

Meet the Office

*Learn about the providers and staff with
Meadowlark Medical Professionals*

Dr. Matthew Floersch

Dr. Floersch, also known as Dr. Matt, is the Medical Director for Meadowlark Hills Retirement Community and operates the on-campus primary care clinic, Meadowlark Medical Professionals. Dr. Matt also serves as Medical Director for both Meadowlark Home Health, Meadowlark Parkinson's Program and Meadowlark Memory Program.

A doctor of internal medicine with a focus geared toward the aging adult, Dr. Matt specializes in assisting patients, their families and caregivers in navigating through and understanding their health. Dr. Matt attended the University of Missouri at Kansas City where he received his Doctor of Medicine degree. He completed an Internal Medicine residency from 2002 to 2005 at John-Hopkins, where he received honors as the Division of Geriatrics' Resident of the Year.

Dr. Matt married his wife, Karlene, in 2000. The couple has five children.



Dr. Chance Williams

Dr. Williams joins Dr. Floersch's community practice and Meadowlark Medical Professionals after 15 years serving Kansas as a Board Certified Family Physicians. Originally from Lakin, Kansas, his most recent experience has been in Onaga and Westmoreland. Dr. Williams earned his undergraduate degree from Kansas State University in animal science and industry and his medical degree from University of Kansas School of Medicine.

Dr. Williams, his wife and their six children are in the process of moving from Clay Center to Manhattan. Annually, Dr. Williams participates in medical missions trips to Nicaragua through Global Health Outreach. Dr. Williams will begin seeing patients at Meadowlark eight hours per week starting Thursday, Aug. 9.



Heather Sloan, APRN

Heather graduated from Emporia State University in 2008 with a bachelors of science in nursing. She received her masters of science in nursing – family nurse practitioner in 2012 from Washburn University.

Originally from Ottawa, Kan., Heather now lives in Manhattan, Kan. with her husband, Luke. The couple has three children.



Jennifer Peterson, APRN

Jen graduated from Emporia State University in 2008 with a bachelor's of science in nursing. She received her masters of science in nursing – family nurse practitioner in 2017 from Graceland University. Jen is board certified through the American Academy of Nurse Practitioners.

Originally from Eureka, Kan., Jenny now lives in Clay Center with her husband, Matt, and their daughter.

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String Chamber Music

Friday, Aug 3, at 2 p.m.

Members of the String Chamber Music Camp will be performing classical music this Friday in the Meadowlark Community Room for residents and community members to enjoy! Local middle and high school students make up this group of talented musicians, including their four instructors. Their concert will begin at 2 p.m. Friday, Aug. 3. Everyone is invited to attend!

Movie Schedule Change

On Saturday, Aug. 4, the 1 p.m. showing of *Star Wars: The Last Jedi* will be canceled.

United Methodist Communion

Sunday, Aug 5, at 4 p.m.

At 4 p.m. Sunday, Aug. 5 there will be a service of Holy Communion in the United Methodist tradition in the Flint Hills Room. In the United Methodist tradition open communion is celebrated, which means that the sacrament is open to all Christians who wish to partake. Pastor Ronald Williams will be the celebrant and music will be led by Vera Williams. Please note that the bread, while delicious, is also gluten free. For information call (785) 587-4122 or e-mail rwilliams@greatplainsumc.org. All who are interested are invited to attend.

Vespers Services

Sunday, Aug 5, at 7 p.m.

The Vespers service will be led by Rebecca Borgman from First United Methodist. Vespers service will begin at 7 p.m. Sunday, Aug. 5, in the Community Room. All are welcome.

Town Meeting

Monday, Aug. 6, at 9:30 a.m.

You're invited to hear the Meadowlark news at the August Town Meeting Monday, Aug. 6, at 9:30 a.m. in the Community Room. All are invited to attend!

Outdoor Opportunities Committee

Monday, Aug. 6, at 1 p.m.

Members of the Outdoor Opportunities Committee will meet Monday, Aug. 6, at 1 p.m. in the West Conference Room. If you have questions prior to the meeting time, please contact Sarah Duggan at (785) 323-3878.

Guided Meditation

Tuesday, Aug. 7, at 10:30 a.m.

You're invited to attend Guided Meditation from 10:30 to 11 a.m. Tuesday, Aug. 7, in Grosh Cinema. No prior experience or understanding of meditation is necessary. Please sign up in the Blue Book as seating is limited.

Coffee Corner Feature Dessert

Tuesday, Aug. 7, at 3 p.m.

The Feature Dessert for Coffee Corner Tuesday, Aug. 7 is S'mores Brownies made by Verna Belle's Cafe. Come enjoy this delicious dessert!

Newspaper & Bible

Tuesday, Aug. 7, at 4 p.m.

Newspaper & Bible will continue with its regular meetings on Tuesday, Aug. 7, at 4 p.m. in the Flint Hills Room.

Shopping Trip

Wednesday, Aug. 8, at 10 a.m.

Take advantage of the weekly complimentary transportation to local shopping centers! Transportation will travel to Dillons and Walmart at 10 a.m. Wednesday, Aug. 8, departing from the Village Entrance. Please register in the Blue Book to participate.

Artist Discussion with the Beach

Wednesday, Aug. 8, at 6:30 p.m.

You're invited to join Kim Richards from the Beach Museum of Art for a discussion Mabel Dwight. The group will meet at 6:30 p.m. Wednesday, Aug. 8, in the KSU Classroom. All who are interested are welcome to attend.

Summer Chorus

Wednesday, Aug. 8, at 7 p.m.

On Wednesday, Aug. 8, at 7 p.m. in the Community Room, the Summer Chorus sings for you: something old, something new, something borrowed, something blue! A couple of the Chorus's "old" pieces are past favorites selected again for this season by chorus members: Samuel Barber's "Sure on this Shining Night" is one, another is "Three Portraits by Stephen Foster: Laura Lee, Oh! Susanna, and Gentle Annie." Something new includes a short but lovely piece by Reginald Unterseher: "The Steady Light" and also Hubert Parry's majestic "I was Glad." Something borrowed? First Presbyterian Church

was kind enough to let us use their copies of John Rutter's "A Gaelic Blessing." And something blue can be found in "It Don't Mean a Thing: The Best of Duke Ellington." This medley includes "Mood Indigo" with the words "You ain't been blue..." Doesn't that count as blue?!

Speedy Pd Training Session

Thursday, Aug 9, at 9 a.m.

You're invited to join the Speedy Pd Training Walking Group to prepare for the 2018 Speedy Pd Race for Parkinson's Disease! The group will meet at 9 a.m. in the Village Entrance every Thursday through Aug. 23. The group will be led on various routes around the Meadowlark Hills campus by Jeff Heidbreder, Fitness Leader. All walking paces and abilities are welcome!

Resident Focus Group

Thursday, Aug. 9, at 10 a.m.

The August Resident Focus Group will spotlight Aric Sapp. Aric is the Housekeeping and Laundry Manager. The group will meet at 10 a.m. Thursday, Aug. 9, in the West Conference Room.

Meadowlark Ladies Luncheon

Thursday, Aug. 9, at 12 p.m.

All ladies of Meadowlark are invited to attend the Meadowlark Ladies Luncheon on Thursday, Aug. 9, at 12 p.m. in the Manhattan Room. Lunch will cost \$10 per person. Please RSVP by signing up in the Blue Book at the Hospitality Desk.

Memorial Service for Adella Gaston

Thursday, Aug. 9, at 1:30 p.m.

A Memorial Service for Adella Gaston will be held in the Community Room at 1:30 p.m. Thursday, Aug. 9. All are invited.

Kathryn Allyn

Friday, Aug. 10, at 7 p.m.

Friday, Aug. 10, Meadowlark welcomes back Jazz Singer Kathryn Allyn. Kathryn will be accompanied by Rick Smith, an excellent local guitarist and a former student of Dr. Wayne Goins. Kathryn Allyn has been called "a vocally lustrous earful" by the Philadelphia Inquirer, "elaborately ornamental" and "a martini dry wit" by CafeteriaRusticana.com, "note perfect" and "a charismatic presence" by the Fort Lauderdale Sun-Sentinel, "a mezzo that dazzled the ears" by the Syracuse Post-Standard, "musically superb" by

BistroAwards.com and, in a personal favorite, "grandly libidinous" by Opera News. She has appeared at NYC's Café Noctambulo, The Cutting Room, The Underground, The West End Lounge, TomiJazz, Somethin' Jazz and Stage72. Kathryn and Rick will be performing at 7 p.m. Friday, Aug. 10, in the Community Room. All are welcome to attend and enjoy this performance.

Fryer's 50th Anniversary Party

Saturday, Aug. 11, at 2 p.m.

All friends and family of Tom and Angie Fryer are invited to join the for this celebration of 50 years of life and marriage together! They will meet in Fellowship Hall (downstairs) at First United Methodist Church in Manhattan from 2 to 4 p.m. on Saturday, Aug. 11. This event is casual, come and go, cards only if you want to bring written good wishes! Please consider sharing a donation to the Fisher House Foundation, benefiting the families of injured, disabled or fallen U.S veterans in Tom and Angie's name.

Trip to Hobby Lobby & Dollar Tree

Saturday, Aug. 11, depart at 10:30 a.m.

Saturday, Aug 11, transportation will be provided to Dollar Tree & Hobby Lobby for shopping trips. The bus will depart from the Village Entrance at 10:30 a.m. and will return around 11:45 a.m. The cost for transportation is \$3 per person. Please sign up in the Blue Book at the Hospitality Desk.

Birthday Celebration for Ron Williams

Sunday, Aug. 12, at 2 p.m.

You are invited to help Ron Williams celebrate his 80th birthday on Sunday, Aug. 12, from 2 to 4 p.m. in the Community Room. No gifts please.

Meadowlark Singers

Monday, Aug. 20, at 3:30 p.m.

It's almost time!! Grab your best smile and head for the Community Room, Monday, Aug. 20, at 3:30 p.m. to join the Meadowlark Singers for a season of fun and music. Give us a try... you do NOT need a beautiful voice or previous experience, just a love of music. If you are breathing, you are at the top of the list for your very own chair, stand and notebook! It's one of Meadowlark's experiences you will wish you would have at least tried once! See YOU there...start humming now!

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Mary Jo Eichman, RN, Physician's Practice Leader

Mary Jo has been employed at Meadowlark Hills since 2008. Prior to accepting her current position, Mary Jo was a staff nurse in the Physician Office. She graduated from the Stormont Vail School of Nursing in Topeka, Kan. She has held several nursing positions in Topeka and Manhattan. Eichman is a member of the Westy Community Care Home Board of Directors in Westmoreland. Mary Jo is married with two daughters.



Christine Norris, LPN

Christine grew up in northwest Ohio for the majority of her childhood. She graduated from Chagrin Falls High School and attended Kent State University for one year before she moved to Manhattan. to be closer to family. Christine is married to David Norris and they have three grown children. She has worked at Meadowlark for ten years. Christine enjoys working with residents and staff in her position with Meadowlark Medical Professionals. She likes spending time with family and has recently started kayaking.



Dominique Taylor, Phlebotomist & Medical Assistant

After graduating from Wamego High School, Dominique became interested in phlebotomy and attended Manhattan Area Technical College for her training. She then worked in the lab at Via Christi Hospital before the desire for more patient interaction drove her to complete the Certified Nurse Aide Program. Once receiving her CNA, Dominique joined the Meadowlark team. She and her husband, Patrick, were married in June and live in Westmoreland. Dominique feels she has found her calling and hopes to pursue a Nursing Degree in the near future.



Elizabeth Shirley, Receptionist

Born in San Antonio, Texas, Elizabeth Shirley moved to Manhattan at a young age when her dad was transferred to Fort Riley. She graduated from Manhattan High School then received an Associate of Applied Science degree from Cloud County Community College. Her course studies were travel and tourism based and she aspired to be a flight attendant. Elizabeth has a 22-year-old daughter who recently graduated from the University of Kansas. She lives in Wamego and this fall will celebrate her sixth anniversary with Meadowlark. In her free time, Elizabeth enjoys to read, write letters, scrapbook, attend car races and concerts.

Meadowlark Medical Professionals

Meadowlark Medical Professionals provides quality health care and is conveniently located on the Meadowlark Hills campus. Rather than waiting weeks for appointments at busy off-campus clinics, you can work with our medical professionals to address urgent needs in a timely manner. Urgent-need appointments can usually be scheduled within 48 hours of your call or request.

The clinic is now accepting new patients! Call Mary Jo at 537-1900 to get set up with a new patient appointment. Office hours are Monday through Friday, 8 a.m. to noon and 1 to 5 p.m.

Meadowlark Medical Professionals provides the following services: primary care services, preventative medicine, disease management, physical exams, minor surgery procedures, echocardiography's, lab services, x-ray services, nurse visits and case management.

Outdoor Encounters

Submitted by Nathan Bolls

I offer a salute to trees for a society in which most of us are more oriented toward animate life. We do like flowers, maple syrup, asparagus and celery stalks; the various tuber and root accumulations of energy found in potatoes, sugar beets, and peanuts; and the fruits and nuts that certain plant produce. But animals give us love and attention, generate that cuddly feeling, and also can awaken the strong emotions of fear and of awe. We ponder how much and how deeply animals think, the depth and complexity of their memory and feelings—**their** emotions.

For most of us, plants tend to just “be there,” and for those we call weeds, we fuss that they persist in being too much “there.” But plants are deserving of a much more considered notice than they receive. Look to trees for how to caress the wind, for how to bend but not break under the blows of life. Plants give us beauty, especially in spring, summer, and fall. Dig under a mature plant to learn how to really communicate with Mother Earth. To sense the toughness of Nature, run your hands across the bark of an old tree, an organism that, without either running or seeking shelter, has weathered the worst of weather.

Look to trees for a lesson we simply must learn if we are to keep this Earth habitable for humans: reciprocity. Most of us always are “on the take,” extracting much from Mother Earth and giving little or nothing back except pollution, habitat loss, and overpopulation. Rather, learn from the life cycle of an oak or apple tree, of a corn or soybean plant, or from alfalfa.

Consider the data collected by long-time German forester Peter Wohlleben, author of *The Hidden Life of Trees*. He gives examples of how trees have certain sensory abilities. And he speaks of several “sharing” mechanisms, but I’ll mention just one. Using fungal filaments that permeate healthy soils, roots of trees connect with each other via these filamentous strands, making it possible for trees to share food and minerals if necessary. Other researchers, some in the USA, have gathered similar data.

Wohlleben’s examples add up to the fact that trees know how to give back to the soil, and to each other, in basic and essential ways. His data suggest, that in many cases, it takes a grove to raise healthy trees. Biologists have long realized that use of the terms “higher,” “lower,” “modern,” or primitive,” is to converse while standing on a very slippery slope.

July Gifts to Meadowlark Foundation

Gifts to the Meadowlark Foundation during the month of July were given in memory/honor of the following persons to benefit the Good Samaritan Fund, Meadowlark Parkinson’s Program and Meadowlark Memory Program. Gifts were also received to support the Helping Hands Fund.

Memory of

Donna Bark
Diane Erbe

Dent Wilcoxon
Herbert Finney

Honor of

Team Rasmussen

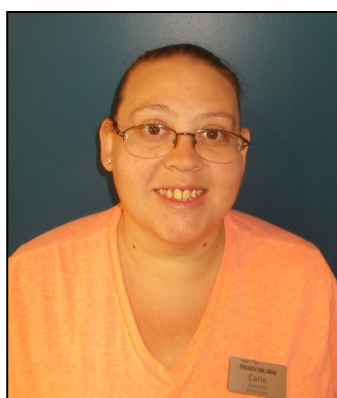
If you have questions regarding Meadowlark Foundation, please contact Becky Fitzgerald, at (785) 323-3843.

Walk to End Alzheimer’s T-shirt

Submitted by Erin Hildreth

Congrats to Daniel Weston and Megan Chase on their winning entry for the T-Shirt Design Contest! Just a reminder that residents and staff members have until Aug. 14 to sign up for the Walk to End Alzheimer’s and receive a t-shirt. You may still sign up for the race after that, but there is a possibility that you will not receive a shirt.





LEADER OF THE PACK

Congrats to the Meadowlark's Leader of the Pack for August 2018, Carie Scott! Carie is a CMA at Meadowlark and works in a variety of households on campus. She demonstrates great leadership skills in any area she works. Carie is kind, hardworking and independent. She is fantastic with residents and she is always willing to help. Meadowlark is proud to have Carie as a part of the team. We appreciate you, Carie!

NEW books at the Library!

NON FICTION

The First One Hundred Years: A History Of The City of Manhattan, Kansas 1855-1955, by Carolyn Jones

Riley County, Kansas, Officials and Their Families 1855-1900: A Historical and Geneological Account, by J. Henry Littrel, Riley County Historical Society

The Architects and Buildings of Manhattan, Kansas, by Dr. Patricia J. O'Brien

Beyond Oz: Children's Book Illustrations from the Region, by Katherine Walker Schlageck, Beach Museum of Art

Carl Larsson, Fifty Paintings, translated by Allen Lake Rice

The Prints of John F. Helm, Jr.: A Catalogue Roisonee, by Bill North, Beach Museum of Art

Wanington National Cathedral Guidebook, by Suzanne Pierron, project manager

Norman Rockwell's World War II Impressions From the Home Front, by Susan E. Miller

Who's Who in the Bible: Unforgettable People and Timeless Stories from Genesis to Revelation, by Jean-Pierre Isbouts

Old Age in a New Age: The Promise of Transformative Nursing Homes, by Beth Baker

Spirit of the Flint Hills, by Dr. Ken Ohm

Letters of the Century: America 1900-1999, edited by Lisa Grunwald and Stephen J. Adler

FDR: The Beckoning of Destiny, 1882-1928, by Kenneth S. Davis

Whiff of Sage, by Oley Kohlman and Jerry Palen--- short stories

Riley County Kansas, by Winifred N. Slagg

First Ladies: An Intimate Group Portrait of White House Wives, by Margaret Truman

True Compass: A Memoir, by Edward M. Kennedy
Elizabeth the Queen: The Life of a Modern Monarch, by Sally Bedell Smith

Never Have Your Dog Stuffed and Other Things I Have Learned, by Alan Alda

A Setting Hen Never Gets Fat, by J.C. (Jack) Miller--- short stories

The Ancestors Tale: A Pilgrimage to the Dawn of Evolution, by Richard Dawkins

FICTION

O Pioneers!, by Willa Cather

From Gulag to Freedom, by Sigrid Weidenweber

Half Broke Horses: A True Novel, by Jeanette Walls

Dead and Buried, by Karen MacInerney

Seeing Red, by Sandra Brown

The Secret Life of Bees, by Sue Monk Kidd

Hannah Coulter, by Wendell Berry

Granny Day, by Danielle Steel

The Big Switch: The War That Came Early, by Harry Turtledove

The Outsider, by Stephan King

Run, by Ann Patchett

MOVIES

Cinderella

Between the Folds

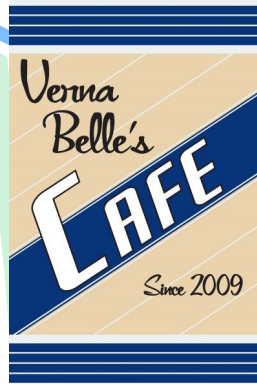
The Last Years of Our Lives

Put Me in the Zoo!

by Sarah Duggan

Littlest one, Eilish Wynnette, isn't as savvy a traveler as her big sis. For this and other reasons, the Duggan family opted out of a big family vacation this year and instead decided to take a couple weekend trips. Most recently, we ventured to Wichita to visit Tanganyika Wildlife Park where we able to feed (& pet!) a giraffe, ride a camel, enjoy ice cream and get so close to the African penguins we could nearly touch them!

Of course, we also satisfied Murphy's request of staying in a hotel, swimming at the pool and eating in a restaurant. Her vacation punch list, while not long, it is specific. Life is always changing.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m.

Saturday & Sunday, 7 to 11 a.m.

(785) 323-3818

Sunday, Aug 5

Breakfast: Omelets with Fruit

Monday, Aug 6

Breakfast: Biscuits & Gravy

Lunch: Chicken Fajita Quesadilla with Side shredded chicken, peppers, onions & shredded cheddar cheese in a crispy flour tortilla ~ **\$3.99 / \$5.99**

Tuesday, Aug 7

Breakfast: Breakfast Sandwich & Fruit

Lunch: Triple Meat Pizza

flatbread topped with marinara sauce, mozzarella cheese, sausage, pepperoni & bacon ~ **\$3.99 / \$5.99**

Wednesday, Aug 8

Breakfast: Breakfast Burrito & Fruit

Lunch: Turkey Avocado Wrap with Choice of Side turkey, Swiss cheese and avocado wrapped inside a flavored tortilla with lettuce & tomato ~ **\$3.99 / \$5.99**

Thursday, Aug 9

Breakfast: Biscuits & Gravy

Lunch: Patty Melt with Choice of Side grilled hamburger, sautéed onions, Swiss cheese & thousand island dressing on toasted Rye bread ~ **\$3.99 / \$5.99**

Friday, Aug 10

Breakfast: Waffle or Pancake

Lunch: Mini Crispy Chicken Sandwich with Side crispy chicken & pickle on a Hawaiian roll with roasted garlic aioli ~ **\$3.99 / \$5.99**

Saturday, Aug 11

Breakfast: Omelets with Fruit

PRAIRIE★STAR
RESTAURANT

Restaurant Hours
Monday to Saturday, 10:30 a.m.to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.
An extra vegetable can be substituted for the starch at no additional charge.
The restaurant can accept up to four reservation per time, depending on party size.
Reservations can be made in person or by calling 323-3820.

SUNDAY	Aug 5~ Lunch \$12	Dinner \$11
	Grilled Raspberry Chicken Wild Rice Vegetable du Jour	Ham & Beans Cornbread Vegetable du Jour
MONDAY	Aug 6 ~ Lunch \$10	Dinner \$12
	Salmon Cake with Cream Pea Sauce Pasta Salad Choice of Vegetable	Chicken & Wild Mushroom Farfalle with Sherry Sage Sauce Garlic Toast Vegetable du Jour
TUESDAY	Aug 7 ~ Lunch \$8	Dinner \$13
	Fajita Bar (does not include drink, starter, or dessert)	Sautéed Pork Tenderloin with Apple Mango Chutney Wild Rice Vegetable du Jour
WED.	Aug 8 ~ Lunch \$10	Dinner \$11
	Baked Chicken Drumsticks with Lemon Thyme Sauce Roasted Red Potatoes Vegetable du Jour	Meatloaf Mashed Potatoes & Gravy Vegetable du Jour
THURS.	Aug 9 ~ Lunch \$7	Dinner \$14
	Soup & Salad Bar (does not include drink, starter, or dessert)	Grilled Shrimp Pasta Risotto Vegetable du Jour
FRIDAY	Aug 10 ~ Lunch \$10	Dinner \$14
	Tamale Pie Black Beans Spanish Rice	Trout Almondine with Tatar Sauce Scalloped Potatoes Vegetable du Jour
SAT.	Aug 11 ~ Lunch \$10	Dinner \$15
	B.L.A.T. Sandwich French Fries Choice of Vegetable	Streak Baked Potato Vegetable du Jour

DRINK
SPECIAL

Sidecar

2oz. Hennessy, 3/4 oz. Lemon Juice & 3/4 oz. Triple Sec

\$3.75

Grosh Cinema Movies

Sunday, Aug. 5, to Saturday, Aug. 11, 2018

Show Times: 1, 4 and 7 p.m., Monday – Saturday / 2 and 6 p.m., Sunday

Sunday, Aug. 5 — Ferdinand (2017)

After Ferdinand, a bull with a big heart, is mistaken for a dangerous beast, he is captured and torn from his home. Determined to return to his family, he rallies a misfit team on the ultimate adventure.

Co-Starring: John Cena, Kate McKinnon & Bobby Cannavale

Rated PG; 1 hr. 48 min.

Monday, Aug. 6— Man of the Year (2006)

A comedian who hosts a news satire program decides to run for president, and a computerized voting machine malfunction gets him elected.

Co-Starring: Robin Williams, Laura Linney & Lewis Black

Rated PG-13; 1 hr. 55 min.

Tuesday, Aug. 7 — Traitor (2008)

When straight arrow FBI agent Roy Clayton heads up the investigation into a dangerous international conspiracy, all clues seem to lead back to former U.S. Special Operations officer, Samir Horn.

Co-Starring: Don Cheadle, Guy Pearce & Archie Panjabi

Rated PG-13; 1 hr. 54 min.

Wednesday, Aug. 8 — Hatari! (1962)

A group of men trap wild animals in Africa and sell them to zoos before the arrival of a female wildlife photographer threatens to change their ways.

Co-Starring: John Wayne, Elsa Martinelli & Hardy Kruger

Rated NR; 2 hrs. 37 min.

Thursday, Aug. 9 — The King and I (1956)

Mrs. Anna Leonowens and her son Louis arrive in Bangkok where she has been contracted to teach English to the children of the royal household. She threatens to leave when the house she had been promised is not available, but falls in love with the children.

Co-Starring: Yul Brynner, Deborah Kerr & Rita Moreno

Rated G; 2 hrs. 13 min.

Friday, Aug. 10 — Room (2015)

The life of Jack and Ma is anything but typical--they are trapped--confined to a 10-by-10-foot space that Ma has euphemistically named Room. Ma has created a whole universe for Jack within Room.

Co-Starring: Brie Larson, Jacob Tremblay & Sean Bridgers

Rated R for language; 1 hr. 58 min.

Saturday, Aug. 11— Fantastic Beasts and Where to Find Them (2016)

The adventures of writer Newt Scamander in New York's secret community of witches and wizards seventy years before Harry Potter reads his book in school.

Co-Starring: Eddie Redmayne, Katherine Waterston & Alison Sudol

Rated PG-13; 2 hrs. 13 min.

Weekly Opportunities Calendar *August 5 to August 11*

Sunday • Aug. 5

9:30 a.m. ~ Miller Worship Service, MFR
10:30 a.m. ~ Worship Service, CR
2:00 p.m. ~ Wroten Worship Service, WL
4:00 p.m. ~ United Methodist Communion, FHR
7:00 p.m. ~ Vespers with Rebecca Borgman, CR

Monday • Aug. 6

7:30 a.m. ~ 1st Pres. Men's Bible Study, FHR
8:30 a.m. ~ IL Resident Council, KSU CL
9:30 a.m. ~ Town Meeting, CR
11:00 a.m. ~ Sit & Be Fit, CR
11:00 a.m. ~ St. Luke's Communion, SCR
12:00 p.m. ~ Weights 101, CR
12:00 p.m. ~ Yoga, KSU CL
1:00 p.m. ~ Parkinson's Exercise, CR
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
1:00 p.m. ~ Outdoor Opportunities, WCR
1:45 p.m. ~ Parkinson's Voice Class, CR
5:30 p.m. ~ Tuttle Creek Supper, MR

Tuesday • Aug. 7

Trash pick-up day
10:30 a.m. ~ Steady Yourself, CR
10:30 a.m. ~ Guided Meditation, GC
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Seven Dolors Book Discussion, FHR
12:00 p.m. ~ Kimball Luncheon, MR
2:00 p.m. ~ LifeStory Writing Group, FHR
3:00 p.m. ~ Coffee Corner, CR—FEATURE DESSERT!
3:30 p.m. ~ Ambassador Meeting, WCR
4:00 p.m. ~ Newspaper & Bible, FHR

Wednesday • Aug. 8

9:00 a.m. ~ Building & Grounds Committee, FHR
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Worship Service, FHR
10:00 a.m. ~ Memory Activities Class, KSU CL
10:00 a.m. ~ Memory Café, WCR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
12:00 p.m. ~ Yoga, CR
1:00 p.m. ~ Pitch, GR
3:00 p.m. ~ Rock Steady Boxing, CR
3:00 p.m. ~ Rock Steady Boxing, CSC
3:00 p.m. ~ Call Hall Ice Cream, KR

4:00 p.m. ~ Christian Video Worship Service, FHR
6:30 p.m. ~ Artist Discussion with the Beach, KSU CL
7:00 p.m. ~ Summer Chorus Concert, CR

Thursday • Aug. 9

8:30 a.m. ~ Messenger Team, WCR
9:00 a.m. ~ Speedy Pd Training Session, VE
10:00 a.m. ~ Meadowlark Bible Study, FHR
10:00 a.m. ~ Resident Focus Group, WCR
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Meadowlark Ladies Luncheon, MR
1:00 p.m. ~ Blood Pressure & Responder Clinic, GR
1:30 p.m. ~ Adella Gaston's Memorial Service, CR
2:30 p.m. ~ LEAP! Graduates Meeting, WCR

Friday • Aug. 10

9:30 a.m. ~ Seated Strength, CR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ Hand & Foot Card Games, GR
1:00 p.m. ~ Parkinson's Exercise Class, CR
1:00 p.m. ~ Parkinson's Care Partner Grp, FHR
2:30 p.m. ~ Rock Steady Boxing, CSC
7:00 p.m. ~ Kathryn Allyn Performance, CR

Saturday • Aug. 11

9:30 a.m. ~ Painting for Fun, SCR
10:30 a.m. ~ Trip to Hobby Lobby/Dollar Tree, VE

Room Abbreviations

BP, Billiards Parlor	CH, Collins House
WCR, West Conference Room	CR, Community Room
CSC, Combative Sports Center	GR, Game Room
FHR, Flint Hills Room	WL, Wroten Library
GC, Grosh Cinema	PSP, Prairie Star Patio
HD, Hospitality Desk	KR, Kansas Room (Pub)
KSU CL, KSU Classroom	LB, Library
MFR, Miller Friendship Rm	MR, Manhattan Room
MS, Miller Spa	PS, Prairie Star Restaurant
SCR, South Conference Room	VE, Village Entrance

*Meadowlark News Channel can be viewed on Channel 1960