



# Meadowlark Hills Messenger

Meadowlark Hills Retirement Community

Oct. 15, 2015

## Halloween Bingo

*With Kansas State University's Maitland E. Smith Scholarship House*

A group of students from Maitland E. Smith Scholarship House will be hosting a Halloween themed Bingo Night at 7 p.m. Friday, Oct. 23, in the Community Room.

Founded in 1958, the Maitland E. Smith Scholarship House is made up of 32 members with diverse major and areas of interest. Smith House operates under the cooperative living system, meaning that all members contribute to the well-being of the house through doing chores, cooking meals and participating in house positions.



In addition, each member must meet certain academic requirements to remain a member. A unique situation, Smith provides K-State students with an opportunity to grow as students, individuals and leaders. It will be a fun night of Halloween Bingo and socializing with this group of scholar students.

Don't miss out on a spook-tacular event!

## Kansas Cowtowns *Fall Osher Class*

This Osher class examines the Chisholm Trail and one of the first cowtowns: Abilene, Kansas. Kansas became the destination, not only of herds of cattle, but also the most romantic

American characters, the cowboys. The discussions in this class will include where the men came from, who they were, what they accomplished and cowboys as products of their times.

Join Roy Bird, teacher of Kansas history for decades, as he discusses cowtowns including, Abilene, Wichita, Dodge City and more from 2 to 4 p.m. Tuesday, Oct. 20, at the Manhattan Arts Center. The second and third classes will be Tuesday, Oct. 27, and Tuesday, Nov. 3, at the same location and time.

Please sign up in the Blue Book located at the Hospitality Desk for transportation.



## Beach Museum of Art *Tour the New Exhibition!*

Meadowlark Hills will be taking a group to the Beach Museum of Art for a guided tour of the new exhibition, "Art for Every Home: Associated American Artists" Thursday, Oct. 22.

This traveling exhibition and its accompanying publications provide the first comprehensive overview of Associated American Artists (1934-2000). The commercial enterprise best known as the publisher of prints. The exhibition addresses not only AAA's storied involvement in the popularization of American prints in the 1930's, but also its ongoing promotion of American art over six decades. Through aggressive marketing of studio prints, ceramics and textiles and associates with corporate advertisers, AA sought to bring "original" American art over the threshold of every American home.

The cost for transportation is \$3 per person and the group will depart from the Village Entrance at 10:15 a.m. A sign-up sheet is available in the Blue Book located at the Hospitality Desk.

## UPCOMING EVENTS & ANNOUNCEMENTS

### Red Hat Name Change—Fun is the Same

The Red Hat Society, a national women's organization, started in 1988. In 2004, dues were paid so that Meadowlark Hills could establish a chapter, named Manhattans Red Hat. Monthly luncheons and outings have been delightful happenings ever since. Somewhere along the way we became somewhat separated from the Red Hat Society and stopped paying dues, however we retained the name Red Hat.

Last week at the October Red Hat Luncheon, a discussion was held and the decision made to drop the "Red Hat" name and simply be "Manhattans." Our goals continue to be the same. There are no dues.

All MLH women are invited to come on the second Thursday of each month to a 12:30 p.m. luncheon. Two hostesses plan each monthly event, including the theme, menu, decorations and short program. The wearing of red hats and purple attire is encouraged, but not required. Just come and enjoy a festive luncheon.

If you would like to be a Manhattans, please sign up in the Blue Book. Our next gathering, hosted by Yvonne Crawford and Verta Riniker will be at 12:30 p.m. Thursday, Nov. 12. The December outing will be at the Manhattan Country Club.

Polly Ferrell, retiring coordinator or Yvonne Crawford, our new coordinator will be happy to answer your questions. Hostess volunteers for 2016 are now being accepted by Yvonne.

### Jokes of the Week

What did one Jack-o-lantern say to the other?  
Cut it out!

What do mummies like listening to on Halloween?  
Wrap music!

What would you find on a haunted beach?  
A sand-witch.

### Manhattan Public Library Speaker

The Manhattan Public Library is presenting over American Fashion and Home Economics from 10:30 a.m. to 12:30 p.m. Friday, Oct. 23, in the Community Room.

The speaker, Linda Przybyszewski, is a professor from Notre Dame and author of "The Lost Art of Dress: The Women who Once Made America Stylish." Linda will be leading a discussion over her book and will also have copies of the book available for purchase.

### Eyeglass Adjustment

Alex's Affordable Eyewear will be here at 3 p.m. Saturday, Oct. 24, in the Community Room. They will adjust eyeglasses for residents at no charge.

## Lunch Specials Oct. 18 – Oct. 24

Hours: Monday—Friday, 8 a.m. to 5 p.m.  
Saturday—Sunday, 9 a.m. to 3 p.m.



Sunday, Oct. 18– Italian with Soup or Chips	\$5.50
Monday, Oct. 19– Hawaiian Pizza	\$3.75/5.50
Tuesday, Oct. 20– Turkey Club with Ramen Salad	\$3.75/\$5.50
Wednesday, Oct. 21– Chicken Bacon Ranch Quesadilla with Corn	\$3.75/\$5.50
Thursday, Oct. 22– Grilled Cheese with Tomato Soup	\$3.75/\$5.50
Friday, Oct. 23– Chili with Cinnamon Rolls	\$5.50
Saturday, Oct. 24– Napa Valley Chicken Salad with Soup or Chips	\$3.75/\$5.50

## UPCOMING EVENTS & ANNOUNCEMENTS

### Lonnie's Slideshow

Did you miss Lonnie's slideshow of his biking trip? Not to worry Meadowlarkians, because he will be showing it for a second time!

Lonnie Baker, CEO, will be presenting photos of his biking trip with his wife for the people who couldn't make it the first time. Join Lonnie at 1:30 p.m. Friday, Oct. 16, in the KSU Classroom for an encore showing!

### Outdoor Encounters

*Submitted by Nathan Bolls*

I once read, and filed away, a quote by artist Pablo Picasso. These words seem to have been spoke in frustration:

"Everyone wants to understand painting. Why don't they try to understand the singing of birds? Why do they love the night, a flower, everything that surrounds them, without trying to understand them? But painting, they must understand."

I love art galleries, but as would any biologist, I am sympatric to Picasso's lament. For me, seeing some living form is just the hors d'oeuvre. The main course consists of those gems of insight into how plants and animals do what they do, how they survive in the tough world of nature.

I always want to know, if I don't, what benefit is derived from whatever the organism in question is doing at the moment of visual contact. I want to know what anatomical, physiological, biochemical, and behavioral adaptations they employ to survive where they live. How do they elude predators? How do they manage extreme wind, drought, flood, heavy snow, or numbing cold? I want to understand how they achieve and maintain adequate nutrition and proper bodily salt and water balance.

Beyond the widely appreciated examples of migration, hibernation, and of camels and kangaroo rats in the desert, each of the millions of species—including each organism in our natural area—has its one scenario for survival. I want to know how they do what they do. Hope you do too.

### Clothing Drive

The Ambassador Clothing Drive is right around the corner! A friendly reminder that the event is scheduled from 8 a.m. to noon Friday, Oct. 30, in the Living Room.



### Transportation for HOGtoberfest

FREE transportation has been arranged for our 2<sup>nd</sup> annual HOGtoberfest, which is set for 11 a.m. to 9 p.m. Thursday, Oct. 29, at Cox Bros. BBQ. Bud and Bobby Cox, sons of Meadowlark Hills residents Newton and Ellie Cox, will donate 10% of that day's proceeds to Meadowlark Hills Foundation in support of the Good Samaritan Fund. In addition to the many menu items, food specials include \$2 pulled pork sliders and a sausage sampler platter for \$9.99; a hog roast buffet for \$12.95 begins at 6 p.m.



The evening hours also will feature a German beer tasting station, live accordion music, courtesy of Bud's brother-in-law, Rusty Schwerdt, and the finale of the HOG & Kisses Contest. Will Lonnie Baker be the winner? Contestants will be introduced at 6 p.m., with the winner kissing a (baby) hog soon after.

All are invited to attend. If you'd like to enjoy tasty barbecue that day and would like a ride, there's a plan! Monte Spiller will serve as driver for a lunch group, and one of our transportation team will drive a vehicle at supper time. Those enjoying lunch at Cox Bros. are asked to meet Monte at the main entrance at 11 a.m. If you'll be having dinner there, please meet your driver at the main entrance at 5 p.m. You should have time to eat and see the hog kissing before returning to Meadowlark Hills.

If you'd like a free ride to HOGtoberfest, please register in the Blue Book.

## LETTER TO THE MESSENGER

### Stolen Tomatoes

*Submitted by Lawrence & Mary Buatte*

We decided to plant two tomato plants this year. They were watered, fertilized and given TLC. They grew and produced a lot of green tomatoes.

Finally one morning there were two ripe ones ready for picking. Of course we couldn't wait to sink our own teeth in our first tomato.

Alas one ripe tomato was gone and the other one was half eaten. Also two nice green ones were gone. That meant time for cages.

The next time we went out to pick a ripe one, lo and behold, it was gone. We discovered whatever it was living under the porch had built a tunnel under the plant to get inside the cage (clever little devil).

The ground keeper set a couple traps but no luck! Then it went away. Sorry folks, but it looks like we'll never know what enjoyed our tomatoes. Now we're picking a few small ones to enjoy.

## UPCOMING EVENTS & ANNOUNCEMENTS

**DRINK SPECIAL**



**Oct. 19 to Oct. 24**

**Algonquin**

1.5 oz Rye Whiskey  
3/4 oz Dry Vermouth  
3/4 oz Pineapple Juice

**\$3.75**

### Alie's Art Hour

Join Alie, homemaker at Sloan, at 3 p.m. Wednesday, Oct. 21, in the Living Room to create fall decorations and signs that can be hung up on doors or walls! Supplies will be provided. Don't miss out on a fun event of crafting!

### Rural Sociology Project

If you lived for a significant portion of your life in a rural community in Riley or Pottawatomie County and are willing to be interviewed by a team of three to four K-State students about your experiences in those communities, we need your help! A KSU Professor, Matt Sanderson, PhD is looking for the opportunity to provide engaged learning for his Rural Sociology students. We want you to tell them of your experiences in those communities.

The interview would be approximately one hour in length, and would be video or audio recorded. We will complete all interviews prior to mid-November, so the students have time to transcribe the interviews and work on the examination. As a way of giving back to you, your family and community, the students will give you a copy of your oral history.

We are looking for Riley or Pottawatomie County small town or rural residents because a portion of the project is to have someone who currently lives in that same community come to class to tell their perspective now. If you would like to participate, please contact Monte Spiller, Resident Services Leader, this week at 323-3801 or [monte.spiller@meadowlark.org](mailto:monte.spiller@meadowlark.org) about your interest.

### Campus Wide Halloween Party

Come out and join the fun at the Campus Wide Halloween Party from 2:30 to 4 p.m. Friday, Oct. 30, in the Community Room. There will be games, prizes and lots of great costumes. So join in on some "spooky" fun!

### Spot a sign, win a prize ticket!

A local business has generously agreed to help Meadowlark Hills Foundation promote HOGtoberfest, which is set for Thursday, Oct. 29. The what, where, when and why pertaining to HOGtoberfest is expected to be displayed beginning Monday, Oct. 12, on two marquees in Manhattan. Be on the look-out for these signs! The first employee, resident or Passport member to contact Becky Fitzgerald after seeing one of these marquees will be entered to win the HOGtoberfest door prize, a barbecue meal for 10. You may call Becky, stop her in the hall, send her an email or slip a note under her office door, which is across from the Miller Place dining room. If you leave a note, be sure to put the date and time on it.

Persons who ordered a HOGtoberfest T-shirt will be entered to win the door prize, and anyone who makes a Cox Bros. BBQ purchase on Oct. 29 also may enter to win the barbecue meal. The winners of the sign contest potentially will have three chances to be a door prize winner. Good luck! Becky's contact information: (785) 323-3843; [rebecca.fitzgerald@meadowlark.org](mailto:rebecca.fitzgerald@meadowlark.org).

### Aggieville Archives

Dan Walter, author of Aggieville Archives, will be in the Community Room sharing the history of Manhattan's historic Aggieville district.

In 1989, with the help of several other merchants, Dan wrote a book title, "Aggieville 1889-1989: 100 Years of the Aggieville Tradition." Since that time he has collected thousands of old and "new" pictures of the Aggieville and Manhattan area, along with recording hundreds of stories about the interesting people and significant events in and around Aggieville through the years. Dan will bring handouts with photos to go through together along with his 125th magazine issue.

### Old Timers

The Flint Hills Old Timers Band, based out of Manhattan, Kansas, will be performing at 7 p.m. Friday, October 30, in the Community Room.

The Old Timers have been entertaining area folks with old time country and western music for the past 38 years. With Halloween around the corner, the Old Timers will be presenting a special Halloween show for the people of Meadowlark Hills. It should be a howling good time!



## UPCOMING EVENTS & ANNOUNCEMENTS

### KSU Football Watch Party

Come and watch the Kansas State Wildcats take on the Oklahoma Boomer Sooners at the Football Watch Party hosted in the Game Room Saturday, Oct. 17. The game will kick-off at 6:30 p.m. and refreshments will be served.

### Note from Maintenance

Maintenance will start sealing the asphalt streets and parking areas Monday, Oct. 19. Residents will be notified what areas maintenance will be working on each day and the timeframes to complete the work.

### Part D Prescription Drug Open Enrollment

It is that time again to start thinking about Open Enrollment and your Part D plans. The North Central Flint Hills Area Agency on Aging will be coming to Meadowlark Hills Wednesday, Nov. 18. Sign-up sheets are now available in the Blue Book located at the Hospitality Desk.

### Brownbag Series

Bring a lunch and watch a televised class presentation on "Smart Spending for Later Living" at 12 p.m. Wednesday, Oct. 28, in the West Conference Room. Join Wendy Rinehart, as she presents over funding for Long Term Care and learn simple tips and tricks for needed care later in life. Planning options that will be discussed include: Long Term Care insurance, VA, Life Insurance options and loan programs.

### Technology Class

Tuesday, Oct. 20, students from the Kansas State University Gerontology Club will be available from 6 to 7 p.m. in the KSU Classroom to answer any technology related questions you might have.

### Vespers Services

The Vespers service, led by Trinity Presbyterian Deacons, will begin at 7 p.m. Sunday, Oct. 18, in the Community Room. All are welcome.

### Shopping Carts

Uh oh, Meadowlark Hills is missing shopping carts! Please return shopping carts to their proper locations so they are available for everyone to use. Please return carts promptly after use so they next person can utilize them! Thank you!

# Ask Sarah



Remember to put your questions in the Ask Sarah box! Submit questions to the box at the Hospitality Desk or directly to Sarah via phone, e-mail or stopping by her office!

Sarah is located in the Community Center next to Monte Spiller and across from the Sales team.

Thanks for stopping by!

### The Farmer's Iron Horse: Railroads and Agricultural Extension

This Osher class will examine railroads, agriculture and the environment in the Great Plains and greater West from 6:30 to 8:30 p.m. Thursday, Oct. 22, at College Avenue United Methodist. The class will explore how farmers, agricultural scientists and railroad companies worked together through special trains and cars to address environmental and technological challenges in the 20th century.

The last class will be Thursday, Oct. 29, at the same time and location as the first course. Join David Vail, assistant professor in the K-State Morse Department of Special Collections, as he lectures about trains and how they have influenced the 20th century American West.

A sign-up sheet for transportation is available in the Blue Book located at the Hospitality Desk. Transportation will depart from the Village Entrance at 6 p.m.

### Acrylic Watercolor Painting for Fun

The Acrylic/Watercolor Painting for Fun group will meet at 9:30 a.m. Saturday, Oct. 24, in the KSU Classroom. Don't forget to bring paint supplies and be ready to paint away!



# Store 2 Door

Groceries  
& More

Meadowlark Hills Home Health offers a grocery shopping service that is delivered to you. If you are interested in learning more about this service, call Home Health at (785) 537-9497 to get additional information.

# PRAIRIE STAR

## RESTAURANT

Monday to Saturday, 10:30 to 8 p.m.  
Sunday, 10:30 a.m. to 7 p.m.

# Oct. 18 - Oct. 24

Includes beverage, starter and dessert.

No reservations will be taken during renovations. Lunch & dinner will be served Monday to Friday in the Kansas Room & Game Room. Verna Belle's is open for sitting during dinner only. Delivery fee is waived and to go orders can be placed and picked up in the Pub.

SUNDAY	Oct. 18 ~ Lunch \$11	Dinner \$11
	Chicken Fried Steak Mashed Potatoes & Gravy Vegetable of the Day	White Chili Cornbread Vegetable of the Day
MONDAY	Oct. 19 ~ Lunch \$8 **	Dinner \$13
	Raspberry Grilled Chicken Breasts Baked Ham with Pineapple Sauce Wild Rice Glazed Carrots	Meatloaf Mashed Potatoes Vegetable of the Day
TUESDAY	Oct. 20 ~ Lunch \$6 **	Dinner \$12
	Taco Bar (does not include drink, starter or dessert)	Pork Tenderloin Stuffed with Caramelized Onions & Garlic Soft Polenta Vegetable of the Day
WED.	Oct. 21 ~ Lunch \$8 **	Dinner \$12
	Beef Burgundy Crepes Pork Fritters Mashed Potatoes Corn O'Brien	Chicken Breast Florentine with Supreme Sauce Wild Rice Vegetable of the Day
THURS.	Oct. 22 ~ Lunch \$7 **	Dinner \$11
	Potato & Sweet Potato Bar (does not include drink, starter or dessert)	Beef Stroganoff Buttered Noodles Vegetable of the Day
FRIDAY	Oct. 23 ~ Lunch \$8 **	Dinner \$14
	Glazed Turkey Loaf London Broil Loaded Mashed Potatoes Broccoli	Shrimp Crab Cakes with Remoulade Sauce Roasted Red Peppers Vegetable of the Day
SAT.	Oct. 24 ~ Lunch \$11	Dinner \$14
	Sloppy Joes Coleslaw French Fries	Grilled Salmon with Sun Dried Tomato Sauce Lemon Herb Orzo Vegetable of the Day

\*You may substitute an extra vegetable for the starch on any special for no additional charge.

\*\* Buffet Style (Includes Small Salad Bar, Condiments & Dressings, and the Soup Of The Day)

## Grosh Cinema Movies

Sunday, October 18 - Saturday, October 24

Show Times: 1, 4 and 7 p.m., Monday – Saturday  
2 and 6 p.m., Sunday

### **Sunday, October 18 – The Little Vampire (2000)**

Forced to move to Scotland after his father lands a new job, 9-year-old Tony's life takes a turn when he befriends an aristocratic vegetarian vampire.

**Co-Starring: Jonathan Lipnicki, Rollo Weeks & Richard E. Grant**

**Rated PG; 1 hr. 35 min.**

### **Monday, October 19 – Georgia O'Keeffe (2009)**

Joan Allen stars as painter Georgia O'Keeffe in this biopic that follows the artist's tempestuous relationship with her lover, Alfred Steiglitz.

**Co-Starring: Joan Allen, Jeremy Irons & Ed Begley, Jr.**

**Not Rated; 1 hr. 29 min.**

### **Tuesday, October 20 – Glory Road (2006)**

In 1965, Coach Don Haskins inherits a losing basketball team at Texas Western University and leads the first all-black starting line-up for a college basketball team to the NCAA national championship.

**Co-Starring: Josh Lucas, Derek Luke & Austin Nichols**

**Rated PG; 1 hr. 58 min.**

### **Wednesday, October 21 – Ghostbusters (1984)**

Parapsychologists create a business exterminating ghouls and hobgoblins—and end up facing one killer demon in a cellist's apartment.

**Co-Starring: Bill Murray, Dan Aykroyd & Sigourney Weaver**

**Rated PG; 1 hr. 45 min.**

### **Thursday, October 22 – High Society (1956)**

A jazz musician tries to win back his socialite ex-wife, while two gossip-rag reporters gum up the works in this all-star Cole Porter musical.

**Co-Starring: Bing Crosby, Grace Kelly & Frank Sinatra**

**Not Rated; 1 hr. 51 min.**

### **Friday, October 23 – Grace of Monaco (2014)**

The story of former Hollywood star Grace Kelly's crisis of marriage and identity, during a political dispute between Monaco's Prince Rainier III and France's Charles De Gaulle, and a looming French invasion of Monaco in the early 1960s.

**Co-Starring: Nicole Kidman, Tim Roth & Andre Penvern**

**Not Rated; 1 hr. 42 min.**

### **Saturday, October 24 – Casper (1995)**

Bill Pullman plays a ghost doctor hired by an heiress to rid Whipstaff Manor of spirits so she can find a treasure trove rumored to be hidden there.

**Co-Starring: Bill Pullman, Christina Ricci & Cathy Moriarty**

**Rated PG; 1 hr. 41 min.**

# This Week's Opportunities October 18 - October 24

## SUNDAY • OCTOBER 18

*Breakfast at Verna Belle's—Omelets with Fruit*

10:00 a.m. ~ Church Service, CR

2:00 p.m. ~ Pond Ride, VE

7:00 p.m. ~ Vespers, Trinity Pres. Deacons, CR

## MONDAY • OCTOBER 19

*Trash pick-up day*

*Breakfast at Verna Belle's—Biscuits & Sausage Gravy*

*Dental Hygiene Clinic (By Appointment Only), Miller Spa*

8:30 a.m. ~ Dental Hygiene Clinic, MS

9:30 a.m. ~ Pond Ride, VE

9:30 a.m. ~ Seated Strength, CR

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit & Be Fit, CR

12:00 p.m. ~ Beginner Tai Chi, CR

12:00 p.m. ~ Yoga, KSU CR

1:00 p.m. ~ Blood Pressure Clinic, GR

1:15 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Depart for Osher Class: Hitchcock, VE

1:30 p.m. ~ Ladies Pool Table Time, BP

2:00 p.m. ~ Pond Ride, VE

2:15 p.m. ~ Parkinson's Voice, KSU CR

3:00 p.m. ~ MLH Singers Practice, CR

5:30 p.m. ~ 5th Floor Supper, LR

7:00 p.m. ~ Community Bingo, CR

## TUESDAY • OCTOBER 20

*Breakfast at Verna Belle's—Breakfast Sandwich with Fruit*

7:30 a.m. ~ 1st Pres. Men's Bible Study, LR

9:30 a.m. ~ Pond Ride, VE

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

12:00 p.m. ~ Seven Dolor's Book Discussion, LR

1:00 p.m. ~ Tai Chi, CR

1:30 p.m. ~ Depart for Osher Class: Kansas Cowtowns, VE

2:00 p.m. ~ Pond Ride, VE

2:00 p.m. ~ Writing Group, LR

3:00 p.m. ~ Coffee Corner, CR

4:00 p.m. ~ Newspaper & Bible, LR

5:30 p.m. ~ 2nd Floor Supper, CR

6:00 p.m. ~ Technology Workshop, KSU CR

## WEDNESDAY • OCTOBER 21

*Breakfast at Verna Belle's—Breakfast Burrito with Fruit*

8:30 a.m. ~ New Perspectives, CON

9:30 a.m. ~ Pond Ride, VE

9:30 a.m. ~ Seated Strength, CR

10:00 a.m. ~ Worship Service, KSU CR

10:00 a.m. ~ Memory Support Group, CON

10:20 a.m. ~ Weights 101, CR

11:00 a.m. ~ Sit and Be Fit, CR

12:00 p.m. ~ Beginner Tai Chi, CR

12:00 p.m. ~ Yoga, KSU CR

1 to 2 p.m. ~ Fitness Center Office Hour, FC

1:30 p.m. ~ Pitch, GR

2:00 p.m. ~ Pond Ride, VE

2:30 p.m. ~ General Support Group, CON

3:00 p.m. ~ Alie's Art Hour, LR

3:00 p.m. ~ Call Hall Ice Cream, KR

6:30 p.m. ~ KSU Gerontology Class, CR

## THURSDAY • OCTOBER 22

*Breakfast at Verna Belle's—Biscuits & Sausage Gravy*

9:00 a.m. ~ Messenger Ladies, CON

9:30 a.m. ~ Pond Ride, VE

10:00 a.m. ~ Meadowlark Bible Study, LR

10:30 a.m. ~ Steady Yourself, CR

11:15 a.m. ~ Chair Yoga, CR

1:00 p.m. ~ Blood Pressure Clinic, GR

2:00 p.m. ~ Pond Ride, VE

3:30 p.m. ~ Dementia Caregiver Support Group, KSU CR

4:00 p.m. ~ St. Paul's Episcopal Church Service, LR

6:00 p.m. ~ Depart for Osher Class: Farmer's Iron Horse, VE

7:00 p.m. ~ IL Bingo, CR

## FRIDAY • OCTOBER 23

*Breakfast at Verna Belle's—Waffle or Pancake*

9:30 a.m. ~ Pond Ride, VE

10:30 a.m. ~ Manhattan Public Library Speaker: American Fashion & Home Economics, CR

1:00 p.m. ~ Hand & Foot Card Games, GR

1:15 p.m. ~ Parkinson's Caregiver Support Group, LR

1:15 p.m. ~ Parkinson's Exercise Class, CR

1:30 p.m. ~ Brain Booster, GR

2:00 p.m. ~ Pond Ride, VE

7:00 p.m. ~ Resident Program: Halloween Bingo with Kansas State University's Maitland E. Smith Scholarship House, CR

## SATURDAY • OCTOBER 24

*Breakfast at Verna Belle's—Omelets with Fruit*

9:30 a.m. ~ Painting for Fun, KSU CR

9:30 a.m. ~ Pond Ride, VE

2:00 p.m. ~ Pond Ride, VE

3:00 p.m. ~ Alex's Affordable Eyewear, CR

## ROOM ABBREVIATIONS

BP, Billiards Parlor

CR, Community Room

CON, Conference Room

FC, Fitness Center

GR, Game Room

GC, Grosh Cinema

KR, Kansas Room (Pub)

KSU CR, KSU Classroom

LB, Library

LR, Living Room

MR, Manhattan Room

MS, Miller Spa

PS, Prairie Star Restaurant

TR, Tranquility Room

VE, Village Entrance

WS, Woodshop