

May 10, 2018 Manhattan, Kansas Messenger Editor: Sarah Duggan

A local not-for-profit organization enhancing senior lifestyles

Grow Green Match Day 2018

More than \$27,700 raised for Meadowlark fund!



Meadowlark residents Mary Lou Gibbs and Polly Ferrell complete donation forms at Match Day headquarters.

submitted by Becky Fitzgerald

During a 24-hour period last month, 55 local non-profit endowment funds received more than \$528,000 from nearly 1000 donors. Local business leader and former Meadowlark Hills board member Phil Howe provided more than \$240,000 in matching dollars, bringing the total raised during the 6th annual Grow Green Match Day to more than \$768,000!

The event, held on April 20, was sponsored by Greater Manhattan Community Foundation. The 59 contributions made to a Meadowlark Foundation endowed fund with GMCF were among 2732 gifts on Match Day. The number of Meadowlark supporters and our donation total -- \$19,140 – were significantly higher than in 2017.

Adding a 50% match to all eligible donations, the total amount benefitting Meadowlark Foundation is **\$27,705**!

The donation total of \$19,140 must go into our endowed fund, but we have flexibility with our matching funds, which equal \$8,565. The Foundation's Board of Directors are expected to determine how to use the matching funds at their May meeting. Last year, they voted to put our match money into an invested account benefiting the Good Samaritan Fund.

On Match Day, participating organizations could track their progress on the Grow Green website. With all of the donations counted, Meadowlark Foundation placed 10th

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By Reyal Decree,
Duchess Becky of Foundation
& Countess Layme
of Support Services
request the attendance of all
Meadowlarkians at the

Royal Wedding Watch Party of Prince Harry & Meghan Markle

Saturday, May 19th the hour of six o'clock in the evening Community Room at Meadowlark Hills

Royal Dinner & Entertainment \$17 per patron Sign up in the Blue Book

Royal Menu

Cucumber Tea Sandwiches
Duck Rumaki
Smoked Salmon
on Irish Soda Bread
Tomato & Herb Salad
with Sherry Balsamic Dressing
Lamb Rack with Mint Jelly
Champagne Risotto
Roasted Carrots & Asparagus
English Trifle

Exercise Class, canceled

Exercise classes are canceled for the morning of Thursday, May 17. Tuesday/Thursday classes will resume as regularly scheduled Tuesday, May 22.

KSU Anthropology Presentation *Friday*, *May* 11, *at* 7 *p.m.*

On Friday, May 11, at 7 p.m. in the Community Room, KSU Anthropology students, Cheyanne Helms and Desiree Schippers, will be presenting a short video about their experience during their spring semester at Meadowlark. The two young ladies will be available for discussion following the video. Refreshments will be served.

Trip to Hobby Lobby & Dollar Tree Saturday, May 12, depart at 10:30 a.m.

Saturday, May 12, transportation will be provided to Dollar Tree & Hobby Lobby for a shopping trip. The bus will depart from the Village Entrance at 10:30 a.m. and will return around 11:45 a.m. The cost for transportation is \$3 per person. Please sign up in the Blue Book at the Hospitality Desk.

Mother's Day Special Meal

Sunday, May 13, between 11 a.m. & 2 p.m.

You're invited to make reservations for the Mother's Day Special Meal at Prairie Star Restaurant. Seating times will vary between 11 a.m. and 2 p.m. Make your reservation by visiting the host stand at Prairie Star Restaurant or calling (785) 323-3820. The menu is listed below. Please contact Jayme Minton with questions.

Starter: Cold Cucumber Soup, Marinated Asparagus in Raspberry Vinaigrette or Tossed Salad with

your choice of dressing

Entrée: Roast Beef Tenderloin with Béarnaise Sauce (\$18), Grilled Salmon with Fresh Dill Sauce (\$16) or Grilled Balsamic

Chicken Breast (\$14)

Side: Smokey Cheddar Scalloped

Potatoes or Wild Rice

Vegetable: Medley of Vegetables **Dessert:** Chocolate-Cherry Mousse Cake or Raspberry Lemon Tart

Vespers Services

Sunday, May 13, at 7 p.m.

The Vespers services will be led by Pastor Jim Reed from First United Methodist Church. Vespers service will begin at 7 p.m. Sunday, May 13, in the Community Room. All are welcome.

ARTful Making

Monday, May 14, at 11 a.m.

Join the Meadowlark Memory Program and the Marianna Kistler Beach Museum of Art for a terrific way to de-stress, improve fine motor skills and socialize with friends. Come to ARTful Making class from 11 a.m. to 12:30 p.m. Monday, May 14, in the KSU Classroom at Meadowlark Hills. Together, we will develop new skills or revisit old ones while engaging in various art making activities (i.e. watercolor, collage).

The class meets monthly and is free of charge. The Meadowlark Memory Program will provide you with the supplies you need and the Beach Museum will help provide you with the inspiration and instruction to create your art. Sign up in the Blue Book, as seating and supplies are limited.

Emily's Feature Dessert

Tuesday, May 15, at 3 p.m.

Emily's Feature Dessert for Coffee Corner Tuesday, May 15, is a Cherry Chocolate Mousse Cake. Come enjoy this delicious treat!

Change & Loss Series

Wednesday, May 16, at 2 p.m.

The topic for the meeting scheduled for 2 p.m. Wednesday, May 16, is *Understand the Six Needs of Mourning*. All who are interested are invited to join Social Services Leader Bridget Larkin, Chaplain Patty Brown-Barnett, D.Min., and Social Work Intern Ebonie Christion in The Change & Loss Series. Together they hope to provide a supportive environment for finding hope and healing in a safe place.

Parkinson's Webinar

Thursday, May 17, at 11 a.m.

You're invited to attend a monthly webinar sponsored by the Meadowlark Parkinson's Program. The next webinar starts at 11 a.m. Thursday, May 17, in the KSU Classroom and is titled *Parkinson's Pain & Fatique*.

The panelists will discuss what we know about why these symptoms arise, how we manage them today and research toward new treatments. All who are interested are invited to attend.

Tour of Homes

Thursday, May 17, at 4 p.m.

The Meadowlark Sales team is hosting a Meadowlark Tour of Homes from 4 to 6 p.m. Thursday, May 17. Invite your friends to tour four beautiful independent living cottages then stop by the Community Center for Happy Hour! Cottages included in the tour are 1203 Meadowlark Valley, 1213 Meadowlark Circle, 2230 Meadowlark Road and 2263 Meadowlark Road. For more information, contact Abby Cavender at (785) 320-7199.

Lee Elementary School Choir

Friday, May 18, at 2:30 p.m.

Meadowlark welcomes the Lee Elementary School Choir for a performance in the Community Room at 2:30 p.m. Thursday, May 18. This group of young people will be singing a variety of songs from several different genres. All are invited.

Meadowlark Singers Concert

Friday, May 18, at 7 p.m.

Sing a joyful noise! The Meadowlark Singers will once again be performing on Friday, May 18, in the Community Room. They look forward to entertaining friends and family, so come join them as they harmonize in the hills!

Happy birthday, Mary!

Sunday, May 20, at 2 p.m.

You're invited to celebrate Mary Smith's 90th birthday from 2 to 4 p.m. Sunday, May 20, in the Community Room. Refreshments will be served and cards are welcome. No gifts, please.

Muffins with Meadowlark

Tuesday, May 22, at depart at 9:45 a.m.

The next Muffins with Meadowlark outing to Jamboree Daycare will be on Tuesday, May 22, from 10 to 11 a.m. If you enjoy spending quality time with little ones, please consider joining us! Transportation will be provided. Please sign up in the Blue book if you are interested. Call Jana for more details at (785) 323-3890.

Junction City Day Trip

Wednesday, May 23, departing at 9:45 a.m.

On Wednesday, May 23, Meadowlark is offering a trip over to Junction City! The day will include a visit to the Hildebrand Farms Dairy for a tour and lunch at Cracker Barrel.

Operating since 1930, the Hildebrand family opened a micro-creamery in September 2008. The on-site Hildebrand Dairy store offers whole milk, low fat milk, chocolate milk, strawberry milk, root beer milk, and ice cream-line milk. The store also has a variety of farm related gift items, soft serve ice cream, and fresh Kansas beef, cheese and eggs.

The bus will depart from the Village Entrance at 9:45 a.m. The cost for transportation and tour of the Dairy is \$8 and lunch at Cracker Barrel will be the responsibility of each traveler. Please sign up in the Blue Book located at the Hospitality Desk if you plan to attend.

Take Me Out to the Ballgame!

Wednesday, May 30, depart at 1:15 p.m.

Residents, staff and family members are invited to Kansas City's Kaufman Stadium to watch the 2018 Royals. This year's trip is scheduled for Wednesday, May 30, with the first pitch at 7:30 p.m. against the Minnesota Twins. The cost of the trip is \$35, which includes a ticket to the game, transportation on a chartered 56- passenger bus, and a tailgate supper catered by Prairie Star Restaurant.

Registration for the KC Royals trip is open and a sign-up sheet is in the Blue Book located at the Hospitality Desk. There is a limited amount of tickets available and registration will be on a first-come, first-serve basis. Cancelations need to be made by Wednesday, May 23 for full reimbursement.

Little Apple Chorus, tickets available Sunday, June 3, at 3 & 7 p.m.

Spring is here and so is the time for the Little Apple Barbershop Chorus to present its Annual Spring Show. The chorus will present two performances on Sunday, June 3, at 3 and 7 p.m. at Forum Hall in the Kansas State Student Union.

Meadowlark has 20 tickets available for the show! If you'd like to claim one or more of these *free* tickets to the concert, please visit the Hospitality Desk. Doors will open for the shows 30 minutes prior to the program.

Wellness Olympiad submitted by Jeff Heidbreder

The last week of the Olympiad is fast approaching! Team scores are posted on the Game Room bulletin board.

Participants should be tracking physical activity on the sheet labeled Week 5. These sheets need to be turned in by Tuesday, May 15, at 5 p.m. Sheets can be submitted to the Hospitality Desk, Caul Fitness Center, or Monte's office.

Next week, Group Walks will take place on Monday and Wednesday at 12-noon, leaving from the Village Entrance. The Scavenger Hunt Challenge will start in the Village Entrance at 3 p.m. tomorrow, May 11. For Week 6, the Try your Angle Challenge will be Tuesday, May 15, 11:30 a.m. to 1 p.m. and the Fitness Quiz will be Thursday, May 17. Teams will need to sign up for a 10minute slot for the Try your Angle Challenge and the signup sheet is located in the Blue Book at the Hospitality Desk. The Fitness Quiz will be available at the Hospitality Desk. Participants can take the quiz Fiction titles anytime throughout the day

Remember to start thinking about the Recipe Challenge, which will take place at the Post Party on Wednesday, May 23, from 4 to 5 p.m. in the Community Room. Bring a healthy dish from your team country, this will be the last chance to earn points for the Olympiad!

Americana Music & Fun with Friends!



Kitty Hawk Crash is a Kansas band that plays acoustic rock and original music. The group will be performing at the 2018 Summerfest celebration Friday, June 1.

by Sarah Duggan

Join your friends and family at 5 p.m. Friday, June 1, for Summerfest, the annual block party at Meadowlark Hills.

Our Summerfest celebration will take place on the south side of the building along Meadowlark Road and on Prairie Star patio. The road will be blocked from the fork off the for the party will be delivered and south drive to the village entrance. The cookout will begin at 5 p.m. and will include hamburgers, hot dogs, beans, pasta salad, chips, watermelon and cookies.

The evening will also feature live music provided by Kitty Hawk Crash starting at 6 p.m. in addition to a sno-kone stand, beer garden and inflatable activities for the kids.

Meadowlark Road, between the Valley and the main entrance to the building, will be blocked off all day Friday, June 1. If you have guests visiting, please make sure they are not parked in the visitor parking at 7 a.m. on Friday. The rented items set up during the morning hours.

All rental items will be retrieved by the company in the morning on Saturday, June 2.

The Pub will not be open the day of Summerfest and Prairie Star Restaurant will close at 2 p.m.

NEW books at the Library!

Poison Flower, by Thomas Perry

Lean Mean Thirteen, by Janet Evonovich (large print)

A Whole New Light, by Sandra Brown (large print)

Stars of Fortune, by Nora Roberts (large print)

Audio books

Sizzling Sixteen, by Janet Evonovich

Non-fiction titles

Shocking Secrets of American History: 115 Surprising and Amazing Tails, by Bill Gate

White Trash: The 400-Year Untold History of Class in America, by Nancy Isenberg

Movies & Documentaries

Casablanca

1776

D-Day Remembered (documentary)

on Thursday.

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among the 55 organizations/funds in terms of the amount raised. (We placed 12th out of 51 agencies last year.) Nine organizations, including Shepherd's Crossing, Crises Center and Manhattan Emergency Shelter, exceeded \$20,000 in donations and received the maximum match of \$10,000.

Thank you to everyone who made our green grow significantly! Your generosity helps ensure our organization's success.

Concrete work, update

Sidewalk replacement will begin in fron of 2003 and 2015 Meadowlark Road when the weather allows. Concrete will be replaced leading into the front of both garden apartment buildings. Removal and replacement of sections will occur the same day, and the day following the installation the concrete will be usable. Weather permitting, the sidewalk work will begin today, May 10, or tomorrow, May 11.

Phase two of four for the street replacement have been completed. The project is scheduled to be completed by June 29.

Symphony in the Flint Hills

Sign-up sheets are now posted for the 2018 Symphony in the Flint Hills. This year's Symphony is Saturday, June 9, and will take place at the Rosalia Ranch in Butler County. Meadowlark is looking to get an estimate of how many people would be interested in attending before tickets are purchased. The cost of the trip is \$130 per person, which includes a ticket to the event and transportation from Meadowlark.

There is a sign-up sheet in the Blue Book dedicated to gage level of interest. If you are interested, please sign up or contact Monte Spiller at 323-3801 no later than Friday, May 11.

MHK Public Library Events

Chess Club/Game Night

Every Tuesday / 6 p.m.

Yack & Yarn: EARLY BIRDS

Every Monday / 2 p.m. Groesbeck Meeting Room

Bring your knitting, crocheting, or other crafting project to the library to relax and visit with other crafters. Some supplies will be on hand, but you should bring something of your own to work on.

Tech Workshop: Robotics Exploration featuring Sphero

May 10 at 7 p.m.

Come play with the Sphero SPRK+, a robot that can be programmed to complete a task or controlled directly using a smartphone or tablet. Registration required.

Tech Training: Drop-In Tech Training

May 15 at 2 p.m.

Stop by the Technology Center Classroom to get one-on-one help with your technology questions and conundrums. Registration is not required.

Tech Training: Facebook Basics

May 16 at 2 p.m.

Come learn the basics for using Facebook, an online social networking site that allows you to connect with friends and family. Training Workshop will be held at the Douglass Community Center; 900 Yuma Street, Manhattan.

More information at www.mhklibrary.org.



LEADER OF THE PACK

Congratulations to Meadowlark's May 2018 Leader of the Pack, Rachel Dickinson! Rachel is a House Nurse in Collins House. She excels at educating nurse aides and is a wonderful advocate for her residents. Rachel commits much of her time to Meadowlark and is a very reliable teammate. Meadowlark staff and residents appreciate having Rachel as a part of the team!

IL Resident Council Minutes, April 2, 2018

Members present: Pat Vogt, Jean Beatty, Bob Crawford, Nyle Larson, Betty Love, Jo Call, Marilyn Ray, Steve Owens, Charlotte Kelley, Carol Balding, Sharon Smith, Bea Rasmussen, Janice Parsons and Jo Lyle

Staff present: Lonnie Baker, Jayme Minton and Monte Spiller

Pat welcomed all meeting attendees.

Updates

General Update: Lonnie shared recently with Coffee Corner, we switched things up a little by adding a featured dessert. At this point we are unsure if it has played a role with increasing attendance, but it will continue for another month or so and be revisited. We are also looking at possibly changing locations for Coffee Corner to the Game Room and Pub area and possibly adding music.

The State of Kansas is currently working on the budget and it is strongly encouraged to contact your representatives during these times. At this point numbers are holding with the hope of an increase with Medicaid reimbursement.

Attracting and retaining staff to Meadowlark continues to be a struggle in certain areas. We are exploring ways to attractive potential staff with the idea of daycare being provided here at Meadowlark. The first step towards the moving forward was sending out a survey to current staff members. There was almost an immediate response with over 70 individuals expressing there is concern with day care availability and over 50-percent of the respondents specifically stating a need for day care. Moving forward, we will continue to work with the Riley County Health Department the licensing office, to approach this idea as smoothly as possible.

Support Services Update: Jayme shared that Sales Leader, Abby Cavender currently has eight letter of intents for future residents of Meadowlark. Guest suite 2015 #4 has been sold, so we will now be moving the guest suite to 2263 Meadowlark Road near the Tuttle Creek entrance.

We are currently advertising for Prairie Star Service Managers positions. These individuals will be in the restaurant from 4 to 8 p.m., during the week and a little bit earlier on the weekends. They will be in charge those hours in order to keep things running smoothly in the absence of Brooke or Jayme during the evening.

Approval of March Minutes: Motion to approve minutes was moved and passed.

New Business

Verlyn Richards has decided to resign from his 2nd Floor Representative position. A nomination and voting period will take place soon.

Tuttle Creek Representative is currently in the nomination process and forms are due by Friday at 5 p.m.

Old Business

An inquiry about having a bus go to Dollar Tree and Hobby Lobby for a shopping trip was raised. After discussion, a trip was scheduled for once a month on the second Saturday of each month. The cost will be \$3 per person.

Additional Discussion Topics

Nyle Larson expressed that he and three other residents were able to visit and tour Meadowlark's new Home Plus locations. He stated he was very impressed with the environment

Meeting adjourned

Town Meeting Notes, May 7

Notes from Town Meeting conducted by Monte Spiller, Resident Services Leader, on May 7.

Welcome Monte welcomed the meeting attendees. IL resident...

Campus Update Lonnie reminded meeting attendees of the appropriate usage for the Meadowlark pull-cord system. The system is not designed for EMS-level emergencies or for solving an inconvenience (i.e. reaching something on the top shelf). The system is designed for urgent medical/safety needs. Keep in mind, if you do fall, a lift will likely be used to assist you off the floor.

Residents should not help their neighbors up off the floor. In addition to the pull-cord system, residents have the option to utilize a pendant-alert service through Meadowlark Home Health. The Home Health office can be reached at (785) 537-9497.

There are several projects planned for the next fiscal year budgets and the three biggest include a renovation of the main kitchen, the addition of a new parking lot and cleaning up the center courtyard.

Support Services Jayme introduced Home Health team leaders, Angela Gerena and Alex Horak.

Becky and Jayme will be hosting a Royal Wedding Party Saturday, May 19. Please sign up in the Blue Book if you would like to attend.

Pig Out for Parkinson's The 2018 Pig Out for Parkinson's event was a great success. The event raised about \$7,000 for the Parkinson's Program. Michelle Haub, Special Programs Leader, thanks everyone who participated.

Grow Green Match update Becky reported that the 2018 Grow Green Match Day was the best ever for Meadowlark. The event raised over \$27,000 for the Good Samaritan Fund.

The annual Legacy Society Banquet is set for Monday, May 14. Meadowlark will be recognizing five individuals with awards that evening. Award recipients include Bud & Bobby Cox, Frances Holcombe, Sandra Emley and C. Clyde Jones.

Upcoming Events Monte reviewed the events coming up in the month of May. Please see the weekly Meadowlark Messenger for details.



LUNCH & BREAKFAST SPECIALS

Monday to Friday, 7 a.m. to 4 p.m. Saturday & Sunday, 7 to 11 a.m. (785) 323-3818

Sunday, May 13

Breakfast: Omelets with Fruit

Monday, May 14

Breakfast: Biscuits & Gravy

Lunch: Meatball Sub with Choice of Side meatballs, marinara sauce & shredded mozzarella cheese on a sub roll ~ \$3.99 / \$5.99

Tuesday, May 15

Breakfast: Breakfast Sandwich & Fruit **Lunch:** Sloppy Joe with Coleslaw ground beef, green peppers, garlic, ketchup, tomato sauce & Dijon mustard on a toasted bun ~ \$3.99 / \$5.99

Wednesday, May 16

Breakfast: Breakfast Burrito & Fruit Lunch: Cuban with Choice of Side pulled pork, ham, swiss cheese, pickles & mustard on toasted Italian bread~ \$3.99 / \$5.99

Thursday, May 17

Breakfast: Biscuits & Gravy

Lunch: Southwestern Chicken Salad Wrap & Side pulled chicken, corn, diced tomatoes, avocado, cilantro & black beans in a spinach tortilla ~\$3.99 / \$5.99

Friday, May 18

Breakfast: Waffle or Pancake

Lunch: Triple Meat Pizza with Choice of Side pepperoni, sausage & bacon on a flatbread crust with mozzarella cheese & marinara sauce ~ \$3.99 / \$5.99

Saturday, May 5

Breakfast: Omelets with Fruit



Restaurant Hours Monday to Saturday, 10:30 a.m.to 8 p.m. Sunday, 10:30 a.m. to 7 p.m.

All specials include beverage, starter and dessert.

An extra vegetable can be substituted for the starch at no additional charge.

The restaurant can accept up to four reservation per time, depending on party size.

Reservations can be made in person or by calling 323-3820.

>	May 13 ~ Lunch \$14/\$16/\$18	Dinner \$14
SUNDAY	Mother's Day Menu Choice of Beef, Salmon or Chicken See page # for full menu	Coconut Shrimp Roasted Red Potatoes Vegetable du Jour
TUESDAY MONDAY	May 14 ~ Lunch \$10	Dinner \$11
	BLAT Sandwich Sweet Potato Fries Choice of Vegetable	Meatloaf Mashed Potatoes & Gravy Vegetable du Jour
>	May 15 ~ Lunch \$8	Dinner \$13
TUESDA	Fajita Bar (does not include drink, starter, or dessert)	Stuffed Pork Tenderloin with Portobello Mushroom, Spinach & Tomatoes Wild Rice Vegetable du Jour
WED.	May 16 ~ Lunch \$10	Dinner \$12
	BBQ Chicken Drumsticks Au Gratin Potatoes Choice of Vegetable	Chicken Normandy Roasted Red Potatoes Vegetable du Jour
	May 17 ~ Lunch \$8	Dinner \$13
THURS.	Pasta Bar (does not include drink, starter, or dessert)	Pot Roast with Carrots, Onions & Celery Mashed Potatoes Vegetable du Jour
FRIDAY	May 18 ~ Lunch \$10	Dinner \$12
	Fish & Chips with Tartar Sauce Coleslaw French Fries	Chicken Tetrazzini Garlic Toast Vegetable du Jour
	May 19 ~ Lunch \$10	Dinner \$15
SAT.	Sloppy Joe French Fries Choice of Vegetable	Steak Baked Potato Vegetable du Jour

DRINK SPECIAL

1 oz. Glenlivet, 1 oz. Sweet Vermouth,

2 dashes of Aromatic Bitters & a Lemon Slice \$3.75

Grosh Cinema Movies

Sunday, May 13, to Saturday, May 19, 2018

Show Times: 1, 4 and 7 p.m., Monday - Saturday / 2 and 6 p.m., Sunday

Sunday, May 13 — <u>Jumanji</u>, <u>Welcome to the Jungle (2017)</u>

■ Four teenagers are sucked into a magical video game, and the only way they can escape is to work together to finish the game.

■ Co-Starring: Dwayne Johnson, Karen Gillian & Kevin Hart

■ Rated PG-13; 1 hr. 59 min.

■ Monday, May 14 — <u>The Post</u> (2017) ~ Resident Request

A cover-up that spanned four U.S. Presidents pushed the country's first female newspaper publisher and a hard-driving editor to join an unprecedented battle between the press and the government.

Co-Starring: Meryl Streep, Tom Hanks & Sarah Paulson

Rated PG-13; 1 hr. 56 min.

Tuesday, May 15 — <u>Gambit</u> (2012)

- An art curator decides to seek revenge on his abusive boss by conning him into buying a fake Monet, but his plan requires the help of an eccentric and unpredictable Texas rodeo queen.
- Co-Starring: Colin Firth, Cameron Diaz & Alan Rickman

■ Rated PG-13; 1 hr. 29 min.

<u> Wednesday, May 16 — Joy (</u>2015)

A story of a family across four generations, centered on the girl who becomes the woman who founds a business dynasty and becomes a matriarch in her own right.

Co-Starring: Jennifer Lawrence, Robert De Niro & Bradley Cooper

■ Rated PG-13; 2 hrs. 4 min.

Thursday, May 17 - A Boy Called Po (2016)

After his wife dies of cancer, an overworked engineer struggles to care for his son with autism. His son in
 response to bullying regresses into a fantasy world escape.

Co-Starring: Christopher Gorham, Julian Feder & Kaitlin Doubleday

^l Rated PG; 1 hr. 35 min.

Friday, May 18 - **Burnt** (2015)

Adam Jones is a chef who destroyed his career with drugs and diva behavior. He cleans up and returns to London, determined to redeem himself by spearheading a top restaurant that can gain three Michelin stars.

■ Co-Starring: Bradley Cooper, Sienna Miller & Daniel Brühl

■ Rated R for language; 1 hr. 41 min.

■ Saturday, May 19 - Elysium (2013) ~ Resident Request

In the year 2154, the very wealthy live on a man-made space station while the rest of the population
 resides on a ruined Earth. A man takes on a mission that could bring equality to the polarized worlds.

Co-Starring: Matt Damon, Jodie Foster & Sharlto Copley

Rated R for violence and language; 1 hr. 49 min.

Weekly Opportunities Calendar May 13 to May 19

Sunday • May 13

9:30 a.m. ~ Miller Worship Service, MFR

10:30 a.m. ~ Worship Service, CR

11 a.m. to 2 p.m. ~ Mother's Day Special Meal, PS

2:00 p.m. ~ Wroten Worship Service, WL

7:00 p.m. ~ Vespers with Pastor Jim Reed, CR

Monday • May 14

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:00 a.m.~ Sit & Be Fit, CR

11:00 a.m. ~ ARTful Making, KSU CL

11:30 a.m. ~ Meadowlark Valley Luncheon, FHR

12:00 p.m. ~ 1st Pres. Men's Luncheon, MR

12:00 p.m. ~ Yoga, KSU CR

12:00 p.m. ~ Group Walk, VE

1:00 p.m. ~ Parkinson's Exercise Class, CR

1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

1:30 p.m. ~ Hearing Aid Doctor, WCR

1:45 p.m. ~ Parkinson's Voice Class, CR

3:30 p.m. ~ MLH Singers Practice, CR

7:00 p.m. ~ Community Bingo, CR

Tuesday • May 15

Trash pick-up day

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

11:30 a.m. ~ Wellness Olympiad Challenge, SCR

12:00 p.m.~ Seven Dolors Book Discussion, FHR

2:00 p.m. ~ LifeStory Writing Group, FHR

3:00 p.m. ~ Coffee Corner, CR-FEATURE DESSERT!

4:00 p.m. ~ Newspaper & Bible, FHR

5:30 p.m. ~ 2nd Floor Supper, MR

7:00 p.m. ~ Dominoes, GR

Wednesday • May 16

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE

10:00 a.m. ~ Worship Service, FHR

10:00 a.m. ~ Memory Activities Class, KSU CR

10:00 a.m. ~ Memory Café, WCR

10:00 a.m. ~ Memory Care Partners Support Grp, SCR

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:00 p.m. ~ Yoga, CR

12:00 p.m. ~ Group Walk, VE

1:00 p.m. ~ Pitch, GR

2:00 p.m. ~ Change & Loss Series, SCR

3:00 p.m. ~ Rock Steady Boxing, CR

3:00 p.m. ~ Rock Steady Boxing, CSC

3:00 p.m. ~ Call Hall Ice Cream, KR

4:00 p.m. ~ Lutheran Video Worship Service, FHR

Thursday • May 17

8:30 a.m. ~ Messenger Team, WCR

10:00 a.m. ~ Meadowlark Bible Study, FHR

11:00 a.m. ~ Parkinson's Webinar, KSU CL

1:00 p.m. ~ Blood Pressure & Responder Clinic, GR

2:00 p.m. ~ Stepping On, CR

4:00 p.m. ~ Tour of Homes, Community Center

5:30 p.m. ~ Meadowlark Circle Dinner, MR

Friday • May 18

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Veteran's Group, GC

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

1:00 p.m. ~ Hand & Foot Card Games, GR

1:00 p.m. ~ Parkinson's Exercise Class, CR

2:30 p.m. ~ Lee Elementary School Choir, CR

3:30 p.m. ~ Catholic Rosary, CR

7:00 p.m. ~ Meadowlark Singers Concert, CR

Saturday • May 19

9:30 a.m. ~ Painting for Fun, KSU CL

6:00 p.m. ~ Royal Wedding Party, CR

Room Abbreviations

BP. Billiards Parlor WCR, West Conference Room CR, Community Room CSC, Combative Sports Center GR, Game Room

FHR. Flint Hills Room GC, Grosh Cinema

HD, Hospitality Desk KSU CL, KSU Classroom

MS. Miller Spa

MFR, Miller Friendship Rm **SCR**, South Conference Room **CH.** Collins House

WL. Wroten Library **PSP**, Prairie Star Patio KR, Kansas Room (Pub)

LB, Library

MR, Manhattan Room **PS. Prairie Star Restaurant VE, Village Entrance**

*Meadowlark News Channel can be viewed on Channel 1960