



# Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

April 28, 2016

## Kentucky Derby & Mother's Day Lunch

### Kentucky Derby

**Saturday, May 7, at 4 p.m.**

And they're off! Meadowlark Hills is celebrating the Kentucky Derby in true country style! Whether you watch "The Most Exciting Two Minutes in Sports" every year or you're a Derby Novice, you are welcome to join us in the Community Room at 4 p.m. Saturday, May 7!

Along with watching the race and all that leads up to it you will be able to enjoy a delicious family-style dinner, a complimentary mint julep, and compete in a 'Best Hat' contest for a chance to win a bottle of 14 Hands wine – the official wine of the Kentucky Derby! This event will be \$16 per person and sign-ups are in the Blue Book at the Hospitality Desk.

### Mother's Day

**Sunday, May 8, 11:30 a.m. & 1:30 p.m.**

It's that time of the year where we thank all of the mothers for everything they do! All are welcome at Meadowlark Hills' Mother's Day Lunch in Prairie Star Restaurant on Sunday, May 8. This plated meal, cooked by our very talented Head Chef John Gasser, will be the perfect Mother's Day treat.

There will be two seatings for this special meal, 11:30 a.m. and 1:30 p.m., so you can choose whichever time works best for your schedule. Each group that attends this lunch will be able to take home a complimentary Mother's Day vase with fresh daisies! The full menu and reservation book are available at Prairie Star Restaurant. Make sure to save your place before all of the spots are filled up!



## Kentucky Derby

Saturday, May 7  
4 p.m. in the Community Room  
\$16 per person

### *Hors d'oeuvres*

Mini Biscuits with Smoked Ham Salad  
Bourbon Balls  
Baby Hot Browns  
Fresh Vegetable Tray with White Bean Dip

### *Salad*

Wilted Swiss Chard & Spinach Salad

### *Family-Style Entrée*

Pan Fried Chicken  
Smoked Ham  
Corn Pudding  
Collard Green with Ham Hocks  
Country Biscuits  
Grits with Red Eye Gravy

### *Dessert*

Derby Pie



## UPCOMING EVENTS & ANNOUNCEMENTS

### American Song

**Friday, April 29, at 7 p.m.**

Kansas State University's vocal students of Cheryl Richt will be performing American Song selections including works by Ned Rorem, John Duke, George Gershwin and Steven Sondheim. The performance will start at 7 p.m. Friday, April 29, in the Community Room.

### April All-Campus Party

**Friday, April 29, at 2 p.m.**

Join us on the Prairie Star Patio for the April All-Campus Party at 2 p.m. Friday, April 29. Activities will include a hat decorating contest, in which you can submit pre-decorated hats, music and spring inspired snacks! In case of inclement weather, the party will be moved into the Community Room. See you all there!

### Memory Luncheon

**Wednesday, May 4, at 11 a.m.**

Memory Luncheon is for those with memory changes and those caring for individuals with memory/cognition changes are welcome to attend this monthly informal luncheon immediately after the MAC and Care Partner Support Group at 11 a.m. Wednesday, May 4, in the Living Room.

### Jokes of the Week

What do you give a lemon in distress?  
Lemonade.

What is a tree's favorite drink?  
Rootbeer.

### Meadowlark Hills Wellness Olympiad Update

We are in Week Three of the Olympiad! Be sure you are tracking all physical activity and turn in your sheet by next Tuesday, May 3, at 5 p.m. Tracking sheets can be turned in at the Hospitality Desk or the Caul Fitness Center.

**Today, April 28**, will be our **Free Throw Challenge** in the **Community Room** and a **Group Walk**, meeting at the **Village Entrance**. Both events will kick off at **4 p.m.**, so you can choose which one to complete first, but there will be plenty of time for both.

**Monday, May 2**, will be our **Nail Biter Challenge** from **12 to 2 p.m.** in the **West Conference Room**, with each team signing up for a five-minute slot in that time frame. The sign up sheet for the challenge is in the Blue Book located at the Hospitality Desk, be sure to reserve your team's starting time! Each team that competes will earn one point for participating, ten points if they complete the challenge and twenty points if they complete the challenge in the fastest time.

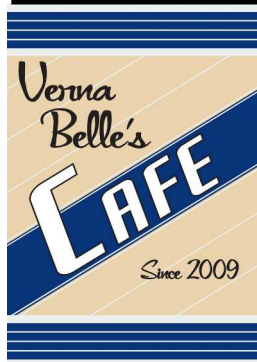
The **Arm Curl Test** will be from **2 to 3:30 p.m. Tuesday, May 3**, in the **KSU Classroom**. Participants will test how many arm curls they can complete in 30 seconds, with one point being awarded per repetition.

**Group Walks** will be **Wednesday, May 4, at 1 p.m.** and **Thursday, May 5, at 4 p.m.**, meeting at the Village Entrance. The fitness seminar will be at 2 p.m. Wednesday, May 4, in the KSU Classroom discussing physical activity and aging.

## Lunch Specials

**May 1 – May 7**

Hours: Monday–Friday, 8 a.m. to 5 p.m.  
Saturday–Sunday, 9 a.m. to 3 pm.



Sunday, May 1 - Chicken Salad Sandwich with Soup or Chips	\$3.75/\$5.50
Monday, May 2 - Steak Fajita Quesadilla with Mexican Rice	\$3.75/\$5.50
Tuesday, May 3 - Triple Meat Pizza	\$3.75/\$5.50
Wednesday, May 4 - Cuban with Fruit Salad	\$3.75/\$5.50
Thursday, May 5- Avocado BLT with Potato Salad	\$3.75/\$5.50
Friday, May 6 - Grilled Chicken Sandwich with Broccoli Salad	\$5.50
Saturday, May 7 - Ham Salad Sandwich with Soup or Chips	\$3.75/\$5.50

## UPCOMING EVENTS & ANNOUNCEMENTS

### Meadowlark Hills Singers Performance

**Friday, May 6, at 7 p.m.**

Mark your calendars! The Meadowlark Hills Singers Spring Concert is at 7 p.m. Friday, May 6, in the Community Room! The Singers are directed by Michael Oldfather accompanied by Audrey Pickering on piano and cello, Melissa Pickering on piano and Patty Brown-Barnett on flute.

The Singers will be performing a beautiful selection of many familiar songs, including those in the list below:

- “And So I Sing,” Paul Laurence Dunbar & Linda Spevacek
- “Amazing Grace,” John Newton, traditional, arr. Dana Mengel
- “Waitin’ for the Light to Shine,” Roger Miller, arr. Mark A. Brymer
- “The Colors of My Life,” Cy Coleman & Michael Stewart, arr. John Leavitt

Come out on Friday for an enjoyable evening of song!

### Bergman Elementary’s Choir Performance

**Tuesday, May 3, at 1:15 p.m.**

Meadowlark Hills will have a group of students from Bergman Elementary, the “Bam Bergman Musicians,” singing songs from Disney Movies, Grease and incorporating sign language into their performances. They will be performing at 1:15 p.m. in the Community Room, with Coffee Corner following shortly after at 3 p.m.

### Vespers Services

**Sunday, May 1, at 7 p.m.**

The Vespers service, led by Reverend John Parsley from First Baptist Church, will be at 7 p.m. Sunday, May 1, in the Community Room. All are welcome.

### All-Campus Cinco De Mayo Party

**Friday, May 6, at 2 p.m.**

Kicking off the All-Campus Cinco De Mayo Party, Meadowlark Hills will have a special group coming to perform for us at 1:50 p.m. Friday, May 6, in the Community Room. The after school choir from Eisenhower and Anthony Middle Schools will be singing from today’s top 20, Fiddler on the Roof, a Disney medley, a school highlight, song and in honor of Cinco de Mayo, a Latin sing-a-long song! Along with the performance, join the party for a sombrero contest and delicious nacho bar!



### Meadowlark Hills Travelers Meeting

**Friday, April 29, at 11 a.m.**

May is only a couple weeks away, which means the Kansas City adventure is fast approaching! A Meadowlark Hills Travelers meeting is planned for 11 a.m. Friday, April 29, in the Living Room.

A deposit of \$100 was required with your registrations. The remaining balance — \$295 per person if sharing a room, \$445 for singles — is due by **Friday, May 6**. Cash, check or credit card is accepted; residents are also welcome to add this fee to their May statements. We look forward to seeing everyone at the meeting!

### Memory Care Partner Support Group

**Wednesday, May 4, at 10 a.m.**

Memory Care Partner Support Group is a group discussion that relates to challenges of a caregiver and ways to cope with the daily struggles of providing full time care to a loved one with memory and/or cognitive changes. This group will meet from 10 to 11 a.m. in the Tranquility Room (coincides with MAC).

### Pond Rides Postponed

Pond rides are postponed until further notice due to the heavy rain that has caused ruts in the path to Bayer Pond. However, golf cart rides will continue but will only ride around campus until the path to the pond is in better condition.

## LETTER TO THE MESSENGER

### Many Thanks!

*Submitted by Wilma Hafenstein*

Many thanks for all the good wishes and cards to all dear friends who sent them for my birthday. It made my day very happy and special.

**DRINK SPECIAL**



**May 2 to May 7  
Peach May**

1 oz. Banana Liqueur  
2 oz. Peach Schnapps  
2 oz. Apple Juice  
1 oz. Pineapple Juice  
1 oz. Lemon Lime Soda

**\$3.75**



## ASK SARAH

### Let's Pig Out!

*Submitted by Sarah Duggan*

Today is the day! It's time to Pig Out for Parkinson's at Cox Bros. BBQ to support the Meadowlark Hills Parkinson's Program. Join us as we raise awareness for Parkinson's disease (PD).

Michelle Haub, Parkinson's Program Leader, and the members of our Parkinson's Core Team will be available from 11 a.m. to 2 p.m. and 4:30 to 9 p.m. to educate people who stop by about PD and the services offered by the Parkinson's Program. Cox Bros. will donate 10 percent of the sales from this day to the program.



Wait...there's more! K-State Head Football Coach Bill Snyder will be present at lunch to sign autographs and take pictures. With a minimum donation of \$10 to the Parkinson's Program, you will receive a bottle of Cox Bros. BBQ sauce signed by Coach Snyder.

The Parkinson's Program is growing, not only are there opportunities on-campus at Meadowlark Hills, but a little over a year ago, Michelle started a YOPD group that meets monthly for those individuals diagnosed with PD at the age of 55 or younger. The Parkinson's Program as a whole plays an important part of keeping the whole person well after receiving the PD diagnosis.

See you today piggin' out at Cox Bros. BBQ and thanks (in advance!) for stopping by!

## GROW GREEN MATCH DAY 2016

### Meadowlark Hills Foundation's endowed fund gets a big boost!

*Submitted by Becky Fitzgerald*

The Greater Manhattan Community Foundation's expectation of surpassing last year's giving total on Grow Green Match Day was realized several hours prior to the end of the day, with 47 gifts benefitting Meadowlark Hills Foundation. According to the event website, [GrowGreenManhattan.com](http://GrowGreenManhattan.com), 1653 donations totaling \$288,519.78 will support 46 organizations which have an endowment fund with GMCF. Local businessman and former Meadowlark Hills board member Phil Howe again agreed to provide matching funds, so each organization's donation total will be increased by 50%. The fourth annual event was held on Earth Day, April 22, at Colony Square Atrium.

For Meadowlark Hills Foundation, the amount given last Friday and our number of donors jumped dramatically from 2015, our first year to participate. Our donations totaled \$10,571, compared to \$5,275 given by 21 supporters last year. The matching fund total is expected to be about \$5,286, but it was unknown at publishing time if all 47 donations qualified for matching funds. (Individual donations had to be at least \$25 to receive the 50% match.)

In addition, donors who attended the event, or who had someone submit a donation on his or her behalf, registered to win an hourly cash prize to support the organization of the donor's choice. Meadowlark Hills



[Above:] Marla Bugbee, Mary Ann McCoy and Sue Hunt joined Becky Fitzgerald, Development Director, at Grow Green Match Day headquarters.

resident Carol Hoerman's name was drawn at 5 p.m., so \$100 was added to our donations. Our grand total is expected to be nearly **\$16,000!**

The day of the event, participating organizations could track their progress on the Match Day website. With all of the donations counted, Meadowlark Hills Foundation placed 7<sup>th</sup> among the 46 organizations/funds in terms of the amount raised. (We placed 16<sup>th</sup> last year.) Shepherd's Crossing, an ecumenical ministry which offers budget counseling and financial support, topped all participating agencies in number of donors and amount raised at \$27,238.50. Homecare and Hospice placed second with gifts totaling

\$23,173.96.

Leading up to Match Day, Grow Green Bingo, featuring celebrity callers and a variety of different prizes, was held on the first three Thursdays of April. Cash and checks collected at those sessions were held to be submitted at Colony Square last Friday. It's estimated that nearly \$1000 was given by bingo players, some of whom aren't included in the donor total. Cash gifts less than \$25 were combined and submitted by Marla Bugbee on behalf of the Meadowlark Hills Bingo Committee.

Thank you to everyone who made our green grow so significantly! Your generosity helps ensure our organization's success. Please note that GMCF is sending gift receipts to Match Day donors.

# May BIRTHDAYS

## Residents

### Health Care

5/1	Louise Area
5/3	Phyllis Eyestone
5/13	Margaret Shearer
5/15	Daniel Fung
5/21	Harold Brown
<b>5/22</b>	<b>Eleanor Collier</b>
5/22	Doris Gaul
5/22	Lillian Rothfuss
5/22	Ramona Woodhouse
5/30	Barbara Higham

***Bold denotes milestone  
birthday of 80, 90, 100 or 100+***

### Assisted Living

5/8	Dave Schoneweis
5/26	Betty Calhoun
5/28	Jody Sondergard

### Independent Living

5/3	Barbara Engelhardt
5/11	Jim Shanteau
5/11	Max Brecheisen
5/12	Lawrence Buatte
5/14	Sharon Smith
5/15	Mary Jo Griffith
5/15	Doris Phillips
5/15	Jack Watson
5/16	Nathan Bolls
5/16	Sam Farmer
5/19	Frances Holcombe
5/20	Ellen Hoover
<b>5/22</b>	<b>Martha Bloom</b>
5/22	Mary Smith
5/26	Marla Bugbee
5/26	Sheldon Edelman
5/29	Nancy Kopp

## Employees

5/2	Charla Spillman	5/14	Shana Carradine
5/2	Taylor Uhl	5/14	Jackye Branscum
5/3	Vanessa Leach	5/17	Cheyenne Strunk
5/3	Sam Smith	5/19	Alyssa Chabrier
5/5	Emily Jimenez	5/20	Alexis Romero
5/5	Alyssa Lamb	5/20	Max Braasch
5/6	Andria Anderson	5/20	Cody Cumro
5/7	Daveda Johnston	5/21	Marsha Miller
5/7	Michelle Lehmer	5/21	Kelsey Olberding
5/7	Nick Haverkamp	5/21	Kitrina Miller
5/8	Chelsey Hester	5/22	Amanda Haug
5/9	Katie Gray	5/23	Brad Olson
5/11	Jordan Minto	5/24	Annecia Hathaway-Monk
5/11	Robin Irvin	5/25	Jeff Heidbreder
5/11	Rod Anderson	5/25	Mackenzie Reynolds
5/12	Bonnie Gilligan	5/26	Amy Bise
5/12	Katrina Leisner	5/26	Ken Hager
5/12	Janelle Cumro-Sultzer	5/27	Crystal Nalley
5/14	Abi Lechtenberg	5/29	Alex Robison
5/14	Tanner Boggs	5/30	Cheyenne Helms

# PRAIRIE STAR RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.  
Sunday, 10:30 a.m. to 7 p.m.

## May 1 - May 7

Includes beverage, starter and dessert.

The restaurant can accept up to four reservations per time, depending on party size. Reservations can be made in person or by calling 323-3820.

SUNDAY	May 1 ~ Lunch \$10	Dinner \$11
	Fried Chicken Mashed Potatoes with Gravy Vegetable of the Day	Chili Cornbread Vegetable of the Day
MONDAY	May 2 ~ Lunch \$10	Dinner \$12
	Breaded Pork Cutlet Sandwich French Fries Coleslaw	Chicken & Spinach Ricotta Manicotti Garlic Toast Vegetable of the Day
TUESDAY	May 3 ~ Lunch \$7	Dinner \$13
	Taco Bar (does not include drink, starter or dessert)	Pot Roast with Celery, Carrots & Onions Mashed Potatoes Vegetable of the Day
WED.	May 4 ~ Lunch \$9	Dinner \$12
	Shepherds Pie Choice of Vegetable	Pork Tenderloin Piccata Lemon Couscous Vegetable of the Day
THURS.	May 5 ~ Lunch \$7	Dinner \$12
	Baked Potato & Sweet Potato Bar (does not include drink, starter or dessert)	Chicken Enchilada Black Beans Mexican Rice Sopapilla
FRIDAY	May 6 ~ Lunch \$10	Dinner \$14
	Brisket Sliders Coleslaw French Fries	Shrimp Scampi Linguini Vegetable of the Day
SAT.	May 7 ~ Lunch \$10	Dinner \$14
	Hot Brown Sandwich Choice of Vegetable	Coconut Shrimp Baked Potato Vegetable of the Day

\*You may substitute an extra vegetable for the starch on any special for no additional charge.

**Grosh Cinema Movies**  
**Sunday, May 1 - Saturday, May 7**

**Show Times: 1, 4 and 7 p.m., Monday – Saturday**  
**2 p.m. and 6 p.m., Sunday**

**Sunday, May 1 – 23 Blast (2014)**

He has lost his sight, his girlfriend, his dreams for the future. But he hasn't lost an ounce of courage.

**Co-Starring: Mark Hapka, Bram Hoover & Stephen Lang**

**Rated PG-13; 1 hr. 38 min.**

**Monday, May 2 – Up Close & Personal (1996) \*Resident Request**

Michelle Pfeiffer stars as ambitious reporter Tally Atwater, who aspires to make it to the top in television news. Along the way, she meets veteran newsman Warren Justice, who gives her a shot at her dream job—and a chance at love.

**Co-Starring: Robert Redford, Michelle Pfeiffer & Stockard Channing**

**Rated PG-13; 2 hrs. 4 min.**

**Tuesday, May 3 – Good Night, and Good Luck (2005) \*Resident Request**

Veteran television newsman Edward R. Murrow faces off against Sen. Joseph McCarthy and his crusade to quell the threat of communism in America.

**Co-Starring: David Strathairn, George Clooney & Patricia Clarkson**

**Rated PG; 1 hr. 33 min.**

**Wednesday, May 4 – The Perfect Storm (2000)**

Desperate fishermen on a last-ditch run. A massive tempest brewing in their path. It's an epic battle of man vs. nature.

**Co-Starring: George Clooney, Mark Wahlberg & Diane Lane**

**Rated PG-13; 2 hrs. 9 min.**

**Thursday, May 5 – Roberta (1935) \*Resident Request**

Parisian couturier and deposed Russian princess Stephanie has her hands full when half her business is bequeathed to American footballer John Kent. Kent knows nothing about fashion, but sparks fly as the two try to learn to run a company together.

**Co-Starring: Irene Dunne, Fred Astaire & Ginger Rogers**

**Not Rated; 1 hr. 46 min.**

**Friday, May 6 – Her (2013) \*Resident Request**

Love comes to a lonely writer in the sleekest of packages when he finds himself falling for the advanced operating system he bought to run his life.

**Co-Starring: Joaquin Phoenix, Amy Adams & Scarlett Johansson**

**Rated R for language, sexual content, and brief graphic nudity; 2 hrs. 6 min.**

**Saturday, May 7 – The Boy in the Striped Pajamas (2008) \*Resident Request**

When his family moved from Berlin to Poland, a young boy befriends a boy who lives on the other side of the fence, unaware that he's a Jewish prisoner.

**Co-Starring: Asa Butterfield, David Thewlis & Rupert Friend**

**Rated PG-13; 1 hr. 33 min.**

# This Week's Opportunities May 1 - May 7

## SUNDAY • MAY 1

*Breakfast at Verna Belle's—Omelets with Fruit*

9:00 a.m. ~ Miller Worship Service, MFR  
10:00 a.m. ~ Worship Service, CR  
2:00 p.m. ~ Wroten Worship Service, WL  
2:30 p.m. ~ Golf Cart Ride, VE  
7:00 p.m. ~ Vespers, Rev. John Parsley, CR

## MONDAY • MAY 2

*Trash pick-up day*

*Breakfast at Verna Belle's—Biscuits & Sausage Gravy*

*Dental Hygiene Clinic (By Appointment Only), Miller Spa*

8:30 a.m. ~ Dental Hygiene Clinic, MS  
8:30 a.m. ~ Resident Council, KSU CL  
9:30 a.m. ~ Town Meeting, CR  
10:00 a.m. ~ Golf Cart Ride, VE  
11:00 a.m. ~ Sit & Be Fit, CR  
11:00 a.m. ~ St. Luke's Communion, LR  
12:00 p.m. ~ Beginner Tai Chi, CR  
12:00 p.m. ~ Weights 101, CR  
12:00 p.m. ~ Wellness Olympiad Nail Biter Challenge, CON  
12:00 p.m. ~ Yoga, KSU CL  
1:00 p.m. ~ Blood Pressure Clinic, GR  
1:10 p.m. ~ Meditation Group, TR  
1:15 p.m. ~ Parkinson's Exercise Class, CR  
1:30 p.m. ~ Ladies Pool Table Time, BP  
2:15 p.m. ~ Parkinson's Voice Class, KSU CL  
2:30 p.m. ~ Golf Cart Ride, VE  
3:00 p.m. ~ MLH Singers Practice, CR  
5:30 p.m. ~ Tuttle Creek Supper, MR  
7:00 p.m. ~ Community Bingo, CR

## TUESDAY • MAY 3

*Breakfast at Verna Belle's—Breakfast Sandwich with Fruit*

7:30 a.m. ~ 1st Pres. Men's Bible Study, LR  
10:00 a.m. ~ Golf Cart Ride, VE  
10:30 a.m. ~ Steady Yourself, CR  
10:30 a.m. ~ Reality Check, TR  
11:15 a.m. ~ Chair Yoga, CR  
12:00 p.m. ~ Kimball Luncheon, MR  
12:00 p.m. ~ Seven Dolors Book Discussion, LR  
1:00 p.m. ~ Tai Chi, KSU CL  
1:15 p.m. ~ Bergman Elementary Choir Performance, CR  
2:00 p.m. ~ Wellness Olympiad Arm Curl Test, KSU CL  
2:00 p.m. ~ Writing Group, LR  
2:30 p.m. ~ Golf Cart Ride, VE  
3:00 p.m. ~ Coffee Corner, CR  
4:00 p.m. ~ Newspaper & Bible, LR

## WEDNESDAY • MAY 4

*Breakfast at Verna Belle's—Breakfast Burrito with Fruit*

9:00 a.m. ~ New Perspectives, KR  
9:30 a.m. ~ Seated Strength, CR  
10:00 a.m. ~ Golf Cart Ride, VE  
10:00 a.m. ~ Memory Care Partners Support Group, TR  
10:00 a.m. ~ Worship Service led by First United Methodist Church, LR  
10:00 a.m. ~ Memory Activities Class, KSU CL  
10:20 a.m. ~ Weights 101, CR  
11:00 a.m. ~ Sit & Be Fit, CR  
11:00 a.m. ~ Memory Luncheon, LR

11:30 a.m. ~ 1st Men's Club Luncheon, MR  
12:00 p.m. ~ Yoga, KSU CL  
12:00 p.m. ~ Beginner Tai Chi, CR  
1:00 p.m. ~ Wellness Olympiad Group Walk, VE  
1:10 p.m. ~ Meditation Group, TR  
1:15 p.m. ~ Dr. Tran's Foot Clinic, CR  
1:30 p.m. ~ Pitch, GR  
2:00 p.m. ~ Fitness/Nutrition Seminar, KSU CL  
2:30 p.m. ~ Gold Cart Ride, VE  
3:00 p.m. ~ Call Hall Ice Cream, KR  
3:00 p.m. ~ Fit 2 Fight PD, KSU CL

## THURSDAY • MAY 5

*Breakfast at Verna Belle's—Biscuits & Sausage Gravy*

9:00 a.m. ~ Messenger Ladies, CON  
10:00 a.m. ~ Meadowlark Bible Study, LR  
10:00 a.m. ~ Pond Ride, VE  
10:30 a.m. ~ Steady Yourself, CR  
11:15 a.m. ~ Chair Yoga, CR  
1:00 p.m. ~ Blood Pressure Clinic, GR  
2:00 p.m. ~ Parkinson's Education Group, CR  
2:30 p.m. ~ Golf Cart Ride, VE  
4:00 p.m. ~ Wellness Olympiad Group Walk, VE  
5:30 p.m. ~ Meadowlark Circle Supper, MR  
7:00 p.m. ~ IL Bingo, CR

## FRIDAY • MAY 6

*Breakfast at Verna Belle's—Waffle or Pancake*

9:30 a.m. ~ Seated Strength, CR  
9:30 a.m. ~ Art Committee, LR  
10:00 a.m. ~ Pond Ride, VE  
10:20 a.m. ~ Weights 101, CR  
11:00 a.m. ~ Sit & Be Fit, CR  
12:30 p.m. ~ Mending Angel, GR  
1:00 p.m. ~ Hand & Foot Card Games, GR  
1:15 p.m. ~ Parkinson's Exercise Class, KSU CL  
1:50 p.m. ~ Kick Off to Cinco De Mayo Performance, CR  
2:00 p.m. ~ All-Campus Cinco de Mayo Party, CR  
2:30 p.m. ~ Golf Cart Ride, VE  
3:30 p.m. ~ Catholic Mass, KSU CL  
7:00 p.m. ~ Resident Program: MLH Singers Spring Concert, CR

## SATURDAY • MAY 7

*Breakfast at Verna Belle's—Omelets with Fruit*

9:00 a.m. ~ Fit 2 Fight PD, CR  
9:30 a.m. ~ Painting for Fun, KSU CL  
10:00 a.m. ~ Golf Cart Ride, VE  
2:30 p.m. ~ Gold Cart Ride, VE  
4:00 p.m. ~ Kentucky Derby Party, CR

## ROOM ABBREVIATIONS

BP, Billiards Parlor	LB, Library
CH, Collins House	LR, Living Room
CR, Community Room	MFR, Miller Friendship Rm
CON, Conference Room	MR, Manhattan Room
FC, Fitness Center	MS, Miller Spa
GR, Game Room	PS, Prairie Star Restaurant
GC, Grosh Cinema	TR, Tranquility Room
KR, Kansas Room (Pub)	VE, Village Entrance
KSU CL, KSU Classroom	WL, Wroten Library