



Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

Feb. 5, 2015

Visit the Weaver Hotel

Sign up for a day trip to Waterville

Climb aboard as we visit Waterville, Kan. for the day! Tuesday, Feb. 24, we'll tour the Weaver Hotel, Depot Museum and browse Anntie M's Attic.

The Weaver Hotel was built in 1905 and sits directly across the street from the railroad tracks. Passengers waited for their train in the front parlor of the hotel, found lodging upstairs, ate in the dining room, and stepped across the street for performances in the Opera House. Railroad crews also stayed at the Weaver; first the workers building the railroad further west, and then the regular train crews. In the early years, drummers (traveling salesmen) arrived on the train and stayed at the Weaver Hotel.

A landmark of railroad history, the Weaver Hotel is also a symbol of the partnership between local commerce and the transportation industry. It came into being because of the railroad and lives again as a railroad history preserved in Waterville. After sitting quietly empty for years, the Waterville Preservation Society purchased the building and set out to save a piece of the community's history. With the help of two grants and the hard work of many concerned citizens, the Weaver Hotel has been given a new face-lift inside and out and is ready for your visit. The facility hosts 10 lodging rooms, two party rooms, a visitor center with gift shop, and a 4-floor elevator.

The bus will depart from the Village Entrance for Waterville at 10 a.m. Tuesday, Feb. 24. The group will go on a tour of the Weaver Hotel upon arriving to Waterville, then have lunch at the hotel. The lunch menu includes: chicken fettuccine alfredo, a green salad, garlic bread and a brownie sundae with Call Hall Ice Cream. After lunch, we'll tour the Depot Museum across the street then end our visit with a trip to Anntie M's Attic, a large collection of women's vintage hats,

clothing and accessories from 1870's to the 1980's. The group plans to return to Meadowlark Hills around 3 p.m.

Please sign up in the Blue Book at the Hospitality Desk if you would like to come along. The cost for the trip is \$30 and includes lunch (gratuity and tax), all tours and transportation. Please contact Sarah Duggan at (785) 323-3860 with questions.



All-Campus Valentine's Day Party

Let's celebrate the day of love with a party and surrounded by good company. Please join Stolzer House at the campus-wide Valentine's Day party at 2:30 p.m. Wednesday, Feb. 11, in the Community Room.

The a cappella group, Manhattan Music Machine, will put on a special performance during the party. Stop by to enjoy some heartfelt music, Valentine's Day inspired treats and fellowship.



Thank you for your continued support of the MLH Foundation and its mission.

*The Meadowlark Hills Messenger is proudly sponsored by **The Trust Company**.*

UPCOMING EVENTS & ANNOUNCEMENTS

Not-So-Newlywed Game

Four couples will be competing in the Not-So-Newlywed Game! Residents, Nyle and Normal Larson and Orris and Charlotte Kelly, and staff members, Michael and Kristin Bribesca and Shawn and Stefanie Morris, were the top nominations.

The Not-So-Newlywed Game will start at 7 p.m. Friday, Feb. 6, in the Community Room. Come and watch the nominated couples compete - this is one Friday Night Program you won't want to miss!

Ash Wednesday Service

submitted by Chaplain Patty Brown-Barnett:

The Season of Lent begins early this year, with Ash Wednesday falling on Feb. 18. Meadowlark Hills will be offering two worship services on that day. The first service, offered at 10 a.m. in the KSU Classroom is not an Ash Wednesday service, just a regularly scheduled service. Pastor Dennis Ulrey from Manhattan Baptist Church, will be our preacher.

There will also be an Ash Wednesday Service in the Community Room at 2 p.m., led by Chaplain Patty Brown-Barnett and assisted by Retired Chaplain Orris Kelly. Everyone is welcome to participate, and receiving ashes is always optional.

Art Discussion with the Beach

Join Kim Richards from the Beach Museum of Art at 6:30 p.m. Wednesday, Feb. 11., in the KSU Classroom to learn about Dante Gabriel Rossetti a painter, designer, writer and translator in the 1800s.

Vespers Services

The Vespers service, led by the Rev. Cam McConnell, will begin at 7 p.m. Sunday, Feb. 8, in the Community Room. All are welcome.

Red Hatters Luncheon, Feb. 12

Manhattans, come celebrate Presidents' Day by munching on past president's favorite foods and taking part in a presidential quiz.

Festivities begin at 12:30 p.m. Thursday, Feb. 12, in the Manhattan Room. Hostesses will be Alice Roper and Alice Nichols. Be sure to sign up in the Blue Book.

Messenger Delivery

An additional person is needed to deliver Messengers on Thursday mornings to the Valley Road duplexes. If you are interested in helping, contact Sarah Duggan at 323-3860.



Lunch Specials Feb. 8 - 14

Sunday, Feb. 8 – Shepherd's Pie with Soup or Chips	\$5.50
Monday, Feb. 9 – Buffalo Chicken Pizza	\$3.75/\$5.50
Tuesday, Feb. 10 – Chili with Cinnamon Rolls	\$3.75/\$5.50
Wednesday, Feb. 11 – Quesadilla	
Cheese	\$3.00
Chicken	\$4.00
Steak	\$5.00
Thursday, Feb. 12 – Grilled Ham and Cheese with Soup or Chips	\$3.75/\$5.50
Friday, Feb. 13 – Crispy Chicken and Potato Bowl	\$5.50
Saturday, Feb. 14 – Grilled Cheese with Tomato Soup	\$3.75/\$5.50

UPCOMING EVENTS & ANNOUNCEMENTS

Culture Story Writing Contest

Don't forget to submit your entry to the Culture Story Contest by 5 p.m. Friday, Feb. 13. There are two categories: staff and non-staff. For each category, there will be three cash prizes awarded to the top three stories: \$500 (first), \$250 (second) and \$100 (third). Entries must be submitted with a completed entry form.

Entry forms and topic packets are available at the Hospitality Desk, Human Resources office and on the Meadowlark Hills website (www.meadowlark.org). If you have questions regarding the contest, please visit the Community Relations office or call (785) 323-3860. All submissions can be dropped off in the Community Relations office (between the KSU Classroom and the CEO office) or via e-mail at sarah.duggan@meadowlark.org.

Brownbag Lunch Lecture Series

Bring a lunch and watch a televised class presentation on The Changing Face of the Family Caregiver by Darla Heath at noon Wednesday, Feb. 11, in the West Conference Room. No registration necessary.

McCain Event—Raise the Roof

Transportation will depart at 5:45 p.m. Friday, Feb. 13, from the Village Entrance for Raise the Roof at the McCain Auditorium. The cost for transportation is \$3. A ticket is required to attend this event.

February Focus Group

The Focus Group scheduled for February will once again spotlight a staff member. Attendees will have the opportunity to learn more about the employee, both on a personal and professional level.

The staff attendee for the February Focus Group will be Project Manager, Robert Abell. Come meet Robert at 10 a.m. Thursday, Feb. 5, in the KSU Classroom.

KSU Men's Basketball Watch Parties

Enjoy refreshments and watch the KSU Men's basketball games in the Game Room at:

- 3 p.m. Saturday, Feb. 7, against the University of Texas
- 11 a.m. Wednesday, Feb. 11, against West Virginia University
- 7 p.m. Saturday, Feb. 14, against the University of Oklahoma

Canvas & Cork Party

You're invited to a Canvas & Cork Party with Straight Upp Creative Studio! A team from the studio will bring the fun to us Tuesday, Feb. 10, at 6 p.m. in the Community Room. An instructor will lead the group, step by step, in painting a canvas with a pre-selected image. Light snacks and wine will be served.

The cost to attend is \$30 per person. This includes all painting supplies and refreshments. Payment can be made with cash, check or credit card at the Hospitality Desk. If you are interested in attending, please sign up in the Blue Book at the Hospitality Desk 8 a.m. Monday, Feb. 9. Contact Sarah Duggan, Community Relations Director, at (785) 323-3860 (or stop by her office) if you have questions.



Meadowlark Hills Singers Valentine's Day Concert

Come listen to the Meadowlark Hills Singers perform beautiful love songs at the Valentine's Day Concert at 7 p.m. Friday, Feb. 13, in the Community Room. Refreshments will be served.

Library Book Delivery

The Manhattan Public Library offers a service called Homebound Delivery. If you can't get to the library, they Manhattan Public Library can help make sure you can keep reading. Through Homebound Delivery, the Adult Services librarians select books and audiobooks, tailored to your tastes and interests, and deliver them to your door. To sign up for this service stop at the Hospitality Desk and pick up a form. Once you have filled out the form, return it to the Hospitality Desk. The library's Homebound coordinator will contact you to arrange delivery.

Techniques to Make Your Writing Memorable

This Osher course will focus on discovering techniques to make your writing come to life through the use of sense details, pacing, clarity, and choosing just the right topic. The first class of this course is Wednesday, Feb. 18, 2 to 4 p.m. in the KSU Classroom. The second and third classes of this course will be held Wednesday, Feb. 25, and Wednesday, March 4. Prior registration is required to attend this course.

UPCOMING EVENTS & ANNOUNCEMENTS

Fort Riley Listening Session

A Listening Session is set for 3:30 p.m. Monday, Feb. 9, at the Geary County Convention Center in Junction City. This session is the next phase of the Army Force Structure and Stationing Decision process.

The process will determine which Army bases will lose soldiers due to the 2013 Budget Control Act, also known as the Sequester. The Army has already reduced Army strength from 570,000 to 490,000, and is still in the process of implementing this reduction. The First Infantry Division has already shut down two Brigades; one located on Fort Campbell and another at Fort Leonard Wood and is in the process of closing the Fourth Infantry Brigade Combat Team on Fort Riley.

The upcoming Listening Session will pinpoint how to trim the Army further, down to 450,000 or 420,000 troops. The possibility of losing the First Infantry Division is real in this scenario.

The Army is counting heads at each and every Listening Session, any and all who would like to attend are more than welcome, further, the community needs people there! Organizers are aiming to have 600 to 1,000 people in attendance.

Transportation from Meadowlark Hills will be free of charge and will depart at 2:15 p.m. from the Village Entrance. Sign-up is required for this trip; please sign up in the Blue Book at the Hospitality Desk if you would like to attend. Since this event is anticipated to fill up quickly and be very crowded, we are hoping to arrive at the convention center around 3 p.m. The Listening Session is anticipated to last approximately two hours. Please contact Sarah Duggan, Community Relations Director, at (785) 323-3860 if you have questions.

The Fire Still Burns: Highlights of the Center on Aging's Sexuality Research

This Center on Aging next lecture series will be at 4 p.m. on Thursday, Feb. 12, in the KSU Classroom. One of the Center on Aging's primary research areas is sexuality and aging. In this session, center staff members, Laci Cornelison and Dene Mosier will share findings from their studies of sexuality in long-term care settings and female cohort differences in sexual education. This session will be interactive and very informal. Bring an open mind and be ready to shout BINGO!

Grandparents Staying Connected with their Grandchildren Through Social Media

Grandparents are a crucial component to the successful development of their grandchildren, regardless of the distance between them. With modern technology it is possible to bridge this distance with relative ease, allowing for consistence and valuable communication across the generations.

Come discover with the K-State Research and Extension team how you can better engage and interact with your grandchildren through the use of social media and technology. You will explore the possibilities modern technology has afforded us with the use of computers, cell phones, tablets and a host of social media sites and applications. This learning session will meet 10:30 a.m. to 12 p.m. Thursday, Feb. 12, at Nelson Landing, 107 Erpelding Street, Leonardville, KS. This session is free to attend but registration is required by going to www.riley.ksu.edu to sign up.

LETTER TO THE MESSENGER

Thank you!

submitted by Alice Nichols

I want to thank everyone for the cards, greetings and attendance at my 90th birthday party; with special thanks to Kay Shanks and my daughter Kathy, who helped make this an occasion I will always remember.

Message to Meadowlark Hills Friends

submitted by Betty & Shorty Kahler

Thank you for wonderful times at MLH. To all the workers: You are so diligent. And thanks for loving us. We do enjoy our freedom here at Andbe Home. We have simple structure but we have freedom of the whole place with secure doors. Our grandchildren and greats have been here several times. That makes us happy. They have lovely sunrooms at the end of each wing. There is a big space in the middle which forms a square. The nurses and health professionals are top notch! Andbe Home is already loving us and we praise god for that. And thank you so much Meadowlark Hills for the five wonderful years! Keep writing us and calling. Thank you.

Andbe Home

Attn: Betty & Shorty Kahler

201 W. Crane

Norton, KS 67654

ANNOUNCEMENTS

Dollar-A-Day Campaign

The third annual Dollar-A-Day campaign benefiting the Good Samaritan Fund wrapped up last month with a larger number of donors and a larger amount generated from campaign information than in previous years. During the tallying period, 116 donations or pledges totaled about \$34,700! These numbers represent 28 more donations/pledges than were received or promised in 2013, and the 2014 amount collected or pledged is about 70 percent greater than the previous year's total.

The higher number of donations corresponded to larger numbers of givers in each donor category tracked, such as residents, employees, Passport members and Board members. It's also interesting to note that 66 of the gifts were from couples, individuals or organizations who had previously not given during the holiday Dollar-A-Day campaign. While several gifts were at or near \$365, donations ranged from \$25 to \$1000. All gifts are welcome and appreciated.

At Meadowlark Hills, healthcare residents are not asked to move away because they have outlived their financial resources. Currently, about 45 residents benefit from the Good Samaritan Fund, allowing them to receive the same quality of care and life enhancement opportunities as their neighbors with funds still available. The Meadowlark Hills Foundation would like to sincerely thank those who recently gave a big boost to this worthwhile effort. If you have questions about the Good Samaritan Fund or Meadowlark Hills Foundation, please contact Becky Fitzgerald, Development Director, at 323-3843.

Leader of the Pack

Have you noticed a Meadowlark Hills employee who has gone above and beyond? You can nominate them to be Leader of the Pack. An employee is chosen each month, and they are awarded a special parking spot, a Meadowlark Hills gift certificate and a free car wash. Stop by Verna Belle's Café or the Human Resource office to fill out a nomination form with information about an outstanding employee.

PRAIRIE STAR RESTAURANT *Cupid's Brunch Buffet* *to celebrate Valentine's Day*

Sunday, Feb. 8
11 a.m. to 2 p.m.

Make your reservations by signing up
in the Blue Book located at the
Hospitality Desk.

Cost: \$16.50 adults, \$8.25 children

FOUNDATION NEWS

January 2015 Gifts In Honor of

Bea Mullin
Chuck Basham
Lillian Pagenkopf

*Donations were made to the Good
Samaritan Fund, Lyle House Fund and
Collins House Fund.*

DRINK SPECIAL



Feb. 8 to 14 **Valentine Cocktail**

3 oz Pineapple Juice
1.5 oz Vodka
1/2 oz Crème de Cassis

\$3.75

TOWN MEETING MINUTES

February 2, 2015

Welcome, Lonnie Baker

Fort Riley Listening Session, John Armburst

John spoke about the Ft. Riley Listening Session that will be taking place at the Junction City Convention Center at 3:30 p.m. Monday, Feb. 9. John stressed the importance of attendance at the event as it will show our support for Ft. Riley. In the last year, the number of soldiers has significantly decreased, and if additional cuts occur at the same rate, it can negatively affect the Manhattan economy. Transportation will be available for all residents who wish to attend. Busses will depart from the Village Entrance at 2:15 p.m..

Introduction of New Residents, Sarah Duggan

David Dechant, Meadowlark Hills' newest resident and anthropology student, introduced himself. David is one of ten students that will be living on the Meadowlark Hills campus during the duration of their anthropology project.

UFM/OSHER Update, Linda Teener

Linda gave an update about the start of OSHER classes. OSHER is a collaboration between KU and KSU to provide education to citizens 55 years and older. There will be several trips through OSHER this year. Meadowlark Hills residents are able to attend any OSHER class free of charge.

Campus Update, Lonnie Baker

Lonnie addressed recent staff changes of which include staff retirements, taking on new roles, etc. In the future there will be more communication to let residents know who they can contact in the interim while the hiring processes are happening. Lonnie also talked about Long Range Planning, and the need for more Independent Living, possibly another IL tower. While not an immediate possibility, this is being looked in to for the future.

Health Services Update, Garrett Lee

Garrett spoke about the success of Winter Ball. There was a great turnout and everyone, including families and staff, seemed to enjoy themselves. Penny Garber, Home Health Leader, spoke about her resignation from Meadowlark Hills so she can join her family at their home at Grand Lake in Grove, Oklahoma. Penny's husband retired two years ago and Penny stayed in Manhattan while her son completed school at Manhattan High School. Now that her son is graduating, they are

able to join her husband and youngest son. She will be leaving in May but will have plenty of time to train her successor. Garrett announced that we have a strong candidate for the Home Health Leader position, and hoped to have an announcement about who it is at the next Town Meeting.

Support Services Update, Annie Peace

Annie explained in more depth that there will be anthropology students on campus for the next several weeks. Some will live here part time, and some will live here full time. There are a group of ladies staying in apartment 406 and in cottage 2241. There is a group of gentlemen staying in Cottage 2250. Annie announced the hiring of the new Food and Beverage Leader. Paul Bridges will start in his new role on Monday, Feb. 9 and will attend Coffee Corner on Tuesday, Feb. 10. Annie also announced that the Annual Employee Recognition Event will take place on Friday, Feb. 20. Prairie Star Restaurant will be closed at 3 p.m., but boxed dinners will be available. Verna Belle's will be open normal hours.

Community Relations Update, Sarah Duggan

Sarah gave an update on the hiring of a new Resident Services Leader, and said that she has narrowed it down to two strong candidates and is in the second round of the interview process. Sarah also announced that this is Meadowlark Hills 35th Anniversary and to celebrate there will be fun events going on every day during the first week of June. Sarah encouraged everyone to watch the Messenger for upcoming day trips.

IL Update/Upcoming Events, Sarah Duggan

Friday, Feb. 6, The Not-So-Newlywed Game with Kinzie Jo will start at 7 p.m. in the Community Room.

Nominated couples include: Nyle and Norma Larson, Orris and Charlotte Kelly, Michael and Kristin Bribiesca, and Shawn and Stefanie Morris.

A Listening Session is set for 3:30 p.m. Monday, Feb. 9, at the Geary County Convention Center in Junction City. This session is the next phase of the Army Force Structure and Stationing Decision process.

Transportation from Meadowlark Hills will be free and will depart at 2:15 p.m. from the Village Entrance. Sign-up is required for this trip; please sign up in the Blue Book at the Hospitality Desk if you would like to attend. Come listen to the Meadowlark Hills Singers perform beautiful love songs at the Valentine's Day Concert Friday, Feb. 13, at 7 p.m. in the Community Room. Refreshments will be served.

TOWN MEETING MINUTES CONT.

An instructor from Straight Upp Studio will lead the group, step by step, in painting a canvas with a pre-selected image Tuesday, Feb. 10, at 6 p.m. in the Community Room. Light snacks and wine will be served. The cost to attend is \$30 per person and includes all

painting supplies and refreshments. Sign up in the Blue Book to register for this event.

Adjourn

Submitted by Kristin Briebesca

RESIDENT COUNCIL MINUTES

January 5, 2015

Members present: Sandra Emley, Ruth Wells, Ivan Tompkins, Ed Skidmore, Jean Beatty, Don Rasmussen, Betty Grubb, Orris Kelly, Sharon Smith, Ed Lindley, Pat Vogt, Loren Alexander and Polly Ferrell.

Staff Present: Lonnie Baker and Darcy Reinbold-Olson

Sandra Emley welcomed second floor resident Pat Vogt back to the Council. She will be completing Dorothy Horsch's term.

Updates:

1. Campus Update: Lonnie Baker reported that the second floor handrails would soon be installed. He also commented that exploration of different heating and air units continues for the Honstead/Sloan project. A question was raised regarding the frontage road to Blue Hills Shopping Center. Lonnie stated that this was not a project that has been planned and was not something that we see as a high priority. Blue Hills Shopping Center is currently for sale and the current owners are not interested in providing any monetary support to help fix the road.

2. Board of Trustees Update: No report as there was no Trustees meeting in December.

Approval of December Minutes:

Motion to approve minutes, with one change to sentence structure, was moved, seconded and passed unanimously.

Old Business:

1. Appreciation of contracted help: Sandra made an apology to the Council for having made decisions without group input. Sandra will appoint a committee to study this issue prior to next holiday season.

2. Pond Donations: Don Rasmussen updated the Council that Pond Committee is currently discussing building another shelter on the west side of the pond, installing a railing system near the pond and installing a "lip" around

the perimeter of the shelter floors.

3. Valley Road Clean-up: Lonnie Baker reported staff is in process of looking at options for the area. This will be part of the FY16 Capital Budget.

4. Frog Watching: It was requested that floor representatives present this opportunity at floor suppers to determine interest prior to moving forward. **5.**

Meadowlark Hills Singers: Darcy Reinbold-Olson reported that there have been no applications for the choir director position. She is going to contact the local churches and let them know this position is available.

Additional Discussion Topics:

1. Dining Room Reservations: Concern was raised about the length of time that a table could be held. Lonnie Baker commented that Prairie Star is trying to accommodate those who wish to make reservations and those who don't want to be bound to a schedule.

2. Honey Sales: A question was raised about limiting the number of bottles that an individual could purchase until everyone has had an opportunity to buy some. A suggestion was given to have more bee hives in the future.

3. Worm Farm: Don Rasmussen requested an additional volunteer to help tend the farm.

4. Gratitude: The Council wishes to express gratitude to the maintenance department for fresh yellow paint on the curbing. Also for the great job, by all staff, at the Christmas Carousel.

Questions and Concerns

No concerns at this time.

Identification of Action Items

See Table 1.

Adjourn

Table 1	Brief Description	Action to be Taken	By:	Status:
1.	Frog watching training	Will discuss interest at floor/area suppers	Sandra Emley	In Progress

PRAIRIE★STAR

RESTAURANT

Feb. 8– Feb. 14

Includes beverage, starter and dessert.

SUNDAY	Feb. 8 ~ Brunch \$16.25	Dinner \$11
	Valentine Brunch <i>Sign-up in the Blue Book.</i> <i>(Children \$8.25)</i>	Fish & Chips Coleslaw
MONDAY	Feb. 9 ~ Lunch \$10	Dinner \$13
	London Broil Roasted Red Potatoes Choice of Vegetable	Sautéed Chicken Breasts with Sundried Tomato Crust Swiss & Green Onion Scalloped Potatoes Vegetable of the Day
TUESDAY	Feb. 10 ~ Lunch \$6	Dinner \$12
	Taco Bar (does not include drink, starter or dessert)	Shepherd's Pie Vegetable of the Day
WED.	Feb. 11 ~ Lunch \$10	Dinner \$12
	Pork Cutlet with Cream Gravy Mashed Potatoes Choice of Vegetable	Swiss Steak Mashed Potatoes & Gravy Vegetable of the Day
THURSDAY	Feb. 12 ~ Lunch \$ 7	Dinner \$14
	Pasta Bar (does not include drink, starter or dessert)	Penne Portabello with Shrimp & Chicken, Spinach, Basil, Sun-dried Tomatoes & Garlic Sherry Sauce Garlic Toast Vegetable of the Day
FRIDAY	Feb. 13 ~ Lunch \$10	Dinner \$12
	Turkey Pot Pie Choice of Vegetable	Roast Beef Brisket with Bordaise Sauce Potato Pancakes Vegetable of the Day
SATURDAY	Feb. 14 ~ Lunch \$9	Dinner \$14
	Grilled Pesto Chicken Sandwich Potato Salad Choice of Vegetable	Baked Cod with Dill Sauce Baked Potatoes Vegetable of the Day

*You may substitute an extra vegetable for the starch on any special for no additional charge.

Grosh Cinema Movies

Monday, February 9 - Sunday, February 15

Show Times: 1, 4 and 7 p.m., Monday – Saturday
2 and 6 p.m., Sunday

Monday, February 9 – Total Recall (2012)

A factory worker begins to suspect that he is a spy after visiting Rekall - a company that provides its clients with implanted fake memories of a life they would like to have led.

Co-starring: Colin Farrell, Bokeem Woodbine & Bryan Cranston

Rated PG-13; 1 hr. 58 min.

Tuesday, February 10 - Crossfire Trail (2001)

Rafe Covington promises a dying friend that he'll watch over the man's wife and ranch after he's gone.

Co-starring: Tom Selleck, Virginia Madsen & Wilford Brimley

Not Rated; 1 hr. 45 min.

Wednesday, February 11 – Uncommon Valor (1983)

A group of Vietnam War veterans re-unite to rescue one of their own left behind and taken prisoner by the Vietnamese.

Co-starring: Cameron Diaz, Gene Hackman, Patrick Swayze & Robert Stack

Rated R for Violence/Gore and Profanity; 1 hr. 49 min.

Thursday, February 12 – The Making of a Lady (2012)

Poor but intelligent Emily Fox Seton accepts a marriage proposal from the older Lord James Walderhurst. The couple's employer, Emily soon realizes that the couple is up to no good.

Co-starring: Lydia Wilson, Maggie Fox & Sarah Ridgeway

Rated PG; 1 hr. 35 min.

Friday, February 13 – Just Go With It (2011)

On a weekend trip to Hawaii, a plastic surgeon convinces his loyal assistant to pose as his soon-to-be-divorced wife in order to cover up a careless lie he told to his much-younger girlfriend.

Co-starring: Jennifer Aniston, Adam Sandler & Brooklyn Decker

Rated PG-13; 1 hr. 57 min.

Saturday, February 14 – Night at the Museum 2 (2009)

Security guard Larry Daley infiltrates the Smithsonian Institution in order to rescue Jedediah and Octavius, who have been shipped to the museum by mistake.

Co-starring: Ben Stiller, Owen Wilson & Amy Adams

Rated PG; 1 hr. 45 min.

Sunday, February 15 – Ella Enchanted (2004)

Ella is under a spell to be constantly obedient, a fact she must hide from her new step-family in order to protect the prince of the land, her friend for whom she's falling.

Co-starring: Anne Hathaway, Hugh Dancy & Carey Elwes

Rated PG; 1 hr. 36 min.

This Week's Opportunities February 8 - February 14

SUNDAY • FEBRUARY 8

Breakfast at Verna Belle's—Omelets with Fruit

10:00 a.m. ~ Church Service, CR

11:00 a.m. ~ Pre-Valentine's Day Brunch, PS

2:00 p.m. ~ Movie, GC

6:00 p.m. ~ Movie, GC

7:00 p.m. ~ Vespers, Rev. Cam McConnell, CR

MONDAY • FEBRUARY 9

Trash pick-up day

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

Dental Hygiene Clinic (By Appointment Only), Miller Spa

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

11:30 a.m. ~ Meadowlark Valley Lunch, LR

12:00 p.m. ~ 1st Presbyterian Men's Luncheon, MR

12:00 p.m. ~ Beginner Tai Chi, CR

1:00 p.m. ~ Blood Pressure Clinic, GR

1:15 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Hearing Aid Doctor, CON

1:30 p.m. ~ Ladies Pool Table Time, BP

3:00 p.m. ~ MLH Singers Practice, CR

7:00 p.m. ~ Community Bingo, CR

7:00 p.m. ~ Game Time, GR

TUESDAY • FEBRUARY 10

Breakfast at Verna Belle's—Breakfast Sandwich with Fruit

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

12:00 p.m. ~ Seven Dolors Book Discussion, LR

1:00 p.m. ~ Tai Chi, CR

3:00 p.m. ~ Coffee Corner, CR

3:30 p.m. ~ Ambassador Committee, CON

4:00 p.m. ~ Newspaper & Bible, LR

5:30 p.m. ~ 4th Floor Supper, MR

6:00 p.m. ~ Cork & Canvas Party, CR

WEDNESDAY • FEBRUARY 11

Breakfast at Verna Belle's—Breakfast Burrito with Fruit

8:00 a.m. ~ Centering Prayer, TR

9:00 a.m. ~ Building and Grounds Meeting, LR

9:00 a.m. ~ New Perspectives, MR

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Memory Support Group, CON

10:00 a.m. ~ Church Service, KSU CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

12:00 p.m. ~ 2nd Men's Club, LR

12:00 p.m. ~ Brownbag Series (The Changing Face of the Family Caregiver), CON

12:00 p.m. ~ Beginner Tai Chi, CR

1:30 p.m. ~ Pitch, GR

1 to 2 p.m. ~ Fitness Center Office Hours, FC

2:30 p.m. ~ Valentine Party, CR

3:00 p.m. ~ Call Hall Ice Cream, KR

6:00 p.m. ~ K-State Watch Party (K-State vs Virginia), GR

6:30 p.m. ~ Artist Discussion with the Beach Museum of Art, KSU CR

7:00 p.m. ~ LWV Board Meeting, CON

7:00 p.m. ~ Woodwinds Anonymous, LR

THURSDAY • FEBRUARY 12

Breakfast at Verna Belle's—Biscuits & Sausage Gravy

9:00 a.m. ~ Messenger Ladies, CON

10:00 a.m. ~ Meadowlark Bible Study, LR

10:00 a.m. ~ Needle Craft Study Group, CON

10:00 a.m. ~ Great Decisions, LR

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

12:30 p.m. ~ Red Hat Luncheon, MR

1:00 p.m. ~ Blood Pressure Clinic, GR

3:30 p.m. ~ Dementia Caregiver Support Group, CON

4:00 p.m. ~ Center On Aging Lecture Series (The Fire Still Burns: Highlights of the Center on Aging's Sexuality Research), KSU CR

7:00 p.m. ~ IL Bingo, CR

FRIDAY • FEBRUARY 13

Breakfast at Verna Belle's—Waffle or Pancake

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:15 a.m. ~ Sit and Be Fit, CR

1:00 p.m. ~ Hand and Foot Card Games, GR

1:15 p.m. ~ Parkinson's Exercise Class, CR

1:15 p.m. ~ Parkinson's Caregiver Support Group, LR

1:30 p.m. ~ Brain Booster, GR

7:00 p.m. ~ Meadowlark Hills Singers Performance, CR

SATURDAY • FEBRUARY 14

Breakfast at Verna Belle's—Omelets with Fruit

9:00 a.m. ~ Acrylic/Watercolor Painting for Fun, KSU CR

1:00 p.m. ~ Movie, GC

4:00 p.m. ~ Movie, GC

7:00 p.m. ~ K-State Watch Party (K-State vs Oklahoma), GR

• ROOM ABBREVIATIONS •

BP, Billiards Parlor

CR, Community Room

CON, Conference Room

FC, Fitness Center

GR, Game Room

GC, Grosh Cinema

KR, Kansas Room (Pub)

KSU CR, KSU Classroom

LB, Library

LR, Living Room

MR, Manhattan Room

MCR, Miller Craft Room

PS, Prairie Star Restaurant

TR, Tranquility Room

VE, Village Entrance

WS, Woodshop