



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

May 5, 2016

May Happenings!

Kentucky Derby

Saturday, May 7, at 4 p.m.

And they're off! Meadowlark Hills is celebrating the Kentucky Derby in true country style! Whether you watch "The Most Exciting Two Minutes in Sports" every year or you're a Derby Novice, you are welcome to join us in the Community Room at 4 p.m. Saturday, May 7!

Along with watching the race and all that leads up to it you will be able to enjoy a delicious family-style dinner, a complimentary mint julep, and compete in a 'Best Hat' contest for a chance to win a bottle of 14 Hands wine – the official wine of the Kentucky Derby! This event will be \$16 per person and sign-ups are in the Blue Book at the Hospitality Desk.

Mother's Day

Sunday, May 8, 11:30 a.m. & 1:30 p.m.

It's that time of the year where we thank all of the mothers for everything they do! All are welcome at Meadowlark Hills' Mother's Day Lunch in Prairie Star Restaurant Sunday, May 8. This plated meal, cooked by our very talented Head Chef John Gasser, will be the perfect Mother's Day treat.

There will be two seatings for this special meal, 11:30 a.m. and 1:30 p.m., so you can choose whichever time works best for your schedule. Each group that attends this lunch will be able to take home a complimentary Mother's Day vase with fresh daisies! The full menu and reservation book are available at Prairie Star Restaurant.

Genae Denver

Sunday, May 15, at 2:30 p.m.

Students from Genae Denver's Vocal Studio will be performing their spring recital at 2:30 p.m. Sunday, May 15, in the Community Room. All are welcome to enjoy an afternoon of music!



Meadowlark Hills Singers Performance

Friday, May 6, at 7 p.m.

Mark your calendars! The Meadowlark Hills Singers Spring Concert is at 7 p.m. Friday, May 6, in the Community Room! The Singers are directed by Michael Oldfather accompanied by Audrey Pickering on piano and cello, Melissa Pickering on piano and Patty Brown-Barnett on flute.

Come out on Friday for an enjoyable evening of song!

KSU Anthropology Students Film Festival

Friday, May 13, at 7 p.m.

The KSU Anthropology students Edwin, Ariana, Eric, Bridget, Kenzie, Joel, Rachel, Matthew, Carli, Krista and Carlos will be presenting a "Semester in Review" from their time here at Meadowlark Hills. This is an event you don't want to miss! Please join them at 7 p.m. Friday, May 13, in the Community Room to celebrate their work and a wonderful semester of friendship, mentoring and companionship!

Seafood Broil

Friday, May 20, at 6 p.m.

Meadowlark Hills is bringing the ocean to you! Join us at 6 p.m. Friday, May 20, on the Prairie Star Patio for a delicious Seafood Broil! Michael B. will be performing while we enjoy great food, drinks and music!

Prairie Star Restaurant will be open during this event — for those who would rather not eat seafood but would still like to join the party. There will be more information in upcoming Messengers as the date gets closer.

UPCOMING EVENTS & ANNOUNCEMENTS

Wellness Olympiad Update

The Olympiad is almost down to the final two weeks, but plenty of points are still up for grabs. Continue tracking your physical activity on the Week Four tracking sheets, which need to be turned in by 5 p.m. Tuesday, May 10. The sheets can be dropped off at the Hospitality Desk or Caul Fitness Center.

Monday, May 9, will be the **Balance Challenge** from 1 to 2:30 p.m. in the KSU Classroom. The **Brain Teaser Challenge** will be Friday, May 13. Teams can pick up a sheet from the Hospitality Desk between 8 a.m. and 5 p.m.

Group Walks will be at 1 p.m. Wednesday, May 11, and 4 p.m. Thursday, and we will be meeting at the Village Entrance. Lisa Schwarz will give her last Nutrition Seminar at 2 p.m. Wednesday, May 11, in the KSU Classroom. The seminar will be over beans and lentils as protein sources.

Your team will also want to start thinking about recipe ideas for the Healthy Recipe Challenge during the Olympiad post-party. The challenge will call for teams to bring healthy appetizers/desserts to be judged by the committee and shared with the other participants. The post party will be from 3 to 4:30 p.m. Wednesday, May 25, in the Community Room.

Please contact Jeff Heidbreder in the Caul Fitness Center or at (785) 341-2995 with any questions.

Ms. Emily's Music Recital

Saturday, May 14, at 1 p.m.

You are invited to attend a music recital given by students of Emily Gallagher. It will take place at 1 p.m. Saturday, May 14, in the Community Room.

Jokes of the Week

Where does a boat go when it is sick?
To the dock.

Why did the TV cross the road?
Because it wanted to be a flat screen.

What do you call the king of vegetables?
Elvis Parsley.

Vespers Services

Sunday, May 8, at 7 p.m.

The Vespers service, led by Reverend John Parsley from First Baptist Church, will be at 7 p.m. Sunday, May 8, in the Community Room. All are welcome.

Beach Museum of Art Discussion

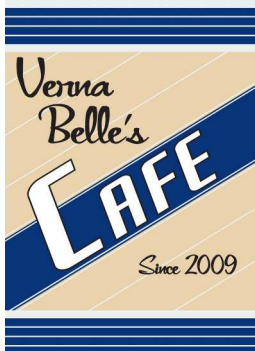
Wednesday, May 11, at 6:30 p.m.

Join Kim Richards from the Beach Museum of Art at 6:30 p.m. Wednesday, May 11, in the KSU Classroom to learn and discuss Icelandic-American painter, Louisa Matthiasdottir. All residents who are interested are invited to participate.

May Focus Group

Thursday, May 12, at 10 a.m.

The Focus Group scheduled for May will highlight another great staff member at 10 a.m. Thursday, May 12, in the KSU Classroom. The staff attendee for the May Focus Group will be Social Worker, Bridget Larkin!



Lunch Specials

May 8 – May 14

Hours: Monday–Friday, 8 a.m. to 5 p.m.

Saturday–Sunday, 9 a.m. to 3 p.m.

Sunday, May 8 - French Toast Bake	\$5.50
Monday, May 9 - Bacon & Tomato Grilled Cheese with Tomato Soup	\$3.75/\$5.50
Tuesday, May 10 - Turkey Club Wrapini with Ambrosia Salad	\$3.75/\$5.50
Wednesday, May 11 - Quesadilla Day	
Cheese — \$3 Chicken — \$4 Steak — \$5	
Thursday, May 12 - Meatball Sub with Side Salad	\$3.75/\$5.50
Friday, May 13 - Bratwurst with Peppers & Onions with Melon Salad	\$5.50
Saturday, May 14 - Tuna Melt with Soup or Chips	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

Manhattan Ladies Tour and Lunch

Thursday, May 12 at 12 p.m.

Calling all Manhattan ladies! The Manhattan Ladies will be taking a tour of Bluemont Hotel and having lunch after at Pizza Ranch Thursday, May 12.

The tour of Bluemont Hotel will last 30 minutes or less and is free of charge! After the tour, the Manhattan Ladies will have lunch at Pizza Ranch on 511 McCall Road. The cost for lunch and transportation is \$10 per person. Lunch includes a buffet with several kinds of sliced pizza, including desert pizza and soft ice cream, fried chicken, potatoes and gravy, corn, green beans and a salad bar.

Transportation will be available and will depart from the Village Entrance at 12 p.m. Please sign up in the Blue Book located at the Hospitality Desk for an afternoon of fun!

Memory Activities Class

Wednesday, May 11, at 10 a.m.

Memory Activities Class (MAC) focuses on education, activities and discussions about memory and cognition in an informal setting. All levels of abilities are welcome and snacks are provided. This group will meet at 10 a.m. Wednesday, May 11, in the KSU Classroom.

Prairie Star Restaurant Update

By resident request, whole fruit will now be available as a dessert option in Prairie Star Restaurant. Your choice of an apple, orange or banana is now an option to enjoy at your table or to take home.

Video Worship Service

Wednesday, May 11, at 4 p.m.

You are invited to watch a televised worship sermon by Reverend Dr. James L. Elsner titled "So Close and Yet So Far" at 4 p.m. Wednesday, May 11, in the Living Room. All are welcome.

Outdoor Encounters

Submitted by Nathan Bolls

Henry Wadsworth Longfellow wrote "The bards sublime/Whose distant footsteps echo/Through the Corridors of Time." Nice thought, but we have broken the land, have severed too much the corridors of both Space and Time.

Time to stand up for corridors! Not the house-bound sort used by humans, but those found on the land--floored by plants, fungi, microbes and detritus--that permit wildlife to move from one ecological region to another.

The corridor concept, long important to biologists and conservationists, is in the news: a new documentary in the TV series NOVA tells of conservationists busily planning wildlife corridors between national parks. The most ambitious project is to construct a corridor between Yellowstone Park and northern Canada. The primary goal is to provide a safer highway for grizzly bear movement, which should reduce the inbreeding that is a threat to any isolated group within a species. Obviously, many other organisms also will benefit.

Corridors have long been a big deal for conservation organizations, e.g., the Kansas Land Trust and the Nature Conservancy. Such organizations are happiest whenever a new land acquisition abuts an area of already preserved habitat.

The larger the contiguously preserved area the better, to, among other benefits, better serve those species that require space farther from an "edge" than is allowed by many current forest and prairie land practices. An extreme example is the presumed extinct ivory-billed woodpecker, which seemingly required very large unbroken stretches of southern riverine forests. Human development broke up those once extensive forests.

At MLH, we are blessed with a broad band of land bearing trees, shrubs, and grasses--a corridor--between our Bayer Pond and the larger K-State pond a bit to the north. In one sense, because of this relatively safe wildlife highway, the K-State pond zone is a biological extension of our Natural Area.

Numerous types of plants and small animals spend their entire lives in this corridor. Some species of migratory birds choose it for nesting. Just yesterday I watched, among other species, a Carolina wren hunting for insects.

Thus, whenever you are nature watching in our Natural Area, also pay attention to the "north forty," including our corridor. Trees and brush make viewing a matter of much neck stretching, but what you see there on ground, tree, or water just might recently have been in MLH territory. Wild organisms don't pay much attention to human-made boundary lines.

Walmart/Dillon's
Shopping Trip

Take advantage of the complimentary transportation to local shopping centers.

Transportation goes to the following locations: Walmart and Dillons.

The next trip departs at 10 a.m. Wednesday, May 11, from the Village Entrance. Please sign up in the Blue Book to register for transportation.



RESIDENT COUNCIL MINUTES

April 4, 2016

Members present: Sandra Emley, Jean Beatty, Loren Alexander, Pat Vogt, Marilyn Ray, Polly Ferrell, Janice Parsons, Don Rasmussen, Jo Lyle, Ruth Wells and Sharon Smith

Staff present: Lonnie Baker, Sarah Duggan, Monte Spiller and Jayme Minton

Sandra welcomed all meeting attendees.

Updates

1. **General Update:** Lonnie explained some of the many items occurring at the state and federal level. He is keeping a close eye on all the happenings with budget changes. A major concern we are facing is senate bill 457 which allows States to receive Medicaid Federal dollars. The bill would increase a “bed tax” on nursing homes and use the proceeds to draw down more federal Medicaid funds, which would go back to the nursing homes in the form of payments for services provided to residents on Medicaid. The bill is set to expire July 1, 2016 and if the Legislature does not pass the bill, we could possibly lose \$200,000 per year.

Meadowlark is looking to help support local veterans through our skilled nursing facilities. There are currently three individuals that would like our assistance but at this time cannot be served. Orris Kelly reached out to Senator Jerry Moran by letter and his office has responded and is excited to help. They took it upon themselves to send a letter along with Meadowlark’s letter to the Veterans Administration. We are hopeful to be able to serve our veterans here at Meadowlark in the near future.

There are other changes happening at this time with (ACOs) Accountable Care Organizations. ACOs are groups of doctors, hospitals, and other health care providers, who come together to give coordinated high quality care to the Medicare patients they serve. They are set up to help ensure that patients, get the right care at the right time, with the goal of avoiding unnecessary duplication of services and preventing medical errors. Meadowlark has been patient and chose to observe the progress of this model before buying in. Overall, ACOs have largely failed so they have since been mandated. In 75 metropolitan areas across the United States, they have mandated lower extremities including knee, hip and complete joint replacement all be in a bundle or single payment plan. If the surgery goes well, the cost is lower which should mean everyone does better financially. If there are complications and the surgery does not go well, the cost is higher and everyone is penalized. When an ACO succeeds in both delivering high-quality care and spending health care dollars more wisely, it will share in the savings it achieves for the Medicare program. It has been determined that fee for services will be gone soon and by 2020 all payments will fall within one Medicare plan within the ACO model. So our Long Range Planning Committee will be looking to find a way to position ourselves with this new payment model. We want to reach out to the community to have more people using our services so we can have others using our system.

2. **Support Services Update:** Jayme Minton, Support Services Director, gave updates concerning Verna Belle’s Cafe and Prairie Star Restaurant. Jayme explained they are considering changing the hours of operation for Verna Belle’s. After reviewing the budget and sales data, staff has come to the conclusion that business on the weekends is very slow. Most specifically after 1:00 p.m. when there are no transactions happening. Jayme is proposing and wanting feedback on the option of changing Verna Belle’s weekend hours from 9:00 a.m. through 3:00 p.m. to 9:00 a.m. through 1:00 p.m. Jayme expressed more detailed information on this topic would be addressed in the Messenger soon.

Jayme also talked about the topic of specials in Prairie Star and the conversation of residents splitting them. Jayme acknowledged that people want to split the full special, but in some cases that is not always possible and the cost is inconsistent. In order to be more consistent, she is proposing to have a full special and a small special, which will be a \$2 difference and no longer do a full split special. In the situation if someone wants to split a full special, the restaurant can send an extra plate and allow the residents decide on portion sizes. Jayme also will go in more detail about all these changes, including desserts, portion sizes and buffets in a future Messenger article.

3. **Finance Committee Update:** Orris Kelly stated the finances overall within our organization are looking good.

RESIDENT COUNCIL MINUTES CONTINUED

Also, a bond refinancing is happening and will be presented to the Board. If approved, refinancing will take place through a large international organization that should help our finances as well. Lastly, Varney & Associate are performing our 401K and 403B employee benefit plans.

Approval of March Minutes:

Motion to approve minutes was moved and passed.

New Business:

1. Committee members will be introduced at Town Meeting following Council Meeting.
2. Loren Alexander will be stepping down from his Board position. An election will take place to fill his position and the nomination process will start soon.

Old Business:

1. There were no comments or changes concerning the Resident Affiliation Policy.

Additional Discussion Topics:

1. Renovations are coming along nicely on the third floor.

UPCOMING EVENTS & ANNOUN.

Acrylic Watercolor Painting for Fun

Saturday, May 8, at 9:30 a.m.

The Acrylic/Watercolor Painting for Fun group will meet at 9:30 a.m. Saturday, May 8, in the KSU Classroom. Don't forget to bring paint supplies and be ready to paint away!

All-Campus Cinco De Mayo Party

Friday, May 6, at 2 p.m.

Kicking off the All-Campus Cinco De Mayo Party, Meadowlark Hills will have a special group coming to perform for us at 1:50 p.m. Friday, May 6, in the Community Room. The after school choir from Eisenhower and Anthony Middle Schools will be singing from today's top 20, Fiddler on the Roof, a Disney medley, a school highlight song and in honor of Cinco de Mayo, a Latin sing-a-long song! Along with the performance, join the party for a sombrero contest and delicious nacho bar!

DRINK SPECIAL



**May 9 to May 14
Embassy Cocktail**

1 oz. Brandy
2 oz. Jamaican Rum
1 oz. Cointreau
1/2 oz. Lime Juice

\$3.75

BABY ANNOUNCEMENT

Welcome, Sweetie!



**Meadowlark Hills welcomes
Nick and Maleah Lundeen's new baby,
Haven Marie Lundeen
Wednesday, April 6, 2016!**

TOWN MEETING NOTES

May 2, 2016

Welcome, Monte Spiller

There were no new residents in attendance.

Campus Update, Lonnie Baker

Lonnie explained the concern we have been facing is the Senate Bill 457, which allows States to receive Medicaid Federal dollars. The bill would increase licensed bed tax in long term care facilities and use the proceeds to draw out Medicaid Federal dollars. The bill was set to expire July 1, 2016 and if the Legislature does not pass the bill, long term care facilities could possibly lose \$200,000 to \$1 million per year. After much consideration, LeadingAge Kansas has decided to advocate and fully rebase for the Senate Bill 457 to pass. The bill has passed!

Renovations in the West Tower floors, Sloan and Honstead houses are close to being completed and are looking sharp.

Board of Trustees Candidates, Sandra Emley

Sandy, Resident Council Chair, introduced the six nominees running for the Board of Trustees Representative position. The candidates, including their spouses, are:

- Bob Crawford and spouse, Yvonne
- Nyle Larson and spouse, Norma
- John Lindholm and spouse, Mildfred
- Pat Murray
- Janice Parsons
- Bob Reeves and spouse, Sue

Each nominee introduced themselves, addressed their qualifications and professions.

Community Relations Update, Sarah Duggan

Sarah introduced Dr. Matthew Floresch, Medical Director at Meadowlark Hills Medical Professionals clinic. Dr. Floresch introduced himself along with nurse practitioners, Jennifer Ellifritt and Allison Gonzalez. The Medical Professionals clinic staff has full-time provider coverage and is accepting new patients. If you would like to stop by the clinic for a meet-and-greet, appointments are available!

Sarah announced that Summerfest 2016 is set for Friday, June 3. Summerfest is an annual, free community block party for residents, staff and friends. The event includes inflatables, games, food, a beer garden and live music! Look out for invitations in the mail.

Legacy Society Award Winners, Becky Fitzgerald

Becky announced the four individuals of our community who have given over the years through excellent leadership and service. First Baptist Church will receive the Good Samaritan Award, Senior Pastor Cam McConnell will receive the Johanna Lyle Excellence of Service Award, Pam Oehme will receive the Margaret Wheat Spirit Award and the Legacy Award winner is Evelyn Hawley.

Pig Out for Parkinson's, Michelle Haub

Michelle thanked everyone who came out and supported the 4th annual Pig Out for Parkinson's at Cox Bros. BBQ. The event raised over \$1,000 dollars.

Memory Program update: Loren and Donna Alexander's daughter, from St. Louis, has donated dollars to the Meadowlark Hills Memory Program to implement the music to the Memory Program. Michelle thanked the Alexander's for the donation.

Announcements, Monte Spiller

Monte highlighted the upcoming events for the month of May. For more details and information on those events, please check the weekly Messenger.

FOUNDATION NEWS

In Honor of Those Living & Passed

April 2016

In Memory of:

*Linda Owens
Katie Myers
Nelson Love*

*Donations were made to Parkinson's
Fund, Sloan House and Good
Samaritan Fund.*

True appreciation

Submitted by Sarah Duggan

I always “appreciated” my Mom. I appreciated her cooking for me. I appreciated her paying for my activities. I appreciated her for listening to me when I need someone to talk to. I appreciated her for knowing exactly what to say when I was upset. I appreciated her support and I appreciated her hugs.

I became a mom the moment I found out I was expecting my sweet Murphy Rose. Immediately, she was my baby and I loved her. The day Murphy was born my heart grew three sizes. She makes my world brighter by just being in it. Murphy is my peace on earth.



Now I can appreciate my mom for the real stuff. I feel humbled and deeply loved when I think of how my mom sees me through her eyes. I know that she wanted to be a mom with every ounce of her being – I’m certain she wished for me every day. I know that she worked hard to keep me fed, clothed and safe. I know she made mistakes and I know they didn’t matter, but I also know that she will never forget them. I appreciate what my mom has done for me and the unconditional love she has wrapped me in, and only did I truly appreciate that when I became a mother.

I know in my heart of hearts that my mom loves me more than life itself. To my mama and to all the moms young, grown, new and seasoned – happy Mother’s Day.

SAVE THE DATE

**Saturday,
June 11, at 2
p.m.**

The
11th anniversary
of Symphony in
the Flint Hills

will be here before you know it! This year’s Symphony Signature Event will take place on private land in Chase County Saturday, June 11, 2016.

Edward Bass, a rancher with extensive interests in Texas and Kansas, will host the 11th annual event on his “South Clements Pasture.” The theme of the 2016 Signature Event is “Future of the Flint Hills.” As in past years, the Governor of Kansas will serve as honorary chair and the Kansas City Symphony will perform the sunset concert. Reserved seats and transportation have been secured. All you need are comfortable shoes and a desire to hear beautiful music in a gorgeous setting. Transportation will depart from the Village Entrance at 2 p.m., allowing some time at the concert site to enjoy the festival prior to the concert at 6:45 p.m.

SYMPHONY IN THE
FLINT  HILLS

Visit the
instrument
petting zoo,
hear a
discussion
in one of the
heritage and

culture tents, listen to strolling musicians or take a covered wagon ride. Food and beverages are available for purchase on your own.

The package price offered by Meadowlark Hills, including a ticket, reserved seat and transportation, will be \$118 per person. Register by signing up in the Blue Book. Residents, Passport members, board members and their friends and families are also welcome attend. If you’ve attended the Symphony in the Flint Hills before, you know what a delightful experience this is. If you haven’t attended previously, the signature event festival organizers have planned to celebrate the 11th anniversary promises to be a fantastic introduction.

If you have questions, please contact Monte Spiller at (785) 323-3801.

PRAIRIE★STAR RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.
Sunday, 10:30 a.m. to 7 p.m.

May 8 - May 14

Includes beverage, starter and dessert.

The restaurant can accept up to four reservation per time, depending on party size. Reservations can be made in person or by calling 323-3820.

SUNDAY	May 8 ~ Lunch \$16	Dinner \$11
	Mother's Day Lunch	Ham & Beans Corn Bread Vegetable of the Day
MONDAY	May 9 ~ Lunch \$10	Dinner \$12
	Sweet & Sour Chicken Steamed Rice Choice of Vegetable	Barbeque Chicken Au Gratin Potatoes Vegetable of the Day
TUESDAY	May 10 ~ Lunch \$8	Dinner \$11
	Fajita Bar (does not include drink, starter or dessert)	Beef Stroganoff Noodles Vegetable of the Day
WED.	May 11 ~ Lunch \$10	Dinner \$12
	Baked Ham with Balsamic Cherry Sauce Hashbrown Casserole Choice of Vegetable	Chicken Normandy Wild Rice Vegetable of the Day
THURS.	May 12 ~ Lunch \$7	Dinner \$12
	Breakfast Bar (does not include drink, starter or dessert)	Pork Tender stuffed with Swiss Chard, Sundried Tomatoes & Shallots Roasted Ranch Red Potatoes Vegetable of the Day
FRIDAY	May 13 ~ Lunch \$11	Dinner \$14
	Fried Catfish with Tartar Sauce Cole Slaw French Fries	Trout Almandine Scalloped Potatoes Vegetable of the Day
SAT.	May 14 ~ Lunch \$10	Dinner \$15
	Philly Steak Sandwich French Fries Choice of Vegetable	Steak Night Baked Potato Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Sunday, May 8 - Saturday, May 14

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 p.m. and 6 p.m., Sunday

Sunday, May 8 – The Money Pit (1986)

One couple just found their dream house. If only it would quit falling apart every five minutes!

Co-Starring: Tom Hanks, Shelley Long & Alexander Godunov

Rated PG; 1 hr. 30 min.

Monday, May 9 – Grease (1978)

John Travolta and Olivia Newton-John star in this hit musical comedy about a greaser and the good girl he falls for—much to his friends' chagrin.

Co-Starring: John Travolta, Olivia Newton-John & Stockard Channing

Rated PG; 1 hr. 50 min.

Tuesday, May 10 – The League of Extraordinary Gentlemen (2003) **Resident Request*

To prevent a world war from breaking out, famous characters from Victorian literature band together to do battle against a cunning villain.

Co-Starring: Sean Connery, Stuart Townsend & Peta Wilson

Rated PG-13; 1 hr. 50 min.

Wednesday, May 11 – Return to Snowy River (1988)

In this sequel to The Man From Snowy River, frontiersman Jim Craig returns to the Australian highlands after a three-year absence to find the girl he left behind. However, he's made an enemy in her father and a rival in an arrogant banker's son.

Co-Starring: Tom Burlinson, Sigrid Thornton & Brian Dennehy

Rated PG; 1 hr. 39 min.

Thursday, May 12 – An Affair to Remember (1957)

Although each is already engaged to another, Nickie Ferrante (Cary Grant) and Terry McKay (Deborah Kerr) meet on an ocean liner and fall in love.

Co-Starring: Cary Grant, Deborah Kerr & Richard Denning

Rated TV-PG; 1 hr. 54 min.

Friday, May 13 – Spotlight (2015) **Resident Request*

Revealing a string of cover-ups stretching back decades, a team of "Boston Globe" reporters exposes the Catholic Archdiocese's history of keeping reports about child molestation and other priest-initiated abuse under wraps.

Co-Starring: Mark Ruffalo, Michael Keaton & Rachel McAdams

Rated R for some language including sexual references; 2 hrs. 9 min.

Saturday, May 14 – The Wedding Planner (2001)

Wedding planner Mary Fiore is saved from an accident by the man of her dreams—only to discover that he happens to be her latest client's fiancé.

Co-Starring: Jennifer Lopez, Matthew McConaughey & Bridgette Wilson-Sampras

Rated PG-13; 1 hr. 43 min.

This Week's Opportunities May 8 - May 14

SUNDAY • MAY 8

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Miller Worship Service, MFR
10:00 a.m. ~ Worship Service, CR
11:30 & 1:30 ~ Mother's Day Brunch, PS
2:00 p.m. ~ Wroten Worship Service, WL
2:30 p.m. ~ Pond Ride, VE
7:00 p.m. ~ Vespers, Rev. John Parsley, CR

MONDAY • MAY 9

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy
Dental Hygiene Clinic (By Appointment Only), Miller Spa

8:30 a.m. ~ Dental Hygiene Clinic, MS
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Pond Ride, VE
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
11:30 a.m. ~ Meadowlark Valley Luncheon, LR
12:00 p.m. ~ 1st Pres. Men's Luncheon, MR
12:00 p.m. ~ Beginner Tai Chi, CR
12:00 p.m. ~ Yoga, KSU CL
1:00 p.m. ~ Wellness Olympiad Balance Test, KSU CL
1:00 p.m. ~ Blood Pressure Clinic, GR
1:00 p.m. ~ Hearing Aid Doctor, CON
1:10 p.m. ~ Meditation Group, TR
1:15 p.m. ~ Parkinson's Exercise Class, CR
1:30 p.m. ~ Ladies Pool Table Time, BP
2:30 p.m. ~ Pond Ride, VE
3:00 p.m. ~ MLH Singers Practice, CR
5:30 p.m. ~ AAUW Dinner & Auction, CR
7:00 p.m. ~ Community Bingo, LR

TUESDAY • MAY 10

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

10:00 a.m. ~ Pond Ride, VE
10:30 a.m. ~ Steady Yourself, CR
10:30 a.m. ~ Reality Check, TR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Seven Dolors Book Discussion, LR
1:00 p.m. ~ Tai Chi, CR
2:30 p.m. ~ Pond Ride, VE
3:00 p.m. ~ Coffee Corner, CR
4:00 p.m. ~ Newspaper & Bible, LR
5:30 p.m. ~ 4th Floor Supper, MR

WEDNESDAY • MAY 11

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

9:00 a.m. ~ Building and Grounds Meeting, LR
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Pond Ride, VE
10:00 a.m. ~ Walmart/Dillons Shopping Trip, VE
10:00 a.m. ~ Worship Service, LR
10:00 a.m. ~ Memory Activities Class, KSU CL
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
12:00 p.m. ~ 2nd Men's Club Luncheon, LR
12:00 p.m. ~ Yoga, KSU CL
12:00 p.m. ~ Beginner Tai Chi, CR

1:00 p.m. ~ Wellness Olympiad Group Walk, VE
1:10 p.m. ~ Meditation Group, TR
1:30 p.m. ~ Collins Worship Service, CH
1:30 p.m. ~ Pitch, GR
2:00 p.m. ~ Fitness/Nutrition Seminar, KSU CL
2:30 p.m. ~ Pond Ride, VE
3:00 p.m. ~ Call Hall Ice Cream, KR
3:00 p.m. ~ Fit 2 Fight PD, CR
4:00 p.m. ~ Video Worship Service, LR
6:30 p.m. ~ Artist Discussion with the Beach Museum of Art, KSU CL

THURSDAY • MAY 12

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

9:00 a.m. ~ Messenger Ladies, CON
10:00 a.m. ~ Meadowlark Bible Study, CON
10:00 a.m. ~ Great Decisions, LR
10:00 a.m. ~ Pond Ride, VE
10:00 a.m. ~ Resident Focus Group, KSU CL
10:30 a.m. ~ Steady Yourself, CR
11:15 a.m. ~ Chair Yoga, CR
12:00 p.m. ~ Manhatters Ladies Tour & Lunch, VE
1:00 p.m. ~ Blood Pressure Clinic, GR
2:30 p.m. ~ Pond Ride, VE
4:00 p.m. ~ Wellness Olympiad Group Walk, VE
7:00 p.m. ~ IL Bingo, CR

FRIDAY • MAY 13

Breakfast at Verna Belle's—Waffle or Pancake

8:00 to 5:00 ~ Wellness Olympiad Brain Teasers, VE
9:30 a.m. ~ Seated Strength, CR
10:00 a.m. ~ Pond Ride, VE
10:20 a.m. ~ Weights 101, CR
11:00 a.m. ~ Sit & Be Fit, CR
1:00 p.m. ~ Hand & Foot Card Games, GR
1:15 p.m. ~ Parkinson's Exercise Class, CR
1:15 p.m. ~ Parkinson's Care Partners Support Group, LR
2:30 p.m. ~ Pond Ride, VE
7:00 p.m. ~ Resident Program: KSU Anthropology Students' Film Festival CR

SATURDAY • MAY 14

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Fit 2 Fight PD, CR
9:30 a.m. ~ Painting for Fun, KSU CL
10:00 a.m. ~ Pond Ride, VE
1:00 p.m. ~ Ms. Emily's Music Recital, CR
2:30 p.m. ~ Pond Ride, VE

ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
FC, Fitness Center	MS, Miller Spa
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library