



MEADOWLARK

Messenger

Jan. 5, 2017
Manhattan, Kansas
Editor-In-Chief: Magye Loya

*A local not-for-profit organization
enhancing senior lifestyles*

Chappie Live!

An oldies but goodies show you don't want to miss!

Friday, Jan. 13, at 7 p.m.

Doug "Chappie" Chapman, of Manhattan, will present a tribute to pop tunes, favorite Motown melodies and hits from the British Invasion at 7 p.m. Friday, Jan. 13, in the Community Room.

Chappie Live is intended to bring back the memories of the past through music! This fun, exciting show will offer some musical flashbacks as Chappie presents this one-of-a-kind show.



Chappie is a Veteran musician who has enjoyed playing for audiences for over 40 years. He has toured

with talented groups such as The Drifters, Martha and the Vandellas, The Ronettes, The Shirelles and The Marvelettes in the late '60's.

In March 2013, Chappie was inducted into the Kansas Music Hall of Fame.

Don't miss out on this fantastic performance with a song list of oldies but goodies!

Outdoor Encounters

Submitted by Nathan Bolls

Christmas has come and gone but for many the credit card charges will linger for months. Many will lament that the stains of commercialism and consumerism have severely altered the meaning of "giving"—even of living—in this Season of Christmas and New Year Spirit. Others will grieve, in this season geared for enhanced relationships with loved ones, that many relatives have over-used credit cards and under-used their arms, words of affection, and acts of compassion—and that many will not have paused for even a moment in acknowledgement of that transcendent power who also exists within and around us.

In contrast, organisms in the wild struggle for what they need—with no frills. We have little evidence that they would have much of a wish list beyond the essentials. Especially during this time of year, for those for whom winter has not yet proved fatal, their daily survival efforts almost always skirt a thin margin of safety. It probably is true that no wild organism would understand the human mindset that has, over the generations, driven the development of mega-stores holding a majority of items offered more for want or for whimsy than for NEED.

I wonder if today's children—and adults—are any

happier than were those of long ago when one gift was hoped for—and if it came to pass, smiles of true delight competed with the pot-bellied heating stove in the corner. Many times I have heard friends, recently returned from a camping trip, exclaim about how much they enjoyed the chance to simplify. Of course, why they don't simplify during their everyday lives is a subject for conjecture. Their monthly budget surely would applaud. I **am** throwing stones from the porch of my glass house!

We often hear that we need to significantly reduce our rate of usage of non-renewable resources. Perhaps an altered attitude toward what "satisfies" during the Christmas Season would be a most appropriate way to begin.

Someone once said that "Ignorance is not random." Most actions of wild organisms are not random. Also not random are the directions that we very creative humans have chosen to explore. We need to try **old** directions. If the *lingua franca* of human interchange could become more ACTS of love and compassion and less of "things," we would fare better. Benefits from this change in human behavior surely would rub off on the natural world. And everyone would benefit from the reduction in litter that chokes our world.

UPCOMING EVENTS & ANNOUNCEMENTS

Lightfoot Family Band Performance

Friday, Jan. 6, at 7 p.m.

Join us at 7 p.m. Friday, Jan. 6, in the Community Room as Meadowlark welcomes the Lightfoot Family Band for a folk and bluegrass performance!

Their performance includes a mix of bluegrass and gospel along with some Celtic and Swedish folk songs.

The Lightfoot Family band consists of Tove Thunell and Joshua Lightfoot, a newlywed couple with a strong passion for folk and bluegrass music.

Traveling continents has grown to be the norm for the couple. In Sweden, they play street music along with prestigious venues, and in the states, they focus on retirement communities because of the large interest residents have for folk music. Don't miss this wonderful evening event!

Jokes of the Week

What do snowmen call their offspring?
Chill-dren.

What do you call a penguin in the Sahara
desert?
Lost!

Room re-locations

The following events, classes and activities are relocating to different rooms:

- **Seven Dolors Book Discussion** will be held in the West Conference Room Tuesday, Jan. 10
- **Fit 2 Fight PD** will be held in the KSU Classroom Wednesday, Jan. 11
- **Worship Service** will be held in the Tranquility Room Wednesday, Jan. 11
- **Memory Café** will be held in the Kansas Room & Pub Wednesday, Jan. 11

Center of Aging Lecture Series

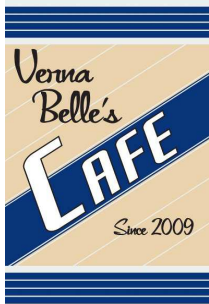
Thursday, Jan. 12, from 4 to 5 p.m.

Join featured speaker Gary LaGrange in this month's Center of Aging Lecture Series titled, "A Pathway to Farming for Transitioning Service Members and Veterans," from 4 to 5 p.m. Thursday, Jan. 12, in the KSU Classroom, a different location than usual.

The lecture highlights the S.A.V.E. Farm and how it is a rehabilitation center for wounded veterans to learn about agriculture.

Colonel LaGrange has given many lectures about beekeeping, but this time he will present over his mentoring program for veterans with PTSD.

All are welcome. No prior registration necessary to attend.



Lunch Specials Jan. 8 – Jan. 14

Hours: Monday—Friday, 8 a.m. to 5 p.m.
Saturday—Sunday, 9 a.m. to 1 p.m.

Sunday, Jan. 8 – Ham Salad Sandwich with Side (Classic Ham Salad with your choice of white or wheat bread)	\$3.75/\$5.50
Monday, Jan. 9 – Chicken Bacon Ranch Wrap with Soup or Chips (Chicken, Bacon & Ranch dressing with lettuce & tomato wrapped in a flavored tortilla)	\$3.75/\$5.50
Tuesday, Jan. 10 – Grilled Cheese with Tomato Soup (American, Swiss & Cheddar cheese on butter toasted bread with creamy tomato soup)	\$3.75/\$5.50
Wednesday, Jan. 11 – Turkey Cranberry Panini with Soup or Chips (Sliced Turkey, Swiss cheese & Cranberry sauce on toasted wheatberry bread)	\$3.75/\$5.50
Thursday, Jan. 12 – Patty Melt with Cottage Cheese & Fruit (Hamburger patty, sautéed onions, Swiss cheese & Thousand Island dressing on toasted rye bread)	\$3.75/\$5.50
Friday, Jan. 13 – Quesadilla Day! (Your choice of cheese, Chicken or shredded Beef in a crispy flour tortilla)	\$3/\$4/\$5
Saturday, Jan. 14 – Tuna Melt with Side (Tuna Salad & American cheese on choice of toasted white or wheat bread)	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

Meadowlark Singers Practice

Monday, Jan. 9, at 3 p.m.

Meadowlark Singers practice is scheduled at 3 p.m. Monday, Jan. 9, in the Community Room.

January Ladies Luncheon

Thursday, Jan. 12, at 12:30 p.m.

The holidays are over and we are settling in for the cold and snow of the new year, however the January Ladies Lunch will encourage you to "Warm Up to Winter."

All Meadowlark ladies are invited to the 12:30 p.m. lunch, Thursday, Jan. 12, in the Manhattan Room. Please wear one of your favorite winter scarves. You may even want to share its story with your luncheon friends. We will be warming our tummies with Fog City Mac & Cheese plus other cozy foods and drink. A special winter story and a hands-on craft will be added bonuses you won't want to miss.

Pat Edwards and Polly Ferrell are hostesses for the day. Please sign up in the Blue Book located at the Hospitality Desk so you can be included in the food and fun.

LETTER TO THE MESSENGER

My dearest friends,

Due to downsizing to save money, my husband lost his good job. We have to move soon and it breaks my heart to leave you! Ten years ago my parents came to Meadowlark and I've felt so at home here ever since! Volunteering and then working here has been such a joy to me.

I'll never forget you and will keep you in my daily prayers as long as I live! This is the best retirement home in the world and you are so blessed to be here. If I could be in two places at one time, I'd be with you here and my family in Salina. We have grandchildren there so we'll keep them all we can. You've inspired me to be a much better person and I hope we are all next door neighbors in Heaven someday!

Thank you for everything and God bless always.

Love,

Your happy housekeeper Kim O'Donnell
elfgranny777@gmail.com

January Focus Group

Thursday, Jan. 12, at 10 a.m.

The staff attendee for the January Focus Group is Robyn Harris, Human Resources Leader. Come meet Robyn at 10 a.m. Thursday, Jan. 12, in the KSU Classroom.

NEW Theatre Restaurant Trip

Wednesday, Jan. 25, at 9 a.m.

Meadowlark will be taking a trip to the NEW Theatre Restaurant located in Kansas City, Kan. Wednesday, Jan. 25. The show for the day is a musical comedy hit, *The Fabulous Lipitones*, by John Markus and Mark St. Germain.

The cost for the trip is \$15 for transportation and \$35 for theatre admission, which includes a fantastic dinner and show, choice of coffee, tea or soft drink. Desserts and alcoholic beverages are available at additional cost.

The group will depart from the Village Entrance at 9 a.m. with a restroom break along the way. Seating begins at 11:30 a.m. with lunch served from 12 to 1 p.m. and the show starting at 1:15 p.m.

If you are interested in attending this event, please sign up in the Blue Book located at the Hospitality Desk. If you have any questions, please direct them to Monte Spiller, Resident Services Leader. at (785) 323-3801.

Beach Museum of Art Discussion

Wednesday, Jan. 11, at 6:30 p.m.

Join Kim Richards from the Beach Museum of Art at 6:30 p.m. Wednesday, Jan. 11, in the KSU Classroom to learn and discuss American photographer, musician, writer and film director, Gordon Parks.

Gordon Parks became prominent in the U.S. documentary photojournalism in the 1940s through the 1970s. The documentaries focused on issues of civil rights, poverty and African-Americans.

As the first famous pioneer among African-American filmmakers, he was the first to produce and direct major motion pictures — developing films relating the experience of slaves and struggling Black Americans.

All residents who are interested are invited to participate.

UPCOMING EVENTS & ANNOUNCEMENTS

Exercise classes canceled

The following exercise classes are canceled
Thursday Jan. 12:

- Steady Yourself
- Chair Yoga

Memory Café

Wednesday, Jan. 11, at 10 a.m.

Memory Café will meet at Kansas Room Pub at 10 a.m. Wednesday, Jan. 11. This group features story sharing, reminiscing and social engagement. It is facilitated by Bridget Larkin and Arlene Lundberg.

Vespers Services

Sunday, Jan. 8, at 7 p.m.

The Vespers service will resume at 7 p.m. Sunday, Jan. 8, in the Community Room. The service will be led by Rev. Cam McConnell from First Presbyterian Church. All are welcome.

Shopping Trip

Wednesday, Jan. 18, at 10 a.m.

There was a misprint in last weeks edition of the Meadowlark Messenger. The shopping trip is not scheduled for Wednesday, Jan. 11, but for Wednesday, Jan. 18.

Take advantage of the complimentary transportation to local shopping centers. Transportation goes to Dillons and Walmart. The next trip departs at 10 a.m. Wednesday, Jan. 18, from the Village Entrance. Please register in the Blue Book for transportation.

Dental Clinic

Monday, Jan. 23

The Healthy Smiles Dental Clinic is scheduled for Monday, Jan. 23, in the Miller Craft Room. This clinic operates by appointments only.

Leader of the Pack

Have you noticed a Meadowlark employee who has gone above and beyond? You can nominate them to be Leader of the Pack.

Stop by Verna Belle's Café or the Human Resource office to fill out a nomination form with information about an outstanding employee.

Winter Ball 2017

Friday, Jan. 27, from 6 to 9 p.m.

The Meadowlark 2017 Winter Ball is almost here! Are you getting excited?

The event is set for Friday, Jan. 27, from 6 to 9 p.m. in the Community Center, including the Community Room, Game Room and Prairie Star Restaurant. The Community Center will be transformed into the elegant ballroom to host Winter Ball. All residents and staff are invited.

The selected theme this year is "Winter Wonderland." Elegant and sparkly decorations will set the stage for this formal event. Feel free to dress the part in your best formal attire! Formal attire is suggested but not required.

Enjoy music provided by, not one, but two live bands beginning at 6 p.m. in the Community Room and simultaneously in Prairie Star Restaurant.

Feel free to mingle between both bands throughout the night and enjoy heavy appetizers catered by Prairie Star Restaurant.

No registration is required for this free event. You may come and go as you please.

Painting for Fun

Saturday, Jan. 7, at 9:30 a.m.

Enjoy water coloring? Would you like to try a new hobby? The Acrylic/Watercolor Painting for Fun group is the place to be! The group meets at 9:30 a.m. Saturday, Jan. 7, in the KSU Classroom.

There is no experience needed. Just come with a sense of fun and adventure. Hope to see you all there!

DRINK SPECIAL



Jan. 9 to Jan. 14
Margarita

2 oz. Jose Cuervo
5 oz. Margarita Mix

\$3.75

Culture Story Contest 2017

Submitted by Sarah Duggan

Happy New Year!

Meadowlark Hills is kicking off 2017 with the annual Culture Story Contest beginning on Jan. 9. The purpose of this contest is to gather resident, family, staff and stakeholder's stories that speak to the uniqueness of Meadowlark Hills and how person-directed care has changed their thoughts on what it means to age.

There will be two categories: staff and non-staff. For each category, there will be three cash prizes awarded to the top three stories: \$500 (first), \$250 (second) and \$100 (third). Story submissions will be due by 5 p.m. Friday, Feb. 17, and must be



submitted with a completed entry form. Winners will be announced at the March Town Meeting on Monday, March 6, and printed in the March 9 edition of the Meadowlark Messenger.

Entry forms and topic packets are available at the Hospitality Desk, Human Resources office and on the Meadowlark website (www.meadowlark.org). If you have questions regarding the contest, please visit the Community Relations office or give me a call at (785) 323-3860. All submissions can be dropped off me in the Community Relations office (between the KSU Classroom and the CEO office) or via e-mail at sarah.duggan@meadowlark.org.

I hope you all will be motivated to share your story about the culture of Meadowlark Hills and how person-directed care has changed your perception on aging. Good luck!

UPCOMING EVENTS & ANNOUNCEMENTS

Tuttle Creek Supper rescheduled

The Tuttle Creek Supper is rescheduled for 5:30 p.m. Monday, Jan. 9, in the Manhattan Room.

Second Session of Grief Support Group

Tuesday, Jan. 10, from 2 to 3 p.m.

The next session of Grief Support Group is at 2 p.m. Tuesday, Jan. 10, in the West Conference Room. This is an opportunity to discuss bereavement and healing in a supportive environment.

Memory Activities Class

Wednesday, Jan. 11, at 10 a.m.

Memory Activities Class (MAC) provides education, activities and discussions about memory and cognition in an informal setting. This group will meet from 10 to 11 a.m. Wednesday, Jan. 11, in the KSU Classroom.

Lutheran Video Worship Series

Wednesday, Jan. 11, at 4 p.m.

You are invited to watch a televised worship Bible study at 4 p.m. Wednesday, Jan. 11, in the Living Room. This worship service is hosted by the Lutheran Church.

KSU Men's Basketball Watch Parties

Watch the KSU Men's basketball games in the Game Room at:

- 7 p.m. Saturday, Jan. 7, against the University of Oklahoma on channel 245 (ESPNews)
- 8:15 p.m. Tuesday, Jan. 10, against Texas Tech on channel 245 (ESPNews)
- 3:30 p.m. Saturday, Jan. 14, against Baylor University on channel 244 (ESPNU)
- 8 p.m. Wednesday, Jan. 18, against Oklahoma State on channel 244 (ESPNU)
- 3 p.m. Saturday, Jan. 21, against West Virginia on channel 244 (ESPNU)
- 8 p.m. Wednesday, Jan. 24, against Iowa State on channel 244 (ESPNU)
- 1 p.m. Saturday, Jan. 28, against Tennessee on channel 33 (ESPN2)

Stephen Stover Memorial Service

Saturday, Feb. 4, at 1:30 p.m.

A memorial service will be held for Stephen Stover at 1:30 p.m. Saturday, Feb. 4, at the First United Methodist Church, Poyntz Ave. All are welcome to attend.

PRAIRIE★STAR RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

Jan. 8 - Jan. 14

Includes beverage, starter and dessert.

A minimum of one hour notice is required for reservations.
The restaurant can accept up to four reservations per time,
depending on party size. Reservations can be made in person
or by calling 323-3820.

SUNDAY	January 8 ~ Lunch \$12	Dinner \$11
	Roast Turkey with Cornbread Dressing Gravy & Mashed Potatoes Vegetable of the Day	Beef Tips Fettuccine Vegetable of the Day
MONDAY	January 9 ~ Lunch \$11	Dinner \$14
	Penne with Fresh Tomato Sauce Topped with Grilled Herb Chicken Breasts Garlic Toast Choice of Vegetable	Maple Grilled Salmon Roasted Red Potatoes Vegetable of the Day
TUESDAY	January 10 ~ Lunch \$7	Dinner \$13
	Taco Bar (does not include drink, starter or dessert)	Chicken Fairmont with Hunter's Sauce Wild Rice Vegetable of the Day
WED.	January 11 ~ Lunch \$10	Dinner \$12
	Fried Chicken Sandwich Potato Salad Choice of Vegetable	Lasagna Garlic Toast Vegetable of the Day
THURS.	January 12 ~ Lunch \$8	Dinner \$13
	Pizza Bar (does not include drink, starter or dessert)	Sautéed Pork Tenderloin with Cranberry Port Sauce Risotto Vegetable of the Day
FRIDAY	January 13 ~ Lunch \$10	Dinner \$14
	Beef Stir Fry Steamed Rice Choice of Vegetable	BBQ Shrimp Ranch Roasted Red Potatoes Vegetable of the Day
SAT.	January 14 ~ Lunch \$10	Dinner \$15
	Turkey Reuben Coleslaw French Fries	Steak Night Baked Potato Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Sunday, Jan. 8 - Saturday, Jan. 14

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Sunday, Jan. 8 – Rodeo & Juliet (2015)

New to her family's ranch, a young city girl struggles to adapt to country life. But a cute cowboy helps when he teaches her how to barrel race.

Co-Starring: Krista Allen, Tim Abell & Nadine Crocker

Rated PG; 1 hr. 27 min.

Monday, Jan. 9 – Black Beauty (1994)

As he passes from owner to owner during a two-decade span, the ever faithful steed encounters the best and worst of the human spirit.

Co-Starring: Sean Bean, David Thewlis & Alan Cumming

Rated G; 1 hr. 28 min.

Tuesday, Jan. 10 – The Double (2011)

Retired CIA agent Paul Shepherdson joins young FBI agent Ben Geary to track down a Russian assassin who has seemingly returned after the Cold War.

Co-Starring: Richard Gere, Topher Grace & Martin Sheen

Rated PG-13; 1 hr. 38 min.

Wednesday, Jan. 11 – The Odd Couple 2 (1998)

Fussy neatnik Felix Unger and incorrigible slob Oscar Madison reunite after many years to attend the wedding of Oscar's son and Felix's daughter..

Co-Starring: Jack Lemmon, Walter Matthau & Christine Baranski

Rated PG-13; 1 hr. 36 min.

Thursday, Jan. 12 – The Music Man (1962)

It doesn't get any better than this slice of Midwestern Americana: Charming con man Harold Hill wants to steal River City citizens' money with a "boys' band" scam.

Co-Starring: Robert Preston, Shirley Jones & Buddy Hackett

Rated G; 2 hrs. 31 min.

Friday, Jan. 13 – Florence Foster Jenkins (2016)

Despite her horrid singing voice, New York City heiress Florence Foster Jenkins is certain she can become an opera star.

Co-Starring: Meryl Streep, Hugh Grant & Simon Helberg

Rated PG-13; 1 hr. 50 min.

Saturday, Jan. 14 – The Man From U.N.C.L.E (2015)

With both their countries threatened by a powerful global crime cartel, the CIA's Napoleon Solo and KGB operative Ilya Kuryakin must work together in this Cold War thriller.

Co-Starring: Henry Cavill, Armie Hammer & Hugh Grant

Rated PG-13; 1 hr. 56 min.

This Week's Opportunities January 8 - January 14

SUNDAY • JANUARY 8

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Miller Worship Service, MFR
10:00 a.m. ~ Worship Service, CR
2:00 p.m. ~ Wroten Worship Service, WL
7:00 p.m. ~ Vespers, led by Rev. Cam McConnell from
First Presbyterian Church, CR

MONDAY • JANUARY 9

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

8:30 a.m. ~ IL Resident Council, KSU CL
9:30 a.m. ~ Town Meeting, CR
11:00 a.m. ~ Sit & Be Fit, CR
11:00 a.m. ~ St. Luke's Communion, CON
11:30 a.m. ~ Meadowlark Valley Luncheon, LR
12:00 p.m. ~ Weights 101, CR
12:00 p.m. ~ Yoga, KSU CL
12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
1:00 p.m. ~ Blood Pressure Clinic, GR
1:15 p.m. ~ Parkinson's Exercise Class, CR
1:30 p.m. ~ Hearing Aid Doctor, CON
1:30 p.m. ~ Ladies Pool Table Time, BP
3:00 p.m. ~ MLH Singers Practice, CR
5:30 p.m. ~ Tuttle Creek Supper, MR
7:00 p.m. ~ Community Bingo, CR

TUESDAY • JANUARY 10

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Seven Dolors Book Discussion, CON
3:00 p.m. ~ Coffee Corner, CR
4:00 p.m. ~ Newspaper & Bible, LR
5:30 p.m. ~ 4th Floor Supper, MR

WEDNESDAY • JANUARY 11

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

9:00 a.m. ~ New Perspectives, KR
9:00 a.m. ~ Building & Grounds Meeting, LR
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Worship Service, TR
10:00 a.m. ~ Memory Activities Class, KSU CL
10:00 a.m. ~ Memory Café, KR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
12:00 p.m. ~ Yoga, CR
12:00 p.m. ~ 2nd Men's Club Luncheon, LR

1:30 p.m. ~ Pitch, GR
1:30 p.m. ~ Collins Worship Service, CH
1:30 p.m. ~ Dr. Matt's Book Club—First Session, CR
2:45 p.m. ~ Dr. Matt's Book Club—Second Session, CR
3:00 p.m. ~ Call Hall Ice Cream, KR
3:00 p.m. ~ Fit 2 Fight PD, KSU CL
4:00 p.m. ~ Lutheran Video Worship Service, LR
6:30 p.m. ~ Artist Discussion with the Beach Museum of
Art, KSU CL

THURSDAY • JANUARY 12

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

9:00 a.m. ~ Messenger Ladies, CON
10:00 a.m. ~ Meadowlark Bible Study, LR
10:00 a.m. ~ Resident Focus Group, KSU CL
10:00 a.m. ~ Great Decisions, CON
12:30 p.m. ~ Meadowlark Ladies' Luncheon, MR
1:00 p.m. ~ Blood Pressure Clinic, GR
4:00 p.m. ~ Center on Aging Lecture Series, KSU CL

FRIDAY • JANUARY 13

Breakfast at Verna Belle's—Waffle or Pancake

7:00 a.m. ~ Rotary, CR
9:30 a.m. ~ Seated Strength, CR
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit and Be Fit, CR
1:00 p.m. ~ Hand and Foot Card Games, GR
1:15 p.m. ~ Parkinson's Exercise Class, CR
1:15 p.m. ~ Parkinson's Care Partner Support Group, LR
7:00 p.m. ~ Resident Program: Chappie Live
Performance, CR

SATURDAY • JANUARY 14

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Fit 2 Fight PD, CSC
9:30 a.m. ~ Painting for Fun, KSU CL

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library
PSP, Prairie Star Patio	CSC, Combative Sports Center

*Meadowlark News Channel can be viewed on channel 1960