99 / \$5.99

Wednesday, Oct. 17

Breakfast: Breakfast Burrito & Fruit

Lunch: Chicken Bacon Ranch Quesadilla with Side chicken, bacon & ranch dressing in a crispy flour tortilla with shredded cheddar cheese ~ \$3.99 / \$5.99

Thursday, Oct. 18

Breakfast: Biscuits & Gravy

Lunch: Avocado BLT with Choice of Side

bacon, lettuce, tomato & avocado on butter toasted

wheatberry bread ~ \$3.99 / \$5.99

Friday, Oct. 19

Breakfast: Waffle or Pancake

Lunch: BBQ Pork Sandwich with Choice of Side shredded pork & BBQ sauce on a butter toasted bun

~ \$3.99 / \$5.99

Saturday, Oct. 20

Breakfast: Omelets with Fruit

HALLOWEEN DINNER MENU

Hot Spiced Cider with Cinnamon sticks Cinnamon Red Hot Jell-o Fruit & Watermelon Goblin Guacamole Jack-o-Lantern Crudités & Red Pepper Dip **Green Goblin Deviled Eggs** Marinated Asparagus with Boo-Berry Vinaigrette **Butternut Squash Hummus** with Pita Chips **Baked Brie** with Blackberry Compote **BBQ Pulled Pork Sliders** Mini Meatloaf with Mashed Potato Topping Rice Krispie Treats **Caramel Apple Slices Pumpkin Squares**

September Gifts to Meadowlark Foundation

Gifts to the Meadowlark Foundation during the month of September were given in memory/honor of the following persons to benefit the Good Samaritan Fund and Meadowlark Parkinson's Program. Gifts were also received to support the Helping Hands Fund, Courtyard Project, Caul Fitness Center and Chaplain Fund.

Memory of

Doris Brothers Edith Jorns Dorothy Buller John Rees

Pearl Watson

Honor of

Dave Nelson Joyal Crain Melissa Gamino Matt Paquette Dillon Mack Jack Watson

Lucy Williams

If you have questions regarding Meadowlark Foundation, please contact Becky Fitzgerald, at (785) 323-3843.

NEW books at the Library!

The Library Committee is very thankful that we now have a beautiful, very functional new table to compliment our new chairs. Come and enjoy the library!

FICTION

Coup D'Atat: The War That Came Early, by Harry

Turtledove

Two Fronts: The War That Came Early, by Harry

Turtledove

Last Orders: The War That Came Early, by Harry

Turtledove

West and East: The War That Came Early, by Harry Turtledove

Winter Garden: A Novel, by Kristin Hannah All the Stars in the Heavens, by Adriana Trigiani Pope Joan, by Donna Woolfolk Cross

NON FICTION

Spycatcher, by Peter Wright Trump Revealed, by Michael Kranish and Marc Fisher

The Death and Life of the Great Lakes, by Dan Egan Prophets and Moguls, Rangers and Rogues, Bison and Bears: 100 Years of the National Park Service, by Heather Hansen

All Access: The Photographs of Kansas State Athletics, by Scott D. Weaver

The Saint's Guide to Happiness: Everyday Wisdom from the Lives of the Saints, by Robert Ellsberg The Art of Pilgrimage: The Seeker's Guide to Making Travel Sacred, by Phil Cousineau Divine Things: Seeking the Sacred in a Secular Age,

by Robert Kirschner

BOOKS ON TAPE

Terrorist, by John Updike

CONTEST, from page 1

participants (in alphabetical order by first name).

David Nelson, financial advisor, Edward Jones of Wamego

Dave Nelson was born in Manhattan and hasn't left the area. He earned a bachelor's degree in animal science from K-State, where he was a member of Farm House fraternity.

Since 2000, he has been a financial advisor with Edward Jones Investments. His office is in Wamego.

A member of Meadowlark Foundation's Board of Directors, he serves on the Investment Committee. He previously served as president and board member for Wamego Chamber of Commerce, and is a Manhattan Community Foundation trustee and a Big Brothers Big Sisters of Manhattan board member.

Dave and his wife, Mary Jo, have three grown children and two grandchildren. Their older daughter, Kinzie Jo, is a former Meadowlark employee. His mother-in-law, Naomi Berber, lives at Meadowlark's Lyle House.

Dillon Mack, financial associate, Thrivent Financial Dillon Mack earned a bachelor's of general studies from Pittsburg State University in 2015 and has been a Thrivent Financial representative since 2016.

A former pitcher in the Jayhawk Conference, Dillon has been an American Legion baseball coach for four year. He and his wife, Shannon, attend Mt. Calvary Lutheran Church.

In addition to saying "yes" to Meadowlark Foundation's giving request, Dillon also supports Habitat for Humanity, Manhattan affiliate, American Legion Post 17, Manhattan, and The First Tee of Manhattan.

Lucy Williams, vice president and trust officer, The Trust Company of Manhattan

Lucy Williams, a Penn State grad, is also a longtime Steelers fan who keeps a Terrible Towel in her glove box. Allegedly.

Lucy joined The Trust Company after serving as a trust officer and manager of Commerce Trust Company. She serves on the Manhattan Area Chamber of Commerce board as Chair, Manhattan Konza Rotary board, Leadership Manhattan, and Konza United Way board.

Lucy and her husband, Jeff, a faculty member at Kansas State University, have two grown children. The other HOG is Lucy's life currently, besides Happy the HOGTOBEFEST mascot and the live HOG she hopes to kiss, is Trusty, pictured with Lucy on the cover.

Trusty is a gift from a mystery man who approached the reception desk at The Trust Company, recited a poem about kissing a pig, and left the little cutie to help Lucy in her quest for votes. Are you the mystery man? If so, please fess up to Lucy. She'd like to thank you!

Matt Paquette, financial advisor, Edward Jones of Manhattan

A native of Chicago, **Matt Paquette** has lived in Manhattan for 19 years and has held his current position with Edward Jones Investments for the same length of time.

Matt married Amy, who's from Lawrence, Kan., 20 years ago, and the couple have two boys, ages 15 and 13, and girl, 8.

He's a former member of Meadowlark's Board of Trustees, and currently, he is an investment manager for a portion of the Foundation's assets. His community service includes membership on the Friends of McCain Auditorium board.

Melissa Gamino, vice president of cash management, KS StateBank

Melissa Gamino's hometown is Marysville, Kan., home of the black squirrels, and she's lived in Manhattan for 18 years. She's worked at KS StateBank for 11 years and and has spent the past decade building the Cash Management department and servicing commercial clients in our local community.

Melissa has worked with the Finance Team at Meadowlark for more than 10 years. "It's been a pleasure to work with such amazing people within the organization," she said.

Happy posed with Melissa at the Westloop location's ATM machine. Could Happy have revealed where she does her banking?

Melissa and her husband have twin boys and three dogs. They enjoy many outdoor activities.

To receive updates about the contest and HOGTOBERFEST, like Meadowlark's Facebook page.



Restaurant Hours Monday to Saturday, 10:30 a.m.to 8 p.m. Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.

An extra vegetable can be substituted for the starch at no additional charge.

The restaurant can accept up to four reservation per time, depending on party size.

Reservations can be made in person or by calling 323-3820.

>	Oct. 14 ~ Lunch \$12	Dinner \$12
SUNDAY	Roasted Turkey Mashed Potatoes with Gravy & Dressing Vegetable du Jour	Spaghetti & Meat Sauce Garlic Toast Vegetable du Jour
TUESDAY MONDAY	Oct. 15 ~ Lunch \$10	Dinner \$13
	Chicken Crepes Rice Pilaf Choice of Vegetable	Shrimp & Chicken Penne with Portobello, Sun-dried Tomatoes, Basil & Spinach in a Sherry Garlic Sauce Garlic Toast
>	Oct. 16 ~ Lunch \$8	Dinner \$12
TUESDA	Fajita Bar (does not include drink, starter, or dessert)	Breaded Pork Cutlet with Cream Gravy Hashbrown Casserole Vegetable du Jour
WED.	Oct. 17 ~ Lunch \$10	Dinner \$13
	Beef Tips Fettuccine Choice of Vegetable	Swiss Steak Mashed Potatoes & Gravy Vegetable du Jour
	Oct. 18 ~ Lunch \$8	Dinner \$14
THURS.	Potato Bar (does not include drink, starter, or dessert)	Shrimp Pesto with Marinara Roasted Red Potatoes Vegetable du Jour
FRIDAY	Oct. 19 ~ Lunch \$10	Dinner \$12
	Grilled Ham & Cheese Sandwich Tomato Soup	Fried Chicken Mashed Potatoes & Gravy Vegetable du Jour
SAT.	Oct. 20 ~ Lunch \$10	Dinner \$15
	Beef & Bean Burrito Black Beans Spanish Rice	Steak Baked Potato Vegetable du Jour

DRINK SPECIAL Caramel Candy Apple 1 1/2 oz. Buttershots, 1 1/2 oz. Sour Apple Pucker, 1 oz. Triple Sec \$3.75

Grosh Cinema Movies

Sunday, Oct. 14, to Saturday, Oct. 20, 2018 Show Times: 1, 4 and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

Sunday, Oct. 14 — <u>Happily N'Ever After (</u>2006)

■ An alliance of evil-doers looks to take over Fairy Tale Land. But when Ella realizes her stepmother is out ■ to ruin her storybook existence, she takes a dramatic turn and blossoms into the leader of the resistance ■ effort.

Co-Starring: Sigourney Weaver, Sarah Michelle Gellar, Patrick Warburton
 Rated PG: 1 hr. 27 min.

<u> Monday, Oct. 15— Life (2015)</u>

As he shoots pictures that would become iconic in "Life" magazine, photographer Dennis Stock forms a surprising bond with rising star, James Dean.

Co-Starring: Robert Pattinsons, Dane Dehaan, Ben Kingsley

Rated R for language and sexual content; 1 hr. 51 min.

Tuesday, Oct. 16 — <u>Nancy Drew (</u>2007)

■ Teen detective Nancy Drew accompanies her father on a business trip to Los Angeles, where she happens ■ upon clues to a murder mystery involving a movie star.

■ Co-Starring: Emma Roberts, Tate Donovan & Max Thieriot

■ PG; 1 hr. 39 min.

Wednesday, Oct. 17 — Spirit of the Pony Express (2012)

Celebrate the 150th anniversary of the short-lived but far-reaching American Institution The Pony

Express by following a historical re-enactment along the original trail from the shores of California to the

Heartland of America.

■ Co-Starring: Peter Sherayko, Gary Chilcote & Cindy Sue Daffron

■ Rated G; 1 hr. 17 min.

Thursday, Oct. 18 — Easy to Love (1953) *Resident Request

Filmed at Cypress Gardens Resort, Esther Williams portrays a performer in the aquatic show. She tries to attract the man that she loves.

Co-Starring: Esther Williams, Van Johnson & Tony Martin

Rated PG; 1 hr. 36 min.

Friday, Oct. 19 – <u>Rudy (</u>1993)

■ Rudy has always been told that he was too small to play college football. But he is determined to overcome the odds and fulfill his dream of playing for Notre Dame.

■ Co-Starring: Sean Astin, Jon Favreau & Ned Beatty

■ Rated PG; 1 hr. 54 min.

■ Saturday, Oct. 20—<u>The Informant! (2009)</u>

The U.S. government decides to go after an agro-business giant with a price-fixing accusation, based on the evidence submitted by their star witness, vice president-turned-informant Mark Whitacre.

Co-Starring: Matt Damon, Tony Hale & Patton Oswalt

Rated R for language; 1 hr. 48 min.

Weekly Opportunities Calendar Oct. 14 to Oct. 20

Sunday • Oct. 14

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Miller Worship Service, MFR

10:30 a.m. ~ Worship Service, CR

2:00 p.m. ~ Wroten Worship Service, WL

2:00 p.m. ~ Patriotic Journeys, CR

7:00 p.m. ~ Vespers with Trinity Presbyterian

Deacons, CR

Monday • Oct. 15

Manhattan Room open seating at lunch only

7:30 a.m. ~ 1st Pres. Men's Bible Study, FHR

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:00 p.m. ~ Yoga, CR

1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:45 p.m. ~ Parkinson's Voice Class, CR

3:30 p.m. ~ Meadowlark Singers Practice, CR

5:30 p.m. ~ 5th Floor Supper, MR

7:00 p.m. ~ Community Bingo, KSU CL

Tuesday ● Oct. 16 Trash pick-up day

Manhattan Room open seating at dinner

10:30 a.m. ~ Steady Yourself, CR

10:30 p.m. ~ Guided Meditation, GC

11:15 a.m. ~ Chair Yoga, CR

12:00 p.m.~ Seven Dolors Book Discussion, FHR

1:00 p.m. ~ Osher Class: Barleycorn, MAC

1:30 p.m. ~ Card Making with Michelle, WCR

2:00 p.m. ~ LifeStory Writing Group, FHR

3:00 p.m. ~ Coffee Corner—FEATURE DESSERT, CR

4:00 p.m. ~ Newspaper & Bible, FHR

5:30 p.m. ~ 2nd Floor Supper, CR

7:00 p.m. ~ Dominoes, GR

Wednesday • Oct. 17

Manhattan Room open seating at dinner only

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Memory Activities Class, KSU CL

10:00 a.m. ~ Memory Café, WCR

10:00 a.m. ~ Memory Partners Support Grp, SCR

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:00 p.m. ~ Yoga, CR

1:00 p.m. ~ Pitch, GR

3:00 p.m. ~ Rock Steady Boxing, CR

3:00 p.m. ~ Rock Steady Boxing, CSC

3:00 p.m. ~ Call Hall Ice Cream, KR

4:00 p.m. ~ Christian Video Worship Service, FHR

Thursday • Oct. 18

Manhattan Room open seating at lunch only

8:30 a.m. ~ Messenger Team, SCR

9:30 a.m. ~ Living with Diabetes Series, KSU CL

10:00 a.m. ~ Meadowlark Bible Study, FHR

10:30 a.m. ~ Steady Yourself, CR

11:00 a.m. ~ Parkinson's Webinar, WCR

11:15 a.m. ~ Chair Yoga, CR

1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

2:00 p.m. ~ Stepping On, KSU CL

2:00 p.m. ~ Change and Loss Series, SCR

2:00 p.m. ~ Low Vision Support Group, FHR

5:30 p.m. ~ Meadowlark Circle Dinner, MR

6:30 p.m. ~ Osher Class: Life of David, CR

Friday • Oct. 19

Manhattan Room open seating for lunch & dinner

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Veteran's Group, GC

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:30 p.m. ~ Mending Angel, GR

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:00 p.m. ~ Hand & Foot Card Games, GR

3:00 p.m. ~ Rock Steady Boxing, CSC

3:30 p.m. ~ Catholic Rosary, CR

7:00 p.m. ~ Tommy Lee & Westview Singers, CR

Saturday • Oct. 20

Manhattan Room open seating at lunch & dinner

9:30 a.m. ~ Painting for Fun, SCR

Room Abbreviations

BP. Billiards Parlor WCR, West Conference Room CR, Community Room CSC, Combative Sports Center GR, Game Room

FHR, Flint Hills Room GC, Grosh Cinema **HD**, Hospitality Desk

KSU CL, KSU Classroom MFR, Miller Friendship Rm

MS, Miller Spa

SCR, South Conference Room

CH. Collins House

WL, Wroten Library **PSP**, Prairie Star Patio KR, Kansas Room (Pub)

LB. Library

MR, Manhattan Room

PS, Prairie Star Restaurant VE, Village Entrance